

**Dyslipidemia at the crossroad of the skin barrier and the arterial wall** Martins Cardoso, R.

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## Dyslipidemia at the crossroad of the skin barrier and the arterial wall

## Propositions

- 1. Although hypercholesterolemia may go unnoticed for decades, the skin silently compiles evidence of its lipid disturbances (*This thesis*).
- 2. Unraveling the impact of dyslipidemia on the skin lipid profile increases our understanding of the crossroads between dermatological disorders and cardiovascular disease (*This thesis*).
- 3. Different skin sites yield differential barrier lipid profile in response to hypercholesterolemia (*This thesis*).
- 4. Lyp-1 is a valuable tool to target lipid-laden macrophages in atherosclerotic lesions (*This thesis*).
- 5. Acknowledging key (skin) differences between mice and humans should not invalidate the use murine models but help scientists improve experimental design and translate their findings (*Zomer H.D. & Trentin A.G. Journal of Dermatological Science. 2018; 90(1), 3-112*).
- 6. The critical role of cholesterol in psoriasis is a crucial piece in the intricate puzzle connecting dermatological disorders and dyslipidemias (*Varshney P. et. al. Nature Scientific Reports. 2016; 6, 19295*).
- 7. In lipid model membranes small changes in short chain fatty acids significantly impact membrane permeability by increased conformational mobility (*Uchiyama M. et. al. BBA Biomembranes. 2016. 1858(9):2050-2059*).
- 8. The central role of macrophages in the pathogenesis of atherosclerosis makes them attractive targets for modulation of plaque development, regression and stability (*Barret T.J. Arteriosclerosis, Thrombosis, and Vascular Biology. 2020;40(1), 20-33*).
- 9. The Ph.D. path is a combination of professional, intellectual, and personal development processes, and its success cannot be solely measured by the doctorate thesis.
- 10. The tricky part of publishing research studies is to accept that there will always be more questions to be answered and then convince others to accept that too.
- 11. The biggest challenges require the strongest wills.

Renata Martins Cardoso Leiden, 5 October 2021