



Universiteit
Leiden
The Netherlands

Saamaka uwii: Saramaccan medical plant knowledge, practices and beliefs for local health care in Suriname

Klooster, C.I.E.A. van 't

Citation

Klooster, C. I. E. A. van 't. (2022, February 17). *Saamaka uwii: Saramaccan medical plant knowledge, practices and beliefs for local health care in Suriname*. Retrieved from <https://hdl.handle.net/1887/3275069>

Version: Publisher's Version

License: [Licence agreement concerning inclusion of doctoral thesis in the Institutional Repository of the University of Leiden](#)

Downloaded from: <https://hdl.handle.net/1887/3275069>

Note: To cite this publication please use the final published version (if applicable).

Saamaka uwii

**Saramaccan medical plant knowledge, practices
and beliefs for local health care in Suriname**

Charlotte I.E.A. van 't Klooster

Saamaka uwii (Saramaccan plants). Saramaccan medical plant knowledge, practices and beliefs for local health care in Suriname.

PhD Thesis at Leiden University Medical Center

Department of Public Health and Primary Care

© Charlotte I.E.A. van 't Klooster, 2022

Cover design: Charlotte van 't Klooster

Cover image front page: Charlotte van 't Klooster (image: Vera Haabo)

Cover image back page: Charlotte van 't Klooster

Images inside: Charlotte van 't Klooster

Lay-out: Ilse Modder

Printing: Gildeprint

ISBN: 978-94-6419-402-9

This book is printed on FSC certified paper.



The layout of the separate chapters may be different from the layout used in the original publications.

Fieldwork was funded by the *STUNT-Beurs* (University of Amsterdam), the *Alberta Mennege Stichting*, the *Van Eeden Fonds* and *Stichting de Zaaier*. Publication fees were kindly provided by *Naturalis Biodiversity Center*, the Netherlands. These funding agencies were not involved in any aspect of the research preparation, collection of research data nor this publication.

This publication is protected by international copyright law. All rights reserved. No part of this publication, apart from bibliographic data and brief annotations in critical reviews, may be reproduced re-recorded or published in any form, including print, photography, microfoam, electronic, electromagnetic record or otherwise without written prior permission from the author.

Saamaka uwii

**Saramaccan medical plant knowledge, practices and
beliefs for local health care in Suriname**

Proefschrift

ter verkrijging van
de graad van doctor aan de Universiteit Leiden,
op gezag van rector magnificus prof. dr. ir. H. Bijl,
volgens besluit van het college voor promoties
te verdedigen op donderdag 17 februari 2022
klokke 16.15 uur

door

Charlotte Isabelle Evelyne Agnes van 't Klooster

geboren te Naarden
in 1975

Promotores:

Prof. dr. R. Reis

Prof. dr. T.R. Van Andel

Promotiecommissie:

Prof. dr. M.C. de Vries

Prof. dr. H. ter Steege

Prof. dr. D.R. Mans

Dr. M. van den Berg

(Anton de Kom University, Suriname)

(Utrecht University)

*To my mother[†] and sister,
and all Saamaka*

*'When you learn something from people,
or from a culture,
you accept it as a gift,
and it is your lifelong commitment
to preserve it and build on it'*
(Yo-Yo Ma, 2001)

Contents

Chapter 1	Introduction	11
Chapter 2	Patterns in medicinal plant knowledge and use in a Maroon village in Suriname	25
Chapter 3	Herbal bathing: an analysis of variation in plant use among Saramaccan and Aucan Maroons in Suriname	65
Chapter 4	Our children do not have time anymore to learn about medicinal plants: How an ethnobotanical school assignment can contribute to the conservation of Saramaccan Maroon traditional knowledge	99
Chapter 5	African elements in Saramaccan Maroon plant names in Suriname	147
Chapter 6	General discussion and final conclusions	173
	References	195
	Summary	220
	Samenvatting (Dutch summary)	226
	Curriculum Vitae	236
	List of Publications	238
	Acknowledgements	243

