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1 **Complement component C1q is produced by isolated articular chondrocytes**

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15

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17 C1q produced by articular chondrocytes

18

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26 **ABSTRACT**

27 **Objective:** Inflammation and innate immune responses may contribute to development and
28 progression of Osteoarthritis (OA). Chondrocytes are the sole cell type of the articular cartilage and
29 produce extracellular-matrix molecules. How inflammatory mediators reach chondrocytes is
30 incompletely understood. Previous studies have shown that chondrocytes express mRNA encoding
31 complement proteins such as C1q, suggesting local protein production, which has not been
32 demonstrated conclusively. The aim of this study is to explore C1q production at the protein level by
33 chondrocytes.

34 **Design:** We analysed protein expression of C1q in freshly isolated and cultured human articular
35 chondrocytes using western blot, ELISA and flow cytometry. We examined changes in mRNA
36 expression of collagen, MMP-1 and various complement genes upon stimulation with pro-
37 inflammatory cytokines or C1q. mRNA expression of C1 genes was determined in articular mouse
38 chondrocytes.

39 **Results:** Primary human articular chondrocytes express genes encoding C1q, *C1QA*, *C1QB*, *C1QC*, and
40 secrete C1q to the extracellular medium. Stimulation of chondrocytes with pro-inflammatory
41 cytokines upregulated *C1QA*, *C1QB*, *C1QC* mRNA expression, although this was not confirmed at the
42 protein level. Extracellular C1q bound to the chondrocyte surface dose dependently. In a pilot study,
43 binding of C1q to chondrocytes resulted in changes in the expression of collagens with a decrease in
44 collagen type 2 and an increase in type 10. Mouse articular chondrocytes also expressed *C1QA*, *C1QB*,
45 *C1QC*, *C1R* and *C1S* at the mRNA level.

46 **Conclusions:** C1q protein can be expressed and secreted by human articular chondrocytes and is able
47 to bind to chondrocytes influencing the relative collagen expression.

48

49 **Word count:** 248

50 **Keywords:** Chondrocytes, Complement, C1q, Cartilage, Osteoarthritis

51 INTRODUCTION

52 Chondrocytes are the only cells present in the healthy cartilage matrix. They are responsible for the
53 synthesis and turnover of the articular extracellular cartilage matrix (ECM). Originating from
54 mesenchymal stem cells, chondrocytes are located in matrix cavities called lacunae. The two major
55 ECM macromolecules produced by chondrocytes are collagen type 2 and aggrecan [1]. Healthy
56 cartilage mainly consist of these two components, but in the development of osteoarthritis (OA) the
57 composition of the cartilage changes. In OA the chondrocytes can dedifferentiate and thereby reverse
58 to a fibroblast phenotype, and the chondrocytes can terminally differentiate to a hypertrophic
59 phenotype. Dedifferentiation is characterized by expression of Collagen type 1 and decreased
60 expression of ACAN and Collagen type 2. Whereas hypertrophy is characterized by the expression of
61 Collagen type 10, runt-related transcription factor 2 (RUNX2) and matrix metalloproteinase 13
62 (MMP13) [2]. In the early stages of OA it has been shown that the cartilage content changes from
63 mainly collagen type 2 to collagen type 1 [3]. Furthermore, chondrocytes that have been isolated from
64 patients with OA also produced collagen type 10[4].

65 The complement system is an important part of the innate immune defence, which is able to remove
66 dying cells, immune complexes and kill pathogens. The complement system can be activated via three
67 pathways; the classical pathway, the lectin pathway and the alternative pathway. C1q is the
68 recognition molecule of the classical pathway and together with the proteases C1r and C1s it forms
69 the C1 complex [5]. C1q can activate the classical pathway (CP) by binding different ligands such as
70 IgG and IgM antibodies, but also DNA, C-reactive protein (CRP) and lipopolysaccharides [5-7].
71 Following activation of the CP, a C3 convertase is generated which cleaves C3 into two functional
72 fragments, C3b which functions as an opsonin and C3a which is a chemoattractant promoting further
73 involvement of the innate and/or adaptive immune system. The final step in the CP is the formation
74 of the membrane attack complex (MAC) which creates a pore on the target membrane inducing lysis
75 (**Figure 1A**). While most of the complement proteins are made by the liver, an essential set of
76 complement proteins is made by cells of the immune system [8, 9]. C1q producing cells originate from

77 haematopoietic stem cells, such as macrophages, immature dendritic cells and mast cells [7, 10-12].
78 However, other reports suggest that decidual endothelial cells, microglia and osteoclasts can also
79 produce C1q [13-15].
80 Previous studies described that matrix molecules like aggrecan, fibromodulin and osteoadherin can
81 bind C1q and thereby activate the classical pathway of the complement system [16-18]. The cartilage
82 oligomeric matrix protein (COMP) is a strong ligand for C1q. It is hypothesised that COMP interferes
83 with the binding site of C1r and C1s resulting in inhibition of the classical pathway [19]. This
84 interference is also reported for the cartilage fragments decorin and biglycan [20]. Taken into account
85 the ability of C1q to interact with matrix molecules, it is relevant to determine whether C1q is locally
86 produced in the articular cartilage and whether they can cause detrimental changes in chondrocytes.
87 Proteomic data from synovial fluid from osteoarthritic patients shows the presence of complement
88 components [21, 22]. Wang et al. described that complement is important in the pathogenesis of OA
89 [23], as the presence of the MAC, which is the terminal product of the complement cascade, could be
90 detected in the cartilage. Although the authors speculated that complement activation takes place
91 outside the cartilage and then attacks damaged chondrocytes, it cannot be excluded that
92 chondrocytes initiate complement activation leading to MAC deposition. Similarly, in a bovine
93 cartilage model it was shown that terminal pathway complement components were detected upon
94 degradation [24]. Additionally, in the early 90's it was already described that articular chondrocytes
95 express mRNA for C1q and that deposits of the C1q molecule were present in the cartilage. However
96 at that time, the source and function of the C1q was not clear [25]. Articular cartilage is avascular and
97 relies on diffusion of molecules, the structure is heterogenous and the possibility to proteins to diffuse
98 into the cartilage decreases with increasing molecular size [26, 27]. C1q exists out three different
99 polypeptide chains: C1qA (27,5 kilo Dalton (kDa)), C1qB (25,2 kDa) and C1qC (23,8 kDa). From each
100 chain six copies are required, resulting in a total of 18 polypeptide chains which assemble together
101 (460 kDa) before the full C1q molecule is secreted by the cell (**Figure 1B**). OA causes disruption in the
102 cartilage structure and therefore may become more permeable. The size limit of proteins that can

