



Original Research

Neuroblastoma messenger RNA is frequently detected in bone marrow at diagnosis of localised neuroblastoma patients



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Abstract Introduction: The clinical importance of the detection of neuroblastoma messenger RNA (mRNA) in bone marrow (BM) of localised neuroblastoma patients at diagnosis remains unclear. In this prospective multicentre study, BM samples of a large cohort, were studied using real-time quantitative polymerase chain reaction (qPCR).

Methods: BM samples at diagnosis from 160 patients with localised neuroblastoma were prospectively collected at Dutch and German centres between 2009 and 2013. qPCR was performed using five neuroblastoma specific markers. The association with other biological factors and the prognostic impact of BM positivity and clinical response was assessed.

Results: In 58 out of 160 patients neuroblastoma mRNA was detected in BM. In 47 of the 58 positive samples only one marker was found positive. BM positivity was significantly associated

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with MYCN amplification ($p = 0.02$) and deletion of chromosome 1p ($p = 0.04$). In total 31 patients had an event, of which only five patients had progression to stage IV. BM positivity was not associated with an unfavourable outcome. However, the detection of more than one marker was associated with an unfavourable outcome (systemic or local relapse) (event free survival 48% versus 85%; $p = 0.03$) in the whole cohort and in the observation group.

Conclusions: BM positivity was associated with unfavourable biological factors and might represent more aggressive tumours. Patients with qPCR positive BM should not be upstaged, because of very few systemic events in the cohort. However, for patients with more than one marker positive a more careful follow-up is advisable. These results need to be verified in a very large cohort of localised patients.

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1. Introduction

Neuroblastoma is an extracranial solid tumour of childhood [1,2]. The presence of metastatic spread at diagnosis is the most important factor in determining outcome [3,4]. Localised patients (stage I, II and III) have a good prognosis, but a small percentage of these patients can relapse.

According to the International Neuroblastoma Risk Group, bone marrow (BM) disease is determined by morphology on smears and biopsies [5]. However, real-time quantitative polymerase chain reaction (qPCR) and immunocytology are more sensitive techniques for the detection of minimal neuroblastoma cells than morphology [6–9].

Detection of GD2 positive tumour cells in BM samples of localised patients is suggested to be correlated with an unfavourable outcome [10]. Neuroblastoma messenger RNA (mRNA) detection by qPCR in localised neuroblastoma has been described in a very small number of patients (4 out of 14 patients) by Shono et al. [11]. Corrias et al. [12] have studied BM of 126 localised patients in a retrospective study by using qPCR. No significant association between tyrosine hydroxylase (TH) expression and outcome was observed, however detection of GD2 synthase was surprisingly associated with a favourable outcome. Yanez et al. studied 94 BM samples and 81 blood samples of localised patients by using TH and Doublecortin as markers. Detection of these markers in BM was not associated with a poor survival. However, detection of TH and Doublecortin in blood was predictive of relapse [13]. These results suggest that the clinical importance of neuroblastoma mRNA detection in BM at diagnosis of localised patients remains unclear. Therefore, the goal of our study was to investigate the frequency and prognostic value of the detection of a panel of five sensitive and specific mRNA markers (paired-likehomeobox2B [PHOX2B], dopa decarboxylase [DDC], tyrosine hydroxylase [TH], cholinergic receptor alpha 3 [CHRNA3], growth-associated protein 43 [GAP43]) [9,14–19] in BM from localised neuroblastoma patients. Our group has

recently demonstrated the superiority of this panel compared to the use of single markers [9].

2. Methods

2.1. Patients and treatment

In this study BM samples at diagnosis were taken from children diagnosed with localised neuroblastoma between 2009 and 2013. Histologic diagnosis of neuroblastoma was established and centrally confirmed for all patients. Staging was done according to the International Neuroblastoma Staging System (INSS) [4,20]. Patients were treated according to the similar protocols of the German NB2004 trial and the Dutch DCOG09 trial. Based on the risk stratification (Supplemental Fig. 1) patients were assigned to the observation, medium or high risk group. In the observation group patients underwent initial surgery and were then observed for 12 months or until the end of the second year of life. Local progression or threatening symptoms were treated with N4 chemotherapy. In the medium risk protocol treatment consisted of alternating N5 and N6 courses, four N7 courses and retinoic acid for 12 months. In the high risk protocol treatment consisted of two N8 courses (if randomised to, German patients), alternating N5 and N6 courses (three each), Metaiodobenzylguanidine (MIBG) therapy and high dose chemotherapy with autologous stem cell transplantation followed by retinoic acid for 12 months.

