

# **Quality in liver transplantation: perspectives on organ procurement and allocation**

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# **PART I**

**Selection and procurement** 



### Development of the Eurotransplant Discard Risk Index to predict acceptance of livers for transplantation: a retrospective database analysis

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On behalf of the Eurotransplant Liver and Intestine Advisory Committee (ELIAC)

Submitted

# **Abstract**

#### **Background**

Utilization of liver allografts might be optimized when non-acceptance can be predicted. This study analyses the prognostic ability of the Discard Risk Index (DSRI).

#### **Methods**

Potential donors were included that were reported to ET from 01.01.2010 to 31.12.2015. Liver utilization was defined by transplant status as primary outcome to evaluate the performance of the DSRI and the ET-DSRI.

#### **Results**

Out of 11.670 potential livers, 9.565 (81%) were actually transplanted. Donor sex, age. history of diabetes, drug abuse, use of vasopressors, BMI category, serum sodium, death cause category, donor type, CRP, bilirubin, ASAT, ALAT, INR and GGT levels were associated with discard and combined in the ET-DSRI. Correlation between the DSRI and ET-DSRI was high ( $r=0.86$ ) and both achieved high c-statistics of 0.72 and 0.75 ( $p<0.001$ ), respectively. Despite strong calibration, for only 0.8% of overall and 6% of DCD donors discard can be predicted with 80% accuracy.

#### Conclusions

The ET-DSRI has highest prognostic ability to predict liver utilization in a European setting. The model could therefore be valuable to identify livers at high risk of not being transplanted in an early stage. These organs might profit most from modified allocation strategies or advanced preservation techniques.

# Introduction

Because of the shortage of available liver allografts, waiting list mortality is an important issue in liver transplantation. In 2015, 2,589 patients were listed for liver transplantation and almost 600 (20%) patients were delisted or died whilst waiting the Eurotransplant (ET) region. In that same year, approximately 20% of all livers that were reported for allocation were not used for a transplantation<sup>1</sup>.

To improve the efficiency of liver utilization, it would be useful to predict which livers will be discarded. Some of the reasons for discarding organs may be modified or better assessed during the allocation phase. Modifiable risk factors would for example comprise cold ischemic time that could be minimized by changing allocation algorithms<sup>2</sup>. On the other hand, the function of marginal organs may be better assessed. thereby reducing the risk of transplanting the organ, by (selectively) applying advanced preservation techniques like normo-thermic regional perfusion  $(NRP)^{3-5}$  or machine perfusion (MP)<sup>6</sup>. To use any of these strategies, it is important to identify these 'highrisk' livers in an early stage of the allocation process.

Therefore, only factors known at time of offering, can be used to indicate which livers are at risk of being discarded. Such an effort has been made by Rana et al. by developing the Discard Risk index (DSRI)<sup>7</sup>. This model includes 15 factors that are associated with liver utilization: donor type (DCD/DBD), age, body mass index (BMI), Centers for Disease Control (CDC) high risk, death cause, race, sex, hepatitis B core antibodies (HBcAb) status, hepatitis C virus antibody (HCVAb) status, history of diabetes, history of hypertension, and latest lab values (sodium, ASAT, ALAT and total bilirubin). The DSRI had a reported area under the ROC curve of 0.80 in the UNOS database. This was internally validated in a cohort within the same region.

This study aims to validate the prognostic ability of the Discard Risk Index (DSRI) and to analyze factors associated with the acceptance of livers for transplantation in the European setting to further improve the predictive performance.

# **Methods**

This study included data from the ET database on donors that could potentially donate a liver and were reported between 01.01.2010 and 31.12.2015. Potential donors were excluded that were from countries not participating within ET, aged <10 years old, with withdrawn or without any consent for liver donation, with malignancies found at procurement or during transplantation, of which no organs were transplanted and donation after determination of circulatory death (DCD) donors with an agonal phase >1 hour (with an agonal phase over 1 hour the liver is considered not-viable for transplantation in ET)<sup>8</sup>. We have excluded these donors to ensure a group of potential livers donors without absolute contra-indications for transplantation. Donors, of which the liver was not reported for allocation for other reasons than described above, were also included in the study population. This was done to evaluate the true potential number of livers and to minimize a potential pre-reporting selection bias in our analysis.