103 move freely in cartilage is estimated to be around 65 kDa [25]. Diffusion of IgG (150 kDa) has been
104 demonstrated but exhibited unexpectedly slow diffusion through the superficial region [27], C1q is an
105 even larger protein with a total molecular mass of 460 kDa, which makes it unlikely that it can readily
106 diffuse into cartilage.

107 In this study, we have investigated whether primary human articular chondrocytes are able to express
108 and secrete C1q proteins. We have also determined if the expression of C1q is modulated under
109 inflammatory conditions, frequently present in OA.

110

111

112 **MATERIALS AND METHODS**

113 *Patient*

114 Cartilage was obtained as left-over tissue from OA patients undergoing total knee-replacement
115 surgery in the Alrijne hospital, Leiden. The study was approved by the local medical ethical committee.

116

117 *Isolation of chondrocytes*

118 Chondrocytes were isolated from cartilage obtained from total knee-replacement surgery. Cartilage
119 pieces were incubated in 20 ml PBS with pronase (2 mg/ml, Roche) for 90 minutes, followed by
120 overnight incubation with collagenase type 2 (225 U/ml, Worthington) in 20 ml F12 DMEM culture
121 medium (Gibco) supplemented with 1% penicillin and streptomycin. After digestion of the tissue, the
122 chondrocytes were passed over a cell strainer (mesh width 70 μ M) and were pelleted. The
123 chondrocytes were cultured, without extra passages, for further stimulation purposes or directly lysed
124 for Western blot analysis and RNA isolation. The purity of the chondrocytes upon isolation was
125 determined by Flow Cytometry using CD14 (BD Biosciences cat#555399) and CD45 (BD Biosciences
126 cat#555482) expression to check for contamination of hematopoietic cells.

127

128 *Stimulation of chondrocytes*

129 Primary chondrocytes were plated in a cell density of $0.5 \times 10^5/\text{cm}^2$ in F12 DMEM culture medium
130 (Gibco) supplemented with 10% BSA (Bovine Serum Albumin), L-glutamine, penicillin and
131 streptomycin. Chondrocytes were stimulated for 24 hours with IL-1 β (30 ng/ml, R&D systems), TNF- α
132 (100 ng/ml, R&D systems), TGF- β (10 ng/ml, peprotech), LPS (100 ng/ml, Sigma) or C1q (1 / 10 / 100
133 $\mu\text{g}/\text{ml}$. Quidel) and RNA was isolated as described below. For western blot analysis primary
134 chondrocytes were lysed and C1qA, C1qB, C1qC was determined as described previously [28]. For
135 ELISA, lysates and culture supernatants of chondrocytes (unstimulated or stimulated with 30 ng/ml IL-
136 1 β) were harvested after 72h hours and C1q levels were determined as described before [28]. The
137 supernatants were concentrated according to manufacturer's protocol (Amicon Ultra-0.5 Centrifugal
138 Filter, Merck) before analysis by ELISA was performed.

139

140 *ELISA*

141 C1q levels were measured using an in-house developed ELISA. Maxisorp plates (nunc) were coated
142 overnight with mouse anti-human C1q (2204), (Nephrology department, LUMC) in coating buffer
143 (0.1M Na₂CO₃, 0.1M NaHCO₃, pH9.6). Plates were washed and blocked with PBS/1%BSA for one hour
144 at 37°C. After washing, a serial dilution of a pool of normal human serum (NHS) was applied as a
145 standard and samples were added in dilution buffer and incubated for one hour at 37°C. After washing,
146 plates were incubated with rabbit anti-human C1q (Dako cat#A0136) for one hour at 37°C and for
147 detection a goat anti-rabbit HRP (Dako cat#P0448) was used which was also incubated for one hour
148 at 37°C. All washing steps were performed with PBS/1%BSA/0.05%Tween. The substrate was added
149 to the plates using 2,2'-azino-bis-3-ethyl benzthiazoline-6-sulphonic acid (ABTS) and the signal was
150 measured at an absorbance level of 415 nm using Biorad iMark Microplate Absorbance Reader.

151

152 *Western Blot*

153 Using western blot the composition of C1q was examined by detection of the three chains of the C1q
154 protein. *Ex vivo* chondrocytes were lysed using NP-40 lysis buffer (Invitrogen, cat#FNN0021) in

155 combination with a protease inhibitor cocktail (Sigma cat#P2714) according to manufacturer's
156 protocol, next these lysates were applied in reduced conditions. Proteins were separated by SDS/PAGE
157 using Tris-glycine gels (Biorad cat#456-1033) under reducing conditions which were loaded with equal
158 amounts lysed chondrocytes. Next proteins were transferred on a Trans-Blot Turbo Transfer pack:
159 mini, 0.2 μ M PVDF (Bio-Rad). The membrane was blocked one hour in PBS containing 0.05% Tween
160 and 3% skimmed milk on room temperature. The rabbit anti-human C1q (Dako) was preincubated in
161 C1q depleted serum (Quidel) for one hour. Next, the blot was incubated with the preincubated rabbit
162 anti-human C1q overnight on 4°C. After washing with PBS/0.1% Tween the membrane was incubated
163 with goat anti-rabbit HRP (Dako) for one hour at room temperature. Finally, the blot was washed and
164 C1q was visualized using ECL Western Blotting Analysis system (GE Healthcare).

