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Peer coaching as a population approach to increase physical activity in older adults

Vijver, P.L. van de

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PEER COACHING

AS A POPULATION APPROACH TO INCREASE
PHYSICAL ACTIVITY IN OLDER ADULTS

Paulus Luigi van de Vijver

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PEER COACHING

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Promotores:

prof.dr. D. van Bodegom

prof.dr. M.E. Numans

Co-promotor:

prof.dr. J.P.J. Slaets (University of Groningen)

Leden promotiecommissie:

prof.dr. J.C. Kiefte

prof.dr. R.G.J. Westendorp (University of Copenhagen)

prof.dr. H. Pijl

prof.dr. W. van Mechelen (University of Amsterdam)

De wil tot weten is het fundament voor alle kunde.

Papa

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