#### Data

For continuous variables, missing variables were imputed by the median value for gamma-glutamyl transpeptidase (GGT) (n=258, 2% missing, median 42 U/L), serum sodium (Na) (n=68, 1% missing, median 147 mmol/L), aspartate aminotransferase (ASAT) (n=168, 1% missing, median 47 U/L), alanine (amino) transaminase (ALAT) ( $n=80$ , 1% missing, median 33 U/L), bilirubin ( $n=286$ , 2% missing, median 0.5850 mg/ dL), international normalized ratio (INR) (n=1,337, 11% missing, median 1.15) and CRP (n=718, 1% missing, median 110 mg/L). All laboratory values were last values known before transplantation. Categorical variables were considered absent when missing, not tested or unknown. This applied to a medical history of smoking (n=1,493, 13%), drug abuse (n=3,750, 32%) and (treated) malignancies (n=6,072, 52%). For factors that were already incorporated in the DSRI, similar cut off values for continuous variables were used in developing the ET-DSRI.

#### **Definitions**

Primary outcome of this study was liver utilization, defined as the organ being either transplanted or not transplanted. The DSRI was calculated for all included donors as previously described by Rana et al.<sup>7</sup>. The factors race, CDC high risk and history of hypertension were not available and therefore set at reference (no CDC high risk, not African-American and no history of hypertension). In Eurotransplant race is not registered for ethical and legal reasons while CDC high risk and a history of hypertension are not standardly collected<sup>9</sup>.

#### **Reasons for discarding procured livers**

For all livers that are procured but not-transplanted a form is filled out at the ET Allocation Department and is registered in the electronical donor log. The form as well the donor log includes the reason for discarding, location where the organ was sent to and the name of the doctor or transplant center involved. Both sources were analyzed for all organs that were discarded (anonymized for doctor and transplant center).

#### **Statistical analysis**

The allocation process of donors was visualized in a flow diagram and utilization was evaluated per year and by donor country. Risk factors for liver utilization were identified in a multivariable logistic regression analysis with backward selection by Akaike Information Criterion (AIC) in the 75% training set. Based on these results a model, the Eurotransplant-Discard Risk Liver Index (ET-DSRI), was developed to predict liver utilization. The correlation between the DSRI and ET-DSRI was evaluated by a Pearson's test. Subsequently, the performance of both models was compared by the discrimination and calibration. Discrimination was defined by the area under the ROC curve (AUROC). Calibration was analyzed with the Hosmer Lemeshow's test to test for goodness of fit for logistic regression models. The test assesses whether or not the observed event rates match expected event rates. For both models this was done for all donors and for DBD and DCD donors, separately. Risk groups were defined using increments of 10% in the quantiles of the risk scores. Lastly, reasons for discarding procured livers were analyzed.

Median values of continuous variables were compared with a Kruskal-Wallis tests and categorical variables were compared with Chi-square testing. Kaplan-Meier curves were analyzed by log-rank testing. A p-value of <0.05 was considered statistically significant and all analyses were done with SPSS V.24.0 and R V.3.3.1

### **Results**

#### **Study population**

In the study period, 14,253 donors were reported to ET of which 11,760 (83%) donors were included for the analysis. In- and exclusion criteria and the subsequent allocation process were schematically shown in Figure 1. Eligible donors had a median donor age of 54 and circa 10% were DCD donors. The 10% overall rate of DCD donors, varied significantly between countries, because DCD procedures are only legally allowed in The Netherlands, Belgium and Austria. Overall, the highest (absolute) number of donors was reported by Germany followed by Belgium, The Netherlands and Austria (Table 1).



Figure 1. Schematic overview of donors reported to Eurotransplant from 2010 to 2015



Table 1. Demographics of eligible donors, by transplantation status (study population)



Tahle 1 Continued

Joined ET in <sup>†</sup>May 2013, \*Difference between transplanted/not-transplanted.