For therapy stratification, the status of the MYCN oncogene and the status of distal chromosome 1p (1p36) were investigated using two different molecular techniques (for MYCN: FISH, Southern Blot or array-based comparative genomic hybridisation and for 1p deletion: FISH, PCR or array-based CGH) in the DCOG and GPOH reference laboratories. The test result for each parameter was given according to the criteria of the European Neuroblastoma Pathology, Biology, and Bone Marrow Group. [21]

The GD2 immunocytology of BM samples was done according to the internationally standardised protocol described by Swartz et al. 2005. For all Dutch and

German patients this was performed in Cologne, Germany [22].

Written informed consent from parents or guardians was obtained for all patients. The study was approved by the Medical Research Ethics Committee of the Academic Medical Center (Amsterdam, the Netherlands) and the University of Cologne (Cologne, Germany). Also ethical approval was acquired from all participating hospitals locally.

2.2. RNA extraction, reverse transcription and real-time quantitative PCR

Whole BM RNA was isolated from PAX blood RNA tubes according to the instructions of the manufacturer (Qiagen, Venlo, the Netherlands) with the PAX blood RNA Kit. Complementary DNA (cDNA) was synthesised from 2–3 µg of RNA, using 25 µmol/l random hexamers (Invitrogen, Carlsbad, CA, United States of America [USA]), 1 mmol/l dNTPs (Promega, Madison, WI, USA) and 100 U of MMLV transcriptase (Invitrogen), in a total reaction volume of 20 µl and incubated at 42°C for 45 min. Finally, the reverse transcriptase was inactivated by heating and the volume was diluted to 100 µl. qPCR for PHOX2B, TH, DDC, CHRNA3 and GAP43 was performed using beta-glucuronidase (used for normalisation) on the Step-One-Plus (Applied Biosystems, Carlsbad, CA, USA). Primer and probe sequences have been described previously [9]. Reactions were carried out in 20 µl (10 µl Taqman Fast Universal PCR Mastermix (Applied Biosystems), 0.8 µl of 7.5 µM forward and reverse primer and 0.8 µl of 5 µM probe and 5 µl cDNA. Initial heating was done for 20 s at 95°C, followed by 50 cycles of 1 s at 95°C and 20 s at 60°C. All qPCR experiments were carried out in triplicate and mean values were used. If more than one sample of a patient was available, samples were tested separately. In case of discrepant results, the positive sample was used in the analysis.

2.3. Data analysis

A sample was scored positive if one out of five markers was above the threshold for positivity as has been described previously [10]. In short, PHOX2B was scored positive if the Ct value of the sample was <50 and the other markers were scored positive if the ΔCt of the sample was >3 Ct than the ΔCt found in control BM samples. The quantitative range was defined as described by van Velden et al. 2007 [23]. To calculate the level of infiltration, the expression level of the RNA PCR targets were related to the expression level in neuroblastoma cell line IMR32, according to the following formula: $2^{\Delta\Delta Ct}$ (dCt IMR32–dCt BM) × 100%. To study the association between qPCR positivity and other biological factors Fisher's exact test

was used. Survival rates were estimated by employing Kaplan-Meier's methodology. To assess the significant differences between the estimated survival curves the log-rank test has been used. The median follow-up was assessed by the reverse Kaplan-Meier method. All statistical analyses were performed by using SPSS version 21.

3. Results

3.1. Patient characteristics

One hundred sixty localised patients were included in the study (39 stage I, 61 stage II and 57 stage III; Table 1). Patient age ranged from 0 to 6215 d, with a median of 423 d. An estimated 5-year overall survival and event free survival of 94% (± 2) and 80% (± 3.7), respectively, was observed. The median follow-up after diagnosis was 32 months (range 2.7–79.5).

Most patients (123/160) were treated according to the observation protocol of the GPOH NB04/DCOG NB09 protocol.

