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## Biochemistry in different phases of the migraine attack

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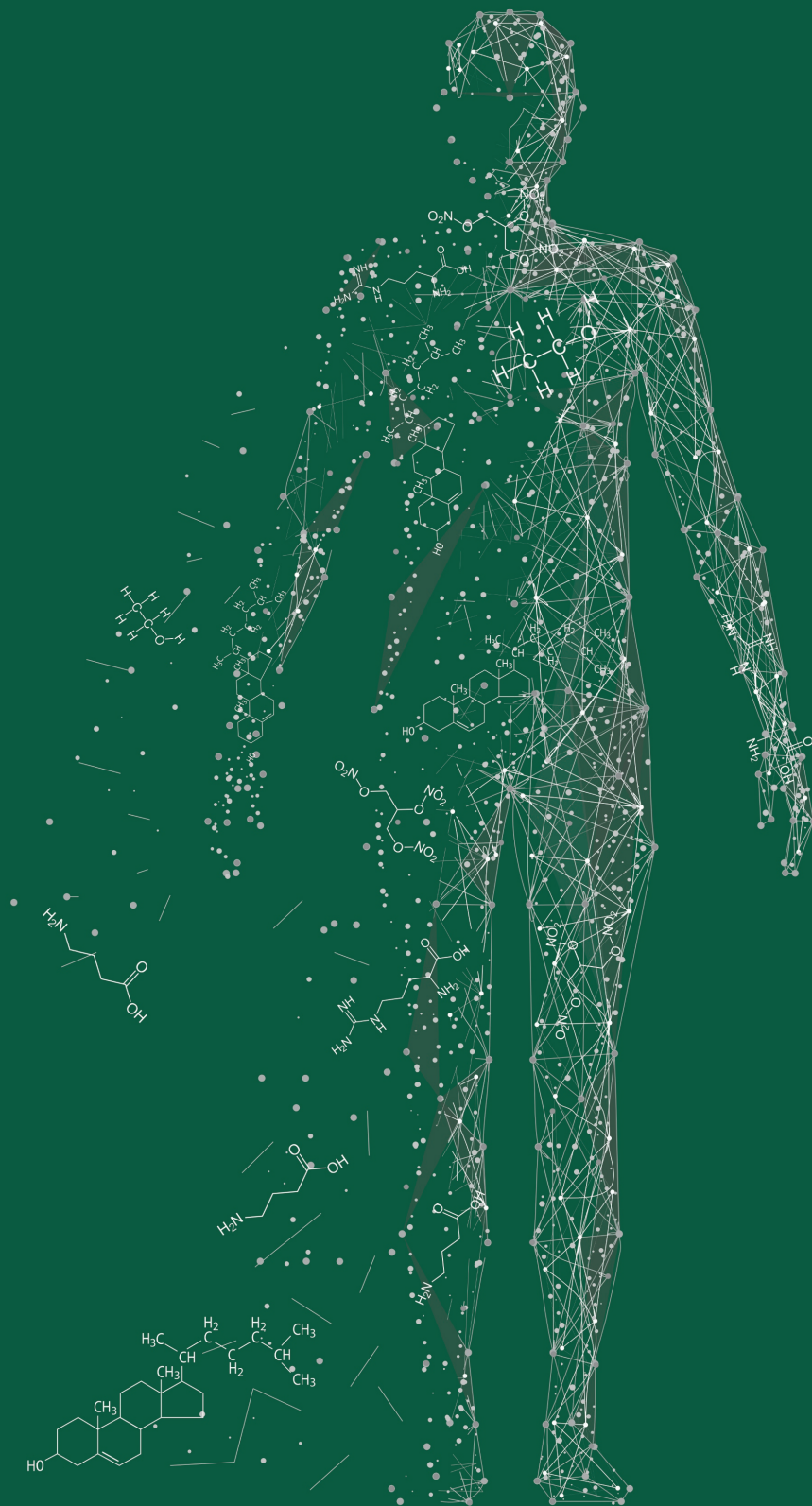
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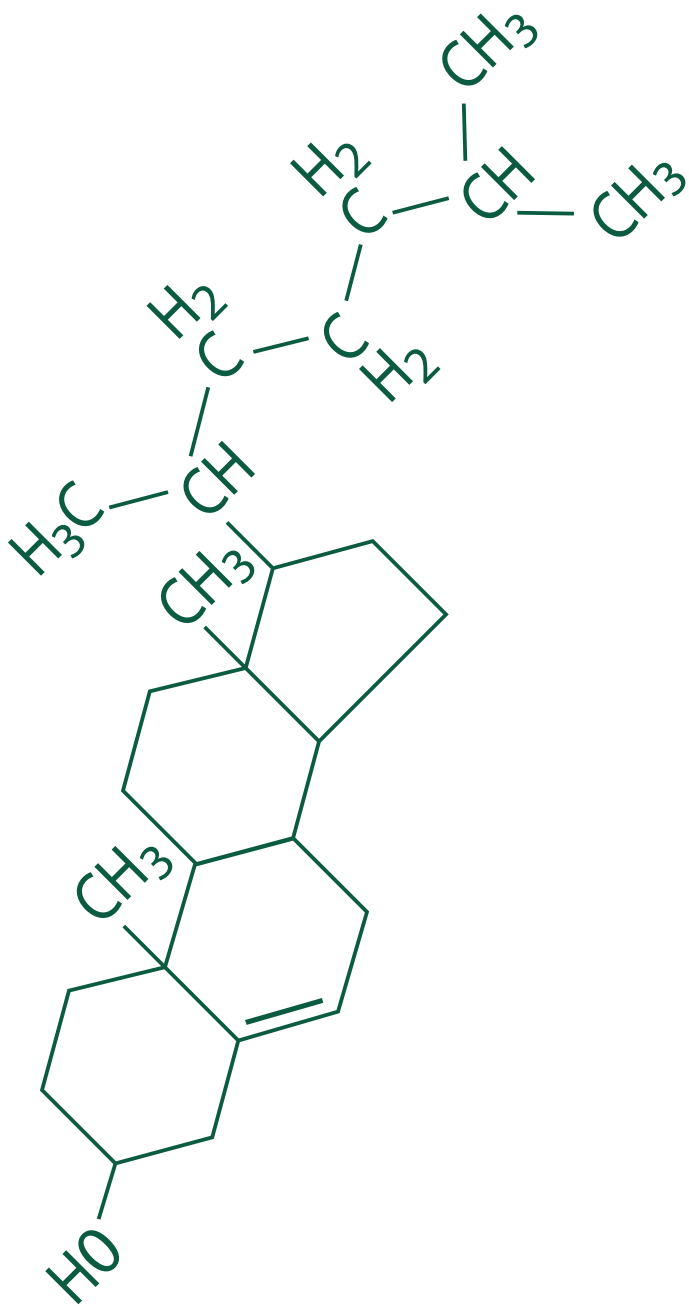
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# PART I

## MIGRAINE BIOCHEMICAL PROFILING IN BIOFLUIDS



# Chapter 2

## Large-scale plasma metabolome analysis reveals alterations in HDL metabolism in migraine

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## Abstract

### Objective

To identify a plasma metabolomic biomarker signature for migraine.

### Methods

Plasma samples from 8 Dutch cohorts ( $n = 10,153$ : 2,800 migraine patients and 7,353 controls) were profiled on a  $^1\text{H}$ -NMR-based metabolomics platform, to quantify 146 individual metabolites (e.g., lipids, fatty acids, and lipoproteins) and 79 metabolite ratios. Metabolite measures associated with migraine were obtained after single-metabolite logistic regression combined with a random-effects meta-analysis performed in a nonstratified and sex-stratified manner. Next, a global test analysis was performed to identify sets of related metabolites associated with migraine. The Holm procedure was applied to control the family-wise error rate at 5% in single-metabolite and global test analyses.

### Results

Decreases in the level of apolipoprotein A1 ( $\beta -0.10$ ; 95% confidence interval [CI]  $-0.16$ ,  $-0.05$ ; adjusted  $p = 0.029$ ) and free cholesterol to total lipid ratio present in small high-density lipoprotein subspecies (HDL) ( $\beta -0.10$ ; 95% CI  $-0.15$ ,  $-0.05$ ; adjusted  $p = 0.029$ ) were associated with migraine status. In addition, only in male participants, a decreased level of omega-3 fatty acids ( $\beta -0.24$ ; 95% CI  $-0.36$ ,  $-0.12$ ; adjusted  $p = 0.033$ ) was associated with migraine. Global test analysis further supported that HDL traits (but not other lipoproteins) were associated with migraine status.

### Conclusions

Metabolic profiling of plasma yielded alterations in HDL metabolism in migraine patients and decreased omega-3 fatty acids only in male migraineurs.

## Introduction

Migraine is an episodic brain disorder affecting about 15% of the general population, occurs 3 times more frequently in women than men, and is ranked as the second most disabling disease worldwide.<sup>1-4</sup> In one-third of patients, transient focal neurologic symptoms precede the headache (migraine with aura).<sup>1</sup> Migraine, especially in women, has been linked to an increased risk for cerebrovascular and cardiovascular diseases.<sup>5-8</sup> Systemic (micro)vascular dysfunction, but not atherosclerosis,<sup>9,10</sup> has been suggested to be the underlying cause for this association.<sup>11,12</sup>

Previous studies showed elevations of total cholesterol, low-density lipoprotein cholesterol (LDL-C), and triglyceride levels, and decreases of high-density lipoprotein cholesterol (HDL-C) levels, to be associated with migraine.<sup>13</sup> However, results were not consistently replicated due to methodologic variability,<sup>13</sup> emphasizing the need for a systematic approach. High-throughput proton nuclear magnetic resonance (<sup>1</sup>H-NMR) allows for the rapid simultaneous identification and quantification of hundreds of metabolite measures in body fluids, providing metabolic profiles in large patient cohorts<sup>14</sup> that hopefully provide more detailed pathophysiologic insight, beyond the traditional blood-based measurements. Identifying circulating biomarkers might provide insights into molecular signature of migraine, and perhaps its relation with cerebrovascular and cardiovascular disease.<sup>12</sup>

We performed large-scale metabolic profiling of plasma on a <sup>1</sup>H-NMR platform measuring >220 metabolite measures in 8 large Dutch cohorts.<sup>14</sup> The platform was designed for a detailed assessment of cholesterol measures, triglycerides, creatine, lipids, fatty acids, apolipoproteins, amino acids, glycolysis-related metabolites, and ketone bodies.<sup>14</sup> We aimed to find circulating biomarkers and functionally related metabolite sets in plasma associated with migraine. Furthermore, we investigated these separately for female or male participants.

## Methods

### Study population

Eight Dutch cohorts, which collaborate in the Dutch Biobanking and BioMolecular resources Research Infrastructure (BBMRI; bbmri.nl/), provided samples: The Leiden University Migraine Neuro-Analysis (LUMINA),<sup>15</sup> The Netherlands Study of Depression and Anxiety (NESDA-1, NESDA-2),<sup>16</sup> The Netherlands Twin Registry (NTR),<sup>17</sup> The Erasmus Rucphen Family study (ERF),<sup>18,19</sup> The Rotterdam Study (RS),<sup>20</sup> The Maastricht Study (TMS),<sup>21</sup> and LifeLines.<sup>22,23</sup> These cohorts include population-based cohorts

(NTR, ERF, RS, and LifeLines), web-based (clinic-based) (LUMINA) cohorts, and mixed clinic- and population-based cohorts (NESDA-1, NESDA-2, and TMS). Participants were unrelated, except for NTR and ERF participants. NTR participants included twins, their parents, siblings, and spouses. ERF participants originated from a genetically isolated population in the southwest of the Netherlands. Cases were patients diagnosed with migraine. Probable migraine cases were not included. The control group consisted of participants negative for (probable) migraine. Apart from probable migraine patients, no participants were excluded. Information on migraine symptomatology, used for migraine assessment, was collected by means of surveys based on the International Classification of Headache Disorders (ICHD) criteria (NESDA, NTR, and TMS),<sup>24</sup> self-reported only (LifeLines), or a combination of questionnaires based on the ICHD criteria and a follow-up (telephone) interview (LUMINA, ERF, and RS).<sup>24,25</sup> For details regarding the cohorts, migraine assessments, other relevant disorders, and sampling procedures, see supplementary Methods. All blood samples were measured essentially in one batch in 2014, with the exception of part of the samples from NESDA (the NESDA-2 samples), which were analyzed a few months later.

### **Standard protocol approvals, registrations, and patient consents**

All participants of the respective cohorts provided written informed consent. The study was approved by the local ethics committees of each study.

### **Metabolite quantification**

Metabolites were quantified from EDTA plasma samples of 10,174 individuals (after quality control, 10,153 samples remained), analyzed using the same high-throughput <sup>1</sup>H-NMR metabolomics platform (Nightingale Health Ltd., Helsinki, Finland; [nightingalehealth.com/](http://nightingalehealth.com/)).<sup>14</sup> This platform provides simultaneous quantification of 147 individual metabolites and 79 metabolite ratios; for example, routine lipids, lipoprotein subclass profiling with lipid concentrations within 14 subclasses, esterified fatty acid composition, and various low-molecular metabolites including amino acids, ketone bodies, and gluconeogenesis-related metabolites in molar concentration units. Details of the experimentation and applications of the NMR metabolomics platform have been described previously.<sup>14</sup>

### **Data preprocessing**

The study flowchart is presented in figure 1. Metabolite measures that failed quality control (in particular glutamine, pyruvate, glycerol,  $\beta$ -hydroxybutyrate, and acetate) were excluded from the analysis. Metabolite measures with >10% missing values were excluded entirely. The final set of metabolite measures comprised 146 metabolites and 79 ratios, totaling 225 metabolite measures. Second, outliers (>5 SD) were removed in concordance with previous research in this field.<sup>26</sup> Third, metabolite measurements

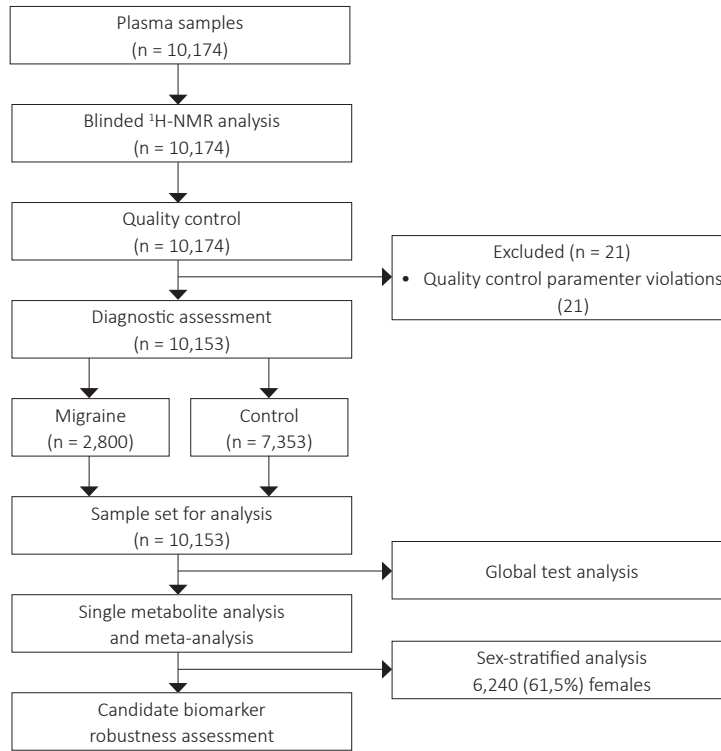
were raised by 1 to allow log-transformation. Thereafter all metabolite values were log-transformed and scaled to approximate normality using a z-transformation prior to the analyses of each cohort. This process was conducted using R 3.3.2 (R Foundation for Statistical Computing, Vienna, Austria).

### Single-metabolite logistic regression

For each metabolite measure separately, logistic regression was performed with the metabolite measure, age at blood draw, and sex as independent variables, and migraine status as dependent variable. The obtained estimates and standard errors for the metabolite measures were used in the subsequent random-effects meta-analysis. A random-effects model was chosen to account for possible heterogeneity due to differences in migraine assessment, sample processing, and sample collection between cohorts. Heterogeneity was assessed using the  $I^2$  statistic and by visual inspection of forest plots. The family-wise error rate (the probability of making at least one type I error [false-positive] in a set of measures) was controlled at 5% with the Holm procedure (Holm-Bonferroni).<sup>27</sup> This multiple testing correction procedure was used because it is appropriate in case of strongly correlated measures, as is the case for our 225 metabolite measures. We investigated the influence of familial relatedness on metabolite levels in NTR and ERF using Pearson correlation analysis, but the effect of heritability on metabolite measure estimates (NTR  $r = 0.984$  and ERF  $r = 0.838$ ) and  $p$  values (NTR  $r = 0.972$  and ERF  $r = 0.702$ ) was negligible (figure S1). Therefore, we did not include relatedness in the model. Meta-analyses were conducted with the meta-software package for R 3.3.2.

### Influence of other covariates

First, we independently assessed, within LUMINA and NESDA, the influence of depression, smoking, fasting status, body mass index (BMI), and lipid-lowering medication usage on the metabolite levels of the candidate biomarkers identified in the single-metabolite logistic regression, using stratification plots. LUMINA and NESDA cohorts were selected, because the catalogue of covariates was most complete for these cohorts and because the current migraine assessment (LUMINA) and depression assessment (NESDA) were most accurate and detailed. Furthermore, NESDA was the only cohort that was measured in 2 separate batches. BMI and lipid-lowering medication usage showed to be of influence on the candidate biomarkers and were added to the single-metabolite logistic regression model in all 8 cohorts. Subsequently, meta-analyses were repeated.



**Figure 1.** Study flowchart. Determination of the sample set used for data analysis and the different data analysis approaches performed in the current study. <sup>1</sup>H-NMR=proton nuclear magnetic resonance.

### Stability measure

We studied the stability of metabolite measures in LUMINA participants (n = 41) that were sampled twice and measured in the same batch on the <sup>1</sup>H-NMR platform.<sup>14</sup> For these participants, time between blood draws ranged from 15 days to almost 4 years (average  $833 \pm 434$  days). To investigate correlation between measurements and assess the effect of time on metabolite levels, the absolute values on the first and second measurement and the value difference between the paired measurements vs the days between the measurements was computed and analyzed with Pearson correlation analysis. p Values <0.05 were regarded as statistically significant. Analyses were performed using SPSS 23.0 (SPSS Inc., IBM, Armonk, NY) and GraphPad Prism version 7.02 for Windows (GraphPad Software, La Jolla, CA).

### Sex-stratified analysis

In order to ascertain if the association of metabolites with migraine status may be different between male and female participants, we performed analyses stratified for sex in accordance with the aforementioned single-metabolite logistic regression and

random-effects meta-analysis model with family-wise error rate at 5% controlled using the Holm procedure (Holm-Bonferroni).<sup>27</sup>

### Global test analysis

Associations of predefined sets of related metabolites with migraine status were tested with the global test framework,<sup>28,29</sup> adjusted for sex, age at blood draw, BMI, and lipid-lowering medication usage. The global test is aimed at associations between particular sets of (functionally) related metabolites and migraine status and does not test the direction of the association, that is, whether sets of metabolites are upregulated or downregulated. Metabolites were assigned to 23 different groups (tables S1 and S2) in agreement with the Kyoto Encyclopedia of Genes and Genomes pathways and in accordance with a previous pathway analysis conducted with the same NMR platform.<sup>30</sup> The test statistics for the separate cohorts (p values) from the global test were meta-analyzed using the Fisher combination method.<sup>31</sup> p Values < 0.05 after Holm-Bonferroni correction were considered statistically significant. Statistical analyses were conducted using the global test 5.30.0 software package for R 3.3.2.

### Data availability

The data that support the findings of this study will be available in the BBMRI-omics atlas (bbmri.researchlumc.nl/atlas) and in the depository (doi:10.5061/dryad.p698mn7).

## Results

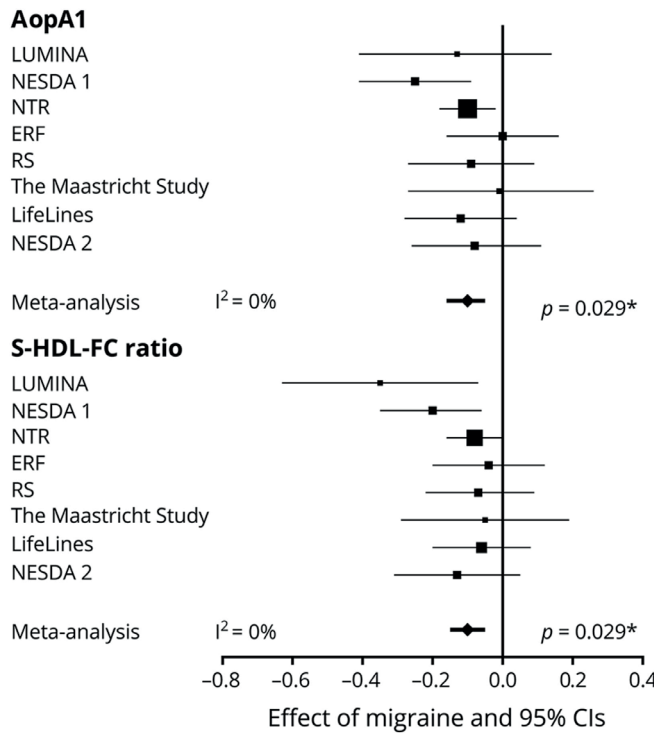
### Study population

Reliable quantification of 146 blood plasma metabolites and 79 metabolite ratios were available for 10,153 participants from 8 different cohorts: 2,800 migraine patients (80.6% female) and 7,353 controls (54.1% female) (see study flowchart [figure 1]). Clinical characteristics from all cohorts are shown in table 1.

### Single-metabolite logistic regression

To identify potential metabolite biomarkers associated with migraine status, we performed a separate logistic regression for each metabolite measure in each cohort (table S3). Corresponding results were used in a random-effects meta-analysis. Migraine was associated with decreased apolipoprotein A1 levels (apoA1, an apoprotein with specific association with high-density lipoprotein [HDL]) ( $\beta$  -0.10, 95% confidence interval [CI] -0.16, -0.05, adjusted p = 0.029) and decreased free cholesterol to total lipid ratio in small HDL (S-HDL-FC ratio;  $\beta$  -0.10, 95% CI -0.15, -0.05, adjusted p = 0.029) (figure 2). Heterogeneity between cohorts was minimal with  $I^2$  = 0% for both metabolite measures. A  $\beta$  of -0.10 translates to an odds ratio for having migraine of 1.22 when comparing an individual with a typical

low metabolite score ( $z = -1$  or 1 SD below average) and an individual with a typical high metabolite score ( $z = 1$  or 1 SD above average). Other HDL particle measures (XL-HDL-[C, CE, FC, L, P, and PL], L-HDL-[C, CE, FC, L, P, PL, and TG], total cholesterol in HDL and HDL2, the mean diameter for HDL particles, and the total cholesterol to total lipids ratio in very large HDL) were also reduced in migraine, but failed to reach significance after correction for multiple comparisons (table S4). Despite the high negative correlation between HDL and very low-density lipoprotein (VLDL) or low-density lipoprotein (LDL) measures, only a few associations with LDL or VLDL measures were found nominally significant and none remained significant after correction for multiple comparisons.



**Figure 2.** Forest plots of candidate migraine biomarkers apolipoprotein A1 (apoA1) and the free cholesterol to total lipid ratio in small high-density lipoprotein ratio (S-HDL-FC). Associations with migraine in random-effects meta-analyses. The effect sizes and 95% confidence intervals (CIs) for apoA1 and S-HDL-FC are presented per cohort and in a random-effects meta-analysis. Values from logistic regression with metabolite levels, sex, and age as independent variables and migraine status as dependent variable. Error bars denote 95% CIs. To facilitate the interpretation of the effect sizes ( $\beta$  coefficients), we calculated the odds ratio (OR) for having migraine for a typical low metabolite score ( $z$  score =  $-1$ , 1 SD below average) and a typical high metabolite score:  $\beta -0.10$ , OR 1.22;  $\beta -0.20$ , OR 1.49;  $\beta -0.30$ , OR 1.82;  $\beta -0.40$ , OR 2.22;  $\beta -0.50$ , OR 2.72. \* $p$  Values after Holm-Bonferroni ( $p < 0.0002$ ) multiple testing correction. ERF=Erasmus Rucphen Family study;  $I^2$ =measure of heterogeneity; LUMINA=Leiden University Migraine Neuro-Analysis; NESDA=Netherlands Study of Depression and Anxiety 1 and 2; NTR=Netherlands Twin Registry; RS=Rotterdam Study.

**Table 1.** Baseline characteristics of the study populations

|                         | LUMINA (n=408) |             |                 |             |               |             | NESDA-1 (n=1,082) |             |                 |             |                    |             | NTR (n=2,873)   |             |                  |             |   |   | ERF (n=1,413) |  |  |  |  |  |
|-------------------------|----------------|-------------|-----------------|-------------|---------------|-------------|-------------------|-------------|-----------------|-------------|--------------------|-------------|-----------------|-------------|------------------|-------------|---|---|---------------|--|--|--|--|--|
|                         | Cases (n=317)  |             | Controls (n=91) |             | Cases (n=276) |             | Controls (n=806)  |             | Cases (n=1,360) |             | Controls (n=1,513) |             | Cases (n=1,070) |             | Controls (n=778) |             |   |   |               |  |  |  |  |  |
|                         | M              | F           | M               | F           | M             | F           | M                 | F           | M               | F           | M                  | F           | M               | F           | M                | F           | M | F |               |  |  |  |  |  |
| Total, n                | 105            | 212         | 47              | 44          | 48            | 228         | 353               | 453         | 217             | 1143        | 571                | 942         | 39              | 139         | 598              | 637         |   |   |               |  |  |  |  |  |
| Age in years, mean (SD) | 44.6 ± 13.0    | 42.4 ± 12.1 | 42.1 ± 13.9     | 36.2 ± 14.0 | 41.7 ± 11.6   | 39.7 ± 11.3 | 44.1 ± 12.8       | 41.9 ± 13.8 | 44.5 ± 14.0     | 41.4 ± 12.7 | 40.4 ± 14.4        | 39.3 ± 13.6 | 46.6 ± 11.9     | 45.8 ± 12.3 | 48.8 ± 14.0      | 48.3 ± 14.5 |   |   |               |  |  |  |  |  |
| BMI in kg/m², mean (SD) | 24.5 ± 2.6     | 23.9 ± 3.8  | 24.2 ± 2.7      | 23.4 ± 3.4  | 26.5 ± 5.1    | 25.5 ± 5.2  | 26.1 ± 4.5        | 25.1 ± 5.0  | 25.2 ± 3.9      | 24.8 ± 4.5  | 24.9 ± 3.4         | 23.9 ± 3.9  | 28.0 ± 5.5      | 27.2 ± 5.6  | 27.3 ± 4.3       | 26.4 ± 4.9  |   |   |               |  |  |  |  |  |
| LLMU, n                 | 1              | 5           | 2               | 0           | 8             | 12          | 40                | 20          | 22              | 37          | 37                 | 41          | 3               | 16          | 73               | 64          |   |   |               |  |  |  |  |  |

|                         | RS (n=1,425)  |            |                    |            |              |            | TMS (n=687)      |            |               |             |                    |             | Lifelines (n=1,319) |             |                  |             |  |  | NESDA-2 (n=946) |  |  |  |  |  |
|-------------------------|---------------|------------|--------------------|------------|--------------|------------|------------------|------------|---------------|-------------|--------------------|-------------|---------------------|-------------|------------------|-------------|--|--|-----------------|--|--|--|--|--|
|                         | Cases (n=173) |            | Controls (n=1,252) |            | Cases (n=79) |            | Controls (n=608) |            | Cases (n=249) |             | Controls (n=1,070) |             | Cases (n=168)       |             | Controls (n=778) |             |  |  |                 |  |  |  |  |  |
|                         | M             | F          | M                  | F          | M            | F          | M                | F          | M             | F           | M                  | F           | M                   | F           | M                | F           |  |  |                 |  |  |  |  |  |
| Total, n                | 29            | 144        | 556                | 696        | 27           | 52         | 458              | 150        | 49            | 200         | 504                | 566         | 27                  | 141         | 285              | 493         |  |  |                 |  |  |  |  |  |
| Age in years, mean (SD) | 77.4 ± 4.2    | 79.3 ± 5.1 | 79.3 ± 4.6         | 79.5 ± 4.9 | 59.2 ± 8.5   | 61.5 ± 7.1 | 63.2 ± 7.3       | 61.8 ± 8.1 | 44.1 ± 11.1   | 43.3 ± 12.3 | 44.8 ± 14.1        | 43.9 ± 13.8 | 39.8 ± 9.8          | 41.8 ± 12.4 | 44.7 ± 13.5      | 42.7 ± 13.6 |  |  |                 |  |  |  |  |  |
| BMI in kg/m², mean (SD) | 26.9 ± 3.0    | 27.6 ± 4.6 | 27.0 ± 3.3         | 27.8 ± 4.3 | 28.0 ± 3.4   | 30.0 ± 5.8 | 29.6 ± 4.7       | 30.3 ± 5.5 | 26.1 ± 3.3    | 25.6 ± 5.2  | 25.3 ± 3.4         | 24.8 ± 4.2  | 26.7 ± 5.2          | 24.8 ± 4.7  | 25.9 ± 4.2       | 24.9 ± 4.7  |  |  |                 |  |  |  |  |  |
| LLMU, n                 | 8             | 31         | 142                | 153        | 21           | 31         | 335              | 113        | 0             | 8           | 29                 | 20          | 0                   | 4           | 32               | 36          |  |  |                 |  |  |  |  |  |

BMI=body mass index; ERF=Erasmus Rucphen Family study; LLMU=lipid-lowering medication usage; LUMINA=Leiden University Migraine Neuro-Analysis; NESDA=Netherlands Study of Depression and Anxiety; NTR=Netherlands Twin Registry; RS=Rotterdam Study; TMS=The Maastricht Study.

### Candidate biomarker robustness assessment

Next, we assessed the influence of smoking, fasting status, depression, lipid-lowering medication usage, and BMI (figures S2–S6) on apoA1 levels and the S-HDL-FC ratio in the LUMINA and NESDA cohorts. Small effects of lipid-lowering medication usage and BMI on apoA1 and S-HDL-FC ratio plasma levels were identified. Other covariates did not influence these levels. For all cohorts, BMI and lipid-lowering medication usage were subsequently added to our model. The expanded model revealed that a decreased apoA1 level ( $\beta$   $-0.092$ , 95% CI  $-0.15$ ,  $-0.04$ ) and S-HDL-FC ratio ( $\beta$   $-0.068$ , 95% CI  $-0.12$ ,  $-0.02$ ) were still associated (uncorrected *p* values 0.0010 and 0.0095) with migraine. To further support the robustness of the candidate biomarkers, correlation analyses using 82 samples from 41 participants, acquired on 2 occasions ( $833 \pm 434$  days apart), revealed particularly stable results between measurements in the same individual patient for apoA1 ( $r = 0.859$ ) and to a lesser extent for S-HDL-FC ratio ( $r = 0.497$ ) (figure S7).

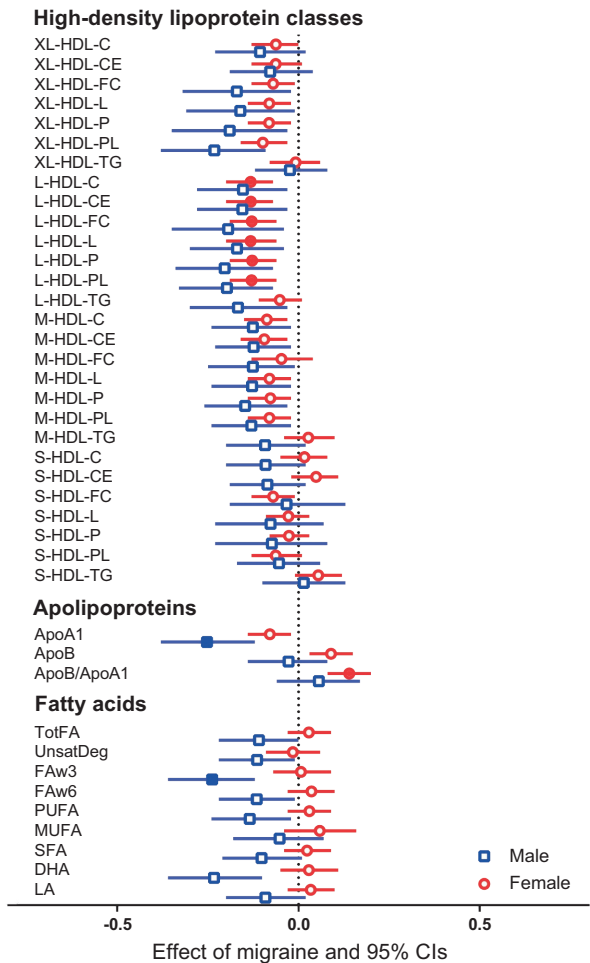
### Sex-stratified analysis

Given the preponderance of females among migraine patients, we searched for possible differences in the metabolite profile associated with migraine between male and female participants (figure 3). ApoA1 levels were significantly associated with migraine in male participants, with smaller effects, but in similar direction, in female participants. Furthermore, the apoB/apoA1 ratio was significantly higher in female migraineurs compared to female controls. The S-HDL-FC ratio (table S5) was negatively associated with migraine in female participants, but failed to reach significance after correction for multiple testing. In male participants, no apparent relation was identified for the S-HDL-FC ratio. Associations with lower medium and large HDL measures (L-HDL-[C, CE, FC, L, P, and PL]) were significant in female participants, with a similar finding in male participants, although not significant. Interestingly, in male participants, lower omega-3 fatty acids ( $p = 0.033$ ) were associated with migraine, an association not seen in female participants. Clinical characteristics from all cohorts stratified for sex and the sex-stratified meta-analysis are shown in table 1.

### Global test analysis

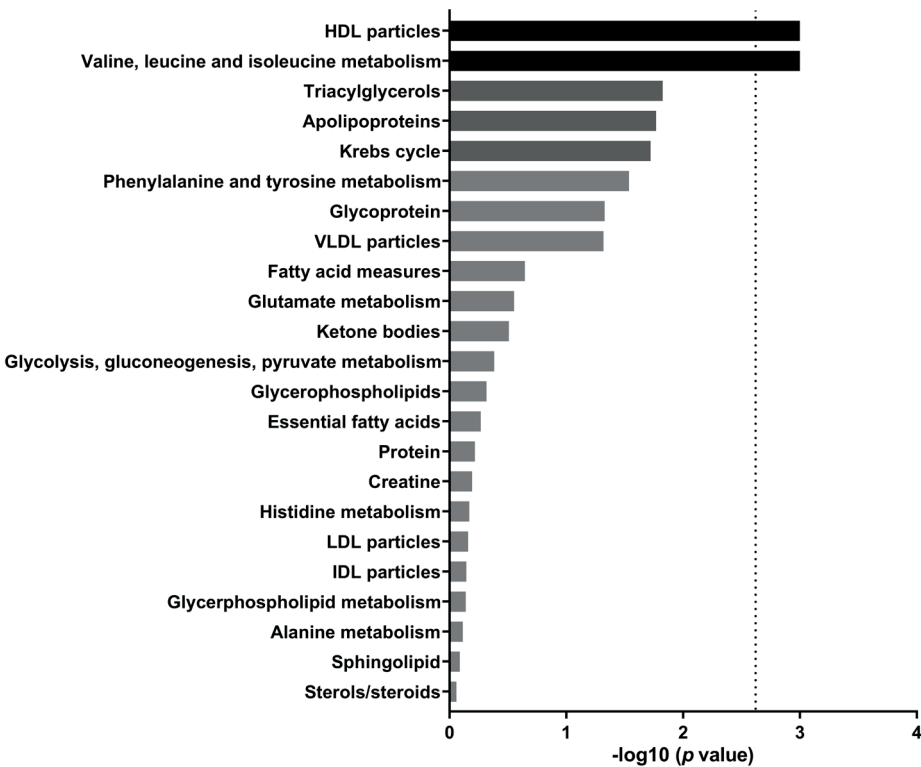
To detect if migraine status was associated with particular sets of (functionally) related metabolites, we tested the association of 23 different predefined sets of metabolites with migraine status using the global test. The global test does not evaluate each metabolite measure individually, but tests whether the levels of a group of metabolites are associated with an outcome (in this case, migraine status). We controlled for the same covariates as in the logistic regression per metabolite. The global test was first applied per cohort, after which the *p* values were combined in a meta-analysis using the Fisher method (figure 4 and table 2). The global test analysis confirmed the association of HDL-associated metabolites with migraine, already apparent from the single metabolite

analysis, with large clusters of medium (M-) to very large (XL-) HDL subclasses generally associated with migraine status across the majority of cohorts (figure S8). Interestingly, no other lipoprotein classes were associated with migraine. Somewhat surprisingly, the metabolism of valine, leucine, and isoleucine was significantly associated with migraine, and not in line with the findings from the single-metabolite analyses. This is a false-positive result, obtained because this meta-analysis method is based on nondirectional p values, and may provide a significant p value even when the direction of change is not consistent between cohorts, as is the case for these branched chain amino acids.