165

166 *Intracellular flowcytometry staining C1q*

167 Isolated chondrocytes were fixed and permeabilized by using the Cytofix/Cytoperm™
168 Fixation/Permeabilization Solution Kit (BD). Next, the chondrocytes were incubated with rabbit anti-
169 human C1q-FITC (Dako) or with an isotype control rabbit Ig-FITC (Dako) for 20 minutes on ice in the
170 dark. After incubation the chondrocytes were washed and measured on LSRII. Analyses were
171 performed using FlowJo version 10.

172

173 *Surface binding C1q chondrocytes*

174 Chondrocytes were incubated for 45 minutes at RT with or without purified C1q in different
175 concentrations (1 / 10 / 100 μ g/ml). C1q incubation of chondrocytes was performed on a plate shaker
176 at 600 rpm to prevent pelleting of the cells. After incubation the cells were washed and binding of C1q
177 to the surface of chondrocytes was detected using rabbit anti-human C1q-FITC (Dako). Rabbit Ig-FITC
178 (Dako) was used as isotype control. Samples were measured on LSRII and analyses was performed
179 using FlowJo version 10.

180

181 *qPCR Human chondrocytes*

182 RNA was isolated from cultured chondrocytes using either RNeasy mini kit (Qiagen) or mirVana™
183 miRNA Isolation Kit (Invitrogen) and concentration was determined with the NanoDrop (NanoDrop
184 Technologies). Subsequently, the RNA was treated with DNase I, Amplification Grade (Invitrogen) and
185 cDNA was synthesized using superscript III (200U/μl, Invitrogen). The cDNA was diluted and qPCR was
186 performed using SensiFast Sybr no-ROX (Bioline). Primers specific for *MMP1*, collagen type 1, type 2,
187 type 10, *C1R*, *C1S*, *C3*, *C5* and the C1q genes *C1QA/B/C*, as well as the reference *RPL5* were used (see
188 **Table 1** for primer sequences). The qPCR was performed on the real time PCR system (BioRad CFX-
189 384) with an activation step of 3 min on 95°C (hot start polymerase activation), a melting temperature
190 of 95°C for 5 seconds and at an optimized annealing temperature per primer for 5 seconds followed
191 by an elongation step for 20 seconds on 72°C for 40 cycles. At the end of the protocol melting curves
192 were performed from 65°C to 95°C to test specific binding of SensiFast Sybr.

193

194 *Immunofluorescence staining of C1q in chondrocytes*

195 Freshly isolated chondrocytes were cultured on poly-d-lysine (Sigma 50 μg/ml) chamber slides
196 (Thermo Scientific) and fixated and permeabilised using 1% paraformaldehyde and acetone. Cells
197 were subsequently incubated with rabbit anti-C1q (Dako) or isotype control rabbit Ig (Dako) for one
198 hour at RT. After washing, slides were incubated with goat anti-rabbit ALEXA 488 (Invitrogen) and
199 ActinRed 594 (Applied bioprobes) for one hour at RT. Finally, the slides were covered with Vectashield
200 containing DAPI (Vector laboratories) to stain nuclei and analysed on a confocal microscope (Leica SP8
201 confocal).

202

203 *qPCR Mouse chondrocytes*

204 Articular cartilage from tibia plateaus, femoral condyles were harvested from 5-6 days new born mice.
205 The isolation protocol was adapted from literature [29, 30], in short, chondrocytes were seeded in 12-

206 wells plates (200.000 cells/well) after matrix digestion with “liberase, Roche” (two digestions of 45
207 minutes with 0.1 mg/ml liberase and a third digestion with 0.025 mg/ml overnight). DMEM (Gibco Life
208 Technomogies, France) supplemented with 10 % fetal bovine serum (FBS), 2% L-glutamine and 1% of
209 antibiotic was used for this culture [30]. Isolated articular chondrocytes from several pups from the
210 same litter were pooled, sample #1 is one pooled litter and sample #2 is a pool from another different
211 litter. RNA was isolated using and cDNA synthesis was performed as previously described [31]. Next,
212 real-time qPCR was performed with primers specific for mice *C1QA/B/C*, *C1R* and *C1S* (see **Table 2** for
213 primer sequences). qPCR was performed on the real time PCR system (BioRad CFX-384) with an
214 activation step of 3 min on 95°C (hot start polymerase activation), a melting temperature of 95°C for
215 5 seconds and at an optimized annealing temperature per primer for 10 seconds followed by an
216 elongation step for 15 seconds on 72°C for 40 cycles. At the end of the protocol melting curves were
217 performed from 65°C to 95°C to test specific binding of SensiFast Sybr. After qPCR the products were
218 analysed on agarose gel with Nancy-520 fluorescent DNA binding dye.

219

220 *Statistics*

221 Statistical analyses were performed using Graphpad Prism version 7. To compare relative expression
222 levels or ratio the Wilcoxon test or Kruskall-Wallis test with Dunn’s multiple comparisons test were
223 used. To analyse the effect of increasing concentrations of C1q, compared to unstimulated, on relative
224 expression the Friedman test with Dunn’s multiple comparisons test was used, p-value’s <0.05 were
225 considered significant. In all graphs the mean with SEM is shown, or a representative figure.

226

227

228 **RESULTS**

229 ***Chondrocytes produce and secrete C1q protein***

230 We isolated primary human chondrocytes from articular cartilage obtained during surgical
231 procedures. First, we validated the purity of the isolated chondrocyte population, using flow

232 cytometry. As shown in Figure 1A, chondrocytes do not express the hematopoietic marker CD45 and
233 the myeloid marker CD14 (**Figure 1C**). Additionally, we used flow cytometry to analyse the presence
234 of intracellular C1q after isolation. Indeed, we observed with intracellular staining that C1q is present
235 in chondrocytes directly *ex vivo* (**Figure 1D**). To confirm these results, we subsequently let the
236 chondrocytes adhere for at least one hour at 37°C on chamber slides followed by the analysis of the
237 presence of C1q using confocal imaging. Also by microscopy we detected intracellular expression of
238 C1q in the chondrocytes (**Figure 1E**). Finally, freshly isolated chondrocytes were lysed and protein
239 extracts were prepared for western blot analysis to determine C1q expression. Also the lysates of the
240 chondrocytes stained positive for C1q (**Figure 1F**). Collectively, these data indicate that chondrocytes
241 express C1q protein.

