



Variation in Diurnal Patterns of Singing Activity Between Urban and Rural Great Tits

Eira Bermúdez-Cuamatzin*, Zoë Delamore, Laura Verbeek, Christoph Kremer and Hans Slabbekoorn

Institute of Biology, Leiden University, Leiden, Netherlands

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*Correspondence:

Eira Bermúdez-Cuamatzin
eira.bc@gmail.com

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Human settlements and activities alter the natural environment acoustically and visually. Traffic noise and street lights are two of the most prominent pollutants which may affect animal activity patterns. Birds in urban areas have been reported to sing nocturnally and to have an earlier dawn chorus compared to their rural counterparts. However, few studies have measured whether singing more at night or earlier in the morning means singing less during daytime. It is therefore unclear whether they shift or extend or overall increase their activities. Furthermore, few studies on anthropogenic noise-related shifts in song activity replicated well at the habitat level. We recorded singing activity in urban and rural great tits (*Parus major*) for 24 h and sampled 11 urban–rural pairs of territories, inside and outside 11 different cities across the Netherlands. We found that urban birds sing earlier during the day, have similar singing effort in the dawn chorus, but sing less than rural birds during the rest of the day. The shift in timing between urban and rural birds was 22 min on average and resulted in more songs for urban birds during a less noisy time of the day. The lower singing activity over the day made that urban birds sang less when it was more noisy compared to the natural rhythm of rural great tits. We currently lack insight into whether these differences yield any positive or negative fitness consequences, but it is a clear case of how anthropogenic effects on the natural environment influence fundamental aspects of daily life in the animal communities with which we share the urban habitat.

Keywords: birdsong, dawn chorus, diurnal patterns, traffic noise, temporal shift

INTRODUCTION

Activity patterns are species-specific, typically driven by natural environmental and social cues (Aide et al., 2013; Frey et al., 2017), but can be affected by human disturbance (Barrueto et al., 2014; Lendrum et al., 2017; Gaynor et al., 2018). Some species are diurnal, others nocturnal, and many have crepuscular peaks of activity around dawn or dusk. These labels are typically based on activity biases in foraging, nest building, or moving around, but may also apply to preference period for vocal activity. Many mammals are naturally most active at night (Frey et al., 2017; Ogurtsov et al., 2018), but there are also reports on species that are diurnal in undisturbed areas and nocturnal where human are active or noisy during daytime (e.g., Martin et al., 2010; Marchand et al., 2014). Many species of birds peak in singing activity around dawn and in the morning (Bruni et al., 2014; Pérez-Granados et al., 2018), but also here urban species have been reported to be active at night and

wake up earlier due to daytime noise pollution (Fuller et al., 2007; Dominoni et al., 2013; Swaddle et al., 2015). However, the nature of this shift is still not well understood as few studies on avian vocal activity patterns replicated well at the level of the habitat and few studies collected detailed data across the 24 h of a full day.

Most birds are more active during the day than during the night and often have a distinct peak in singing activity around dawn (Aide et al., 2013; Bruni et al., 2014; Pérez-Granados et al., 2018). Explanations for this activity bias to this early hour include coinciding peaks in female fertility and competitor risk, optimal air conditions for sound transmission, and low foraging profitability related to inadequate light conditions (Kacelnik and Krebs, 1983; Mace, 1987; Brown and Handford, 2003). Variation among species must be related to variation in species-specific physiology or sensory capacity, which would render a different trade-off among activities such as foraging and singing. Variation in timing does not only occur among species, but also within species. Seasonal variation, in particular in temperate zones, is driven by hormonal cycles related to the breeding season (Nottebohm, 1981; Ball, 1999), but also weather and habitat may affect singing effort and timing.

Natural variation in ambient noise and light conditions are known to affect singing activity and to explain variation in activity patterns among days. Cicada calling can be loud, in particular in tropical areas, and may drive bird species that overlap in song frequency use to adjust their timing (Hart et al., 2015). This is also the explanation for why high-frequency singing bird species rise later than low-frequency singers in tropical forests with intense nighttime cicada chorusing at high frequencies (Stanley et al., 2016). Birds in the temperate zone of rural North America were reported to sing earlier with full or third-quarter moon, which makes light levels to be higher at dawn (Bruni et al., 2014). An opposite effect has been found in temperate zones of both North-America and Europe for birds that delayed their dawn chorus and stopped singing earlier at dusk with cloud cover and rain, which obviously dims the light levels (Nordt and Klenke, 2013; Bruni et al., 2014; Da Silva et al., 2014). Understorey and canopy birds of tropical forests may even also exhibit light-level-related differences in vocal activity patterns (Blake, 1992; Berg et al., 2006).

The presence of human settlements and infrastructure can also alter environmental cues and make urban and rural birds of the same species wake up at different times (Bergen and Abs, 1997; Swaddle et al., 2015). Typically, urban birds are active earlier in the day and in the season compared to rural counterparts (Miller, 2006; Da Silva et al., 2015). Sometimes, differences in the morning are followed by differences in the rest of the day: short or disturbed nights may be compensated with a nap (Raap et al., 2016) or with just lower activity levels during daytime (de Jong et al., 2016). This may yield further divergence in daily activity patterns between birds of different habitats. Cartwright et al. (2014), for example, conducted a study with long-term passive recordings at three high-traffic and two low-traffic sites in southern Ontario, Canada. They found that red-winged blackbirds (*Agelaius phoeniceus*) sang more at dawn and dusk at the rural sites and more during midday at the urban sites. Traffic noise and street lightening are two of the most prominent

pollutants that are put forward as causing such divergence in avian rhythms (Nordt and Klenke, 2013; Lee et al., 2017), with sometimes sound put forward as most prominent factor (e.g., Fuller et al., 2007) and sometimes light (e.g., Da Silva et al., 2014).

Great tits are a great model system to study vocal variation and habitat-dependent song activity patterns. Males are highly vocal during the breeding season (Garson and Hunter, 1979), and they use distinct song types that are typically well contrasting with other songbird songs and known to play a role in territory defense and mate attraction (Krebs et al., 1978; Mace, 1987; Slagsvold et al., 1994). They occur in both urban and rural areas and typically sing close to their nest, which is often a nest box (e.g., Halfwerk et al., 2011, 2012). Such artificial nesting opportunities are usually easy to localize and are numerous in urban areas, but people also tend to provide them in many rural areas (e.g., at relatively isolated houses and farms, in recreational woodlands, on campings and holiday home parks, and in special study populations dedicated to scientific research). Great tits were also the model species in some of the early papers on habitat-dependent song variation (Hunter and Krebs, 1979; Bergman, 1982; Lehtonen, 1983) and have been studied intensively for urban–rural comparisons (e.g., Slabbekoorn and den Boer-Visser, 2006; Slabbekoorn and Ripmeester, 2008; Mockford and Marshall, 2009; Senar et al., 2017; Caorsi et al., 2019; Ulgezen et al., 2019). However, we still lack a well-replicated urban-rural comparison in great tits on the timing and amount of singing during the dawn chorus and the rest of the entire day.