**Figure 3.** Sex-stratified metabolite associations with migraine. Metabolite associations with migraine in male (blue squares) and female (red circles) participants in a random-effects meta-analysis comprised of 8 cohorts. The effect sizes and 95% confidence intervals (CIs) are shown. Values are from logistic regression with metabolite levels, sex, age, body mass index, and lipid-lowering medication usage as

independent variables and migraine status as dependent variable. Error bars denote 95% CIs, filled squares (male participants) or circles (female participants) indicate significance after Holm-Bonferroni ( $p < 0.0002$ ) multiple testing correction. All other metabolite classes without significant metabolites after Holm-Bonferroni correction as well as  $I^2$  values can be found in table S5. To facilitate the interpretation of the effect sizes ( $\beta$  coefficients), we calculated the odds ratio (OR) for having migraine for a typical low metabolite score ( $z$  score = -1, 1 SD below average) and a typical high metabolite score:  $\beta$  -0.10, OR 1.22;  $\beta$  -0.20, OR 1.49;  $\beta$  -0.30, OR 1.82;  $\beta$  -0.40, OR 2.22;  $\beta$  -0.50, OR 2.72. All metabolite abbreviations can be found in tables S1 and S2.



**Figure 4.** Global test analysis. Meta-analysis of the results of the 23 sets of (functionally) related metabolites tested in 8 cohorts for their association with migraine. The analysis using the global test framework has been adjusted for a sex, age, body mass index, and lipid-lowering medication usage. Glutamate metabolism does not include results from the Netherlands Twin Registry as glutamine levels could not be determined in this cohort. Bars denote  $-\log_{10}$  of the  $p$  value (Fisher combination of global test  $p$  values for the individual cohorts) per pathway, where only the black bars remain significant after multiple testing correction using Holm-Bonferroni. The threshold for withstanding multiple testing correction is indicated by a dotted line. IDL= intermediate-density lipoprotein; LDL=low-density lipoprotein; VLDL=very low-density lipoprotein.

Table 2. Cohort results of global test analysis and Fisher combination method

|                                                  | LUMINA<br>p-value | NESDA-1<br>p-value | NTR<br>p-value | ERF<br>p-value | RS<br>p-value | TMS<br>p-value | Lifelines<br>p-value | NESDA-2<br>p-value | Fisher<br>method | H-B corrected<br>p-value |
|--------------------------------------------------|-------------------|--------------------|----------------|----------------|---------------|----------------|----------------------|--------------------|------------------|--------------------------|
| HDL particles                                    | 0.059             | 0.0091             | 0.047          | 0.052          | 0.228         | 0.372          | 0.059                | 0.448              | 0.00098          | <b>0.022</b>             |
| Valine, Leucine, Isoleucine metabolism           | 0.018             | 0.068              | 0.246          | 0.108          | 0.964         | 0.00014        | 0.743                | 0.766              | 0.00088          | <b>0.020</b>             |
| Triacylglycerols                                 | 0.099             | 0.507              | 0.567          | 0.225          | 0.236         | 0.473          | 0.00088              | 0.374              | 0.015            | 0.325                    |
| Apolipoproteins                                  | 0.059             | 0.023              | 0.133          | 0.056          | 0.570         | 0.609          | 0.123                | 0.631              | 0.017            | 0.336                    |
| Krebs cycle                                      | 0.118             | 0.254              | 0.066          | 0.0041         | 0.399         | 0.445          | 0.382                | 0.591              | 0.019            | 0.356                    |
| Phenylalanine and tyrosine metabolism            | 0.0036            | 0.795              | 0.429          | 0.039          | 0.315         | 0.271          | 0.400                | 0.436              | 0.029            | 0.524                    |
| Glycoprotein                                     | 0.015             | 0.115              | 0.415          | 0.484          | 0.849         | 0.104          | 0.966                | 0.059              | 0.047            | 0.804                    |
| VLDL particles                                   | 0.062             | 0.406              | 0.396          | 0.481          | 0.461         | 0.538          | 0.0050               | 0.295              | 0.048            | 0.804                    |
| Fatty acid measures                              | 0.283             | 0.271              | 0.153          | 0.294          | 0.607         | 0.735          | 0.057                | 0.544              | 0.226            | 1.000                    |
| Glutamate metabolism <sup>a</sup>                | 0.190             | 0.069              | NA             | 0.369          | 0.478         | 0.706          | 0.259                | 0.601              | 0.280            | 1.000                    |
| Ketone bodies                                    | 0.279             | 0.035              | 0.806          | 0.568          | 0.213         | 0.768          | 0.290                | 0.523              | 0.310            | 1.000                    |
| Glycolysis, gluconeogenesis, pyruvate metabolism | 0.826             | 0.820              | 0.182          | 0.045          | 0.899         | 0.093          | 0.586                | 0.927              | 0.413            | 1.000                    |
| Glycerophospholipids                             | 0.660             | 0.166              | 0.068          | 0.645          | 0.827         | 0.521          | 0.404                | 0.490              | 0.482            | 1.000                    |
| Essential fatty acids                            | 0.608             | 0.045              | 0.663          | 0.416          | 0.483         | 0.775          | 0.645                | 0.334              | 0.539            | 1.000                    |
| Protein                                          | 0.639             | 0.777              | 0.086          | 0.591          | 0.179         | 0.451          | 0.588                | 0.800              | 0.606            | 1.000                    |
| Creatine                                         | 0.617             | 0.994              | 0.352          | 0.068          | 0.194         | 0.528          | 0.966                | 0.822              | 0.639            | 1.000                    |
| Histidine metabolism                             | 0.957             | 0.873              | 0.549          | 0.520          | 0.987         | 0.330          | 0.605                | 0.033              | 0.676            | 1.000                    |
| LDL particles                                    | 0.205             | 0.378              | 0.775          | 0.122          | 0.972         | 0.866          | 0.443                | 0.626              | 0.691            | 1.000                    |
| IDL particles                                    | 0.163             | 0.376              | 0.673          | 0.292          | 0.900         | 0.925          | 0.352                | 0.576              | 0.716            | 1.000                    |
| Glycerolipid metabolism                          | 0.536             | 0.244              | 0.237          | 0.426          | 0.658         | 0.622          | 0.705                | 0.563              | 0.724            | 1.000                    |
| Alanine metabolism                               | 0.408             | 0.588              | 0.812          | 0.353          | 0.906         | 0.130          | 0.590                | 0.633              | 0.770            | 1.000                    |
| Sphingolipids                                    | 0.164             | 0.383              | 0.306          | 0.909          | 0.550         | 0.776          | 0.781                | 0.736              | 0.816            | 1.000                    |
| Sterols/steroids                                 | 0.232             | 0.428              | 0.965          | 0.268          | 0.922         | 0.880          | 0.343                | 0.981              | 0.871            | 1.000                    |

ERF=Erasmus Rucphen Family study; H-B=Holm-Bonferroni; HDL=high-density lipoprotein; IDL=intermediate-density lipoprotein; LDL=low-density lipoprotein; LUMINA=Leiden University Migraine Neuro-Analysis; NA=not applicable; NESDA=Netherlands Study of Depression and Anxiety; NTR=Netherlands Twin Registry; RS=Rotterdam Study; TMS=The Maastricht Study; VLDL=very low-density lipoprotein. Corrected for age, sex, body mass index, and use of lipid-lowering medication. <sup>a</sup> Determined without NTR due to nonquantified glutamine measurements.

## Discussion

We performed high-throughput  $^1\text{H}$ -NMR metabolite profiling of 225 metabolite measures in plasma samples from 8 Dutch cohorts and identified a consistent association between migraine and decreased HDL levels. We identified 2 circulating candidate migraine biomarkers, which are both related to HDL status: a decreased level of apoA1 (an apoprotein with a specific association with HDL) and a decreased S-HDL-FC ratio (the free cholesterol to total lipid ratio in small HDL). In addition, fatty acids of the omega-3 class were shown to be associated with migraine, but only in male participants.

Dyslipidemia and migraine have been extensively studied because of the comorbidity of cerebrovascular and cardiovascular disease and migraine, with the strongest associations in young women without elevated conventional cardiovascular risk profiles.<sup>5–8,13</sup> Large population-based studies suggested elevated total cholesterol, LDL-C, or triglycerides, and decreased levels of HDL-C, in migraine.<sup>5–8,13</sup> However, earlier results were conflicting<sup>13</sup> due to cohort variability and measurement of crude lipoprotein levels,<sup>5–8,13</sup> or failed to detect differences in apoA1 levels, possibly due to lack of power.<sup>32,33</sup> Notably, the sufficiently powered Women's Health Study observed a nonsignificant effect with decreased apoA1 levels in 5,087 female participants with a history of migraine (total population 27,626, mean age 54.7 years).<sup>34</sup> A more prominent association between migraine and apoA1 in men compared to women, and lower mean age in the current study, might explain the difference between the studies. To the best of our knowledge, lower omega-3 fatty acid levels have not been reported in migraine. Of note, omega-3 fatty acid supplements, due to their anti-inflammatory action, have been investigated in migraine attack prevention.<sup>35</sup> A recent meta-analysis found no apparent reduction in headache frequency after omega-3 fatty acid supplementation; however, a significant reduction in headache duration was found across studies.<sup>35</sup>

HDL subclasses are composed of proteins and lipids, each roughly representing 50% of the total mass of HDL. Major proteins are apoA1 (70%) and apoA2 (20%) together with proteins such as apoA4, apoE, apoJ, haptoglobin, paraoxanase,  $\alpha$ 2-macroglobulin, and lecithin cholesterol acyltransferase.<sup>36</sup> These proteins contribute to various functions of HDL, including mediating the reverse cholesterol transport pathway and antioxidative, anti-inflammatory, and antithrombotic effects.<sup>37</sup> Combining the different analyses conducted, we identified an association between decreased apoA1 level and S-HDL-FC ratio and migraine together with decreased levels of medium to very large HDL measures, in the absence of clear LDL, intermediate-density lipoprotein, or VLDL involvement. Thus, the observed profiles suggest that migraine is associated with alterations in specific HDL functions but not with a general dyslipidemia profile characteristic for cardiovascular conditions.

Although this biomarker discovery study was not aimed to unravel pathophysiologic mechanisms, several hypotheses regarding pathophysiological mechanisms emerge from the study. First, our findings provide some biochemical evidence for a link with endothelium dysfunction in migraine as HDL with its antioxidative, anti-inflammatory, and antithrombotic effects plays a role in endothelial function.<sup>36–38</sup> Interestingly, omega-3 fatty acids, which showed decreased levels associated with migraine in male participants, have also been shown to be vasoprotective and have been deemed to generate anti-inflammatory resolvins.<sup>39</sup> It is at this point, however, only speculation whether reduced protective actions of HDL and omega-3 through endothelial dysfunction may explain the association with migraine. Second, it has been suggested that omega-3 fatty acids and certain HDL subclasses can travel across the blood–brain barrier, which may have effects on a neuronal level.<sup>40–42</sup> Third, that omega-3 fatty acids are associated with migraine exclusively in male participants may suggest distinct sex-specific mechanisms. However, this might also be due to differences in omega-3-rich food consumption<sup>43</sup> and requires further specific investigation.

The strengths of this study are the large sample size (>10,000 participants) and extensive metabolic profiling (225 metabolite measures) to identify candidate biochemical biomarkers for migraine. Furthermore, similar methods (EDTA samples, <sup>1</sup>H-NMR platform, and facility) were used across cohorts. A possible limitation of the study is that migraine status was assessed with varying degrees of detail in the various cohorts, which also made us unable to look into possible differences between migraine with and without aura. Still, many cohorts used validated questionnaires based on ICHD criteria and have shown their effectiveness and precision in diagnosing migraine,<sup>1,15,18</sup> which is why metabolite measure associations with migraine were chosen as main study outcome. To make a clear distinction between definite migraineurs and non-migraine participants, we excluded probable migraine cases whenever possible. Additional variability due to sampling protocols used, foremost time-to-freezer and centrifuge settings, we aimed to control for by using meta-analysis approaches with a random-effects model. The low heterogeneity seen in the random-effects meta-analysis, in particular for the candidate biomarkers, seems to indicate that the aforementioned variability only had a limited influence on the study outcome. Our top metabolites related to HDL concentrations are known to be affected by BMI. Although we corrected for BMI in our analysis, we cannot exclude a residual confounding effect of this variable nor of any other variable that we have not tested. However, the robustness of our finding across different cohorts that differed in BMI distributions makes it likely that the HDL-related traits are truly associated with migraine. Genetic variability was limited because all cohorts were comprised predominantly of participants from the Netherlands, with Western European ancestry, but as a direct consequence the generalizability of our findings to other populations may be limited. The current study design does not allow the study of causality. Intervention

or animal studies are needed to further explore the interplay between BMI, HDL-related traits, and migraine. Another limitation of our multicohort design using distributed data analysis algorithms is that we cannot make definitive estimates of the sensitivity and specificity of the candidate biomarkers.

The current study illustrates the power of detailed metabolite profiling for biomarker discovery in a large meta-analytic design, pointing towards consistent associations of mainly medium to very large HDL measures with migraine. Furthermore, we identified a male-specific association between migraine status and omega-3 fatty acids. Our study suggests that alterations in HDL metabolism may be involved in the association between migraine and cerebrovascular and cardiovascular disease.

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## Supplementary data

### Supplementary Methods

Cohort background, migraine assessment method, and sampling procedure.

#### LUMINA

Participants of the Leiden University Migraine Neuro-Analysis (LUMINA) were recruited through a dedicated, nationwide website inviting migraine patients and non-migraine controls to participate in migraine research. In addition, patients attending the Leiden University Medical Centre (LUMC) dedicated headache clinic were invited to participate. We therefore consider this a web-based “clinic-based” cohort.

Participants recruited through the website were considered eligible after a two-step inclusion process using validated questionnaires via the dedicated LUMINA website<sup>1</sup>. A migraine diagnosis or non-migraine control status was validated by a semi-structured telephone interview, in accordance with the International Classification of Headache Disorders (ICDH-3 $\beta$ )<sup>2</sup>. Finally, the diagnosis was checked by the study-physician at the day of blood draw. Migraine patients recruited through the headache clinic were diagnosed with migraine by a neurologist specialized in headache. Patients with a diagnosis of probable migraine in accordance with the ICHD-3 $\beta$  were excluded<sup>2</sup>. Non-migraine controls were free of any primary disorder, apart from tension-type headache<sup>2</sup>. Migraine assessment was conducted on the day of sampling blood.

EDTA plasma samples were available for 317 migraine cases and 91 non-migraine controls. Samples from 279 participants were collected after overnight fasting. Blood samples were drawn by venipuncture from the median cubital vein, after centrifugation on room temperature; plasma was aliquoted and stored at -80°C. Samples were freeze-thawed no more than once prior to shipment to Nightingale Health for analysis, where samples were measured in April 2014.

#### NESDA

The Netherlands Study of Depression and Anxiety (NESDA) is an observational longitudinal naturalistic cohort study on the long term course and consequences of depressive and anxiety disorders<sup>3</sup>. We consider this a mixed clinic- and population-based cohort. In total 2,981 participants were recruited between 2004 and 2007 through different settings: community, primary care and specialized mental health clinics in order to obtain a representative sample of persons with and without depressive and anxiety disorders. Using this approach NESDA created a range in psychopathology: participants (‘controls’) without symptoms or disorders, those at risk due to subthreshold symptoms or with a personal or family history, and participants with a current or remitted depressive or

anxiety disorders. A more extensive description of the composition of NESDA can be found elsewhere<sup>3</sup>.

Migraine was assessed at the baseline assessment using a headache questionnaire based on the criteria for migraine listed in the ICHD-2<sup>4</sup>. The migraine part of the questionnaire was preceded by one screening question (“Do you ever experience headache attacks, for instance migraine?”), participants had to answer positive in order to be required to answer the remaining detailed questions about their headaches. This provided information on the presence of symptoms and criteria present in the ICHD-2: number of experienced headache attack ( $\geq 5$ ), pain intensity (moderate/severe), pain duration (4-72 hours), and pulsating pain (yes/no). During a headache attack: visual aura (yes/no), aggravation by physical activity (yes/no), presence of nausea and/or vomiting (yes/no), and phonophobia or photophobia (yes/no). Based on the criteria in the ICHD-2 participants were classified as: migraine patients, probable migraine patients, mild non-migrainous headache patients, and participants without headache (participants answering negative to the first screening question). In the current study only participants characterized as migraine patients using the questionnaire were included as migraine patients. Probable migraine patients were excluded. Participants characterized as mild non-migrainous headache patients, and participants without headache were included in the analysis as controls. Questionnaires were completed in close temporal relation to sample collection (on average within seventeen days).

Baseline EDTA plasma samples were available for 444 migraine cases and 1,584 non-migraine controls. Samples from 1,944 participants were collected after overnight fasting. Samples were drawn by venipuncture from the median cubital vein, after centrifugation on room temperature; plasma was aliquoted and stored at -85°C. Samples were freeze-thawed no more than once prior to shipment to Nightingale Health for analysis. Samples were measured at Nightingale Health at two separate occasions (April and December 2014). Based on this two separate NESDA cohorts were defined, NESDA-1 ( $n=1,082$ ) and NESDA-2 ( $n=946$ ), respectively.

## NTR

The Netherlands Twin Registry (NTR) is composed of and collects data from Dutch twins, other siblings, their parents and partners. We consider this a population-based cohort. Participants were recruited either at birth through ‘birth felicitation’ services or when already older at the start of NTR, through city councils in 1990-1991 and through additional efforts in later years. A detailed description of NTR can be found elsewhere<sup>5</sup>. Migraine was diagnosed using a headache questionnaire based on the criteria for migraine listed in the ICHD-2<sup>4</sup>. The migraine part of the questionnaire was preceded by one screening question (“Do you ever experience headache attacks, for instance

migraine?”), participants had to answer positive in order to be required the answer to remaining detailed questions about their headaches. This provided information on the presence of symptoms and criteria present in the ICHD-2: number of experienced headache attacks ( $\geq 5$ ), pain intensity (moderate/severe), pain duration (4-72 hours), and pulsating pain (yes/no). During a headache attack: visual aura (yes/no), aggravation by physical activity (yes/no), presence of nausea and/or vomiting (yes/no), and phonophobia or photophobia (yes/no). Based on the criteria in the ICHD-2 participants were classified as: migraine patients, probable migraine patients, mild non-migrainous headache patients, and participants without headache (participants answering negative to the first screening question). In a small number of cases (<60 cases), detailed symptom information was not available and self-reported migraine was used. In the current study only participants characterized as migraine patients using the questionnaire were included as cases. Probable migraine patients were excluded. Participants characterized as mild non-migrainous headache patients, and participants without headache are were included in the analysis as controls. If diagnosed with migraine after blood sampling, the participant was included as a migraine patient (case). If diagnosed prior to blood sampling as healthy control this was no more than 6 months prior to the sampling, otherwise the sample was excluded because of the risk of developing migraine.

EDTA plasma samples were available for 1,360 migraine cases and 1,513 non-migraine controls. Samples from 2,673 participants were collected after overnight fasting. Samples were drawn by venipuncture from the medial cubital vein during a home-visit, after centrifugation back at the laboratory at 4°C, plasma was aliquoted and stored at -20°C<sup>5</sup>. Samples were collected in two biobanking initiatives (the first between June 2004 and July 2008 and the latter between January 2011 and December 2011) and freeze-thawed once prior to shipment to Nightingale Health for analysis. Samples were measured in 2014 at Nightingale Health.

## ERF

The Erasmus Rucphen Family (ERF) study is a large family-based cohort study, in a young genetically isolated population in the Southwest of The Netherlands. We consider this a population-based cohort. Possible participants were selected based on genealogical background. Eligible participants included three generations of living descendants, of twenty couples with at least six children living in the community in the 19th century. Participants were therefore not selected based on phenotypes of interest, and traced back through church and municipality records<sup>6</sup>.

Migraine was diagnosed using a headache questionnaire based on the criteria for migraine listed in the ICHD-2<sup>4</sup>. A previously validated three-stage screening procedure was used to assess lifetime occurrence of migraine<sup>7,8</sup>. In short, stage one consisted of 5

screening questions on aura and headache symptoms. In stage two only screen-positive participants received an extensive questionnaire on headache and aura symptoms. The extensive questionnaire was based on ICHD-2 criteria for migraine headache and aura<sup>4</sup>. In stage three, screen-positive participants, or participants which did not fill in or complete the extensive questionnaire, were interviewed by telephone using a semi-structured to clarify their reported signs and symptoms of migraine headache and aura by a physician with experience in diagnosing migraine patients, and well trained supervised medical students. The final migraine diagnosis was made after this telephone interview and in consultation with a neurologist (GMT) specialized in headache. Probable migraine patients were excluded. ERF participants who were negative for migraine or probable migraine based on the aforementioned three-stage screening procedure were included as controls<sup>7,8</sup>. If diagnosed with migraine after blood sampling, the participant was included as a migraine patient (case). If diagnosed prior to blood sampling as healthy control this should not be more than 6 months prior to the sampling, otherwise the sample was excluded because of the risk participants developing migraine.

EDTA plasma samples were available for 178 migraine cases and 1,235 non-migraine controls. Samples from 1,413 participants were collected after overnight fasting. Samples were drawn by venipuncture from the median cubital vein, after centrifugation at 4°C, plasma was aliquoted in cryovials and stored at -80°C. Samples were not freeze-thawed prior to shipment to Nightingale Health for analysis. Samples were measured in the spring of 2014 at Nightingale Health.

## RS

The Rotterdam study (RS) is a large prospective population-based cohort study, among people 55 years of age or older living in the well-defined Ommoord district in Rotterdam (NL) in 1990. Later the RS was expanded in 2000 and 2006 to include people 45 years of age or older living in the Ommoord district<sup>9</sup>.

Migraine was assessed using a modified questionnaire of the questionnaire used in the Leiden Genetic Epidemiology of Migraine (GEM) study<sup>7,8</sup>, based on the ICHD-2 criteria<sup>4</sup> as part of a face-to-face structured interview or telephone interview<sup>10</sup>. Participants were first asked if they had ever experienced a headache with severe pain that affected their daily activities. If the answer to this question was negative or if the participant clearly indicated that severe headache was due to other causes, such as a tumor, sinusitis, stroke, trauma or meningitis, no further headache related questions were asked. Participants who replied positive to the first question received further questions on headache duration and attack frequency. Participants who experienced headaches of which (1) the duration was between four and seventy-two hours (untreated) or if the participant did not know the answer to this question, because they always treated their

headaches and (2) the attack frequency was two or more attacks in a lifetime, further details on the characteristics and symptoms of the headaches were asked. Participants whose duration of headache was unknown, because they always used medication to prevent or treat the attack, were considered migraine patients if they fulfilled the remaining ICHD-2 criteria<sup>10</sup>. Probable migraine patients were excluded. Participants not classified as (probable) migraine patients were included as controls<sup>10</sup>. If diagnosed with migraine after blood sampling, the participant was included as a migraine patient (case). If diagnosed prior to blood sampling as healthy control this should not be more than 6 months prior to the sampling, otherwise the sample was excluded because of the risk participants developing migraine.

EDTA plasma samples were available for 173 migraine cases and 1,252 non-migraine controls. Samples from 1,425 participants were collected after overnight fasting. Samples were drawn by venipuncture from the median cubital vein, after centrifugation at 4°C, plasma was aliquoted in cryovials and stored at -80°C. Samples were not freeze-thawed prior to shipment to Nightingale Health for analysis. Samples were measured in the spring of 2014 at Nightingale Health.

### **LifeLines-DEEP**

The LifeLines-DEEP cohort is a sub-cohort of the LifeLines cohort (167,729 participants), which is a large three-generation observational follow-up study set up to investigate universal risk factors and their modifiers for multifactorial diseases<sup>11,12</sup>. Participants include a large representative sample of the Northern part of the Netherlands. We consider this a population-based cohort. At the start of the study a random sample of inhabitants aged between 25 and 50 years were invited to participate through their general practitioner. After inclusion initial participants were asked if family members (partners, parents, partners-in-law and children) might be interested to participate. Interested family members were included in the study. Additional participants, again living in the Northern part of the Netherlands, were included via the LifeLines website<sup>11,12</sup>. A subset of 1,539 participants (636 males and 903 females, age range 18–84 years) also took part in the more detailed phenotyping and omics profiling, called the LifeLines-DEEP study. For these participants, additional biological materials were collected, including additional blood (n=1,387), exhaled air (n=1,425) and fecal samples (n=1,248), and elicited responses to gastrointestinal health questionnaires (n=1,176) for analysis of the genome, epigenome, transcriptome, microbiome, metabolome and other biological levels. The overview of the different data layers in LifeLines DEEP and the baseline characteristics of the study population has been described previously<sup>13</sup>.

This study included the baseline information and plasma samples of LifeLines-DEEP participants. The migraine status was assessed using a single question, which was

part of a general health questionnaire. The question “could you indicate which of the following disorders you have (had): migraine”, was used to classify migraine patients and non-migraine controls. The participants who answered “yes” were included as a migraine patient (case) and those who answered “no” were included as healthy control. If diagnosed with migraine after blood sampling, the participant was included as a migraine patient (case). If diagnosed prior to blood sampling as healthy control this should not be more than 6 months prior to the sampling, otherwise the sample was excluded because of the risk of participants developing migraine.

EDTA plasma samples from participants were collected after overnight fasting. Samples were drawn by venipuncture from the median cubital vein, placed at 4°C and transported from the research site to the LifeLines laboratory in Groningen, under tightly controlled and continuously monitored conditions. After preparation plasma was aliquoted and stored at -80°C<sup>11</sup>. Samples were freeze-thawed two times prior to shipment to Nightingale Health for metabolome analysis. With some sample drop-off, this study finally included 1,319 LifeLines-DEEP participants, including 249 migraine cases and 1,070 migraine controls.

## TMS

The Maastricht Study (TMS) is a prospective observational population-based cohort study enriched with individuals suffering from type 2 diabetes mellitus. We therefore consider this a mixed clinic- and population-based cohort. Eligible participants were selected based on age (between 40 and 75 years) and place of residence (the Southern part of the Netherlands). Recruitment proceeded through mass media campaigns, municipal registries and the regional Diabetes Patient Registry via mailings<sup>14</sup>. In the current study only subjects suffering from diabetes were included.

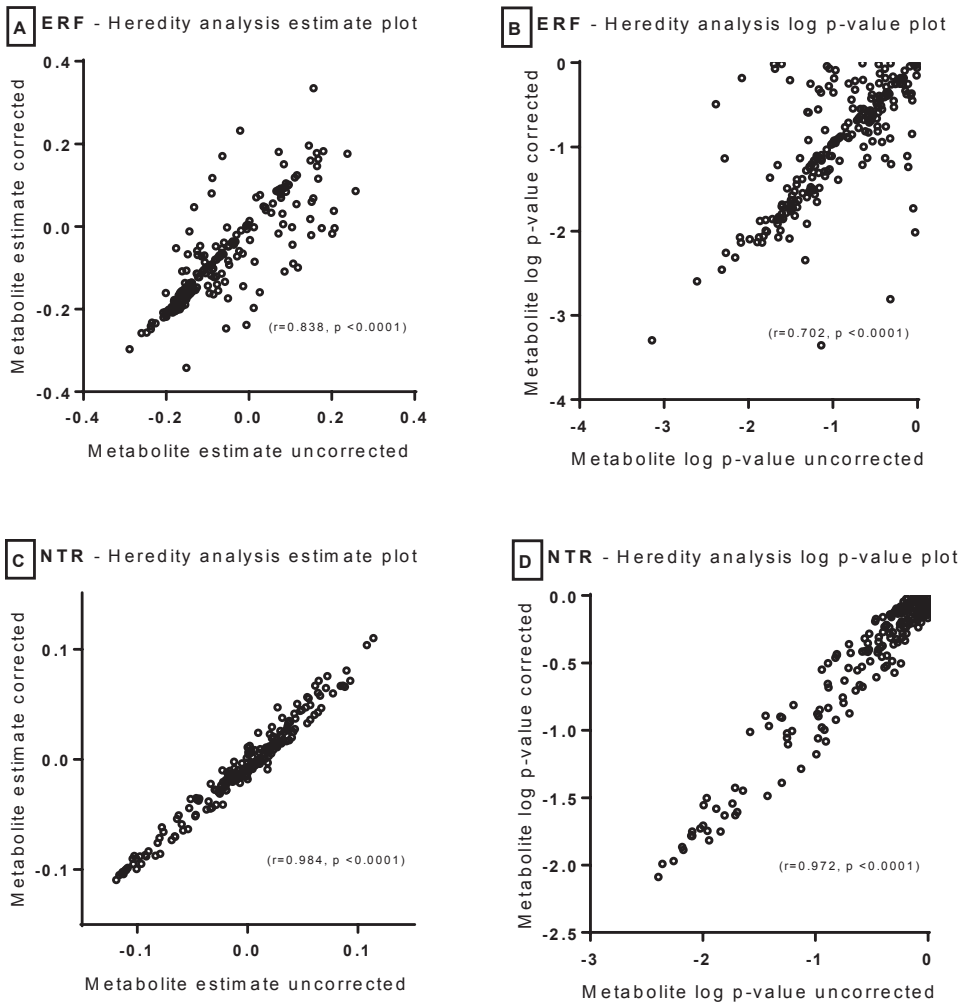
Migraine status was assessed via web-based questionnaires. First, a screening questionnaire based on the screening questionnaire used in the GEM study was offered to all participants<sup>7</sup>. Second, only screen-positive participants received an extensive questionnaire on headache and aura symptoms based on the ICHD-2 criteria<sup>4</sup>. Based on the results from the extensive questionnaire participants were classified as definite, probable or possible migraine patients. Participants classified as probable migraine patients were excluded from the current study. TMS participants who were negative for definite or probable migraine based on the screening or extensive questionnaire were included as controls<sup>7,8</sup>. Migraine questionnaires were taken within 3 months after plasma samples were collected.

EDTA plasma samples were available for 79 migraine cases and 608 non-migraine controls. Samples from all participants were collected after overnight fasting. Plasma

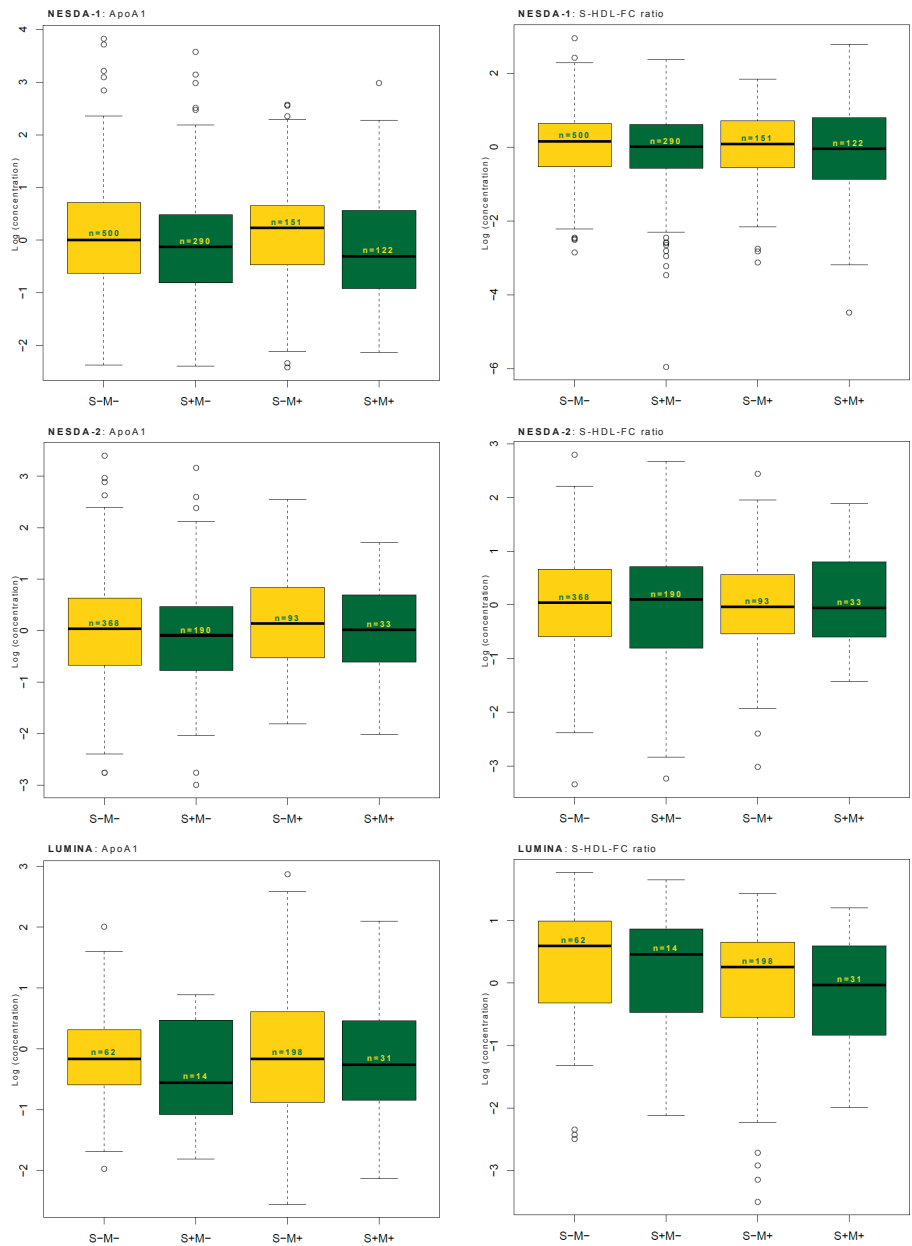
was collected via venipuncture in EDTA tubes on ice, separated after centrifugation, and stored at  $-80^{\circ}\text{C}$  until the assays were performed. The time between collection and storage was less than 2 hours. Samples were collected from April 2010 until April 2013 and not freeze-thawed prior to shipment to Nightingale Health for analysis. Samples were measured in April 2014 at Nightingale Health.