242

243 ***C1q mRNA expression is increased in the presence of OA relevant stimuli***

244 Next, we aimed to determine whether C1q expression is modulated in an inflammatory milieu. To this
245 end, mRNA expression of the C1q chains, *C1QA*, *C1QB* and *C1QC*, was determined in cells that were
246 cultured with or without inflammatory stimuli that are thought to be relevant for OA, namely IL-1 β ,
247 TNF α , and LPS and growth factor TGF- β [32]. Stimulation with these mediators resulted in differences
248 in expression of *C1QA*, *C1QB* and *C1QC*, as analysed with Kruskal-Wallis (respectively: p=0.0282,
249 p=0.0283 and p<0.0001). After adjusting for multiple comparisons the only remaining significant
250 difference is IL-1 β versus LPS in *C1QC* expression, probably due to low number of donors (n=3) (**Figure**
251 **2A-C**). Subsequently, we also wished to determine whether C1q-protein expression is also elevated by
252 inflammatory stimuli. To this end, we stimulated chondrocytes with IL-1 β , since this cytokine displayed
253 the strongest effect on mRNA expression, albeit not statistically significant. After 72 hours, both the
254 cell lysates and the culture supernatants were analysed. Although we detected C1q protein expression
255 in both lysates and concentrated supernatant, we did not observe a difference between control and
256 IL-1 β stimulated chondrocytes (**Figure 2D, E**). Moreover, we noticed high variability in C1q production
257 among donors.

258

259 ***Complement and matrix component expression in pro-inflammatory environment***

260 Next, we sought to study the expression pattern of different collagens produced by chondrocytes
261 upon stimulation with pro-inflammatory cytokines. TGF- β is known to increase the expression of
262 Collagen type 1 in chondrocytes [33], although in our experiment the increase was only significant
263 compared to IL-1 β stimulation condition (**Figure 3A**). TGF- β also caused a slight non-significant
264 upregulation in the expression of collagen type 2 and type 10 (**Figure 3B, C**). No effect was observed
265 upon TNF α or LPS stimulation. IL-1 β caused a trend towards decreased expression in all collagen types,
266 type 1 (95% CI 0.33 – 0.52) type 2 (95%CI -0.03 – 0.20) and type 10 (95%CI -0.07 – 0.53). Also *MMP1*
267 expression was determined for the different stimulations, which showed an increase after stimulation
268 with IL-1 β , TNF α and LPS (**Figure 3D**). Furthermore, we investigated whether the expression of various
269 complement components could be modulated by the inflammatory cytokines. *C1R* and *C1S* expression
270 was analysed since these molecules in combination with C1q make one complete C1 complex, which
271 activates the classical pathway of the complement system. C3 and C5 are further downstream in the
272 complement system and important in the cascade for their ability to be cleaved into pro-inflammatory
273 molecules. There is trend towards increased *C1R*, *C1S* and *C3* expression upon IL-1 β , TNF and LPS
274 (**Figure 3E, F and G** respectively), however, probably due to inter-donor variability, these changes are
275 not significant. *C5* expression seems to be unaffected by all different stimulations after 24 hours of
276 stimulation (**Figure 3H**). Overall, the pro-inflammatory stimulation resulted not only in an upregulated
277 expression of the C1q genes also in slightly enhanced expression of C1r and C1s, allowing the
278 formation of the C1-complex.

279

280 ***C1q can bind to chondrocytes***

281 After showing that chondrocytes can produce C1q, we wished to assess the functional relevance of
282 such local C1q production. First, we tested whether C1q protein was able to bind to chondrocytes.
283 Chondrocytes were incubated with different concentrations of purified human C1q protein and

284 surface binding was analysed by flow cytometry. We observed a dose-dependent binding of C1q to
285 chondrocytes (**Figure 4A**). Next, we investigated whether C1q has a regulatory effect in chondrocytes
286 on the mRNA expression of a set of complement genes (*C1QA/B/C*, *C1R*, *C1S*, *C3* and *C5*), different
287 types of collagen (type 1, 2 and 10), *MMP-1*, *MMP13*, and on chondrocyte specific genes *SOX9* and
288 *ACAN*. Chondrocytes were incubated for 24 hours with the same concentrations of C1q as used for
289 flow cytometry, after which RNA was isolated and qPCR performed. Treatment with 100 µg/ml C1q
290 induced significant decrease in *MMP13* expression (95% CI: 0.11 – 0.60), and a non-significant
291 decrease in *COLL2* (95% CI 0.45 – 0.92) and *MMP1* (95% CI 0.30 – 0.60). In addition, we observed a
292 non-significant increase in *C1QA*, *C1QB* (95% CI: 1.012 – 2.12), *C1S* and *COL10A1*. *SOX9* and *ACAN*, two
293 chondrocytes specific genes, were unaffected by the stimulation with C1q (**Figure 4B**). With lower
294 concentrations of C1q no differences were observed (data not shown). It has been previously
295 demonstrated that OA cartilage has a more dedifferentiate phenotype [34]. Therefore we analysed
296 the ratio between expression of the genes encoding Collagen type 2 and 10, as an increased Collagen
297 type 10 over Collagen type 2 expression which could be indicative of hypertrophic chondrocyte
298 differentiation. Stimulation of chondrocytes with 100 µg/ml C1q led to a significant increase in
299 Collagen type 10 over Collagen type 2 expression. Overall, the data provide preliminary evidence that
300 stimulation of chondrocytes by C1q affects expression of various genes (decreased *MMP13* and ratio
301 change *COLL2:COLL10*) by the chondrocytes and could therefore affect the composition of the
302 cartilage.