In the current study, we recorded 24-h song activity cycles of a replicated set of individual great tits, in a paired sampling design. We recorded 11 pairs of territorial male birds, with each pair sampled during the same 24-h period, and consisting of an urban territory, with city noise and light conditions, and a more quiet and dark territory in a nearby rural woodland area. Pairs of birds were sampled in different cities across an area of 150 by 150 km, from The Hague to Nijmegen and Amsterdam to the Belgian border. We aimed to answer the following questions: (1) Do urban great tits indeed sing earlier than nearby rural great tits? (2) Do urban great tits sing more or less, and shorter or longer, during the dawn chorus and more or less over the rest of the day after the dawn chorus? and (3) If there are differences in timing or amount of singing, can they be related to noise avoidance: Do great tits avoid singing during the most noisy times of the day? We expected that urban great tits would sing earlier than rural great tits. They may also stop earlier with the dawn chorus and sing less, which they may compensate by singing more the rest of the day. Alternatively, they may also show an effect of elevated competition for acoustic space by traffic noise during the rest of the day and sing less than their rural counterparts.

MATERIALS AND METHODS

Study Sites and Passive Recording Approach

This study was conducted from March to May of 2017 in 11 pairs of sampling sites, inside (urban) and outside (rural) 11



FIGURE 1 | Map with the locations of the 11 urban and rural pairs inside and outside main cities across the Netherlands. The black symbols represent the urban sites and the green symbols represent the rural sites. The red circles indicate the cities, with size reflecting relative size. We also show the image of the automatic recorders (Song Meter SM1) used to conduct our 24-h recordings.

cities across the Netherlands (**Figure 1**). In each of nine urban–rural pairs of sites, including the large cities (Dutch standards) of Amsterdam, Rotterdam, and The Hague, we sampled a great tit territory, well inside built-up areas at a relatively noisy place. A great tit territory away from houses and streets in woodland area, selected for being relatively quiet, was sampled in a random direction, ~15–30 km apart from the urban site. Two urban–rural sites, Utrecht and Leidsche Rijn, were adjacent to each other, concerning historical old town and new residential areas, respectively, for which we sampled a matching rural site in woodland area east from Utrecht (see **Figure 1**).

Recordings within a pair of urban and rural sites were conducted synchronously on the very same day, while sampling of pairs were scattered through the season (**Table 1**).

In each of the 22 sampling sites, we selected a great tit male prominently advertising territory ownership by singing near a nest box. After the selection of the focal male, we observed the song posts defining his territory and we identified the boundaries of that territory. We recorded song activity for one cycle of 24 h for each great tit male with an automatic recorder (Song Meter SM1, Wildlife Acoustics Inc., Concord, MA, United States, sample rate 44.1 kHz, 16-bits, stereo; see **Figure 1**). We placed

TABLE 1 | Urban and rural pairs of sites and information about the date of recording, sunrise time (from <https://cdn.knmi.nl>), dawn chorus start, end and duration time, sunset time, last song of the daytime and total singing time.

Site	Urban/Rural	Date	Sunrise Time	Dawn chorus			Sunset Time	Last song of the day	Total Singing
				Start	End	Duration			
Arnhem	Urban	01-Apr	7:11	5:33	7:00	1:26	20:26		
Arnhem	Rural	01-Apr	7:11	6:23	7:07	0:44	20:26		
Bergen op Zoom	Urban	04-Apr	7:11	5:46	6:10	0:24	20:21	20:13	14:27
Bergen op Zoom	Rural	04-Apr	7:11	6:28	8:27	1:59	20:21	20:17	13:48
Rotterdam	Urban	08-Apr	7:01	5:32	8:05	2:32	20:28	20:09	14:36
Rotterdam	Rural	08-Apr	7:01	5:43	6:52	1:08	20:28	20:25	14:42
Amsterdam	Urban	11-Apr	6:52	5:57	7:01	1:04	20:32	19:52	13:55
Amsterdam	Rural	11-Apr	6:52	6:14	7:04	0:50	20:32	19:57	13:43
Utrecht	Urban	19-Apr	6:34	5:30	6:24	0:54	20:44	17:18	11:48
Utrecht	Rural	19-Apr	6:34	5:53	7:03	1:09	20:44	20:06	14:13
Leidsche Rijn	Urban	20-Apr	6:32	5:22	5:34	0:11	20:46	13:05	7:42
Leidsche Rijn	Rural	20-Apr	6:32	5:46	6:52	1:05	20:46	19:59	14:12
Schaijk	Urban	24-Apr	6:22	5:43	6:43	1:00	20:50	20:02	14:19
Schaijk	Rural	24-Apr	6:22	5:44	6:21	0:36	20:50	20:19	14:34
Hilversum	Urban	27-Apr	6:17	5:37	6:14	0:36	20:24	19:58	14:20
Hilversum	Rural	27-Apr	6:17	5:38	6:42	1:03	20:24	20:25	14:47
The Hague	Urban	30-Apr	6:15	4:50	6:10	1:19	21:06	20:44	15:53
The Hague	Rural	30-Apr	6:15	5:34	6:32	0:57	21:06	19:58	14:24
Nijmegen	Urban	03-May	6:04	5:05	6:22	1:17	21:04	20:52	15:46
Nijmegen	Rural	03-May	6:04	5:45	6:13	0:28	21:04	20:23	14:38
Leiden	Urban	16-May	5:46	4:53	5:55	1:01	21:32	20:51	15:57
Leiden	Rural	16-May	5:46	4:59	5:56	0:56	21:32	19:34	14:34

Time is displayed in hours and minutes.

the recorder on a song post close to the nest box of the male great tit, which guaranteed high-quality recordings, as male tits sing close and often toward the nest box, prior to and during breeding activity (see Halfwerk et al., 2011, 2012). The automatic recorders were programmed to record a sequence of 24 1-h recordings. Ending one recording and starting a following one, lasted 30 s. We, therefore, miss data for a very short period every hour (0.8%), and we had to take a shift into account of accumulating 30 s periods over the day, when attributing song activity to a particular hour slot. The Song Meters were placed during daytime, but all recordings started at 3:30 in the night. In one of the 22 sites, the city of Arnhem, our recording had stopped at 11:30 in the morning (well after the dawn chorus) for unknown reasons, and for some of the analyses, we therefore had to drop this pair of sites.