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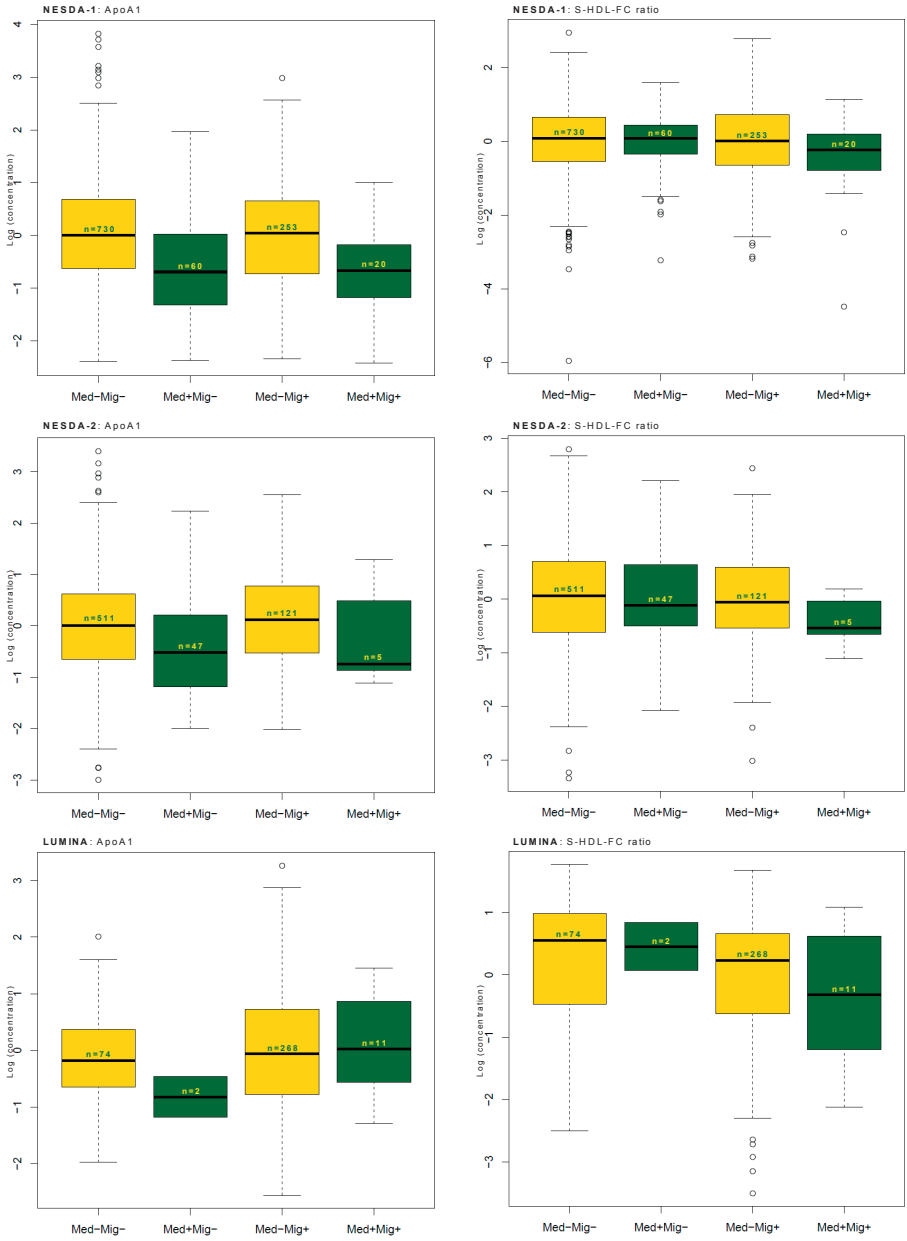
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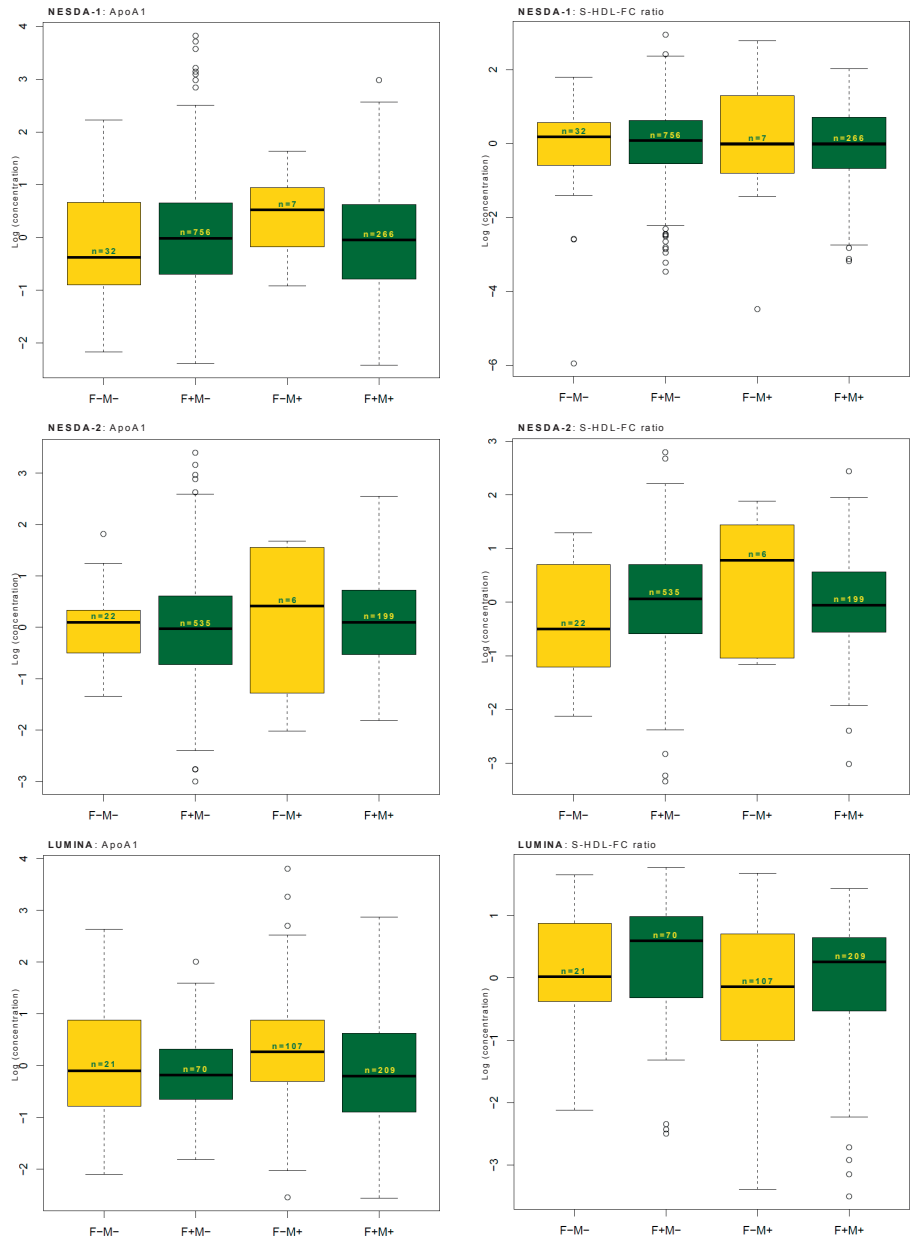
**Figure S1.** Influence of heritability on metabolite measure estimates and log p-values in ERF and NTR. To investigate for possible effects of heritability on metabolite measures in ERF (A and B) and NTR (C and D) we compared the estimates (A and C) and log p-values (B and D) between single metabolite logistic regression with metabolite concentrations, sex, and age as independent variables and migraine status as dependent variable, corrected for heritability with the same model uncorrected for heritability. Pearson correlation ( $r$ ) and corresponding p-values of correlations between the estimates and log p-values are given in the respected plots. ERF=Erasmus Rucphen Family study, NTR=Netherlands Twin Registry.



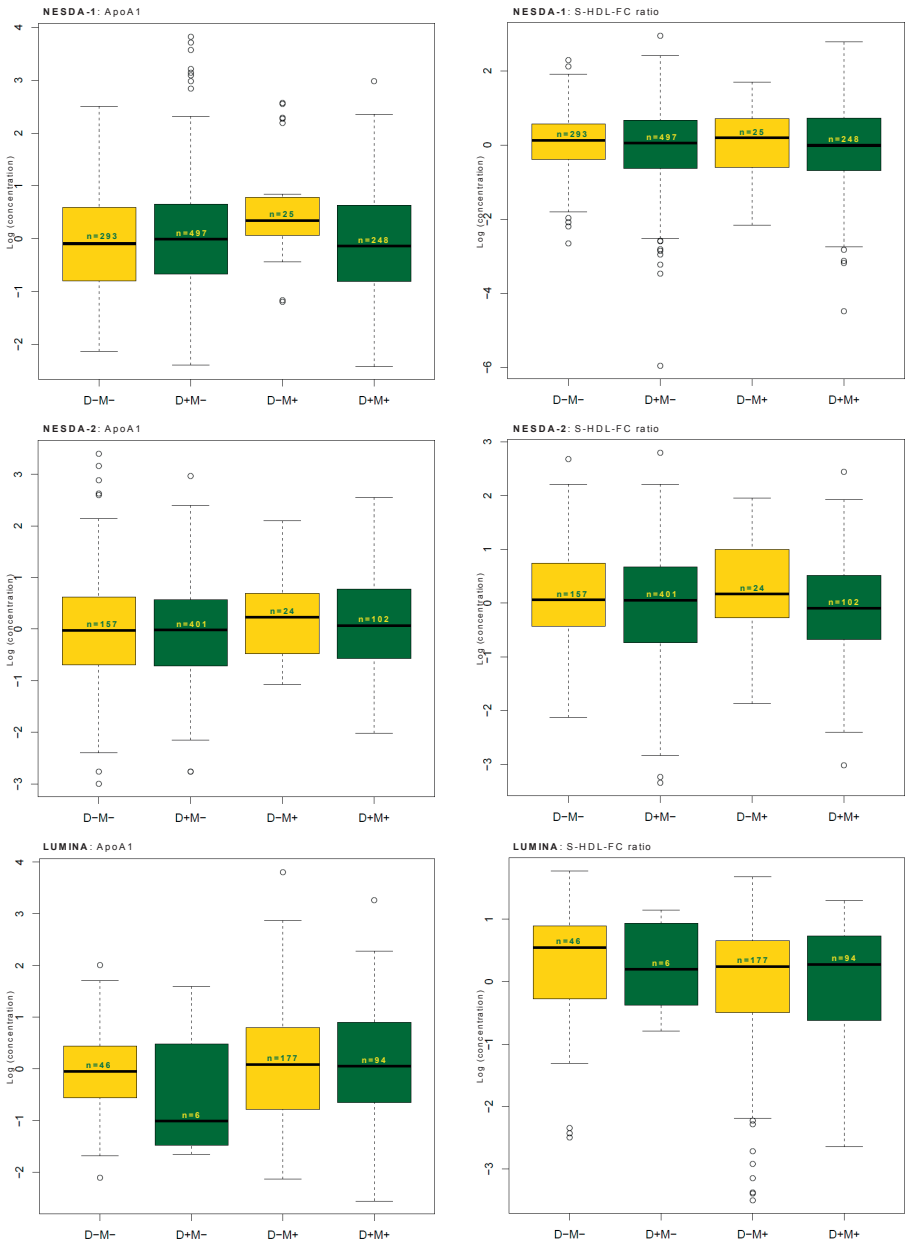
**Figure S2.** ApoA1 and S-HDL-FC ratio stratification plots for migraine and smoking in NESDA and LUMINA. Stratification plots for smoking (yes=S+/no=S-) and migraine (yes=M+/no=M-) in both cohorts of The Netherlands Study of Depression and Anxiety (NESDA) and Leiden University Migraine Neuro-Analysis (LUMINA). Participant numbers are provided in the boxplots. ApoA1=Apolipoprotein A1, S-HDL-FC=Free cholesterol to total lipids ratio in small high-density lipoprotein.



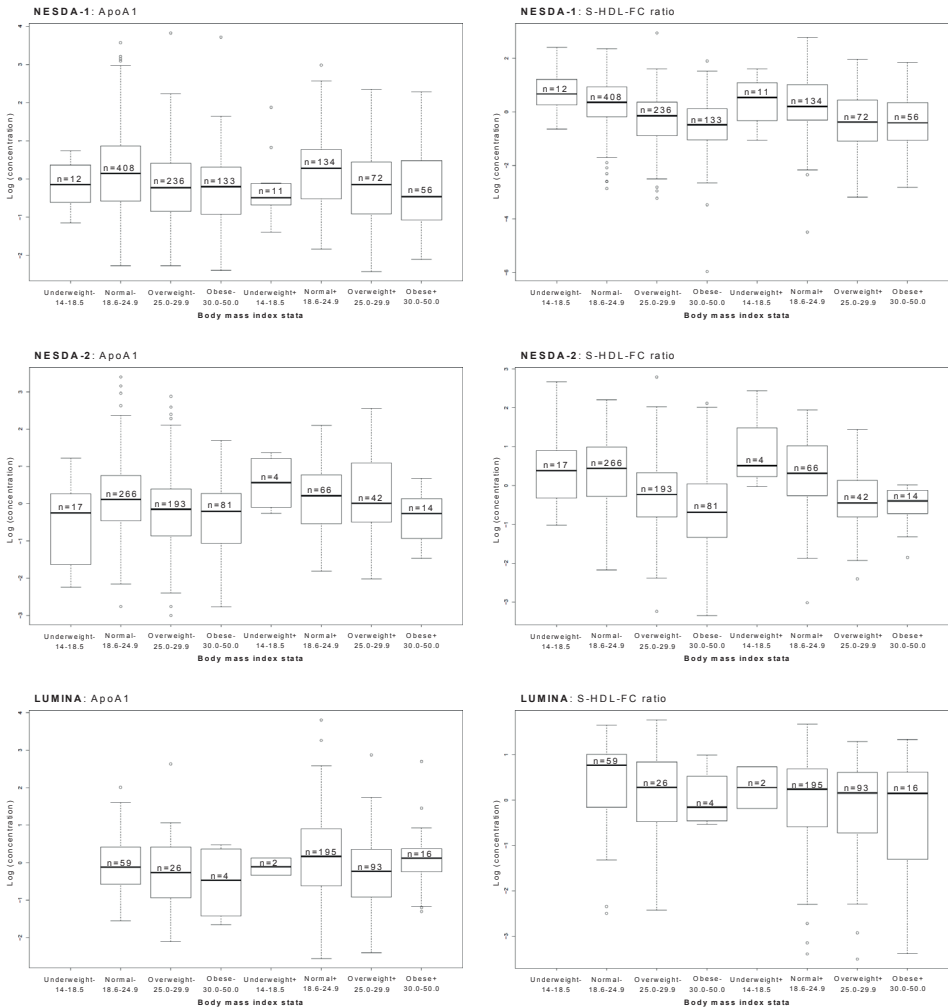
**Figure S3.** ApoA1 and S-HDL-FC ratio stratification plots for migraine and lipid lowering medication usage in NESDA and LUMINA. Stratification plots for lipid lowering medication usage (yes=Med+/no=Med-) and migraine (yes=Mig+/no=Mig-) in both cohorts of The Netherlands Study of Depression and Anxiety (NESDA) and Leiden University Migraine Neuro-Analysis (LUMINA). Participant numbers are provided in the boxplots. ApoA1=Apolipoprotein A1, S-HDL-FC=Free cholesterol to total lipids ratio in small high-density lipoprotein.



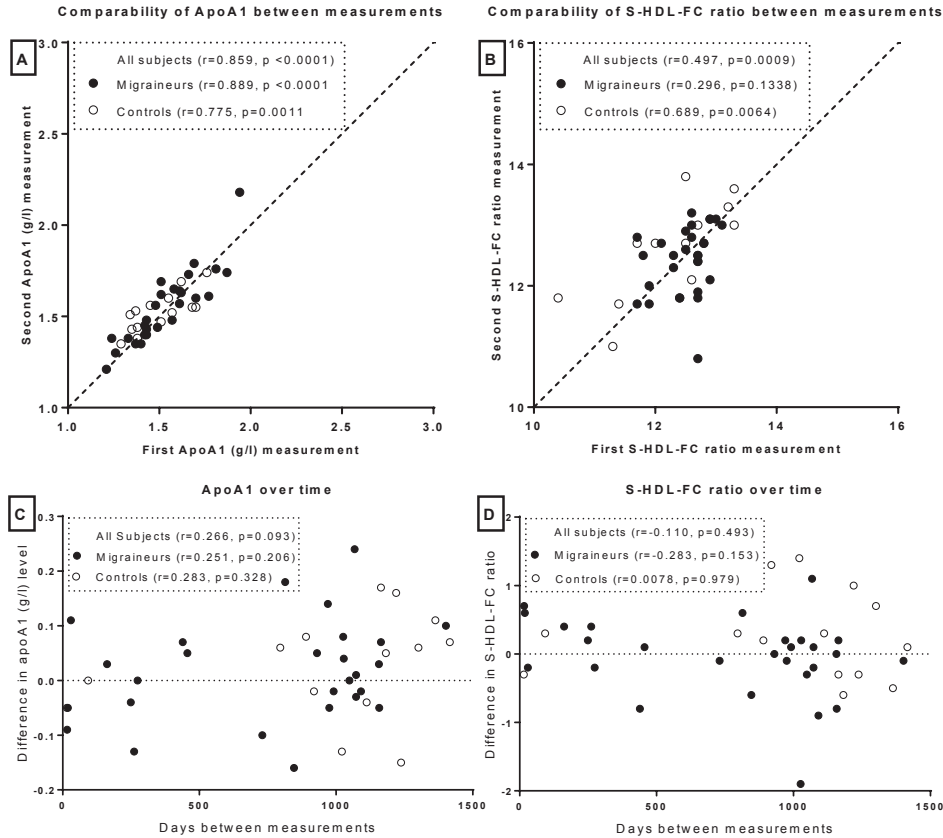
**Figure S4.** ApoA1 and S-HDL-FC ratio stratification plots for migraine and fasting in NESDA and LUMINA. Stratification plots for fasting (yes=F+/no=F-) and migraine (yes=M+/no=M-) in both cohorts of The Netherlands Study of Depression and Anxiety (NESDA) and Leiden University Migraine Neuro-Analysis (LUMINA). Participant numbers are provided in the boxplots. ApoA1=Apolipoprotein A1, S-HDL-FC=Free cholesterol to total lipids ratio in small high-density lipoprotein.



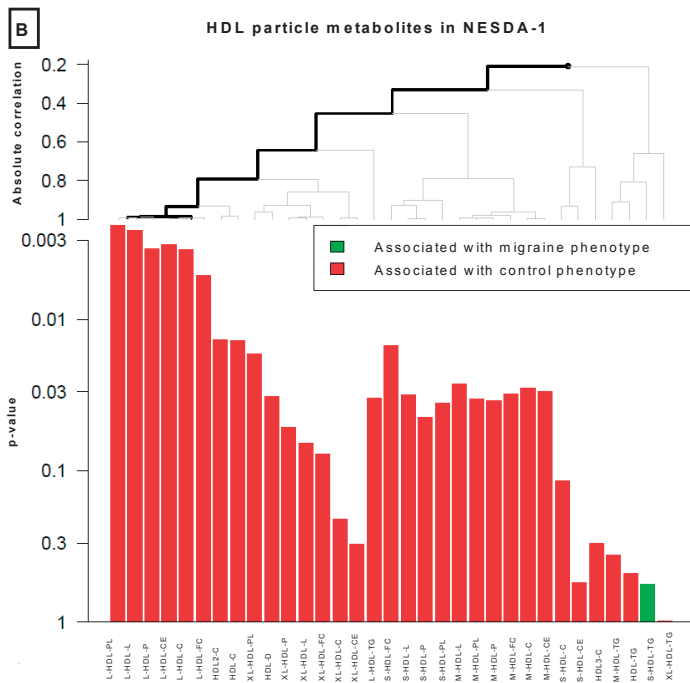
**Figure S5.** ApoA1 and S-HDL-FC ratio stratification plots for migraine and depression in NESDA and LUMINA. Stratification plots for depression (yes=D+/no=D-) and migraine (yes=M+/no=M-) in both cohorts of The Netherlands Study of Depression and Anxiety (NESDA) and Leiden University Migraine Neuro-Analysis (LUMINA). Participant numbers are provided in the boxplots. ApoA1=Apolipoprotein A1, S-HDL-FC=Free cholesterol to total lipids ratio in small high-density lipoprotein.

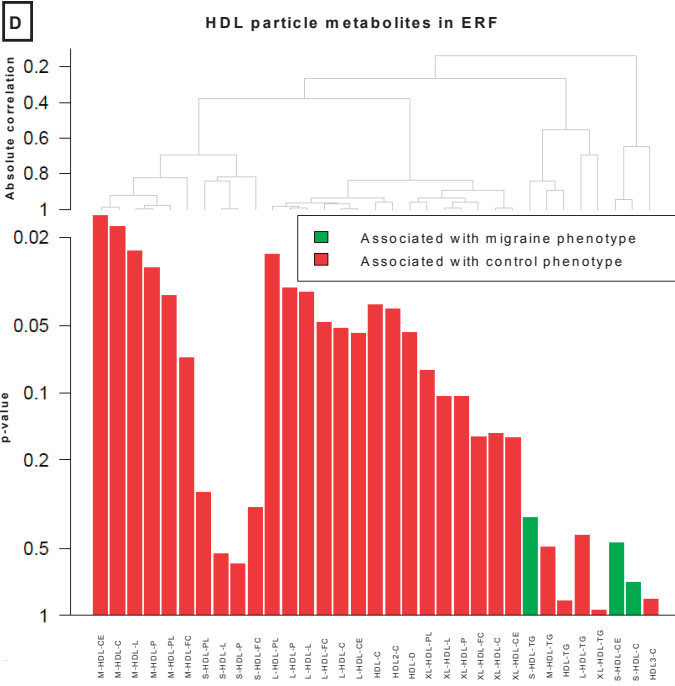
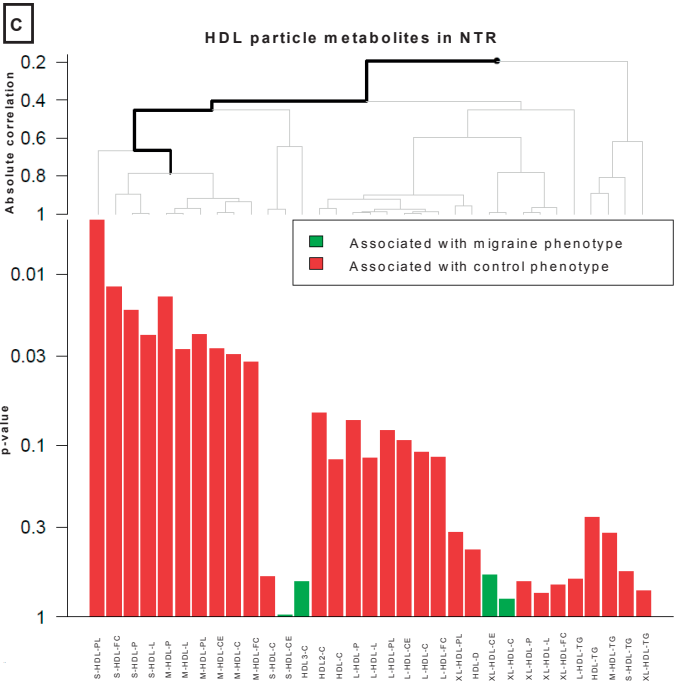


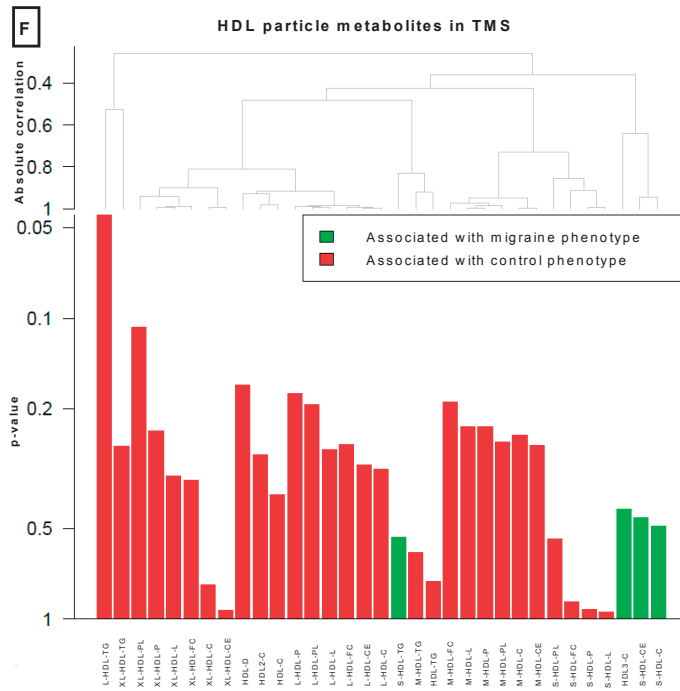
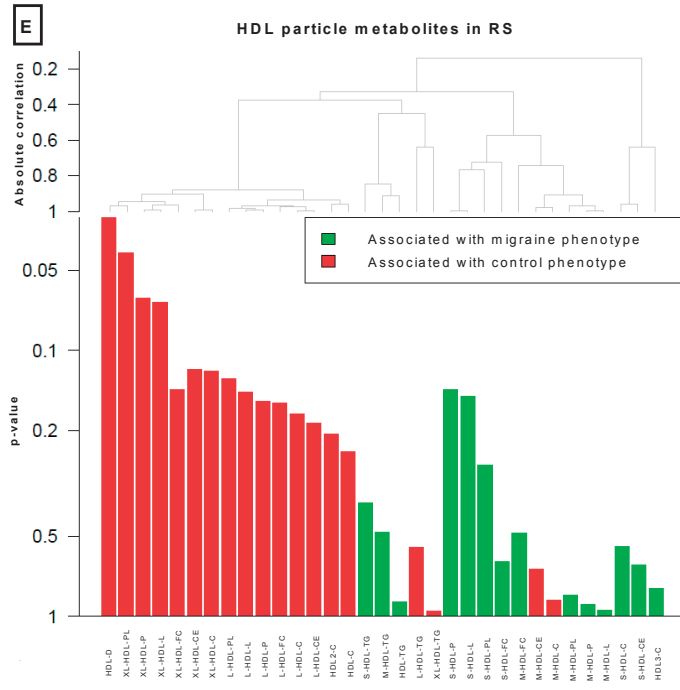
**Figure S6.** ApoA1 and S-HDL-FC ratio stratification plots for migraine and body mass index in NESDA and LUMINA. Stratification plots for body mass index strata (underweight, normal, overweight, and obese) and migraine (yes=+/no=-) in both cohorts of The Netherlands Study of Depression and Anxiety (NESDA) and Leiden University Migraine Neuro-Analysis (LUMINA). Participant numbers are provided in the boxplots. ApoA1=Apolipoprotein A1, S-HDL-FC=Free cholesterol to total lipids ratio in small high-density lipoprotein.

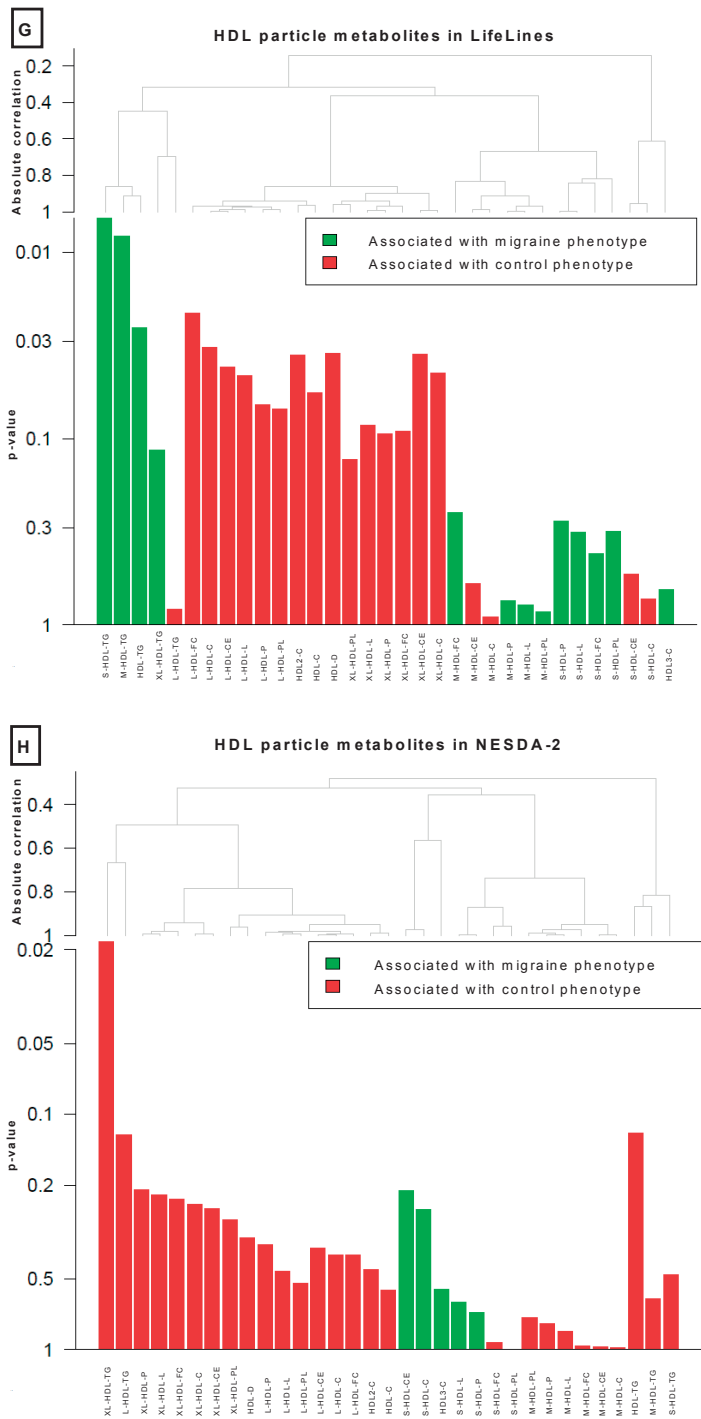


**Figure S7.** Metabolite correlations between measurements and over time for apoA1 and the S-HDL-FC ratio. To investigate for stability of apoA1 and S-HDL-FC ratio measurements between 82 samples temporally separate from 41 participants (27 migraine patients and 14 controls). ApoA1 (A) levels between the two temporally separate plasma samples were highly correlated in all subjects ( $r=0.859$ ,  $p<0.0001$ ), the S-HDL-FC ratio (B) correlated to a lesser degree in all subjects ( $r=0.497$ ,  $p=0.0009$ ) and did not correlate in migraine patients ( $r=0.296$ ,  $p=0.134$ ). The difference of ApoA1 (C) levels and S-HDL-FC ratio (D) over time (measurement 1- measurement 2) did not reveal a strong temporal correlation for both measures. The dotted line represents  $r=1$  in A and B, and  $r=0$  in C and D. ApoA1=Apolipoprotein A1, S-HDL-FC=Free cholesterol to total lipids ratio in small high-density lipoprotein.









**Figure S8.** HDL feature plots for all individual cohorts. The global test framework in a single set of (functionally) related metabolites (HDL) tests the correlation between the various metabolites of this specific set by subsequently identifying metabolite(s) best predicting migraine status (1=yes/0=no).

Significant metabolite clusters and ultimately individual metabolites after multiplicity correction are indicated by a bold black line in the correlation dendrogram (non-significant in gray). P-values for the individual metabolites are presented in the bar plot below. Plots are presented per cohort; LUMINA (A), NESDA-1 (B), NTR (C), ERF (D), RS (E), TMS (F), LifeLines (G), and NESDA-2 (H). C=Cholesterol, CE=Cholesterol esters, TMS=The Maastricht Study, ERF=Erasmus Rucphen Family study, FC=Free cholesterol, HDL=High-density lipoprotein, L=Total lipids, L=Large, LUMINA=Leiden University Migraine Neuro-Analysis, M=Medium, NESDA=Netherlands Study of Depression and Anxiety, NTR=Netherlands Twin Registry, P=Particle concentration, PL=Phospholipids, RS=Rotterdam Study, S=Small, TG=Triglycerides, XL=Very large.

