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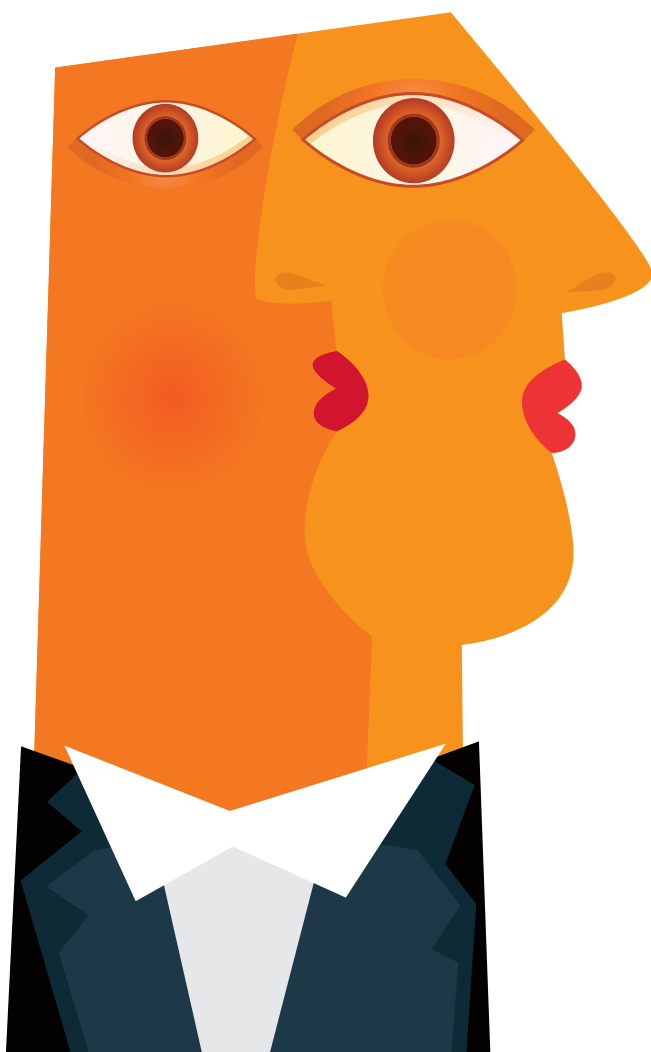


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Chapter 11

Mobile bearing vs fixed bearing prostheses for posterior cruciate retaining total knee arthroplasty for postoperative functional status in patients with osteoarthritis and rheumatoid arthritis (Review)

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ABSTRACT

Background

It is unclear whether there are differences in benefits and harms between mobile and fixed prostheses for total knee arthroplasty (TKA). The previous Cochrane review published in 2004 included two articles. Many more trials have been performed since then; therefore an update is needed.

Objectives

To assess the benefits and harms of mobile bearing compared with fixed bearing cruciate retaining total knee arthroplasty for functional and clinical outcomes in patients with osteoarthritis (OA) or rheumatoid arthritis (RA).

Search methods

We searched *The Cochrane Library*, PubMed, EMBASE, CINAHL and Web of Science up to 27 February 2014, and the trial registers ClinicalTrials.gov, Multiregister, Current Controlled Trials and the World Health Organization (WHO) International Clinical Trials Registry Platform for data from unpublished trials, up to 11 February 2014. We also screened the reference lists of selected articles.

Selection criteria

We selected randomised controlled trials comparing mobile bearing with fixed bearing prostheses in cruciate retaining TKA among patients with osteoarthritis or rheumatoid arthritis, using functional or clinical outcome measures and follow-up of at least six months.

Data collection and analysis

We used standard methodological procedures as expected by The Cochrane Collaboration.

Main results

We found 19 studies with 1641 participants (1616 with OA (98.5%) and 25 with RA (1.5%)) and 2247 knees. Seventeen new studies were included in this update.

Quality of the evidence ranged from moderate (knee pain) to low (other outcomes). Most studies had unclear risk of bias for allocation concealment, blinding of participants and personnel, blinding of outcome assessment and selective reporting, and high risk of bias for incomplete outcome data and other bias.

Knee pain

We calculated the standardised mean difference (SMD) for pain, using the Knee Society Score (KSS) and visual analogue scale (VAS) in 11 studies (58%) and 1531 knees (68%). No statistically significant differences between groups were reported (SMD 0.09, 95% confidence interval (CI) -0.03 to 0.22, P value 0.15). This represents an absolute risk difference of 2.4% points higher (95% CI 0.8% lower to 5.9% higher) on the KSS pain scale and a relative percent change of 0.22% (95% CI 0.07% lower to 0.53% higher). The results were homogeneous.

Clinical and functional scores

The KSS clinical score did not differ statistically significantly between groups (14 studies (74%) and 1845 knees (82%)) with a mean difference (MD) of -1.06 points (95% CI -2.87 to 0.74, P value 0.25) and heterogeneous results. KSS function was reported in 14 studies (74%) with 1845 knees (82%) as an MD of -0.10 point (95% CI -1.93 to 1.73, P value 0.91) and homogeneous results. In two studies (11%), the KSS total score was favourable for mobile bearing (159 vs 132 for fixed bearing), with MD of -26.52 points (95% CI -45.03 to -8.01, P value 0.005), but with a wide 95% confidence interval indicating uncertainty about the estimate.

Other reported scoring systems did not show statistically significant differences: Hospital for Special Surgery (HSS) score (seven studies (37%) in 1021 knees (45%)) with an MD of -1.36 (95% CI -4.18 to 1.46, P value 0.35); Western Ontario and McMaster Universities Osteoarthritis Index (WOMAC) total score (two studies (11%), 167 knees (7%)) with an MD of -4.46 (95% CI -16.26 to 7.34, P value 0.46); and Oxford total (five studies (26%), 647 knees (29%)) with an MD of -0.25 (95% CI -1.41 to 0.91, P value 0.67).

Health-related quality of life

Three studies (16%) with 498 knees (22%) reported on health-related quality of life, and no statistically significant differences were noted between the mobile bearing and fixed bearing groups. The Short Form (SF)-12 Physical Component Summary had an MD of -1.96 (95% CI -4.55 to 0.63, P value 0.14) and heterogeneous results.

Revision surgery

Twenty seven revisions (1.3%) were performed in 17 studies (89%) with 2065 knees (92%). In all, 13 knees were revised in the fixed bearing group and 14 knees in the mobile bearing group. No statistically significant differences were found (risk difference 0.00, 95% CI -0.01 to 0.01, P value 0.58), and homogeneous results were reported.

Mortality

In seven out of 19 studies, 13 participants (37%) died. Two of these participants had undergone bilateral surgery, and for seven participants, it was unclear which prosthesis they had received; therefore they were excluded from the analyses. Thus our analysis included four out of 191 participants (2.1%) who had died: one in the fixed bearing group and three in the mobile bearing group. No statistically significant differences were found. The risk difference was -0.02 (95% CI -0.06 to 0.03, P value 0.49) and results were homogeneous.

Reoperation rates

Thirty reoperations were performed in 17 studies (89%) with 2065 knees (92%): 18 knees in the fixed bearing group (of the 1031 knees) and 12 knees in the mobile group (of the 1034 knees). No statistically significant differences were found. The risk difference was -0.01 (95% CI -0.01 to 0.01, P value 0.99) with homogeneous results.

Other serious adverse events

Sixteen studies (84%) reported nine other serious adverse events in 1735 knees (77%): four in the fixed bearing group (of the 862 knees) and five in the mobile bearing group (of the 873 knees). No statistically significant differences were found (risk difference 0.00, 95% CI -0.01 to 0.01, P value 0.88), and results were homogeneous.

Authors' conclusions

Moderate- to low-quality evidence suggests that mobile bearing prostheses may have similar effects on knee pain, clinical and functional scores, health-related quality of life, revision surgery, mortality, reoperation rate and other serious adverse events compared with fixed bearing prostheses in posterior cruciate retaining TKA. Therefore we cannot draw firm conclusions. Most (98.5%) participants had OA, so the findings primarily reflect results reported in participants with OA. Future studies should report in greater detail outcomes such as those presented in this systematic review, with sufficient follow-up time to allow gathering of high-quality evidence and to inform clinical practice. Large registry-based studies may have added value, but they are subject to treatment-by-indication bias. Therefore, this systematic review of RCTs can be viewed as the best available evidence.

Summary of findings for the main comparison. Mobile bearing vs fixed bearing prosthesis for posterior cruciate retaining total knee arthroplasty for postoperative functional status in patients with osteoarthritis and rheumatoid arthritis

Mobile bearing vs fixed bearing prosthesis for posterior cruciate retaining total knee arthroplasty for postoperative functional status in patients with osteoarthritis and rheumatoid arthritis					
Patient or population: patients with posterior cruciate retaining total knee arthroplasty for postoperative functional status in patients with osteoarthritis and rheumatoid arthritis					
Settings: hospital					
Intervention: fixed bearing					
Comparison: mobile bearing					
Outcomes	Illustrative comparative risks* (95% CI)			Number of participants (studies)	Quality of the evidence (GRADE)
	Assumed risk	Corresponding risk	Relative effect (95% CI)		
	Mobile bearing	Fixed bearing			Comments
Pain - measured as KSS pain Knee Society Score, subscore pain. Scale from 0 (severe pain) to 50 (no pain) Follow-up: 1-10.8 years					Transformed into Knee Society score, subscore pain (range 0 to 50)
		Standardised mean pain score in the fixed bearing groups was 0.09 higher (-0.03 lower to 0.22 higher)		1531 knees (68%)	Absolute difference: 2.4% higher (-0.08% to 5.9%)
	Mean SMD in the mobile bearing groups was 41.4 points			(11 studies, 58%)	Relative percent change: 0.22% (-0.07% to 0.53% higher) Not statistically significant
Function - measured as KSS function Knee Society Score, function. Scale from 0 to 100 (higher scores indicates better function) Follow-up: 0.5-10.8 years					Absolute difference: 0.1% higher (-1.93% to 1.73%)
		Mean KSS function in the mobile bearing groups was 0.1 lower (1.93 lower to 1.73 higher)		1865 knees (83%)	Relative percent change: 0.1% (-2.28% to 2.05% higher)
	Mean KSS function in the mobile bearing groups was 84.5 points			(14 studies, 74%)	Not statistically significant Absolute difference: 1.96% lower (-4.55% to 0.63%)
Health-related quality of life - measured as SF-12 PCS SF-12 PCS. Scale from 0 to 100 (higher scores indicate better health-related quality of life) Follow-up: 2-2.5 years					Relative percent change: 4.63% (-10.75% to 1.49% higher)
	Mean SF-12 PCS in the mobile bearing groups was 42.3 points	Mean SF-12 PCS in the fixed bearing groups was 1.96 lower (4.55 lower to 0.63 higher)		498 knees (22%) (3 studies, 16%)	Not statistically significant

Revision surgery Follow-up: 1-9.8 years	14 per 1000	11 per 1000 (4 to 24)	See comment RR 0.80 (0.26-1.74)	2065 knees (92%) (17 studies)	⊕⊕⊕⊕ Low ^{a,c}	Risks were calculated from pooled risk differences Absolute risk difference: 0.00 (-0.01 to 0.01) Relative percent change: 20% (l) (74% (W) to 74% (l)) Not statistically significant Risks were calculated from pooled risk differences Absolute risk difference: 0.02 lower (-0.06 to 0.03) Relative percent change: 31% (l) (211% (W) to 78% (l)) Not statistically significant Risks were calculated from pooled risk differences Absolute risk difference 0.01 lower (-0.01 to 0.01)
Mortality Follow-up: 1-2 years	33 per 1000	22 per 1000 (-18 to 58)	See comment RR 0.69 (-0.55-1.78)	188 persons (12%) (4 studies)	⊕⊕⊕⊕ Low ^{a,c}	
Reoperation rate Follow-up: 1-9.8 years	12 per 1000	12 per 1000 (2 to 22)	See comment RR 1.01 (0.14-1.86)	2065 (92%) (17 studies)	⊕⊕⊕⊕ Low ^{a,c}	Relative percent change: 1% (h) (86% (W) to 86% (l)) Not statistically significant Risks were calculated from pooled risk differences Absolute risk difference: 0.00 (-0.01 to 0.01)
Other serious adverse events Follow-up: 1-9.8 years	6 per 1000	7 per 1000 (3 to 11)	See comment RR 1.16 (0.44-1.84)	1732 knees (77%) (17 studies)	Low ^{a,c}	Relative percent change: 16% (h) (56% (W) to 84% (l)) Not statistically significant

*The basis for the **assumed risk** (e.g. median control group risk across studies) is provided in footnotes. The **corresponding risk** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

CI: Confidence interval; **RR:** Risk ratio.

GRADE Working Group grades of evidence.

High quality: Further research is very unlikely to change our confidence in the estimate of effect.

Moderate quality: Further research is likely to have an important impact on our confidence in the estimate of effect and may change the estimate.

Low quality: Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate.

Very low quality: We are very uncertain about the estimate.

BACKGROUND

Description of the condition

Osteoarthritis (OA) and rheumatoid arthritis (RA) are conditions that can affect the knee joints. OA and RA lead to pain, loss of function and a lower quality of life. In some people, damage and pain in the knee from arthritis are so severe that joint replacement is required. Approximately 10% of men and 18% of women older than 60 years have OA [1]. Because of the ageing society as well as increasing obesity, the prevalence of knee OA continues to increase [2]. The prevalence of RA varies between 0.3% and 1% [1].

Description of the intervention

Total knee arthroplasty (TKA) is a very common and reliable orthopaedic procedure for end-stage arthritis of the knee. TKA has proved to be a successful surgical intervention that reduces pain and enhances physical function. It is a frequently performed procedure, and the number of TKAs is expected to increase exponentially in future years [3]).

Recent decennia have seen an expansion of technological developments in TKA, usually introduced into clinical practice without appropriate assessment [4]. The mobile (meniscal or rotating) bearing TKA with a polyethylene insert has some freedom of movement and is an example of such a new development. The main goal of the mobile bearing insert is to decrease contact stresses at the implant interface [5,6]. Contradictory views exist as to whether the mobile bearing prosthesis will improve functionality as compared with the fixed bearing prosthesis for cruciate retaining TKA.

Why it is important to do this review

Previously, we performed a systematic review of the literature to assess whether mobile bearing total knee prostheses provide better functional outcomes in patients with OA and RA [7]. This previous review included two randomised controlled trials. Performing a meta-analysis therefore was not possible. Since the time of that review, many trials have been performed to study the clinical and functional outcomes of mobile bearing TKA in comparison with fixed bearing TKA. Thus, an update of the previous review is warranted.

Objectives

To assess the benefits and harms of mobile bearing compared with fixed bearing cruciate retaining total knee arthroplasty for functional and clinical outcomes in patients with osteoarthritis or rheumatoid arthritis.

METHODS

Criteria for considering studies for this review

Types of studies

Randomised controlled trials (RCTs) comparing mobile and fixed bearing cruciate retaining TKA published as full text in a peer-reviewed journal.