303

304 ***Mouse chondrocytes express all genes required to form the C1 complex***

305 Finally, we aimed to demonstrate the presence of C1q transcripts in mouse articular chondrocytes. To
306 this end, mRNA was isolated from articular mouse chondrocytes, from two different litters, and qPCR
307 was performed for mouse *C1QA*, *C1QB*, *C1QC*, *C1S* and *C1R*. For both samples we observed expression
308 and PCR product for all genes analysed. The PCR products were further analysed on agarose
309 confirming the correct size of the bands and single bands. (**Figure 5**). These data indicate that, like

310 human articular chondrocytes, mouse articular chondrocytes similarly express transcripts for the
311 genes encoding the C1 complex, allowing further studies into the functional impact of C1 expression
312 in experimental murine models.

313

314

315 **DISCUSSION**

316 The main cell types described to produce C1q are derived from haematopoietic stem cells [8].
317 Chondrocytes are derived from mesenchymal stem cells and are important in the production of
318 extracellular matrix molecules to build up the cartilage. Wang et al. described that the dysregulation
319 of complement system in the synovial joints has a central role in the pathogenesis of OA [23]. Also, in
320 a transcriptomic approach complement genes were differentially expressed in OA knee cartilage [35].
321 Although in the early 90's, various complement components have been detected in cartilage including
322 C1q mRNA, the presence of C1q at the protein level could at that time not be confirmed *in vitro*.
323 Likewise, the possible function of C1q in cartilage was not addressed [25]. Here, we demonstrate that
324 isolated chondrocytes indeed produce C1q protein.

325 To evaluate which factors can modulate the production of C1q by chondrocytes, we stimulated the
326 chondrocytes with cytokines known to be present in the joint during inflammation [32]. The
327 expression patterns of C1q genes were different compared to the expression of the collagen genes
328 after TGF- β stimulation. As expected, the expression of the different types of collagen showed an
329 increase of expression after stimulation of TGF- β [36]. In contrast, the expression of the C1q genes
330 was mostly unaffected. Stimulation with IL-1 β and TNF- α led to an increase in mRNA expression for
331 the C1q genes compared to unstimulated chondrocytes. However, an increase in C1q secretion at
332 protein level was not observed in our experimental conditions, which could be due to a later
333 translation. The production of C1q was very variable among donors, which may be related to the
334 inflammatory state of the cartilage sample, or other unknown factors. Unfortunately, due to
335 limitations in the samples; low numbers and the samples being obtained from left-over tissue, there

336 is not enough information regarding patient demographics, to draw conclusions regarding C1q
337 production and disease state.

338 C1q released by the chondrocytes could deposit on the cartilage or reach the synovium which is
339 damaged by inflammation. However, C1q is a large 460 kDa protein and the size limit of proteins that
340 can move freely in cartilage is estimated to be around 65 kDa [25]. Therefore, it is likely that C1q
341 produced by the chondrocytes plays a local rather than systemic function. Conceivably, C1q would
342 function in an autocrine setting in stimulating the chondrocytes, or alternatively C1q would be
343 involved in local complement activation and / or cartilage biology, involving C1r and C1s directly
344 outside the chondrocyte. We speculate that C1q and complement activation may be involved in the
345 maintenance of a lacuna for the chondrocyte. In such a scenario the released C1q, possibly by the
346 action of the enzymes C1r and C1s, may trigger the degradation of matrix molecules that are (too)
347 close to the cell body of the chondrocytes.

348 Previous studies have demonstrated that the serine protease C1s can degrade collagen type 1 and
349 type 2 when it is activated [37] and that it can play a role in the degenerative cartilage matrix in
350 rheumatoid arthritis [38]. We also observed an increase in RNA expression of C1s and C1r after
351 stimulation. In *ex vivo* chondrocytes we were also able to detect C1s in the lysates by Western blot
352 (data not shown). This could indicate that under pro-inflammatory conditions, complement activation
353 can occur both in the cartilage, as well as on the synovial surface of the cartilage. Together with the
354 production of C1q and C3, it is conceivable that the production of different complement components
355 by chondrocytes has a local function, contributing to cartilage degradation.

356 Next to a direct effect of C1q on complement activity via C1s on cartilage remodelling, C1q could also
357 impact chondrocyte biology by binding C1q receptors. Several molecules have been coined to be C1q
358 receptors [39], but which of these receptors would be relevant in the context of chondrocytes is
359 unknown. The isolated chondrocytes represented a pure cell population as evidenced by FACS and as
360 evidenced by cell culture. On the coverslips the cell population appears homogeneous. The cells may
361 appear somewhat small as compared to their cultured and passaged counterparts, but this is likely

362 the consequence of the fact that these are freshly isolated and non-passaged cells. We have shown
363 that C1q can bind to the surface of chondrocytes but we currently have no insight into which receptors
364 or ligands C1q is binding to. In a first study with a limited number of patients, we analysed the effect
365 of C1q on the gene expression profile of chondrocytes. After incubation with 100 µg/ml C1q, a
366 significant change in the ratio between collagen type 2 and 10 expression levels was shown, in favour
367 of more collagen type 10, suggesting that exposure to C1q (in high concentration) can contribute to a
368 switch in the relative proportion of collagen expression, and tissue degrading enzyme(s). The
369 concentration of C1q used to stimulate the chondrocytes (100 µg/ml) is roughly the same as the serum
370 concentration of C1q, however if such a concentration is achievable locally in the cartilage is unclear.
371 These data provide evidence that C1q can have functional effects on articular chondrocytes and
372 provide the basis for future, more in-depth studies with larger cohorts of patients.

373 In our study we only used cartilage and chondrocytes derived from patients who underwent a total
374 knee replacement due to OA, indicating that the cartilage could already be in inflammatory conditions.
375 Therefore, for further investigations towards the role of complement in the cartilage it would be
376 interesting to compare these results with healthy donors. The observation that also mouse primary
377 chondrocytes express all genes required to make the C1 complex (*C1QA*, *C1QB*, *C1QC*, *C1R* and *C1S*)
378 indicates that also experimental murine models can be employed to study the *in vivo* role of C1q in
379 cartilage biology and pathology.