**Table S1.** Included metabolites in (sub-)pathways

| Metabolite pathway | Metabolite subpathway | Metabolite abbreviation | Metabolite name                                                  |
|--------------------|-----------------------|-------------------------|------------------------------------------------------------------|
| Lipids             | VLDL                  | XXL-VLDL-P              | Concentration of chylomicrons and extremely large VLDL particles |
|                    |                       | XXL-VLDL-L              | Total lipids in chylomicrons and extremely large VLDL            |
|                    |                       | XXL-VLDL-PL             | Phospholipids in chylomicrons and extremely large VLDL           |
|                    |                       | XXL-VLDL-C              | Total cholesterol in chylomicrons and extremely large VLDL       |
|                    |                       | XXL-VLDL-CE             | Cholesterol esters in chylomicrons and extremely large VLDL      |
|                    |                       | XXL-VLDL-FC             | Free cholesterol in chylomicrons and extremely large VLDL        |
|                    |                       | XXL-VLDL-TG             | Triglycerides in chylomicrons and extremely large VLDL           |
|                    |                       | XL-VLDL-P               | Concentration of very large VLDL particles                       |
|                    |                       | XL-VLDL-L               | Total lipids in very large VLDL                                  |
|                    |                       | XL-VLDL-PL              | Phospholipids in very large VLDL                                 |
|                    |                       | XL-VLDL-C               | Total cholesterol in very large VLDL                             |
|                    |                       | XL-VLDL-CE              | Cholesterol esters in very large VLDL                            |
|                    |                       | XL-VLDL-FC              | Free cholesterol in very large VLDL                              |
|                    |                       | XL-VLDL-TG              | Triglycerides in very large VLDL                                 |
|                    |                       | L-VLDL-P                | Concentration of large VLDL particles                            |
|                    |                       | L-VLDL-L                | Total lipids in large VLDL                                       |
|                    |                       | L-VLDL-PL               | Phospholipids in large VLDL                                      |
|                    |                       | L-VLDL-C                | Total cholesterol in large VLDL                                  |
|                    |                       | L-VLDL-CE               | Cholesterol esters in large VLDL                                 |
|                    |                       | L-VLDL-FC               | Free cholesterol in large VLDL                                   |
|                    |                       | L-VLDL-TG               | Triglycerides in large VLDL                                      |
|                    |                       | M-VLDL-P                | Concentration of medium VLDL particles                           |
|                    |                       | M-VLDL-L                | Total lipids in medium VLDL                                      |
|                    |                       | M-VLDL-PL               | Phospholipids in medium VLDL                                     |
|                    |                       | M-VLDL-C                | Total cholesterol in medium VLDL                                 |
|                    |                       | M-VLDL-CE               | Cholesterol esters in medium VLDL                                |
|                    |                       | M-VLDL-FC               | Free cholesterol in medium VLDL                                  |
|                    |                       | M-VLDL-TG               | Triglycerides in medium VLDL                                     |
|                    |                       | S-VLDL-P                | Concentration of small VLDL particles                            |
|                    |                       | S-VLDL-L                | Total lipids in small VLDL                                       |
|                    |                       | S-VLDL-PL               | Phospholipids in small VLDL                                      |
|                    |                       | S-VLDL-C                | Total cholesterol in small VLDL                                  |
|                    |                       | S-VLDL-CE               | Cholesterol esters in small VLDL                                 |
|                    |                       | S-VLDL-FC               | Free cholesterol in small VLDL                                   |
|                    |                       | S-VLDL-TG               | Triglycerides in small VLDL                                      |
|                    |                       | XS-VLDL-P               | Concentration of very small VLDL particles                       |
|                    |                       | XS-VLDL-L               | Total lipids in very small VLDL                                  |
|                    |                       | XS-VLDL-PL              | Phospholipids in very small VLDL                                 |
|                    |                       | XS-VLDL-C               | Total cholesterol in very small VLDL                             |
|                    |                       | XS-VLDL-CE              | Cholesterol esters in very small VLDL                            |
|                    |                       | XS-VLDL-FC              | Free cholesterol in very small VLDL                              |
|                    |                       | XS-VLDL-TG              | Triglycerides in very small VLDL                                 |
|                    |                       | VLDL-D                  | Mean diameter for VLDL particles                                 |
|                    |                       | VLDL-C                  | Total cholesterol in VLDL                                        |
|                    |                       | VLDL-TG                 | Triglycerides in VLDL                                            |

**Table S1.** Continued

| Metabolite pathway | Metabolite subpathway | Metabolite abbreviation | Metabolite name                           |
|--------------------|-----------------------|-------------------------|-------------------------------------------|
|                    | IDL                   | IDL-P                   | Concentration of IDL particles            |
|                    |                       | IDL-L                   | Total lipids in IDL                       |
|                    |                       | IDL-PL                  | Phospholipids in IDL                      |
|                    |                       | IDL-C                   | Total cholesterol in IDL                  |
|                    |                       | IDL-CE                  | Cholesterol esters in IDL                 |
|                    |                       | IDL-FC                  | Free cholesterol in IDL                   |
|                    |                       | IDL-TG                  | Triglycerides in IDL                      |
|                    | LDL                   | L-LDL-P                 | Concentration of large LDL particles      |
|                    |                       | L-LDL-L                 | Total lipids in large LDL                 |
|                    |                       | L-LDL-PL                | Phospholipids in large LDL                |
|                    |                       | L-LDL-C                 | Total cholesterol in large LDL            |
|                    |                       | L-LDL-CE                | Cholesterol esters in large LDL           |
|                    |                       | L-LDL-FC                | Free cholesterol in large LDL             |
|                    |                       | L-LDL-TG                | Triglycerides in large LDL                |
|                    |                       | M-LDL-P                 | Concentration of medium LDL particles     |
|                    |                       | M-LDL-L                 | Total lipids in medium LDL                |
|                    |                       | M-LDL-PL                | Phospholipids in medium LDL               |
|                    |                       | M-LDL-C                 | Total cholesterol in medium LDL           |
|                    |                       | M-LDL-CE                | Cholesterol esters in medium LDL          |
|                    |                       | M-LDL-FC                | Free cholesterol in medium LDL            |
|                    |                       | M-LDL-TG                | Triglycerides in medium LDL               |
|                    |                       | S-LDL-P                 | Concentration of small LDL particles      |
|                    |                       | S-LDL-L                 | Total lipids in small LDL                 |
|                    |                       | S-LDL-PL                | Phospholipids in small LDL                |
|                    |                       | S-LDL-C                 | Total cholesterol in small LDL            |
|                    |                       | S-LDL-CE                | Cholesterol esters in small LDL           |
|                    |                       | S-LDL-FC                | Free cholesterol in small LDL             |
|                    |                       | S-LDL-TG                | Triglycerides in small LDL                |
|                    |                       | LDL-D                   | Mean diameter for LDL particles           |
|                    |                       | LDL-C                   | Total cholesterol in LDL                  |
|                    |                       | LDL-TG                  | Triglycerides in LDL                      |
|                    | HDL                   | XL-HDL-P                | Concentration of very large HDL particles |
|                    |                       | XL-HDL-L                | Total lipids in very large HDL            |
|                    |                       | XL-HDL-PL               | Phospholipids in very large HDL           |
|                    |                       | XL-HDL-C                | Total cholesterol in very large HDL       |
|                    |                       | XL-HDL-CE               | Cholesterol esters in very large HDL      |
|                    |                       | XL-HDL-FC               | Free cholesterol in very large HDL        |
|                    |                       | XL-HDL-TG               | Triglycerides in very large HDL           |
|                    |                       | L-HDL-P                 | Concentration of large HDL particles      |
|                    |                       | L-HDL-L                 | Total lipids in large HDL                 |
|                    |                       | L-HDL-PL                | Phospholipids in large HDL                |
|                    |                       | L-HDL-C                 | Total cholesterol in large HDL            |
|                    |                       | L-HDL-CE                | Cholesterol esters in large HDL           |
|                    |                       | L-HDL-FC                | Free cholesterol in large HDL             |
|                    |                       | L-HDL-TG                | Triglycerides in large HDL                |
|                    |                       | M-HDL-P                 | Concentration of medium HDL particles     |

**Table S1.** Continued

| Metabolite pathway | Metabolite subpathway                            | Metabolite abbreviation | Metabolite name                                    |
|--------------------|--------------------------------------------------|-------------------------|----------------------------------------------------|
|                    |                                                  | M-HDL-L                 | Total lipids in medium HDL                         |
|                    |                                                  | M-HDL-PL                | Phospholipids in medium HDL                        |
|                    |                                                  | M-HDL-C                 | Total cholesterol in medium HDL                    |
|                    |                                                  | M-HDL-CE                | Cholesterol esters in medium HDL                   |
|                    |                                                  | M-HDL-FC                | Free cholesterol in medium HDL                     |
|                    |                                                  | M-HDL-TG                | Triglycerides in medium HDL                        |
|                    |                                                  | S-HDL-P                 | Concentration of small HDL particles               |
|                    |                                                  | S-HDL-L                 | Total lipids in small HDL                          |
|                    |                                                  | S-HDL-PL                | Phospholipids in small HDL                         |
|                    |                                                  | S-HDL-C                 | Total cholesterol in small HDL                     |
|                    |                                                  | S-HDL-CE                | Cholesterol esters in small HDL                    |
|                    |                                                  | S-HDL-FC                | Free cholesterol in small HDL                      |
|                    |                                                  | S-HDL-TG                | Triglycerides in small HDL                         |
|                    |                                                  | HDL-D                   | Mean diameter for HDL particles                    |
|                    |                                                  | HDL-C                   | Total cholesterol in HDL                           |
|                    |                                                  | HDL2-C                  | Total cholesterol in HDL2                          |
|                    |                                                  | HDL3-C                  | Total cholesterol in HDL3                          |
|                    |                                                  | HDL-TG                  | Triglycerides in HDL                               |
|                    | Sterol/Steroid                                   | Serum-C                 | Serum total cholesterol                            |
|                    |                                                  | Remnant-C               | Remnant cholesterol (non-HDL, non-LDL-cholesterol) |
|                    |                                                  | EstC                    | Esterified cholesterol                             |
|                    |                                                  | FreeC                   | Free cholesterol                                   |
|                    | Triacylglycerol                                  | Serum-TG                | Serum total triglycerides                          |
|                    | Glycerophospholipids                             | TotPG                   | Total phosphoglycerides                            |
|                    |                                                  | PC                      | Phosphatidylcholine and other cholines             |
|                    | Sphingolipid                                     | SM                      | Sphingomyelins                                     |
|                    | Glycerolipid metabolism                          | TotCho                  | Total cholines                                     |
|                    | Fatty acid, summary measure                      | TotFA                   | Total fatty acids                                  |
|                    |                                                  | UnsatDeg                | Estimated degree of unsaturation                   |
|                    |                                                  | FAw3                    | Omega-3 fatty acids                                |
|                    |                                                  | FAw6                    | Omega-6 fatty acids                                |
|                    |                                                  | PUFA                    | Polyunsaturated fatty acids                        |
|                    |                                                  | MUFA                    | Monounsaturated fatty acids; 16:1, 18:1            |
|                    |                                                  | SFA                     | Saturated fatty acids                              |
|                    | Essential fatty acid                             | DHA                     | 22:6, docosahexaenoic acid                         |
|                    |                                                  | LA                      | 18:2, linoleic acid                                |
|                    | Ketone bodies                                    | AcAce                   | Acetoacetate                                       |
|                    |                                                  | bOHBut                  | 3-hydroxybutyrate                                  |
| Carbohydrates      | Glycolysis, gluconeogenesis, pyruvate metabolism | Glc                     | Glucose                                            |
|                    |                                                  | Lac                     | Lactate                                            |
|                    |                                                  | Pyr                     | Pyruvate                                           |
| Energy             | Krebs cycle                                      | Cit                     | Citrate                                            |

**Table S1.** Continued

| Metabolite pathway | Metabolite subpathway                     | Metabolite abbreviation | Metabolite name                                           |
|--------------------|-------------------------------------------|-------------------------|-----------------------------------------------------------|
| Amino acids        | Alanine and aspartate metabolism          | Ala                     | Alanine                                                   |
|                    | Glutamate metabolism                      | Gln                     | Glutamine                                                 |
|                    | Histidine metabolism                      | His                     | Histidine                                                 |
|                    | Valine, leucine and isoleucine metabolism | Ile                     | Isoleucine                                                |
|                    |                                           | Leu                     | Leucine                                                   |
|                    |                                           | Val                     | Valine                                                    |
|                    | Phenylalanine & tyrosine metabolism       | Phe                     | Phenylalanine                                             |
|                    |                                           | Tyr                     | Tyrosine                                                  |
|                    | Creatine metabolism                       | Crea                    | Creatinine                                                |
| Peptides           | Apolipoprotein                            | ApoA1                   | Apolipoprotein A-I                                        |
|                    |                                           | ApoB                    | Apolipoprotein B                                          |
|                    | Protein                                   | Alb                     | Albumin                                                   |
|                    | Glycoprotein                              | Gp                      | Glycoprotein acetyls, mainly $\alpha$ 1-acid glycoprotein |

HDL=High-density lipoprotein, IDL=Intermediate-density lipoprotein, LDL=Low-density lipoprotein, VLDL=Very-low-density lipoprotein.

**Table S2.** Included metabolite ratio's

| Metabolite group | Metabolite abbreviation | Ratio description                                                                 |
|------------------|-------------------------|-----------------------------------------------------------------------------------|
| Ratio            | XXL-VLDL-PL_%           | Phospholipids to total lipids ratio in chylomicrons and extremely large VLDL      |
|                  | XXL-VLDL-C_%            | Total cholesterol to total lipids ratio in chylomicrons and extremely large VLDL  |
|                  | XXL-VLDL-CE_%           | Cholesterol esters to total lipids ratio in chylomicrons and extremely large VLDL |
|                  | XXL-VLDL-FC_%           | Free cholesterol to total lipids ratio in chylomicrons and extremely large VLDL   |
|                  | XXL-VLDL-TG_%           | Triglycerides to total lipids ratio in chylomicrons and extremely large VLDL      |
|                  | XL-VLDL-PL_%            | Phospholipids to total lipids ratio in very large VLDL                            |
|                  | XL-VLDL-C_%             | Total cholesterol to total lipids ratio in very large VLDL                        |
|                  | XL-VLDL-CE_%            | Cholesterol esters to total lipids ratio in very large VLDL                       |
|                  | XL-VLDL-FC_%            | Free cholesterol to total lipids ratio in very large VLDL                         |
|                  | XL-VLDL-TG_%            | Triglycerides to total lipids ratio in very large VLDL                            |
|                  | L-VLDL-PL_%             | Phospholipids to total lipids ratio in large VLDL                                 |
|                  | L-VLDL-C_%              | Total cholesterol to total lipids ratio in large VLDL                             |
|                  | L-VLDL-CE_%             | Cholesterol esters to total lipids ratio in large VLDL                            |
|                  | L-VLDL-FC_%             | Free cholesterol to total lipids ratio in large VLDL                              |
|                  | L-VLDL-TG_%             | Triglycerides to total lipids ratio in large VLDL                                 |
|                  | M-VLDL-PL_%             | Phospholipids to total lipids ratio in medium VLDL                                |
|                  | M-VLDL-C_%              | Total cholesterol to total lipids ratio in medium VLDL                            |
|                  | M-VLDL-CE_%             | Cholesterol esters to total lipids ratio in medium VLDL                           |
|                  | M-VLDL-FC_%             | Free cholesterol to total lipids ratio in medium VLDL                             |
|                  | M-VLDL-TG_%             | Triglycerides to total lipids ratio in medium VLDL                                |
|                  | S-VLDL-PL_%             | Phospholipids to total lipids ratio in small VLDL                                 |
|                  | S-VLDL-C_%              | Total cholesterol to total lipids ratio in small VLDL                             |
|                  | S-VLDL-CE_%             | Cholesterol esters to total lipids ratio in small VLDL                            |
|                  | S-VLDL-FC_%             | Free cholesterol to total lipids ratio in small VLDL                              |
|                  | S-VLDL-TG_%             | Triglycerides to total lipids ratio in small VLDL                                 |
|                  | XS-VLDL-PL_%            | Phospholipids to total lipids ratio in very small VLDL                            |
|                  | XS-VLDL-C_%             | Total cholesterol to total lipids ratio in very small VLDL                        |
|                  | XS-VLDL-CE_%            | Cholesterol esters to total lipids ratio in very small VLDL                       |
|                  | XS-VLDL-FC_%            | Free cholesterol to total lipids ratio in very small VLDL                         |
|                  | XS-VLDL-TG_%            | Triglycerides to total lipids ratio in very small VLDL                            |
|                  | IDL-PL_%                | Phospholipids to total lipids ratio in IDL                                        |
|                  | IDL-C_%                 | Total cholesterol to total lipids ratio in IDL                                    |
|                  | IDL-CE_%                | Cholesterol esters to total lipids ratio in IDL                                   |
|                  | IDL-FC_%                | Free cholesterol to total lipids ratio in IDL                                     |
|                  | IDL-TG_%                | Triglycerides to total lipids ratio in IDL                                        |
|                  | L-LDL-PL_%              | Phospholipids to total lipids ratio in large LDL                                  |
|                  | L-LDL-C_%               | Total cholesterol to total lipids ratio in large LDL                              |
|                  | L-LDL-CE_%              | Cholesterol esters to total lipids ratio in large LDL                             |
|                  | L-LDL-FC_%              | Free cholesterol to total lipids ratio in large LDL                               |
|                  | L-LDL-TG_%              | Triglycerides to total lipids ratio in large LDL                                  |
|                  | M-LDL-PL_%              | Phospholipids to total lipids ratio in medium LDL                                 |
|                  | M-LDL-C_%               | Total cholesterol to total lipids ratio in medium LDL                             |
|                  | M-LDL-CE_%              | Cholesterol esters to total lipids ratio in medium LDL                            |
|                  | M-LDL-FC_%              | Free cholesterol to total lipids ratio in medium LDL                              |
|                  | M-LDL-TG_%              | Triglycerides to total lipids ratio in medium LDL                                 |
|                  | S-LDL-PL_%              | Phospholipids to total lipids ratio in small LDL                                  |

**Table S2.** Continued

| Metabolite group | Metabolite abbreviation | Ratio description                                          |
|------------------|-------------------------|------------------------------------------------------------|
|                  | S-LDL-C_%               | Total cholesterol to total lipids ratio in small LDL       |
|                  | S-LDL-CE_%              | Cholesterol esters to total lipids ratio in small LDL      |
|                  | S-LDL-FC_%              | Free cholesterol to total lipids ratio in small LDL        |
|                  | S-LDL-TG_%              | Triglycerides to total lipids ratio in small LDL           |
|                  | XL-HDL-PL_%             | Phospholipids to total lipids ratio in very large HDL      |
|                  | XL-HDL-C_%              | Total cholesterol to total lipids ratio in very large HDL  |
|                  | XL-HDL-CE_%             | Cholesterol esters to total lipids ratio in very large HDL |
|                  | XL-HDL-FC_%             | Free cholesterol to total lipids ratio in very large HDL   |
|                  | XL-HDL-TG_%             | Triglycerides to total lipids ratio in very large HDL      |
|                  | L-HDL-PL_%              | Phospholipids to total lipids ratio in large HDL           |
|                  | L-HDL-C_%               | Total cholesterol to total lipids ratio in large HDL       |
|                  | L-HDL-CE_%              | Cholesterol esters to total lipids ratio in large HDL      |
|                  | L-HDL-FC_%              | Free cholesterol to total lipids ratio in large HDL        |
|                  | L-HDL-TG_%              | Triglycerides to total lipids ratio in large HDL           |
|                  | M-HDL-PL_%              | Phospholipids to total lipids ratio in medium HDL          |
|                  | M-HDL-C_%               | Total cholesterol to total lipids ratio in medium HDL      |
|                  | M-HDL-CE_%              | Cholesterol esters to total lipids ratio in medium HDL     |
|                  | M-HDL-FC_%              | Free cholesterol to total lipids ratio in medium HDL       |
|                  | M-HDL-TG_%              | Triglycerides to total lipids ratio in medium HDL          |
|                  | S-HDL-PL_%              | Phospholipids to total lipids ratio in small HDL           |
|                  | S-HDL-C_%               | Total cholesterol to total lipids ratio in small HDL       |
|                  | S-HDL-CE_%              | Cholesterol esters to total lipids ratio in small HDL      |
|                  | S-HDL-FC_%              | Free cholesterol to total lipids ratio in small HDL        |
|                  | S-HDL-TG_%              | Triglycerides to total lipids ratio in small HDL           |
|                  | TG/PG                   | Ratio of triglycerides to phosphoglycerides                |
|                  | DHA/FA                  | Ratio of 22:6 docosahexaenoic acid to total fatty acids    |
|                  | LA/FA                   | Ratio of 18:2 linoleic acid to total fatty acids           |
|                  | FAw3/FA                 | Ratio of omega-3 fatty acids to total fatty acids          |
|                  | FAw6/FA                 | Ratio of omega-6 fatty acids to total fatty acids          |
|                  | PUFA/FA                 | Ratio of polyunsaturated fatty acids to total fatty acids  |
|                  | MUFA/FA                 | Ratio of monounsaturated fatty acids to total fatty acids  |
|                  | SFA/FA                  | Ratio of saturated fatty acids to total fatty acids        |
|                  | ApoB/ApoA1              | Ratio of apolipoprotein B to apolipoprotein A-I            |

HDL=High-density lipoprotein, IDL=Intermediate-density lipoprotein, LDL=Low-density lipoprotein, VLDL=Very-low-density lipoprotein.

**Table S3.** Results from logistic regressions with metabolite concentrations, sex, and age as independent variables and migraine status as dependent variable.

|             | LUMINA |            | NESDA-1 |            | NTR   |            | ERF   |            | RS   |            | TMS  |            | Lifelines |           | NESDA-2 |            |
|-------------|--------|------------|---------|------------|-------|------------|-------|------------|------|------------|------|------------|-----------|-----------|---------|------------|
|             | B      | CI         | B       | CI         | B     | CI         | B     | CI         | B    | CI         | B    | CI         | B         | CI        | B       | CI         |
| XXL-VIDL-P  | 0.18   | -0.10:0.46 | 0.11    | -0.05:0.26 | 0.00  | -0.08:0.08 | -0.14 | -0.31:0.04 | 0.07 | -0.08:0.23 | 0.11 | -0.13:0.36 | 0.24      | 0.09:0.39 | -0.09   | -0.30:0.11 |
| XXL-VIDL-L  | 0.19   | -0.09:0.47 | 0.11    | -0.05:0.26 | 0.00  | -0.08:0.09 | -0.14 | -0.31:0.03 | 0.07 | -0.08:0.23 | 0.11 | -0.13:0.36 | 0.24      | 0.09:0.39 | -0.09   | -0.29:0.11 |
| XXL-VIDL-PL | 0.18   | -0.10:0.46 | 0.06    | -0.09:0.22 | -0.01 | -0.09:0.07 | -0.16 | -0.33:0.02 | 0.07 | -0.09:0.23 | 0.10 | -0.14:0.35 | 0.23      | 0.08:0.38 | -0.10   | -0.31:0.11 |
| XXL-VIDL-C  | 0.20   | -0.09:0.48 | 0.11    | -0.05:0.26 | 0.00  | -0.08:0.08 | -0.11 | -0.28:0.06 | 0.07 | -0.08:0.23 | 0.11 | -0.13:0.36 | 0.25      | 0.10:0.40 | -0.09   | -0.29:0.12 |
| XXL-VIDL-CE | 0.22   | -0.07:0.50 | 0.12    | -0.03:0.27 | 0.00  | -0.08:0.09 | -0.1  | -0.26:0.07 | 0.09 | -0.07:0.24 | 0.13 | -0.11:0.37 | 0.25      | 0.10:0.40 | -0.06   | -0.26:0.13 |
| XXL-VIDL-FC | 0.16   | -0.11:0.44 | 0.09    | -0.07:0.24 | 0.00  | -0.08:0.09 | -0.17 | -0.34:0.01 | 0.06 | -0.10:0.21 | 0.10 | -0.14:0.35 | 0.26      | 0.11:0.41 | -0.11   | -0.32:0.09 |
| XXL-VIDL-TG | 0.18   | -0.09:0.46 | 0.11    | -0.05:0.27 | 0.00  | -0.09:0.08 | -0.14 | -0.31:0.04 | 0.07 | -0.08:0.23 | 0.11 | -0.13:0.36 | 0.24      | 0.09:0.39 | -0.10   | -0.31:0.11 |
| XL-VIDL-P   | 0.19   | -0.09:0.48 | 0.06    | -0.09:0.22 | -0.01 | -0.09:0.07 | -0.15 | -0.32:0.03 | 0.08 | -0.08:0.23 | 0.08 | -0.17:0.33 | 0.24      | 0.09:0.39 | -0.11   | -0.32:0.10 |
| XL-VIDL-L   | 0.21   | -0.07:0.49 | 0.07    | -0.09:0.23 | 0.00  | -0.09:0.08 | -0.15 | -0.32:0.03 | 0.08 | -0.07:0.24 | 0.07 | -0.18:0.32 | 0.25      | 0.10:0.40 | -0.11   | -0.31:0.10 |
| XL-VIDL-PL  | 0.21   | -0.08:0.49 | 0.05    | -0.10:0.21 | 0.00  | -0.08:0.08 | -0.16 | -0.34:0.01 | 0.08 | -0.08:0.23 | 0.08 | -0.16:0.33 | 0.23      | 0.08:0.38 | -0.11   | -0.31:0.10 |
| XL-VIDL-C   | 0.22   | -0.07:0.50 | 0.11    | -0.04:0.27 | 0.00  | -0.08:0.09 | -0.15 | -0.32:0.03 | 0.07 | -0.08:0.23 | 0.09 | -0.15:0.33 | 0.24      | 0.09:0.39 | -0.10   | -0.30:0.10 |
| XL-VIDL-CE  | 0.20   | -0.08:0.48 | 0.13    | -0.03:0.28 | 0.01  | -0.07:0.10 | -0.11 | -0.28:0.06 | 0.06 | -0.09:0.22 | 0.09 | -0.15:0.33 | 0.24      | 0.09:0.40 | -0.10   | -0.30:0.10 |
| XL-VIDL-FC  | 0.23   | -0.06:0.52 | 0.10    | -0.06:0.25 | 0.00  | -0.08:0.09 | -0.14 | -0.32:0.03 | 0.09 | -0.07:0.24 | 0.09 | -0.15:0.34 | 0.23      | 0.08:0.38 | -0.10   | -0.31:0.10 |
| XL-VIDL-TG  | 0.20   | -0.08:0.47 | 0.07    | -0.09:0.22 | -0.01 | -0.09:0.07 | -0.14 | -0.32:0.03 | 0.08 | -0.07:0.23 | 0.07 | -0.18:0.32 | 0.25      | 0.10:0.40 | -0.11   | -0.32:0.10 |
| L-VIDL-P    | 0.23   | -0.06:0.51 | 0.06    | -0.10:0.22 | -0.01 | -0.09:0.07 | -0.17 | -0.34:0.01 | 0.08 | -0.07:0.24 | 0.08 | -0.17:0.33 | 0.25      | 0.10:0.40 | -0.09   | -0.29:0.12 |
| L-VIDL-L    | 0.25   | -0.03:0.53 | 0.09    | -0.06:0.25 | -0.01 | -0.09:0.08 | -0.17 | -0.34:0.00 | 0.09 | -0.06:0.25 | 0.07 | -0.18:0.32 | 0.27      | 0.12:0.42 | -0.07   | -0.27:0.12 |
| L-VIDL-PL   | 0.24   | -0.05:0.53 | 0.06    | -0.10:0.22 | -0.01 | -0.09:0.07 | -0.16 | -0.33:0.01 | 0.06 | -0.10:0.21 | 0.08 | -0.17:0.32 | 0.25      | 0.10:0.40 | -0.08   | -0.28:0.12 |
| L-VIDL-C    | 0.27   | -0.02:0.56 | 0.10    | -0.06:0.25 | -0.01 | -0.09:0.07 | -0.17 | -0.34:0.00 | 0.08 | -0.07:0.24 | 0.08 | -0.16:0.33 | 0.26      | 0.11:0.41 | -0.08   | -0.28:0.12 |
| L-VIDL-CE   | 0.30   | 0.00:0.59  | 0.13    | -0.02:0.28 | 0.00  | -0.08:0.08 | -0.14 | -0.31:0.03 | 0.08 | -0.07:0.24 | 0.09 | -0.16:0.33 | 0.29      | 0.14:0.44 | -0.08   | -0.27:0.12 |
| L-VIDL-FC   | 0.24   | -0.05:0.53 | 0.06    | -0.10:0.21 | -0.01 | -0.10:0.07 | -0.17 | -0.34:0.01 | 0.08 | -0.08:0.23 | 0.08 | -0.17:0.33 | 0.25      | 0.10:0.40 | -0.09   | -0.29:0.11 |
| L-VIDL-TG   | 0.22   | -0.06:0.51 | 0.06    | -0.09:0.22 | -0.01 | -0.09:0.08 | -0.17 | -0.34:0.01 | 0.10 | -0.06:0.26 | 0.07 | -0.18:0.32 | 0.26      | 0.11:0.41 | -0.08   | -0.28:0.12 |
| M-VIDL-P    | 0.31   | 0.01:0.61  | 0.13    | -0.03:0.28 | 0.01  | -0.08:0.09 | -0.16 | -0.33:0.01 | 0.08 | -0.07:0.24 | 0.08 | -0.17:0.33 | 0.29      | 0.14:0.43 | -0.08   | -0.28:0.12 |
| M-VIDL-L    | 0.32   | 0.03:0.61  | 0.13    | -0.03:0.29 | 0.01  | -0.07:0.09 | -0.16 | -0.33:0.00 | 0.10 | -0.06:0.26 | 0.07 | -0.17:0.32 | 0.30      | 0.15:0.45 | -0.06   | -0.25:0.13 |
| M-VIDL-PL   | 0.33   | 0.03:0.63  | 0.13    | -0.03:0.28 | 0.01  | -0.08:0.09 | -0.17 | -0.34:0.00 | 0.09 | -0.06:0.25 | 0.08 | -0.17:0.33 | 0.28      | 0.14:0.43 | -0.07   | -0.26:0.13 |
| M-VIDL-C    | 0.34   | 0.04:0.64  | 0.11    | -0.04:0.27 | 0.01  | -0.07:0.09 | -0.15 | -0.32:0.01 | 0.08 | -0.07:0.24 | 0.09 | -0.16:0.33 | 0.29      | 0.14:0.44 | -0.04   | -0.24:0.15 |
| M-VIDL-CE   | 0.35   | 0.05:0.65  | 0.12    | -0.04:0.27 | 0.02  | -0.06:0.10 | -0.15 | -0.31:0.01 | 0.06 | -0.10:0.22 | 0.09 | -0.15:0.34 | 0.28      | 0.13:0.43 | -0.03   | -0.22:0.16 |
| M-VIDL-FC   | 0.29   | 0.00:0.59  | 0.12    | -0.04:0.27 | 0.00  | -0.08:0.08 | -0.18 | -0.35:0.01 | 0.09 | -0.07:0.25 | 0.08 | -0.17:0.32 | 0.28      | 0.13:0.43 | -0.08   | -0.27:0.12 |
| M-VIDL-TG   | 0.30   | 0.01:0.60  | 0.11    | -0.05:0.26 | 0.00  | -0.08:0.08 | -0.15 | -0.32:0.02 | 0.09 | -0.06:0.25 | 0.07 | -0.18:0.32 | 0.30      | 0.15:0.45 | -0.08   | -0.27:0.12 |
| S-VIDL-P    | 0.41   | 0.09:0.72  | 0.12    | -0.04:0.27 | 0.03  | -0.06:0.11 | -0.16 | -0.32:0.01 | 0.09 | -0.07:0.24 | 0.10 | -0.15:0.34 | 0.27      | 0.13:0.42 | -0.01   | -0.21:0.18 |

**Table S3.** Continued.

|            | LUMINA |            |       | NESDA-1    |       |            | NTR   |             |       | ERF        |      |            | RS   |            |       | TMS        |    |  | LifeLines |    |  | NESDA-2 |    |  |
|------------|--------|------------|-------|------------|-------|------------|-------|-------------|-------|------------|------|------------|------|------------|-------|------------|----|--|-----------|----|--|---------|----|--|
|            | B      | CI         |       | B          | CI    |            | B     | CI          |       | B          | CI   |            | B    | CI         |       | B          | CI |  | B         | CI |  | B       | CI |  |
| S-VLDL-L   | 0.41   | 0.11:0.72  | 0.13  | -0.02:0.29 | 0.03  | -0.05:0.11 | -0.17 | -0.34:-0.01 | 0.10  | -0.06:0.25 | 0.10 | -0.15:0.34 | 0.28 | 0.13:0.43  | 0.00  | -0.19:0.19 |    |  |           |    |  |         |    |  |
| S-VLDL-PL  | 0.39   | 0.08:0.69  | 0.11  | -0.04:0.27 | 0.02  | -0.06:0.10 | -0.14 | -0.31:-0.02 | 0.10  | -0.06:0.25 | 0.10 | -0.14:0.34 | 0.26 | 0.11:0.40  | 0.01  | -0.18:0.20 |    |  |           |    |  |         |    |  |
| S-VLDL-C   | 0.40   | 0.09:0.70  | 0.15  | -0.01:0.31 | 0.05  | -0.03:0.14 | -0.19 | -0.35:-0.03 | 0.07  | -0.09:0.22 | 0.13 | -0.11:0.37 | 0.20 | 0.05:0.36  | 0.04  | -0.15:0.23 |    |  |           |    |  |         |    |  |
| S-VLDL-CE  | 0.38   | 0.08:0.67  | 0.16  | 0.00:0.32  | 0.06  | -0.02:0.15 | -0.18 | -0.34:-0.01 | 0.05  | -0.11:0.21 | 0.15 | -0.09:0.38 | 0.15 | 0.00:0.31  | 0.05  | -0.14:0.24 |    |  |           |    |  |         |    |  |
| S-VLDL-FC  | 0.37   | 0.07:0.68  | 0.12  | -0.04:0.27 | 0.01  | -0.07:0.10 | -0.2  | -0.37:-0.04 | 0.08  | -0.07:0.24 | 0.11 | -0.13:0.35 | 0.26 | 0.11:0.41  | 0.01  | -0.18:0.19 |    |  |           |    |  |         |    |  |
| S-VLDL-TG  | 0.36   | 0.06:0.66  | 0.11  | -0.05:0.26 | 0.01  | -0.07:0.09 | -0.17 | -0.34:0.00  | 0.10  | -0.06:0.25 | 0.07 | -0.18:0.32 | 0.30 | 0.15:0.45  | -0.04 | -0.23:0.15 |    |  |           |    |  |         |    |  |
| XS-VLDL-P  | 0.40   | 0.09:0.70  | 0.10  | -0.06:0.25 | 0.06  | -0.02:0.14 | -0.19 | -0.36:-0.03 | 0.05  | -0.10:0.21 | 0.10 | -0.14:0.34 | 0.17 | 0.02:0.32  | 0.08  | -0.11:0.27 |    |  |           |    |  |         |    |  |
| XS-VLDL-L  | 0.37   | 0.08:0.66  | 0.11  | -0.05:0.27 | 0.06  | -0.02:0.14 | -0.19 | -0.35:-0.03 | 0.04  | -0.12:0.20 | 0.11 | -0.14:0.35 | 0.16 | 0.01:0.31  | 0.09  | -0.10:0.28 |    |  |           |    |  |         |    |  |
| XS-VLDL-PL | 0.34   | 0.05:0.63  | 0.07  | -0.09:0.22 | 0.03  | -0.05:0.12 | -0.19 | -0.35:-0.02 | 0.02  | -0.14:0.18 | 0.09 | -0.15:0.34 | 0.12 | -0.03:0.27 | 0.11  | -0.07:0.30 |    |  |           |    |  |         |    |  |
| XS-VLDL-C  | 0.25   | -0.02:0.53 | 0.12  | -0.04:0.28 | 0.09  | 0.00:0.17  | -0.14 | -0.30:0.02  | 0.02  | -0.14:0.18 | 0.11 | -0.13:0.36 | 0.09 | -0.06:0.25 | 0.11  | -0.08:0.29 |    |  |           |    |  |         |    |  |
| XS-VLDL-CE | 0.26   | -0.02:0.53 | 0.11  | -0.04:0.27 | 0.09  | 0.01:0.18  | -0.13 | -0.28:0.03  | 0.02  | -0.14:0.18 | 0.10 | -0.14:0.34 | 0.08 | -0.07:0.23 | 0.11  | -0.07:0.29 |    |  |           |    |  |         |    |  |
| XS-VLDL-FC | 0.23   | -0.05:0.51 | 0.13  | -0.03:0.28 | 0.07  | -0.02:0.15 | -0.16 | -0.32:0.00  | 0.02  | -0.13:0.18 | 0.13 | -0.12:0.38 | 0.11 | -0.04:0.26 | 0.10  | -0.09:0.28 |    |  |           |    |  |         |    |  |
| XS-VLDL-TG | 0.35   | 0.05:0.64  | 0.08  | -0.07:0.23 | 0.01  | -0.07:0.09 | -0.18 | -0.35:-0.01 | 0.08  | -0.07:0.24 | 0.07 | -0.17:0.32 | 0.26 | 0.12:0.40  | -0.01 | -0.20:0.18 |    |  |           |    |  |         |    |  |
| VLDL-D     | 0.22   | -0.05:0.48 | 0.09  | -0.06:0.24 | -0.01 | -0.09:0.07 | -0.09 | -0.25:0.08  | 0.12  | -0.04:0.28 | 0.02 | -0.23:0.27 | 0.28 | 0.13:0.44  | -0.11 | -0.30:0.07 |    |  |           |    |  |         |    |  |
| VLDL-C     | 0.38   | 0.08:0.68  | 0.15  | -0.01:0.31 | 0.03  | -0.05:0.12 | -0.18 | -0.34:-0.02 | 0.07  | -0.09:0.23 | 0.12 | -0.12:0.36 | 0.25 | 0.09:0.40  | 0.01  | -0.19:0.20 |    |  |           |    |  |         |    |  |
| VLDL-TG    | 0.29   | 0.01:0.57  | 0.11  | -0.05:0.26 | 0.00  | -0.08:0.09 | -0.16 | -0.33:0.00  | 0.11  | -0.05:0.27 | 0.07 | -0.18:0.32 | 0.31 | 0.16:0.46  | -0.07 | -0.26:0.13 |    |  |           |    |  |         |    |  |
| IDL-P      | 0.31   | 0.02:0.60  | 0.07  | -0.09:0.22 | 0.03  | -0.06:0.11 | -0.18 | -0.34:-0.01 | 0.00  | -0.16:0.16 | 0.08 | -0.17:0.32 | 0.08 | -0.07:0.24 | 0.10  | -0.09:0.28 |    |  |           |    |  |         |    |  |
| IDL-L      | 0.29   | 0.01:0.57  | 0.07  | -0.08:0.23 | 0.03  | -0.05:0.12 | -0.17 | -0.33:-0.01 | -0.01 | -0.18:0.15 | 0.08 | -0.17:0.32 | 0.08 | -0.08:0.24 | 0.10  | -0.09:0.29 |    |  |           |    |  |         |    |  |
| IDL-PL     | 0.25   | -0.02:0.53 | 0.03  | -0.13:0.18 | 0.02  | -0.06:0.11 | -0.16 | -0.32:0.00  | -0.01 | -0.17:0.15 | 0.06 | -0.19:0.31 | 0.05 | -0.10:0.21 | 0.12  | -0.07:0.31 |    |  |           |    |  |         |    |  |
| IDL-C      | 0.27   | -0.01:0.54 | 0.06  | -0.09:0.22 | 0.03  | -0.06:0.11 | -0.15 | -0.31:0.01  | -0.01 | -0.17:0.15 | 0.09 | -0.16:0.34 | 0.05 | -0.11:0.20 | 0.10  | -0.09:0.29 |    |  |           |    |  |         |    |  |
| IDL-CE     | 0.29   | 0.01:0.57  | 0.07  | -0.08:0.23 | 0.03  | -0.06:0.11 | -0.16 | -0.32:0.00  | -0.01 | -0.17:0.15 | 0.10 | -0.15:0.34 | 0.06 | -0.09:0.22 | 0.09  | -0.10:0.28 |    |  |           |    |  |         |    |  |
| IDL-FC     | 0.21   | -0.06:0.48 | 0.04  | -0.11:0.20 | 0.03  | -0.06:0.11 | -0.14 | -0.30:0.02  | -0.02 | -0.18:0.14 | 0.07 | -0.18:0.32 | 0.01 | -0.15:0.16 | 0.12  | -0.07:0.31 |    |  |           |    |  |         |    |  |
| IDL-TG     | 0.30   | 0.01:0.59  | -0.02 | -0.17:0.14 | 0.01  | -0.07:0.10 | -0.25 | -0.42:-0.08 | 0.05  | -0.11:0.21 | 0.07 | -0.17:0.31 | 0.20 | 0.06:0.34  | 0.02  | -0.16:0.21 |    |  |           |    |  |         |    |  |
| L-LDL-P    | 0.30   | 0.01:0.59  | 0.05  | -0.11:0.20 | 0.02  | -0.06:0.11 | -0.19 | -0.35:-0.03 | 0.00  | -0.16:0.17 | 0.08 | -0.16:0.33 | 0.08 | -0.07:0.24 | 0.10  | -0.09:0.29 |    |  |           |    |  |         |    |  |
| L-LDL-L    | 0.29   | 0.01:0.56  | 0.05  | -0.10:0.21 | 0.02  | -0.06:0.11 | -0.18 | -0.34:-0.03 | -0.01 | -0.17:0.16 | 0.08 | -0.17:0.34 | 0.08 | -0.08:0.24 | 0.10  | -0.09:0.29 |    |  |           |    |  |         |    |  |
| L-LDL-PL   | 0.29   | 0.01:0.57  | 0.04  | -0.11:0.20 | 0.02  | -0.07:0.10 | -0.17 | -0.33:-0.01 | 0.00  | -0.16:0.17 | 0.08 | -0.17:0.33 | 0.07 | -0.08:0.23 | 0.11  | -0.08:0.30 |    |  |           |    |  |         |    |  |
| L-LDL-C    | 0.27   | -0.01:0.55 | 0.05  | -0.10:0.21 | 0.02  | -0.06:0.10 | -0.17 | -0.33:-0.01 | -0.01 | -0.17:0.16 | 0.08 | -0.17:0.34 | 0.07 | -0.09:0.22 | 0.11  | -0.08:0.30 |    |  |           |    |  |         |    |  |
| L-LDL-CE   | 0.29   | 0.01:0.57  | 0.06  | -0.10:0.22 | 0.02  | -0.07:0.10 | -0.18 | -0.34:-0.02 | 0.00  | -0.17:0.16 | 0.09 | -0.16:0.34 | 0.08 | -0.08:0.24 | 0.10  | -0.09:0.29 |    |  |           |    |  |         |    |  |
| L-LDL-FC   | 0.22   | -0.06:0.49 | 0.03  | -0.12:0.19 | 0.02  | -0.06:0.11 | -0.14 | -0.30:0.02  | -0.02 | -0.18:0.14 | 0.12 | -0.12:0.36 | 0.02 | -0.14:0.17 | 0.12  | -0.07:0.31 |    |  |           |    |  |         |    |  |