Types of participants

People who have had TKA for OA or RA.

Types of interventions

We included studies of primary, unconstrained, cruciate retaining, total (bi- or tricompartmental) knee arthroplasty with a mobile bearing (meniscal or rotational) or a fixed bearing polyethylene insert. We excluded studies with TKA after prior patellectomy and osteotomy.

Types of outcome measures

The outcome measurement in the studies had to be a functional or a clinical measure with a minimal follow-up of six months.

Major outcomes

- Knee pain (e.g. visual analogue score (VAS), Knee Society Score (pain), Western Ontario and McMaster Universities Arthritis Index (WOMAC) score (pain), Hospital for Special Surgery Score (HSS) (pain), Oxford Knee Score (OKS) (pain)).
- Clinical and functional questionnaire scores (e.g. WOMAC, Knee Injury and Osteoarthritis Outcome Score (KOOS), OKS, HSS, Bristol Knee Score, International Knee Documentation Committee Subjective Knee Form (IKDC) or Performance Outcome (Knee Society (functional) Score, Knee Society (clinical) Score), Knee Society (total) Score)).
- Health-related quality of life (e.g. Short Form (SF)-36, SF-12).
- Revision surgery.
- Mortality.
- Reoperation rate.
- Serious adverse events (excluding revision surgery, mortality and reoperation rate).

Minor outcomes

- Radiolucent lines.
- Femorotibial alignment.

- Performance outcome (flexion, extension, range of motion (ROM)).

Search methods for identification of studies

Electronic searches

In co-operation with a trained medical librarian, we composed a new search strategy. We searched the following databases on 27 February 2014: *The Cochrane Library* (2014, Issue 1), PubMed (1944 to 27 February 2014), EMBASE (Ovid version) (1980 to 27 February 2014), Web of Science (1945 to 27 February 2014) and the Cumulative Index to Nursing and Allied Health Literature (CINAHL) (EbscoHost-version) (1981 to 27 February 2014). In addition, we searched the following trial registries on 11 February 2014: ClinicalTrials.gov, Multi-register, Current Controlled Trials, the World Health Organization (WHO) International Clinical Trials Registry Platform and the Dutch trial registry.

The search strategy consisted of the AND combination of two main concepts: rheumatoid arthritis or osteoarthritis, and knee arthroplasty. For the different concepts, we used all relevant keyword variations, not only keyword variations in the controlled vocabularies of the various databases, but free-text word variations of these concepts as well. We optimised the search strategies for all consulted databases, taking into account differences in the various controlled vocabularies, as well as differences in database-specific technical variations (e.g. use of quotation marks). We composed three different versions of the search strategy.

- The intervention concept used as a major subject, the disease concept used both a major or minor subject.
- The intervention concept and the disease concept used as both major and minor subjects, combined with the combination “mobile/fixed” as an additional concept.
- A limited intervention concept combined with an extended “mobile/fixed” concept.

Finally, the results were limited to RCTs including human participants.

Searching other resources

We screened the reference lists of included studies to look for additional studies with the same selection criteria and processed them as the primary search results.

Data collection and analysis

We managed publications with the aid of Reference Manager. In addition, we recorded relevant information pertaining to database source, reason for exclusion and consensus of review authors. We conducted statistical analyses using Review Manager (RevMan) software 5.

Selection of studies

Four review authors (KN, BP, SH, PM) conducted the literature search in co-operation with a trained medical librarian and retrieved the references to be evaluated. Two review authors (KN, BP or SH, PM) independently selected trials for inclusion in the review. We resolved disagreements by consensus. When we could not reach consensus, we consulted a third review author (WJ) for the decisive vote.

We selected articles in two steps. In the first step, we excluded articles when it was apparent from either the title or the abstract that the study did not meet the criteria as mentioned in the criteria for considering studies for this review. In the second step, we excluded articles when it was apparent from inspection of the printed article:

- that it did not meet the inclusion criteria for the review; and
- that the population had already been reported in another included study (most informative publication was included as primary reference, and additional publications as secondary reference).

We documented the reason for exclusion for each reference.

Data extraction and management

We closely examined articles that met all selection criteria with the aid of a checklist and a data extraction form. One review author (SH or KN) entered data into RevMan 5, and another review author (PJ or WJ) checked the data.

Assessment of risk of bias in included studies

Two out of five possible review authors (KN, BP, WJ, SH, PM) assessed the risk of bias in duplicate independently. We assessed risk of bias using the tool of The Cochrane Collaboration [8]), including the domains random sequence generation, allocation concealment, blinding of participants and personnel, blinding of outcome assessment, incomplete outcome data, selective reporting and other sources of bias. In the domain 'other bias,' we checked for homogeneity of data and co-interventions. We scored each domain as low, high or unclear. Under 'other bias,' we assessed co-interventions and baseline imbalance such as group homogeneity and subgroup homogeneity, because heterogeneity is often encountered and accounts for lack of power in many orthopaedic surgery trials.

When two review authors could not reach consensus, we consulted a third review author until consensus was reached.

Measures of treatment effect

Studies eligible for the review were RCTs comparing a cruciate retaining mobile (rotating

or meniscal) TKA against a fixed TKA.

Dichotomous data

For dichotomous outcomes, we calculated Mantel Haenszel random-effects risk ratios (RRs). This RR refers to the risk of an event in the experimental group relative to the risk of an event in the control group. Therefore the RR can be calculated only when events are reported in the study groups. If the events were rare and empty cells were found in one of the groups in many studies, we calculated Mantel Haenszel random-effects risk differences (RDs). Risk difference is the difference between observed risk in the two groups. The RD can be calculated even when no events are reported in one of the study groups.

Continuous data

For continuous outcomes, we calculated a random-effects mean difference (MD) weighted by the inverse variance. The mean difference is a standard statistic that measures the absolute difference between mean values in two groups in a clinical trial while taking into account the precision by which this is estimated. It estimates the amount by which the experimental intervention on average changes the outcome compared with the control group. In addition, when the same outcome was reported on different scales, using differing units and methods of assessment (e.g. pain scales), we pooled the results by calculating a standardised mean difference (SMD). We corrected differences in the direction of the scale by subtracting mean values from the maximum value of the scale. To facilitate interpretation of the SMD, we transformed it back into a common scale, using data from the most representative study, with the largest weighting as mobile bearing group baseline and standard deviation.

Unit of analysis issues

An issue for studies on TKA is the possibility to perform bilateral surgery in which one knee is randomly assigned to receive mobile bearing and the other knee to fixed bearing prostheses. As not all studies have this design, we will analyse knee pain, clinical and functional scores and health-related quality of life with and without including these studies performing bilateral knee surgery to assess whether this affects our results. For mortality, we excluded from the analysis participants who underwent bilateral surgery.

Dealing with missing data

Standard deviation (SD) was used when available, or we imputed it from ranges if available. If only the average was reported and no other information was available to calculate the SD, we imputed the average SD from other studies in the same meta-analysis.

Assessment of heterogeneity

We tested heterogeneity by using the I^2 statistic. The I^2 statistic can be interpreted as the percentage of total variability in a set of effect sizes due to between-studies variability.

- Thresholds for interpretation of I^2 of:
- 0% to 40%: might not be important;
- 30% to 60%: may represent moderate heterogeneity;
- 50% to 90%: may represent substantial heterogeneity; and
- 75% to 100%: show considerable heterogeneity.

Throughout this review, we considered results as heterogenous when I^2 was 50% or greater.

Assessment of reporting biases

To determine publication bias, we searched the following trial registries: ClinicalTrials.gov, Multiregister, Current Controlled Trials, the WHO International Clinical Trials Registry Platform and the Dutch trial registry.

Data synthesis

We used a random-effects model to pool data from each trial.

We conducted statistical analyses by using Review Manager 5.

Subgroup analysis and investigation of heterogeneity

We used the cutoff point of $I^2 \geq 50\%$ to indicate heterogeneity. If heterogeneity was present, we conducted subgroup analyses if possible. We intended to conduct subgroup analyses to investigate the effects of different follow-ups (one year, two years and more than two years of follow-up) on the observed effect.

Sensitivity analysis

We conducted sensitivity analyses to assess the effect on our results of including studies performing bilateral knee surgery. Therefore, we analysed knee pain, clinical and functional scores and health-related quality of life with and without including these studies to assess whether this would affect our results. Furthermore, if possible, we planned to assess the effect of including only high quality studies.

'Summary of findings' table

We reported all major outcomes in the 'Summary of findings' table generated using GRADEpro version 3.2.2.

Grading strength of the evidence

We assessed the strength of the evidence by using the GRADE (Grades of Recommendation, Assessment, Development and Evaluation) approach, and added this information to the 'Summary of findings' table.

GRADE Working Group grades of evidence.

- **High quality:** Further research is very unlikely to change our confidence in the estimate of effect.
- **Moderate quality:** Further research is likely to have an important impact on our confidence in the estimate of effect and may change the estimate.
- **Low quality:** Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate.
- **Very low quality:** We are very uncertain about the estimate.

Downgrading strength of the evidence

- We downgraded the quality of the evidence if any of these factors were present.
- Limitations in the design and implementation of available studies suggesting high likelihood of bias.
- Indirectness of evidence (indirect population, intervention, control, outcomes).
- Unexplained heterogeneity or inconsistency of results (including problems with subgroup analyses).
- Imprecision of results (wide confidence intervals).
- High probability of publication bias.

RESULTS

Description of studies

We found 19 studies (with 1641 participants and 2247 knees - 1616 participants with OA (98.5%) and 25 with RA (1.5%)), which were described in 22 articles. Seventeen of these studies were new since the time of the previous Cochrane review.

Results of the search

We searched the databases and identified 5660 references, of which 3290 were unique (Figure 1, PRISMA flowchart). Reference lists of studies selected for evaluation provided three additional titles, and citation tracking added two new references to the search. We screened 73 articles after removal of duplicates on the basis of title and abstract. We assessed the full text of 53 articles for eligibility. We excluded 34 articles, mostly because a posterior stabilised design was used for one or both types of prostheses in

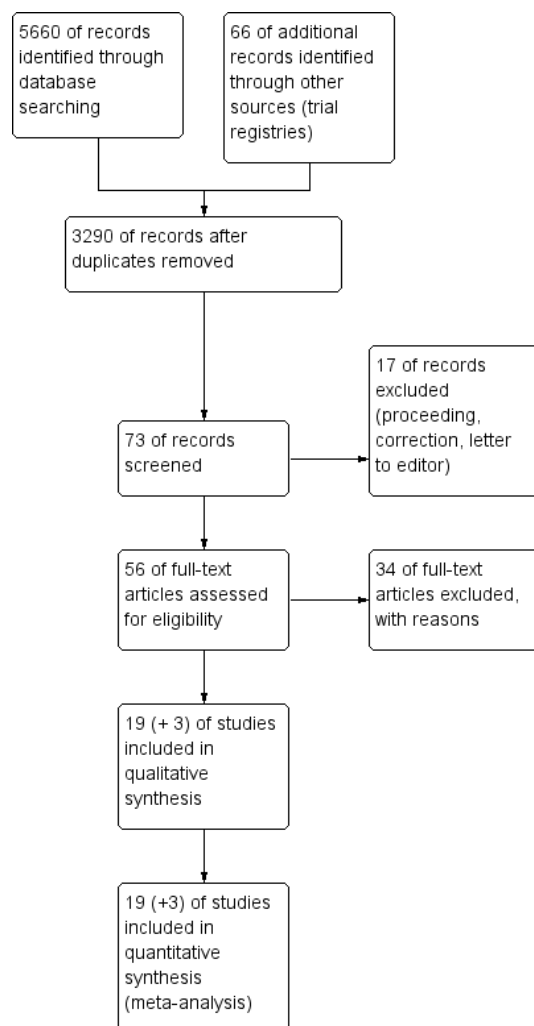


Figure 1. Study flow diagram (PRISMA)

the study. This left 19 studies for inclusion in the review and three additional articles, of which one described follow-up of an included study and two formed a subgroup of an included study.

Grey literature

We found nine proceedings that fulfilled the inclusion criteria. Five of these studies were later published as full text [9-13]. For one proceeding, no abstract was traceable [14]. The study of Chatterji et al. [15] found higher levels of dissatisfaction and patellar-femoral problems in the mobile bearing group. Jolles et al. [16] found better relative differences

between preoperative and postoperative ROM and KSS scores at three months and six months for the fixed bearing TKA in comparison with the mobile bearing TKA. However, they did not describe postoperative comparisons of both prostheses. Tibesku et al. [17] found no functional advantage of mobile bearing TKA over fixed bearing TKA in a fluoroscopic study. Furthermore, we found two studies (NCT00208286; NCT01150929) in trial registries that may fulfil our inclusion criteria. However, no results were posted, and it was unclear whether these studies were cruciate retaining. In addition, we found one ongoing study (Characteristics of ongoing studies) without (complete) results.

Included studies

We included 22 reports of 19 studies in this review. See the characteristics of included studies table for details. All studies were stated by their authors to be RCTs comparing mobile (rotating or meniscal) bearing versus fixed bearing, cruciate retaining, primary TKA.

Intervention

Nineteen studies compared mobile bearing versus fixed bearing prostheses. Of the mobile bearing group, 10 studies used a rotating design. Most prostheses were PFC Sigma systems [18-24]. Other prostheses were balanSys [25], Columbus [26] and Trekking MB [27]. Nine studies used a meniscal design, and three of these used the LCS [11,28,29]. Other prostheses were Rotaglide [30,31], MBK [32], e.motion-FP [33], TMK [34] and Genesis II [35,36].

In the fixed bearing group, most prostheses were PFC Sigma [18-21,24,28]. Other prostheses were Nuffield [30], NexGen [31,32], balanSys [25], AMK [11,29], Medial Pivot [22], Genesis II [33,35,36], Columbus [26], Multigen Plus FB [27], Natural Knee [23] and AGC [34].

Six studies performed only bilateral knee surgeries [11,21,22,31,33,34]. Five studies included some bilateral surgeries (Hansson et al. [30] 52 knees in 42 patients; Henricson et al. [32]: 52 knees in 47 patients; Higuchi et al. [20]: 76 knees in 68 patients; Lampe et al. [26]: 100 knees in 96 patients; Munro et al. [24]: 54 knees in 46 patients).

Participant characteristics

We have reported age and gender of study groups in characteristics of included studies. Most studies included participants with osteoarthritis. Three studies included both participants with RA and those with OA (Kim et al. [11]: six RA, 110 OA; Kim et al. [21]: one RA, 173 OA; Watanabe et al. [31]: 18 RA, four OA). In total, 98.5% of participants had OA.

In general we found participant populations from different studies to be comparable,

especially in studies with bilateral TKA [11,21,22,29,31,33,34]. Moreover, the groups are fairly homogeneous regarding etiology, with more than 90% of participants having OA. As we included only cruciate retaining TKA, the groups were homogeneous in this aspect.

However, selection criteria of included studies are sometimes absent, or they differ between studies, which might produce heterogeneous groups with regard to underlying disease [11,21,23,24,30,31].

