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New approaches to imaging and treatment of ocular melanoma

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CLINICAL CASES

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6.1

Conjunctival Metastasis of a Cutaneous Melanoma

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ABSTRACT

Purpose: To report a patient who presented with a conjunctival tumour as a first sign of distant metastasis of cutaneous melanoma. The patient was treated successfully with BRAF/MEK-inhibitors and anti-PD-1 antibodies.

Methods: Clinical and histopathological examination of the conjunctival lesion.

Results: A 74-year-old man was referred to our hospital with a pigmented conjunctival tumour, 5 months after having been diagnosed with cutaneous melanoma on his right scapula with loco-regional axillary lymph node metastases. The conjunctival lesion was excised and showed a BRAF V600E mutation. Histopathology showed a melanoma with characteristics suspicious for metastasis, as the lesion did not have a relation with the overlying epithelium. Systemic screening showed multiple distant metastases of the cutaneous melanoma in spleen, liver and bone. Systemic treatment with the combination of a BRAF-inhibitor (dabrafenib) and MEK-inhibitor (trametinib) was started and followed by a switch to an anti-PD-1 antibody (pembrolizumab). Twenty-two months later, the patient is alive and in good clinical health.

Conclusion: Conjunctival metastases of cutaneous melanoma may mimic primary conjunctival melanoma. A good medical history and systemic work-up are required to differentiate these diseases. Identification of the proper diagnosis including mutation analysis is crucial, allowing patients to benefit from newly introduced treatment strategies for metastatic cutaneous melanoma.

Established Facts:

- Cutaneous melanoma may metastasize to various locations, including the conjunctiva.
- New treatments for metastasized cutaneous melanoma are currently available.

Novel Insights:

- Ophthalmologists should be aware that systemic work-up and a proper medical history are required to differentiate metastases of cutaneous melanoma from primary conjunctival melanoma, thus allowing patients to benefit from the newly introduced treatments.

INTRODUCTION

Since melanocytes are naturally widespread in the human body, melanoma can develop as a primary malignancy at various locations. Most commonly, it develops as a primary melanoma of the skin. In ophthalmology, melanoma can arise from the uvea and conjunctiva. Cutaneous melanoma can spread via the lymph system or by haematogenous dissemination. Metastases are often located in subcutaneous tissue, visceral organs, the brain and bone, but other – more rare – locations such as the conjunctiva have been reported.^{1,2}

In recent years, new therapies have been developed for advanced stages of cutaneous melanoma, acting on specific molecular pathways (“targeted therapy”) or stimulating the immune system (“immune checkpoint inhibitors”).³ BRAF-inhibitors (e.g. dabrafenib, vemurafenib) and MEK-inhibitors (e.g. trametinib, cobimetinib) are examples of targeted therapy. The BRAF-mutation is frequently present in melanoma, mostly of the non-chronic sun exposed skin parts,⁴ and leads to cell proliferation via activation of the MAPK pathway, in which MEK proteins are involved. Inhibition of BRAF and MEK counteracts the proliferative effect of this pathway. Anti-PD-1 antibodies (e.g. nivolumab, pembrolizumab) are examples of immune checkpoint inhibitors, blocking the inhibitory signal of Programmed Death 1 receptors on T cells. This results in upregulation of the immune system to attack tumour cells. Recent clinical trials showed an improved survival in selected patients with advanced cutaneous melanoma treated with targeted or immune checkpoint inhibitor therapy.⁵

Clinically, it can be difficult to differentiate primary from secondary malignant melanocytic lesions. This discrimination is very relevant for further treatment, as patients with metastatic cutaneous melanoma might benefit from the aforementioned treatments, which would not be applied to a localized conjunctival melanoma. We describe a patient with a pigmented conjunctival tumour, which turned out to be the first presentation of distant metastasis of a cutaneous melanoma, and who was successfully treated with systemic therapy.