#### **Utilization**

Of all included livers, 81% (9,565/11,760) was used for transplantation. Transplanted livers vs. not-transplanted livers were younger (54 years vs. 56 years old, p<0.001), less often from DCD donors (6% vs. 26%, p<0.001), less often with a history of diabetes (9% vs. 12%, p<0.001) and had significantly lower laboratory values (ASAT, ALAT and GGT) (p<0.001) (Table 1). Overall utilization rate decreased from 84% in 2010 to 80% in 2015 over the study period ( $p$ <0.001) (Figure 2a). Also, significant differences in utilization were observed between countries (p<0.001) (Figure 2b). Overall, utilization varied from around 90% in Germany to 55% in Hungary. However, practicing DCD donation is of significant influence. When only DBD donors were considered, overall utilization in The Netherlands and Belgium increased from 63% to 89% and from 84% to 87%, respectively (Figure 2c, 2d).



Figure 2. Utilization of reported livers. Overall utilization by year (A), Overall utilization by country (B), utilization of DBD donors by country (C), utilization of DCD donors by country (D).

#### Risk factors analysis and development of the ET-DSRI

In the statistical analysis (multivariable logistic regression analysis with backward selection by AIC, the following donor factors were included in the model to predict non-utilization; male sex, higher donor age category, history of diabetes, malignancy, drug abuse, use of vasopressors, BMI category, serum sodium (>160 mmol/L), cause of death category, DCD, a lower CRP and a higher bilirubin, ASAT, ALAT, INR and GGT level. These factors, associated with liver utilization were combined in the ET-DSRI model (Table 2).

Table 2. Result of multivariable logistic regression analysis with backward selection by Akaike Information criterion (AIC) included in the ET-DSRI (Training set)



#### Table 2. Continued



Joined ET in <sup>+</sup>May 2013. Multivariable logistic regression analysis with backward selection by Akaike Information criterion (AIC), Donor HCVAB, HBcAb, History of smoking, history of malignancy were eliminated.

#### Discriminative value of the DSRI and of the ET-DSRI

The DSRI and ET-DSRI scores were distributed normally both in the training as well as in the validation set. The correlation between both scores was relatively high (r=0.86). In the training set, the DSRI achieved an AUROC of 0.73. This was significantly lower than the ET-DSRI, that achieved an AUROC of 0.77 (p<0.001) (Figure 3a). In the validation set, the AUROCs for the DSRI and ET-DSRI were 0.72 and 0.75 (p<0.007), respectively (Figure 3b). In subset analysis of DBD donors in the validation set, the DSRI and ET-DSRI achieved AUROCs of 0.68 and 0.70 (p=0.014), respectively. In DCD donors, AUROCs of



0.69 and 0.67 (p=0.695) were observed in the validation set for the DSRI and ET-DSRI. respectively.

Figure 3. AUROC analysis of DSRI and ET-DSRI. Training set (A), validation set (B).

#### Calibration of the ET-DSRI and DSRI

The logistic curve indicates the relation between the estimated outcome (discard) based on the models' score and the predicted outcome. For the DSRI and ET-DSRI this is shown in Figure 4a and 4b, respectively. It shows a better calibration for the ET-DSRI, especially in the higher risk scores. However, both models tend to overestimate the chance of nonutilization as indicated by a statistically significant Hosmer-Lemeshow's test for the DSRI  $(p<0.001)$  and for the ET-DSRI ( $p=0.01$ ). Overestimation seems especially to be apparent in the upper 10%. When this subgroup is excluded, the ET-DSRI is well calibrated ( $p=0.56$ ) while the DSRI still has a statistically significant calibration error (p<0.001). Separate analyses for DBD (Supplemental figures 1 and 2) and DCD donors (Supplemental figures 3 and 4) were also performed. In the DBD group, the DSRI performed slightly better than in the overall population, but still was not calibrated well (p=0.03). The ET-DSRI however, showed good calibration (p=0.11) in the DBD population. In DCD donors, both the DSRI  $(p=0.37)$  as well as the ET-DSRI ( $p=0.26$ ) estimated utilization adequately. Despite the relatively high calibration, identifying a group of donors that will be discarded with high accuracy is only possible for a small percentage of all donors because only 20% of donors are discarded. In the donors with the highest 10<sup>th</sup> percentile ET-DSRI scores, the observed probability of discarding does not exceed 60%. Only for 0.8%, 2% and 4% of all donors in the validation set, discarding of the liver can be predicted with the ET-DSRI with 80%, 70% and 60% accuracy, respectively. This can be improved by analyzing the subset of DCD donors, where overall discard rate is higher. In this selection, discarding the liver can be predicted with 80%, 70% and 60% in 6%, 20% and 36% of all donors, respectively.



