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Review

# Synthesis of highly <sup>13</sup>C enriched carotenoids: access to carotenoids enriched with <sup>13</sup>C at any position and combination of positions\*

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Carotenoids and their metabolites are essential factors for the maintenance of important life processes such as photosynthesis. Animals cannot synthesize carotenoids de novo, they must obtain them via their food. In order to make intensive animal husbandry possible and maintain human and animal health synthetic nature identical carotenoids are presently commercially available at the multi-tonnes scale per year. Synthetically accessible <sup>13</sup>C enriched carotenoids are essential to apply isotope sensitive techniques to obtain information at the atomic level without perturbation about the role of carotenoids in photosynthesis, nutrition, vision, animal development, etc. Simple highly  $^{13}$ C enriched  $C_1$ ,  $C_2$  and  $C_3$  building blocks are commercially available via 99% 13CO. The synthetic routes for the preparation of the <sup>13</sup>C enriched building blocks starting from the commercially available systems are discussed first. Then, how these building blocks are used for the synthesis of the various 13C enriched carotenoids and apocarotenoids are reviewed next. The synthetic Schemes that resulted in <sup>13</sup>C enriched β-carotene, spheroidene, β-cryptoxanthin, canthaxanthin, astaxanthin, (3R,3'R)-zeaxanthin and (3R,3'R,6'R)lutein are described. The Schemes that are reviewed can also be used to synthetically access any carotenoid and apocarotenoid in any 13C isotopically enriched form up to the unitarily enriched form.

Keywords:  $\beta$ -carotene, spheroidene, astaxanthin, canthaxanthin, zeaxanthin

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### INTRODUCTION

Carotenoids are a class of coloured unsaturated tetraterpenes. Carotenoid biosynthesis takes place in the chloroplast of plant cells, cyanobacteria, algae and fungi via the methylerythritol phosphate pathway distinct from the mevalonic acid pathway for all other isoprenoids (Goodwin, 1980; Thibodeux & Liu, 2009).

The carotenoids occur in membrane carotenoid complexes in photosynthetic organism both in antennae pigments that absorb light and in the photosynthetic reaction centre that convert the electronic energy into energy rich molecules. In the latter complexes, they protect these systems against light damage (Britton, 2009; Telfer et al., 2009).

The products of organic photosynthesis serve as food and energy rich materials in our society. The fossil fuels that we use are the products of photosynthesis in the past. Without carotenoids oxygenic photosynthesis would be impossible and life on earth as we know it would not be possible.

Animals cannot synthesize carotenoids *de novo*. They are dependent on the plant materials in their food. A very important role of some carotenoids is their enzymatic generation of retinoids in the body. In Scheme 1 it is indicated that  $\beta$ -carotene 1 is enzymatically converted into all-*trans* retinal 2 which is further converted into retinol 3 and retinoic acid 4 (Britton, 2009).

Scheme 1. The enzymatic conversion of  $\beta$ -carotene 1 in the human (animal) body into retinal 2, which can be converted into retinol (vitamin A) 3 and retinoic acid 4.

Besides this important role as source of the retinoids, carotenoids fulfill many other important roles to maintain health in humans and animals (Carotenoids, 2009). The present day intense animal husbandry and maintenance of human health is impossible without industrially produced nature-identical carotenoids. A number of important synthetic, nature-identical carotenoids are produced by BASF and DSM at a 3000 tonnes scale a year (Paust, 1996).

In order to follow the conversions of nutrients in the body isotopically labeled systems are essential. This type of study was pioneered by Schoenheimer with stable isotope labeled macronutrients (Schoenheimer, 1942). At that time this approach for macronutrients like carotenoids would not have worked due to the low sensitivity of the isotope sensitive techniques. In the mean time the analytical techniques have greatly improved in sensitivity such that site-directed stable isotope retinoids with high isotope incorporation at at least 3 positions

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{(10,19,19,19-2H)-retinyl acetate} have become a favorite (Olsen, 1997).

