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# Tumor Biology of Vestibular Schwannoma: A Review of Experimental Data on the Determinants of Tumor Genesis and Growth Characteristics

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**Objective:** Provide an overview of the literature on vestibular schwannoma biology with special attention to tumor behavior and targeted therapy.

**Background:** Vestibular schwannomas are benign tumors originating from the eighth cranial nerve and arise due to inactivation of the *NF2* gene and its product merlin. Unraveling the biology of these tumors helps to clarify their growth pattern and is essential in identifying therapeutic targets.

**Methods:** PubMed search for English-language articles on vestibular schwannoma biology from 1994 to 2014.

**Results:** Activation of merlin and its role in cell signaling seem as key aspects of vestibular schwannoma biology. Merlin is regulated by proteins such as CD44, Rac, and myosin phosphatase-targeting subunit 1. The tumor-suppressive functions of merlin are related to receptor tyrosine kinases, such as the platelet-derived growth factor receptor and vascular endothelial growth factor receptor. Merlin mediates the Hippo pathway and acts within the nucleus by

binding E3 ubiquitinating ligase CRL4<sup>DCAF1</sup>. Angiogenesis is an important mechanism responsible for the progression of these tumors and is affected by processes such as hypoxia and inflammation. Inhibiting angiogenesis by targeting vascular endothelial growth factor receptor seems to be the most successful pharmacologic strategy, but additional therapeutic options are emerging.

**Conclusion:** Over the years, the knowledge on vestibular schwannoma biology has significantly increased. Future research should focus on identifying new therapeutic targets by investigating vestibular schwannoma (epi)genetics, merlin function, and tumor behavior. Besides identifying novel targets, testing new combinations of existing treatment strategies can further improve vestibular schwannoma therapy. **Key Words:** Vestibular schwannoma—Acoustic neuroma—Neurofibrosis type 2—Merlin—Tumor biology—Therapy—Tumor growth—Angiogenesis.

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Sporadic vestibular schwannomas (VSs) are benign tumors recapitulating the differentiation repertoire of the myelin-forming Schwann cells of the vestibular branch of the eighth cranial nerve. VSs derive within the internal auditory canal, often extending into the cerebellopontine angle. Associated symptoms are hearing loss, tinnitus, and vertigo. Large tumors can cause paralysis of adjacent cranial nerves and brainstem compression. Most VSs occur as unilateral sporadic tumors (>90%) (1). Bilateral tumors are pathognomonic for the hereditary disorder neurofibrosis type 2 (NF2). In this review, we discuss both but mainly focus on the sporadic tumors. In recent years, the incidence of VSs has increased to approximately 20 per million people per year (2–4). This is probably a consequence of the

increased application of magnetic resonance imaging scanning resulting in the identification of more subclinical cases.

Therapeutic management of VSs comprises three strategies, that is, microsurgery, radiotherapy, or serial radiologic observation. So far, pharmacologic treatment options are scarce (5–7). An important aspect determining the most suitable therapy is growth rate. Some tumors remain stable for years, whereas others grow relatively fast (Fig. 1). The biological background of this phenotypical heterogeneity is largely unknown. This review provides an overview of the literature on VS biology with special attention to tumor behavior and targeted therapy.

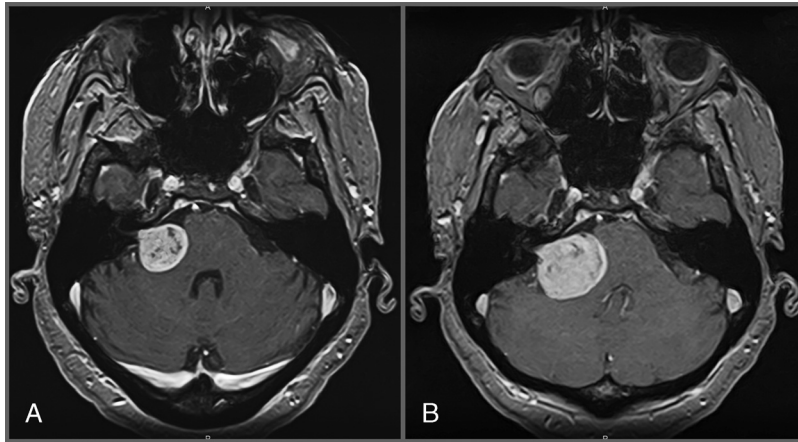
## NF2 Gene

An essential contribution to the understanding of VS biology was the isolation of the neurofibromatosis type 2 gene (*NF2*) (8,9). *NF2* encodes for the tumor suppressor protein merlin. This gene is located on chromosome 22q12 and contains 17 exons. Loss of functional merlin is essential in schwannoma pathogenesis (10). Heterozygous germline