Table 1
Patients characteristics

Age (d)		
Median (range)		423 (0–6215)
<12 months	68/160 (43%)	
Country		
Netherlands	24/160 (15%)	
Germany	136/160 (85%)	
INSS stage		
Stage 1	39/160 (24%)	
Stage 2	61/160 (38%)	
Stage 3	57/160 (36%)	
Multilocal	2/160 (1%)	
Localised but stage unknown	1/160 (1%)	
Risk group		
Observation group	123/160 (77%)	
Medium risk group	22/160 (14%)	
High risk group	15/160 (9%)	
MYCN		
Amplification	15/160 (9%)	
No amplification	144/160 (90%)	
Not analysed/ unknown	1/160 (1%)	
Loss of heterozygosity 1p		
1p normal	112/160 (70%)	
1p aberration	34/160 (21%)	
Not analysed/ unknown	14/160 (9%)	
Treatment observation group		
Observation	29/123 (24%)	
Complete resection	52/123 (42%)	
Partial resection	10/123 (8%)	
Chemotherapy	32/123 (26%)	
Survival (years)		
Mean event free survival (±SE)		5.2 (±0.2)
5-years event free survival (±SE)		77% (±3.7)
Mean overall survival (±SE)		6.2 (±0.1)
5-years overall survival (±SE)		94% (±2.0)
Observation time (months)		
Median (range)		32 (2.7–79.5)

INSS, International Neuroblastoma Staging System; SE, standard error; EFS, event free survival; OS, overall survival.

3.2. Detection of neuroblastoma mRNA in BM samples

In 58/160 patients (36%) neuroblastoma mRNA was detected in BM at diagnosis. In 47 of the 58 positive samples (83%) only one marker was positive (Fig. 1A). This indicates a very low level of infiltration. PHOX2B was most often positive (46/58; 79%), whereas TH and DDC were only positive in five samples (9%). In 11 patients (27%) more than one marker was detected. In only two patients all five markers showed positive results. Most patients with positive qPCR results had very low levels of infiltration (Fig. 1B). In 10 patients a level of infiltration of more than 0.01 percent was observed. In most of these patients (8/10) more than one marker was positive.

3.3. Association between qPCR positivity and biological factors

Detection of neuroblastoma mRNA was not associated with stage and age (Fig. 2A and B). However, there was a significant association between unfavourable biological factors and qPCR positivity (Fig. 2C and D). In 10/15 patients (67%) with a MYCN amplification qPCR results of the BM were positive, whereas in only 47/144 patients (33%) with a MYCN single copy positive results were observed ($p = 0.02$). Furthermore, in 18/34 patients (53%) with a 1p aberration positive qPCR results were observed, whereas in only 36/112 patients (32%) with a normal 1p status minimal disease was detected.

3.4. Events and qPCR positivity

In total, 31/160 patients (19%) had an event (23 local progression, five progression to stage IV and three patients progression to stage IVs) (Fig. 3A). Treatment after disease progression was limited in 12 children (further observation only, surgical resection, N4 chemotherapy). Eight patients received more intensive chemotherapy. Eleven patients who were initially treated in the high risk group (HRG) or medium risk group (MRG), were treated according to different relapse protocols (Supplemental Table 1).

In patients with an event, neuroblastoma mRNA in BM at diagnosis was more often detected than in patients without an event, respectively 52% (16/31) versus 32% (42/129). However, this difference was not statistically significant ($p = 0.1$). For the 31 patients with an event, qPCR results at the time of event were also available for 16 patients. In 10/16 patients (63%) qPCR results were positive at the time of event (Supplemental Table 2). We also analysed the large observation group separately ($n = 123$), because in this group qPCR positivity might change clinical intervention, in contrast to the patients who were already treated according to the MRG ($n = 22$) and the HRG ($n = 15$). In this group 21/123 patients (17%) had an event (15 local progression, three progression to stage IV and three patients progression to stage IVs) (Fig. 3D). There was no difference in qPCR positivity between patients with and without an event, respectively 38% (8/21) versus