The separation properties may even change upon introduction of a number of deuterium isotopes; octadeuteroβ-carotene can be separated from natural abundance β-carotene with HPLC techniques (Dueker et al., 1994). Deuterium is situated at the periphery of the molecule, the deuterium-protium mass ratio is 2/1 and the C-D bond is shorter than the C-H bond length. In the case of multiple <sup>13</sup>C enrichment the isotope is situated in the carbon skeleton of the molecule and the mass ratio is 13/12. For these reasons <sup>13</sup>C labels systems were used recently as reference in nutritional studies (van Lieshout et al., 2001; Wang et al., 2008). Besides the difference in mass the <sup>13</sup>C isotope has I=1/2 which allows the <sup>13</sup>C NMR studies. Isotope sensitive non-invasive physical techniques such as NMR and resonance Raman studies allow obtaining information at atomic resolution without any perturbation of the carotene-proteins involved in light harvestation and energy conversion during photosynthesis. In this paper we discuss the site-direct <sup>13</sup>C incorporation in carotenoids at any position and combination of positions for nutritional and spectroscopic studies.

# ACCESS TO HIGHLY $^{13}\mathrm{C_2},~^{13}\mathrm{C_3}$ ENRICHED BUILDING BLOCKS

In natural abundance carbon contains 1.1% <sup>13</sup>C and 98.9% <sup>12</sup>C. Commercially 99% <sup>13</sup>CO is obtained by cryogenic distillation of carbon monoxide (Lockhart, 1979). The enrichment factor is 90. As indicated from <sup>13</sup>CO 5, <sup>13</sup>CH<sub>3</sub>OH 6, K<sup>13</sup>CN 8 and <sup>13</sup>CH<sub>3</sub>I 9 are easily prepared (Lockhart, 1979). Simple reactions lead to [1-<sup>13</sup>C]-, [2-<sup>13</sup>C]-and [1,2-<sup>13</sup>C<sub>2</sub>]-acetonitrile 10 and [1-<sup>13</sup>C]-, [2-<sup>13</sup>C]- and [1,2-<sup>13</sup>C<sub>2</sub>]-acetic acid 7 depending if the synthesis of the two carbon building blocks is prepared with only one of the both highly <sup>13</sup>C enriched building blocks. Ethyl bromoacetate 16 is prepared *via* a bromination and subsequent esterification.

The <sup>13</sup>C<sub>2</sub> building blocks have been used to make Wittig reagents (Creemers & Lugtenburg, 2002). The anion of acetonitrile **10** reacts with methyl iodide **9** in high

EIO 
$$\bigcirc$$
 CN  $\bigcirc$  CN  $\bigcirc$ 

Scheme 2. The  $^{\rm 13}{\rm C_2}$  building blocks that are easily available from 99%  $^{\rm 13}{\rm CO}$  5  $\it{via}$  known procedures.

They are accessible in any site directed highly enriched form up to the  $^{\rm 13}{\rm C_3}$  enriched form.

Scheme 3. The preparation of the highly  $^{13}\text{C}$  enriched building blocks for the synthesis of  $\beta$ -carotene. They are available in any  $^{13}\text{C}$  enrichment in any possible position.

yield to give propionitrile 12. Diethyl chlorophosphate reacts with the anion of acetonitrile 10 and the anion of propionitrile 12 to give diethyl phosphonoacetonitrile 11 and diethyl phosphonopropionitrile 13, respectively. An Arbuzov reaction of ethyl bromoacetate 16 with triethylphosphite gives ethyl diethyl phosphonoacetate 17. The reaction of ethyl bromoacetate 16 with triphenylphosphine gives triphenyl phosphonium acetate 18. Anion of 18 can easily be converted into the corresponding propionate system 19 by treatment with methyl iodide 9.

Depending on the reagents each <sup>13</sup>C<sub>3</sub> building block is available in high <sup>13</sup>C enrichment at any carbon position and any combination of carbon positions. The Wittig reaction of diethyl phosphonopropionitrile **13** with benzaldehyde and subsequent DIBAL-H reduction gives 3-phenyl-2-methyl-3-propenal **14**. To obtain the acetal of prop-2-one-1-al **15**, product **14** is treated first with 1,2-dihydroxymethylene benzene to protect the aldehyde, then followed by oxidative cleavage with potassium permanganate (Jansen, 1996).

In Scheme 3 it is indicated that reagents from Scheme 2 are used to prepare ethyl-3-oxo-butyrate 21 via a Blaise reaction of acetonitrile and the zinc derivative of iodoacetate 20. Monochlorination of 21 and subsequent acid hydrolysis gives 1-chloroacetone 22 (Creemers & Lugtenburg, 2002). The Wittig reaction of product 22 with diethyl phosphonoacetonitrile 11 gives (E/Z)-4-chloro-3-methylbut-2-enenitrile 23. The Arbuzov reaction of triethylphosphite with product 23 gives the reagent (Z/E)-4-(diethylphosphono)-3-methylbut-2-enenitrile 24 and similarly, diphenyl methylphosphite gives the corresponding (Z/E)-4-(diphenylphosphono)-3-methylbut-2-enenitrile 25.