Timing and Amount of Singing

We used spectrograms generated in Avisoft-SASLab Lite 5.2.10 (sample rate 44.1 kHz, sample size 16-bits, FFT length = 256 points, frame size 100%, overlap 75%, frequency resolution 172 Hz, temporal resolution 1.45 ms, Hamming window) to determine the timing and amount of singing of great tits during the 24-h cycles. We defined the start, duration and end of the dawn chorus for each male, as well as the last song of the day and the total singing time (Table 1). The start of the dawn chorus was simply the first song detected in our recordings. The end of the dawn chorus was determined by measuring song intervals: it

was considered the end of the dawn chorus when a bird had not sung for longer than 7 min. In a study by Naguib et al. (2019), 98% of the inter-song intervals during the dawn chorus singing, before sunrise, were shorter than 7 min, which was the reason to take this interval length as the end of dawn chorus criterion (c.f. Naguib et al., 2019). We expressed start and end times also relative to sunrise or sunset to allow comparisons across the season (Table 1). Furthermore, we counted the number of songs of the focal male every hour. Great tit males have small repertoires, around 2–6 types in our sample, and repeat the same song type for several minutes before they switch to a different song type (Halfwerk et al., 2012). The discrete nature of great tit song types further helped to extract target songs from the background with other songs from other species, and potentially further-away neighbors. Although focal males also moved around among different singing perches, and song amplitude on the recording varied accordingly, we rarely had any difficulty in distinguishing focal male song and faint songs of distant neighbors.

Noise Measurements and Fluctuation Patterns

We assessed the short-term amplitude levels of the background noise at each site, using a Voltcraft SL-100 sound level meter (range, 30–130 dB; A-weighting, fast response). All sites were measured once, associated with installing or collecting the Song Meter and thus associated with the paired assessment of singing

activity throughout the season. All measurements were taken between 6:00 and 13:00 h, except for one pair of sites, which was measured late in the afternoon (see **Table 2**). We measured noise levels for 5 min: 1 min in each of the five directions (north, east, south, west, and up). During 1 min, we recorded the highest amount of noise every 10 s (6 measurements per minute). Noise levels were averaged for each site. In addition, we analyzed the long-term noise fluctuations in each territory using our passive recordings from the Song Meters.

We analyzed relative noise fluctuations in time, using the long-term recordings, in two frequency bands: a low band between 200 and 400 Hz and a high band between 2000 and 4000 Hz. The lower band reflects traffic activity well, as there are very few birds making sound below 400 Hz and traffic noise is biased toward low frequencies (Slabbekoorn and Peet, 2003). The high band reflects bird song activity, including the frequency range of the songs of great tits and excluding a major contribution from traffic noise. For each frequency band, we selected the highest amplitude in periods of 1 min using a power spectrum (FFT length: 256 points, window type: Hamming) generated in Avisoft-SASLab Lite 5.2.10. To assess fluctuations in time, we took three of such 1 min amplitude measurements per hour. These three measurements were taken in three different time blocks within the hour: (1) from 0 to 20 min, (2) from 20 to 40 min, and (3) 40–60 min. We avoided songs from our focal great tit male in the one-min selections, and, when his dawn chorus singing was very dense, we occasionally merged separate periods from the same time block into a one-min composite selection. We averaged the three samples to get a single amplitude measure per hour. We determined relative noise level for each hour per territory by subtracting the hourly averages from the overall average of the day.

We assessed spectral differences in the ambient noise between urban and rural sites to provide the context of potential masking by spectral overlap that could drive the temporal patterns explored in our analyses. We used 20 one-min samples from our urban and rural sites, excluding songs from the focal bird, but taken from the morning hour with most singing activity

(5.30–6.30) (**Figure 2**). Urban sites have relatively high amplitude levels in the low frequencies (<3000 Hz) in comparison to rural sites, and relatively low amplitude levels for high frequencies (>3000 Hz). These patterns reflect the prominent presence of traffic noise in urban sites (low frequencies) and more prominent presence of singing birds (high frequencies) in rural sites, which is in line with many other reports (e.g., Slabbekoorn and Peet, 2003; Pohl et al., 2009; Nemeth and Brumm, 2010).

Statistical Analyses

We conducted all statistical analyses in R version 3.5.1 (R Core Team, 2019). To investigate if the timing of singing was different between urban and rural great tit males, we compared the start, end and duration of the dawn chorus, last song of the day and total singing time. We performed an Exact Permutation test for dependent samples stratified by site in the R Coin package (Hothorn et al., 2008). We also conducted an Exact Permutation test for dependent samples stratified by site to compare the amount of singing between urban and rural males comparing number of songs sang during the dawn chorus, during the rest of the day and during each hour of the day. Furthermore to assess potential differences between rural and urban relative noise levels of low- and high-frequency bands for each hour of the day, we performed another Exact Permutation test stratified by site. The Exact Permutation tests allow deviation from a normal distribution, which was often the case for our variables (except for start relative to sunrise, number of songs during dawn chorus and some relative noise levels for certain hours). In order to analyze if the noise levels of the low- and high-frequency bands had an impact on the amount of singing, we used a Spearman's rank correlation test or Pearson's correlation test when the data were normally distributed. We correlated the number of songs and the amplitude levels relative to the noise average of the day for each site and each frequency band.

RESULTS

Timing of the Dawn Chorus

We analyzed a total of 513 h of recordings from 22 male great tits in 11 urban–rural pairs of sites. Urban great tits started to sing significantly earlier in the morning than rural great tits (mean $\pm$ SE; Urban: 66 ± 6.04 , range: 39–97 min before sunrise; Rural: 45 ± 4.63 , range: 19–78 min before sunrise; $z = -2.56$, $p < 0.001$, Exact Permutation test; **Figure 3A** and **Table 1**). The average difference of 22 min was reflecting a persistent earlier start in the city throughout the season, although the difference varied substantially between about the same starting time up to a 50 min difference (**Figure 3C**). The duration of the dawn chorus and the end of the dawn chorus relative to sunrise were not significantly different between urban and rural birds (mean $\pm$ SE; Duration, Urban: 64 ± 11.26 , range: 12–153 min; Rural: 58 ± 7.23 , range: 29–119 min; $z = -0.44$, $p = 0.68$, Exact Permutation test; **Figure 3B**; End, Urban: -1 ± 10.60 , range: -60 to 65 min; Rural: 17 ± 6.93 , range: -9 to 77 min; $z = 1.11$, $p = 0.30$, Exact Permutation test; **Table 1**). Note that differences in dawn chorus start were more consistent than duration differences, the

TABLE 2 | Times and dates for when short-term noise measurements were taken for each of the pairs of rural and urban sites.