380 In summary, we show that isolated human articular chondrocytes express and secrete C1q protein,
381 C1q is able to bind to chondrocytes and provide first evidence that C1q could induce changes in
382 extracellular matrix molecule expression. Collectively, these data indicate a potential role in locally
383 produced C1q in OA pathogenesis.

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387 **CONTRIBUTIONS**

388 RL, RAVs, AIF and LAT designed the study and interpreted the data. RL, RAVS, JCK, NEWL, AMB, SM and
389 CC collected and assembled the data. RJL, RM and AIF provision of study material or patients. RET, AIF
390 and LAT obtained funding. All authors critically revised and approved the manuscript.

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400 **CONFLICT OF INTEREST:** The authors report no conflict of interest.

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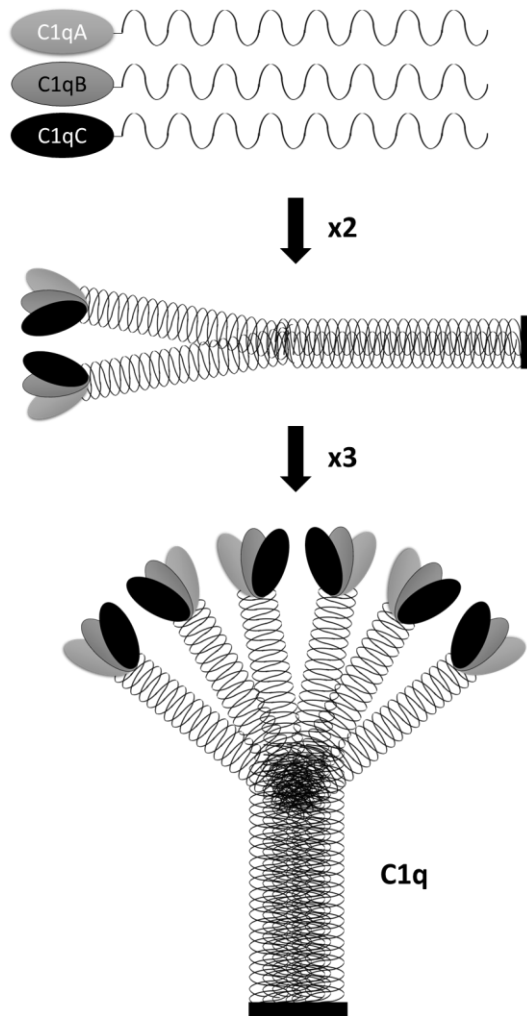
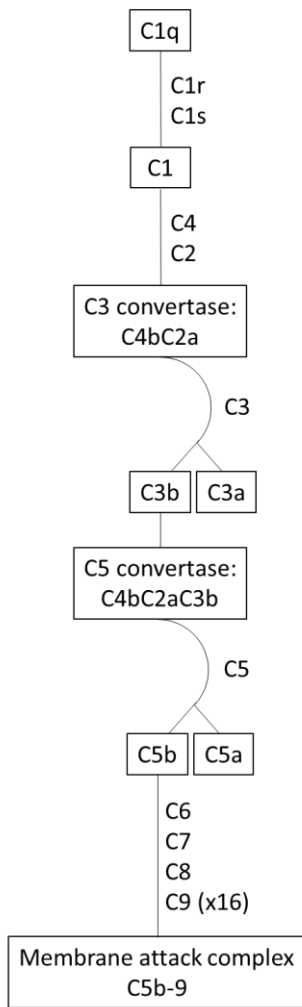
402 **FIGURE LEGENDS**

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404 **Figure 1. Chondrocytes express C1q protein**

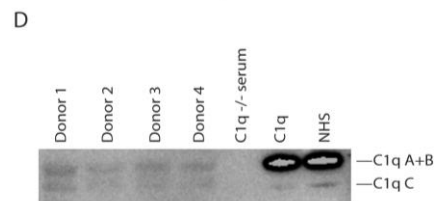
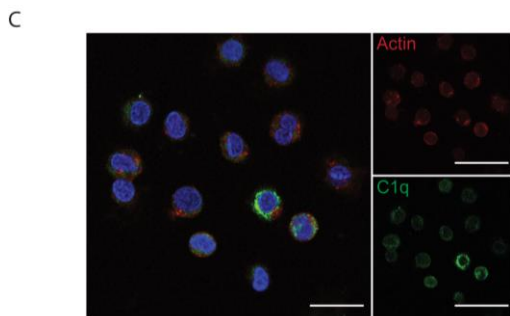
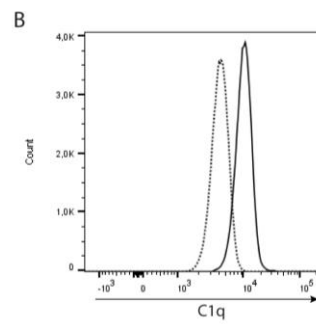
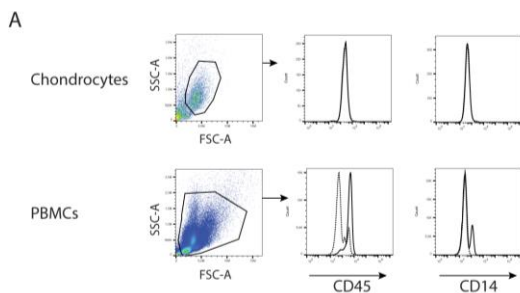
405 (A) Schematic presentation of the classical pathway of the complement system. (B) Schematic
406 representation of the assembly of the C1q molecule. C1q is assembled from three different chains, A,
407 B and C. (C) Flow cytometry of chondrocytes isolated from human cartilage compared to Peripheral
408 blood mononuclear cells (PBMCs), dashed lines correspond with the isotype staining and solid lines to
409 the antibody. (D) Flow cytometry of intracellular C1q in chondrocytes after isolation, the dashed line
410 correspond with the isotype staining and the solid line to the antibody. (E) Cultured chondrocytes on
411 chamber slides. C1q is visualized with ALEXA488. Actin is used as counterstaining at 594 nm. The
412 nucleus is stained with DAPI, 630x magnification, the scale bars indicates 6.3 μm . (F) Western blot
413 analysis of lysates of isolated chondrocytes from 4 different donors, purified C1q and normal human
414 serum (NHS) serve as positive control whereas C1q^{-/-} serum served as a negative control.