Ethyl 3-methylbutenoate **26** is obtained by the reaction of acetone and the Wittig reagent **18** (Scheme 2), followed by the reduction with DIBAL-H and subsequent treatment with aqueous HBr to obtain 1-bromo-3-methylbut-3-ene **27**. The latter is coupled with ethyl acetoacetate **21**. Subsequently, the alkylated product is hydrolyzed and decarboxylated to obtain 6-methylhept-5-ene-2-one **28**.

# $^{13}C$ ENRICHED $\beta$ -CAROTENE

In Scheme 4 it is indicated that starting from  $\beta$ -ionone **29** with the reagents described in Schemes 2 and 3 [12,12',13,13',14,14',15,15',20,20'-<sup>13</sup>C<sub>10</sub>]-all-E  $\beta$ -carotene **1** is prepared (Lugtenburg *et al.*, 1999).  $\beta$ -Ionone **29** gives a chain extension with diethyl phosphonoacetonitrile **11**, subsequent DIBAL-H reduction gives all-E and 9-Z- $\beta$ -ionylidene acetaldehyde **30** which can easily be separated by column chromatography.

Scheme 4. The synthesis of [12,12',13,13',14,14',15,15',20,20'- $^{13}$ C<sub>10</sub>]-all-*E*  $\beta$ -carotene 1.

The product **all-E 30** is treated with anion of (Z/E)-4-(diethylphosphono)-3-methylbut-2-enenitrile **24a**. When the reaction is carried out at above  $-20^{\circ}$ C in the absence of excess base, the Wittig reagent occurs only in the extended form without a trace of geometric isomers. The resulting retinonitrile is formed in the all-E form only, careful DIBAL-H reduction gives all-E retinal **2**.

A subsequent McMurry reductive coupling of all-E retinal **2** gives all-E  $\beta$ -carotene **1**. The reactions in Scheme 4 have been carried out with  $^{13}C_5$ -phosphonate **24** resulting in [12,12',13,13',14,14'15,15',20,20'- $^{13}C_{10}$ ]-all-E  $\beta$ -carotene **1** with  $^{13}C$  incorporation of 99% at each of the mentioned positions (Lugtenburg *et al.*, 1999).

It is clear that *via* the reactions in Scheme 4 all-*E* β-carotene 1 can be prepared in any possible <sup>13</sup>C enriched form that is symmetrically incorporated at the position 12 up to 12' and 20 up to 20'. Curiously carrying out the reactions with the corresponding <sup>13</sup>C<sub>5</sub>-diphenyl building block gives an about 1:1 mixture of for vision research important 11-*Z*-retinal 2 and all-*E* retinal 2 which can easily be separated by column chromatography (Wang *et al.*, 2004). The difference in electronegativity between the ethoxy and phenoxy group on the phosphorous is presumably the cause of this result.

The introduction of better electron withdrawing groups *via* Arbuzov reactions with 1-chloroacetone **22** was unsuccessful. Lately, the conversion of (*Z/E*)-4-(diethylphosphono)-3-methylbut-2-enenitrile **24** into the corresponding dichloro derivative has been reported (Monbaliu *et al.*, 2010). It is to be expected that *via* this phosphonyl chloride many better electron withdrawing groups can be introduced leading to the hope that using these reagents 11-*Z*-retinal can be obtained in pure 11-*cis* 

Scheme 7. Synthetic Scheme to prepare both  $[14-^{13}C]$ -all-E spheroidene and  $[14'-^{13}C]$ -all-E spheroidene.

Scheme 5. The synthetic Scheme to prepare  $[U^{-13}C]$ -all-E retinal  $[U^{-13}C]$ -all-E 2.

Scheme 6. The preparation of the site directed mono-acetal of the  $^{13}\text{C}_{10}$ -dialdehyde in all possible  $^{13}\text{C}$  isotopomomers.

form only, which will be an important step for vision research.