Figure 4. Calibration in the test dataset. DSRI (A), ET-DSRI (B)

#### **Reasons for organ discarding**

In the study period, 485 out of 11,760 (4%) were procured but not transplanted. For 442 (91%) of these livers (at least one) reason was registered for discarding the organ (Table 3). Organs were most frequently discarded for organ specific reasons like steatosis and/ or fibrosis (60%) or (expected) long cold ischemic time (11%). Also, procurement related injuries were relatively often mentioned for discarding livers (3%).

Table 3. Reasons for discarding accepted and procured livers (n=485)





Table 3. Continued.

# **Discussion**

The decision to decline a liver for transplantation may be simple for organs with absolute contra-indications, but can be more complicated for extended criteria livers. Such organs may be considered less suitable for transplantation in one transplant center, but acceptable for another. Such decisions are not always objective and may be influenced by recent (personal) experiences, general beliefs or local protocols. This study has objectified the process of accepting a liver for transplantation. This enables us to assist in the allocation process of a specific group of high-risk livers and may help us to further optimize their use.

Our results have identified 15 factors that are associated with liver utilization in Eurotransplant. These factors were combined in the ET-DSRI. The prognostic performance of this model can be considered good for a clinical model<sup>10</sup> with an AUROC of 0.75, and is significantly higher as compared to 0.72 for the (original) DSRI by Rana et al. in the validation set. Factors that were in the DSRI, but not in the ET-DSRI included HCVAb and HBcAb. The higher prevalence of hepatitis C in the US and lower numbers in this study as compared to the study by Rana et al. may explain why hepatitis in the European setting was not confirmed as factor associated with utilization $7,11,12$ . This might also explain why hepatitis B was not included in the ET-DSRI despite a higher prevalence of hepatitis B in Europe<sup>13,14</sup>. Factors that were included in the ET-DSRI but not in the DSRI include GGT, INR, lower CRP, a history of drug abuse and use of vasopressors.

The results indicate that significant differences exist between factors associated with the acceptance of livers and factors associated with post-transplant outcome. This is interesting because the decision to accept or decline livers ought to be based on their expected function after transplantation. Well-known models that aim to predict outcome after liver transplantation, such as the DRI<sup>15</sup>, ET-DRI<sup>2</sup>, SOFT<sup>16</sup>, BAR<sup>17</sup> and DRM<sup>18</sup> have not included factors like high transaminases, high bilirubin and a medical history of drug abuse. Even more, studies on the effect of some of these factors have not found an impact on post-transplant outcome. This applies for example for dopamine (vasopressor) in the donor<sup>19</sup>, a history of drug abuse<sup>20,21</sup> and recipient sex<sup>22</sup>. The differences are most

likely a result of the selection process that takes place prior to the transplantation. Because organs with certain risk factors are not accepted for transplantation, these risk factors are not present anymore in outcome analyses. Models based on datasets of transplanted livers are therefore less suitable to predict liver utilization.

Interestingly, the utilization rate of available donors has decreased during the study period from 84% to 80%. Stricter acceptance criteria may explain this development, although an overall increase of donors with more risk factors seem to be more likely to drive this development<sup>23-25</sup>. This has previously been shown for donor age<sup>26</sup> and steatosis<sup>25</sup> but also the number of DCD donors has increased significantly. DCD donation is one of the explanations for significant differences in utilization between ET countries. Although DCD donation is also practiced in Austria, it is mostly done in The Netherlands and Belgium. In these countries, DCD liver transplantations increased from 16 to 71 (12% to 42%) and from 23 to 79 (11% to 30%) in 2010 and 2019, respectively<sup>27</sup>, Because of higher discard rates for DCD donors<sup>28,29</sup>, The Netherlands and Belgium were in the highest utilization range in a DBD sub-analysis. Even then, significantly low utilization rates were observed in Hungary and in lesser degree in Austria. It is difficult to specifically address one issue to explain this due to the assumed multifactorial nature. It seems unjust to suggest these countries consider stricter acceptance criteria as no distinction was made where the organ was transplanted (own country or abroad). Logistical reasons seem more likely to explain the low utilization rate. Due to the geographical location and limited flight options in the evening/night, potential acceptances in bordering countries are more complicated for Hungary and also for Austria due to expected cold ischemic times. The use of the ET-DSRI could be useful in this matter. As (private) transport options can be on standby if high ET-DSRI organs are offered.