Classical Pathway Complement system



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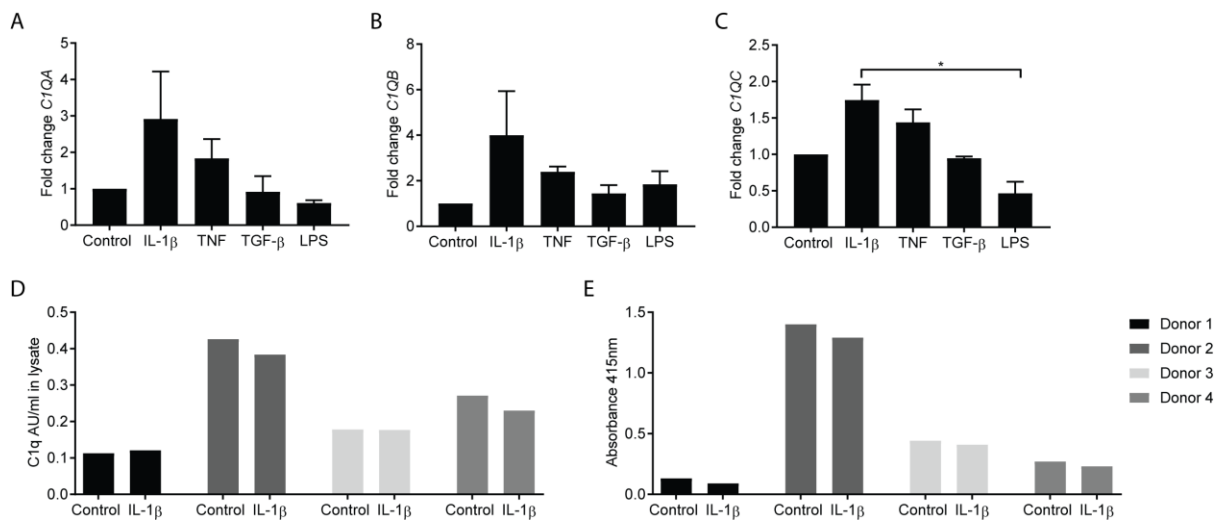
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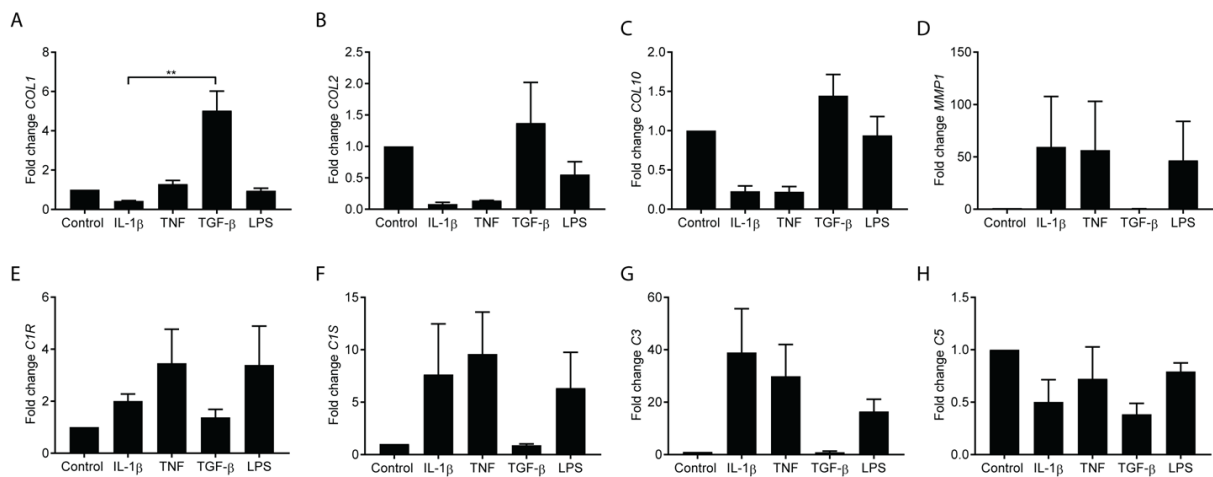
418 **Figure 2. C1q after stimulation with pro-inflammatory cytokines**

419 (A-C) Fold change expression after correction with *RPL5* of *C1QA*, *C1QB* and *C1QC*. Data represents
 420 mean and SEM of 3 different OA donors measured in duplicate after 24 hours stimulation (N=3).
 421 Differences in expression were analysed with Kruskal-Wallis, after adjusting for multiple comparison
 422 the individual significant adjusted p-values were plotted when $p < 0.05$ (*). (D) Chondrocytes were
 423 stimulated with IL-1 β for 72 hours, after stimulation the supernatant was collected and concentrated,
 424 additionally, the chondrocytes were lysed. Next, C1q was measured by ELISA. C1q measured in
 425 chondrocyte lysates by ELISA expressed as AU/mL in 4 donors. (E) Supernatant was collected and
 426 concentrated and C1q was measured and is expressed as the absorbance measured at 415nm. To
 427 compare relative expression levels Kruskal-Wallis test with Dunn's multiple comparisons test was
 428 used for statistical analysis and p-value's < 0.05 (*) were considered significant.



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437 **Figure 3. mRNA expression of complement and matrix genes after 24 hours stimulation (N=3).**
 438 Fold change expression after correction with *RPL5* of (A) *COLA1*, (B) *COL2A1*, (C) *COL10*, (D) *MMP1*, (E)
 439 *C1R*, (F) *C1S*, (G) *C3* and (H) *C5*. Data represents mean and SEM of 3 different OA donors measured
 440 after 24 hours stimulation in duplicate. To compare relative expression levels Kruskal-Wallis test with
 441 Dunn's multiple comparisons test was used and p-value's <0.05 were considered significant (p
 442 <0.01 **).