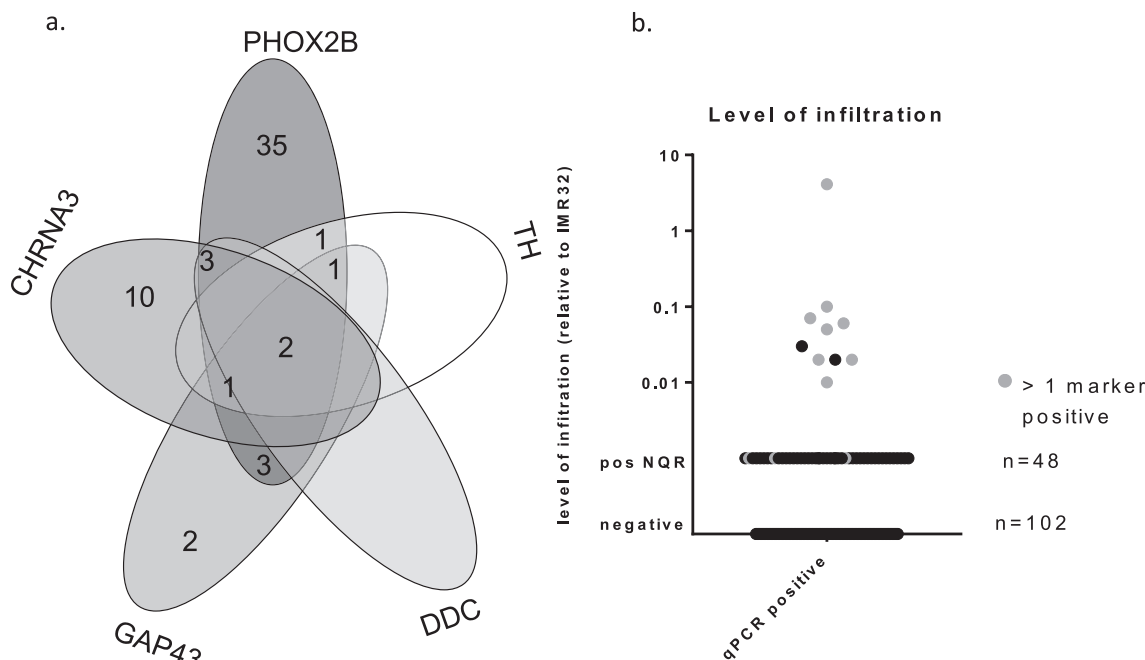


Fig. 1. Marker positivity a. contribution of the different markers to the positive samples. Each ellipse represents positive results of one marker. b. Level of infiltration relative to IMR32. Ten samples were in the quantitative range. In grey the samples with more than one marker positive are indicated. qPCR, quantitative polymerase chain reaction; TH, tyrosine hydroxylase.