Table S3. Continued.

|           | LUMINA |             | NESDA-1 |             | NTR   |             | ERF   |             | RS    |             | TMS   |            | Lifelines |             | NESDA-2 |            |
|-----------|--------|-------------|---------|-------------|-------|-------------|-------|-------------|-------|-------------|-------|------------|-----------|-------------|---------|------------|
|           | B      | CI          | B       | CI          | B     | CI          | B     | CI          | B     | CI          | B     | CI         | B         | CI          | B       | CI         |
| L-LDL-TG  | 0.24   | -0.05:0.52  | -0.04   | -0.18:0.11  | 0.00  | -0.08:0.09  | -0.24 | -0.41:-0.07 | 0.00  | -0.17:0.17  | 0.05  | -0.19:0.30 | 0.14      | 0.00:0.29   | 0.03    | -0.16:0.21 |
| M-LDL-P   | 0.32   | 0.03:0.61   | 0.06    | -0.10:0.22  | 0.02  | -0.06:0.11  | -0.20 | -0.36:-0.04 | 0.01  | -0.15:0.17  | 0.09  | -0.15:0.34 | 0.09      | -0.07:0.24  | 0.10    | -0.09:0.28 |
| M-LDL-L   | 0.31   | 0.03:0.60   | 0.07    | -0.08:0.23  | 0.02  | -0.06:0.11  | -0.20 | -0.36:-0.04 | 0.01  | -0.16:0.17  | 0.10  | -0.15:0.35 | 0.09      | -0.07:0.25  | 0.09    | -0.10:0.29 |
| M-LDL-PL  | 0.37   | 0.07:0.66   | 0.07    | -0.09:0.23  | 0.01  | -0.08:0.09  | -0.18 | -0.34:-0.02 | 0.03  | -0.14:0.19  | 0.12  | -0.14:0.37 | 0.11      | -0.05:0.27  | 0.07    | -0.12:0.27 |
| M-LDL-C   | 0.29   | 0.01:0.57   | 0.08    | -0.08:0.23  | 0.02  | -0.06:0.11  | -0.18 | -0.34:-0.02 | 0.00  | -0.16:0.17  | 0.10  | -0.15:0.35 | 0.08      | -0.08:0.24  | 0.10    | -0.09:0.29 |
| M-LDL-CE  | 0.29   | 0.01:0.57   | 0.07    | -0.08:0.23  | 0.02  | -0.06:0.11  | -0.17 | -0.34:-0.01 | 0.00  | -0.16:0.17  | 0.09  | -0.16:0.34 | 0.08      | -0.08:0.23  | 0.11    | -0.08:0.30 |
| M-LDL-FC  | 0.25   | -0.03:0.53  | 0.07    | -0.09:0.23  | 0.01  | -0.07:0.10  | -0.19 | -0.35:-0.02 | 0.00  | -0.17:0.16  | 0.13  | -0.12:0.38 | 0.07      | -0.09:0.23  | 0.09    | -0.10:0.28 |
| M-LDL-TG  | 0.20   | -0.08:0.48  | -0.06   | -0.21:0.09  | 0.00  | -0.09:0.08  | -0.23 | -0.40:-0.05 | -0.02 | -0.19:0.15  | 0.03  | -0.22:0.28 | 0.13      | -0.02:0.28  | 0.02    | -0.17:0.20 |
| S-LDL-P   | 0.31   | 0.02:0.60   | 0.06    | -0.10:0.21  | 0.01  | -0.08:0.09  | -0.21 | -0.37:-0.04 | 0.02  | -0.15:0.18  | 0.11  | -0.14:0.36 | 0.08      | -0.07:0.24  | 0.10    | -0.09:0.29 |
| S-LDL-L   | 0.30   | 0.01:0.58   | 0.07    | -0.09:0.23  | 0.01  | -0.08:0.09  | -0.20 | -0.36:-0.04 | 0.01  | -0.15:0.18  | 0.12  | -0.14:0.38 | 0.08      | -0.07:0.24  | 0.11    | -0.09:0.30 |
| S-LDL-PL  | 0.28   | -0.01:0.57  | 0.05    | -0.11:0.22  | -0.02 | -0.1:0.06   | -0.19 | -0.35:-0.02 | 0.03  | -0.13:0.20  | 0.20  | -0.06:0.47 | 0.10      | -0.05:0.26  | 0.08    | -0.11:0.28 |
| S-LDL-C   | 0.26   | -0.02:0.54  | 0.07    | -0.09:0.23  | 0.02  | -0.07:0.10  | -0.18 | -0.34:-0.02 | 0.01  | -0.16:0.17  | 0.10  | -0.14:0.35 | 0.06      | -0.10:0.21  | 0.12    | -0.07:0.31 |
| S-LDL-CE  | 0.26   | -0.02:0.53  | 0.06    | -0.10:0.22  | 0.02  | -0.07:0.10  | -0.17 | -0.33:-0.01 | 0.01  | -0.16:0.17  | 0.09  | -0.16:0.33 | 0.07      | -0.09:0.22  | 0.12    | -0.07:0.31 |
| S-LDL-FC  | 0.21   | -0.07:0.49  | 0.09    | -0.07:0.25  | 0.01  | -0.07:0.09  | -0.19 | -0.35:-0.03 | 0.01  | -0.16:0.17  | 0.18  | -0.09:0.44 | 0.04      | -0.11:0.20  | 0.11    | -0.09:0.30 |
| S-LDL-TG  | 0.27   | -0.02:0.55  | -0.02   | -0.17:0.13  | -0.03 | -0.11:0.06  | -0.24 | -0.41:-0.06 | 0.04  | -0.13:0.20  | 0.06  | -0.19:0.30 | 0.19      | 0.04:0.33   | -0.01   | -0.20:0.18 |
| LDL-D     | -0.08  | -0.33:0.17  | -0.01   | -0.16:0.14  | 0.04  | -0.04:0.13  | 0.16  | 0.01:0.32   | -0.11 | -0.27:0.06  | -0.12 | -0.39:0.16 | -0.11     | -0.27:0.05  | 0.01    | -0.18:0.20 |
| LDL-C     | 0.27   | -0.01:0.54  | 0.07    | -0.09:0.23  | 0.02  | -0.06:0.11  | -0.17 | -0.33:-0.02 | 0.00  | -0.17:0.16  | 0.09  | -0.17:0.34 | 0.07      | -0.08:0.23  | 0.11    | -0.08:0.30 |
| LDL-TG    | 0.22   | -0.06:0.50  | -0.04   | -0.19:0.11  | -0.01 | -0.09:0.08  | -0.19 | -0.36:-0.02 | -0.01 | -0.18:0.16  | 0.04  | -0.21:0.28 | 0.16      | 0.02:0.31   | 0.01    | -0.17:0.20 |
| XL-HDL-P  | -0.30  | -0.57:-0.02 | -0.20   | -0.35:-0.04 | -0.05 | -0.13:0.03  | 0.00  | -0.16:0.16  | -0.15 | -0.32:0.01  | -0.04 | -0.29:0.20 | -0.19     | -0.35:-0.03 | -0.10   | -0.28:0.08 |
| XL-HDL-L  | -0.31  | -0.59:-0.03 | -0.21   | -0.36:-0.05 | -0.05 | -0.13:0.04  | 0.00  | -0.16:0.16  | -0.15 | -0.31:0.02  | -0.02 | -0.27:0.22 | -0.20     | -0.35:-0.04 | -0.10   | -0.28:0.08 |
| XL-HDL-PL | -0.34  | -0.63:-0.05 | -0.20   | -0.35:-0.04 | -0.08 | -0.17:0.01  | 0.04  | -0.12:0.20  | -0.18 | -0.35:-0.01 | -0.10 | -0.35:0.15 | -0.19     | -0.35:-0.02 | -0.09   | -0.27:0.10 |
| XL-HDL-C  | -0.27  | -0.54:0.01  | -0.21   | -0.37:-0.06 | -0.01 | -0.09:0.07  | -0.04 | -0.20:0.12  | -0.11 | -0.27:0.05  | 0.05  | -0.20:0.30 | -0.21     | -0.36:-0.06 | -0.09   | -0.27:0.08 |
| XL-HDL-CE | -0.24  | -0.51:0.03  | -0.21   | -0.37:-0.06 | 0.00  | -0.08:0.08  | -0.05 | -0.21:0.11  | -0.11 | -0.27:0.05  | 0.07  | -0.18:0.33 | -0.21     | -0.37:-0.06 | -0.09   | -0.27:0.08 |
| XL-HDL-FC | -0.32  | -0.59:-0.04 | -0.21   | -0.37:-0.05 | -0.04 | -0.12:0.04  | -0.02 | -0.18:0.14  | -0.12 | -0.28:0.05  | -0.02 | -0.26:0.23 | -0.19     | -0.34:-0.04 | -0.10   | -0.27:0.08 |
| XL-HDL-TG | 0.04   | -0.22:0.30  | -0.03   | -0.18:0.11  | -0.01 | -0.09:0.07  | -0.16 | -0.33:0.01  | 0.00  | -0.17:0.16  | -0.06 | -0.31:0.19 | 0.11      | -0.03:0.26  | -0.18   | -0.37:0.00 |
| L-HDL-P   | -0.32  | -0.60:-0.03 | -0.14   | -0.29:0.00  | -0.12 | -0.20:-0.03 | 0.08  | -0.08:0.23  | -0.13 | -0.30:0.04  | -0.10 | -0.35:0.16 | -0.21     | -0.38:-0.05 | -0.08   | -0.27:0.10 |
| L-HDL-L   | -0.35  | -0.65:-0.05 | -0.16   | -0.31:-0.01 | -0.11 | -0.20:-0.02 | 0.09  | -0.07:0.24  | -0.13 | -0.30:0.04  | -0.07 | -0.33:0.19 | -0.23     | -0.39:-0.07 | -0.07   | -0.26:0.12 |
| L-HDL-PL  | -0.34  | -0.64:-0.05 | -0.15   | -0.29:0.00  | -0.11 | -0.20:-0.03 | 0.09  | -0.07:0.24  | -0.14 | -0.31:0.03  | -0.10 | -0.36:0.16 | -0.21     | -0.37:-0.05 | -0.06   | -0.25:0.13 |
| L-HDL-C   | -0.34  | -0.63:-0.04 | -0.16   | -0.32:-0.01 | -0.11 | -0.20:-0.03 | 0.09  | -0.07:0.25  | -0.12 | -0.29:0.05  | -0.06 | -0.32:0.19 | -0.24     | -0.40:-0.08 | -0.08   | -0.27:0.11 |

Table S3. Continued.

|           | LUMINA |             |       | NESDA-1     |       |             | NTR   |             |       | ERF         |       |            | RS    |             |       | TMS         |    |  | Lifelines |    |  | NESDA-2 |    |  |
|-----------|--------|-------------|-------|-------------|-------|-------------|-------|-------------|-------|-------------|-------|------------|-------|-------------|-------|-------------|----|--|-----------|----|--|---------|----|--|
|           | B      | CI          |       | B           | CI    |             | B     | CI          |       | B           | CI    |            | B     | CI          |       | B           | CI |  | B         | CI |  | B       | CI |  |
| L-HDL-CE  | -0.32  | -0.61:-0.03 | -0.08 | -0.24:0.08  | -0.12 | -0.20:-0.03 | 0.09  | -0.07:0.24  | -0.11 | -0.28:0.05  | -0.07 | -0.32:0.19 | -0.23 | -0.39:-0.07 | -0.09 | -0.27:0.10  |    |  |           |    |  |         |    |  |
| L-HDL-FC  | -0.37  | -0.66:-0.07 | -0.20 | -0.35:-0.06 | -0.11 | -0.19:-0.02 | 0.08  | -0.08:0.24  | -0.13 | -0.29:0.04  | -0.07 | -0.32:0.18 | -0.25 | -0.42:-0.09 | -0.08 | -0.27:0.11  |    |  |           |    |  |         |    |  |
| L-HDL-TG  | -0.08  | -0.34:0.18  | 0.10  | -0.04:0.25  | -0.05 | -0.14:0.03  | -0.03 | -0.19:0.13  | -0.05 | -0.22:0.11  | -0.12 | -0.38:0.14 | -0.04 | -0.19:0.11  | -0.13 | -0.31:-0.06 |    |  |           |    |  |         |    |  |
| M-HDL-P   | -0.06  | -0.32:0.20  | -0.20 | -0.35:-0.04 | -0.11 | -0.19:-0.03 | 0.11  | -0.05:0.27  | 0.02  | -0.16:0.20  | -0.13 | -0.39:0.13 | 0.02  | -0.13:0.16  | -0.02 | -0.20:0.15  |    |  |           |    |  |         |    |  |
| M-HDL-L   | -0.10  | -0.36:0.17  | -0.21 | -0.36:-0.05 | -0.10 | -0.18:-0.02 | 0.12  | -0.04:0.27  | 0.02  | -0.17:0.20  | -0.13 | -0.39:0.13 | 0.01  | -0.14:0.16  | -0.02 | -0.19:0.16  |    |  |           |    |  |         |    |  |
| M-HDL-PL  | -0.15  | -0.42:0.12  | -0.20 | -0.35:-0.04 | -0.10 | -0.19:-0.02 | 0.10  | -0.06:0.25  | 0.02  | -0.16:0.20  | -0.12 | -0.38:0.14 | 0.00  | -0.14:0.15  | -0.03 | -0.20:0.15  |    |  |           |    |  |         |    |  |
| M-HDL-C   | -0.12  | -0.39:0.15  | -0.21 | -0.37:-0.06 | -0.10 | -0.18:-0.02 | 0.15  | -0.01:0.31  | 0.00  | -0.18:0.18  | -0.13 | -0.39:0.13 | -0.03 | -0.19:0.12  | -0.01 | -0.18:0.17  |    |  |           |    |  |         |    |  |
| M-HDL-CE  | -0.10  | -0.37:0.16  | -0.21 | -0.37:-0.06 | -0.10 | -0.18:-0.02 | 0.16  | 0.00:0.32   | -0.03 | -0.20:0.15  | -0.13 | -0.39:0.13 | -0.06 | -0.22:0.09  | -0.01 | -0.19:0.17  |    |  |           |    |  |         |    |  |
| M-HDL-FC  | -0.07  | -0.33:0.19  | -0.21 | -0.37:-0.05 | -0.11 | -0.19:-0.03 | 0.08  | -0.08:0.23  | 0.08  | -0.10:0.26  | -0.13 | -0.40:0.13 | 0.07  | -0.08:0.22  | 0.00  | -0.18:0.18  |    |  |           |    |  |         |    |  |
| M-HDL-TG  | 0.22   | -0.04:0.49  | -0.03 | -0.18:0.11  | -0.02 | -0.10:0.06  | -0.07 | -0.23:0.10  | 0.05  | -0.10:0.21  | -0.05 | -0.30:0.19 | 0.25  | 0.10:0.39   | -0.02 | -0.20:0.16  |    |  |           |    |  |         |    |  |
| S-HDL-P   | 0.07   | -0.18:0.32  | -0.14 | -0.29:0.00  | -0.09 | -0.17:-0.01 | 0.00  | -0.17:0.16  | 0.14  | -0.02:0.30  | -0.04 | -0.28:0.20 | 0.11  | -0.03:0.24  | 0.04  | -0.13:0.20  |    |  |           |    |  |         |    |  |
| S-HDL-L   | 0.05   | -0.20:0.30  | -0.16 | -0.31:-0.01 | -0.09 | -0.17:-0.01 | -0.01 | -0.17:0.15  | 0.14  | -0.03:0.31  | -0.04 | -0.28:0.21 | 0.10  | -0.04:0.24  | 0.04  | -0.13:0.21  |    |  |           |    |  |         |    |  |
| S-HDL-PL  | -0.07  | -0.32:0.18  | -0.15 | -0.29:0.00  | -0.11 | -0.19:-0.03 | 0.08  | -0.08:0.24  | 0.10  | -0.06:0.26  | -0.12 | -0.36:0.12 | 0.08  | -0.06:0.22  | -0.01 | -0.18:0.16  |    |  |           |    |  |         |    |  |
| S-HDL-C   | 0.12   | -0.14:0.38  | -0.16 | -0.32:-0.01 | -0.02 | -0.11:0.06  | -0.09 | -0.25:0.07  | 0.07  | -0.10:0.23  | 0.14  | -0.14:0.42 | 0.01  | -0.15:0.16  | 0.12  | -0.06:0.30  |    |  |           |    |  |         |    |  |
| S-HDL-CE  | 0.17   | -0.09:0.42  | -0.08 | -0.24:0.08  | 0.00  | -0.08:0.09  | -0.09 | -0.26:0.07  | 0.05  | -0.11:0.21  | 0.17  | -0.11:0.45 | -0.01 | -0.18:0.15  | 0.14  | -0.05:0.32  |    |  |           |    |  |         |    |  |
| S-HDL-FC  | -0.12  | -0.36:0.13  | -0.20 | -0.35:-0.06 | -0.11 | -0.19:-0.04 | -0.03 | -0.19:0.13  | 0.05  | -0.11:0.22  | -0.04 | -0.29:0.20 | 0.06  | -0.08:0.19  | -0.02 | -0.19:0.15  |    |  |           |    |  |         |    |  |
| S-HDL-TG  | 0.32   | 0.04:0.61   | 0.10  | -0.04:0.25  | -0.01 | -0.09:0.07  | -0.17 | -0.34:0.00  | 0.07  | -0.09:0.22  | 0.04  | -0.21:0.28 | 0.25  | 0.11:0.39   | -0.04 | -0.23:0.14  |    |  |           |    |  |         |    |  |
| HDL-D     | -0.36  | -0.65:-0.07 | -0.24 | -0.40:-0.08 | -0.08 | -0.16:0.01  | 0.07  | -0.09:0.23  | -0.18 | -0.35:-0.01 | -0.09 | -0.34:0.17 | -0.23 | -0.39:-0.07 | -0.08 | -0.27:0.10  |    |  |           |    |  |         |    |  |
| HDL-C     | -0.26  | -0.55:0.03  | -0.26 | -0.43:-0.10 | -0.10 | -0.18:-0.01 | 0.07  | -0.09:0.23  | -0.10 | -0.27:0.07  | -0.05 | -0.31:0.21 | -0.21 | -0.37:-0.05 | -0.05 | -0.24:0.14  |    |  |           |    |  |         |    |  |
| HDL2-C    | -0.32  | -0.61:-0.03 | -0.26 | -0.42:-0.10 | -0.11 | -0.19:-0.03 | 0.09  | -0.07:0.25  | -0.11 | -0.29:0.06  | -0.09 | -0.35:0.17 | -0.23 | -0.39:-0.07 | -0.07 | -0.25:0.12  |    |  |           |    |  |         |    |  |
| HDL3-C    | 0.14   | -0.12:0.40  | -0.12 | -0.28:0.04  | 0.01  | -0.07:0.09  | -0.06 | -0.23:0.10  | 0.04  | -0.12:0.20  | 0.18  | -0.09:0.44 | 0.05  | -0.10:0.21  | 0.07  | -0.12:0.27  |    |  |           |    |  |         |    |  |
| HDL-TG    | 0.19   | -0.07:0.46  | -0.03 | -0.18:0.12  | -0.04 | -0.12:0.04  | -0.12 | -0.29:0.04  | 0.01  | -0.15:0.17  | -0.03 | -0.28:0.22 | 0.20  | 0.05:0.34   | -0.11 | -0.30:0.07  |    |  |           |    |  |         |    |  |
| Serum-C   | 0.22   | -0.06:0.50  | 0.00  | -0.16:0.16  | -0.01 | -0.09:0.08  | -0.15 | -0.31:0.01  | -0.02 | -0.19:0.15  | 0.07  | -0.19:0.33 | 0.07  | -0.10:0.23  | 0.06  | -0.14:0.25  |    |  |           |    |  |         |    |  |
| Remnant-C | 0.38   | 0.08:0.67   | 0.14  | -0.02:0.30  | 0.04  | -0.04:0.12  | -0.18 | -0.34:-0.02 | 0.03  | -0.13:0.19  | 0.09  | -0.15:0.34 | 0.19  | 0.03:0.34   | 0.04  | -0.15:0.23  |    |  |           |    |  |         |    |  |
| EstC      | 0.21   | -0.07:0.49  | -0.02 | -0.18:0.14  | -0.01 | -0.09:0.08  | -0.13 | -0.29:0.03  | -0.01 | -0.18:0.16  | 0.06  | -0.20:0.31 | 0.05  | -0.11:0.21  | 0.07  | -0.13:0.26  |    |  |           |    |  |         |    |  |
| FreeC     | 0.23   | -0.05:0.52  | 0.03  | -0.13:0.18  | -0.01 | -0.09:0.08  | -0.20 | -0.36:-0.04 | -0.02 | -0.19:0.14  | 0.15  | -0.10:0.40 | 0.10  | -0.07:0.26  | 0.03  | -0.16:0.22  |    |  |           |    |  |         |    |  |
| Serum-TG  | 0.30   | 0.02:0.58   | 0.11  | -0.04:0.26  | 0.00  | -0.08:0.08  | -0.18 | -0.35:-0.01 | 0.10  | -0.06:0.26  | 0.06  | -0.18:0.31 | 0.31  | 0.16:0.46   | -0.06 | -0.25:0.13  |    |  |           |    |  |         |    |  |
| TotPG     | 0.13   | -0.14:0.41  | -0.14 | -0.29:0.02  | -0.10 | -0.18:-0.01 | -0.12 | -0.28:0.04  | 0.01  | -0.17:0.19  | -0.02 | -0.27:0.24 | 0.09  | 0.06:0.25   | -0.04 | -0.22:0.15  |    |  |           |    |  |         |    |  |

Table S3. Continued.

|          | LUMINA |            |  | NESDA-1 |             |  | NTR   |             |  | ERF   |             |  | RS    |            |  | TMS   |            |  | Lifelines |             |  | NESDA-2 |            |  |
|----------|--------|------------|--|---------|-------------|--|-------|-------------|--|-------|-------------|--|-------|------------|--|-------|------------|--|-----------|-------------|--|---------|------------|--|
|          | B      | CI         |  | B       | CI          |  | B     | CI          |  | B     | CI          |  | B     | CI         |  | B     | CI         |  | B         | CI          |  | B       | CI         |  |
| PC       | 0.01   | -0.26:0.28 |  | -0.11   | -0.27:0.04  |  | -0.07 | -0.15:0.02  |  | -0.08 | -0.25:0.08  |  | -0.02 | -0.20:0.16 |  | -0.02 | -0.28:0.23 |  | 0.04      | -0.12:0.19  |  | -0.04   | -0.23:0.14 |  |
| SM       | 0.31   | 0.01:0.61  |  | 0.06    | -0.10:0.21  |  | 0.03  | -0.06:0.11  |  | -0.18 | -0.35:-0.02 |  | -0.06 | -0.23:0.12 |  | 0.12  | -0.15:0.38 |  | 0.04      | -0.12:0.21  |  | -0.01   | -0.19:0.18 |  |
| TotCho   | 0.05   | -0.23:0.32 |  | -0.12   | -0.28:0.04  |  | -0.07 | -0.15:0.02  |  | -0.11 | -0.27:0.06  |  | -0.03 | -0.21:0.15 |  | 0.01  | -0.25:0.28 |  | 0.04      | -0.12:0.19  |  | -0.03   | -0.22:0.16 |  |
| ApoA1    | -0.13  | -0.41:0.14 |  | -0.25   | -0.41:-0.09 |  | -0.10 | -0.18:-0.02 |  | 0.00  | -0.16:0.16  |  | -0.09 | -0.27:0.09 |  | -0.01 | -0.27:0.26 |  | -0.12     | -0.28:0.04  |  | -0.08   | -0.26:0.11 |  |
| ApoB     | 0.41   | 0.11:0.71  |  | 0.12    | -0.04:0.28  |  | 0.03  | -0.06:0.11  |  | -0.20 | -0.36:-0.04 |  | 0.04  | -0.12:0.20 |  | 0.12  | -0.12:0.37 |  | 0.20      | 0.04:0.35   |  | 0.05    | -0.14:0.24 |  |
| TotFA    | 0.24   | -0.04:0.51 |  | 0.00    | -0.16:0.15  |  | -0.06 | -0.14:0.02  |  | -0.16 | -0.32:0.00  |  | 0.03  | -0.14:0.21 |  | 0.05  | -0.21:0.30 |  | 0.20      | 0.05:0.36   |  | -0.04   | -0.23:0.16 |  |
| UnsatDeg | 0.02   | -0.23:0.26 |  | -0.08   | -0.22:0.06  |  | 0.01  | -0.07:0.08  |  | 0.08  | -0.09:0.24  |  | -0.02 | -0.18:0.14 |  | -0.13 | -0.38:0.12 |  | -0.17     | -0.32:-0.02 |  | 0.07    | -0.11:0.24 |  |
| FAW3     | -0.08  | -0.35:0.19 |  | -0.25   | -0.42:-0.08 |  | -0.03 | -0.12:0.05  |  | -0.07 | -0.24:0.09  |  | 0.03  | -0.14:0.19 |  | -0.01 | -0.26:0.24 |  | -0.01     | -0.18:0.15  |  | -0.10   | -0.30:0.11 |  |
| FAW6     | 0.26   | -0.01:0.54 |  | -0.02   | -0.17:0.14  |  | -0.03 | -0.11:0.05  |  | -0.11 | -0.28:0.05  |  | -0.06 | -0.23:0.11 |  | 0.12  | -0.14:0.37 |  | 0.12      | -0.03:0.28  |  | 0.07    | -0.12:0.25 |  |
| PUFA     | 0.23   | -0.05:0.51 |  | -0.05   | -0.21:0.10  |  | -0.03 | -0.12:0.05  |  | -0.12 | -0.28:0.04  |  | -0.05 | -0.22:0.12 |  | 0.10  | -0.15:0.35 |  | 0.11      | -0.05:0.27  |  | 0.05    | -0.14:0.24 |  |
| MUFA     | 0.27   | 0.00:0.54  |  | 0.01    | -0.15:0.16  |  | -0.08 | -0.16:0.00  |  | -0.20 | -0.37:-0.03 |  | 0.13  | -0.04:0.29 |  | -0.03 | -0.28:0.23 |  | 0.24      | 0.09:0.39   |  | -0.05   | -0.24:0.14 |  |
| SFA      | 0.22   | -0.05:0.49 |  | 0.01    | -0.14:0.16  |  | -0.05 | -0.13:0.03  |  | -0.15 | -0.32:0.01  |  | 0.02  | -0.15:0.19 |  | 0.08  | -0.17:0.33 |  | 0.18      | 0.03:0.34   |  | -0.06   | -0.25:0.13 |  |
| DHA      | 0.08   | -0.19:0.36 |  | -0.20   | -0.36:-0.04 |  | -0.02 | -0.11:0.06  |  | -0.07 | -0.24:0.10  |  | 0.01  | -0.16:0.17 |  | 0.02  | -0.22:0.27 |  | 0.02      | -0.13:0.17  |  | -0.11   | -0.30:0.09 |  |
| LA       | 0.23   | -0.04:0.50 |  | -0.02   | -0.17:0.13  |  | -0.03 | -0.11:0.05  |  | -0.07 | -0.23:0.09  |  | -0.08 | -0.25:0.08 |  | 0.15  | -0.09:0.40 |  | 0.09      | -0.07:0.24  |  | 0.12    | -0.06:0.30 |  |
| Glc      | -0.06  | -0.33:0.21 |  | -0.01   | -0.17:0.15  |  | 0.02  | -0.07:0.10  |  | -0.11 | -0.27:0.06  |  | -0.05 | -0.22:0.11 |  | 0.23  | -0.01:0.47 |  | 0.13      | -0.02:0.28  |  | -0.07   | -0.28:0.13 |  |
| Lac      | 0.05   | -0.20:0.29 |  | 0.06    | -0.08:0.21  |  | -0.05 | -0.12:0.03  |  | -0.05 | -0.21:0.11  |  | 0.01  | -0.16:0.17 |  | 0.16  | -0.06:0.39 |  | 0.06      | -0.08:0.20  |  | 0.00    | -0.17:0.17 |  |
| Pyr      | -0.03  | -0.28:0.21 |  | 0.04    | -0.10:0.19  |  | -     | -           |  | -0.18 | -0.35:-0.01 |  | 0.01  | -0.15:0.17 |  | 0.03  | -0.20:0.27 |  | 0.07      | -0.08:0.21  |  | 0.02    | -0.16:0.19 |  |
| Cit      | -0.20  | -0.46:0.05 |  | -0.10   | -0.25:0.04  |  | -0.08 | -0.16:0.00  |  | 0.05  | -0.11:0.21  |  | 0.04  | -0.12:0.21 |  | 0.08  | -0.17:0.33 |  | 0.02      | -0.12:0.16  |  | 0.04    | -0.13:0.22 |  |
| Ala      | 0.20   | -0.06:0.46 |  | -0.01   | -0.15:0.14  |  | 0.00  | -0.08:0.08  |  | 0.00  | -0.17:0.16  |  | -0.01 | -0.17:0.15 |  | 0.14  | -0.10:0.39 |  | 0.06      | -0.09:0.20  |  | -0.05   | -0.23:0.13 |  |
| Gln      | 0.04   | -0.21:0.30 |  | -0.16   | -0.31:-0.01 |  | -     | -           |  | -0.09 | -0.25:0.07  |  | -0.06 | -0.22:0.11 |  | -0.03 | -0.27:0.20 |  | 0.05      | -0.10:0.20  |  | 0.04    | -0.14:0.22 |  |
| His      | -0.08  | -0.33:0.17 |  | 0.00    | -0.14:0.15  |  | 0.02  | -0.06:0.10  |  | 0.09  | -0.07:0.26  |  | 0.02  | -0.15:0.18 |  | 0.17  | -0.08:0.42 |  | 0.02      | -0.13:0.16  |  | -0.18   | -0.35:0.00 |  |
| Ile      | 0.00   | -0.25:0.25 |  | 0.01    | -0.16:0.18  |  | 0.07  | -0.02:0.16  |  | -0.11 | -0.28:0.06  |  | -0.01 | -0.18:0.16 |  | 0.45  | 0.17:0.72  |  | 0.08      | -0.09:0.26  |  | -0.04   | -0.24:0.17 |  |
| Leu      | -0.19  | -0.43:0.05 |  | -0.11   | -0.29:0.07  |  | 0.09  | 0.00:0.18   |  | -0.16 | -0.34:0.01  |  | 0.01  | -0.17:0.19 |  | 0.46  | 0.18:0.74  |  | -0.01     | -0.20:0.17  |  | -0.06   | -0.26:0.14 |  |
| Val      | -0.19  | -0.44:0.05 |  | -0.09   | -0.25:0.07  |  | 0.08  | 0.00:0.17   |  | -0.26 | -0.43:-0.09 |  | -0.03 | -0.20:0.14 |  | 0.44  | 0.18:0.70  |  | 0.00      | -0.16:0.16  |  | -0.04   | -0.23:0.14 |  |
| Phe      | -0.14  | -0.38:0.10 |  | -0.01   | -0.15:0.14  |  | 0.06  | -0.02:0.14  |  | -0.21 | -0.37:-0.04 |  | -0.10 | -0.27:0.07 |  | 0.03  | -0.24:0.30 |  | 0.06      | -0.09:0.21  |  | -0.10   | -0.29:0.08 |  |
| Tyr      | -0.07  | -0.32:0.18 |  | 0.03    | -0.12:0.18  |  | 0.00  | -0.08:0.09  |  | -0.29 | -0.46:-0.12 |  | -0.07 | -0.23:0.10 |  | 0.14  | -0.11:0.39 |  | -0.06     | -0.22:0.10  |  | -0.02   | -0.20:0.17 |  |
| AcAce    | -0.15  | -0.37:0.08 |  | -0.16   | -0.32:0.00  |  | -0.01 | -0.09:0.07  |  | -0.08 | -0.25:0.09  |  | 0.13  | -0.03:0.29 |  | -0.02 | -0.29:0.25 |  | 0.12      | -0.02:0.26  |  | 0.07    | -0.10:0.24 |  |
| boHBut   | -0.16  | -0.38:0.07 |  | -0.15   | -0.3:0.00   |  | 0.02  | -0.06:0.10  |  | -0.07 | -0.24:0.11  |  | 0.06  | -0.10:0.21 |  | 0.05  | -0.20:0.30 |  | 0.00      | -0.13:0.14  |  | -0.04   | -0.22:0.13 |  |
| Crea     | -0.02  | -0.32:0.29 |  | 0.03    | -0.15:0.21  |  | 0.04  | -0.06:0.13  |  | -0.08 | -0.24:0.09  |  | -0.15 | -0.36:0.06 |  | 0.08  | -0.22:0.37 |  | 0.04      | -0.15:0.22  |  | 0.03    | -0.18:0.24 |  |