CASE REPORT

A 74-year-old white male was diagnosed in 2015 with a cutaneous melanoma on the right scapular region of the back. The lesion (Breslow thickness 8 mm) was completely excised and demonstrated a BRAF V600E mutation. PET-CT screening for metastases revealed suspicious nodes in the ipsilateral axilla, but no other systemic lesions. A lymph node dissection was performed, with 3 out of 13 positive lymph nodes. Postoperative radiation therapy (20 fractions of 2.4 Gy) was administered to the axillar region. According to the 7th edition of the AJCC staging manual, the melanoma was classified as a T4aN2bM0 tumour, stage III B.

Five months after the diagnosis, a pigmented tumour was observed in the inferior fornix of the right eye (Figure 1). The lesion had a distinct border and no other conjunctival pigmentation was seen. The lesion was excised and histopathology showed a melanoma, positive for the BRAF V600E mutation. The tumour was located in the subepithelial stroma without a component of primary acquired melanosis (PAM) in the overlying epithelium and therefore a metastasis was suspected of the previously diagnosed cutaneous melanoma (Figure 2). The primary melanoma showed an epithelioid cell type with similarities to the suspected metastasis in cell size, nuclear size and cellular configuration (Figure 3).

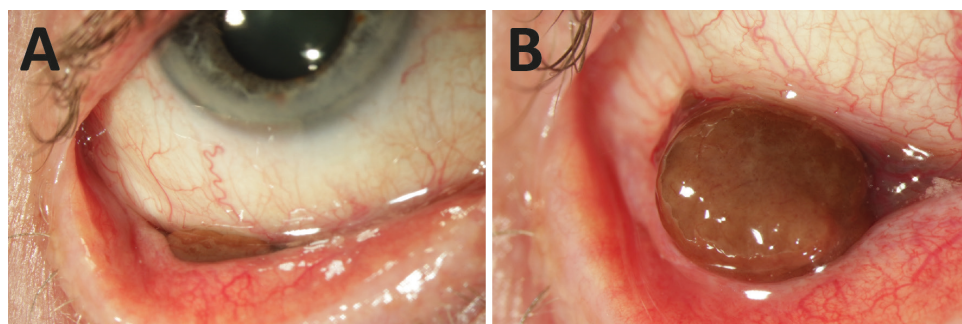


Figure 1. Slit-lamp photography at presentation. (A) A pigmented lesion is located in the inferior fornix of the right eye. (B) On closer examination, a well-circumscribed nodular lesion is seen with a diameter of 5.0 mm.

A PET-CT scan was repeated and other metastases were subsequently identified in the liver, spleen and various bones. Treatment with a BRAF-inhibitor was started (dabrafenib 100 mg, twice daily) for 4 months, followed by a combined treatment with a MEK-inhibitor (trametinib 2 mg, once daily) for another 2 months. Due to a mixed response, the treatment regimen was switched to intravenous injections with the anti PD-1 antibody pembrolizumab (200 mg) with 3-week intervals.

Currently, 22 months after the diagnosis of metastatic cutaneous melanoma, the patient is still alive and in good health. No local recurrences or new conjunctival lesions have been observed, and the distant metastases regressed. During treatment with pembrolizumab, a mild skin rash developed for which topical corticosteroids were prescribed, but no other adverse events of the immunotherapy have been noticed. Treatment with pembrolizumab will be continued till disease progression or unacceptable toxicity, for at most another 8 months to a total of 24 months.