Site	Times and dates short-term noise measurements			
	Rural	Date	Urban	Date
Arnhem	17:02	02-Apr	10:19	02-Apr
Bergen op zoom	06:24	05-Apr	08:09	05-Apr
Rotterdam	06:50	13-Apr	08:24	09-Apr
Amsterdam	08:40	12-Apr	06:50	12-Apr
Utrecht	06:23	20-Apr	10:09	20-Apr
Leidsche Rijn	07:10	21-Apr	10:35	21-Apr
Schaijk	08:45	25-Apr	06:08	25-Apr
Hilversum	10:56	28-Apr	07:48	28-Apr
The Hague	10:20	01-May	10:48	29-Apr
Nijmegen	11:17	04-May	14:59	04-May
Leiden	11:39	15-May	12:35	17-May

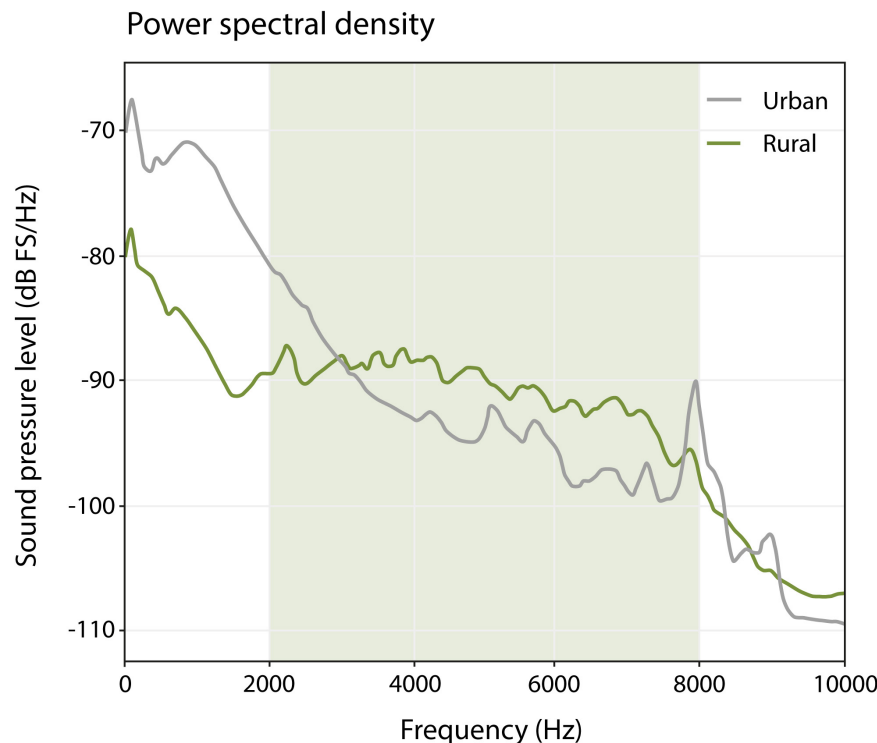


FIGURE 2 | Power spectral density plot (window length: 512, window type: Hann) of urban and rural sites, based on the average of 10 one-min samples for urban sites, and 10 one-min samples for rural sites, during the morning hour with most singing activity (5:30–6:30). The green-shaded area represents the frequency range used by great tits between 2000 and 8000 Hz. Note that below 3000 Hz, urban great tits have relatively more competition for acoustic space than rural birds, and above 3000 Hz, rural birds have a relatively more noisy background.

latter of which were also more variable, for example ranging from 20 min until 160 min for urban birds (**Figure 3B**). The time of the last song of the day relative to sunset and the total time singing during the 24 h were also not significantly different between urban and rural great tits (mean $\pm$ SE; Last song: Urban: 140 ± 95.02 , range: 8–979 min; Rural: 38 ± 11.27 , range: –2 to 118 min; $z = -1.07$, $p = 0.38$, Exact Permutation test; Total singing: Urban: 833 ± 47.18 , range: 462–958 min; Rural: 862 ± 6.98 , range: 823–887 min; $z = 0.66$; $p = 0.51$, Exact Permutation test; **Table 1**). The earliest song recorded was at 4:50 and the latest song was at 20:55 (**Table 1**), while we did not hear any songs recorded during nighttime.