Table S3. Continued.

|               | LUMINA |             |       | NESDA-1     |       |            | NTR   |            |       | ERF        |       |            | RS    |            |       | TMS        |    |  | Lifelines |    |  | NESDA-2 |    |  |
|---------------|--------|-------------|-------|-------------|-------|------------|-------|------------|-------|------------|-------|------------|-------|------------|-------|------------|----|--|-----------|----|--|---------|----|--|
|               | B      | CI          |       | B           | CI    |            | B     | CI         |       | B          | CI    |            | B     | CI         |       | B          | CI |  | B         | CI |  | B       | CI |  |
| Alb           | 0.24   | -0.02:0.49  | 0.01  | -0.14:0.15  | -0.08 | -0.16:0.00 | 0.01  | -0.15:0.17 | 0.10  | -0.06:0.25 | 0.10  | -0.14:0.34 | -0.06 | -0.20:0.09 | -0.03 | -0.21:0.14 |    |  |           |    |  |         |    |  |
| Gp            | 0.41   | 0.13:0.69   | 0.17  | 0.03:0.31   | 0.01  | -0.07:0.08 | -0.10 | -0.27:0.06 | 0.00  | -0.17:0.16 | 0.15  | -0.10:0.40 | 0.21  | 0.07:0.36  | -0.15 | -0.33:0.03 |    |  |           |    |  |         |    |  |
| XXL-VLDL-PL_% | -0.20  | -0.47:0.07  | -0.04 | -0.17:0.09  | -0.02 | -0.09:0.06 | -0.08 | -0.22:0.06 | -0.01 | -0.17:0.15 | -0.16 | -0.42:0.10 | 0.07  | -0.07:0.21 | -0.03 | -0.20:0.14 |    |  |           |    |  |         |    |  |
| XXL-VLDL-C_%  | -0.19  | -0.46:0.09  | -0.03 | -0.16:0.10  | 0.06  | -0.03:0.14 | -0.05 | -0.20:0.09 | -0.05 | -0.21:0.11 | -0.02 | -0.24:0.19 | 0.06  | -0.08:0.21 | 0.06  | -0.12:0.24 |    |  |           |    |  |         |    |  |
| XXL-VLDL-CE_% | -0.20  | -0.47:0.07  | -0.02 | -0.15:0.12  | 0.03  | -0.05:0.11 | -0.05 | -0.20:0.09 | -0.01 | -0.17:0.16 | 0.03  | -0.21:0.26 | 0.06  | -0.09:0.20 | 0.09  | -0.09:0.27 |    |  |           |    |  |         |    |  |
| XXL-VLDL-FC_% | -0.14  | -0.40:0.12  | -0.13 | -0.26:0.01  | 0.04  | -0.04:0.12 | -0.06 | -0.21:0.09 | -0.03 | -0.18:0.13 | -0.15 | -0.35:0.05 | 0.11  | -0.04:0.26 | -0.11 | -0.27:0.05 |    |  |           |    |  |         |    |  |
| XXL-VLDL-TG_% | -0.16  | -0.43:0.11  | 0.07  | -0.08:0.21  | 0.00  | -0.08:0.08 | 0.07  | -0.10:0.24 | 0.09  | -0.09:0.26 | 0.23  | -0.18:0.65 | 0.05  | -0.09:0.19 | 0.01  | -0.16:0.19 |    |  |           |    |  |         |    |  |
| XL-VLDL-PL_%  | 0.06   | -0.18:0.30  | -0.02 | -0.15:0.11  | 0.06  | -0.02:0.14 | 0.01  | -0.15:0.17 | 0.08  | -0.12:0.27 | -0.04 | -0.25:0.18 | 0.20  | 0.05:0.35  | 0.14  | -0.08:0.37 |    |  |           |    |  |         |    |  |
| XL-VLDL-C_%   | 0.05   | -0.19:0.29  | -0.02 | -0.15:0.11  | 0.07  | -0.01:0.15 | 0.08  | -0.09:0.25 | -0.01 | -0.18:0.16 | 0.03  | -0.21:0.28 | 0.18  | 0.03:0.33  | 0.05  | -0.13:0.23 |    |  |           |    |  |         |    |  |
| XL-VLDL-CE_%  | 0.04   | -0.20:0.28  | -0.01 | -0.14:0.13  | 0.06  | -0.02:0.14 | 0.08  | -0.09:0.26 | -0.05 | -0.21:0.11 | 0.06  | -0.19:0.31 | 0.17  | 0.03:0.32  | 0.02  | -0.16:0.20 |    |  |           |    |  |         |    |  |
| XL-VLDL-FC_%  | 0.03   | -0.21:0.27  | -0.04 | -0.17:0.09  | 0.07  | -0.01:0.15 | 0.07  | -0.10:0.23 | 0.01  | -0.17:0.18 | -0.02 | -0.24:0.20 | 0.19  | 0.04:0.34  | 0.11  | -0.07:0.29 |    |  |           |    |  |         |    |  |
| XL-VLDL-TG_%  | 0.10   | -0.13:0.34  | 0.02  | -0.12:0.16  | 0.03  | -0.04:0.11 | 0.08  | -0.09:0.25 | 0.13  | -0.10:0.36 | 0.15  | -0.17:0.47 | 0.18  | 0.03:0.34  | -0.01 | -0.19:0.16 |    |  |           |    |  |         |    |  |
| L-VLDL-PL_%   | 0.19   | -0.03:0.41  | 0.12  | -0.04:0.28  | 0.02  | -0.06:0.10 | -0.05 | -0.20:0.10 | -0.04 | -0.20:0.11 | -0.03 | -0.25:0.18 | 0.11  | -0.04:0.25 | 0.05  | -0.14:0.23 |    |  |           |    |  |         |    |  |
| L-VLDL-C_%    | 0.12   | -0.10:0.35  | 0.00  | -0.14:0.13  | 0.00  | -0.08:0.08 | -0.07 | -0.21:0.06 | -0.10 | -0.26:0.06 | -0.05 | -0.30:0.20 | 0.05  | -0.09:0.19 | 0.06  | -0.12:0.23 |    |  |           |    |  |         |    |  |
| L-VLDL-CE_%   | 0.10   | -0.13:0.33  | -0.01 | -0.14:0.12  | 0.04  | -0.04:0.12 | -0.06 | -0.21:0.08 | -0.05 | -0.20:0.10 | 0.13  | -0.14:0.40 | 0.03  | -0.11:0.17 | 0.05  | -0.13:0.22 |    |  |           |    |  |         |    |  |
| L-VLDL-FC_%   | 0.17   | -0.06:0.40  | 0.05  | -0.10:0.20  | 0.04  | -0.04:0.12 | -0.08 | -0.23:0.06 | 0.00  | -0.17:0.17 | -0.12 | -0.34:0.10 | 0.07  | -0.07:0.21 | 0.06  | -0.13:0.25 |    |  |           |    |  |         |    |  |
| L-VLDL-TG_%   | 0.07   | -0.16:0.29  | -0.01 | -0.15:0.12  | 0.03  | -0.05:0.11 | 0.07  | -0.10:0.24 | 0.20  | 0.01:0.39  | 0.04  | -0.21:0.30 | 0.03  | -0.10:0.17 | -0.07 | -0.24:0.11 |    |  |           |    |  |         |    |  |
| M-VLDL-PL_%   | 0.30   | 0.04:0.56   | 0.03  | -0.11:0.17  | -0.02 | -0.10:0.06 | -0.07 | -0.23:0.10 | -0.03 | -0.18:0.13 | 0.07  | -0.17:0.31 | 0.06  | -0.07:0.20 | 0.02  | -0.16:0.20 |    |  |           |    |  |         |    |  |
| M-VLDL-C_%    | -0.08  | -0.35:0.19  | -0.02 | -0.17:0.13  | 0.00  | -0.08:0.08 | -0.08 | -0.24:0.08 | -0.12 | -0.29:0.04 | -0.05 | -0.29:0.20 | -0.08 | -0.22:0.07 | 0.07  | -0.11:0.25 |    |  |           |    |  |         |    |  |
| M-VLDL-CE_%   | -0.12  | -0.40:0.16  | -0.05 | -0.19:0.08  | 0.02  | -0.06:0.11 | -0.03 | -0.19:0.13 | -0.14 | -0.30:0.02 | -0.04 | -0.28:0.21 | -0.11 | -0.25:0.03 | 0.08  | -0.10:0.26 |    |  |           |    |  |         |    |  |
| M-VLDL-FC_%   | -0.04  | -0.30:0.22  | 0.02  | -0.12:0.16  | -0.02 | -0.10:0.06 | -0.15 | -0.31:0.00 | 0.03  | -0.13:0.19 | -0.02 | -0.26:0.23 | 0.08  | -0.07:0.22 | -0.05 | -0.22:0.12 |    |  |           |    |  |         |    |  |
| M-VLDL-TG_%   | 0.01   | -0.26:0.27  | 0.02  | -0.13:0.16  | 0.01  | -0.07:0.09 | 0.09  | -0.08:0.25 | 0.10  | -0.07:0.26 | 0.04  | -0.20:0.28 | 0.07  | -0.07:0.22 | -0.07 | -0.24:0.10 |    |  |           |    |  |         |    |  |
| S-VLDL-PL_%   | -0.19  | -0.45:0.08  | -0.17 | -0.32:-0.02 | -0.05 | -0.13:0.03 | 0.18  | 0.03:0.33  | 0.00  | -0.15:0.16 | -0.06 | -0.30:0.19 | -0.13 | -0.27:0.02 | 0.07  | -0.11:0.25 |    |  |           |    |  |         |    |  |
| S-VLDL-C_%    | -0.14  | -0.40:0.11  | -0.01 | -0.15:0.14  | 0.04  | -0.04:0.12 | -0.02 | -0.18:0.14 | -0.12 | -0.28:0.04 | 0.03  | -0.22:0.28 | -0.21 | -0.35:0.06 | 0.10  | -0.08:0.28 |    |  |           |    |  |         |    |  |
| S-VLDL-CE_%   | -0.11  | -0.36:0.14  | -0.01 | -0.15:0.13  | 0.05  | -0.03:0.13 | -0.01 | -0.17:0.15 | -0.11 | -0.27:0.05 | 0.03  | -0.21:0.28 | -0.21 | -0.35:0.06 | 0.10  | -0.08:0.28 |    |  |           |    |  |         |    |  |
| S-VLDL-FC_%   | -0.33  | -0.61:-0.06 | -0.10 | -0.25:0.05  | -0.07 | -0.15:0.02 | -0.10 | -0.26:0.06 | -0.09 | -0.25:0.07 | 0.00  | -0.26:0.26 | -0.07 | -0.22:0.07 | 0.09  | -0.10:0.27 |    |  |           |    |  |         |    |  |
| S-VLDL-TG_%   | 0.20   | -0.05:0.46  | 0.03  | -0.12:0.17  | -0.01 | -0.10:0.07 | -0.01 | -0.18:0.15 | 0.14  | -0.02:0.31 | 0.01  | -0.23:0.25 | 0.27  | 0.11:0.42  | -0.10 | -0.28:0.07 |    |  |           |    |  |         |    |  |
| XS-VLDL-PL_%  | 0.12   | -0.13:0.38  | -0.07 | -0.22:0.08  | -0.02 | -0.10:0.07 | -0.06 | -0.22:0.10 | -0.08 | -0.24:0.09 | 0.00  | -0.27:0.28 | -0.03 | -0.19:0.13 | 0.12  | -0.08:0.31 |    |  |           |    |  |         |    |  |

**Table S3.** Continued.

|             | LUMINA |             |       | NESDA-1     |       |            | NTR   |             |       | ERF        |       |            | RS    |             |       | TMS        |    |  | Lifelines |    |  | NESDA-2 |    |  |
|-------------|--------|-------------|-------|-------------|-------|------------|-------|-------------|-------|------------|-------|------------|-------|-------------|-------|------------|----|--|-----------|----|--|---------|----|--|
|             | B      | CI          |       | B           | CI    |            | B     | CI          |       | B          | CI    |            | B     | CI          |       | B          | CI |  | B         | CI |  | B       | CI |  |
| XS-VLDL-C_  | -0.27  | -0.54:0.00  | 0.05  | -0.09:0.20  | 0.05  | -0.03:0.13 | 0.21  | 0.03:0.38   | -0.06 | -0.22:0.10 | 0.02  | -0.24:0.27 | -0.24 | -0.38:-0.10 | 0.04  | -0.14:0.22 |    |  |           |    |  |         |    |  |
| XS-VLDL-CE_ | -0.24  | -0.51:-0.03 | 0.01  | -0.13:0.15  | 0.04  | -0.04:0.13 | 0.20  | 0.03:0.37   | -0.05 | -0.22:0.11 | -0.01 | -0.25:0.23 | -0.21 | -0.35:-0.07 | 0.04  | -0.14:0.22 |    |  |           |    |  |         |    |  |
| XS-VLDL-FC_ | -0.18  | -0.45:-0.09 | 0.08  | -0.07:0.24  | 0.02  | -0.06:0.10 | 0.10  | -0.06:0.27  | -0.04 | -0.20:0.11 | 0.06  | -0.20:0.33 | -0.16 | -0.31:-0.01 | 0.00  | -0.18:0.19 |    |  |           |    |  |         |    |  |
| XS-VLDL-TG_ | 0.16   | -0.09:0.41  | -0.01 | -0.16:0.13  | -0.03 | -0.11:0.05 | -0.15 | -0.32:0.01  | 0.12  | -0.04:0.28 | -0.01 | -0.26:0.23 | 0.25  | 0.11:0.39   | -0.05 | -0.23:0.12 |    |  |           |    |  |         |    |  |
| IDL-PL_     | -0.24  | -0.52:0.05  | -0.20 | -0.36:-0.05 | -0.01 | -0.09:0.07 | 0.26  | 0.08:0.43   | -0.02 | -0.18:0.14 | -0.17 | -0.40:0.07 | -0.19 | -0.35:-0.03 | 0.11  | -0.09:0.31 |    |  |           |    |  |         |    |  |
| IDL-C_      | -0.02  | -0.27:0.23  | 0.07  | -0.07:0.22  | 0.02  | -0.06:0.1  | 0.10  | -0.06:0.27  | -0.04 | -0.20:0.12 | 0.07  | -0.18:0.31 | -0.09 | -0.23:0.05  | 0.01  | -0.16:0.18 |    |  |           |    |  |         |    |  |
| IDL-CE_     | 0.02   | -0.24:0.27  | 0.10  | -0.05:0.25  | 0.01  | -0.07:0.09 | 0.06  | -0.11:0.22  | 0.01  | -0.16:0.17 | 0.12  | -0.13:0.38 | -0.02 | -0.17:0.12  | -0.04 | -0.22:0.14 |    |  |           |    |  |         |    |  |
| IDL-FC_     | -0.05  | -0.29:0.19  | -0.02 | -0.16:0.13  | 0.04  | -0.04:0.13 | 0.11  | -0.07:0.28  | -0.06 | -0.21:0.10 | 0.09  | -0.19:0.37 | -0.17 | -0.31:-0.02 | 0.08  | -0.12:0.28 |    |  |           |    |  |         |    |  |
| IDL-TG_     | 0.05   | -0.19:0.29  | -0.08 | -0.23:0.06  | -0.02 | -0.09:0.06 | -0.18 | -0.34:-0.02 | 0.06  | -0.11:0.22 | -0.01 | -0.27:0.25 | 0.18  | 0.04:0.32   | -0.02 | -0.20:0.15 |    |  |           |    |  |         |    |  |
| L-LDL-PL_   | -0.22  | -0.48:0.04  | -0.11 | -0.26:0.05  | -0.02 | -0.1:0.07  | 0.20  | 0.05:0.36   | 0.02  | -0.15:0.19 | -0.09 | -0.36:0.18 | -0.11 | -0.27:0.05  | -0.05 | -0.24:0.14 |    |  |           |    |  |         |    |  |
| L-LDL-C_    | 0.12   | -0.12:0.37  | 0.08  | -0.07:0.23  | 0.02  | -0.06:0.1  | -0.05 | -0.20:0.10  | -0.03 | -0.19:0.13 | 0.05  | -0.20:0.31 | 0.00  | -0.15:0.15  | 0.08  | -0.10:0.26 |    |  |           |    |  |         |    |  |
| L-LDL-CE_   | 0.24   | -0.01:0.50  | 0.09  | -0.07:0.24  | 0.02  | -0.07:0.1  | -0.12 | -0.27:0.02  | -0.01 | -0.17:0.16 | 0.10  | -0.17:0.36 | 0.11  | -0.05:0.28  | 0.05  | -0.13:0.24 |    |  |           |    |  |         |    |  |
| L-LDL-FC_   | -0.33  | -0.61:-0.06 | -0.07 | -0.22:0.07  | 0.02  | -0.06:0.1  | 0.24  | 0.07:0.40   | -0.04 | -0.20:0.13 | 0.04  | -0.23:0.30 | -0.25 | -0.41:-0.10 | 0.02  | -0.17:0.21 |    |  |           |    |  |         |    |  |
| L-LDL-TG_   | -0.03  | -0.27:0.21  | -0.05 | -0.19:0.09  | -0.02 | -0.10:0.06 | -0.14 | -0.30:0.02  | 0.00  | -0.17:0.16 | -0.01 | -0.26:0.25 | 0.08  | -0.07:0.22  | -0.02 | -0.19:0.15 |    |  |           |    |  |         |    |  |
| M-LDL-PL_   | -0.16  | -0.41:0.09  | -0.12 | -0.28:0.03  | -0.03 | -0.12:0.06 | 0.18  | 0.02:0.33   | 0.00  | -0.16:0.17 | -0.06 | -0.33:0.21 | -0.04 | -0.20:0.11  | -0.08 | -0.27:0.11 |    |  |           |    |  |         |    |  |
| M-LDL-C_    | 0.08   | -0.16:0.32  | 0.10  | -0.04:0.25  | 0.04  | -0.04:0.12 | -0.08 | -0.24:0.08  | -0.04 | -0.20:0.12 | 0.06  | -0.20:0.33 | 0.01  | -0.14:0.16  | 0.08  | -0.10:0.26 |    |  |           |    |  |         |    |  |
| M-LDL-CE_   | 0.15   | -0.09:0.38  | 0.15  | -0.01:0.30  | 0.04  | -0.05:0.13 | -0.13 | -0.27:0.02  | -0.04 | -0.20:0.12 | 0.09  | -0.24:0.42 | 0.10  | -0.06:0.27  | 0.07  | -0.12:0.26 |    |  |           |    |  |         |    |  |
| M-LDL-FC_   | -0.35  | -0.61:-0.08 | -0.10 | -0.25:0.06  | -0.02 | -0.11:0.07 | 0.16  | 0.00:0.31   | 0.00  | -0.18:0.17 | -0.03 | -0.30:0.23 | -0.15 | -0.32:0.01  | -0.07 | -0.26:0.12 |    |  |           |    |  |         |    |  |
| M-LDL-TG_   | -0.02  | -0.26:0.23  | -0.06 | -0.21:0.08  | -0.02 | -0.10:0.07 | -0.09 | -0.25:0.07  | -0.05 | -0.22:0.12 | -0.04 | -0.30:0.22 | 0.10  | -0.05:0.26  | 0.00  | -0.19:0.18 |    |  |           |    |  |         |    |  |
| S-LDL-PL_   | -0.17  | -0.43:0.08  | -0.12 | -0.27:0.03  | -0.05 | -0.13:0.04 | 0.15  | 0.00:0.31   | 0.01  | -0.15:0.17 | -0.04 | -0.30:0.22 | -0.08 | -0.24:0.08  | -0.09 | -0.28:0.10 |    |  |           |    |  |         |    |  |
| S-LDL-C_    | 0.05   | -0.18:0.29  | 0.09  | -0.05:0.24  | 0.05  | -0.03:0.13 | -0.04 | -0.19:0.12  | 0.00  | -0.17:0.16 | 0.02  | -0.23:0.27 | 0.00  | -0.15:0.15  | 0.10  | -0.09:0.29 |    |  |           |    |  |         |    |  |
| S-LDL-CE_   | 0.10   | -0.13:0.34  | 0.08  | -0.07:0.23  | 0.04  | -0.05:0.12 | -0.09 | -0.23:0.06  | -0.03 | -0.19:0.13 | 0.06  | -0.25:0.38 | 0.11  | -0.08:0.29  | 0.09  | -0.11:0.28 |    |  |           |    |  |         |    |  |
| S-LDL-FC_   | -0.29  | -0.56:-0.02 | -0.02 | -0.17:0.13  | 0.00  | -0.09:0.09 | 0.14  | -0.01:0.30  | -0.01 | -0.18:0.16 | 0.03  | -0.24:0.30 | -0.17 | -0.33:-0.01 | -0.06 | -0.26:0.13 |    |  |           |    |  |         |    |  |
| S-LDL-TG_   | 0.09   | -0.15:0.32  | -0.01 | -0.15:0.14  | -0.02 | -0.10:0.06 | -0.15 | -0.31:0.01  | 0.02  | -0.14:0.19 | -0.05 | -0.31:0.21 | 0.20  | 0.05:0.35   | -0.05 | -0.24:0.13 |    |  |           |    |  |         |    |  |
| XL-HDL-PL_  | -0.52  | -0.94:-0.10 | -0.10 | -0.25:0.05  | -0.05 | -0.13:0.04 | -0.02 | -0.17:0.13  | -0.03 | -0.19:0.14 | 0.00  | -0.27:0.27 | -0.05 | -0.23:0.12  | -0.01 | -0.22:0.20 |    |  |           |    |  |         |    |  |
| XL-HDL-C_   | 0.30   | 0.01:0.60   | 0.20  | 0.03:0.36   | 0.11  | 0.02:0.20  | -0.09 | -0.25:0.07  | 0.23  | 0.06:0.41  | 0.07  | -0.22:0.36 | 0.02  | -0.17:0.20  | 0.02  | -0.18:0.22 |    |  |           |    |  |         |    |  |
| XL-HDL-CE_  | 0.33   | 0.03:0.62   | 0.10  | -0.1:0.29   | 0.11  | 0.02:0.20  | -0.09 | -0.25:0.07  | 0.29  | -0.07:0.66 | 0.08  | -0.21:0.37 | 0.03  | -0.16:0.21  | 0.01  | -0.18:0.19 |    |  |           |    |  |         |    |  |
| XL-HDL-FC_  | -0.02  | -0.27:0.23  | 0.02  | -0.12:0.17  | 0.01  | -0.08:0.09 | 0.00  | -0.16:0.16  | 0.12  | -0.06:0.29 | 0.04  | -0.24:0.33 | -0.10 | -0.24:0.04  | 0.09  | -0.09:0.28 |    |  |           |    |  |         |    |  |
| XL-HDL-TG_  | 0.17   | -0.08:0.43  | 0.17  | 0.01:0.32   | 0.03  | -0.05:0.11 | -0.18 | -0.34:-0.02 | 0.15  | -0.02:0.32 | -0.01 | -0.27:0.25 | 0.31  | 0.15:0.47   | -0.04 | -0.23:0.14 |    |  |           |    |  |         |    |  |

Table S3. Continued.

|            | LUMINA |             |       | NESDA-1     |       |            | NTR   |             |       | ERF        |       |            | RS    |            |       | TMS        |    |  | Lifelines |    |  | NESDA-2 |    |  |
|------------|--------|-------------|-------|-------------|-------|------------|-------|-------------|-------|------------|-------|------------|-------|------------|-------|------------|----|--|-----------|----|--|---------|----|--|
|            | B      | CI          |       | B           | CI    |            | B     | CI          |       | B          | CI    |            | B     | CI         |       | B          | CI |  | B         | CI |  | B       | CI |  |
| L-HDL-PL_% | -0.08  | -0.32:0.16  | 0.00  | -0.15:0.15  | -0.03 | -0.11:0.05 | 0.03  | -0.14:0.19  | 0.01  | -0.15:0.18 | -0.14 | -0.34:0.06 | 0.09  | -0.07:0.24 | 0.14  | -0.04:0.32 |    |  |           |    |  |         |    |  |
| L-HDL-C_%  | -0.03  | -0.28:0.21  | -0.08 | -0.23:0.08  | 0.00  | -0.08:0.08 | 0.09  | -0.09:0.26  | -0.06 | -0.21:0.10 | 0.28  | -0.33:0.90 | -0.12 | -0.27:0.02 | -0.06 | -0.25:0.12 |    |  |           |    |  |         |    |  |
| L-HDL-CE_% | 0.06   | -0.18:0.30  | -0.07 | -0.23:0.09  | -0.01 | -0.09:0.08 | 0.01  | -0.15:0.18  | -0.01 | -0.17:0.15 | 0.22  | -0.30:0.74 | -0.07 | -0.21:0.08 | -0.08 | -0.26:0.11 |    |  |           |    |  |         |    |  |
| L-HDL-FC_% | -0.17  | -0.45:0.11  | -0.11 | -0.26:0.03  | 0.00  | -0.08:0.08 | 0.15  | -0.03:0.33  | -0.10 | -0.25:0.05 | 0.27  | -0.24:0.79 | -0.16 | -0.31:0.02 | -0.01 | -0.19:0.17 |    |  |           |    |  |         |    |  |
| L-HDL-TG_% | 0.06   | -0.18:0.30  | 0.13  | -0.02:0.29  | 0.02  | -0.06:0.10 | -0.13 | -0.29:0.03  | 0.11  | -0.06:0.27 | -0.03 | -0.31:0.24 | 0.13  | -0.03:0.29 | -0.06 | -0.24:0.13 |    |  |           |    |  |         |    |  |
| M-HDL-PL_% | -0.32  | -0.62:-0.03 | 0.08  | -0.06:0.22  | 0.03  | -0.05:0.11 | -0.06 | -0.21:0.10  | -0.01 | -0.17:0.15 | 0.08  | -0.19:0.34 | -0.02 | -0.17:0.12 | -0.03 | -0.21:0.14 |    |  |           |    |  |         |    |  |
| M-HDL-C_%  | -0.03  | -0.29:0.22  | -0.13 | -0.28:0.02  | -0.02 | -0.10:0.06 | 0.16  | -0.01:0.32  | -0.05 | -0.21:0.11 | -0.06 | -0.32:0.20 | -0.16 | -0.31:0.02 | 0.04  | -0.15:0.22 |    |  |           |    |  |         |    |  |
| M-HDL-CE_% | -0.02  | -0.27:0.23  | -0.11 | -0.26:0.04  | 0.00  | -0.08:0.08 | 0.17  | 0.00:0.33   | -0.09 | -0.25:0.07 | -0.04 | -0.30:0.22 | -0.21 | -0.36:0.07 | 0.02  | -0.16:0.21 |    |  |           |    |  |         |    |  |
| M-HDL-FC_% | -0.03  | -0.28:0.21  | -0.20 | -0.35:-0.04 | -0.06 | -0.14:0.02 | -0.02 | -0.17:0.14  | 0.09  | -0.07:0.25 | -0.11 | -0.38:0.17 | 0.12  | -0.03:0.27 | 0.05  | -0.16:0.25 |    |  |           |    |  |         |    |  |
| M-HDL-TG_% | 0.20   | -0.05:0.45  | 0.16  | 0.01:0.32   | 0.03  | -0.05:0.11 | -0.13 | -0.29:0.02  | 0.07  | -0.10:0.23 | -0.01 | -0.26:0.25 | 0.29  | 0.14:0.45  | 0.02  | -0.16:0.20 |    |  |           |    |  |         |    |  |
| S-HDL-PL_% | -0.22  | -0.50:0.05  | -0.07 | -0.22:0.08  | -0.06 | -0.15:0.02 | 0.17  | 0.00:0.33   | 0.02  | -0.14:0.18 | -0.24 | -0.49:0.02 | 0.01  | -0.15:0.17 | -0.09 | -0.28:0.09 |    |  |           |    |  |         |    |  |
| S-HDL-C_%  | 0.09   | -0.15:0.34  | -0.02 | -0.18:0.13  | 0.05  | -0.04:0.13 | -0.11 | -0.27:0.05  | -0.03 | -0.19:0.13 | 0.16  | -0.12:0.45 | -0.10 | -0.26:0.06 | 0.13  | -0.06:0.32 |    |  |           |    |  |         |    |  |
| S-HDL-CE_% | 0.14   | -0.11:0.38  | 0.00  | -0.16:0.15  | 0.06  | -0.03:0.14 | -0.10 | -0.25:0.06  | -0.01 | -0.18:0.15 | 0.14  | -0.15:0.44 | -0.07 | -0.23:0.08 | 0.15  | -0.05:0.34 |    |  |           |    |  |         |    |  |
| S-HDL-FC_% | -0.35  | -0.63:-0.07 | -0.20 | -0.35:-0.06 | -0.08 | -0.16:0.00 | -0.04 | -0.20:0.12  | -0.07 | -0.22:0.09 | -0.05 | -0.29:0.19 | -0.06 | -0.20:0.08 | -0.13 | -0.31:0.05 |    |  |           |    |  |         |    |  |
| S-HDL-TG_% | 0.33   | 0.06:0.60   | 0.20  | 0.05:0.35   | 0.04  | -0.04:0.12 | -0.15 | -0.31:0.01  | 0.06  | -0.10:0.22 | 0.06  | -0.19:0.30 | 0.27  | 0.12:0.41  | -0.04 | -0.22:0.14 |    |  |           |    |  |         |    |  |
| TG/PG      | 0.23   | -0.05:0.50  | 0.18  | 0.02:0.34   | 0.08  | -0.01:0.16 | -0.13 | -0.29:0.04  | 0.08  | -0.08:0.24 | 0.05  | -0.20:0.30 | 0.28  | 0.12:0.43  | -0.08 | -0.28:0.11 |    |  |           |    |  |         |    |  |
| DHA/FA     | -0.04  | -0.30:0.21  | -0.24 | -0.4:-0.09  | -0.01 | -0.09:0.07 | -0.04 | -0.20:0.13  | -0.01 | -0.17:0.16 | -0.06 | -0.32:0.19 | -0.11 | -0.26:0.04 | -0.06 | -0.24:0.12 |    |  |           |    |  |         |    |  |
| LA/FA      | -0.03  | -0.28:0.21  | -0.01 | -0.15:0.14  | 0.03  | -0.05:0.11 | 0.15  | -0.02:0.32  | -0.15 | -0.31:0.01 | 0.18  | -0.07:0.43 | -0.19 | -0.33:0.04 | 0.23  | 0.04:0.42  |    |  |           |    |  |         |    |  |
| FAW3/FA    | -0.32  | -0.57:-0.08 | -0.28 | -0.44:-0.13 | -0.02 | -0.10:0.06 | 0.02  | -0.14:0.18  | 0.01  | -0.16:0.17 | -0.16 | -0.42:0.10 | -0.20 | -0.36:0.04 | -0.05 | -0.23:0.13 |    |  |           |    |  |         |    |  |
| FAW6/FA    | -0.03  | -0.27:0.22  | -0.01 | -0.15:0.14  | 0.03  | -0.05:0.11 | 0.11  | -0.05:0.28  | -0.14 | -0.30:0.02 | 0.11  | -0.14:0.37 | -0.18 | -0.33:0.04 | 0.18  | -0.01:0.37 |    |  |           |    |  |         |    |  |
| PUFA/FA    | -0.10  | -0.34:0.15  | -0.06 | -0.21:0.08  | 0.03  | -0.05:0.11 | 0.12  | -0.05:0.29  | -0.13 | -0.29:0.02 | 0.08  | -0.17:0.34 | -0.23 | -0.37:0.08 | 0.14  | -0.04:0.33 |    |  |           |    |  |         |    |  |
| MUFA/FA    | 0.22   | -0.03:0.47  | 0.03  | -0.11:0.18  | -0.06 | -0.14:0.02 | -0.14 | -0.31:0.02  | 0.19  | 0.03:0.35  | -0.14 | -0.39:0.11 | 0.25  | 0.10:0.39  | -0.06 | -0.24:0.12 |    |  |           |    |  |         |    |  |
| SFA/FA     | -0.26  | -0.51:0.00  | 0.05  | -0.1:0.19   | 0.06  | -0.01:0.14 | 0.03  | -0.13:0.19  | -0.08 | -0.24:0.08 | 0.13  | -0.14:0.39 | -0.08 | -0.22:0.06 | -0.11 | -0.28:0.07 |    |  |           |    |  |         |    |  |
| ApoB/ApoA1 | 0.47   | 0.17:0.77   | 0.24  | 0.08:0.4    | 0.09  | 0.00:0.17  | -0.19 | -0.35:-0.03 | 0.08  | -0.08:0.24 | 0.12  | -0.13:0.37 | 0.24  | 0.09:0.40  | 0.07  | -0.11:0.26 |    |  |           |    |  |         |    |  |

B=Beta coefficient, CI=Confidence interval, ERF=Erasmus Rucphen Family study, LUMINA=Leiden University Migraine Neuro-Analysis, NESDA= Netherlands Study of Depression and Anxiety, NTR= Netherlands Twin Registry, RS=Rotterdam Study, TMS=The Maastricht Study. All metabolite abbreviations can be found in tables S1 and S2.