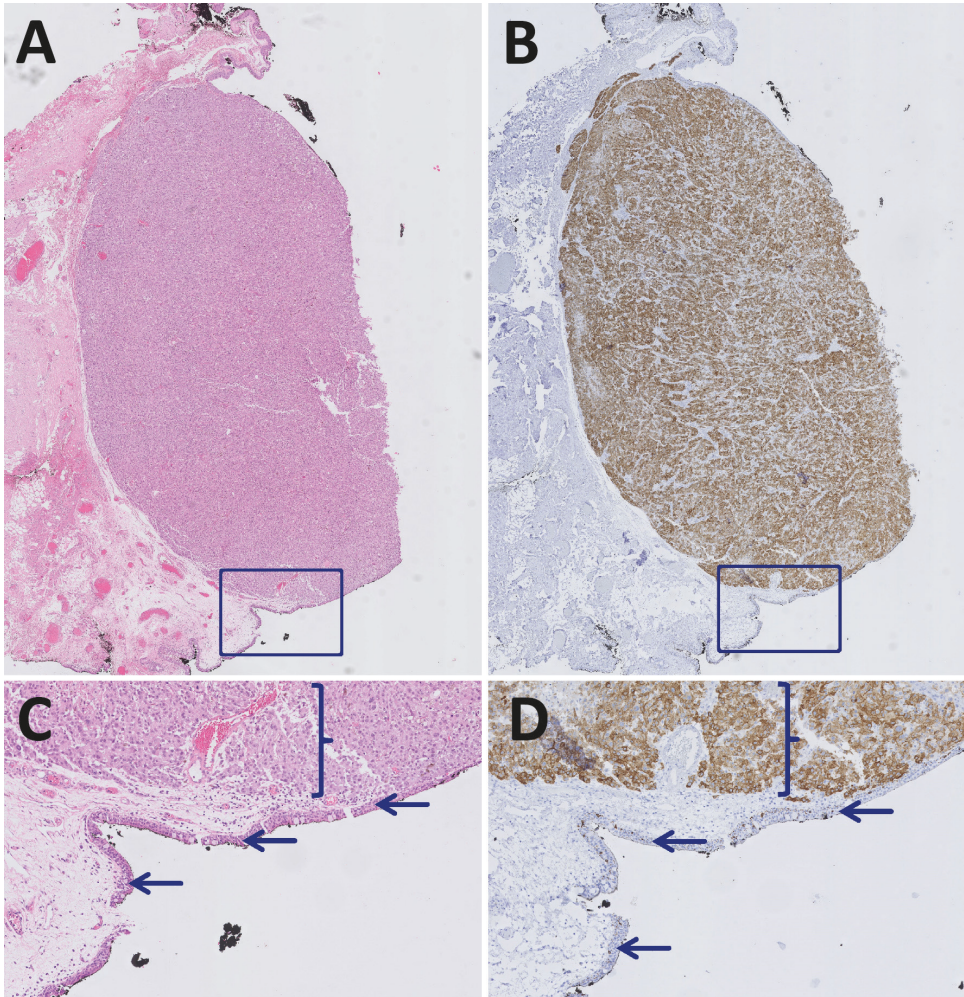


Figure 2. Histopathology. (A) Overview of the pigmented lesion, revealing a nodular tumour in the fornical conjunctiva. The area within the box is presented at a higher magnification in c (HE staining, original magnification 5x). (B) The nodule stains positive for Melan-A, indicating a melanocytic origin of the cells, suggestive for melanoma. The area within the box is presented at a higher magnification in d (Melan-A staining, original magnification 5x). (C) The tumour cells (bracket) are located in the stroma without relation to the conjunctival epithelium (arrows). (HE staining, original magnification 40x). (D) The positively staining melanocytes of the tumour (bracket) are clearly separated from the epithelium (arrows) and no intra-epithelial growth of primary acquired melanosis is present. Together, this suggests a non-primary (metastatic) origin of the lesion (Melan-A staining, original magnification 40x).