# U-13C ENRICHED β-CAROTENE

[U- $^{13}$ C]-All-E retinal **2** can be converted easily into [U- $^{13}$ C]- $\beta$ - carotene **1** *via* the McMurry coupling shown in Scheme 4. The reactions to obtain [U- $^{13}$ C]-all-E retinal **2** are shown in Scheme 5 (Creemers & Lugtenburg, 2002). [U- $^{13}$ C]-6-Methylhept-5-ene-2-one [U- $^{13}$ C]-28 prepared *via* Scheme 3 is coupled with  $^{13}$ C<sub>2</sub>-diethyl phosphonoacetonitrile **11** giving [U- $^{13}$ C]-3,7-dimethylocta-2,6-dienenitrile [U- $^{13}$ C]-31 which upon treatment with concentrated sulphuric acid gives the α-cyclocitronitrile **31a** and subsequent DIBAL-H treatment gives [U- $^{13}$ C]-α-cyclocitral [U- $^{13}$ C]-32. The α-form is fully converted into the conjugated [U- $^{13}$ C]-β-cyclocitral [U- $^{13}$ C]-33.

Reaction of [U-<sup>13</sup>C]-33 with (Z/E)-4-(diethylphosphono)-3-methylbut-2-enenitrile **24** above –20°C and subsequent DIBAL-H reduction gives pure [U-<sup>13</sup>C]-all-Ε β-ionylidene acetaldehyde [U-<sup>13</sup>C]-all-Ε **30**. Repeating this sequence results in pure [U-<sup>13</sup>C]-all-Ε retinal [U-<sup>13</sup>C]-all-Ε **2**. [U-<sup>13</sup>C]-All-Ε retinal **2** is expected to give [U-<sup>13</sup>C]-all-Ε β-carotene **1** without any problem. It is clear that besides [U-<sup>13</sup>C]-all-Ε β-carotene **1** all

β-carotenes that have symmetrical <sup>13</sup>C isotope enrichment are accessible *via* the reactions described in Scheme 5 and the building blocks that are required in <sup>13</sup>C enriched forms can be prepared according to the literature (Creemers & Lugtenburg, 2002).

The reactions in Scheme 5 are not applicable for carotenoids with different end groups or for asymmetric introduction of <sup>13</sup>C in symmetric carotenoids. A general approach based on 2,7-dimethylocta-2,4,6-triene-1,8-dial is used in the commercial synthesis of β-carotene 1 *via* Wittig chemistry (Creemers & Lugtenburg, 2002).

Scheme 8. Preparation of the end group of canthaxanthin in any possible <sup>13</sup>C isotopologues.

In Scheme 6 it is indicated that the acetal of prop-2-en-1-al 15 (Scheme 2) can be easily converted into the mono site protected aldehyde of 2,7-dimethylocta-2,4,6-triene-1,8-dial 36. Product 15 is chain extended twice with diethyl phosphonoacetonitrile 11 and DIBAL-H reduction into the acetal conjugated aldehyde 35. A final chain extension with diethyl phosphonopropionitrile 13 and subsequent reduction gives the required monoacetal of 2,7-dimethylocta-2,4,6-triene-1,8-dial 36.

In literature the synthesis of building blocks 37 and 39 have been described (Jansen & Lugtenburg, 2009).

 $[6.6^{\circ},7.7^{\circ},^{13}C_{4}]-Astaxanthin + [8.8^{\circ},9.9^{\circ},10,10^{\circ},11,11^{\circ},19,19^{\circ},^{13}C_{10}]-Astaxanthin \\ [4.4^{\circ},^{13}C_{2}], [12,12^{\circ},^{13}C_{2}], [13,13^{\circ},^{13}C_{2}], [14,14^{\circ},^{13}C_{2}], [15,15^{\circ},^{13}C_{2}], [20,20^{\circ},^{13}C_{2}]-Astaxanthines$ 

Scheme 9. Preparation of the end groups of astaxanthin and the final conversion into <sup>13</sup>C enriched astaxanthines.

Scheme 10. Reactions to prepare (3,3'-RR,SS,SR)-zeaxanthin 63 in <sup>13</sup>C enriched form at any carbon position.

The Wittig coupling of the labeled aldehyde 36 with product 37 in refluxing 1,2-epoxybutane and subsequent deprotection gives the conjugated aldehyde 38.

Repeating this coupling with building block **39**, results in [14'-¹³C]-spheroidene **40** where as first coupling of **36** with **39**, subsequent deprotection and final coupling with building block **37** gives [14-¹³C]-spheroidene **40**. These reactions have actually been carried out with the all-*E* [¹³C<sub>10</sub>]-7-cyano-2-methylocta-2,4,6-trienal (Jansen, 1996). The reactions in Scheme 7 lead to any carotenoids ¹³C enriched in any possible way in the central part of the carbon skeleton.