Excluded studies

We excluded Aglietti et al. [37], Ball et al. [38], Bhan et al. [39], Breeman et al. [40], Breugem et al. [41] 2008, Chen et al. [42], Chiu et al. [43], Gioe et al. [44], Harrington et al. [45], Jawed et al. [46], Jolles et al. [47], KAT trial group [48], Kim et al. [49], Kim et al. [50], Kim et al. [51], Läderman et al. [52], Li et al. [53], Matsuda et al. [54], Sylvestre-Muñoz et al. [55], Pagnano et al. [56], Pijls et al. [57], Rahman et al. [58], Saari et al. [59], Shemshaki et al. [60], Tienboon et al. [61], Uvehammer et al. [62], Vasdev et al. [63], Wohlrab et al. [64], Woolson et al. [65], Wylde et al. [9] and Zeng et al. [66] because one, both or some of the implants used in these studies were posterior stabilised and thus were not posterior cruciate ligament retaining. In the trial NCT00289094, other inflammatory arthritis and avascular necrosis of bone were included. See also characteristics of excluded studies.

Risk of bias in included studies

The methodological quality scores of the individual studies are given in the 'Risk of bias' tables in the characteristics of included studies section. Figure 2 and Figure 3 show the risk of bias graph and the methodological quality summary, respectively, of all included studies. The studies Bailey et al. [18], Kim et al. [29], Lizaur-Utrilla et al. [27] and Price et al. [34] did not have high risk of bias in any of the domain assessed.

Allocation

The randomisation technique is described in most studies but is unclear in the following studies: Grodzki et al. [28], Henricson et al. [32], Kim et al. [11], Kim et al. [22], Lampe et al. [26], Möckel et al. [23] and Watanabe et al. [31]. Methods of allocation sequences described include minimisation technique, computer-generated random numbers and sequential pool of random numbers. Study authors describe concealment of allocation in Hanusch et al. [19], Henricson et al. [32], Jacobs et al. [25], Kim et al. [22], Lizaur-Utrilla et al. [27], Munro et al. [24] and Price et al. [34]. Methods described include sealed envelopes and telephone calls.

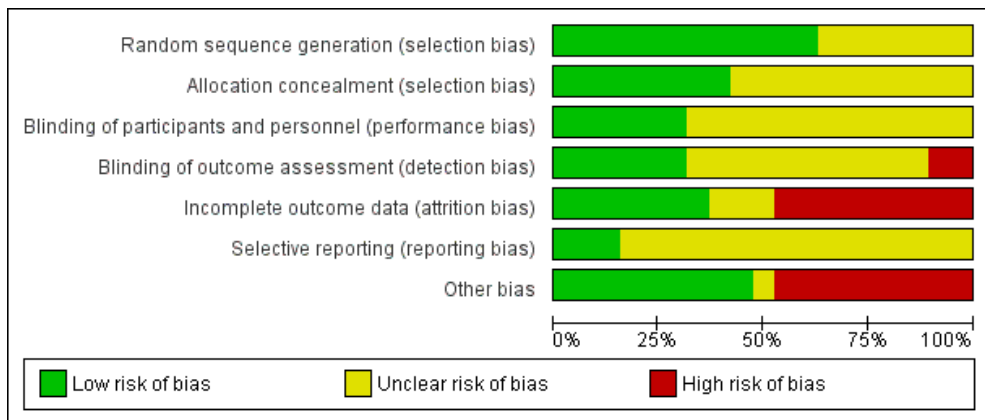


Figure 2. Risk of bias graph: review authors' judgements about each risk of bias item presented as percentages across all included studies

Blinding

Study authors describe use of patient blinding only in Bailey et al. [18], Jacobs et al. [25], Lampe et al. [26], Lizaur-Utrilla et al. [27], Price et al. [34] and Tibesku et al. [35,36]. They explain use of assessor blinding in Bailey et al. [18], Kim et al. [21], Kim et al. [22], Lampe et al. [26], Lizaur-Utrilla et al. [27] and Tibesku et al. [35,36].

Incomplete outcome data

Most studies reported the drop-outs and had an acceptable drop-out rate. One study [23] had too many (> 20%) participants lost to follow-up, and another study [25] excluded 30 participants (28% of the fixed bearing group) as the result of randomisation error. Higuchi et al. [20] and Tibesku et al. [35,36] did not describe the drop-outs. The following studies used an intention-to-treat analysis: Grodzki et al. [28], Kim et al. [29], Kim et al. [33], Lizaur-Utrilla et al. [27], Möckel et al. [23], Munro et al. [24], Price et al. [34] and Watanabe et al. [31].

Selective reporting

We could find only online protocols for three included studies [18,25,26], and this limited our assessment of reporting bias. Data are selectively available for time points in these studies. Fourteen studies report short-term (up to one year) results [18-20,22-28,30,32-34]. Six studies report midterm (longer than one year to two years) results [18,21,27,30,32,35,36], and eight studies report long-term (longer than two years) results [11,21,22,27,29,31,33,34]. However, the outcomes that studies reported varied, as did follow-up results. For example, Hansson et al. [30] reported HSS total only at two follow-up points.

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Bailey 2014	+	?	+	+	?	+	+
Grodzki 2001	?	?	?	?	+	?	-
Hansson 2005	+	?	?	-	?	?	?
Hanush 2010	+	+	?	?	-	?	-
Henricson 2006	?	+	?	?	-	?	+
Higuchi 2009	+	+	?	?	?	?	-
Jacobs 2011	+	+	+	-	-	+	+
Kim 2001	?	?	?	?	-	?	-
Kim 2007	+	?	?	+	-	?	+
Kim 2009a	?	+	?	?	-	?	+
Kim 2009b	+	?	?	+	+	?	+
Kim 2010	+	?	?	?	+	?	-
Lampe 2011	?	?	+	+	-	+	-
Lizaur-Utrilla 2012	+	+	+	+	+	?	+
Möckel 2004	?	?	?	?	-	?	+
Munro 2010	+	+	?	?	+	?	-
Price 2003	+	+	+	?	+	?	+
Tibesku 2011	+	?	+	+	-	?	-
Watanabe 2005	?	?	?	?	+	?	-

Figure 3. Methodological quality summary: review authors' judgements about each methodological quality item for each included study

Other potential sources of bias

Other co-interventions used during the procedure of the arthroplasty were frequently not reported. Hansson et al. [30] and Higuchi et al. [20] did not describe treatment of the patella. Cementing is unclear in Hansson et al. [30], Higuchi et al. [20] and Price et al. [34].

Effects of interventions

See the 'Summary of findings' table for major outcome measures in the comparison of mobile versus fixed bearing prostheses (Summary of findings for the main comparison).

Major outcomes

Knee pain

We calculated the standardised mean difference (SMD) for pain, using the KSS pain and VAS scores for 11 studies (58%) and 1531 knees (68%). For studies that reported Oxford pain, HSS pain or WOMAC pain and also reported KSS pain, the KSS pain was used. The SMD was 0.09 (95% CI -0.03 to 0.22, P value 0.15). This represents an absolute risk difference of 2.4% points higher (95% CI 0.8% lower to 5.9% higher) on the KSS pain scale and a relative percent change of 0.22% (95% CI 0.07% lower to 0.53% higher) on the KSS pain scale, but these are not significant clinical or statistical differences.

All outcome measures for knee pain showed no statistically significant differences and wide confidence intervals, indicating considerable uncertainty in the estimates. Nine studies (47%) reported Knee Society pain score in 1392 (62%) knees. No significant differences were found; the mean difference was 0.41 (95% CI -0.06 to 0.88, P value 0.08) in favour of fixed bearing. The results are homogeneous ($I^2 = 0\%$, P value 0.57). Three studies (16%) reported VAS pain in 300 knees (13%) with a mean difference of -0.13 points (95% CI -0.96 to 0.69, P value 0.75). The results are heterogeneous ($I^2 = 77\%$, P = 0.01). Furthermore, Oxford pain was reported in two studies (11%) with 184 knees (8%) with a mean difference of -0.42 (95% -0.89 to 0.05, P value 0.08). Other pain outcomes are WOMAC pain and HSS pain, but these were not available for pooling. WOMAC pain was reported in only one study. HSS pain was reported in three studies, but two of these studies did not report ranges or SDs.

Clinical and functional scores

Given the differences in outcomes measured in different studies, calculating a single standardised mean difference was not appropriate.

The Knee Society score was reported in 14 studies (74%) (1845 knees (82%)). No significant differences between groups were found, and the mean difference in KSS clinical was -1.06 point (95% CI -2.87 to 0.74, P value 0.25). The mean difference in KSS function, as reported in 14 studies (1865 knees), was -0.10 points (95% CI -1.93 to 1.73, P value 0.91). KSS clinical showed heterogeneity ($I^2 = 77\%$, P value < 0.01) and, for KSS function, homogeneous results ($I^2 = 45\%$, P value 0.04). Furthermore, we found uncertainty in the estimate of the KSS total score based on two studies [28,35,36] with 71 knees. The mean difference between groups is -26.52 points (95% CI -45.03 to -8.01, P value 0.005). These results are homogeneous ($I^2 = 0\%$, P = 0.80).

Other reported scoring systems also showed uncertainty in their estimates, including HSS (seven studies (37%) in 1021 knees (45%)) with a mean difference of -1.36 (95% CI -4.18 to 1.46, P value 0.35) ($I^2 = 86\%$, P value < 0.01), WOMAC total score (two studies (11%) in 167 knees (7%)) with a mean difference of -4.46 (95% CI -16.26 to 7.34, P value 0.46) ($I^2 = 87\%$, P value < 0.01) and Oxford total (five studies (26%) in 647 knees (29%)) with a mean difference of -0.25 (95% CI -1.41 to 0.91, P value 0.67) ($I^2 = 0\%$, P = 0.79). No other validated scoring systems (KOOS, WOMAC function, WOMAC stiffness, Oxford function) were available for pooling because no studies or just one study reported these outcomes.

Health-related quality of life

Only the SF-12 (PCS and MCS) was reported in three studies (16%) [18,24,27] with 498 knees (22%). The mean difference in PCS was -1.96 (95% CI -4.55 to 0.63, P value 0.14). The mean difference in MCS was -1.26 points (95% CI -4.75 to 2.22, P = 0.48). Both results were heterogeneous ($I^2 = 61\%$, P value 0.09; $I^2 = 80\%$, P value 0.007, respectively).

Revision surgery

Orthopaedic surgeons performed a total of 27 revisions in 17 studies (89%) with 2065 knees (92%) - 13 knees in the fixed bearing group (of the 1031 knees) and 14 knees in the mobile bearing group (of the 1034 knees). No significant differences between groups were found (RD 0.00, 95% CI -0.01 to 0.01, P value 0.58). Follow-up time of the studies ranged from 0.5 year to 10 to 12 years, and 13 studies reported a follow-up time less than three years. The groups were homogeneous ($I^2 = 0\%$, P value 1.00). Higuchi et al. [20] and Tibesku et al. [35,36] did not report the number of revisions. Reasons for revision surgery were polyethylene bearing dislocation (mobile bearing), ligamentous instability between the femur and the tibia (fixed bearing), complete wear of the tibial

bearing polyethylene (mobile bearing and fixed bearing), infection (mobile bearing and fixed bearing), severe osteolysis (fixed bearing), patella component added (fixed bearing), tibial aseptic loosening (fixed bearing) and dislocation of the meniscal component (mobile bearing).

Mortality

Seven studies (37%) reported mortality. A total of 13 participants died. However, two of those who died (in two studies – Price et al. [34]; Watanabe et al. [31]) had undergone bilateral surgery, so death could not be attributed to one particular group; they were thus excluded from the analysis. Hanusch et al. [19] reported four deaths and Munro et al. [24] reported three deaths, but it was unclear whether these participants received a fixed bearing or a mobile bearing prosthesis. Therefore, in our analyses we included one participant who died (of the 96 participants) in the fixed bearing group and three who died (of the 95 participants) in the mobile bearing group. No significant difference was found between groups in terms of RD (-0.02, 95% CI -0.06 to 0.03, P value 0.49). The groups were homogeneous ($I^2 = 0\%$, P value 0.79). Kim et al. [33] stated that no deaths were related to surgery but did not report the number of persons who died. These studies thus were not included for this outcome.

Reoperation rate

A total of 30 reoperations were performed in 17 studies (89%) with 2065 knees (92%) - 18 knees in the fixed bearing group (of the 1031 knees) and 12 knees in the mobile bearing group (of the 1034 knees). No significant difference was found between groups in terms of RD (-0.01, 95% CI -0.01 to 0.01, P value 0.99). The groups were homogeneous ($I^2 = 0\%$, P = 0.81). Higuchi et al. [20] 2009 and Tibesku et al. [35,36] did not report the number of reoperations. Reasons for reoperation were patella resurfacing (mobile bearing and fixed bearing), femoral fracture (fixed bearing), infection (fixed bearing and mobile bearing), skin-edge necrosis (mobile bearing and fixed bearing) and soft tissue revision for hematoma (mobile bearing).

Other serious adverse events

In all, 16 studies (84%) reported nine other serious adverse events in 1735 knees (77%) - four in the fixed bearing group (of the 862 knees) and five in the mobile bearing group (of the 873 knees). No significant difference was found (mean RD 0.00, 95% CI -0.01 to 0.01, P value 0.88). The groups were homogeneous ($I^2 = 0\%$, P = 1.00). Serious adverse events included deep vein thrombosis or pulmonary embolism (three mobile bearing and two fixed bearing), deep peroneal nerve palsy (two mobile bearing and one fixed bearing) and periprosthetic infection (not described whether a revision or a reoperation was needed) (one fixed bearing). Revision surgeries, reoperations and mortality were excluded from this rate of other serious adverse events because they are

reported individually.

Minor outcomes

Five studies (26%) reported overall (not stratified by tibial or femoral) radiolucent lines in 978 knees (44%). A total of 90 events occurred in the fixed bearing group (of the 489 knees) and 75 events in the mobile bearing group (of the 489 knees). No significant difference was found between groups (RR 1.20, 95% CI 0.93 to 1.55, P value 0.16). The results were homogeneous ($I^2 = 0\%$, P value 0.84). Six studies (32%) reported tibial radiolucent lines in 1258 knees (56%). No significant difference was found between groups (RR 0.92, 95% CI 0.49 to 1.72, P value 0.79). The results were heterogeneous ($I^2 = 68\%$, P value 0.008). Four studies (21%) reported femoral radiolucent lines in 1095 knees (49%). No significant difference was found between groups (RR 0.92, 95% CI 0.46 to 1.85, P value 0.82). The results were homogeneous ($I^2 = 0\%$, P value 0.49).

Furthermore, six studies (32%) reported femorotibial alignment in 1047 knees (47%). No difference was found between groups; the mean difference was -0.40 (95% CI -0.86 to 0.06, P value 0.08). The results were heterogeneous ($I^2 = 60\%$, P value 0.03).