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**FIG. 1.** Sequential T1-weighted gadolinium enhanced magnetic resonance imaging scans of a fast-growing sporadic VS. This tumor more than doubled in volume from 4.25 ml (A) to 11.75 ml (B) in less than 10 months causing compression of the brainstem.

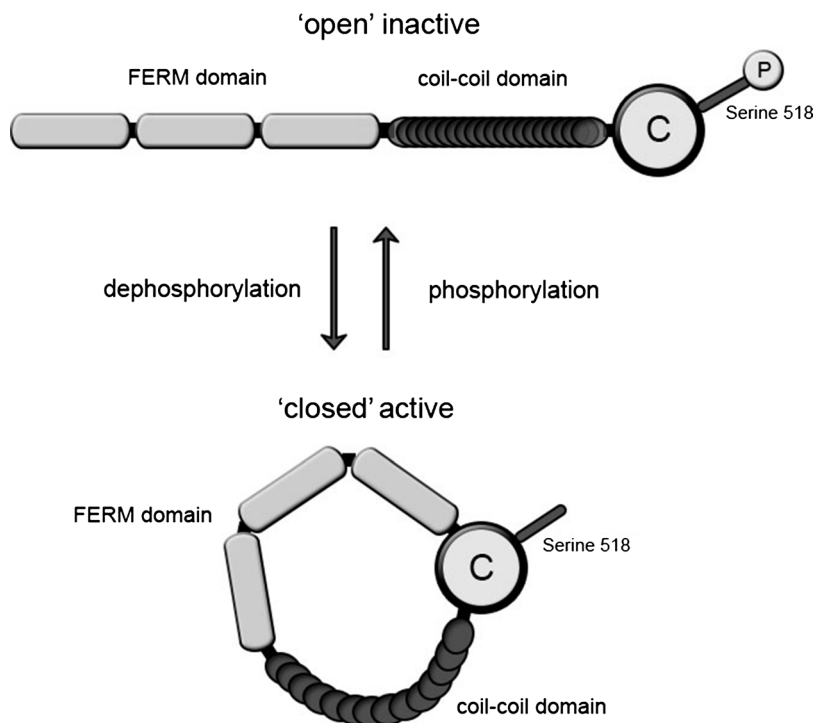
inactivating mutations affecting *NF2* cause the autosomal dominant disorder NF2 and biallelic somatic mutations of *NF2* are found in sporadic VSs (11).

#### Merlin Structure and Activation

Merlin is a cytoskeletal protein encoded by the *NF2* gene. It shows similarity to the ERM proteins, ezrin, radixin, and moesin. These proteins play an important role in linking the actin cytoskeleton with plasma membranes (12). “Merlin” is an acronym for “moesin-ezrin-radixin-like protein.” Merlin consists of a relatively conserved N-terminal FERM domain (Four-point-one, ezrin, radixin, moesin) domain followed by

a coil-coil domain and a carboxyl-terminal domain (13) (Fig. 2). The FERM domain is a membrane-binding module resembling the domain of the ERM proteins except for the C-terminal domain, which lacks an actin-binding motif (14–16). Instead, merlin directly binds actin with residues in the glutathione S-transferase N-terminal domain (17) or indirectly in association with II-spectrin or fodrin (18).

