

## Health-related quality of life in glioma patients: the added value of combining clinical trial datasets

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## Stellingen

- Analyses on the individual patient level, in addition to analysis on the group level, proved to be
  of additional value as these analyses may lead to different and complementary information
   this thesis
- Combining quality of life and survival in one outcome is feasible, and should be used in future studies to ultimately incorporate the net clinical benefit in clinical decision making - this thesis
- More than half of the patients already experience symptoms in at least three symptom clusters before the start of anti-tumor treatment, and thus routine symptom assessment, even before treatment, should be standard clinical practice

   this thesis
- 4. In general, allocated treatment is not associated with HRQoL deterioration at a clinical relevant level and therefore prolongation of the progression-free survival time, while monitoring HRQoL, is meaningful for patients
  - this thesis
- Routine monitoring of patients using patient reported outcomes improves patient-clinician communication, clinician awareness of symptoms, symptom management, patient satisfaction, quality of life, and even overall survival
  - Basch et al., JAMA, 2017
- 6. Large-scale individual patient data projects that give greater scope in the analyses and provide more and detailed answers to research questions are highly dependent on international collaborations
  - modified from Tierney et al., PLOS medicine, 2015
- Without patient-reported outcome data, real-world evidence will not actually reflect how real patients experience real therapies in the real world
  - Calvert et al, Nature reviews, 2019
- 8. Without mental health there can be no true physical health
  - B. Chrisholm, 1954 Since mental and physical health are intimately linked, (medical) psychology is an indispensable link in the multidisciplinary field of integrated health care
- 9. It is what it is
  - translated Dutch saying Deal with it
- 10. Exercise is associated with the improvement of overall happiness
  - TheLancetPsychiatry,2018 Good things come to those who sweat
- 11. De meeste mensen zijn andere mensen Stelling refererend aan straatpoëzie - Crooswijksesingel 66-BG, 3034 CJ Rotterdam