Of all reasons for discarding a liver that was already procured, steatosis and/or fibrosis of the liver was most frequently mentioned. This factor is important for outcome after transplantation<sup>30,31</sup> but not well documented in the information that is available at time of the offer. To do so, a biopsy still seems to be the gold standard over other non-invasive modalities<sup>32-34</sup>. In high-risk livers such biopsies might provide valuable information for transplant centers, interested in marginal organs and avoiding procurement of livers of unacceptable quality<sup>35</sup>. The ET-DSRI can be helpful to identify these high-risk livers.

In this study, the DSRI showed a lower predictive ability than in the original study with data from the UNOS region. This is likely influenced by the significant differences between both regions that have been described in characteristics of livers reported for allocation<sup>7</sup> as well as in the transplanted livers<sup>36</sup>. Considering livers reported for allocation, Rana et al. report a median donor age of 42 in the UNOS as compared to 53 years old in the ET region. Other factors, such as diabetes (12% vs. 9%), HCVAb (5% vs. 1%), a higher BMI (28 kg/m2 vs. 26 kg/m2) and a higher DCD donor rate (11% vs. 10%) were more frequently present in donors from the US. Considering transplanted livers, differences between the UNOS and ET were observed in donor age (41 vs. 54 years old), diabetes (11% vs. 9%), BMI (27 kg/m2 vs. 25 kg/m2), DCD (5% vs. 6%) and female sex (40% vs. 47%). The distinct differences between the US and Europe may be caused by the regulation on center-specific outcomes in the US and/or by epidemiological differences. The policy on center-specific outcomes discourages the acceptance of marginal organs for transplantation. The epidemiological differences may for example be influenced by the opioid 37,38, the obesity epidemic<sup>39</sup> and the higher rate of homicide<sup>40</sup> that seem to be more apparent in the US population. Regardless of the exact mechanism, at least differences in acceptance criteria contribute to the DSRI achieving a lower predictive performance in a European setting. In addition, the prognostic performance of the DSRI might be impaired by the unavailability of three factors that were incorporated in the DSRI in our data set. This includes donor race, CDC risk and a history of hypertension. An important limitation in the study of Rana et al. (as well in this study) is the unavailability of biopsy results in our dataset<sup>7</sup>. The factor GGT, identified as risk factor for liver utilization in this study, could be of interest in this matter. This factor was shown to be associated with outcome<sup>2</sup>, liver acceptance and has an association with (liver) steatosis<sup>41</sup>.

In ET, the decision which donor organs are suitable for allocation is made in close collaboration with all parties involved in transplantation. Such a decision is likely subjected to the local or national experience with transplanting extended criteria organs, the donors per million inhabitants and number of patients on the waiting list (relative availability). To avoid the loss of potentially transplantable livers in the process of donor reporting, the authors feel that all livers, also those with a low chance of acceptance should be reported for allocation. Especially for these livers, the ET-DSRI might be useful to prevent organ loss. Additional measures could be undertaken like biopsy results being known at the time offering (1), modifying allocation algorithms (2) and the (selective) use of advanced preservation techniques (3). Biopsy results known at time of offering could provide crucial additional information and might prevent transplant centers declining an organ in a (too) late phase of the allocation<sup>25,35,42</sup>. Secondly, a more aggressive mode of offering a high-risk organ would allow more centers to consider the offer and could prevent additional cold ischemic time. Lastly, these organs represent a group that might benefit most from the use of (expensive) advanced preservation techniques<sup>43</sup>. The risk of transplantation might be mitigated by assessing their function pre-transplant and could decrease the harmful effects of ischemic injury. With such measures the use of available livers might be maximized to further decrease waiting list mortality.

#### **Conclusions**

The ET-DSRI has the highest prognostic ability to predict liver utilization in a European (ET) setting as compared to the DSRI. The model is a valuable tool to identify livers at high risk of not being transplanted in an early stage. It could identify organs where a

routine-based biopsy would provide crucial information and select organs that may profit most from modified allocation strategies or advanced preservation techniques.

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