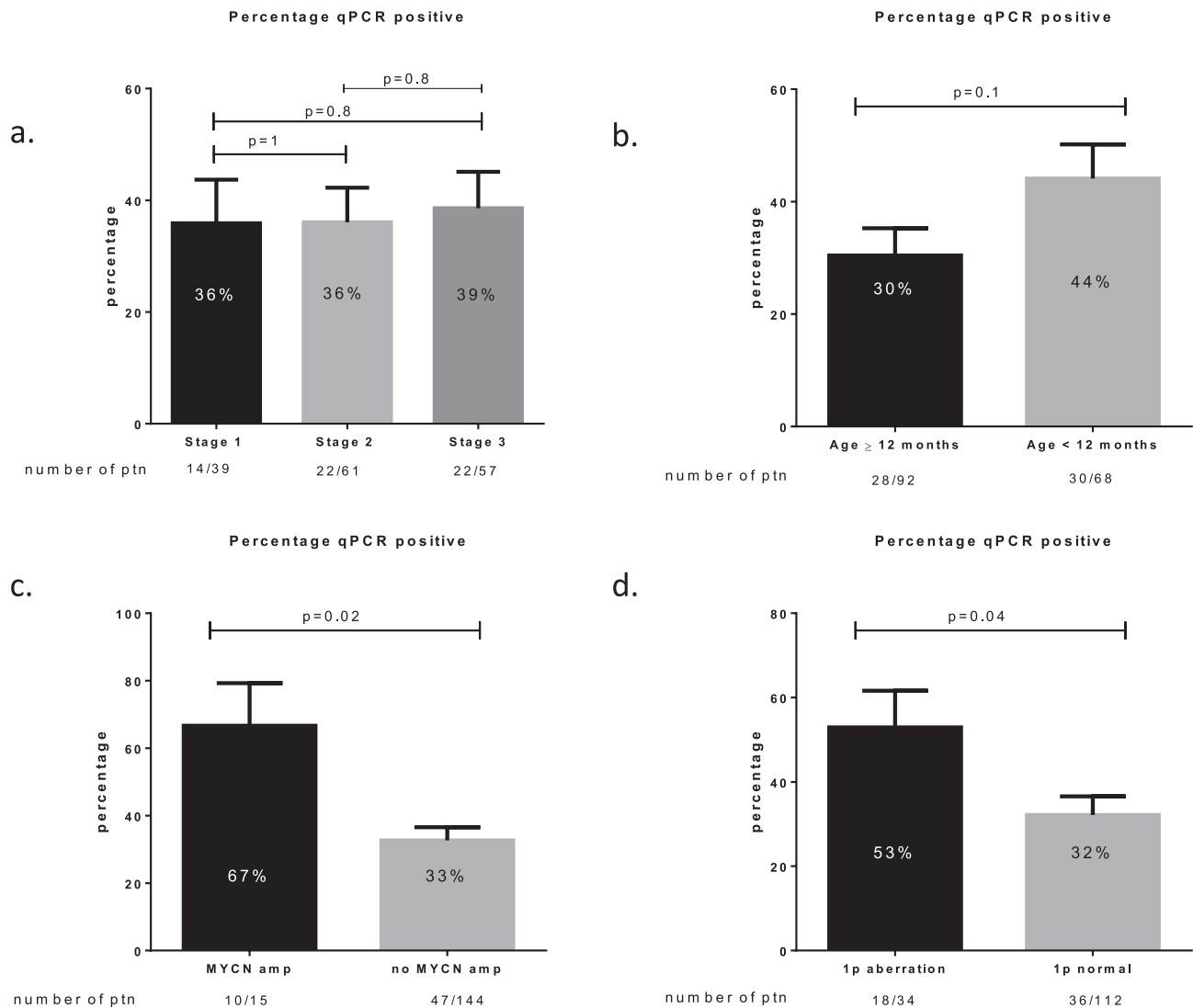


Fig. 2. The percentage of patients with qPCR positive results and known risk factors. a. stage b. age c. MYCN status and d. 1p status. qPCR, quantitative polymerase chain reaction.

31% (31/102) (Fig. 3E and 3F). So overall, there was no significant association between qPCR positivity and the number of patients with progressive disease. Furthermore, only very few systemic events occurred in this cohort.

3.5. Systemic events and BM involvement

Eight patients developed a systemic event (five progression to stage IV, three progression to stage IVs). Six of these eight patients had qPCR positive BM at diagnosis (three patients with progression to stage IV and all three patients progressing to stage IVs) (Supplemental Table 3). Of the five patients progressing to stage IV, four patients developed BM metastases and one patient developed isolated liver metastases without BM involvement. For three of these patients qPCR results were available at the time of event and in two patients qPCR results were positive at the time of event. Two of the

patients progressing to stage IVs developed liver metastases, BM was not assessed at that time. The third patient with progression to stage IVs further progressed to stage IV. This patient developed liver metastases when progressing to stage IVs. BM morphology results were inconclusive at that time point, whereas qPCR results were positive. Progression to stage IV was diagnosed by a distant lymph node metastasis without morphological BM involvement. In summary, of the eight patients with systemic events four patients had BM disease according to the INSS guidelines at the time of event (three of these four patients had qPCR positive BM at diagnosis).

3.6. Association between qPCR positivity and event free survival

Positive qPCR results were not associated with significant impaired event free survival in the whole cohort ($n = 160$; 5-year event free survival 70% versus 81%

