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## **Caffeine: a cup of care? An exploration of the relation between caffeine consumption and behavioral symptoms in persons with dementia**

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and behavioral symptoms in persons with dementia.

M.A. (Michelle) Kromhout

**Caffeine: a cup of care? An exploration of the relation between caffeine consumption and behavioral symptoms in persons with dementia.**

Michelle Kromhout, 2021

Department of Public Health and Primary Care of the Leiden University Medical Center

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## **Caffeine: a cup of care?**

An exploration of the relation between caffeine consumption  
and behavioral symptoms in persons with dementia.

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Prof. dr. A.M. van Hemert

**To all the persons with  
dementia for teaching me  
what is truly important in life**





**Let thy food be thy medicine and medicine be thy food**  
– attributed to Hippocrates of Cos (c. 460 BC – c. 370 BC)  
but not said nor written by him

**It's far more important to know what person the disease has  
than what disease the person has**  
– Hippocrates of Cos (c. 460 BC – c. 370 BC)



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