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## **Obesity and metabolic syndrome: from clinical to public health perspectives: results from population-based studies of the Dutch and Indonesian populations**

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### **Citation**

Sigit, F. S. (2022, March 29). *Obesity and metabolic syndrome: from clinical to public health perspectives: results from population-based studies of the Dutch and Indonesian populations*. Retrieved from <https://hdl.handle.net/1887/3281238>

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# **Obesity and Metabolic Syndrome: From Clinical to Public Health Perspectives**

Results from population-based studies of the Dutch and the Indonesian populations

Fathimah Sulistyowati Sigit

# **Obesity and Metabolic Syndrome: From Clinical to Public Health Perspectives**

Results from population-based studies of the Dutch and the Indonesian populations

Proefschrift

ter verkrijging van  
de graad van doctor aan de Universiteit Leiden,  
op gezag van rector magnificus prof. dr. ir. H. Bijl,  
volgens besluit van het college voor promoties  
te verdedigen op dinsdag 29 maart 2022  
klokke 11:15 uur

door

**Fathimah Sulistyowati Sigit**

geboren te Solo, Indonesië  
in 1992

## **Colophon**

**Obesity and Metabolic Syndrome: From Clinical to Public Health Perspectives**

*Results from population-based studies of the Dutch and the Indonesian populations*

PhD Thesis, Leiden University Medical Center, the Netherlands

ISBN: 978-94-93278-02-8

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Cover and insert designs: magic pictures and studicon/shutterstock.com

Layout: Off Page | <https://www.offpage.nl/>

The work described in this thesis was performed at the Department of Clinical Epidemiology, Leiden University Medical Center, the Netherlands. Studies in this thesis were financially supported by the full-time PhD scholarship from the Indonesian Endowment Fund for Education (LPDP). Financial support from the Netherlands Association for the Study of Obesity (NASO) for publication of this thesis is greatly acknowledged.

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*To my husband, Aulia  
My daughter, Aisha  
And the little one inside my belly*

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