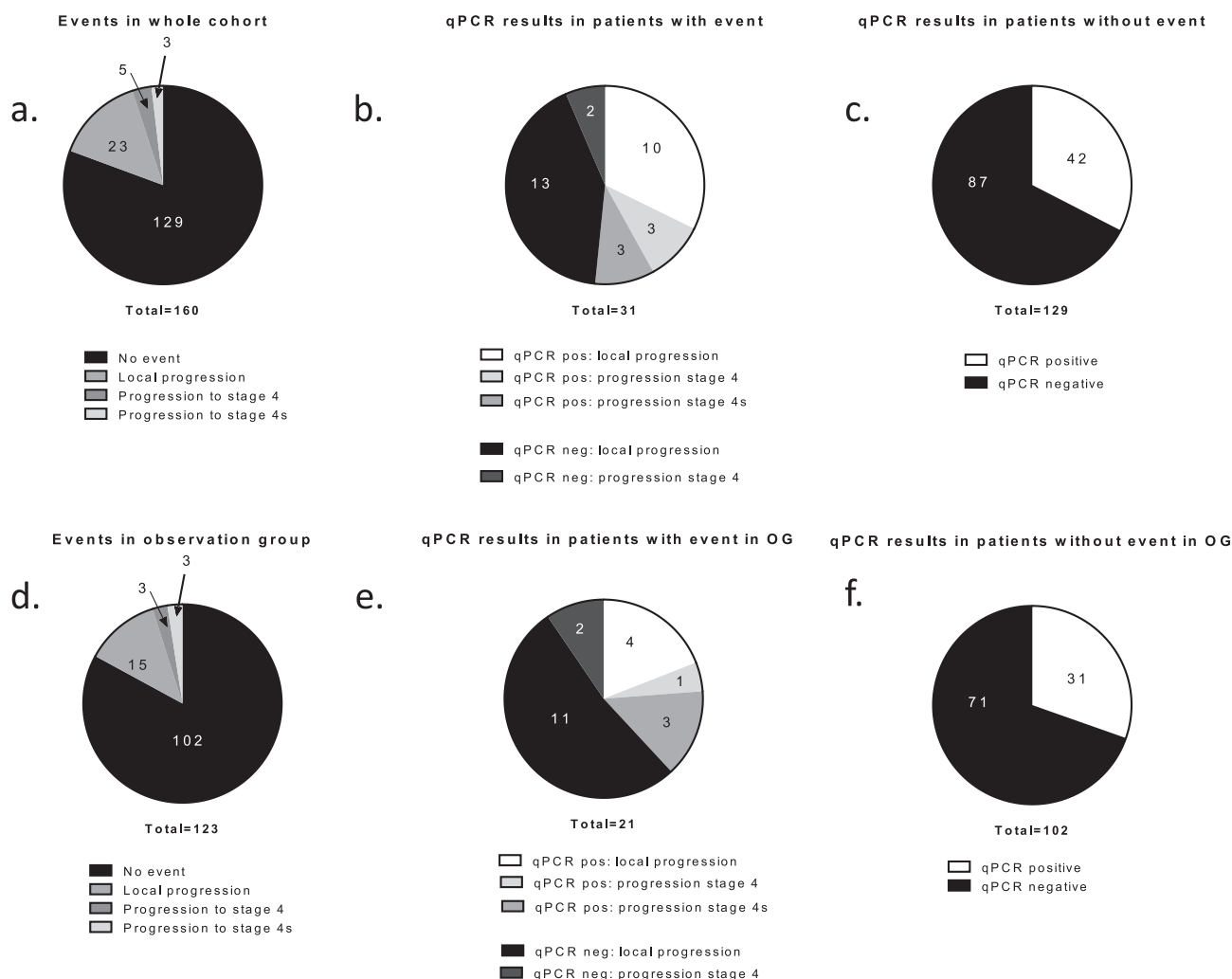


Fig. 3. Events and qPCR positivity. a. Number of events in the whole cohort. b. qPCR results in patients with an event in the whole cohort. c. qPCR results in patients without an event in the whole cohort. d. Number of events in the observation group. e. qPCR results in patients with an event in the observation group. f. qPCR results in patients without an event in the observation group. qPCR, quantitative polymerase chain reaction.

$p = 0.09$) (Fig. 4A) and in the observation group ($n = 123$; 5-year event free survival 78% versus 81% $p = 0.5$) (Fig. 4B). Also positive qPCR results for one of the single markers were not associated with significant impaired event free survival in the whole cohort and in the observation group (Supplemental Figs. 2 and 3). However, detection of more than one marker was associated with an unfavourable outcome in the whole cohort (5-year event free survival 55% versus 79% $p = 0.03$) (Fig. 4C) and the observation group (5-year event free survival 56% versus 82% $p = 0.03$) (Fig. 4D). Five out of 11 patients with more than one marker positive had an event (two local progression, two progression to stage IV and one patients progression to stage IVs and later to stage IV) (Table 2). In four of these five patients GD2 immunocytology results were also positive. One of the patients showing progression to stage IV was already treated according to the high risk protocol. The other patient with progression to stage IV

was initially treated according to the observation protocol and underwent partial resection. The patient with progression to stage IVs and subsequently to stage IV was only observed until the progression to stage IV. So overall, detection of more than one marker might identify a small group of patients with an increased risk of tumour progression.

4. Discussion

In this large prospective study we have investigated the clinical significance of neuroblastoma mRNA detection by qPCR in patients with localised disease. This is, to our knowledge, the first prospective study addressing this question in a large cohort of neuroblastoma patients with localised disease.