**Table S4.** Meta-analysis results of the logistic regressions with sex, age, and metabolite concentrations as independent variables and migraine status as dependent variable.

| Metabolite abbreviation | B    | CI         | Unadjusted<br>P-value | P-value | I <sup>2</sup> (%) |
|-------------------------|------|------------|-----------------------|---------|--------------------|
| XXL-VLDL-P              | 0.05 | -0.03:0.14 | 0.222                 | 1.000   | 55                 |
| XXL-VLDL-L              | 0.05 | -0.03:0.14 | 0.219                 | 1.000   | 56                 |
| XXL-VLDL-PL             | 0.04 | -0.05:0.13 | 0.356                 | 1.000   | 54                 |
| XXL-VLDL-C              | 0.06 | -0.03:0.14 | 0.172                 | 1.000   | 54                 |
| XXL-VLDL-CE             | 0.07 | -0.01:0.15 | 0.105                 | 1.000   | 52                 |
| XXL-VLDL-FC             | 0.05 | -0.05:0.14 | 0.330                 | 1.000   | 61                 |
| XXL-VLDL-TG             | 0.05 | -0.03:0.14 | 0.236                 | 1.000   | 56                 |
| XL-VLDL-P               | 0.04 | -0.05:0.13 | 0.352                 | 1.000   | 56                 |
| XL-VLDL-L               | 0.05 | -0.04:0.14 | 0.307                 | 1.000   | 58                 |
| XL-VLDL-PL              | 0.04 | -0.05:0.13 | 0.358                 | 1.000   | 56                 |
| XL-VLDL-C               | 0.05 | -0.03:0.14 | 0.235                 | 1.000   | 57                 |
| XL-VLDL-CE              | 0.06 | -0.03:0.14 | 0.170                 | 1.000   | 53                 |
| XL-VLDL-FC              | 0.05 | -0.03:0.14 | 0.232                 | 1.000   | 56                 |
| XL-VLDL-TG              | 0.04 | -0.05:0.13 | 0.336                 | 1.000   | 58                 |
| L-VLDL-P                | 0.05 | -0.05:0.14 | 0.340                 | 1.000   | 61                 |
| L-VLDL-L                | 0.06 | -0.04:0.15 | 0.254                 | 1.000   | 65                 |
| L-VLDL-PL               | 0.04 | -0.05:0.14 | 0.354                 | 1.000   | 61                 |
| L-VLDL-C                | 0.06 | -0.04:0.16 | 0.258                 | 1.000   | 65                 |
| L-VLDL-CE               | 0.07 | -0.03:0.17 | 0.156                 | 1.000   | 68                 |
| L-VLDL-FC               | 0.04 | -0.05:0.14 | 0.358                 | 1.000   | 62                 |
| L-VLDL-TG               | 0.05 | -0.05:0.15 | 0.301                 | 1.000   | 63                 |
| M-VLDL-P                | 0.07 | -0.03:0.18 | 0.177                 | 1.000   | 69                 |
| M-VLDL-L                | 0.08 | -0.03:0.18 | 0.149                 | 1.000   | 70                 |
| M-VLDL-PL               | 0.07 | -0.03:0.18 | 0.167                 | 1.000   | 70                 |
| M-VLDL-C                | 0.08 | -0.02:0.18 | 0.138                 | 1.000   | 68                 |
| M-VLDL-CE               | 0.08 | -0.02:0.17 | 0.127                 | 1.000   | 66                 |
| M-VLDL-FC               | 0.06 | -0.04:0.17 | 0.226                 | 1.000   | 69                 |
| M-VLDL-TG               | 0.07 | -0.03:0.17 | 0.183                 | 1.000   | 69                 |
| S-VLDL-P                | 0.09 | -0.01:0.19 | 0.095                 | 1.000   | 67                 |
| S-VLDL-L                | 0.09 | -0.01:0.20 | 0.085                 | 1.000   | 70                 |
| S-VLDL-PL               | 0.09 | -0.01:0.18 | 0.075                 | 1.000   | 63                 |
| S-VLDL-C                | 0.09 | -0.01:0.18 | 0.081                 | 1.000   | 63                 |
| S-VLDL-CE               | 0.08 | -0.01:0.17 | 0.068                 | 1.000   | 56                 |
| S-VLDL-FC               | 0.08 | -0.03:0.18 | 0.144                 | 1.000   | 69                 |
| S-VLDL-TG               | 0.08 | -0.03:0.19 | 0.148                 | 1.000   | 71                 |
| XS-VLDL-P               | 0.07 | -0.01:0.16 | 0.102                 | 1.000   | 57                 |
| XS-VLDL-L               | 0.07 | -0.01:0.16 | 0.100                 | 1.000   | 56                 |
| XS-VLDL-PL              | 0.05 | -0.03:0.13 | 0.206                 | 1.000   | 49                 |
| XS-VLDL-C               | 0.07 | 0.00:0.13  | 0.046                 | 1.000   | 29                 |
| XS-VLDL-CE              | 0.07 | 0.01:0.13  | 0.033                 | 1.000   | 21                 |
| XS-VLDL-FC              | 0.06 | -0.01:0.13 | 0.071                 | 1.000   | 32                 |
| XS-VLDL-TG              | 0.07 | -0.03:0.17 | 0.169                 | 1.000   | 66                 |
| VLDL-D                  | 0.06 | -0.04:0.15 | 0.222                 | 1.000   | 64                 |
| VLDL-C                  | 0.09 | -0.01:0.19 | 0.094                 | 1.000   | 66                 |
| VLDL-TG                 | 0.07 | -0.03:0.18 | 0.173                 | 1.000   | 71                 |
| IDL-P                   | 0.04 | -0.04:0.11 | 0.314                 | 1.000   | 38                 |

**Table S4.** Continued.

| Metabolite abbreviation | B     | CI          | Unadjusted<br>P-value | P-value | I <sup>2</sup> (%) |
|-------------------------|-------|-------------|-----------------------|---------|--------------------|
| IDL-L                   | 0.04  | -0.04:0.11  | 0.331                 | 1.000   | 36                 |
| IDL-PL                  | 0.02  | -0.04:0.09  | 0.476                 | 1.000   | 22                 |
| IDL-C                   | 0.03  | -0.03:0.09  | 0.367                 | 1.000   | 23                 |
| IDL-CE                  | 0.03  | -0.03:0.10  | 0.321                 | 1.000   | 30                 |
| IDL-FC                  | 0.02  | -0.03:0.07  | 0.473                 | 1.000   | 4                  |
| IDL-TG                  | 0.04  | -0.06:0.13  | 0.452                 | 1.000   | 65                 |
| L-LDL-P                 | 0.03  | -0.04:0.11  | 0.407                 | 1.000   | 39                 |
| L-LDL-L                 | 0.03  | -0.04:0.11  | 0.417                 | 1.000   | 40                 |
| L-LDL-PL                | 0.03  | -0.04:0.10  | 0.409                 | 1.000   | 34                 |
| L-LDL-C                 | 0.03  | -0.04:0.10  | 0.407                 | 1.000   | 31                 |
| L-LDL-CE                | 0.03  | -0.04:0.11  | 0.373                 | 1.000   | 37                 |
| L-LDL-FC                | 0.02  | -0.04:0.08  | 0.464                 | 1.000   | 12                 |
| L-LDL-TG                | 0.01  | -0.07:0.09  | 0.820                 | 1.000   | 51                 |
| M-LDL-P                 | 0.04  | -0.04:0.12  | 0.366                 | 1.000   | 46                 |
| M-LDL-L                 | 0.04  | -0.04:0.12  | 0.349                 | 1.000   | 48                 |
| M-LDL-PL                | 0.04  | -0.04:0.13  | 0.282                 | 1.000   | 48                 |
| M-LDL-C                 | 0.04  | -0.04:0.11  | 0.331                 | 1.000   | 40                 |
| M-LDL-CE                | 0.04  | -0.03:0.11  | 0.307                 | 1.000   | 38                 |
| M-LDL-FC                | 0.03  | -0.04:0.10  | 0.424                 | 1.000   | 35                 |
| M-LDL-TG                | 0.00  | -0.08:0.07  | 0.899                 | 1.000   | 43                 |
| S-LDL-P                 | 0.03  | -0.05:0.12  | 0.399                 | 1.000   | 47                 |
| S-LDL-L                 | 0.04  | -0.05:0.12  | 0.383                 | 1.000   | 48                 |
| S-LDL-PL                | 0.04  | -0.04:0.12  | 0.365                 | 1.000   | 49                 |
| S-LDL-C                 | 0.03  | -0.04:0.10  | 0.374                 | 1.000   | 35                 |
| S-LDL-CE                | 0.03  | -0.04:0.10  | 0.355                 | 1.000   | 30                 |
| S-LDL-FC                | 0.03  | -0.04:0.10  | 0.404                 | 1.000   | 38                 |
| S-LDL-TG                | 0.02  | -0.07:0.11  | 0.714                 | 1.000   | 60                 |
| LDL-D                   | 0.00  | -0.07:0.06  | 0.900                 | 1.000   | 28                 |
| LDL-C                   | 0.03  | -0.04:0.11  | 0.366                 | 1.000   | 36                 |
| LDL-TG                  | 0.01  | -0.07:0.09  | 0.815                 | 1.000   | 44                 |
| XL-HDL-P                | -0.11 | -0.17:-0.05 | 0.000                 | 0.093   | 18                 |
| XL-HDL-L                | -0.11 | -0.17:-0.04 | 0.001                 | 0.201   | 24                 |
| XL-HDL-PL               | -0.13 | -0.20:-0.06 | 0.000                 | 0.104   | 35                 |
| XL-HDL-C                | -0.09 | -0.16:-0.03 | 0.007                 | 1.000   | 29                 |
| XL-HDL-CE               | -0.08 | -0.15:-0.02 | 0.015                 | 1.000   | 34                 |
| XL-HDL-FC               | -0.10 | -0.16:-0.04 | 0.001                 | 0.187   | 19                 |
| XL-HDL-TG               | -0.03 | -0.09:0.04  | 0.436                 | 1.000   | 26                 |
| L-HDL-P                 | -0.14 | -0.22:-0.05 | 0.001                 | 0.274   | 49                 |
| L-HDL-L                 | -0.14 | -0.23:-0.05 | 0.003                 | 0.629   | 56                 |
| L-HDL-PL                | -0.14 | -0.22:-0.05 | 0.003                 | 0.577   | 55                 |
| L-HDL-C                 | -0.14 | -0.22:-0.05 | 0.003                 | 0.571   | 56                 |
| L-HDL-CE                | -0.13 | -0.22:-0.05 | 0.002                 | 0.508   | 54                 |
| L-HDL-FC                | -0.14 | -0.23:-0.05 | 0.002                 | 0.424   | 56                 |
| L-HDL-TG                | -0.08 | -0.13:-0.02 | 0.004                 | 0.791   | 0                  |
| M-HDL-P                 | -0.05 | -0.12:0.02  | 0.186                 | 1.000   | 38                 |
| M-HDL-L                 | -0.05 | -0.12:0.02  | 0.169                 | 1.000   | 38                 |

**Table S4.** Continued.

| Metabolite abbreviation | B     | CI          | Unadjusted<br>P-value | P-value      | I <sup>2</sup> (%) |
|-------------------------|-------|-------------|-----------------------|--------------|--------------------|
| M-HDL-PL                | -0.06 | -0.13:0.01  | 0.099                 | 1.000        | 31                 |
| M-HDL-C                 | -0.06 | -0.13:0.02  | 0.164                 | 1.000        | 46                 |
| M-HDL-CE                | -0.06 | -0.14:0.02  | 0.141                 | 1.000        | 47                 |
| M-HDL-FC                | -0.04 | -0.12:0.04  | 0.374                 | 1.000        | 49                 |
| M-HDL-TG                | 0.03  | -0.05:0.12  | 0.404                 | 1.000        | 54                 |
| S-HDL-P                 | 0.00  | -0.08:0.08  | 0.981                 | 1.000        | 51                 |
| S-HDL-L                 | 0.00  | -0.08:0.07  | 0.903                 | 1.000        | 50                 |
| S-HDL-PL                | -0.03 | -0.10:0.05  | 0.504                 | 1.000        | 50                 |
| S-HDL-C                 | 0.00  | -0.07:0.06  | 0.894                 | 1.000        | 26                 |
| S-HDL-CE                | 0.01  | -0.04:0.07  | 0.686                 | 1.000        | 7                  |
| S-HDL-FC                | -0.06 | -0.12:0.01  | 0.094                 | 1.000        | 35                 |
| S-HDL-TG                | 0.06  | -0.04:0.15  | 0.241                 | 1.000        | 66                 |
| HDL-D                   | -0.13 | -0.22:-0.05 | 0.002                 | 0.390        | 50                 |
| HDL-C                   | -0.11 | -0.19:-0.04 | 0.004                 | 0.760        | 40                 |
| HDL2-C                  | -0.13 | -0.21:-0.04 | 0.003                 | 0.581        | 50                 |
| HDL3-C                  | 0.01  | -0.04:0.07  | 0.576                 | 1.000        | 0                  |
| HDL-TG                  | 0.00  | -0.08:0.08  | 0.986                 | 1.000        | 50                 |
| Serum-C                 | 0.00  | -0.05:0.06  | 0.954                 | 1.000        | 1                  |
| Remnant-C               | 0.07  | -0.02:0.16  | 0.135                 | 1.000        | 59                 |
| EstC                    | 0.00  | -0.05:0.05  | 0.973                 | 1.000        | 0                  |
| FreeC                   | 0.01  | -0.06:0.09  | 0.752                 | 1.000        | 39                 |
| Serum-TG                | 0.07  | -0.04:0.18  | 0.195                 | 1.000        | 72                 |
| TotPG                   | -0.05 | -0.11:0.02  | 0.145                 | 1.000        | 20                 |
| PC                      | -0.05 | -0.10:0.00  | 0.061                 | 1.000        | 0                  |
| SM                      | 0.01  | -0.06:0.09  | 0.727                 | 1.000        | 36                 |
| TotCho                  | -0.05 | -0.10:0.00  | 0.061                 | 1.000        | 0                  |
| ApoA1                   | -0.10 | -0.16:-0.05 | 0.000                 | <b>0.029</b> | 0                  |
| ApoB                    | 0.07  | -0.03:0.17  | 0.147                 | 1.000        | 64                 |
| TotFA                   | 0.01  | -0.07:0.10  | 0.739                 | 1.000        | 55                 |
| UnsatDeg                | -0.02 | -0.08:0.03  | 0.414                 | 1.000        | 16                 |
| FAw3                    | -0.06 | -0.11:0.00  | 0.039                 | 1.000        | 0                  |
| FAw6                    | 0.01  | -0.06:0.08  | 0.716                 | 1.000        | 32                 |
| PUFA                    | 0.00  | -0.07:0.06  | 0.921                 | 1.000        | 19                 |
| MUFA                    | 0.03  | -0.09:0.14  | 0.653                 | 1.000        | 74                 |
| SFA                     | 0.01  | -0.07:0.09  | 0.768                 | 1.000        | 48                 |
| DHA                     | -0.04 | -0.09:0.01  | 0.154                 | 1.000        | 0                  |
| LA                      | 0.02  | -0.05:0.08  | 0.650                 | 1.000        | 26                 |
| Glc                     | 0.01  | -0.06:0.07  | 0.797                 | 1.000        | 23                 |
| Lac                     | 0.00  | -0.05:0.05  | 0.967                 | 1.000        | 0                  |
| Pyr                     | 0.00  | -0.06:0.07  | 0.964                 | 1.000        | 0                  |
| Cit                     | -0.03 | -0.08:0.03  | 0.323                 | 1.000        | 13                 |
| Ala                     | 0.01  | -0.04:0.06  | 0.599                 | 1.000        | 0                  |
| Gln                     | -0.04 | -0.11:0.03  | 0.234                 | 1.000        | 0                  |
| His                     | 0.01  | -0.04:0.06  | 0.692                 | 1.000        | 5                  |
| Ile                     | 0.04  | -0.05:0.12  | 0.359                 | 1.000        | 47                 |
| Leu                     | -0.01 | -0.12:0.10  | 0.898                 | 1.000        | 68                 |

**Table S4.** Continued.

| Metabolite abbreviation | B     | CI          | Unadjusted<br>P-value | P-value | I <sup>2</sup> (%) |
|-------------------------|-------|-------------|-----------------------|---------|--------------------|
| Val                     | -0.02 | -0.14:0.10  | 0.748                 | 1.000   | 75                 |
| Phe                     | -0.04 | -0.11:0.04  | 0.363                 | 1.000   | 46                 |
| Tyr                     | -0.04 | -0.12:0.03  | 0.262                 | 1.000   | 46                 |
| AcAce                   | 0.00  | -0.08:0.07  | 0.899                 | 1.000   | 43                 |
| bOHBut                  | -0.02 | -0.06:0.03  | 0.534                 | 1.000   | 0                  |
| Crea                    | 0.01  | -0.05:0.07  | 0.843                 | 1.000   | 0                  |
| Alb                     | 0.00  | -0.06:0.06  | 0.986                 | 1.000   | 29                 |
| Gp                      | 0.07  | -0.03:0.17  | 0.191                 | 1.000   | 71                 |
| XXL-VLDL-PL_%           | -0.03 | -0.08:0.02  | 0.249                 | 1.000   | 0                  |
| XXL-VLDL-C_%            | 0.01  | -0.04:0.06  | 0.673                 | 1.000   | 0                  |
| XXL-VLDL-CE_%           | 0.01  | -0.04:0.06  | 0.629                 | 1.000   | 0                  |
| XXL-VLDL-FC_%           | -0.04 | -0.11:0.03  | 0.258                 | 1.000   | 42                 |
| XXL-VLDL-TG_%           | 0.03  | -0.02:0.08  | 0.304                 | 1.000   | 0                  |
| XL-VLDL-PL_%            | 0.06  | 0.01:0.11   | 0.025                 | 1.000   | 0                  |
| XL-VLDL-C_%             | 0.06  | 0.01:0.11   | 0.020                 | 1.000   | 0                  |
| XL-VLDL-CE_%            | 0.05  | 0.00:0.10   | 0.045                 | 1.000   | 0                  |
| XL-VLDL-FC_%            | 0.06  | 0.01:0.11   | 0.026                 | 1.000   | 0                  |
| XL-VLDL-TG_%            | 0.06  | 0.01:0.11   | 0.021                 | 1.000   | 0                  |
| L-VLDL-PL_%             | 0.03  | -0.02:0.08  | 0.192                 | 1.000   | 0                  |
| L-VLDL-C_%              | 0.00  | -0.05:0.04  | 0.856                 | 1.000   | 0                  |
| L-VLDL-CE_%             | 0.02  | -0.03:0.07  | 0.491                 | 1.000   | 0                  |
| L-VLDL-FC_%             | 0.02  | -0.03:0.07  | 0.342                 | 1.000   | 0                  |
| L-VLDL-TG_%             | 0.03  | -0.02:0.08  | 0.203                 | 1.000   | 0                  |
| M-VLDL-PL_%             | 0.01  | -0.04:0.06  | 0.630                 | 1.000   | 4                  |
| M-VLDL-C_%              | -0.03 | -0.08:0.02  | 0.230                 | 1.000   | 0                  |
| M-VLDL-CE_%             | -0.03 | -0.08:0.02  | 0.280                 | 1.000   | 0                  |
| M-VLDL-FC_%             | -0.02 | -0.07:0.03  | 0.488                 | 1.000   | 0                  |
| M-VLDL-TG_%             | 0.03  | -0.02:0.08  | 0.284                 | 1.000   | 0                  |
| S-VLDL-PL_%             | -0.04 | -0.12:0.05  | 0.386                 | 1.000   | 53                 |
| S-VLDL-C_%              | -0.04 | -0.11:0.04  | 0.344                 | 1.000   | 43                 |
| S-VLDL-CE_%             | -0.03 | -0.10:0.05  | 0.484                 | 1.000   | 47                 |
| S-VLDL-FC_%             | -0.07 | -0.12:-0.02 | 0.007                 | 1.000   | 0                  |
| S-VLDL-TG_%             | 0.06  | -0.03:0.14  | 0.189                 | 1.000   | 57                 |
| XS-VLDL-PL_%            | -0.02 | -0.07:0.03  | 0.482                 | 1.000   | 0                  |
| XS-VLDL-C_%             | -0.01 | -0.12:0.09  | 0.777                 | 1.000   | 71                 |
| XS-VLDL-CE_%            | -0.02 | -0.11:0.07  | 0.710                 | 1.000   | 64                 |
| XS-VLDL-FC_%            | 0.00  | -0.07:0.06  | 0.885                 | 1.000   | 28                 |
| XS-VLDL-TG_%            | 0.03  | -0.06:0.12  | 0.529                 | 1.000   | 63                 |
| IDL-PL_%                | -0.05 | -0.16:0.06  | 0.384                 | 1.000   | 71                 |
| IDL-C_%                 | 0.01  | -0.04:0.06  | 0.611                 | 1.000   | 0                  |
| IDL-CE_%                | 0.02  | -0.03:0.07  | 0.402                 | 1.000   | 0                  |
| IDL-FC_%                | 0.00  | -0.07:0.06  | 0.951                 | 1.000   | 24                 |
| IDL-TG_%                | 0.00  | -0.08:0.07  | 0.895                 | 1.000   | 46                 |
| L-LDL-PL_%              | -0.03 | -0.11:0.05  | 0.494                 | 1.000   | 48                 |
| L-LDL-C_%               | 0.02  | -0.03:0.07  | 0.362                 | 1.000   | 0                  |
| L-LDL-CE_%              | 0.04  | -0.03:0.10  | 0.271                 | 1.000   | 22                 |

**Table S4.** Continued.

| Metabolite abbreviation | B     | CI          | Unadjusted<br>P-value | P-value      | I <sup>2</sup> (%) |
|-------------------------|-------|-------------|-----------------------|--------------|--------------------|
| L-LDL-FC_%              | -0.04 | -0.15:0.07  | 0.497                 | 1.000        | 71                 |
| L-LDL-TG_%              | -0.02 | -0.07:0.03  | 0.367                 | 1.000        | 0                  |
| M-LDL-PL_%              | -0.03 | -0.10:0.04  | 0.415                 | 1.000        | 29                 |
| M-LDL-C_%               | 0.03  | -0.02:0.08  | 0.270                 | 1.000        | 0                  |
| M-LDL-CE_%              | 0.04  | -0.03:0.10  | 0.245                 | 1.000        | 25                 |
| M-LDL-FC_%              | -0.05 | -0.14:0.03  | 0.225                 | 1.000        | 51                 |
| M-LDL-TG_%              | -0.02 | -0.07:0.03  | 0.454                 | 1.000        | 0                  |
| S-LDL-PL_%              | -0.04 | -0.10:0.02  | 0.230                 | 1.000        | 22                 |
| S-LDL-C_%               | 0.04  | -0.01:0.09  | 0.148                 | 1.000        | 0                  |
| S-LDL-CE_%              | 0.03  | -0.02:0.09  | 0.226                 | 1.000        | 0                  |
| S-LDL-FC_%              | -0.03 | -0.11:0.05  | 0.437                 | 1.000        | 41                 |
| S-LDL-TG_%              | 0.00  | -0.07:0.08  | 0.920                 | 1.000        | 40                 |
| XL-HDL-PL_%             | -0.05 | -0.11:0.00  | 0.061                 | 1.000        | 0                  |
| XL-HDL-C_%              | 0.10  | 0.02:0.18   | 0.018                 | 1.000        | 43                 |
| XL-HDL-CE_%             | 0.07  | -0.01:0.15  | 0.073                 | 1.000        | 26                 |
| XL-HDL-FC_%             | 0.01  | -0.04:0.06  | 0.728                 | 1.000        | 0                  |
| XL-HDL-TG_%             | 0.07  | -0.03:0.18  | 0.170                 | 1.000        | 70                 |
| L-HDL-PL_%              | 0.00  | -0.05:0.05  | 0.926                 | 1.000        | 0                  |
| L-HDL-C_%               | -0.03 | -0.08:0.02  | 0.307                 | 1.000        | 0                  |
| L-HDL-CE_%              | -0.02 | -0.07:0.03  | 0.472                 | 1.000        | 0                  |
| L-HDL-FC_%              | -0.04 | -0.12:0.03  | 0.249                 | 1.000        | 41                 |
| L-HDL-TG_%              | 0.03  | -0.03:0.09  | 0.347                 | 1.000        | 23                 |
| M-HDL-PL_%              | 0.00  | -0.05:0.05  | 0.946                 | 1.000        | 4                  |
| M-HDL-C_%               | -0.04 | -0.10:0.03  | 0.285                 | 1.000        | 33                 |
| M-HDL-CE_%              | -0.04 | -0.12:0.04  | 0.349                 | 1.000        | 51                 |
| M-HDL-FC_%              | -0.02 | -0.09:0.06  | 0.631                 | 1.000        | 41                 |
| M-HDL-TG_%              | 0.08  | -0.02:0.17  | 0.105                 | 1.000        | 62                 |
| S-HDL-PL_%              | -0.04 | -0.11:0.03  | 0.291                 | 1.000        | 40                 |
| S-HDL-C_%               | 0.01  | -0.05:0.07  | 0.814                 | 1.000        | 16                 |
| S-HDL-CE_%              | 0.02  | -0.04:0.08  | 0.454                 | 1.000        | 9                  |
| S-HDL-FC_%              | -0.10 | -0.15:-0.05 | 0.000                 | <b>0.029</b> | 0                  |
| S-HDL-TG_%              | 0.09  | -0.01:0.19  | 0.090                 | 1.000        | 68                 |
| TG/PG                   | 0.08  | -0.01:0.18  | 0.077                 | 1.000        | 60                 |
| DHA/FA                  | -0.06 | -0.12:0.00  | 0.037                 | 1.000        | 13                 |
| LA/FA                   | 0.02  | -0.08:0.11  | 0.749                 | 1.000        | 66                 |
| FAw3/FA                 | -0.11 | -0.2:-0.02  | 0.017                 | 1.000        | 60                 |
| FAw6/FA                 | 0.00  | -0.08:0.09  | 0.965                 | 1.000        | 56                 |
| PUFA/FA                 | -0.02 | -0.11:0.07  | 0.606                 | 1.000        | 62                 |
| MUFA/FA                 | 0.03  | -0.07:0.14  | 0.531                 | 1.000        | 73                 |
| SFA/FA                  | -0.02 | -0.09:0.05  | 0.659                 | 1.000        | 40                 |
| ApoB/ApoA1              | 0.12  | 0.01:0.23   | 0.029                 | 1.000        | 72                 |

B=Beta coefficient, CI=Confidence interval, I<sup>2</sup>=measure of heterogeneity, P-value=Bonferroni-Holm corrected p-value. All metabolite abbreviations can be found in tables S1 and S2.

**Table S5.** Results logistic regressions with metabolite concentrations, lipid lowering medication usage, body mass index, sex, and age as independent variables and migraine status as dependent variable for males and females.

| Metabolite abbreviation | Males |            |                    |         |                    | Females |            |                    |         |                    |
|-------------------------|-------|------------|--------------------|---------|--------------------|---------|------------|--------------------|---------|--------------------|
|                         | B     | CI         | Unadjusted P-value | P-value | I <sup>2</sup> (%) | B       | CI         | Unadjusted P-value | P-value | I <sup>2</sup> (%) |
| XXL-VLDL-P              | 0.00  | -0.10:0.09 | 0.981              | 1.000   | 0                  | 0.05    | -0.02:0.13 | 0.128              | 1.000   | 1                  |
| XXL-VLDL-L              | 0.00  | -0.10:0.09 | 0.978              | 1.000   | 0                  | 0.06    | -0.02:0.13 | 0.123              | 1.000   | 3                  |
| XXL-VLDL-PL             | -0.02 | -0.11:0.08 | 0.710              | 1.000   | 0                  | 0.05    | -0.03:0.12 | 0.203              | 1.000   | 4                  |
| XXL-VLDL-C              | -0.01 | -0.11:0.09 | 0.814              | 1.000   | 0                  | 0.05    | -0.02:0.12 | 0.141              | 1.000   | 1                  |
| XXL-VLDL-CE             | -0.02 | -0.11:0.08 | 0.734              | 1.000   | 0                  | 0.06    | -0.01:0.13 | 0.093              | 1.000   | 3                  |
| XXL-VLDL-FC             | 0.00  | -0.09:0.10 | 0.987              | 1.000   | 0                  | 0.05    | -0.03:0.13 | 0.204              | 1.000   | 14                 |
| XXL-VLDL-TG             | 0.00  | -0.10:0.09 | 0.979              | 1.000   | 0                  | 0.06    | -0.02:0.13 | 0.142              | 1.000   | 7                  |
| XL-VLDL-P               | -0.03 | -0.12:0.07 | 0.603              | 1.000   | 0                  | 0.06    | -0.02:0.15 | 0.129              | 1.000   | 16                 |
| XL-VLDL-L               | -0.02 | -0.12:0.08 | 0.663              | 1.000   | 0                  | 0.07    | -0.02:0.15 | 0.110              | 1.000   | 18                 |
| XL-VLDL-PL              | -0.02 | -0.12:0.07 | 0.651              | 1.000   | 0                  | 0.06    | -0.02:0.13 | 0.145              | 1.000   | 8                  |
| XL-VLDL-C               | -0.01 | -0.11:0.09 | 0.871              | 1.000   | 0                  | 0.06    | -0.02:0.13 | 0.126              | 1.000   | 10                 |
| XL-VLDL-CE              | 0.00  | -0.10:0.09 | 0.922              | 1.000   | 0                  | 0.07    | -0.01:0.14 | 0.096              | 1.000   | 12                 |
| XL-VLDL-FC              | -0.01 | -0.11:0.08 | 0.778              | 1.000   | 0                  | 0.06    | -0.01:0.12 | 0.113              | 1.000   | 0                  |
| XL-VLDL-TG              | -0.02 | -0.12:0.07 | 0.626              | 1.000   | 0                  | 0.07    | -0.02:0.15 | 0.118              | 1.000   | 20                 |
| L-VLDL-P                | -0.02 | -0.12:0.08 | 0.645              | 1.000   | 0                  | 0.07    | -0.01:0.15 | 0.086              | 1.000   | 18                 |
| L-VLDL-L                | -0.01 | -0.11:0.09 | 0.904              | 1.000   | 0                  | 0.08    | -0.01:0.16 | 0.071              | 1.000   | 22                 |
| L-VLDL-PL               | -0.03 | -0.13:0.07 | 0.517              | 1.000   | 0                  | 0.08    | -0.01:0.16 | 0.081              | 1.000   | 25                 |
| L-VLDL-C                | -0.01 | -0.11:0.09 | 0.842              | 1.000   | 0                  | 0.07    | -0.01:0.15 | 0.099              | 1.000   | 22                 |
| L-VLDL-CE               | 0.01  | -0.09:0.11 | 0.890              | 1.000   | 4                  | 0.08    | 0.00:0.17  | 0.063              | 1.000   | 29                 |
| L-VLDL-FC               | -0.02 | -0.12:0.08 | 0.656              | 1.000   | 0                  | 0.06    | -0.02:0.14 | 0.134              | 1.000   | 18                 |
| L-VLDL-TG               | -0.01 | -0.11:0.09 | 0.788              | 1.000   | 0                  | 0.07    | -0.01:0.15 | 0.077              | 1.000   | 18                 |
| M-VLDL-P                | 0.01  | -0.09:0.11 | 0.836              | 1.000   | 2                  | 0.09    | 0.01:0.17  | 0.038              | 1.000   | 21                 |
| M-VLDL-L                | 0.01  | -0.09:0.12 | 0.776              | 1.000   | 0                  | 0.09    | 0.01:0.17  | 0.029              | 1.000   | 22                 |
| M-VLDL-PL               | 0.01  | -0.09:0.11 | 0.827              | 1.000   | 0                  | 0.09    | 0.01:0.17  | 0.031              | 1.000   | 20                 |
| M-VLDL-C                | -0.01 | -0.12:0.09 | 0.779              | 1.000   | 0                  | 0.09    | 0.01:0.17  | 0.026              | 1.000   | 20                 |
| M-VLDL-CE               | -0.03 | -0.13:0.08 | 0.628              | 1.000   | 0                  | 0.09    | 0.01:0.16  | 0.019              | 1.000   | 9                  |
| M-VLDL-FC               | -0.01 | -0.11:0.10 | 0.922              | 1.000   | 0                  | 0.08    | 0.00:0.16  | 0.043              | 1.000   | 20                 |
| M-VLDL-TG               | 0.02  | -0.09:0.13 | 0.749              | 1.000   | 8                  | 0.09    | 0.00:0.17  | 0.049              | 1.000   | 27                 |
| S-VLDL-P                | -0.01 | -0.11:0.10 | 0.920              | 1.000   | 0                  | 0.09    | 0.03:0.16  | 0.005              | 0.975   | 0                  |
| S-VLDL-L                | 0.00  | -0.10:0.11 | 0.933              | 1.000   | 0                  | 0.10    | 0.03:0.16  | 0.003              | 0.659   | 0                  |
| S-VLDL-PL               | -0.01 | -0.12:0.10 | 0.847              | 1.000   | 0                  | 0.09    | 0.02:0.15  | 0.007              | 1.000   | 0                  |
| S-VLDL-C                | -0.01 | -0.12:0.10 | 0.825              | 1.000   | 0                  | 0.09    | 0.03:0.16  | 0.004              | 0.725   | 0                  |
| S-VLDL-CE               | -0.02 | -0.13:0.10 | 0.783              | 1.000   | 0                  | 0.09    | 0.03:0.16  | 0.004              | 0.799   | 0                  |
| S-VLDL-FC               | -0.01 | -0.12:0.10 | 0.853              | 1.000   | 0                  | 0.08    | 0.02:0.15  | 0.009              | 1.000   | 0                  |
| S-VLDL-TG               | 0.02  | -0.09:0.12 | 0.780              | 1.000   | 2                  | 0.10    | 0.02:0.18  | 0.014              | 1.000   | 22                 |
| XS-VLDL-P               | -0.03 | -0.14:0.09 | 0.676              | 1.000   | 0                  | 0.10    | 0.03:0.16  | 0.002              | 0.506   | 0                  |
| XS-VLDL-L               | -0.01 | -0.13:0.10 | 0.810              | 1.000   | 0                  | 0.09    | 0.03:0.16  | 0.003              | 0.639   | 0                  |
| XS-VLDL-PL              | -0.04 | -0.15:0.08 | 0.518              | 1.000   | 0                  | 0.08    | 0.01:0.14  | 0.016              | 1.000   | 0                  |
| XS-VLDL-C               | 0.00  | -0.12:0.11 | 0.948              | 1.000   | 0                  | 0.09    | 0.03:0.16  | 0.003              | 0.654   | 0                  |
| XS-VLDL-CE              | -0.01 | -0.12:0.11 | 0.879              | 1.000   | 0                  | 0.09    | 0.03:0.15  | 0.005              | 0.978   | 0                  |
| XS-VLDL-FC              | 0.00  | -0.11:0.11 | 0.991              | 1.000   | 0                  | 0.09    | 0.03:0.16  | 0.003              | 0.614   | 0                  |
| XS-VLDL-TG              | -0.01 | -0.12:0.10 | 0.866              | 1.000   | 0                  | 0.08    | 0.02:0.14  | 0.012              | 1.000   | 0                  |
| VLDL-D                  | 0.05  | -0.08:0.17 | 0.484              | 1.000   | 20                 | 0.06    | -0.03:0.14 | 0.191              | 1.000   | 29                 |
| VLDL-C                  | -0.01 | -0.12:0.10 | 0.826              | 1.000   | 0                  | 0.09    | 0.03:0.16  | 0.006              | 1.000   | 0                  |

Table S5. Continued.