Nine studies (47%) in 838 knees (37%) reported flexion. A significant difference in flexion was found in favour of mobile bearing, but with uncertainty in the estimate. The mean difference was -1.84° (95% CI -3.48 to -0.20 , P value 0.03). The results are homogeneous ($I^2 = 0\%$, P value 0.75). No significant difference was found regarding extension (four studies (21%), 291 knees (13%), 0.07° (95% CI -0.54 to 0.68 , P value 0.82)). No heterogeneity was observed ($I^2 = 0\%$, P value 0.43). Range of motion was reported in 10 studies (53%) in 1361 knees (61%). No significant difference between groups was found; the mean difference was -0.67° (95% CI -3.26 to 1.90 , P value 0.61). However, the results were heterogeneous ($I^2 = 77\%$, P value < 0.001) and the estimate is uncertain.

Subgroup analysis

We did not perform any subgroup analysis because the number of studies per subgroup would be too small.

Sensitivity analysis

Six studies performed only bilateral surgeries [11,21,29,31,33,34]. We found similar results in outcomes if we excluded these studies from the analyses. The only exception was HSS, which became significant in favour of mobile bearing when these studies were excluded, with a mean difference of -3.68 (95% CI -7.18 to -0.17 , P value 0.04) based on four studies. However, the results were heterogeneous ($I^2 = 72\%$, P value 0.01), with uncertainty in the estimate, and the difference is not clinically relevant. As very few

studies had a low or unclear risk of bias, sensitivity analyses by quality of evidence were not possible.

Publication bias

We found two unpublished terminated trials (NCT00208286; NCT01150929) that may fulfil our inclusion criteria. However, no results were posted, and it was unclear whether these studies were cruciate retaining. It is thus possible that some selection bias could have occurred. In addition, we found one ongoing study (NCT00740376) without (complete) results.

DISCUSSION

Summary of main results

In our search, we found 19 randomised trials and three additional articles about already included studies. Seventeen of these studies were new compared with studies included in the previous review [7]. In short, both types of prostheses do not show clinically important differences in benefits and harms. Although some studies found results in favour of the mobile bearing total knee arthroplasty (TKA), no clinically relevant differences were found between mobile bearing and fixed bearing posterior cruciate retaining total knee arthroplasty regarding knee pain, clinical and functional questionnaire scores and health-related quality of life.

Knee pain was measured in 11 studies, but no clinically relevant differences were found. For clinical and functional scores, meta-analyses showed statistically significant differences only for the Knee Society Score (KSS) total score. However, this finding was based on two studies [28,35,36] and includes a very large 95% confidence interval, indicating uncertainty in the estimate. Health-related quality of life was measured in only three studies [18,24,27], and no clinically relevant differences were found.

Furthermore, no significant differences between groups were seen in revision surgery, mortality, reoperation rates and other serious adverse event rates. Especially the numbers of serious adverse events and revision surgery procedures hardly differed. We could include only four of the 13 reported deaths in our analysis because of bilateral surgeries, and because some studies did not report which prosthesis participants received. Reoperations were reported in 18 of the 1031 knees in the fixed bearing group and in 12 of the 1034 knees in the mobile bearing group. The difference in number of reoperations was caused mainly by findings from the study of Kim et al. [22]. These investigators had a high incidence of infection in the fixed bearing group, and the study was temporarily stopped by the Infection Control Committee at their hospital, but no

specific factors leading to the high incidence of infection were found. Furthermore, most studies reported follow-up less than three years, so it is possible that there are differences in outcomes with longer follow-up, especially for these outcomes. Large registry-based studies with long-term follow-up may be of added value for further study potential differences in these outcomes. However, as these studies are subject to treatment-by-indication bias, findings must be interpreted cautiously.

The quality of the evidence, as assessed by the GRADE approach, ranged from moderate (knee pain) to low (other major outcomes) (Summary of findings for the main comparison).

Overall completeness and applicability of evidence

Results are frequently not split for different treatment modalities nor different patient categories. Although we can understand that the prime interest of some articles differs, we believe that reporting more detailed preoperative and postoperative data in orthopaedic surgery could greatly benefit interpretation of outcome results. Functional performance could be affected by patellar resurfacing. Resurfacing of the patella could increase the work line of the quadriceps tendon, thereby increasing muscle efficiency and thus walk ability capacity (e.g. staircase) of patients. Until the influence of such factors is known, it is paramount to have insight into the results per factor in each study, and thus to report data specifically for all subgroups. Otherwise it is impossible to draw conclusions about treatment efficacy within a particular study or to pool results from different studies.

Most of the included studies describe different types of prostheses for the comparison of mobile bearing versus fixed bearing TKA. It is therefore impossible to know whether observed results are due to use of a mobile bearing or fixed bearing TKA, or to differences in other design features or even preoperative patient characteristics. Accordingly, when such studies find a significant difference in outcomes between prostheses, this could be the result of these design differences rather than to use of a mobile bearing or fixed bearing TKA. Furthermore, it is currently unknown whether differences in outcome may change over time if either implant behaves differently with reference to survivorship. Applicability of the results of cohort-based clinical studies to the general population has long been a topic of controversy. Such data are available in national arthroplasty registers and can thereby contribute substantial added value to an informed discussion of arthroplasty outcomes [67], especially for outcomes that appear at long-term follow-up such as mortality and revision.

The KSS total was 26.52 points higher in favour of mobile bearing, but as mentioned before, but this finding was based on only two studies with a wide 95% CI (-45.03 to -8.01), indicating uncertainty in the estimate. The probability of publication bias

was high, as only two studies reported this outcome instead of the more commonly reported KSS functional and KSS clinical separately. It is possible that although the KSS functional and the KSS clinical separately showed no significant differences, a significant difference would have been shown if both scores were summed up.

Furthermore, most (98.5%) of the participants had osteoarthritis (OA), so the results primarily reflect results in individuals with OA.

Quality of the evidence

The quality of the evidence as graded by the GRADE approach ranged from moderate to low. This assessment was based on risk of bias of individual studies, indirectness, inconsistency of results, imprecision of results and high probability of publication bias, and provides the rationale or justification for downgrading the quality of the evidence.

The quality of knee pain, measured by KSS pain as moderate, and thus further research are likely to have an important impact on our confidence in the estimate of effect and may change the estimate. The quality of evidence of this outcome measure was downgraded because of the risk of bias of individual studies (see Figure 3). This risk of bias was also responsible for downgrading of the quality of evidence in all other major outcome parameters (Summary of findings for the main comparison).

We did not downgrade any of the outcomes because of indirectness of the evidence. Only randomised controlled trials (RCTs) comparing fixed versus mobile bearings were included in different settings. Clinical and functional scores (range of motion (ROM)) and health-related quality of life measures (measured as Short Form (SF)-12 Physical Components Summary (PCS)) were downgraded because of unexplained heterogeneity. This heterogeneity may affect interpretation of results.

The number of serious adverse events (SAEs) resulting in revision and mortality was less than 300; this was also downgraded because of imprecision of results. These outcomes are graded as low quality, which means that further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate.

Potential biases in the review process

This review has several strengths and limitations. We composed a new search strategy in cooperation with a trained medical librarian, and, besides the search in databases, we also searched trial registries. We found two unpublished terminated trials (NCT00208286;NCT01150929) that may fulfil our inclusion criteria. However, no results were posted, and it was unclear whether these studies were cruceate retaining. It is thus possible that some selection bias could have occurred. In addition, we found

one ongoing study (NCT00740376) without (complete) results. Two review authors independently selected trials for inclusion in the review and resolved disagreements by consensus. When no consensus could be found, a third review author was consulted for the decisive vote. Two review authors independently assessed in duplicate risk of bias. This reduces the possibility of observer bias. A limitation of this meta-analysis is that many studies report outcomes of only one postoperative follow-up moment, which limits the possibility of pooling intermediate results and may cause heterogeneity between studies. This also limits the possibility of analysing differences in follow-up moments. Furthermore, in our selection, we found rotating bearing and meniscal bearing types of implants. Differences could be present because of the anterior movement possibility of the meniscal bearing type. In the characteristics of included studies table, we have described each implant, so care providers can judge whether the results are applicable to their practice.

Agreements and disagreements with other studies or reviews

We found nine other systematic reviews on mobile bearing versus fixed bearing total knee arthroplasty.

Apostolopoulos et al. [68] reviewed clinical and basic scientific studies that compared clinical results, biomechanical features and kinematic patterns of fixed bearing versus mobile bearing knee designs. They concluded that clinical studies have not proved the superiority of mobile bearing.

Bo et al. [69] included 12 studies in a meta-analysis. They included RCTs with bilateral mobile bearing and fixed bearing total knee replacements. We included six of these studies. The study did not include retainment of the posterior cruciate as one of the inclusion criteria. Investigators found no differences in clinical, functional, satisfaction, complication and radiological results.

Cheng et al. [70] included nine articles in a meta-analysis; only two of these articles are included in our selection. Study authors selected RCTs comparing mobile bearing and fixed bearing, including posterior stabilised/PCL resection with a mean follow-up > 5 years. Researchers reported no differences in radiological outcomes or general health results between groups.

Van der Voort et al. [71] selected 41 studies; we included 14 of these articles. They included RCTs comparing mobile bearing and fixed bearing, regardless of whether or not they were cruciate retaining. Meta-analyses showed no clinically relevant differences in terms of revision rates, clinical outcome scores or patient-reported outcome measures between mobile bearing and fixed bearing total knee replacements (TKRs).

Smith et al. [72] identified 13 articles, but only four of these are included in our selection.

This study did not have retainment of the posterior cruciate as one of the inclusion criteria. This could explain the difference in included studies in comparison with our review. Study authors used a limited search strategy, which might explain the additional trials in our review. Regardless, this study could find no significant differences in clinical outcome scores.

Wen et al. [73] identified 15 articles, of which five are included in our selection. This can be explained by the inclusion of posterior stabilised/posterior cruciate ligament (PCL) resection designs in this review. This review could not find differences between the two designs in terms of clinical and radiological outcomes.

Post et al. [74] identified seven non-comparative long-term follow-up studies. They analysed not only functional outcomes, but also long-term survivorship with both designs. This review found no differences in clinical outcome scores.

Van der Bracht et al. [75] identified six articles, of which three are included in our selection. This can be explained by the inclusion of posterior stabilised/PCL resection designs and non-randomised studies in this review. Moreover, study authors searched in six major journals on orthopaedic surgery instead of searching medical databases. They found no superiority in the clinical outcome of mobile-bearing over fixed-bearing TKA.

Oh et al. [76] identified 10 articles, but only four of these are included in our selection. This can be explained by the inclusion of posterior stabilised/PCL resection designs and non-randomised studies in this review. Study authors used a limited search strategy, which might explain the additional trials in our review. Regardless, this review could find no differences in clinical outcome scores.

Although all of these reviews used different selection criteria to compare mobile bearing versus fixed bearing (e.g. uni/bilateral, posterior stabilised/cruciate retaining) and differed in outcome measures, their results are congruent with our findings. No clinically important differences were found regarding clinical, functional, complication and radiological outcomes.

AUTHORS' CONCLUSION

Implications for practice

Current evidence suggests similar patient outcomes for mobile bearing total knee arthroplasty and fixed bearing total knee arthroplasty, regarding knee pain, clinical and functional questionnaire scores, health-related quality of life, revision surgery, mortality, reoperation and other serious adverse events among patients. No statistically and clinically relevant differences were found for any of these outcomes. Also, given the moderate to low quality of the studies, we cannot draw firm conclusions for clinical practice.

Implications for research

Since the time of preparation of the previous version of this review, many new publications have reported randomised trials on this subject. To be able to compare and pool outcomes from different studies, the outcomes must be presented at comparable assessment moments. The present review clearly identifies the need for trials to present data at final follow-up, but also for intermediate follow-ups. In the included studies, we could find no evidence of significant or clinically relevant differences in favour of mobile bearing total knee arthroplasty in comparison with fixed bearing total knee arthroplasty. However, specific patient groups may benefit from a certain prosthesis, such as athletes. This is a potential area for further research. In addition, future studies should report in greater detail on the outcomes presented in this systematic review, with sufficient follow-up time to obtain high-quality evidence and inform clinical practice. Large registry-based studies may have added value, particularly for infrequent outcomes such as mortality, revision and serious adverse events. However, as these registry-based studies are subject to treatment-by-indication bias (which is not the case in RCTs), the present systematic review of RCTs can be viewed as the best available evidence.

A specific problem related to comparing different types of prostheses is that the differences are small, and consequently the effect on patient performance for a given parameter is hard to detect and can be detected only with large sample sizes. Even more, clinical differences are strongly associated with preoperative functional capacity [77]. The effect of an outcome parameter is often important in itself but of limited influence on the rest of the patient's performance. For example, the extent of migration in a radiostereophotogrammetric analysis (RSA) study should always be accompanied by functional and clinical parameters. We welcome the development of guidelines, such as those published in the *Journal of Bone and Joint Surgery* [78]. Because of these methodological problems, more rigorous statistical methods must be performed so the coherence of several aspects of the outcome can be evaluated.