In Scheme 8 the acid catalyzed conversion of 3,7-dimethylocta-2,6-dienenitrile **31** into the cycloderivative **31a** has been discussed. Epoxidation of the double bond with *meta*-chloroperbenzoic acid (*m*-CPBA) gives the epoxide derivative **41**.

Treatment of product **41** with a base gives (4R.5)-4-hydroxy- $\beta$ -cyclocitronitrile **42** (Lugtenburg *et al.*, 1999; Jansen, 2000). Pyridinium chlorochromate oxidation and subsequent ketalisation with ethylene glycol gives compound **43** which upon DIBAL-H reduction gives the 4,4'-protected β-cyclocitral **44**. Wittig-Horner reaction with the  ${}^{13}C_{5}$ -phosphonato derivative results in the β-ionylidene acetoester **45**, which upon treatment with DIBAL-H and subsequent deprotection gives 4-oxo-β-ionylidene ethanol **46**.

In Scheme 9 it is shown that upon treatment with two equivalents LDA, the alcoholate anion of **46** is treated with oxaziridine to give (3R*S*)-3-hydroxy-4-oxo-β-ionylidene ethanol **47**. Treatment with triphenyl

phosphine and HBr results in the Wittig salt 48 (Becker *et al.*, 1981). The Wittig coupling of the phosphonium salt 48 with the <sup>13</sup>C<sub>10</sub>-dialdehyde 49 in 1,2-epoxybutane gives (3,3'-RR,SR,SS)-astaxanthin 50. The [4,4'-<sup>13</sup>C<sub>2</sub>]- and the other isotopologues of astaxanthin indicated in Scheme 9 have been prepared.

In Scheme 10 it is shown that (4R\$)-4-hydroxy-β-cyclocitronitrile 42 is converted by acid catalyzed dehydration into the cyclohexadienenitrile 51 (van Wijk *et al.*, 2003). Oxidation with *m*-CPBA acid results epoxidation of 3,4-double bond in product 52. DIBAL-H reduction results in (3R\$)-3-hydroxy-β-cyclocitral 53, chain extension and subsequent DIBAL-H reduction gives the 3-hydroxy-β-ionylidene acetaldehyde 54 followed by protection with TBDMSCl and reduction with NaBH<sub>4</sub> and subsequent reaction with Ph<sub>3</sub>P.HBr gives the Wittig salt 56. The lat-

ter could be converted into zeaxanthin **63**. In literature (*3R*,*3*'*R*)-all-*E* β-carotene-3,3'-diol enriched with <sup>13</sup>C at 12,12',13 and 13' has been reported (Khachik *et al.*, 1995). Product **59** can also be converted into (3*RS*)-3-hydroxy all-*E* retinal **55** which upon McMurry coupling gives the corresponding (3,3',-*RR*, *SR*, *SS*)-zeaxanthin **63** (Lugtenburg *et al.*, 1999).

In Scheme 11 it is indicated that  $\alpha$ -cyclocitral **32** is prepared in any  $^{13}$ C isotopologue *via* Scheme 5 that can be converted into  $\alpha$ -ionone **57** by treating it with the imine of butylamine and acetone. If a  $^{13}$ C enriched isotopologue is required  $\alpha$ -cyclocitral **32** could be coupled with the diethyl phosphonoacetonitrile **11** first and then the obtained nitrile could be converted into  $\alpha$ -ionone **57**.

Scheme 11. Synthesis of (3R)-3-hydroxy- $\beta$ -ionylidene ethyl triphenyl phosphonium bromide (3R)-56 from  $\alpha$ -cyclocitral 32.

Scheme 12. Preparation of (3R,3'R)-zeaxanthin 63 and  $\beta$ -cryptoxanthin 66.

The conversions of  $\alpha$ -ionone 57 to 58 has been described in literature (Khachik & Chang, 2011). Protection of the keto function in 58 and subsequent oxidation with *t*-butyl hydroperoxide in aqueous hypochlorite gives the 3-oxo derivative 58, which with K-Selectride and deprotection of the keto function results in (3R*S*)-3-hydroxy- $\alpha$ -ionone 59 which upon treatment with KOH gives the corresponding (3R*S*)-3-hydroxy- $\beta$ -ionone 60.

Scheme 13. Preparation of (3R,3'R,6'R)-lutein 72 starting from  $\alpha$ -ionone.