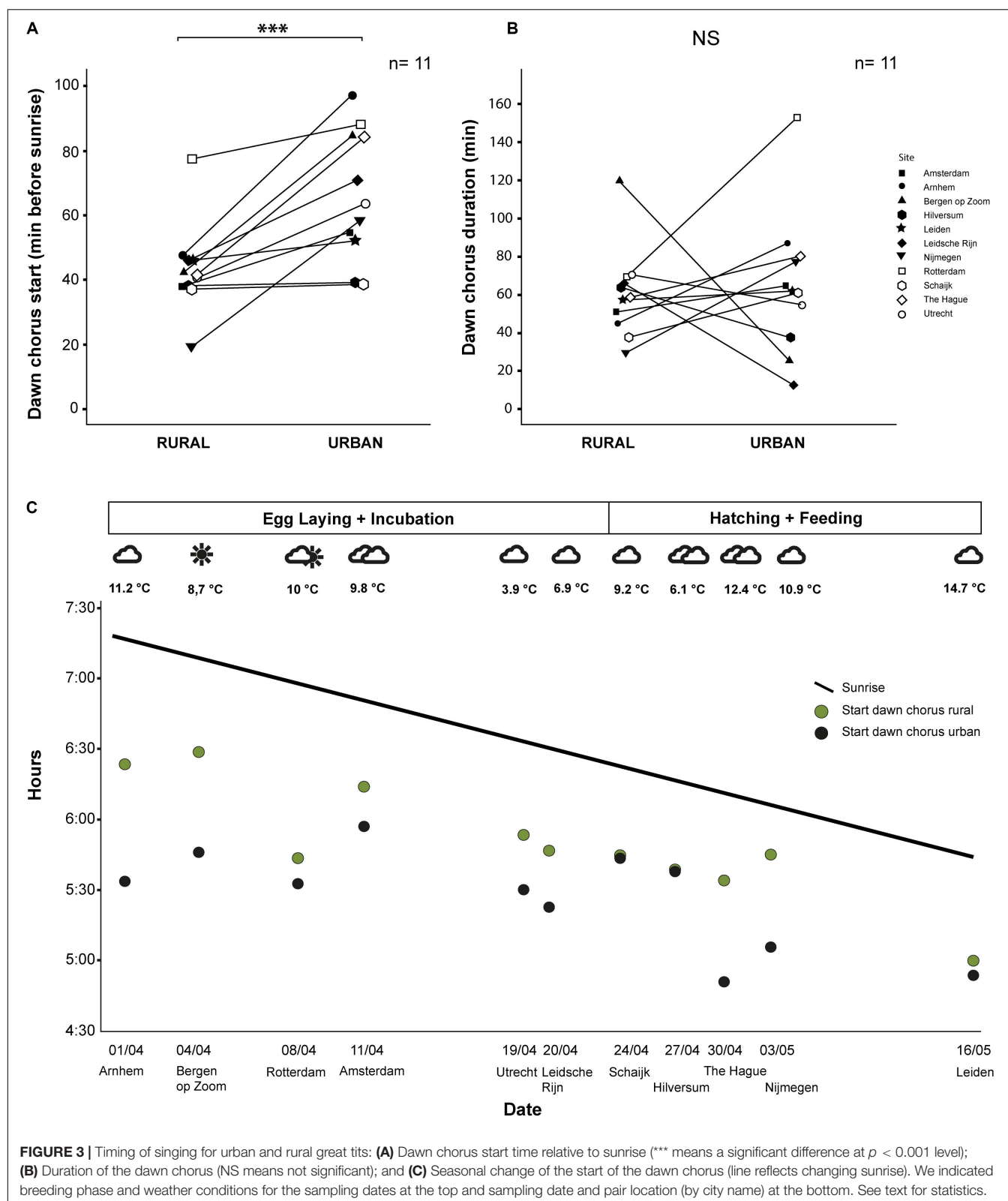
Amount of Singing Activity Over the Day

We found that the numbers of songs sung by urban and rural great tits during the dawn chorus were not significantly different (mean $\pm$ SE; Urban: 274 ± 48.83 , range: 25–526 songs; Rural: 322 ± 47.74 , range: 126–638 songs; $z = 0.55$, $p = 0.61$, Exact Permutation test; **Figure 4A**). In contrast to that, urban great tits sang significantly less songs than rural great tits during the rest of the day (mean $\pm$ SE; Urban: 567 ± 84.77 , range: 127–988 songs; Rural: 1058 ± 174.42 , range: 460–2258 songs; $z = 2.13$, $p = 0.03$, Exact Permutation test; **Figure 4B**). We found more songs sung by rural than by urban birds for more than half of the 17 h of the day. At the hours starting at

4:30, 7:30, 9:30, 10:30, 12:30 to 15:30 and 17:30 to 18:30, we found either a significant difference or a non-significant trend ($p < 0.05$ and $p = 0.06$ – 0.08 , respectively; Exact Permutation test; **Figure 4C**).

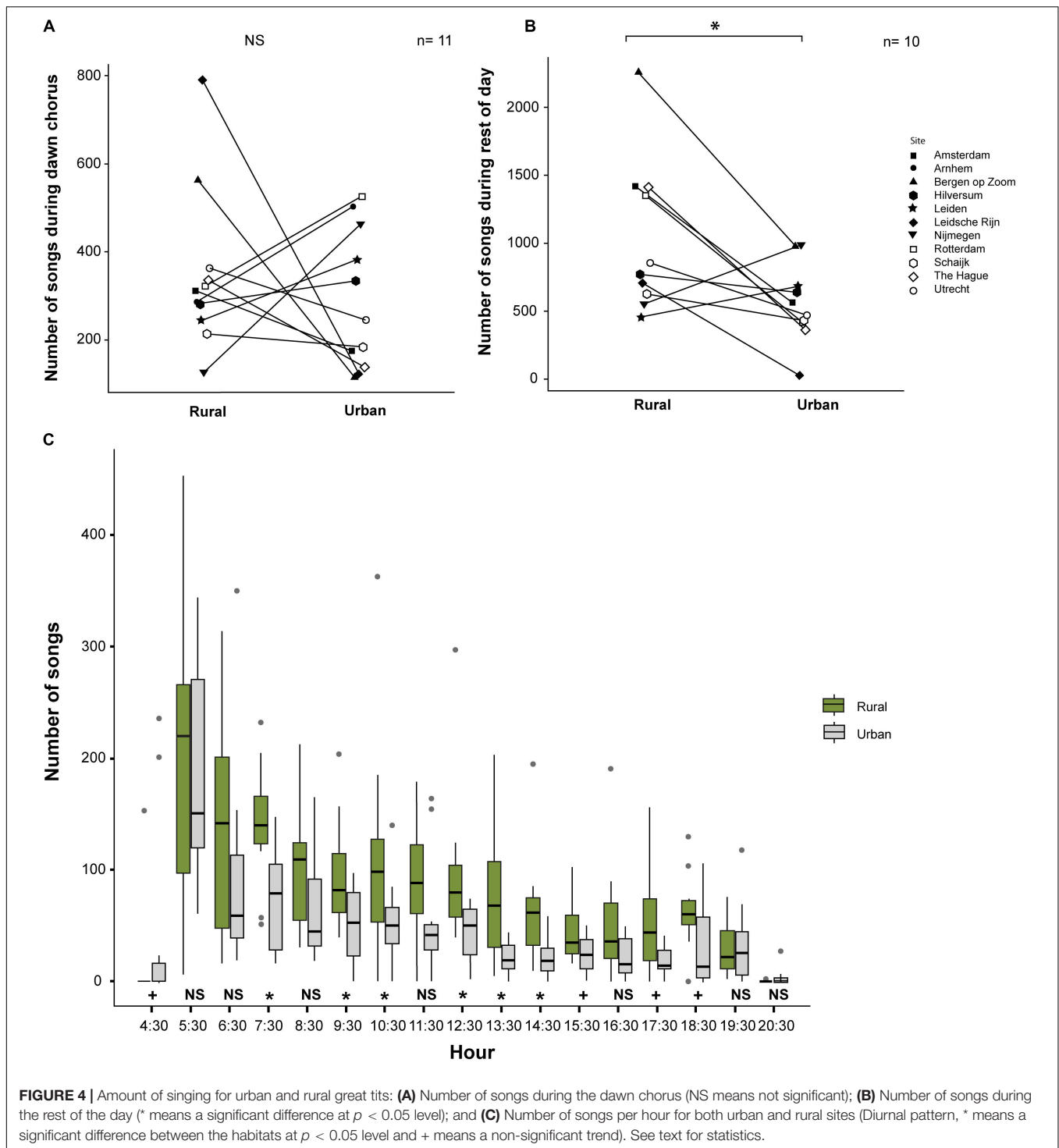
Noise Levels and Fluctuations Over the Day

The average noise levels, determined by 22 sets of peak level assessments, using the sound level meter (short-term noise measurements), were significantly higher for territories in urban than for territories in rural sites (mean $\pm$ SE, $n = 11$, Urban: 53.6 ± 1.9 dB; Rural: 45.9 ± 1.3 dB; Exact Permutation test; $z = -2.41$; $p = 0.01$). We also found significant differences or non-significant trends ($p < 0.05$ and $p = 0.06$ – 0.08 , respectively; Exact Permutation test) for certain hours in the fluctuating patterns over the day between urban and rural sites for both, the low- and high-frequency bands (**Figures 5A,B**), through 1,440 one-min measurements on the Song Meter data (long-term noise measurements). From a more general perspective, the low-frequency band (200–400 Hz), reflecting traffic noise, exhibited relatively high levels (above the noise average of the day) between 5:30 and 22:30, while it was relatively quiet (below the noise average of the day) between 00:30 and 4:30 (see **Figure 5B**). Although this pattern was generally true for both urban and rural sites, rural sites were relatively less quiet



during the night and early morning than urban sites (between 00:30 and 7:30), while urban sites were relatively more noisy in the late afternoon than rural sites (between 16:30 and 20:30).