Merlin exists in an open and closed state. Dephosphorylation of merlin causes the protein to close. The closed conformation of merlin is the active tumor suppressor (19–21). Promitogenic signals initiated by membrane-bound integrins and receptor tyrosine kinases are transduced by the signaling



**FIG. 2.** Merlin structure. Merlin has three structural sections: the N-terminal FERM domain followed by a coil-coil domain and a carboxyl-terminal domain. Dephosphorylation of merlin at amino acid Serine 518 causes the protein to fold and become active.

protein Rac, which in turn activates p21-activated kinase (PAK) (22,23). Activated PAK phosphorylates merlin at amino acid serine 518 (19,24,25). This phosphorylation induces an open conformation of merlin, thereby inhibiting its tumor suppressor function. In addition to PAK, merlin is also phosphorylated by protein kinase A (26). PKA-mediated phosphorylation takes place not only at serine 518 but also at serine 10 (27). The effect of phosphorylation at serine 10 is not entirely clear, but it is suggested to induce changes of the actin cytoskeleton.

Conversely to Rac, engagement of cadherins or loss of mitogenic signaling inactivates PAK, leading to increased levels of closed, activated merlin (22). In accordance with these observations, inactivation of merlin leads to loss of contact inhibition (28,29) and accelerated progression of the cell cycle (30). By combining signals from cadherins and integrins, merlin mediates cell cycle progression.

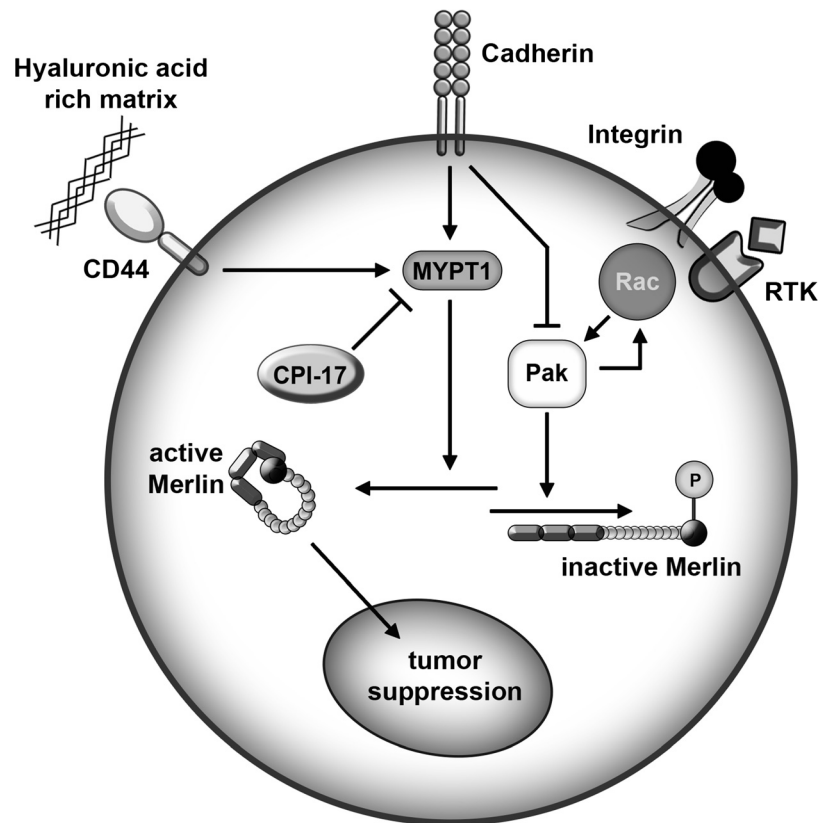
Another regulator of merlin is CD44, a transmembrane hyaluronic acid receptor involved in cell adhesion, matrix adhesion, and cell migration (31). Merlin mediates contact inhibition-dependent cell growth by its interaction with CD44. Through these interactions, merlin and CD44 may function as a switch controlling cell growth arrest or proliferation (32,33). Merlin can also be activated by myosin phosphatase targeting subunit 1 (MYPT1). This protein dephosphorylates merlin at amino acid serine 518 (20,34).

The concept of MYPT1-mediated activation of merlin is supported by the observation that CPI-17 (protein kinase C-potentiated phosphatase inhibitor of 17 kDa), a cellular inhibitor of MYPT1, causes loss of function of merlin (34). Figure 3 provides an overview of various interactions involved in merlin regulation.