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CHARACTERISTICS OF INCLUDED STUDIES

Bailey 2014

	RCT stated
	Randomisation determined by a third party randomisation process to ensure similar demographics between the 2 groups
Methods	Duration of the study: 2 years
	Inclusion: primary knee OA requiring a primary TKA, age > 35
	Exclusion: previous knee surgery, inflammatory arthroplasty, significant PMHx, complex surgery requiring bone grafting or revision prosthesis
	UK: 331 participants
Participants	Fixed: n = 170, female 102, age 70.1 ± 7.9 years
	Mobile: n = 161, female 87, age 69.2 ± 8.6 years
	Fixed: PFC Sigma (Depuy)
	Mobile: PFC, rotating platform (Depuy)
Interventions	Decision to resurface the patella was made intraoperatively on the basis of intraoperative patellar tracking and clinical patellar wear
	Both the tibia and the femoral prosthesis were cemented
	ROM, OKS, KSS, SF-12 and radiolucency
Outcomes	Assessments: preoperative and at 12 and 24 months
	Average and SD given
Notes	Study funded by DePuy International
	No declarations of interest reported
<i>Risk of bias</i>	

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Randomisation determined by a third party randomisation process to ensure similar demographics between the 2 groups
Allocation concealment (selection bias)	Unclear risk	Not described
Blinding of participants and personnel (performance bias)		
All outcomes	Low risk	Participant was blinded; surgeon was not blinded
Blinding of outcome assessment (detection bias)		
All outcomes	Low risk	Outcome assessor was blinded; statistician who carried out the analysis was blinded
Incomplete outcome data (attrition bias)		
All outcomes	Unclear risk	Drop-out rate was given and acceptable; not clear whether intention-to-treat analysis was used
Selective reporting (reporting bias)	Low risk	Protocol available and prespecified outcomes reported
		Homogeneity in participant groups on prognostic factors; co-interventions described in sufficient detail
Other bias	Low risk	

Grodzki 2001

Methods	<p>RCT stated</p> <p>Randomisation technique not stated (1:2 factor?)</p> <p>Duration of study: 1 year</p>
Participants	<p>Inclusion: primary gonarthrosis</p> <p>Exclusion: local infection near the knee joint, RA, insulin-dependent diabetes mellitus, > 15 ° of varus/valgus, absolute medial or lateral collateral ligament instability</p> <p>Germany: 38 participants; sex ratio not stated</p> <p>Fixed: n = 12, age 73.9 (53-89) years</p> <p>Mobile: n = 26, age 73.1 (55-91) years</p>
Interventions	<p>Fixed: PFC Sigma (DePuy)</p> <p>Mobile: LCS, rotating platform (DePuy)</p> <p>Routine patellar resurfacing</p> <p>Tibial component cemented; femoral component cementless</p>
Outcomes	<p>KSS total, revision</p> <p>Assessments: preoperative and at 1 week, 2 weeks, 6 weeks, 3 months, 6 months and 1 year</p> <p>Average and standard deviation given</p>
Notes	<p>Funding not stated</p> <p>No declarations of interest reported</p>

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Randomised allocation. Probably with factor 1:2
Allocation concealment (selection bias)	Unclear risk	Not described
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Participant blinding not described; surgeon not blinded
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Outcome assessor blinding not described
Incomplete outcome data (attrition bias) All outcomes	Low risk	Drop-out rate given and acceptable; intention-to-treat analysis
Selective reporting (reporting bias)	Unclear risk	No protocol available
Other bias	High risk	No homogeneity in participant groups on prognostic factors; no subgroups given that are homogeneous; co-interventions described in sufficient detail

Hansson 2005

Methods	RCT stated Randomisation technique not stated Duration of study: 2 years
Participants	No selection criteria stated; selection resulted in knee arthrosis grade II to IV Sweden: 42 participants (52 knees) Fixed: n = 27, 14 female, age 75 (64-86) years Mobile: n = 25, 12 female, age 74 (60-85) years
Interventions	Fixed: Niffield (Corin Medical) Mobile: Rotaglide, meniscal bearing (Corin Medical) Patellar resurfacing unclear Cementing unclear
Outcomes	RSA, ROM, alignment, HSS RSA: postoperative at 6 weeks and at 3 months, 6 months, 1 year and 2 years. Clinical scores: preoperative and at 1 and 2 years Average and range scores given
Notes	Study supported by Lund University and Corin Medical Ltd No declarations of interest reported

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Randomised allocation
Allocation concealment (selection bias)	Unclear risk	Not described
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Participant blinding not described; surgeon not blinded
Blinding of outcome assessment (detection bias) All outcomes	High risk	Outcome assessor not blinded
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Drop-out rate given and acceptable; not clear whether intention-to-treat analysis was used
Selective reporting (reporting bias)	Unclear risk	No protocol available
Other bias	Unclear risk	Unclear whether there was homogeneity in participant groups; co-interventions described in sufficient detail

Hanush 2010

	RCT stated Randomisation based in part on minimisation technique, in part on schedule
Methods	Duration of study: 13.4 months Inclusion: patients with osteoarthritis, suitable for fixed bearing and mobile bearing Exclusion: patients with rheumatoid arthritis and those undergoing revision arthroplasty, requiring tibial component augmentation or a constrained prosthesis United Kingdom: 105 participants
Participants	Fixed: n = 55, female 22, age 69.4 (± 7.9) years Mobile: n = 50, female 30, age 70 (± 8.4) years Fixed: PFC Sigma fixed bearing (DePuy) Mobile: PFC Sigma, rotating platform (DePuy)
Interventions	Routine patellar unresurfacing All components cemented Flexion, extension, ROM, KSS pain (KSS), function (KSS); OKS pain (OKS), function (OKS); revision, osteolysis
Outcomes	Assessments: preoperative and at 1-year follow-up Average and standard deviation given
Notes	Funded by DePuy International Study authors reported no conflict of interest

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Randomisation: in part minimisation technique, in part schedule
Allocation concealment (selection bias)	Low risk	Closed envelopes
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Participant blinding not described; surgeon not blinded
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Outcome assessor blinding not described
Incomplete outcome data (attrition bias) All outcomes	High risk	Drop-out rate given and acceptable; no intention-to-treat analysis
Selective reporting (reporting bias)	Unclear risk	No protocol available
Other bias	High risk	No homogeneity in participant groups on prognostic factors; no subgroups given that are homogeneous; co-interventions described in sufficient detail

Henricson 2006

Methods	RCT stated Randomisation based on sealed envelopes opened during surgery Duration of study: 2 years
Participants	Inclusion: primary gonarthrosis grade III-IV; age between 60 and 85 years; body weight < 120 kg; no gonarthrosis secondary to arthritis or trauma; no previous knee surgery Sweden: 47 participants (52 knees) Fixed: n = 26, 14 female, age 72 (62-83) years Mobile: n = 26, 16 female, age 72 (62-84) years
Interventions	Fixed: NexGen (Zimmer) Mobile: MBK, meniscal bearing (Zimmer) Some participants with patellar component All components cemented
Outcomes	RSA, KSS, HSS Assessments: preoperative and at 3, 12 and 24 months Average, range or 95% CI given
Notes	One of the study authors received funding from Zimmer Scandinavica

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Randomised allocation
Allocation concealment (selection bias)	Low risk	Sealed envelopes opened during operation
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Participant blinding not described; surgeon not blinded
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Outcome assessor blinding not described
Incomplete outcome data (attrition bias) All outcomes	High risk	Drop-out rate given and acceptable; no intention-to-treat analysis
Selective reporting (reporting bias)	Unclear risk	No protocol available
Other bias	Low risk	Homogeneity in participant groups on prognostic factors; co-interventions described in sufficient detail

Higuchi 2009

Methods	RCT stated Randomisation based on computer-generated random numbers Duration of study: 4 years
Participants	Inclusion: patients with osteoarthritis of the knee Exclusion: rheumatoid arthritis Japan: 68 participants (76 knees) 19 men and 49 women, age 68.4 (56-81) years
Interventions	Fixed: PFC (DePuy) Mobile: PFC Sigma, rotating platform (DePuy) Treatment of patella unclear Cementing unclear Flexion space with knee balancer
Outcomes	Flexion, extension Assessments: preoperative and at 12 months and 48 months Average and standard deviation given
Notes	Funding not stated No declarations of interest reported

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer-generated random numbers
Allocation concealment (selection bias)	Low risk	Not described
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Participant blinding not described; surgeon not blinded
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Outcome assessor blinding not described
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	No description of withdrawals and dropouts; not clear whether intention-to-treat analysis was used
Selective reporting (reporting bias)	Unclear risk	No protocol available
Other bias	High risk	No homogeneity in participant groups on prognostic factors; no subgroups given that are homogeneous; unsure whether co-interventions are described in sufficient detail

Jacobs 2011

Methods	RCT, multi-centre Computer-generated block-stratified randomisation Duration of the study: 1 year
Participants	Inclusion: patient diagnosed with osteoarthritis; candidate for primary TKA; expected to undergo only 1 arthroplasty procedure within next 12 months; 60–75 years old; preoperative alignment (varus or valgus) < 10 °; BMI < 30; lives independently Exclusion: missing/insufficient PCL The Netherlands/Switzerland: 92 participants Fixed: n = 46, 32 female, age 67.6 (± 4.4) years Mobile: n = 46, 33 female, age 66.7 (± 4.6) years
Interventions	Fixed: balanSys™ type (Mathys Medical Ltd) Mobile: balanSys™ type (Mathys Medical Ltd) No patellar resurfacing Tibia and femur components cemented
Outcomes	Active flexion, KSS function, KSS clinical Assessments: preoperative and at 3 months, 6 months and 12 months Average and standard deviation given
Notes	Funded by Mathys Medical Ltd No declarations of interest reported

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer-generated block-stratified randomisation
Allocation concealment (selection bias)	Low risk	Closed envelopes
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Participant blinded; surgeon not blinded
Blinding of outcome assessment (detection bias) All outcomes	High risk	No blinding attempted at any of the assessments
Incomplete outcome data (attrition bias) All outcomes	High risk	1 centre with 30 participants was excluded from analysis because of randomisation error; no intention-to-treat analysis
Selective reporting (reporting bias)	Low risk	Protocol available and prespecified outcomes reported
Other bias	Low risk	Homogeneity in participant groups on prognostic factors; co-interventions described in sufficient detail

Kim 2001

Methods	RCT stated Randomisation technique not stated Duration of study: 7.4 years
Participants	Inclusion: all patients with bilateral simultaneous TKA No exclusion criteria; PCL status not considered, could be retained in all cases Korea: 116 participants (232 knees) 80 female, 36 male, 110 OA, 6 RA, age 65 (33-70) years
Interventions	Fixed: AMK (DePuy) Mobile: LCS, meniscal bearing (DePuy) Routine patellar resurfacing All components cemented
Outcomes	KSS, HSS, VAS for severity, location and frequency of pain, functional benchmarks, overall well-being and satisfaction, survival, radiolucency Short- (yearly) and long-term (> 6 years) follow-up stated, but only final follow-up results given Only point estimates given; not specified for indication groups
Notes	Funding not stated No declarations of interest reported

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Randomised allocation
Allocation concealment (selection bias)	Unclear risk	Not described
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Participant blinding not described; surgeon not blinded
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Outcome assessor blinding not described
Incomplete outcome data (attrition bias) All outcomes	High risk	Drop-out rate given and acceptable; no intention-to-treat analysis
Selective reporting (reporting bias)	Unclear risk	No protocol available
Other bias	High risk	No homogeneity in participant groups on prognostic factors; no subgroups given that are homogeneous; co-interventions described in sufficient detail

Kim 2007

	RCT stated Randomisation based on sequential pool derived from a table of randomised numbers
Methods	Duration of study: 5.6 years
	Inclusion and exclusion criteria not described Selection yielded bilateral procedures on 173 patients with osteoarthritis and on 1 patient with rheumatoid arthritis
Participants	Korea: 174 patients (348 knees) 112 female, 62 male, age 67 (45-85) years
	Fixed: PFC Sigma (DePuy) Mobile: PFC Sigma, rotating platform (DePuy) Routine patellar resurfacing All components cemented
Interventions	Flexion space with bone resection
	KSS, HSS, alignment, component positions, radiolucent lines, lateral patellar tilt
Outcomes	Only final, long-term outcome (5.6 years) given Point estimates and ranges given
Notes	No benefits received from any commercial party No declarations of interest reported

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Sequential pool based on a table of randomised numbers
Allocation concealment (selection bias)	Unclear risk	Not described
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Participant blinding not described; surgeon not blinded
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Outcome assessor blinded
Incomplete outcome data (attrition bias) All outcomes	High risk	Drop-out rate given and acceptable; no intention-to-treat analysis
Selective reporting (reporting bias)	Unclear risk	No protocol available
Other bias	Low risk	Homogeneity in participant groups on prognostic factors; co-interventions described in sufficient detail

Kim 2009a

Methods	RCT stated Randomisation technique not stated Duration of study: 2.6 years
Participants	Inclusion: bilateral cases with degenerative osteoarthritis with prior non-operative therapy Exclusion: rheumatoid arthritis, septic arthritis history Korea: 92 participants (184 knees) 85 female, 7 male, age 69.5 (± 7.92) years
Interventions	Fixed: Medial Pivot (Wright Medical) Mobile: PFC Sigma, rotating platform (DePuy) Routine patellar resurfacing All components cemented Flexion space with various bone referenced techniques
Outcomes	KSS, HSS, range of motion, satisfaction Only final follow-up (2.6 years) given Point estimates and ranges given
Notes	No commercial association of any of the study authors Study authors reported no conflict of interest

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Randomised allocation
Allocation concealment (selection bias)	Low risk	Sealed envelopes
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Participant blinding not described; surgeon not blinded
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Outcome assessor blinding unclear
Incomplete outcome data (attrition bias) All outcomes	High risk	Drop-out rate given and acceptable; no intention-to-treat analysis
Selective reporting (reporting bias)	Unclear risk	No protocol available
Other bias	Low risk	Homogeneity in participant groups on prognostic factors; co-interventions described in sufficient detail

Kim 2009b

	RCT stated Randomisation based on sequential pool derived from a table of randomised numbers
Methods	Duration of study: 10-12 years
	Inclusion: patients younger than 55 requiring bilateral TKA Exclusion: criteria not mentioned Korea: 61 participants (122 knees) 45 female, 16 male, age 48.3 (34-55) years
Participants	
	Fixed: AMK (DePuy) Mobile: LCS, meniscal bearing (DePuy) Routine patellar resurfacing All components cemented
Interventions	
	KSS total, KSS functional, KSS pain, ROM, HSS total, HSS pain, alignment, radiolucent lines Assessments preoperative and at final follow-up 10 to 12 years postoperative Average given
Outcomes	
Notes	No benefits or funds received in support of the study No declarations of interest reported

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Sequential pool based on a table of randomised numbers
Allocation concealment (selection bias)	Unclear risk	Not described
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Participant blinding not described; surgeon not blinded
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Observer blinded for radiographic findings
Incomplete outcome data (attrition bias) All outcomes	Low risk	Drop-out rate given and acceptable; intention-to-treat analysis
Selective reporting (reporting bias)	Unclear risk	No protocol available
Other bias	Low risk	Homogeneity in participant groups on prognostic factors; co-interventions described in sufficient detail

Kim 2010

Methods	RCT stated Randomisation performed using a randomisation table Duration of study: 2 years
Participants	Inclusion: osteoarthritic patients scheduled for bilateral TKA with flexion contracture < 15 °; mechanical tibial femoral angle < 20 °; intraoperative intact PCL Korea: 66 participants (132 knees) Fixed: n = 33 CR, 33 PS Mobile: n = 66, 64 female, age 70 (55-79) years
Interventions	Fixed: Genesis II (Smith and Nephew) Mobile: e.motion, meniscal bearing (BBraun-Aesculap) All patellae resurfaced All components cemented
Outcomes	Flexion, extension, KKS pain, KKS knee, KKS function, WOMAC stiffness, WOMAC pain, WOMAC function, preferred knee Assessments preoperative and at 6 months, 12 months and 24 months Average and standard deviation given
Notes	No funding stated No declarations of interest reported

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Randomisation table
Allocation concealment (selection bias)	Unclear risk	Not described
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Participant blinding not described; surgeon not blinded
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Outcome assessor blinding not described
Incomplete outcome data (attrition bias) All outcomes	Low risk	Drop-out rate given and acceptable; intention-to-treat analysis
Selective reporting (reporting bias)	Unclear risk	No protocol available
Other bias	High risk	No homogeneity in participant groups on prognostic factors; no subgroups given that are homogeneous; co-interventions described in sufficient detail

Lampe 2011

Methods	RCT stated Randomisation technique not stated Duration of study: 1 year
Participants	Inclusion: osteoarthritic patients (40-90) with failed non-operative treatment, no previous ipsilateral bone or joint surgery, no deformity > 20° varus or 15° valgus, no option for osteotomy or unicompartmental implant Germany: 96 participants (100 knees) Fixed: n = 52, 39 female, age 69 (± 8) years Mobile: n = 48, 34 female, age 70 (± 7) years
Interventions	Fixed: Columbus (BBraun Aesculap) Mobile bearing: Rotating Platform (BBraun Aesculap) No patella resurfaced All components cemented
Outcomes	KSS knee, KSS function, KSS pain, flexion, Oxford, radiographic alignment Assessments preoperative and at 3 months, 6 months and 12 months Average, standard deviation and range given
Notes	Study was funded by BBraun Aesculap No declarations of interest reported