Several studies have shown that localised patients have a good prognosis [24–29] and that local relapse or

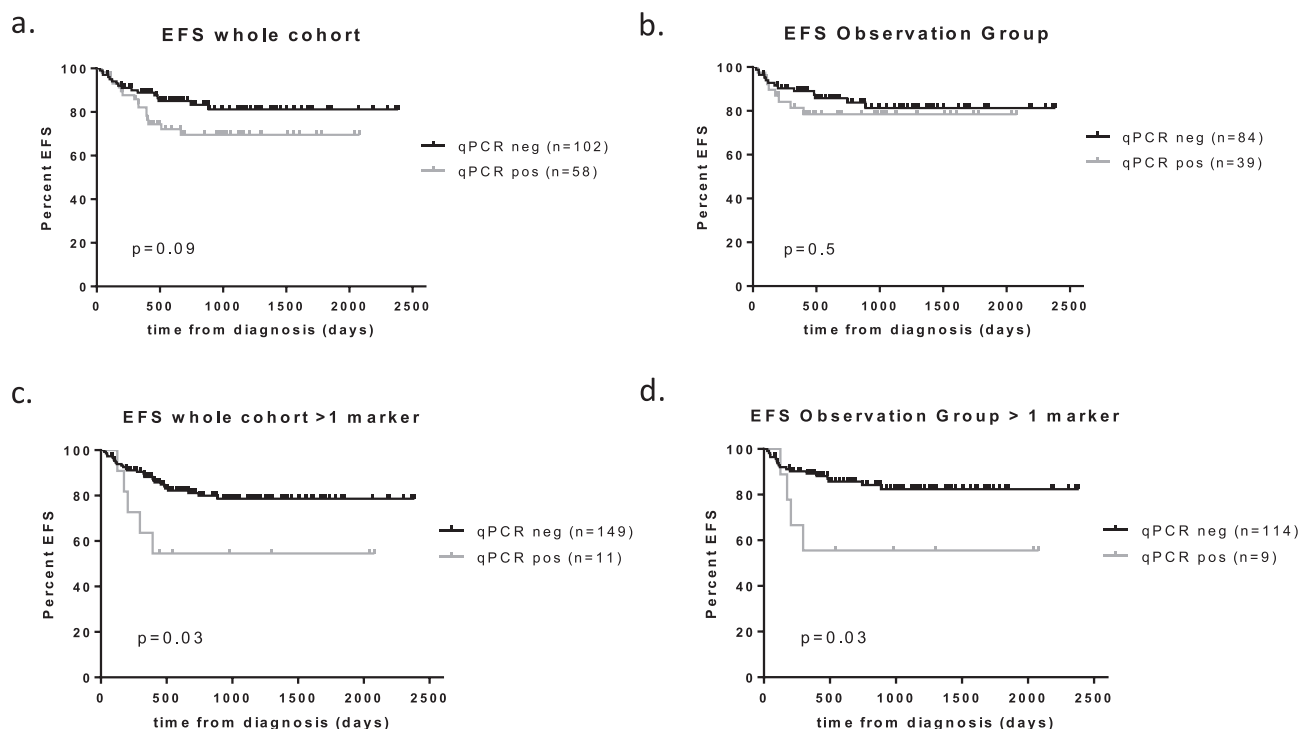


Fig. 4. Event free survival for qPCR positive and negative patients. a. event free survival and qPCR positivity in the whole cohort (grey curve = qPCR pos; black curve = qPCR neg). b. event free survival and qPCR positivity in the observation group (grey curve = qPCR pos; black curve = qPCR neg). c. event free survival and qPCR positivity with >1 marker in the whole cohort (grey curve = qPCR pos; black curve = qPCR neg). d. event free survival and qPCR positivity with >1 marker in the observation group (grey curve = qPCR pos; black curve = qPCR neg). qPCR, quantitative polymerase chain reaction.

progression is the most common event [30], especially in patients observed without cytotoxic treatment [31]. In our study only five patients (3%) showed progression to stage IV (three of these patients had neuroblastoma mRNA detected in BM at diagnosis), and two of these patients were already treated according to the high risk treatment protocol. Furthermore, two patients with a systemic event did not have minimal BM disease at

diagnosis. Since very few systemic events occurred and qPCR positivity was much more frequent, localised patients with qPCR positive BM should not be upstaged to stage IV.

Deletion of 1p36 and *MYCN* amplification are the most common chromosomal changes observed in neuroblastoma and are associated with a poor prognosis [32,33]. In our study we show that there is a significant

Table 2

Characteristics of the patients with >1 marker positive.