### Merlin's Role in Cell Signaling

Contact-mediated inhibition is an important mechanism regulating cell growth. The tumor-suppressive role of merlin seems largely affected by contact inhibition (23,32,35,36). Identifying cellular pathways in which merlin participates may provide targets for treatment. Examples of targeted therapy are tyrosine kinase inhibitors, which have been successfully used for solid neoplasms such as gastrointestinal stromal tumors as well as leukemias (37,38). Tyrosine kinases are enzymes involved in the activation of numerous cell signaling cascades; when inhibited, they can slow down or arrest tumor progression. It is because of developments like these that a significant proportion of schwannoma-related research is now devoted to clarifying the function of merlin and the cell signaling pathways it affects. To maintain comprehensibility, only the most well-established interactions will be discussed.

Merlin's tumor suppressor function is linked to the integrin-mediated Rac pathway, which is involved in actin



**FIG. 3.** Merlin activation. Cell-to-cell adhesions and CD44 activate MYPT1, which dephosphorylates merlin resulting in a closed and active protein conformation. Conversely, integrins and receptor tyrosine kinases activate Pak, which phosphorylates merlin, inducing an open and inactivated conformation.

remodeling, cell cycle control, transcription, and apoptosis. Shaw et al. (19) were the first to describe this association. They demonstrated merlin's ability to negatively regulate Rac, this was confirmed by additional studies (23,39). A downstream target of Rac is PAK, the kinase responsible for the activation of merlin. The interaction between merlin, Rac, and PAK suggests a positive feedback loop between merlin and PAK.

Merlin has been proposed to suppress proliferation by inhibiting receptor tyrosine kinases, including the ErbB receptors, the platelet-derived growth factor receptor (PDGFR), the insulin-like growth factor 1 receptor (IGF1R), and the vascular endothelial growth factor (VEGF) receptor (28,35,40–42). This is confirmed by the fact that proteins of the oncogenic Ras/Raf/MEK/ERK and PI3K/AKT pathways, which are downstream of these receptor tyrosine kinases, are strongly activated in merlin deficient schwannoma cell models (43,44).

Merlin seems to act as a negative regulator of the mammalian target of rapamycin complex 1 (mTORC1), a kinase complex that regulates cell growth, cell proliferation, cell motility, and cell survival (45). mTORC1 seems activated in merlin-deficient meningioma cells (46). This is supported by the correlation between loss of merlin and mTORC1 activation observed in mesothelioma cell lines (30). The significance of mTORC1 as an effector of merlin is emphasized by the fact that the mTOR kinase inhibitor, Torin 1, could successfully block mTORC1 and AKT in merlin-deficient meningioma cells leading to inhibited cell proliferation (47). See Supplemental Digital Content, <http://links.lww.com/MAO/A313>, for an overview of kinases affected by merlin.

Merlin also mediates the Hippo pathway. This pathway controls organ size through regulation of cell proliferation and apoptosis. Mutations affecting this pathway are associated with different types of cancer (48). A study investigating Hippo signaling in *Drosophila* showed that merlin is required for cell proliferation arrest and apoptosis (49). This observation is supported by studies on meningioma cell lines and primary meningioma tumors, which demonstrated that merlin suppresses the oncoprotein YAP (Yes-associated protein), a member of the Hippo pathway capable of stimulating cell proliferation (50,51).

Most of merlin's interactions take place around the plasma membrane. A recent study showed that merlin also accumulates in the nucleus where it binds the E3 ubiquitin ligase CRL4<sup>DCAF1</sup> blocking its activity (52–54). CRL4<sup>DCAF1</sup> has been implicated to induce an elaborate oncogenic program of gene expression (55). Interactions between merlin and CRL4<sup>DCAF1</sup> seem to be essential for tumor suppression by merlin.

### NF2 Mutations in Sporadic VS

To date, the genetic profile of VSs has not been fully characterized. The only consistent genetic alteration is inactivation of the *NF2* gene. Multiple mutation analyses screening for *NF2* mutations in sporadic VSs have been described. Reports on the number of tumors containing a proven *NF2* mutation range from 15 to 84% (Table 1).