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Randomised allocation
Allocation concealment (selection bias)	Unclear risk	Not described
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Participant blinded; surgeon not blinded
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Observer blinded
Incomplete outcome data (attrition bias) All outcomes	High risk	Drop-out rate given and acceptable; no intention-to-treat analysis
Selective reporting (reporting bias)	Low risk	Protocol available and prespecified outcomes reported
Other bias	High risk	No homogeneity in participant groups on prognostic factors; no subgroups given that are homogeneous; co-interventions described in sufficient detail

Lizaur-Utrilla 2012

	RCT
Methods	Randomisation based on computer-generated random numbers table Duration of the study: 2.5 years Inclusion: osteoarthritic patients with primary TKA, aged 70 years or older, without prior infection in the knee and with severe angular deformity or severe instability that required grafting, modular augmentation or a constrained design Spain: 119 participants
Participants	Fixed: n = 58, 47 female, age 73.9 (± 3.2) years Mobile: n = 61, 47 female, age 74.6 (± 3.3) years Fixed: Trekking MB (Samo) Mobile: Multigen Plus FB (Lima) Patella resurfaced if there was degeneration
Interventions	Cementless femoral component design and a cemented tibial component Maximum knee flexion assessments preoperative and at 3 months, 6 months, 12 months and 24 months KSS function, WOMAC, SF-12, VAS, radiolucent lines assessments preoperative and at 3 months, 6 months and 12 months, and yearly thereafter, but only final follow-up results given
Outcomes	Average, standard deviation and range given
Notes	No funding stated Study authors reported no conflict of interest
Risk of bias	

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer-generated random number tables
Allocation concealment (selection bias)	Low risk	Office staff
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Participant blinded; surgeon not blinded
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Observers blinded
Incomplete outcome data (attrition bias) All outcomes	Low risk	Drop-out rate given and acceptable; intention-to-treat analysis
Selective reporting (reporting bias)	Unclear risk	No protocol available
Other bias	Low risk	Homogeneity in participant groups on prognostic factors; co-interventions described in sufficient detail

Munro 2010

	RCT
Methods	Randomisation based on computer-generated sequence with sealed envelopes Duration of study: 2 years Inclusion: patients with degenerative knee disease undergoing TKA Exclusion: severe deformity (requiring femoral or tibial augment), inflammatory arthritis, younger than 45 years or older than 85 years, refusal of consent, previous failed TKA or unicompartmental arthroplasty, previous high tibial osteotomy, TKA of the contralateral knee New Zealand: 41 participants (48 knees) Fixed: n = 23, 10 female, age 67.7 (50-79) years Mobile: n = 25, 11 female, age 67.2 (47-83) years
Participants	Fixed: PFC Sigma fixed-bearing (DePuy) Mobile: PFC Sigma, rotating-platform (DePuy) Patella: resurfacing at indication
Interventions	Cement for femoral and tibial components Flexion space with ligament balancing tool SF-12 mental, SF-12 physical, KSS clinical, KSS function, WOMAC total, ROM, OKS, VAS pain, revisions, cancellous bone mineral density change, cortical bone mineral density change Assessments: preoperative and at 6 weeks, 12 months and 24 months
Outcomes	Average and range given
Notes	Study was partially funded by DePuy International No declarations of interest reported

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer-generated sequence
Allocation concealment (selection bias)	Low risk	Sealed envelopes
Blinding of participants and personnel (performance bias)	Unclear risk	Participant blinding not described; surgeon not blinded
All outcomes	Unclear risk	
Blinding of outcome assessment (detection bias)	Unclear risk	Assessor for clinical evaluations blinded to implant type
All outcomes	Unclear risk	
Incomplete outcome data (attrition bias)	Low risk	Drop-out rate given and acceptable; intention-to-treat analysis
All outcomes	Low risk	
Selective reporting (reporting bias)	Unclear risk	No protocol available
Other bias	High risk	No homogeneity in participant groups on prognostic factors; no subgroups given that are homogeneous; co-interventions described in sufficient detail

Möckel 2004

Methods	RCT stated Randomisation technique not stated Duration of study: 6 months
Participants	Inclusion criteria: PCL sufficient Exclusion criteria: other existing implants in lower extremities, factors influencing gait analysis, BMI > 35 Germany: 53 participants 45 female, 17 male, mean age 69 years
Interventions	Fixed: Natural Knee (Centerpulse) or Maxim (Biomet Merck) Mobile: PFC Sigma, rotating platform (DePuy) No patellar resurfacing All components cemented
Outcomes	ROM, KSS, gait analysis, alignment 3 months and 6 months follow-up given Average and some range given
Notes	No funding stated No declarations of interest reported

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Randomised allocation
Allocation concealment (selection bias)	Unclear risk	Not described
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Participant blinding not described; surgeon not blinded
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Outcome assessor blinding not described
Incomplete outcome data (attrition bias) All outcomes	High risk	Drop-out rate given: > 20% lost at 6 months; intention-to-treat analysis
Selective reporting (reporting bias)	Unclear risk	No protocol available
Other bias	Low risk	Homogeneity in participant groups on prognostic factors; co-interventions described in sufficient detail

Price 2003

	RCT, multi-centre Randomisation based on computer-generated randomisation to side of prosthesis
Methods	Duration of study: 1 year Inclusion: osteoarthritis, bilateral procedures Exclusion: no previous patellectomy or high tibial osteotomy, PCL status not clear as authors state AGC can be used in both sacrificing and retaining procedures; status of the PCL could not be identified. Study authors mention that the PCL is usually retained United Kingdom and Australia: n = 40 (80 knees)
Participants	24 female, age 73.1 (54.8-86.4) years Fixed: AGC (Biomet Merck) Mobile: TMK, meniscal bearing (Biomet Merck) No routine arthroplasty of patella
Interventions	Cementing unclear KSS, KSS pain subscore, Oxford score, Oxford pain sub score, ROM
Outcomes	Only short-term (1-year) outcome Average and standard deviation given
Notes	1 or more study authors have received benefits; benefits have been directed at affiliated non-profit party

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer-generated randomisation to side of prosthesis
Allocation concealment (selection bias)	Low risk	Telephone call
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Participant blinded to implant type
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Some assessors potentially unblinded
Incomplete outcome data (attrition bias) All outcomes	Low risk	Drop-out rate given and acceptable; intention-to-treat analysis
Selective reporting (reporting bias)	Unclear risk	No protocol available
Other bias	Low risk	Homogeneity in participant groups on prognostic factors; co-interventions described in sufficient detail

Tibesku 2011

Methods	RCT stated Randomisation based on computer-generated list Duration of study: 2 years
Participants	Inclusion: 50-80 years, unilateral primary osteoarthritis, absence of mediolateral instability, deviation of the long leg axis of less than 10° Exclusion: any co-morbidity that negatively influenced gait Germany: 33 participants Fixed: n = 17, 12 female, age 66 (± 10) years Mobile: n = 16, 9 female, age 65 (± 9) years
Interventions	Fixed: Genesis II (Smith and Nephew) Mobile: Genesis II, meniscal bearing (Smith and Nephew) No patellar resurfacing Cementing unclear
Outcomes	Flexion, KSS, HSS, SF-36, Tegner, UCLA, VAS pain, gait analysis Assessments preoperative and at final follow-up 24 months postoperative Average and standard deviation given
Notes	No funding stated No declarations of interest reported

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer-generated list
Allocation concealment (selection bias)	Unclear risk	Not described
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Participant blinded
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Observer blinded
Incomplete outcome data (attrition bias) All outcomes	High risk	No description of withdrawals and dropouts; no intention-to-treat analysis
Selective reporting (reporting bias)	Unclear risk	No protocol available
Other bias	High risk	No homogeneity in participant groups on prognostic factors; no subgroups given that are homogeneous; co-interventions not described in sufficient detail

Watanabe 2005

Methods	RCT stated Randomisation technique not stated Duration of study: 98 months
Participants	Selection criteria not described Selection resulted in bilateral procedures in 18 patients with rheumatoid arthritis and 4 with osteoarthritis Japan: 22 participants (44 knees) 21 female, age 59.6 (35-78) years
Interventions	Fixed: NexGen CR (Zimmer) Mobile: Rotaglide, meniscal bearing (Corin) Patellar resurfacing in all knees 20 of 22 knees fully cemented, 2 hybrid
Outcomes	KSS, flexion, extension, femorotibial angle, radiolucent lines Only final follow-up (98.6/96.2 months) results given Average and range given
Notes	No funding stated No declarations of interest reported

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Randomised allocation
Allocation concealment (selection bias)	Unclear risk	Not described
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Participant blinding not described; surgeon not blinded
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Outcome assessor blinding not described
Incomplete outcome data (attrition bias) All outcomes	Low risk	Drop-out rate given and acceptable; intention-to-treat analysis
Selective reporting (reporting bias)	Unclear risk	No protocol available
Other bias	High risk	No homogeneity in participant groups on prognostic factors; no subgroups given that are homogeneous; unsure whether co-interventions are described in sufficient detail

Characteristics of excluded studies

Study	Reason for exclusion
Aglietti 2005	Fixed bearing type had a posterior stabilised design
Ball 2011	Posterior stabilised implants
Bhan 2005	Posterior stabilised implants
Breeman 2013	Treatment of PCL dependents of individual surgeon's preference (updated KAT trial)
Breugem 2008	Posterior stabilised implants
Chen 2013	Cruciate ligaments excised
Chiu 2001	Fixed bearing type had a posterior stabilised design
Gioe 2009	Posterior stabilised implants
Harrington 2009	Posterior stabilised and cruciate retaining implants used
Jawed 2012	Posterior cruciate ligament sacrificed in all cases
Jolles 2012	Posterior stabilised implants
KAT trial group 2009	Treatment of PCL dependents of individual surgeon's preference
Kim 2007b	LCS stated as designed for implantation with resection of the PCL
Kim 2012	Posterior stabilised implants
Kim 2012b	LCS stated as designed for implantation with resection of the PCL
Li 2008	Posterior stabilised implants
Läderman 2008	Posterior stabilised implants
Matsuda 2010	Posterior stabilised implants
McGonagle 2012	Treatment of PCL dependents of individual surgeon's preference
Munoz 2008	Posterior stabilised implants
NCT00289094	Included also other inflammatory arthritis and avascular necrosis of bone
Pagnano 2004	Posterior stabilised implants
Pijls 2012	Posterior stabilised implants
Rahman 2010	Posterior stabilised implants
Saari 2003	Treatment of PCL dependents of individual surgeon's preference
Shemshaki 2012	Posterior stabilised implants
Tienboon 2012	Posterior stabilised implants
Uvehammer 2007	Treatment of PCL dependents of individual surgeon's preference
Vasdev 2009	Posterior stabilised implants
Wohlrab 2009	Posterior stabilised implants
Woolson 2004	Posterior stabilised implants
Woolson 2011	Posterior stabilised implants
Wylde 2008	Mixture of patients who had had the posterior cruciate sacrificed and retained
Zeng 2011	Posterior stabilised implants

DATA AND ANALYSES

Comparison 1. Mobile vs fixed bearing, major outcome: knee pain

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 KSS pain	9	1392	Mean Difference (IV, Random, 95% CI)	0.41 [-0.06, 0.88]
2 VAS pain	3	200	Mean Difference (IV, Random, 95% CI)	-0.13 [-0.96, 0.69]
3 Oxford pain	2	184	Mean Difference (IV, Random, 95% CI)	-0.42 [-0.89, 0.05]
4 Knee pain (combined scores)	12	1592	Std. Mean Difference (IV, Random, 95% CI)	0.09 [-0.03, 0.22]

Comparison 2. Mobile vs fixed bearing, major outcome: clinical and functional scores

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 KSS clinical	14	1845	Mean Difference (IV, Random, 95% CI)	-1.06 [-2.87, 0.75]
2 KSS function	14	1865	Mean Difference (IV, Random, 95% CI)	-0.10 [-1.93, 1.73]
3 KSS total	2	71	Mean Difference (IV, Random, 95% CI)	-26.52 [-45.03, -8.01]
4 HSS	7	1021	Mean Difference (IV, Random, 95% CI)	-1.36 [-4.18, 1.46]
5 WOMAC total	2	167	Mean Difference (IV, Random, 95% CI)	-4.46 [-16.26, 7.34]
6 Oxford total	5	647	Mean Difference (IV, Random, 95% CI)	-0.25 [-1.41, 0.91]

Comparison 3. Mobile vs fixed bearing, major outcome: health-related quality of life

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Revision surgery	17	2065	Risk Difference (M-H, Random, 95% CI)	-0.00 [-0.01, 0.01]

Comparison 4. Mobile vs fixed bearing, major outcome: revision surgery

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Revision surgery	17	2065	Risk Difference (M-H, Random, 95% CI)	-0.00 [-0.01, 0.01]

Comparison 5. Mobile vs fixed bearing, major outcome: mortality

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Mortality	3	191	Risk Difference (M-H, Random, 95% CI)	-0.02 [-0.06, 0.03]

Comparison 6. Mobile vs fixed bearing, major outcome: reoperation rate

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Reoperation rate	17	2065	Risk Difference (M-H, Random, 95% CI)	8.25 [-0.01, 0.01]

Comparison 7. Mobile vs fixed bearing, major outcome: other serious adverse events

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Serious adverse events	16	1735	Risk Difference (M-H, Random, 95% CI)	-6.52 [-0.01, 0.01]

Comparison 8. Mobile vs fixed bearing, minor outcomes: radiological outcomes

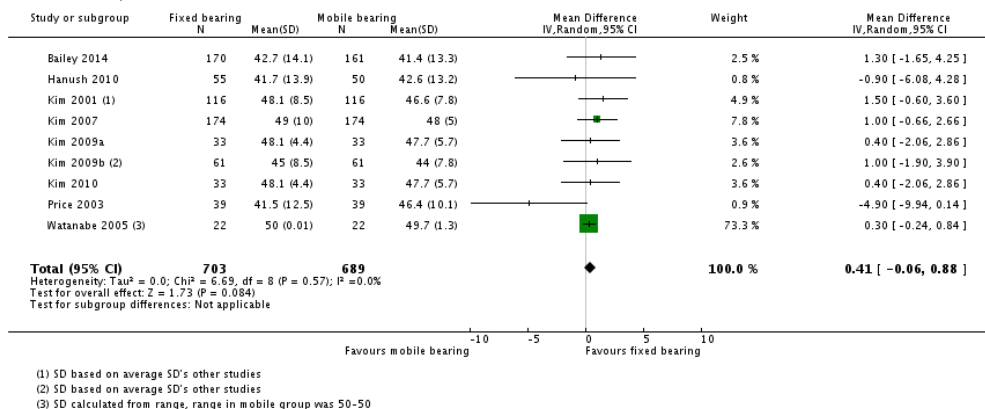
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Radiolucent lines (tibial)	6	1258	Risk Ratio (M-H, Random, 95% CI)	0.92 [0.49, 1.72]