Ptn ID	Stage	Risk group	Gender	Age	MYCNA	1p aberration	IC	Treatment	Event	Death	Last control state
1	1	OG	M	2368	0	0	9	Complete resection	No	No	CR
2	2	OG	M	451	0	0	0	Complete resection	No	No	CR
3	2	OG	M	0	0	0	1	Observation	Progression to stage IVs and further stage IV	No	CR
4	3	OG	F	21	0	1	0	Chemotherapy	Local progression	No	CR
5	3	OG	F	274	0	0	1	Chemotherapy	Local progression	No	CR
6	2	OG	M	373	0	0	1	Partial resection	Progression to stage IV	No	CR
7	1	OG	M	42	0	1	0	Complete resection	No	No	CR
8	2	HRG	M	478	1	1	1	High risk protocol	Progression to stage IV	Yes	Died
9	2	OG	F	258	0	0	0	Observation	No	No	CR
10	3	OG	M	477	0	0	1	Chemotherapy	No	No	CR
11	2	OG	M	455	0	1	3	Chemotherapy	No	No	CR

Stage: according to the International Neuroblastoma Staging System; risk group: OG = observation group, HRG = high risk group; Gender: M = male, F = female; Age: in days at diagnosis; MYCN amp: 1 = MYCN amplification, 0 = MYCN single copy; 1p aberration: 1 = 1p aberration, 0 = 1p normal; IC (GD2 immunocytology): 1 = positive, 0 = negative, 3 = inconclusive, 9 = not available; last control state (according to the International Neuroblastoma Response Criteria): CR = complete remission.

association between detection of neuroblastoma mRNA and deletion of 1p and/or *MYCN* amplification. These results can be an indication that patients with qPCR positivity may have more aggressive tumours, also in cases without 1p aberration or *MYCN* amplification. Several other factors that may also affect prognosis in neuroblastoma (gene expression signatures [34], the presence or absence of other structural abnormalities [35] and DNA ploidy [36,37]) have been described. Unfortunately these types of data were not available for the patients in our study. In a future study it will be interesting to study the association between qPCR positivity in BM and these other prognostic factors.

Although we found an association between the detection of neuroblastoma mRNA and unfavourable biological factors qPCR positivity was not associated with an unfavourable outcome. The high frequency of qPCR positivity in this group of patients and the fact that we did not find an association with outcome may be explained by the very low level of infiltration detected in many patients. It is possible that the detected mRNA originated from circulating and not infiltrating cells. Since it has been demonstrated that extracellular vesicles can also contain tumour specific mRNA [38,39], this may be another possible source of low levels of mRNA in BM originating from the primary tumour. More aggressive tumours may have more proliferating cells undergoing apoptosis with shedding of tumour RNA. However, this is unknown for neuroblastoma. In this regard it is relevant to mention that in our study RNA was isolated from BM lysed in PAX tubes and not from intact cells. Using this approach also RNA present in microvesicles is isolated. Indeed Hamaoui et al have used the PAX isolation method for the detection of circulating rhodopsin RNA in diabetes patients [40].

When analysing the patients with more than one marker positive ($n = 11$), we found an association with a worse outcome in the whole cohort and in the observation group. This is in line with the results from Corrias et al. 2008 [10]. They detected minimal BM disease in 19/145 patients (13%), by using GD2 immunocytology, and demonstrated that detection of minimal BM disease was associated with an unfavourable outcome. In our study four out of five relapse patients with more than one marker positive also had minimal disease detected by GD2 immunocytology. This suggests that patients with higher levels of BM infiltration may be at an increased risk for disease progression and require more careful attention on their clinical course. However, further studies on even larger cohorts of patients are needed to verify this.

Because localised patients have a good prognosis, a large number of patients need to be studied to identify a group of patients with an increased risk of relapse. Although we have studied a large cohort of 160 patients, survival analyses may be different when an even larger group of patients is studied.

In conclusion, in this group of patients very few systemic events occur, whereas qPCR positivity in BM is frequent. Therefore, patients with localised disease and qPCR positivity should not be upstaged. qPCR positivity was associated with unfavourable biological factors, suggesting that patients with qPCR positivity in BM at diagnosis might have more aggressive tumours. The detection of more than one marker was associated with an unfavourable outcome and therefore for these patients a more careful follow-up is advisable. However, much larger studies will be necessary to identify a group of patients with an increased risk of relapse in this cohort with good prognosis.

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Appendix A. Supplementary data

Supplementary data related to this article can be found at <http://dx.doi.org/10.1016/j.ejca.2015.11.007>.

Conflict of interest statement

None declared.

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