**TABLE 1.** *NF2* mutations in sporadic VSs

Author (ref. no.)	Year	<i>NF2</i> mutation rate
Irving et al. (58)	1994	13/85 (15%)
Sainz et al. (10)	1994	17/26 (65%)
Welling et al. (56)	1996	19/29 (66%)
Jacobi et al. (57)	1996	41/49 (84%)
Hadfield et al. (61)	2010	65/98 (66%)
Aarhus et al. (59)	2010	19/25 (76%)
Kullar et al. (73)	2010	12/40 (30%)
Lee et al. (74)	2012	16/30 (53%)
Lassaletta et al. (60)	2014	25/51 (49%)
Zhang et al. (65)	2014	50/145 (35%)
Torres-Martin (77)	2014	23/31 (74%)

Most mutations are small deletions and point mutations (56–61), resulting in truncated proteins. A significant proportion of VSs did not harbor a proven *NF2* mutation. Studies investigating the *NF2* gene product, both at RNA and protein levels, demonstrated decreased expression of *NF2* gene products in a much higher percentage of tumors than expected with regard to the percentage of tumors containing an *NF2* mutation (10,62–65). This difference could be explained by the involvement of other (epi)genetic changes that cause down-regulation of *NF2* expression. Another reason could be the fact that the used mutation detection methods were not sensitive enough. A possible factor impairing the sensitivity of these analyses is contamination of tumor tissue with, for instance, tumor invading cells of the intratumoral infiltrate. This theory is supported by our findings regarding the presence of tumor infiltrating macrophages in VSs (66,67).

### Epigenetic Alterations of NF2

Epigenetic alterations are involved in the development of many tumors (68,69). Hypermethylation of CpG Islands in the promoter region leading to gene silencing is an important epigenetic mechanism causing tumor suppressor inactivation (70). Aberrant methylation of *NF2* has been investigated in several studies. Kino et al. (71) analyzed 23 VSs and demonstrated aberrant methylation of *NF2* in 14 tumors, suggesting it as an alternative pathway of *NF2* inactivation. Gonzalez-Gomez et al. (72) reported hypermethylation of *NF2* in just 6 of 31 sporadic schwannomas. An even lower percentage was reported by Kullar et al (73). They found aberrant methylation of *NF2* in 4 of 40 sporadic VSs. Finally, Lee et al (74) investigated 30 VSs and found no aberrant methylation at all. The results of these studies vary considerably and do not provide a sufficient explanation for the subpopulation of VSs lacking a proven *NF2* mutation.

### Global Gene Expression Profiling of Sporadic VSs

Global gene expression profiling experiments provide powerful methods to analyze the expression pattern of a large panel of genes. Welling et al. (75) were one of the first to perform a complementary deoxyribonucleic acid (cDNA) microarray analysis on VSs. They studied seven tumors and identified several deregulated genes. Among the up-regulated genes were osteonectin (*SPARC*), an angiogenesis mediator, and *RhoB GTPase*, which is important in



**TABLE 2.** Summary of research on targeted therapy

Drug	Target	Author (ref. no.)	Main results
Bevacizumab	VEGF	Plotkin et al. (7) Plotkin et al. (93) Mautner et al. (5) Wong et al. (6)	Tumor shrinkage and mild hearing improvement in 9 of 10 patients Tumor shrinkage in >50% of 31 analyzed patients >40% tumor shrinkage in 2 of 2 patients Mouse model showing decrease of tumor vasculature after bevacizumab. Tumor growth decreased and the survival of treated mice extended by 50%
Erlotinib	EGFR	Plotkin et al. (105)	No radiographic or hearing response in 11 patients
Imatinib	PDGF	Altuna et al. (96) Yener et al. (97)	In vitro study demonstrating apoptosis and inhibition of cell proliferation In vitro study demonstrating reduction of angiogenesis in tissue specimens of NF-2-related as well as sporadic tumors
Lapatinib	EGFR/ErbB2	Ahmad et al. (99) Ammoun et al. (100) Karajannis et al. (101)	In vitro study demonstrating decrease of cell growth and proliferation in VS cell cultures In vitro study demonstrating decreased proliferation in a human schwannoma model Phase II trial demonstrating hearing an volume responses in lapatinib treated NF2 patients
AR42	PI3K/AKT	Bush et al. (102)	Growth inhibition of schwannoma cells
FRAX597	PAK	Licciulli et al. (106)	In vitro study displaying reduced schwannoma cell proliferation and an in vivo experiment indicating impairment of tumor development
Rapamycin	mTORC1	Giovannini (107)	Tumor growth arrest in one NF2 patient
Aspirin	COX-2	Kandatil et al. (108)	Inverse association between aspirin use and tumor growth