2 Radiolucent lines (femoral)	4	1095	Risk Ratio (M-H, Random, 95% CI)	0.92 [0.46, 1.85]
3 Radiolucent lines (overall)	5	978	Risk Ratio (M-H, Random, 95% CI)	1.20 [0.93, 1.55]
4 Femorotibial alignment	6	1047	Mean Difference (IV, Random, 95% CI)	-0.40 [-0.86, 0.06]

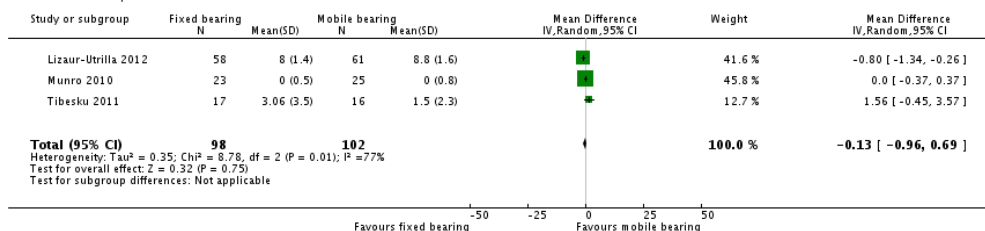
Comparison 9. Mobile vs fixed bearing, minor outcomes: performance outcome

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Flexion	9	838	Mean Difference (IV, Random, 95% CI)	-1.84 [-3.48, -0.20]
2 Extension	4	291	Mean Difference (IV, Random, 95% CI)	0.07 [-0.54, 0.68]
3 Range of motion	10	1456	Mean Difference (IV, Random, 95% CI)	-0.67 [-3.21, 1.87]

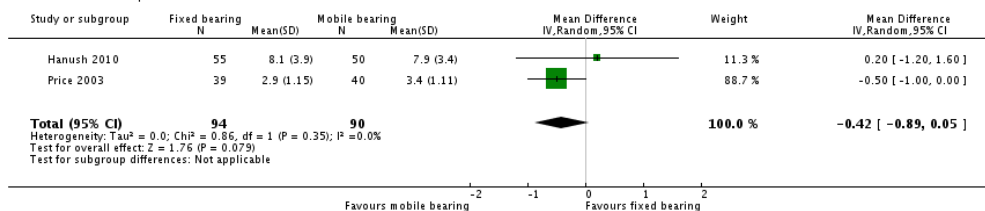
Review: Mobile bearing vs fixed bearing prostheses for posterior cruciate retaining total knee arthroplasty for postoperative functional status in patients with osteoarthritis and rheu
 Comparison: 1 Mobile vs fixed bearing, major outcome: knee pain
 Outcome: 1 KSS pain



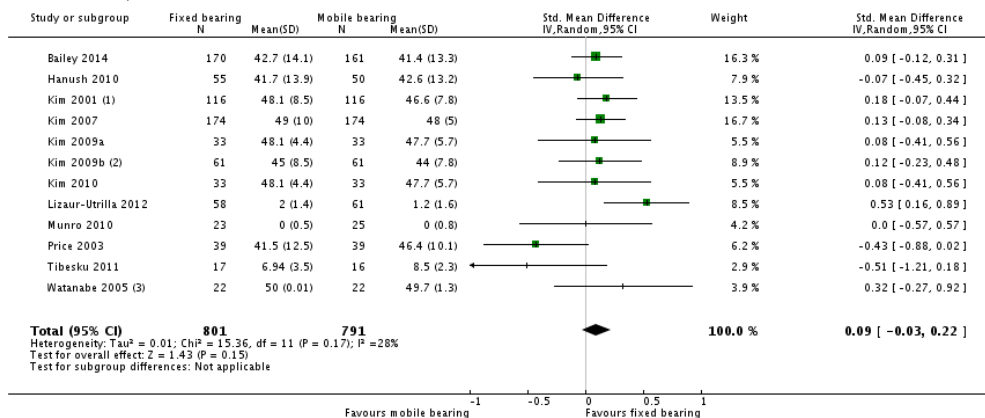
Review: Mobile bearing vs fixed bearing prostheses for posterior cruciate retaining total knee arthroplasty for postoperative functional status in patients with osteoarthritis and rheu
 Comparison: 1 Mobile vs fixed bearing, major outcome: knee pain
 Outcome: 2 VAS pain



Review: Mobile bearing vs fixed bearing prostheses for posterior cruciate retaining total knee arthroplasty for postoperative functional status in patients with osteoarthritis and rheu
 Comparison: 1 Mobile vs fixed bearing, major outcome: knee pain
 Outcome: 3 Oxford pain

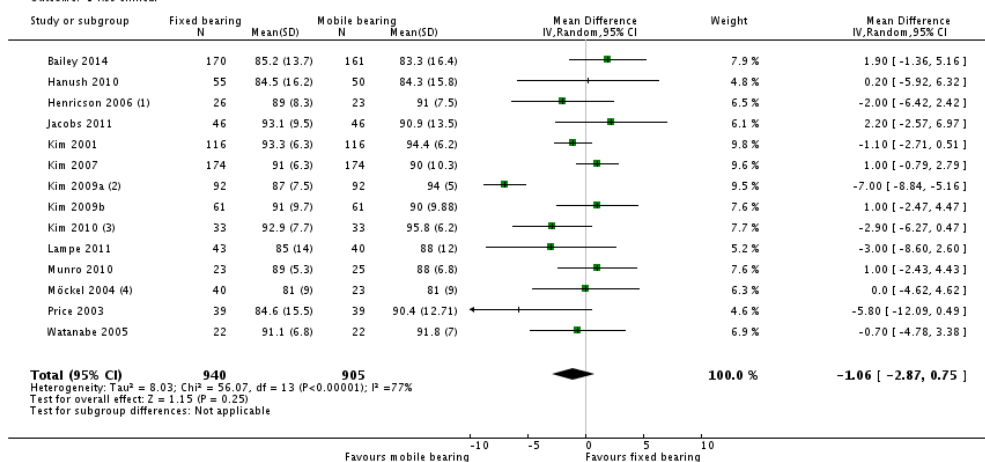


Review: Mobile bearing vs fixed bearing prostheses for posterior cruciate retaining total knee arthroplasty for postoperative functional status in patients with osteoarthritis and rheumatoid arthritis
 Comparison: 1 Mobile vs fixed bearing, major outcome: knee pain
 Outcome: 4 Knee pain (combined scores)



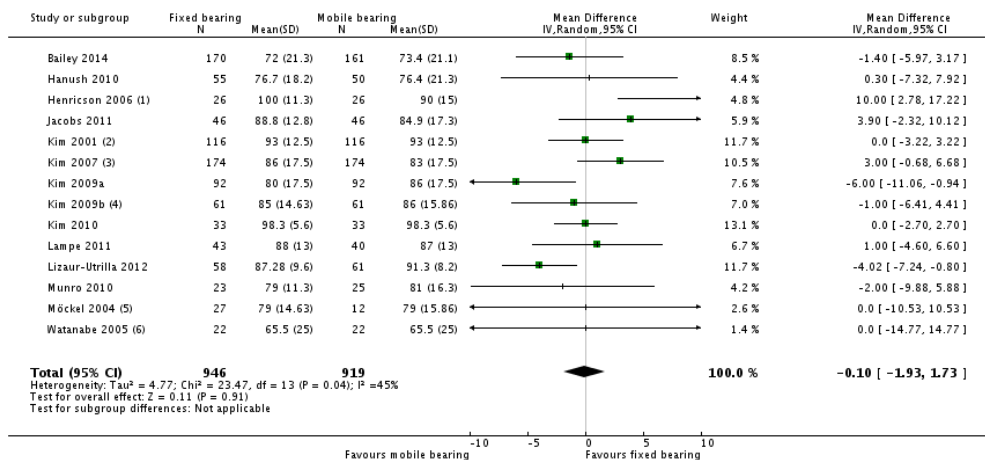
- (1) SD based on average SD's other studies
 (2) SD based on average SD's other studies
 (3) SD calculated from range, range in mobile group was 50-50

Review: Mobile bearing vs fixed bearing prostheses for posterior cruciate retaining total knee arthroplasty for postoperative functional status in patients with osteoarthritis and rheumatoid arthritis
 Comparison: 2 Mobile vs fixed bearing, major outcome: clinical and functional scores
 Outcome: 1 KSS clinical



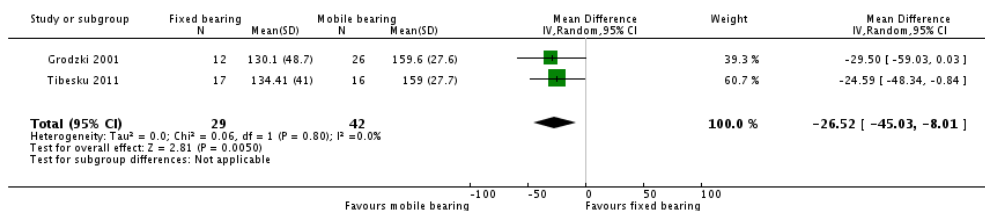
- (1) SD estimated from range
 (2) SD estimated from range
 (3) SD based on average SD's other studies
 (4) SD derived from graph

Review: Mobile bearing vs fixed bearing prostheses for posterior cruciate retaining total knee arthroplasty for postoperative functional status in patients with osteoarthritis and rheu
Comparison: 2 Mobile vs fixed bearing, major outcome: clinical and functional scores
Outcome: 2 KSS function

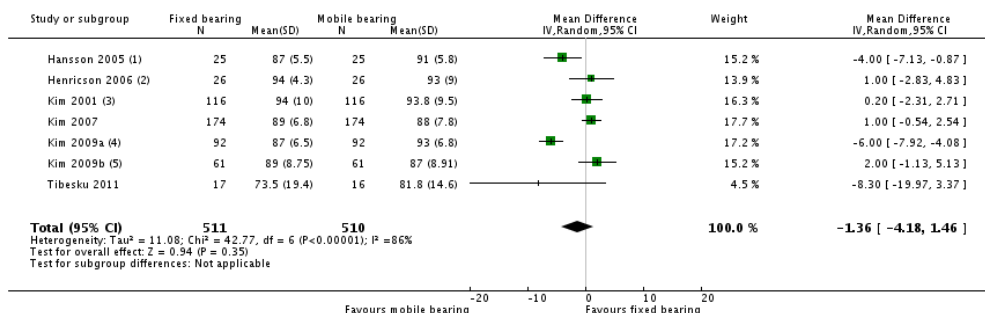


- (1) SD estimated from range
(2) SD estimated from range
(3) SD estimated from range
(4) SD estimated of average SD's other included studies
(5) SD estimated of average SD's other included studies
(6) SD estimated from range

Review: Mobile bearing vs fixed bearing prostheses for posterior cruciate retaining total knee arthroplasty for postoperative functional status in patients with osteoarthritis and rheu
Comparison: 2 Mobile vs fixed bearing, major outcome: clinical and functional scores
Outcome: 3 KSS total

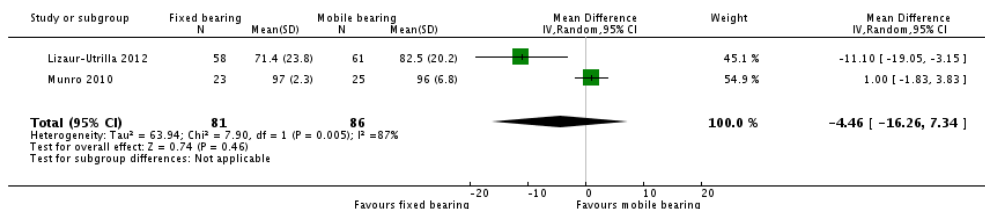


Review: Mobile bearing vs fixed bearing prostheses for posterior cruciate retaining total knee arthroplasty for postoperative functional status in patients with osteoarthritis and rheu
Comparison: 2 Mobile vs fixed bearing, major outcome: clinical and functional scores
Outcome: 4 HSS

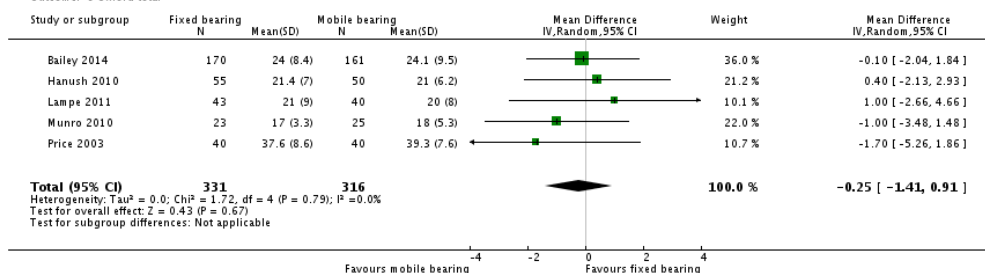


- (1) SD estimated from range
(2) SD estimated from range
(3) SD estimated from range
(4) SD estimated from range
(5) SD estimated from average other studies

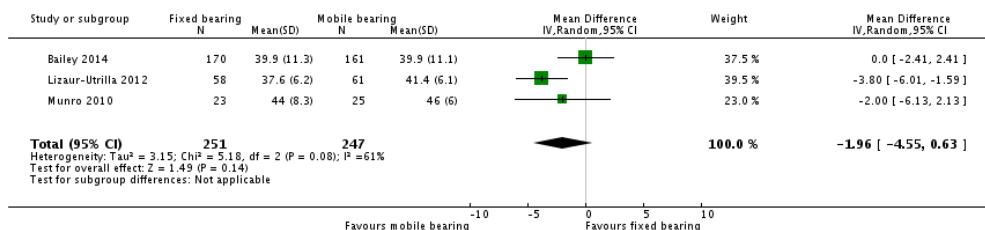
Review: Mobile bearing vs fixed bearing prostheses for posterior cruciate retaining total knee arthroplasty for postoperative functional status in patients with osteoarthritis and rheu
Comparison: 2 Mobile vs fixed bearing, major outcome: clinical and functional scores
Outcome: 5 WOMAC total