The high-frequency band (2000–4000 Hz), reflecting general bird singing activity, was relatively high for both habitat types throughout the daytime (5:30–20:30), with highest levels as



expected during the dawn (5:30–7:30) and dusk chorus (18:30–20:30; Figure 5A).

Covariation Between Noise Level and Singing Activity

In addition to the previous description of the general noise patterns between rural and urban sites, we also analyzed the

singing activity of the great tits in relation to the noise level fluctuations over the 24 h of a day. By starting to sing 22 min earlier, on average throughout the season, up to occasionally 50 min (around 5:30 or even earlier, late in the season), urban birds do shift singing activity into a relatively more quiet time period of the day. However, there were no significant differences in the amount of singing between birds in both habitats during

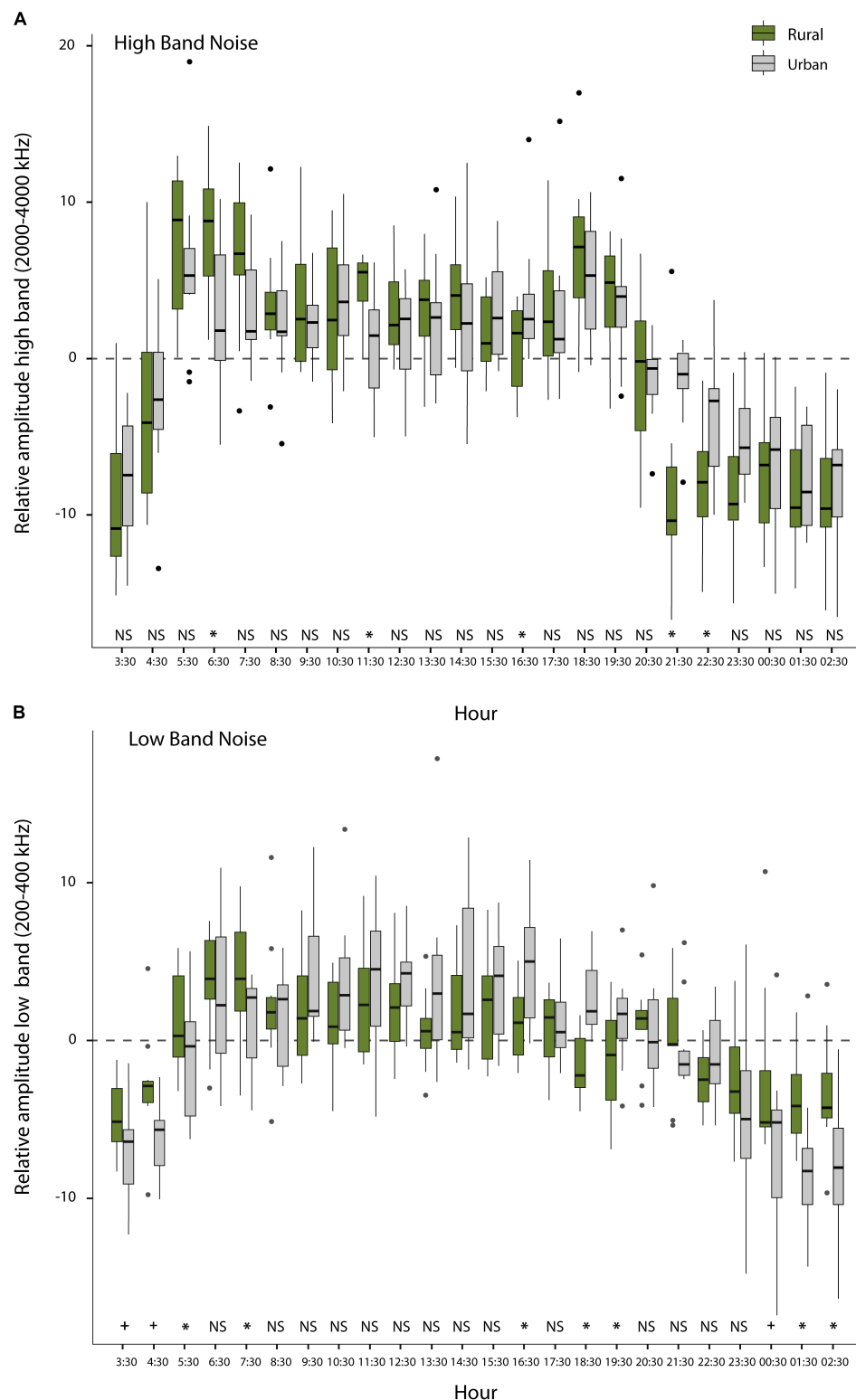


FIGURE 5 | Relative noise level fluctuations over the day: **(A)** Average noise level per hour subtracted from the overall mean of the day (represented with the zero value) for each habitat for the high-frequency band (2000–4000 Hz), reflecting fluctuations in local bird song activity other than that of the focal great tits; **(B)** Average noise level per hour subtracted from the overall mean of the day (represented with the zero value) for each habitat for the low-frequency band (200–400 Hz), reflecting local fluctuations caused by traffic noise (* indicates a significant difference at $p < 0.05$ level and + means a non-significant trend). See text for statistics. The dashed line illustrates the overall noise of the day.

those early hours (**Figures 4C, 5B**). Nevertheless, urban birds sang often less than rural birds later in the morning and in several afternoon time blocks, when urban noise levels were higher than at 5:30 (**Figures 4C, 5B**). We found an overall significantly positive correlation between the number of songs sung and the level of background noise of the low- and high-frequency bands, for both urban and rural sites (see results in **Table 3** and **Figures 6A–D**). These correlations are driven and can be explained by the fact that: (1) during the 24 h analyzed, the quietest moments of the day, at night, are when birds are not singing; and (2) the loudest moments due to rush hours or overall high vocal activity by birds were also singing peaks for great tits. Removing the night hours from this analysis would remove many of the site-specific significant correlations: from 11 to 3 out of 20 for the low-frequency band and from 16 to 6 out of 20 for the high-frequency band (see **Table 3**).

DISCUSSION

We were able to show distinct differences in timing and amount of singing between urban and rural great tits in a well replicated and paired set of passive audio recordings of 24 h. We found the following answers to our questions: (1) Urban great tits indeed sang earlier than nearby rural great tits; (2) Urban great tits

did not sing more or for longer in the dawn chorus, but sang significantly less than rural birds over the rest of the day; and (3) Starting 22 mins earlier on average, up to 50 min, in urban relative to nearby rural territories on the same day, resulted in more songs in a less noisy time of the day for city birds. However, in general great tits do not seem to avoid singing during the most noisy times of the day, as song activity level was positively correlated to relative ambient noise levels in the low-frequency band of 200–400 Hz, which is a good monitor of traffic noise.