cell signaling. Among the down-regulated genes was *LUCA-15* which is related to apoptosis. Ezrin, a relative of merlin, was also down-regulated in a majority of tumors. This study's main limitation was the small number of samples, making statistical analysis difficult.

A microarray analysis by Cayé-Thomasen et al. (76) investigated 16 VSs and compared their gene expression pattern with three vestibular nerves. An interesting up-regulated gene was platelet-derived growth factor D, which is involved in cell cycle regulation. *PTEN* (phosphatase and tensin homolog deleted on chromosome 10), a tumor suppressor gene and major regulator of the PI3K/AKT pathway, was also up-regulated. The authors suggested *PTEN* up-regulation as compensatory for the lack of merlin inhibition. A comparison of the results of Cayé-Thomasen et al. and Welling et al. revealed an association related to *SPARC*. Welling et al. found this gene to be up-regulated while the scavenger receptor stabilin-1, involved in *SPARC* degradation, was up-regulated in the analysis by Cayé-Thomasen et al. Subsequently, Aarhus et al. (59) demonstrated up-regulation of *SPARC* as well, emphasizing the role of this gene in VS biology.

Another finding of Aarhus et al. was the down-regulation of tumor suppressor gene *CAVI*, suggesting that loss of *CAVI* participates in VS formation. In addition,

they performed a network and pathway analysis that indicated the ERK pathway as the central core linking the differentially expressed genes.

Coinciding results were reported in a microarray analysis by Torres-Martin et al. (77). They postulated that down-regulation of *CAVI* in schwannomas leads to de-regulation of MET, a tyrosine kinase receptor involved in cellular mechanisms such as proliferation, motility, and migration. Table 2 provides an overview of these data.

An important consideration when interpreting the results of these expression-profiling studies is the issue of the control tissue. Most studies used peripheral nerve tissue. Peripheral nerves predominantly contain axons surrounded by Schwann cells, whereas tumor tissue mainly consists of schwannoma cells. This proportional discrepancy in tissue type can cause non-tumor-related differential cDNA expression, which may obscure the actual results.

### Angiogenesis and the Role of the Tumor Microenvironment

Although VSs are relatively slow-growing neoplasms, they still require angiogenesis to progress beyond a certain size (78). Multiple angiogenesis-stimulating factors have been identified; the most well-established is VEGF. VEGF is expressed by VS cells (79–82), and several studies

**TABLE 3.** Global gene expression

Author (ref. no.)	Gene	Function	Regulation status
Welling et al. (75)	<i>SPARC</i>	Angiogenesis	Up-regulated
	<i>RhoB GTPase</i>	Promotion of cellular functions related to cancerous cells	Up-regulated
	<i>LUCA-15</i>	Apoptosis	Down-regulated
Cayé-Thomasen et al. (76)	<i>PDGFD</i>	Cell growth and division	Up-regulated
	<i>PTEN</i>	Tumor suppressor	Up-regulated
	<i>Stabilin-1</i>	Degradation of SPARC	Up-regulated
Aarhus et al. (59)	<i>SPARC</i>	Angiogenesis	Up-regulated
	<i>CAVI</i>	Tumor suppressor	Down-regulated
Torres-Martin et al. (77)	<i>CAVI</i>	Tumor suppressor	Down-regulated
Welling et al. (75)	<i>SPARC</i>	Angiogenesis	Up-regulated