Treatment of (3R\$)-3-hydroxy-β-ionone **60** with vinyl acetate in the presence of lipase gives (3\$)-hydroxy-β-ionone **60a** and (3R)-acetoxy-β-ionone **61**. The latter has been converted into (3R,3'R)-zeaxanthin **63** *via* coupling of **(3R)-56** and dialdehyde **49** in Scheme 12.

The Schemes discussed so far allow access to any C40 carotenoid labeled with 13C at any position and combination of positions. The only carotenoid that is not accessible in any <sup>13</sup>C enriched form is (3R,3'R,6'R)-lutein. Recently the synthesis of (3R,3'R,6'R)-lutein in natural form has been published (Khachik & Chang, 2009). Wittig-Horner reaction of α-ionone 57 gives α-ionylidene acetonitrile 67, which upon treatment with t-butyl hydroperoxide and aqueous hypochlorite solution gives the 3-oxo-α-ionylidene acetonitrile 68. Treatment of 68 with K-Selectride and subsequent reaction with vinyl acetate in the presence of lipase and final DIBAL-H reduction gives the (3R,6R)-3-hydroxy-αionylidene acetaldehyde 69. These reactions have also been used for the conversions in Scheme 11.

Coupling of product (3R,6R)-69 with the protected  $^{13}C_{10}$ -phosphonium salt gives compound **71**. The latter is converted in a final Wittig coupling with (3R)-56 (Scheme 11) into (3R,3'R,6'R)-lutein **72**. For the introduction of  $^{13}C$  at any carbon position in lutein,  $\alpha$ -ionylidene acetonitrile **67** should preferably be made via  $\alpha$ -cyclocitral **32** and coupling with

(Z/E)-4-(diethylphosphono)-3-methylbut-2-enenitrile **24** (Scheme 5).

The phosphonium salt **70** is easily available *via* the aldehyde **36**. *Via* the Schemes in this paper all important C<sub>40</sub>-carotenoids are now accessible in any <sup>13</sup>C labeled form at any position and combinations of positions. The Schemes for the introduction of <sup>13</sup>C discussed so far have a few drawbacks. First, the six membered rings contain two di-

astereotopic methyl groups on carbon 1 and carbon 1': when the methyl groups have one <sup>13</sup>C and one <sup>12</sup>C isotope, the quaternary carbon atom 1 will be optically active, giving diastereomeric mixtures that cannot be separated. Second, the introduction of substitution in the six membered rings leads to long linear synthetic Schemes resulting in low yields of these carotenoids with <sup>13</sup>C enrichment in the six membered rings.

For the solution of both problems we have found that 4-methyl-3-carbethoxypent-3-ene-2-one 73 has been converted in one pot with allyl triphenylphosphonium bromide 74 into the cyclic ester 75 (Büchi & Wuest, 1971). We carried out a Knoevenagel condensation of 1,1-dimethoxyacetone 76 with 1-cyanoacetone 77 to give 3-cyano-5,5-dimethoxy-4-methylpent-3-ene-2-one 78 (Dawadi & Lugtenburg, 2007). Reaction of the anion of acetone at position 4 of 78 should give the stable anion 79 analogous to the reaction between 73 and 74. The anion 79 is expected to form

Scheme 14. Synthesis of well defined six membered systems for the easy access to <sup>13</sup>C labeled end groups of carotenoids.

the phosphate ester 80 upon treatment with diethyl phosphonyl chloride. Subsequent reaction with base should give 3-oxo-β-cyclocitronitrile **81** (Dawadi & Lugtenburg, 2010). Application of the reduction and enzymatic conversion in Scheme 14 gives the building blocks for the end groups of zeaxanthin and lutein with one of the diasteromeric methyl groups in the form of a protected aldehyde, which will allow a site-directed <sup>13</sup>C introduction. After deprotection and reduction of the aldehyde end groups will be available with well defined chirality at the carbon position 1.

#### CONCLUSION

In this paper all known<sup>13</sup>C enriched C<sub>40</sub> carotenoids that have been published are reviewed. The Schemes described in this paper allow access to any biologically and commercially important carotenoid in well defined <sup>13</sup>C enriched form up to the U-13C enriched system. Combined with the reactions reviewed in the <sup>13</sup>C enriched retinal papers all apo-carotenoids are now also accessible in any 13C enriched form (Dawadi & Lugtenburg, 2010).

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