| Metabolite abbreviation | Males |             |                    |         |                    | Females |             |                    |              |                    |
|-------------------------|-------|-------------|--------------------|---------|--------------------|---------|-------------|--------------------|--------------|--------------------|
|                         | B     | CI          | Unadjusted P-value | P-value | I <sup>2</sup> (%) | B       | CI          | Unadjusted P-value | P-value      | I <sup>2</sup> (%) |
| VLDL-TG                 | 0.02  | -0.09:0.13  | 0.710              | 1.000   | 7                  | 0.09    | 0.01:0.18   | 0.032              | 1.000        | 27                 |
| IDL-P                   | -0.05 | -0.16:0.07  | 0.438              | 1.000   | 0                  | 0.07    | 0.01:0.13   | 0.023              | 1.000        | 0                  |
| IDL-L                   | -0.04 | -0.15:0.07  | 0.492              | 1.000   | 0                  | 0.07    | 0.01:0.14   | 0.026              | 1.000        | 0                  |
| IDL-PL                  | -0.05 | -0.16:0.06  | 0.392              | 1.000   | 0                  | 0.06    | 0.00:0.13   | 0.046              | 1.000        | 0                  |
| IDL-C                   | -0.04 | -0.15:0.07  | 0.473              | 1.000   | 0                  | 0.07    | 0.00:0.13   | 0.037              | 1.000        | 0                  |
| IDL-CE                  | -0.04 | -0.16:0.07  | 0.468              | 1.000   | 0                  | 0.07    | 0.00:0.13   | 0.036              | 1.000        | 0                  |
| IDL-FC                  | -0.04 | -0.15:0.07  | 0.518              | 1.000   | 0                  | 0.07    | 0.00:0.13   | 0.045              | 1.000        | 0                  |
| IDL-TG                  | -0.05 | -0.17:0.07  | 0.408              | 1.000   | 0                  | 0.06    | 0.01:0.12   | 0.030              | 1.000        | 0                  |
| L-LDL-P                 | -0.06 | -0.17:0.06  | 0.348              | 1.000   | 0                  | 0.07    | 0.01:0.13   | 0.030              | 1.000        | 0                  |
| L-LDL-L                 | -0.05 | -0.16:0.07  | 0.412              | 1.000   | 0                  | 0.07    | 0.01:0.14   | 0.030              | 1.000        | 0                  |
| L-LDL-PL                | -0.05 | -0.17:0.06  | 0.365              | 1.000   | 0                  | 0.07    | 0.00:0.13   | 0.037              | 1.000        | 0                  |
| L-LDL-C                 | -0.04 | -0.15:0.07  | 0.461              | 1.000   | 0                  | 0.07    | 0.01:0.13   | 0.033              | 1.000        | 0                  |
| L-LDL-CE                | -0.04 | -0.16:0.07  | 0.461              | 1.000   | 0                  | 0.07    | 0.01:0.13   | 0.031              | 1.000        | 0                  |
| L-LDL-FC                | -0.05 | -0.16:0.07  | 0.422              | 1.000   | 0                  | 0.07    | 0.00:0.13   | 0.035              | 1.000        | 0                  |
| L-LDL-TG                | -0.08 | -0.02:0.05  | 0.226              | 1.000   | 0                  | 0.04    | -0.02:0.1   | 0.145              | 1.000        | 0                  |
| M-LDL-P                 | -0.04 | -0.16:0.07  | 0.468              | 1.000   | 0                  | 0.07    | 0.01:0.14   | 0.025              | 1.000        | 0                  |
| M-LDL-L                 | -0.03 | -0.14:0.08  | 0.585              | 1.000   | 0                  | 0.08    | 0.01:0.14   | 0.022              | 1.000        | 0                  |
| M-LDL-PL                | -0.03 | -0.14:0.07  | 0.556              | 1.000   | 0                  | 0.07    | 0.01:0.14   | 0.034              | 1.000        | 0                  |
| M-LDL-C                 | -0.03 | -0.14:0.08  | 0.612              | 1.000   | 0                  | 0.08    | 0.01:0.14   | 0.020              | 1.000        | 0                  |
| M-LDL-CE                | -0.03 | -0.15:0.08  | 0.568              | 1.000   | 0                  | 0.08    | 0.01:0.14   | 0.018              | 1.000        | 0                  |
| M-LDL-FC                | -0.05 | -0.16:0.06  | 0.375              | 1.000   | 0                  | 0.07    | 0.01:0.14   | 0.024              | 1.000        | 0                  |
| M-LDL-TG                | -0.09 | -0.22:0.04  | 0.167              | 1.000   | 0                  | 0.03    | -0.03:0.09  | 0.280              | 1.000        | 0                  |
| S-LDL-P                 | -0.04 | -0.16:0.07  | 0.467              | 1.000   | 0                  | 0.07    | 0.01:0.13   | 0.034              | 1.000        | 0                  |
| S-LDL-L                 | -0.03 | -0.14:0.08  | 0.581              | 1.000   | 0                  | 0.07    | 0.01:0.14   | 0.030              | 1.000        | 0                  |
| S-LDL-PL                | -0.04 | -0.16:0.07  | 0.453              | 1.000   | 0                  | 0.06    | -0.01:0.12  | 0.089              | 1.000        | 0                  |
| S-LDL-C                 | -0.03 | -0.14:0.08  | 0.607              | 1.000   | 0                  | 0.07    | 0.01:0.14   | 0.025              | 1.000        | 0                  |
| S-LDL-CE                | -0.04 | -0.15:0.07  | 0.487              | 1.000   | 0                  | 0.08    | 0.01:0.14   | 0.020              | 1.000        | 0                  |
| S-LDL-FC                | -0.01 | -0.12:0.10  | 0.867              | 1.000   | 0                  | 0.06    | 0.00:0.13   | 0.051              | 1.000        | 0                  |
| S-LDL-TG                | -0.06 | -0.18:0.05  | 0.296              | 1.000   | 0                  | 0.04    | -0.02:0.10  | 0.250              | 1.000        | 0                  |
| LDL-D                   | 0.03  | -0.07:0.13  | 0.603              | 1.000   | 0                  | -0.04   | -0.10:0.02  | 0.233              | 1.000        | 0                  |
| LDL-C                   | -0.03 | -0.14:0.08  | 0.544              | 1.000   | 0                  | 0.07    | 0.01:0.14   | 0.026              | 1.000        | 0                  |
| LDL-TG                  | -0.08 | -0.21:0.04  | 0.195              | 1.000   | 0                  | 0.04    | -0.02:0.10  | 0.200              | 1.000        | 0                  |
| XL-HDL-P                | -0.19 | -0.35:-0.03 | 0.019              | 1.000   | 16                 | -0.08   | -0.14:-0.02 | 0.011              | 1.000        | 0                  |
| XL-HDL-L                | -0.16 | -0.31:-0.01 | 0.034              | 1.000   | 19                 | -0.08   | -0.14:-0.02 | 0.013              | 1.000        | 0                  |
| XL-HDL-PL               | -0.23 | -0.38:-0.09 | 0.002              | 0.350   | 0                  | -0.10   | -0.16:-0.03 | 0.003              | 0.577        | 0                  |
| XL-HDL-C                | -0.11 | -0.23:0.02  | 0.098              | 1.000   | 6                  | -0.06   | -0.13:0.00  | 0.065              | 1.000        | 8                  |
| XL-HDL-CE               | -0.08 | -0.19:0.04  | 0.188              | 1.000   | 1                  | -0.06   | -0.13:0.01  | 0.080              | 1.000        | 14                 |
| XL-HDL-FC               | -0.17 | -0.32:-0.02 | 0.030              | 1.000   | 18                 | -0.07   | -0.13:-0.01 | 0.026              | 1.000        | 0                  |
| XL-HDL-TG               | -0.02 | -0.12:0.08  | 0.643              | 1.000   | 0                  | -0.01   | -0.08:0.06  | 0.828              | 1.000        | 13                 |
| L-HDL-P                 | -0.20 | -0.34:-0.07 | 0.004              | 0.841   | 0                  | -0.13   | -0.19:-0.06 | 0.000              | <b>0.023</b> | 0                  |
| L-HDL-L                 | -0.17 | -0.30:-0.04 | 0.010              | 1.000   | 2                  | -0.13   | -0.20:-0.06 | 0.000              | <b>0.025</b> | 0                  |
| L-HDL-PL                | -0.20 | -0.33:-0.07 | 0.003              | 0.645   | 1                  | -0.13   | -0.19:-0.06 | 0.000              | <b>0.025</b> | 0                  |
| L-HDL-C                 | -0.15 | -0.28:-0.03 | 0.019              | 1.000   | 0                  | -0.13   | -0.20:-0.07 | 0.000              | <b>0.020</b> | 0                  |
| L-HDL-CE                | -0.15 | -0.28:-0.03 | 0.018              | 1.000   | 0                  | -0.13   | -0.20:-0.07 | 0.000              | <b>0.020</b> | 0                  |
| L-HDL-FC                | -0.19 | -0.35:-0.04 | 0.017              | 1.000   | 17                 | -0.13   | -0.19:-0.06 | 0.000              | <b>0.021</b> | 0                  |

**Table S5.** Continued.

| Metabolite<br>abbreviation | Males |             |                       |              |                       | Females |             |                       |         |                       |
|----------------------------|-------|-------------|-----------------------|--------------|-----------------------|---------|-------------|-----------------------|---------|-----------------------|
|                            | B     | CI          | Unadjusted<br>P-value | P-value      | I <sup>2</sup><br>(%) | B       | CI          | Unadjusted<br>P-value | P-value | I <sup>2</sup><br>(%) |
| L-HDL-TG                   | -0.17 | -0.30:-0.03 | 0.016                 | 1.000        | 0                     | -0.05   | -0.11:-0.01 | 0.090                 | 1.000   | 0                     |
| M-HDL-P                    | -0.15 | -0.26:-0.03 | 0.012                 | 1.000        | 0                     | -0.08   | -0.14:-0.02 | 0.011                 | 1.000   | 0                     |
| M-HDL-L                    | -0.13 | -0.24:-0.02 | 0.021                 | 1.000        | 0                     | -0.08   | -0.14:-0.02 | 0.011                 | 1.000   | 0                     |
| M-HDL-PL                   | -0.13 | -0.24:-0.02 | 0.024                 | 1.000        | 0                     | -0.08   | -0.14:-0.02 | 0.009                 | 1.000   | 0                     |
| M-HDL-C                    | -0.13 | -0.24:-0.02 | 0.025                 | 1.000        | 0                     | -0.09   | -0.15:-0.03 | 0.006                 | 1.000   | 0                     |
| M-HDL-CE                   | -0.12 | -0.23:-0.02 | 0.025                 | 1.000        | 0                     | -0.09   | -0.16:-0.03 | 0.003                 | 0.536   | 0                     |
| M-HDL-FC                   | -0.13 | -0.25:-0.01 | 0.040                 | 1.000        | 0                     | -0.05   | -0.13:-0.04 | 0.285                 | 1.000   | 38                    |
| M-HDL-TG                   | -0.09 | -0.20:0.02  | 0.093                 | 1.000        | 0                     | 0.03    | -0.04:0.10  | 0.431                 | 1.000   | 13                    |
| S-HDL-P                    | -0.07 | -0.23:0.08  | 0.347                 | 1.000        | 26                    | -0.03   | -0.08:0.03  | 0.377                 | 1.000   | 5                     |
| S-HDL-L                    | -0.08 | -0.23:0.07  | 0.315                 | 1.000        | 27                    | -0.03   | -0.09:0.03  | 0.366                 | 1.000   | 7                     |
| S-HDL-PL                   | -0.05 | -0.17:0.06  | 0.366                 | 1.000        | 2                     | -0.06   | -0.13:0.01  | 0.073                 | 1.000   | 21                    |
| S-HDL-C                    | -0.09 | -0.20:0.02  | 0.096                 | 1.000        | 0                     | 0.02    | -0.05:0.08  | 0.605                 | 1.000   | 0                     |
| S-HDL-CE                   | -0.09 | -0.19:0.02  | 0.112                 | 1.000        | 0                     | 0.05    | -0.02:0.11  | 0.137                 | 1.000   | 0                     |
| S-HDL-FC                   | -0.03 | -0.19:0.13  | 0.694                 | 1.000        | 39                    | -0.07   | -0.13:-0.01 | 0.029                 | 1.000   | 12                    |
| S-HDL-TG                   | 0.01  | -0.10:0.13  | 0.803                 | 1.000        | 5                     | 0.05    | -0.01:0.12  | 0.079                 | 1.000   | 0                     |
| HDL-D                      | -0.18 | -0.32:-0.05 | 0.006                 | 1.000        | 4                     | -0.11   | -0.18:-0.04 | 0.001                 | 0.295   | 0                     |
| HDL-C                      | -0.18 | -0.31:-0.06 | 0.003                 | 0.733        | 0                     | -0.10   | -0.17:-0.04 | 0.002                 | 0.390   | 0                     |
| HDL2-C                     | -0.19 | -0.31:-0.06 | 0.003                 | 0.723        | 0                     | -0.12   | -0.18:-0.05 | 0.000                 | 0.068   | 0                     |
| HDL3-C                     | -0.04 | -0.15:0.06  | 0.428                 | 1.000        | 0                     | 0.04    | -0.03:0.10  | 0.277                 | 1.000   | 0                     |
| HDL-TG                     | -0.09 | -0.20:0.02  | 0.123                 | 1.000        | 0                     | 0.01    | -0.05:0.07  | 0.793                 | 1.000   | 0                     |
| Serum-C                    | -0.08 | -0.20:0.03  | 0.141                 | 1.000        | 0                     | 0.04    | -0.02:0.11  | 0.201                 | 1.000   | 0                     |
| Remnant-C                  | -0.02 | -0.14:0.09  | 0.661                 | 1.000        | 0                     | 0.09    | 0.02:0.15   | 0.009                 | 1.000   | 0                     |
| EstC                       | -0.08 | -0.20:0.03  | 0.140                 | 1.000        | 0                     | 0.03    | -0.03:0.10  | 0.328                 | 1.000   | 0                     |
| FreeC                      | -0.07 | -0.19:0.04  | 0.215                 | 1.000        | 0                     | 0.06    | 0.00:0.13   | 0.065                 | 1.000   | 0                     |
| Serum-TG                   | 0.01  | -0.10:0.11  | 0.903                 | 1.000        | 1                     | 0.09    | 0.01:0.17   | 0.025                 | 1.000   | 22                    |
| TotPG                      | -0.19 | -0.30:-0.07 | 0.002                 | 0.532        | 0                     | -0.02   | -0.08:0.04  | 0.463                 | 1.000   | 0                     |
| PC                         | -0.20 | -0.33:-0.08 | 0.002                 | 0.367        | 0                     | -0.01   | -0.07:0.05  | 0.724                 | 1.000   | 0                     |
| SM                         | -0.07 | -0.19:0.06  | 0.280                 | 1.000        | 0                     | 0.05    | -0.01:0.12  | 0.125                 | 1.000   | 3                     |
| TotCho                     | -0.19 | -0.31:-0.07 | 0.002                 | 0.521        | 0                     | -0.01   | -0.08:0.05  | 0.660                 | 1.000   | 0                     |
| ApoA1                      | -0.25 | -0.38:-0.12 | 0.000                 | <b>0.035</b> | 0                     | -0.08   | -0.14:-0.02 | 0.011                 | 1.000   | 0                     |
| ApoB                       | -0.03 | -0.14:0.08  | 0.633                 | 1.000        | 0                     | 0.09    | 0.03:0.15   | 0.006                 | 1.000   | 0                     |
| TotFA                      | -0.11 | -0.22:0.00  | 0.048                 | 1.000        | 0                     | 0.03    | -0.03:0.09  | 0.365                 | 1.000   | 0                     |
| UnsatDeg                   | -0.11 | -0.22:-0.01 | 0.030                 | 1.000        | 0                     | -0.02   | -0.09:0.06  | 0.697                 | 1.000   | 27                    |
| FAw3                       | -0.24 | -0.36:-0.12 | 0.000                 | <b>0.033</b> | 0                     | 0.01    | -0.07:0.09  | 0.866                 | 1.000   | 28                    |
| FAw6                       | -0.12 | -0.22:-0.01 | 0.039                 | 1.000        | 0                     | 0.04    | -0.03:0.10  | 0.259                 | 1.000   | 0                     |
| PUFA                       | -0.13 | -0.24:-0.02 | 0.017                 | 1.000        | 0                     | 0.03    | -0.03:0.09  | 0.342                 | 1.000   | 0                     |
| MUFA                       | -0.05 | -0.18:0.07  | 0.411                 | 1.000        | 19                    | 0.06    | -0.04:0.16  | 0.244                 | 1.000   | 47                    |
| SFA                        | -0.10 | -0.21:0.01  | 0.069                 | 1.000        | 0                     | 0.02    | -0.04:0.09  | 0.456                 | 1.000   | 0                     |
| DHA                        | -0.23 | -0.36:-0.1  | 0.000                 | 0.109        | 0                     | 0.03    | -0.05:0.11  | 0.472                 | 1.000   | 32                    |
| LA                         | -0.09 | -0.20:0.02  | 0.098                 | 1.000        | 0                     | 0.03    | -0.03:0.10  | 0.282                 | 1.000   | 0                     |
| Glc                        | 0.02  | -0.15:0.18  | 0.843                 | 1.000        | 43                    | 0.01    | -0.06:0.08  | 0.802                 | 1.000   | 0                     |
| Lac                        | -0.01 | -0.14:0.11  | 0.847                 | 1.000        | 23                    | 0.01    | -0.05:0.07  | 0.783                 | 1.000   | 0                     |
| Pyr                        | -0.04 | -0.18:0.11  | 0.624                 | 1.000        | 0                     | 0.08    | -0.01:0.17  | 0.073                 | 1.000   | 19                    |
| Cit                        | -0.06 | -0.20:0.07  | 0.357                 | 1.000        | 26                    | 0.03    | -0.05:0.11  | 0.479                 | 1.000   | 38                    |
| Ala                        | 0.04  | -0.11:0.18  | 0.630                 | 1.000        | 37                    | -0.02   | -0.08:0.04  | 0.527                 | 1.000   | 1                     |
| Gln                        | 0.05  | -0.12:0.21  | 0.578                 | 1.000        | 9                     | -0.06   | -0.14:0.03  | 0.178                 | 1.000   | 2                     |

Table S5. Continued.

| Metabolite<br>abbreviation | Males |             |                       |         |                       | Females |            |                       |         |                       |
|----------------------------|-------|-------------|-----------------------|---------|-----------------------|---------|------------|-----------------------|---------|-----------------------|
|                            | B     | CI          | Unadjusted<br>P-value | P-value | I <sup>2</sup><br>(%) | B       | CI         | Unadjusted<br>P-value | P-value | I <sup>2</sup><br>(%) |
| His                        | -0.03 | -0.15:0.10  | 0.648                 | 1.000   | 18                    | 0.01    | -0.05:0.07 | 0.804                 | 1.000   | 4                     |
| Ile                        | -0.02 | -0.20:0.16  | 0.809                 | 1.000   | 46                    | 0.02    | -0.13:0.17 | 0.777                 | 1.000   | 66                    |
| Leu                        | -0.01 | -0.25:0.23  | 0.936                 | 1.000   | 67                    | -0.04   | -0.21:0.13 | 0.633                 | 1.000   | 75                    |
| Val                        | -0.04 | -0.25:0.17  | 0.714                 | 1.000   | 62                    | -0.01   | -0.12:0.11 | 0.916                 | 1.000   | 60                    |
| Phe                        | -0.03 | -0.13:0.08  | 0.636                 | 1.000   | 0                     | -0.03   | -0.14:0.08 | 0.591                 | 1.000   | 55                    |
| Tyr                        | -0.13 | -0.25:0.00  | 0.043                 | 1.000   | 0                     | -0.04   | -0.14:0.05 | 0.370                 | 1.000   | 43                    |
| AcAce                      | -0.11 | -0.22:-0.01 | 0.030                 | 1.000   | 0                     | 0.07    | -0.02:0.15 | 0.137                 | 1.000   | 42                    |
| boHBut                     | -0.14 | -0.26:-0.02 | 0.018                 | 1.000   | 0                     | 0.03    | -0.02:0.09 | 0.267                 | 1.000   | 0                     |
| Crea                       | 0.05  | -0.07:0.17  | 0.415                 | 1.000   | 0                     | -0.01   | -0.09:0.06 | 0.754                 | 1.000   | 0                     |
| Alb                        | 0.05  | -0.06:0.16  | 0.375                 | 1.000   | 0                     | -0.04   | -0.10:0.02 | 0.210                 | 1.000   | 0                     |
| Gp                         | -0.03 | -0.17:0.12  | 0.707                 | 1.000   | 31                    | 0.07    | -0.04:0.18 | 0.194                 | 1.000   | 55                    |
| XXL-VLDL-PL_%              | 0.03  | -0.11:0.18  | 0.643                 | 1.000   | 0                     | -0.02   | -0.08:0.03 | 0.394                 | 1.000   | 0                     |
| XXL-VLDL-C_%               | -0.02 | -0.15:0.11  | 0.766                 | 1.000   | 0                     | 0.03    | -0.03:0.08 | 0.379                 | 1.000   | 0                     |
| XXL-VLDL-CE_%              | -0.01 | -0.13:0.11  | 0.865                 | 1.000   | 0                     | 0.03    | -0.03:0.09 | 0.309                 | 1.000   | 0                     |
| XXL-VLDL-FC_%              | -0.04 | -0.15:0.08  | 0.531                 | 1.000   | 0                     | -0.02   | -0.08:0.04 | 0.565                 | 1.000   | 12                    |
| XXL-VLDL-TG_%              | 0.00  | -0.13:0.14  | 0.957                 | 1.000   | 0                     | 0.04    | -0.03:0.11 | 0.300                 | 1.000   | 26                    |
| XL-VLDL-PL_%               | -0.02 | -0.15:0.11  | 0.787                 | 1.000   | 13                    | 0.03    | -0.03:0.09 | 0.279                 | 1.000   | 0                     |
| XL-VLDL-C_%                | 0.03  | -0.12:0.18  | 0.654                 | 1.000   | 18                    | 0.02    | -0.05:0.08 | 0.592                 | 1.000   | 19                    |
| XL-VLDL-CE_%               | 0.05  | -0.09:0.20  | 0.479                 | 1.000   | 20                    | 0.01    | -0.06:0.08 | 0.744                 | 1.000   | 20                    |
| XL-VLDL-FC_%               | -0.03 | -0.14:0.08  | 0.617                 | 1.000   | 0                     | 0.03    | -0.05:0.10 | 0.458                 | 1.000   | 33                    |
| XL-VLDL-TG_%               | 0.05  | -0.11:0.21  | 0.524                 | 1.000   | 0                     | 0.02    | -0.03:0.07 | 0.487                 | 1.000   | 0                     |
| L-VLDL-PL_%                | 0.01  | -0.11:0.12  | 0.923                 | 1.000   | 0                     | 0.03    | -0.03:0.09 | 0.328                 | 1.000   | 0                     |
| L-VLDL-C_%                 | -0.03 | -0.14:0.08  | 0.582                 | 1.000   | 0                     | -0.01   | -0.06:0.05 | 0.836                 | 1.000   | 0                     |
| L-VLDL-CE_%                | 0.03  | -0.09:0.15  | 0.598                 | 1.000   | 0                     | 0.02    | -0.04:0.07 | 0.586                 | 1.000   | 0                     |
| L-VLDL-FC_%                | 0.02  | -0.10:0.15  | 0.691                 | 1.000   | 5                     | 0.02    | -0.04:0.08 | 0.544                 | 1.000   | 0                     |
| L-VLDL-TG_%                | 0.03  | -0.09:0.15  | 0.641                 | 1.000   | 0                     | 0.00    | -0.05:0.06 | 0.863                 | 1.000   | 0                     |
| M-VLDL-PL_%                | 0.12  | 0.00:0.24   | 0.060                 | 1.000   | 0                     | 0.00    | -0.05:0.06 | 0.927                 | 1.000   | 0                     |
| M-VLDL-C_%                 | -0.10 | -0.21:0.02  | 0.113                 | 1.000   | 0                     | -0.01   | -0.07:0.05 | 0.779                 | 1.000   | 0                     |
| M-VLDL-CE_%                | -0.08 | -0.20:0.03  | 0.168                 | 1.000   | 0                     | -0.02   | -0.08:0.04 | 0.526                 | 1.000   | 0                     |
| M-VLDL-FC_%                | -0.05 | -0.17:0.07  | 0.394                 | 1.000   | 0                     | 0.01    | -0.05:0.06 | 0.764                 | 1.000   | 0                     |
| M-VLDL-TG_%                | 0.08  | -0.06:0.21  | 0.265                 | 1.000   | 0                     | 0.01    | -0.05:0.07 | 0.744                 | 1.000   | 0                     |
| S-VLDL-PL_%                | -0.03 | -0.15:0.08  | 0.598                 | 1.000   | 0                     | -0.06   | -0.11:0.00 | 0.065                 | 1.000   | 0                     |
| S-VLDL-C_%                 | -0.03 | -0.14:0.08  | 0.582                 | 1.000   | 0                     | -0.03   | -0.11:0.04 | 0.403                 | 1.000   | 23                    |
| S-VLDL-CE_%                | -0.03 | -0.14:0.08  | 0.579                 | 1.000   | 0                     | -0.03   | -0.11:0.05 | 0.453                 | 1.000   | 32                    |
| S-VLDL-FC_%                | -0.04 | -0.16:0.09  | 0.553                 | 1.000   | 7                     | -0.05   | -0.11:0.01 | 0.113                 | 1.000   | 0                     |
| S-VLDL-TG_%                | 0.06  | -0.06:0.19  | 0.327                 | 1.000   | 12                    | 0.06    | -0.02:0.15 | 0.161                 | 1.000   | 37                    |
| XS-VLDL-PL_%               | -0.05 | -0.15:0.05  | 0.351                 | 1.000   | 0                     | 0.01    | -0.06:0.08 | 0.833                 | 1.000   | 6                     |
| XS-VLDL-C_%                | 0.00  | -0.14:0.13  | 0.962                 | 1.000   | 27                    | -0.05   | -0.14:0.04 | 0.254                 | 1.000   | 41                    |
| XS-VLDL-CE_%               | 0.02  | -0.10:0.13  | 0.772                 | 1.000   | 0                     | -0.06   | -0.14:0.02 | 0.161                 | 1.000   | 34                    |
| XS-VLDL-FC_%               | -0.02 | -0.15:0.11  | 0.757                 | 1.000   | 33                    | -0.01   | -0.07:0.06 | 0.804                 | 1.000   | 0                     |
| XS-VLDL-TG_%               | 0.04  | -0.08:0.16  | 0.562                 | 1.000   | 12                    | 0.05    | -0.03:0.13 | 0.235                 | 1.000   | 33                    |
| IDL-PL_%                   | -0.05 | -0.14:0.05  | 0.336                 | 1.000   | 0                     | -0.08   | -0.17:0.02 | 0.121                 | 1.000   | 40                    |
| IDL-C_%                    | -0.01 | -0.13:0.10  | 0.820                 | 1.000   | 0                     | -0.01   | -0.06:0.05 | 0.854                 | 1.000   | 0                     |
| IDL-CE_%                   | 0.02  | -0.11:0.15  | 0.757                 | 1.000   | 12                    | -0.01   | -0.07:0.05 | 0.752                 | 1.000   | 0                     |
| IDL-FC_%                   | 0.01  | -0.09:0.10  | 0.910                 | 1.000   | 0                     | 0.01    | -0.06:0.08 | 0.734                 | 1.000   | 0                     |
| IDL-TG_%                   | 0.00  | -0.13:0.13  | 0.958                 | 1.000   | 24                    | 0.02    | -0.05:0.08 | 0.617                 | 1.000   | 3                     |

Table S5. Continued.

| Metabolite abbreviation | Males |             |                    |         |                    | Females |             |                    |              |                    |
|-------------------------|-------|-------------|--------------------|---------|--------------------|---------|-------------|--------------------|--------------|--------------------|
|                         | B     | CI          | Unadjusted P-value | P-value | I <sup>2</sup> (%) | B       | CI          | Unadjusted P-value | P-value      | I <sup>2</sup> (%) |
| L-LDL-PL_%              | 0.02  | -0.09:0.12  | 0.752              | 1.000   | 0                  | -0.07   | -0.14:-0.01 | 0.030              | 1.000        | 0                  |
| L-LDL-C_%               | 0.00  | -0.10:0.10  | 0.950              | 1.000   | 0                  | 0.04    | -0.03:0.10  | 0.253              | 1.000        | 0                  |
| L-LDL-CE_%              | -0.01 | -0.11:0.09  | 0.867              | 1.000   | 0                  | 0.06    | -0.01:0.12  | 0.092              | 1.000        | 0                  |
| L-LDL-FC_%              | 0.01  | -0.11:0.13  | 0.863              | 1.000   | 13                 | -0.04   | -0.11:0.02  | 0.182              | 1.000        | 0                  |
| L-LDL-TG_%              | -0.02 | -0.12:0.09  | 0.767              | 1.000   | 0                  | 0.00    | -0.06:0.06  | 0.950              | 1.000        | 0                  |
| M-LDL-PL_%              | 0.01  | -0.09:0.12  | 0.835              | 1.000   | 0                  | -0.08   | -0.15:-0.01 | 0.017              | 1.000        | 1                  |
| M-LDL-C_%               | 0.01  | -0.09:0.11  | 0.814              | 1.000   | 0                  | 0.05    | -0.01:0.11  | 0.133              | 1.000        | 0                  |
| M-LDL-CE_%              | 0.04  | -0.06:0.13  | 0.445              | 1.000   | 0                  | 0.06    | -0.01:0.13  | 0.094              | 1.000        | 1                  |
| M-LDL-FC_%              | 0.04  | -0.07:0.14  | 0.520              | 1.000   | 0                  | -0.09   | -0.15:-0.02 | 0.016              | 1.000        | 6                  |
| M-LDL-TG_%              | -0.01 | -0.10:0.09  | 0.878              | 1.000   | 0                  | 0.00    | -0.07:0.06  | 0.881              | 1.000        | 0                  |
| S-LDL-PL_%              | 0.01  | -0.09:0.12  | 0.810              | 1.000   | 0                  | -0.09   | -0.15:-0.02 | 0.008              | 1.000        | 0                  |
| S-LDL-C_%               | 0.01  | -0.08:0.11  | 0.778              | 1.000   | 0                  | 0.06    | -0.01:0.12  | 0.083              | 1.000        | 0                  |
| S-LDL-CE_%              | 0.03  | -0.07:0.12  | 0.557              | 1.000   | 0                  | 0.06    | -0.01:0.13  | 0.107              | 1.000        | 0                  |
| S-LDL-FC_%              | 0.08  | -0.03:0.19  | 0.149              | 1.000   | 0                  | -0.07   | -0.14:-0.01 | 0.034              | 1.000        | 0                  |
| S-LDL-TG_%              | -0.01 | -0.11:0.09  | 0.851              | 1.000   | 0                  | 0.02    | -0.04:0.08  | 0.571              | 1.000        | 0                  |
| XL-HDL-PL_%             | -0.05 | -0.14:0.04  | 0.298              | 1.000   | 11                 | -0.05   | -0.13:0.04  | 0.280              | 1.000        | 0                  |
| XL-HDL-C_%              | 0.15  | 0.02:0.28   | 0.026              | 1.000   | 31                 | 0.10    | 0.02:0.17   | 0.010              | 1.000        | 0                  |
| XL-HDL-CE_%             | 0.17  | 0.00:0.34   | 0.044              | 1.000   | 45                 | 0.06    | -0.01:0.14  | 0.095              | 1.000        | 0                  |
| XL-HDL-FC_%             | -0.02 | -0.11:0.07  | 0.700              | 1.000   | 0                  | 0.02    | -0.04:0.09  | 0.515              | 1.000        | 0                  |
| XL-HDL-TG_%             | 0.05  | -0.04:0.14  | 0.247              | 1.000   | 0                  | 0.10    | 0.00:0.20   | 0.049              | 1.000        | 39                 |
| L-HDL-PL_%              | -0.06 | -0.15:0.02  | 0.128              | 1.000   | 0                  | 0.00    | -0.07:0.07  | 0.997              | 1.000        | 0                  |
| L-HDL-C_%               | 0.05  | -0.05:0.14  | 0.330              | 1.000   | 0                  | -0.04   | -0.11:0.03  | 0.242              | 1.000        | 0                  |
| L-HDL-CE_%              | 0.05  | -0.04:0.14  | 0.235              | 1.000   | 0                  | -0.03   | -0.10:0.04  | 0.413              | 1.000        | 0                  |
| L-HDL-FC_%              | -0.01 | -0.10:0.08  | 0.764              | 1.000   | 0                  | -0.06   | -0.13:0.02  | 0.134              | 1.000        | 0                  |
| L-HDL-TG_%              | -0.01 | -0.09:0.08  | 0.834              | 1.000   | 0                  | 0.06    | -0.01:0.13  | 0.070              | 1.000        | 0                  |
| M-HDL-PL_%              | 0.00  | -0.11:0.11  | 0.948              | 1.000   | 8                  | 0.01    | -0.06:0.08  | 0.866              | 1.000        | 17                 |
| M-HDL-C_%               | -0.02 | -0.12:0.08  | 0.701              | 1.000   | 0                  | -0.04   | -0.11:0.02  | 0.175              | 1.000        | 0                  |
| M-HDL-CE_%              | -0.01 | -0.11:0.10  | 0.923              | 1.000   | 0                  | -0.05   | -0.11:0.01  | 0.105              | 1.000        | 0                  |
| M-HDL-FC_%              | -0.02 | -0.11:0.08  | 0.708              | 1.000   | 0                  | 0.01    | -0.12:0.13  | 0.900              | 1.000        | 61                 |
| M-HDL-TG_%              | 0.01  | -0.09:0.11  | 0.841              | 1.000   | 0                  | 0.08    | 0.01:0.14   | 0.020              | 1.000        | 0                  |
| S-HDL-PL_%              | 0.03  | -0.08:0.14  | 0.595              | 1.000   | 0                  | -0.09   | -0.15:-0.03 | 0.006              | 1.000        | 1                  |
| S-HDL-C_%               | -0.04 | -0.14:0.06  | 0.452              | 1.000   | 0                  | 0.06    | -0.01:0.12  | 0.080              | 1.000        | 0                  |
| S-HDL-CE_%              | -0.04 | -0.13:0.06  | 0.460              | 1.000   | 0                  | 0.07    | 0.00:0.15   | 0.045              | 1.000        | 9                  |
| S-HDL-FC_%              | 0.03  | -0.08:0.14  | 0.629              | 1.000   | 0                  | -0.11   | -0.16:-0.05 | 0.000              | 0.093        | 0                  |
| S-HDL-TG_%              | 0.07  | -0.04:0.17  | 0.215              | 1.000   | 0                  | 0.09    | 0.03:0.15   | 0.006              | 1.000        | 0                  |
| TG/PG                   | 0.09  | -0.01:0.19  | 0.093              | 1.000   | 0                  | 0.10    | 0.03:0.17   | 0.005              | 0.940        | 1                  |
| DHA/FA                  | -0.17 | -0.30:-0.03 | 0.019              | 1.000   | 23                 | 0.00    | -0.07:0.07  | 0.985              | 1.000        | 23                 |
| LA/FA                   | 0.02  | -0.08:0.13  | 0.673              | 1.000   | 0                  | 0.00    | -0.10:0.10  | 0.971              | 1.000        | 51                 |
| FAw3/FA                 | -0.22 | -0.38:-0.07 | 0.005              | 0.971   | 35                 | -0.05   | -0.13:0.03  | 0.254              | 1.000        | 32                 |
| FAw6/FA                 | -0.01 | -0.11:0.09  | 0.901              | 1.000   | 0                  | -0.01   | -0.10:0.09  | 0.889              | 1.000        | 44                 |
| PUFA/FA                 | -0.04 | -0.14:0.06  | 0.419              | 1.000   | 0                  | -0.02   | -0.11:0.07  | 0.613              | 1.000        | 38                 |
| MUFA/FA                 | 0.02  | -0.11:0.14  | 0.769              | 1.000   | 22                 | 0.06    | -0.04:0.16  | 0.250              | 1.000        | 53                 |
| SFA/FA                  | 0.02  | -0.10:0.14  | 0.734              | 1.000   | 20                 | -0.05   | -0.14:0.05  | 0.352              | 1.000        | 53                 |
| ApoB/ApoA1              | 0.06  | -0.06:0.17  | 0.324              | 1.000   | 0                  | 0.14    | 0.08:0.20   | 0.000              | <b>0.005</b> | 0                  |

B=Beta coefficient, CI=Confidence interval, I<sup>2</sup>=measure of heterogeneity, P-value=Bonferroni-Holm corrected p-value. All metabolite abbreviations can be found in tables S1 and S2.