have correlated the degree of VEGF expression with clinical parameters such as tumor growth (79,81), tumor volume (83), and microvessel density (83). VEGF expression can be induced by hypoxia in response to the production of hypoxia-inducible factor 1 $\alpha$  (HIF-1 $\alpha$ ) (84,85). Diensthuber et al. (86) studied HIF-1 $\alpha$  in sporadic VSs and demonstrated a relation between HIF-1 $\alpha$  expression and cell proliferation. Next to hypoxia, there are other microenvironmental factors regulating angiogenesis and tumor progression. Moller et al. investigated matrix metalloproteinase-9 (MMP-9), an enzyme involved in migration and invasion of endothelial cells during angiogenesis. They studied 37 sporadic VSs and demonstrated a correlation between MMP-9 expression and tumor growth (87). Inflammation is also capable of influencing tumor behavior. Macrophages form the major determinants of intratumoral inflammation. These so-called tumor-associated macrophages are associated with angiogenesis, cell growth, and down-regulation of the immune response (88). We performed a study on 68 sporadic (89)VSs and found a correlation between the expression of CD68-positive macrophages, tumor size, and angiogenesis (66). In a subsequent study, we were able to support the concept of inflammation-mediated tumor progression by linking macrophage expression to tumor growth (67). The active role of inflammation in VSs is denoted by the presence of the enzyme COX-2 (90). COX-2 is expressed at sites of inflammation and effects angiogenesis (91). VSs with higher proliferation rates show higher COX-2 expression (90).

VS angiogenesis also seems to be stimulated by the down-regulation of the antiangiogenic factor semaphoring 3F (SEMA3F)(7). A study presented by Wong et al. (92) demonstrated the ability of merlin to up-regulate SEMA3F through Rac1, thereby decreasing angiogenesis. All together, these studies support the importance of angiogenesis in VS development, making it an interesting target for pharmacotherapeutic treatment.

### Targeted Therapy

As mentioned in previous paragraphs, the increasing biological knowledge on VSs helps to identify targets for therapy. Next to angiogenesis, other targets are emerging. Various components of the cell signaling pathways affected by merlin, such as the receptor tyrosine kinases IGF1R, EGFR, and platelet-derived growth factor (PDGF), might also form targets for therapy. These growth factors are normally suppressed by merlin but can be inhibited pharmacologically as well.

Current research on targeted therapy for VSs primarily focuses on the NF2-related tumors. This paragraph discusses the latest developments regarding these pharmacotherapeutic options.

The angiogenesis-inhibiting drug bevacizumab is an anti-VEGF antibody approved by the US Food and Drug Administration for the treatment of several types of cancer. Plotkin et al. (7) were the first to investigate the effect of bevacizumab in NF2 patients. They demonstrated tumor shrinkage and mild hearing improvement in 9 of 10 subjects. Mautner et al. (5) reported similar results. The effect of

anti-VEGF therapy was also confirmed by Wong et al. (6). They showed that angiogenesis inhibitors bevacizumab or vandetanib decreased vascularisation and growth rate of schwannoma xenografts in nude mice. Finally, a retrospective study on 31 NF2 patients demonstrated hearing improvement and tumor shrinkage with bevacizumab in more than 50% of the patients (93). It should be noted that sustainable tumor control requires long-term treatment with bevacizumab (94). Because adverse effects of bevacizumab include hypertension, disrupted blood coagulation, embolism, and kidney complications, great caution should be exercised before starting therapy.

Another way to inhibit angiogenesis is by blocking the PDGF pathway. Besides having a proangiogenic function, PDGF serves as a mitogen for Schwann and schwannoma cells. Therefore, PDGF inhibitors have a direct effect on the schwannoma cells themselves as well. A drug capable of inactivating this pathway is imatinib mesylate (Gleevec) (37,95). The possibility that PDGF serves as a target for VS treatment was first suggested by Altuna et al. (37,96). They demonstrated that VSs express the PDGF receptor- $\beta$  and showed the ability of imatinib to alter cell cycle distribution and induce apoptosis in the VS cell line HEI193. They additionally demonstrated that imatinib inhibited cell proliferation in HEI193 and in primary VSs cells. Yener et al. (97) confirmed the growth inhibitory effect of imatinib. They conducted angiogenesis assays on VSs. Imatinib proved to be effective in reducing the angiogenic activity. Ammoun et al. (98) compared imatinib with the more potent platelet-derived growth factor receptor receptor inhibitor nilotinib (Tasigna). They found nilotinib to effectively inhibit the proliferation of VS cells at concentrations 6 to 10 times lower than imatinib. In addition, they demonstrated that a combination of nilotinib with selumetinib (AZD6244), a MAPK kinase inhibitor, even further inhibited cell proliferation.