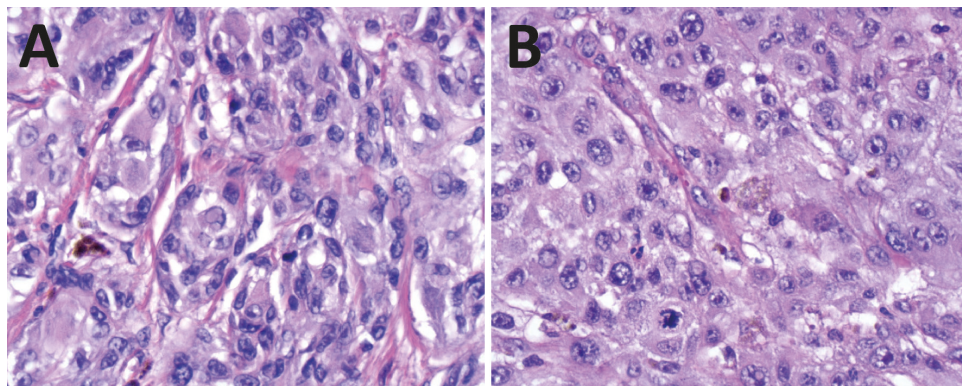


Figure 3. Cell type of the primary and metastatic lesion. The primary cutaneous melanoma (A) shows an epithelioid cell type, with similarities in cell size, nuclear size and cellular configuration to the conjunctival metastasis (B). (HE staining, original magnification 40x).

DISCUSSION

Melanomas can develop in the conjunctiva both as a primary or secondary lesion. As a primary tumour, conjunctival melanomas originates from the melanocytes in the basal layer of the conjunctiva. With an incidence of up to 0.8/million in Caucasians, it is rare.⁶ Conjunctival melanomas can develop de novo, from a nevus, but most frequently they develop from PAM.⁷ The treatment of primary conjunctival melanomas consists generally of local excision with adjuvant treatment of topical chemotherapy, cryotherapy or brachytherapy.⁸

Secondary conjunctival melanomas may result from direct extension or distant metastasis of cutaneous or uveal melanomas.^{9,10} An overview of 19 conjunctival metastases of cutaneous melanomas showed a poor survival, ranging from <1 to 16 months.¹¹ However, it has to be noted that survival data in 5 out of 19 reported cases were absent.^{2,10,12-20}

Based on clinical appearance, the pigmented conjunctival lesion of our patient could not be classified as a primary or secondary lesion. Histologic examination showed that no PAM was present in the conjunctiva and the tumour was located entirely in the subepithelial stroma, which suggested a diagnosis of cutaneous melanoma metastasis. When systemic metastasis screening was repeated, it revealed metastases to other organs. Together with the history of cutaneous melanoma, we suspected the conjunctival lesion to be a distant metastasis as well.

Both the primary cutaneous melanoma and the conjunctival metastasis showed the same BRAF V600E mutation. This similarity, however, should not be seen as a prove of shared origin, since the

BRAF mutation may occur in primary conjunctival melanoma as well.²¹ This is illustrated by the fact that conjunctival melanomas shares a genetic similarity with cutaneous melanoma, rather than with uveal melanomas: BRAF and NRAS mutations that are common in cutaneous melanomas are also seen in conjunctival melanomas, but are extremely rare in uveal melanomas.^{22,23} GNAQ and GNA11 mutations are seen in uveal melanomas, but have not been identified in conjunctival melanomas.²⁴ Following these genetic characteristics, some patients with localized and metastatic conjunctival melanomas were treated with BRAF inhibitors,^{25,26} while other treatments are required for metastatic melanomas of the uvea. Since both melanomas of the skin and of the uvea can metastasize to the conjunctiva, determination of the origin of a metastasis can be very relevant for treatment selection.

In conclusion, a conjunctival metastasis of cutaneous melanoma may mimic primary conjunctival melanoma. In our case, following the discovery of disseminated disease, the patient was treated successfully with new systemic therapy. Clinicians should always be aware of the possibility of metastasis of cutaneous melanoma to the eye, indicating the importance of a proper medical history and systemic work-up. Newly introduced treatments for metastasized cutaneous melanoma might benefit these patients.

Statement of Ethics: The patient gave informed consent for the publication of this paper.

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