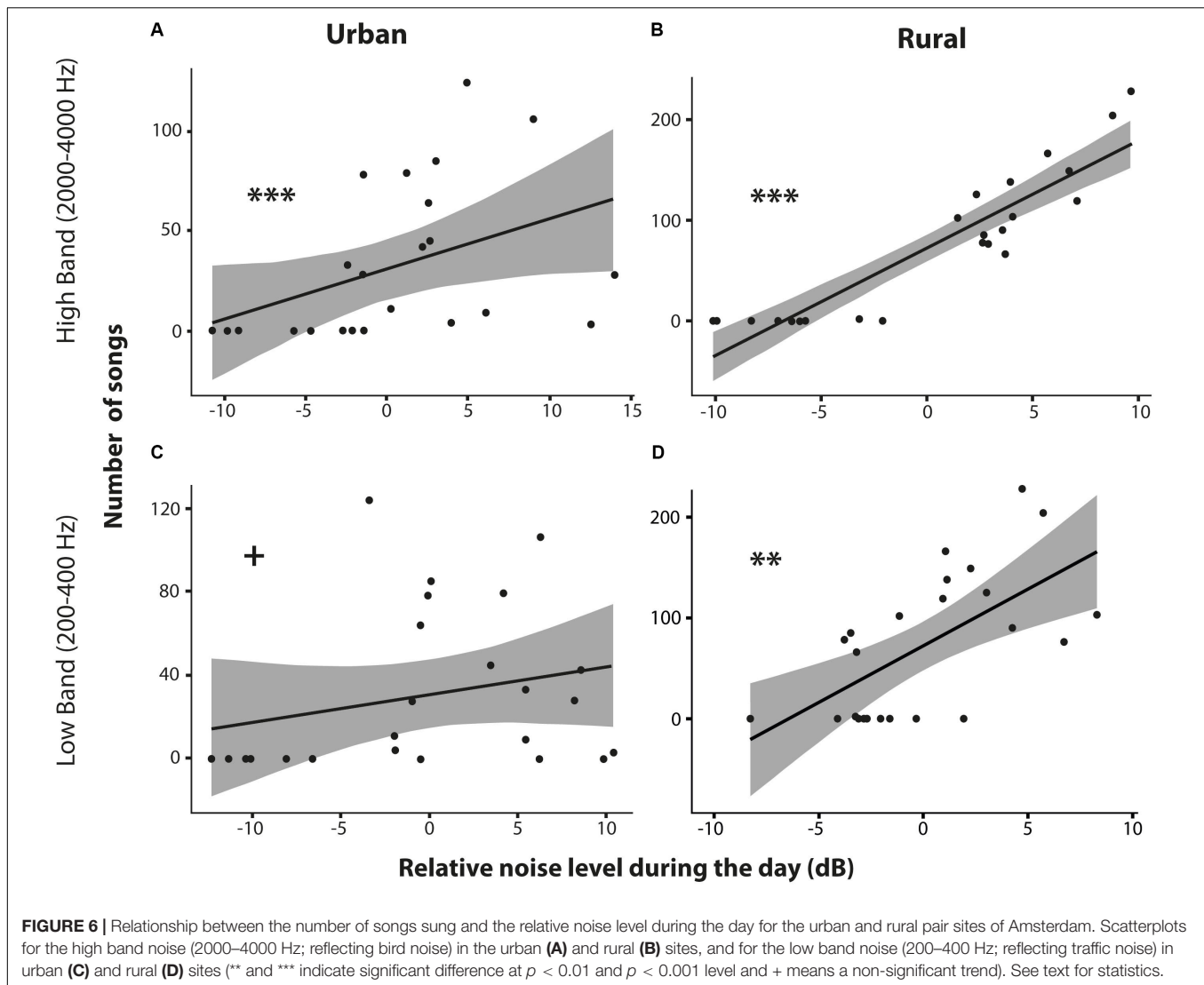
Patterns and Processes

We were able to confirm what has been found in many studies: urban birds start singing earlier than rural birds (Bergen and Abs, 1997; Swaddle et al., 2015; Da Silva and Kempenaers, 2017). This pattern is not only known from cities, but has also been reported repeatedly for airports (Gil et al., 2015; Dominoni et al., 2016; Sierro et al., 2017). Our study is the first with a proper replication at the level of the habitat, with sampling of 11 urban–rural territories across the Netherlands. We also recorded a full 24-h cycle, which allowed us to analyze whether early morning adjustments concern a shift or extension of their active period. We were therefore able to show that urban birds started earlier, but that this does not affected how much they sang in the same hour bins during the dawn chorus compared to rural birds. The dawn chorus duration of urban great tits was also not significantly

TABLE 3 | Correlations between number of songs and noise amplitude levels relative to the noise average of the day, for each site (urban and rural) and for each frequency band (low band noise: 200–400 Hz; high band noise: 2000–4000 Hz).

Site	Urban/ Rural	24 h, including night hours				Excluding night hours			
		Low band noise		High band noise		Low band noise		High band noise	
		R	p	R	p	R	p	R	p
Bergen op Zoom	Urban	0.76	<0.001	0.67	<0.001	0.063 ^a	0.82	−0.19^a	0.047
Bergen op Zoom	Rural	−0.14	0.51	0.86	<0.001	−0.064 ^a	0.82	0.54^a	0.037
Rotterdam	Urban	−0.3	0.16	0.49	0.015	−0.66	0.007	0.18	0.52
Rotterdam	Rural	−0.22	0.31	0.26	0.22	0.3	0.28	0.39	0.15
Amsterdam	Urban	0.35	0.09+	0.66	<0.001	−0.27 ^a	0.33	−0.09 ^a	0.74
Amsterdam	Rural	0.61	0.002	0.81	<0.001	0.49 ^a	0.06+	0.89^a	<0.001
Utrecht	Urban	0.36	0.08+	0.6	0.002	0.48	0.08+	0.71	0.005
Utrecht	Rural	0.59	0.002	0.64	<0.001	0.47	0.007	−0.045	0.87
Leidsche Rijn	Urban	0.37	0.08+	0.25	0.24	0.29	0.27	−0.58	0.83
Leidsche Rijn	Rural	0.56	0.004	0.78	<0.001	0.38	0.16	0.21	0.46
Schaijk	Urban	0.73	<0.001	0.81	<0.001	0.13	0.64	0.47	0.07+
Schaijk	Rural	0.81	<0.001	0.5	0.031	0.73	0.001	−0.09	0.73
Hilversum	Urban	0.6	0.002	0.66	<0.001	−0.27	0.32	−0.12	0.67
Hilversum	Rural	0.25	0.24	0.83	<0.001	−0.17	0.54	0.68	0.005
The Hague	Urban	0.4	0.054+	0.23	0.28	−0.36	0.17	−0.5	0.05
The Hague	Rural	0.43	0.036	0.73	<0.001	−0.4	0.14	0.23	0.41
Nijmegen	Urban	0.47	0.019	0.52	0.009	0.18	0.49	−0.19	0.47
Nijmegen	Rural	0.69	<0.001	0.69	<0.001	0.09+	0.75	0.46	0.08+
Leiden	Urban	0.55	0.005	0.35	0.091+	−0.12	0.64	−0.29	0.26
Leiden	Rural	0.27	0.2	0.68	<0.001	0.08	0.76	0.46	0.06+

We provide the statistics for the 24 h of data and for the same data, but excluding the night hours. *R* indicates the coefficient of correlation, and *p* indicates the *p*-value of the test. We used a Spearman's correlation rank test or sometimes a Pearson's correlation test (the latter indicated with ^a). Significant results are indicated in bold and non-significant trend with a +.



different from rural great tits, but we did find less song in city birds in several hour bins during the rest of the day. This pattern is, as far as we know, the first time this has been shown at this scale, but may indicate that rising early is associated with inserting periods of no or low activity more often during the rest of the day (c.f. de Jong et al., 2016; Raap et al., 2016).