Apart from antiangiogenic therapies, other therapeutic agents have been tested. Lapatinib is a dual EGFR/ErbB2 inhibitor. In vitro studies have demonstrated that this drug achieves inhibition of cell proliferation in VS cell cultures and it induces apoptosis in the HEI193 cell line (99,100). This effect was endorsed by a phase II trial testing volume and hearing responses in NF2 patients. Results showed 15% or greater tumor volume decrease in 4 of 17 patients. Hearing was monitored in 13 patients, 4 of which experienced an improvement in pure tone average of at least 10 dB (101).

The recently developed histone deacetylase inhibitor AR42 capable of blocking the PI3K/AKT pathway proved to be a potent growth inhibitor of schwannoma and meningioma cells (102). Targeting PDK1, which is a crucial activator of this pathway, can also inhibit AKT signaling in schwannoma cells (103) Yet another tyrosine kinase inhibitor tested for VS therapy is erlotinib. It acts through HER-1/EGFR inhibition. Erlotinib showed to inhibit growth of VS xenografts in nude mice (104). Subsequent tests on the efficacy of erlotinib in 11 VS patients (105) showed no radiographic or hearing responses, but some patients did experience prolonged stable disease.

FRAX597 is an inhibitor of PAK, the kinase responsible for the phosphorylation of merlin (Fig. 3). Licciulli et al. (106) found it to reduce proliferation in schwannoma cell lines and impair tumor development in an NF2 mouse model. Giovannini et al. showed that targeting the mTORC1 pathway with rapamycin (Sirolimus) leads to antagonization of tumorigenesis. This observation was made in vitro as well as in vivo schwannoma models. They even seemed to induce tumor growth arrest in an NF2 patient (107). It should be noted that these observations are opposed by results of a trial describing no tumor response in 9 patients treated with mTOR inhibitor everolimus (108).

Finally, there is the remarkable observation that plain aspirin is also associated with halted growth of VSs (109). It is suggested that the COX2-inhibiting effect of aspirin dampens the pathologic immune response and its tumor-promoting stimuli resulting in halted tumor progression. Table 3 provides an overview of target therapy for VSs.

### Future Prospects

To date, a wide range of potential therapeutic targets for VS treatment have been studied. Most drugs seem to induce an antiangiogenic or cytostatic response. An actual cytotoxic effect resulting in apoptosis has also been observed, for example, with drugs targeting EGFR and PDGF. By simultaneously targeting EGFR and ErbB2, actual tumor shrinkage could be accomplished in a number of NF2 patients. This outcome emphasizes the potential effect of combining different therapies. The ideal would be a therapeutic regimen of drugs tailored to the gene- or protein expression pattern within each individual tumor. Such an approach would require analysis of tumor tissue, which is virtually impossible in nonsurgically treated patients but could be applied in a subgroup of patients with tumor recurrence after surgery. The knowledge of having a good treatment alternative after surgery may also lessen the need for radical tumor extirpation, allowing more limited surgery with less morbidity.

Combining drugs with radiotherapy, a treatment approach already applied for different types of cancer, is another strategy worth considering. A recent study combining a c-Jun N-terminal kinase (JNK) inhibitor with gamma radiation (110) shows that the combination of these therapeutic strategies can be successful in VSs as well. Altogether, these emerging therapeutic targets will help to further reduce the need for surgical intervention.

### CONCLUSION

During the past years, there has been a tremendous increase in knowledge of VS biology. In particular, the mechanisms through which merlin carries out its functions are gradually elucidated. This process goes hand in hand with the identification of novel therapeutic targets. Up to now, targeting angiogenesis seems to be the most successful pharmacologic strategy, but additional therapeutic options are emerging. Other tumor biological issues that deserve to be part of future research are the processes responsible for the variable growth pattern of these tumors,

the discrepancies regarding the occurrence of (epi)genetic changes to NF2, and the potential involvement of additional genes and signaling pathways.

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