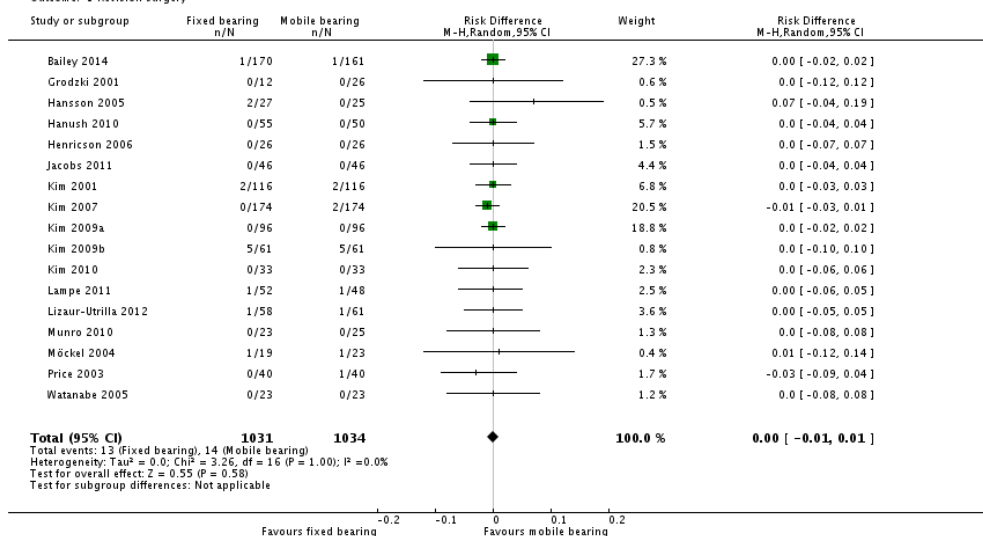
Review: Mobile bearing vs fixed bearing prostheses for posterior cruciate retaining total knee arthroplasty for postoperative functional status in patients with osteoarthritis and rheu
Comparison: 2 Mobile vs fixed bearing, major outcome: clinical and functional scores
Outcome: 6 Oxford total



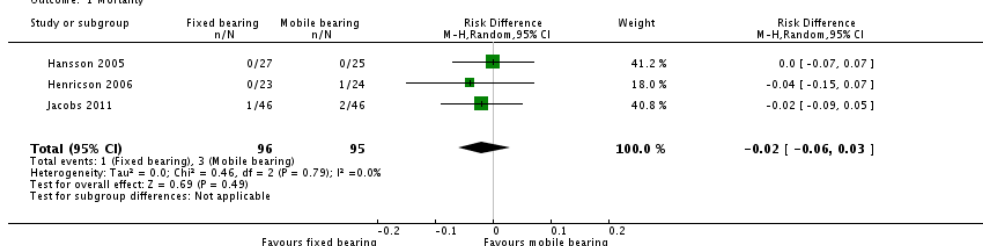
Review: Mobile bearing vs fixed bearing prostheses for posterior cruciate retaining total knee arthroplasty for postoperative functional status in patients with osteoarthritis and rheu
Comparison: 3 Mobile vs fixed bearing, major outcome: health-related quality of life
Outcome: 1 SF-12 PCS



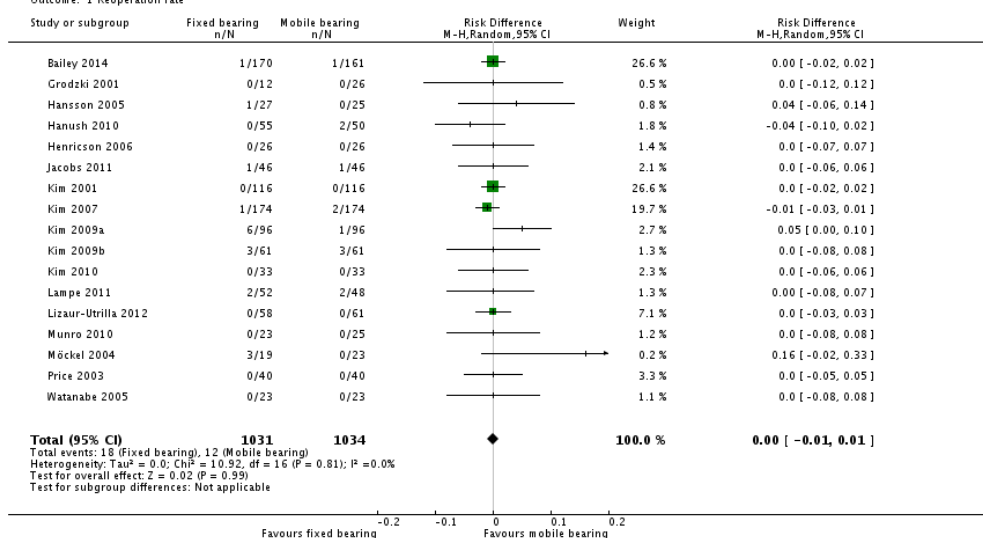
Review: Mobile bearing vs fixed bearing prostheses for posterior cruciate retaining total knee arthroplasty for postoperative functional status in patients with osteoarthritis and rheu
 Comparison: 4 Mobile vs fixed bearing, major outcome: revision surgery
 Outcome: 1 Revision surgery



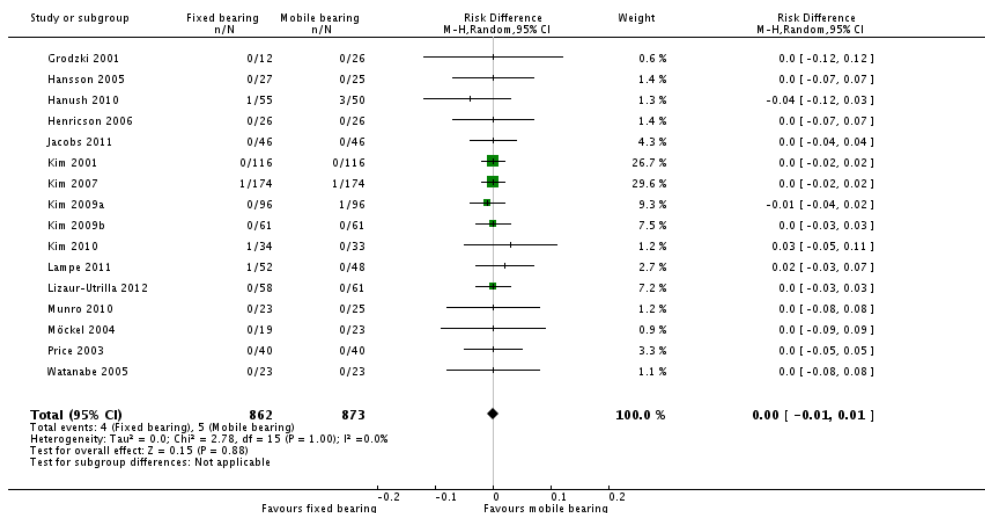
Review: Mobile bearing vs fixed bearing prostheses for posterior cruciate retaining total knee arthroplasty for postoperative functional status in patients with osteoarthritis and rheu
 Comparison: 5 Mobile vs fixed bearing, major outcome: mortality
 Outcome: 1 Mortality



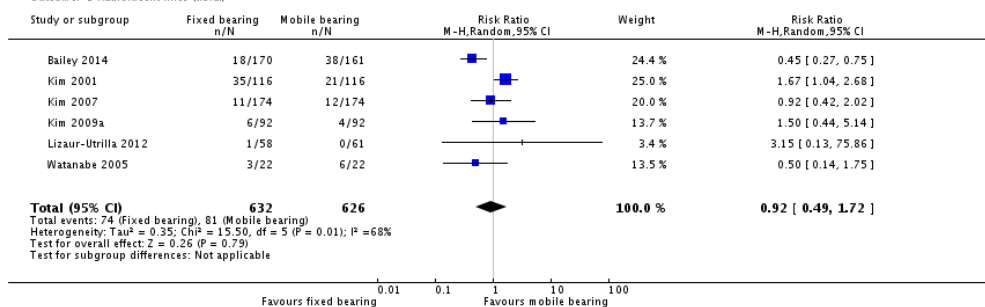
Review: Mobile bearing vs fixed bearing prostheses for posterior cruciate retaining total knee arthroplasty for postoperative functional status in patients with osteoarthritis and rheu
 Comparison: 6 Mobile vs fixed bearing, major outcome: reoperation rate
 Outcome: 1 Reoperation rate



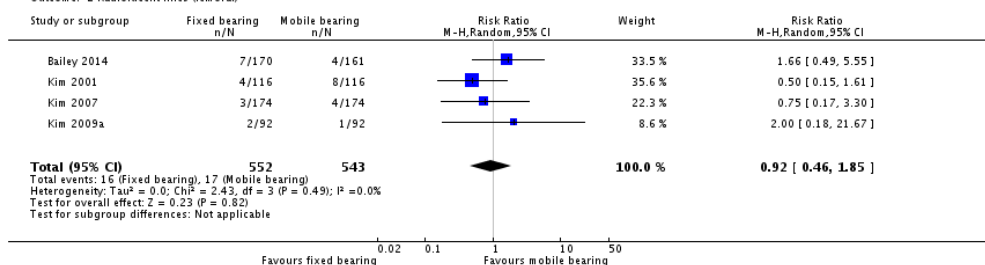
Review: Mobile bearing vs fixed bearing prostheses for posterior cruciate retaining total knee arthroplasty for postoperative functional status in patients with osteoarthritis and rheu
Comparison: 7 Mobile vs fixed bearing, major outcome: other serious adverse events
Outcome: 1 Serious adverse events



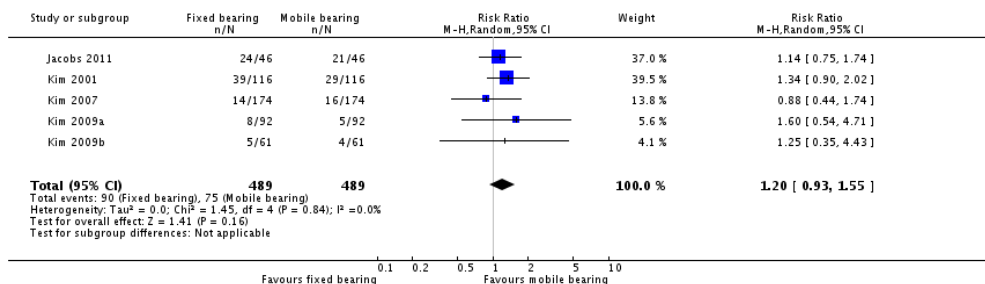
Review: Mobile bearing vs fixed bearing prostheses for posterior cruciate retaining total knee arthroplasty for postoperative functional status in patients with osteoarthritis and rheu
Comparison: 8 Mobile vs fixed bearing, minor outcomes: radiological outcomes
Outcome: 1 Radiolucent lines (tibial)



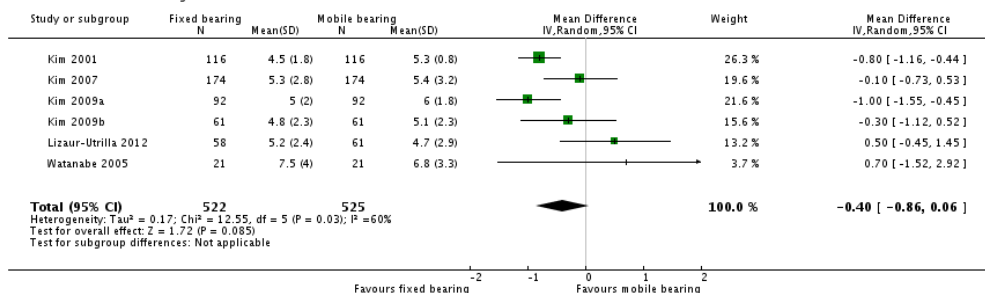
Review: Mobile bearing vs fixed bearing prostheses for posterior cruciate retaining total knee arthroplasty for postoperative functional status in patients with osteoarthritis and rheu
Comparison: 8 Mobile vs fixed bearing, minor outcomes: radiological outcomes
Outcome: 2 Radiolucent lines (femoral)



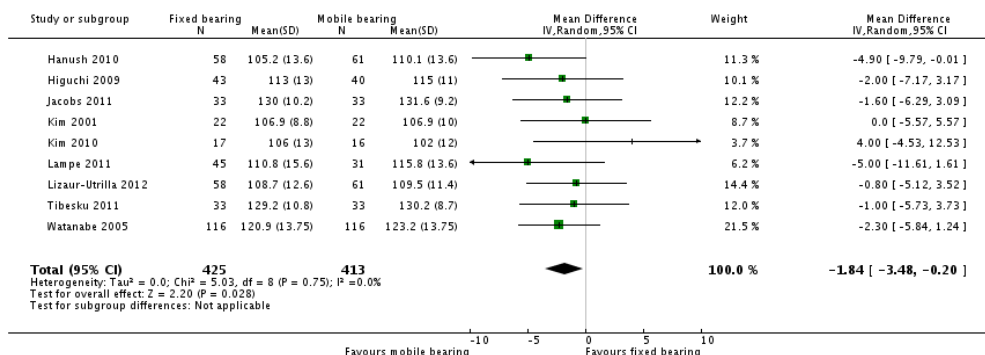
Review: Mobile bearing vs fixed bearing prostheses for posterior cruciate retaining total knee arthroplasty for postoperative functional status in patients with osteoarthritis and rheu
Comparison: 8 Mobile vs fixed bearing, minor outcomes: radiological outcomes
Outcome: 3 Radiolucent lines (overall)



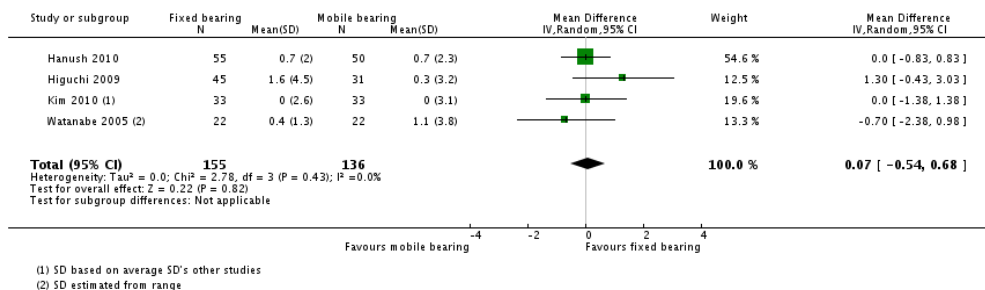
Review: Mobile bearing vs fixed bearing prostheses for posterior cruciate retaining total knee arthroplasty for postoperative functional status in patients with osteoarthritis and rheu
Comparison: 8 Mobile vs fixed bearing, minor outcomes: radiological outcomes
Outcome: 4 Femorotibial alignment



Review: Mobile bearing vs fixed bearing prostheses for posterior cruciate retaining total knee arthroplasty for postoperative functional status in patients with osteoarthritis and rheu
Comparison: 9 Mobile vs fixed bearing, minor outcomes: performance outcome
Outcome: 1 Flexion



Review: Mobile bearing vs fixed bearing prostheses for posterior cruciate retaining total knee arthroplasty for postoperative functional status in patients with osteoarthritis and rheu
Comparison: 9 Mobile vs fixed bearing, minor outcomes: performance outcome
Outcome: 2 Extension



Review: Mobile bearing vs fixed bearing prostheses for posterior cruciate retaining total knee arthroplasty for postoperative functional status in patients with osteoarthritis and rheu
Comparison: 9 Mobile vs fixed bearing, minor outcomes: performance outcome
Outcome: 3 Range of motion