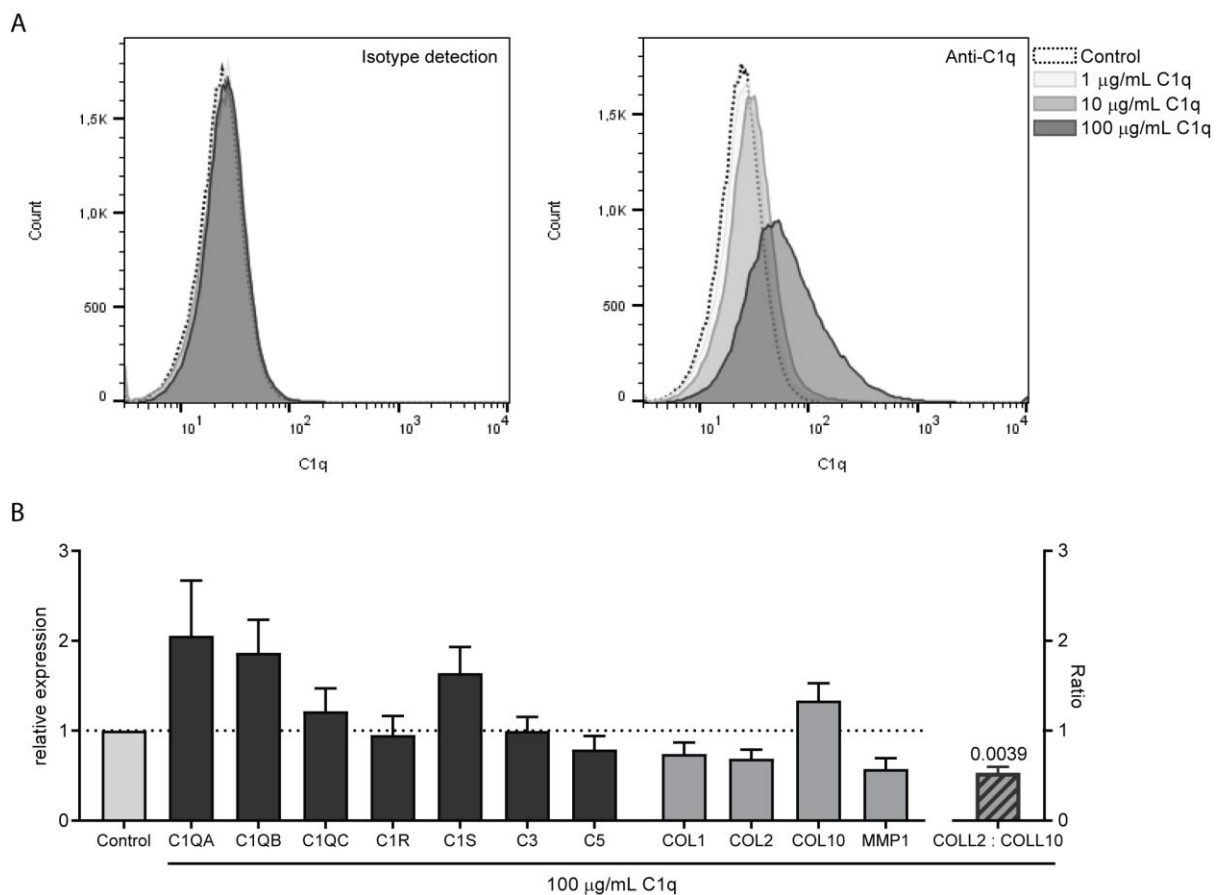


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445 **Figure 4. C1q effects on chondrocytes**

446 (A) Representative figure for detection of C1q by flow cytometry on the surface of chondrocytes after
 447 incubation with an increasing concentration of C1q (n=3). (B) Chondrocytes were incubated in the
 448 presence of an increasing concentration of C1q (1 / 10 /100 µg/ml C1q) for 24 hours, after stimulation
 449 RNA was isolated and analysed for expression of both complement, matrix and chondrocyte specific
 450 genes. Stimulation and isolation was performed on biological triplicate and qPCR was performed with
 451 technical duplicate, mean with SEM are shown (n=9). Only the data from 100 µg/ml C1q stimulation
 452 is shown, on the right hand side the ratio of COL2:COL10 is presented. The dashed line at y=1
 453 represents the unstimulated (UNST) level expression. The relative expression was analysed with
 454 Kruskal-Wallis test with Dunn’s test for correction of multiple testing, the ratio was analysed with
 455 Wilcoxon-rank test. P-value’s <0.05 were considered significant.



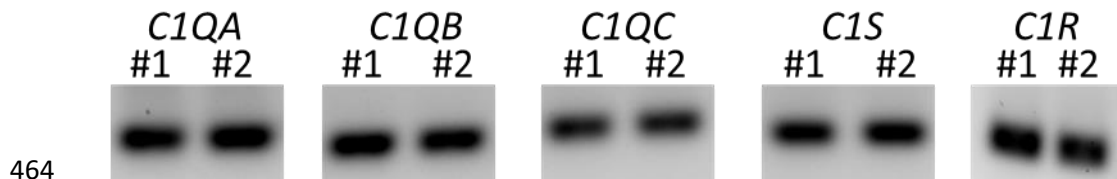
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459 **Figure 5. C1 expression in mouse articular chondrocytes**

460 Articular chondrocytes from mouse pups that were 6 days old were collected from two different
461 litters. Both samples are a pool of isolated articular chondrocytes from several pups from the same
462 litter, sample #1 is one pooled litter and sample #2 is a pool from another litter. Agarose gel of PCR
463 products from isolated mRNA analysed for *C1QA*, *C1QB*, *C1QC*, *C1S* and *C1R* expression.



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