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Peer coaching as a population approach to increase physical activity in older adults

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PEER COACHING

AS A POPULATION APPROACH TO INCREASE
PHYSICAL ACTIVITY IN OLDER ADULTS

Paulus Luigi van de Vijver

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De wil tot weten is het fundament voor alle kunde.

Papa

CONTENTS

1	General introduction	9
2	Early and extraordinary peaks in physical performance come with a longevity cost	23
3	Vitality club: a proof-of-principle of peer coaching for daily physical activity by older adults	37
4	Self-organizing peer coach groups to increase daily physical activity in community dwelling older adults	57
5	Linking a peer coach physical activity intervention for older adults to a primary care referral scheme	73
6	Círculos de Abuelos: Cuba's population wide physical activity intervention for older adults	89
7	General discussion	101
8	Summary	119
9	Samenvatting	125
10	Acknowledgements	131
11	List of publications	135
12	List of references	139
13	Curriculum vitae	163