Our data are in line with the growing awareness that the presence of human settlements and infrastructure can alter environmental cues and make urban and rural birds of the same species alter their activity patterns over the day. Cartwright et al. (2014) also conducted a study at high- and low-traffic sites in southern Ontario, Canada. They found that red-winged blackbirds (*Agelaius phoeniceus*), a semi-colonial breeder of marshlands, sang more at dawn and dusk at the rural sites and more during midday at the urban sites. They did not assess daily starting times or dawn chorus duration. It is, nevertheless, interesting that the patterns of singing effort divergence between urban and rural birds are quite different from ours on great tits. We found no difference in amount of singing at the dawn peak,

while the divergence during the rest of the day, more singing in rural than urban, was opposite that of red-winged blackbirds. Not only were species and continent different between these studies, but the study of Cartwright et al. (2014) had another limitation that should be reason for caution. Although they recorded the three urban and two rural sites for relatively long periods (6 and 5 weeks, respectively), these periods were not overlapping (May till half-June for urban and end-June till end-July for rural), and a seasonal impact is therefore unknown and confounding with habitat (urban versus rural). As far as we know, there are no other studies that shed light on urban-rural patterns of 24-h activity cycles, but there are quite a few studies that explored the process.

Traffic noise and street lightening are two of the most prominent pollutants that are put forward as causing changes in avian rhythms (Nordt and Klenke, 2013; Lee et al., 2017). American robins (*Turdus migratorius*), for example, initiated their dawn chorus during the night, especially in areas with elevated artificial light levels (Miller, 2006). This pattern has been repeatedly confirmed afterward in several European species

across latitude (Da Silva et al., 2014; Dominoni et al., 2014; Da Silva and Kempenaers, 2017). However, a study on European robins (*Erithacus rubecula*) reported nocturnal singing in urban territories with street lights, but attributed a larger proportion of the variation to daytime noise levels than to nighttime light levels (Fuller et al., 2007). For neither of these studies, it is clear whether there was a shift or an extension of activity, as data were not collected for the full day. Another recent study in urban greenspaces (Lee et al., 2017) also reported an impact of both light and noise on dawn chorus timing, with a larger role for artificial light at night, but with an opposite effect from the studies above. Traffic noise appears to be correlated to advancing dawn chorus in tropical bird species as well, where artificial light has apparently less of an effect, probably due to little variation in day length at their latitude (Dorado-Correa et al., 2016; Marín-Gómez and MacGregor-Fors, 2019). Independent of whether artificial light or traffic noise or a third factor is the underlying process, we would like to see more studies that describe the full-day patterns.

Causes and Consequences

A complete description of 24 h cycles is important for hypotheses about a mechanistic understanding of causal relationships in urban activity shifts and for the interpretation of potential consequences. However, experimental approaches will always be critical for proving causal relationships between the manipulated factors, such as light and/or noise level, and the behavioral read-out, for example, dawn chorus timing or singing effort (Arroyo-Solís et al., 2013; Yang and Slabbekoorn, 2014; Da Silva et al., 2017). However, confirmation that one factor plays a role, does not exclude an impact of another. Furthermore, potential consequences depend on many factors, as nighttime light and daytime noise levels may affect the timing and amount of singing, but directly or indirectly also other activities, such as foraging, nest building, scanning for predators, or seeking extra-pair interactions (Raap et al., 2017; Dominoni et al., 2020). We here just address adaptive and non-adaptive explanations for altered activity patterns in vocal behavior.

Adaptive explanations include positive consequences directly or indirectly related to the proven or hypothesized cause. Many studies have hypothesized that singing earlier in response to rising noise levels or at relatively noisy locations may yield a benefit in being more audible when singing at less noisy time periods of the day (Fuller et al., 2007). This was also partly true for great tits in the current study: the earlier dawn chorus yielded more songs in an earlier and quieter hour of the day, while overall urban birds sang less during the rest of the noisy day. However, we did not find a general negative correlation between singing effort and relative noise level. Cartwright et al. (2014) found a different urban–rural divergence pattern but argued similarly that singing less at dawn and dusk and more during the rest of the day was in line with avoiding the most noisy rush hours. Actual proof of any fitness consequences related to a noise-dependent shift does not exist yet, as far as we know.

Waking up by noisy human activities has also been suggested to be adaptive for those species that find food due to human activities (Arroyo-Solís et al., 2013). Two out of six songbird species responded by singing more early on nights

of experimental exposure to local recordings of ambient noise in urban streets, which simulated an exceptionally early rise of people. The two species involved were the spotless starling (*Sturnus unicolor*) and the house sparrow (*Passer domesticus*), two typical commensals of human settlements that forage at feeding places. The earlier dawn singing due to artificially high light levels has been proposed to be beneficial for mating opportunities. In blue tits (*Cyanistes caeruleus*), for example, it has been shown that males close to street lights have higher reproductive success and are more attractive to females (Kempenaers et al., 2010), while early singers have been shown to be preferred by females in this species (Poesel et al., 2006). Such strong correlations have not been found for cases where birds sing earlier due to noisy territories, but may also apply, if not outweighed by other negative consequences.

Maladaptive explanations of altered vocal activity patterns are also diverse and may include detrimental consequences related to energy expenditure required for singing in earlier and colder times of day, singing more or with more effort to compensate for challenging signal-to-noise ratios, or singing at the expense of foraging for which there is ample evidence of a trade-off (Ydenberg, 1984; Cuthill and MacDonald, 1990; Grava et al., 2009). Singing earlier or singing less may also make birds more vulnerable to territorial intrusions and may force individuals into physical fight more often, which may bring risk of injury and increased chance of predation. This matches well with a pattern of noise-dependent aggression levels (Slabbekoorn, 2013), for which there is growing evidence from birds in cities (Phillips and Derryberry, 2018) and around airports (Wolfenden et al., 2019). Lower song activity during noisy daytime conditions, as found in our study, also matches with noise-induced rise in vigilance and distraction, which has been shown to reduce foraging efficiency (Quinn et al., 2006; Campbell et al., 2019). Again, actual proof of any negative fitness consequences does also not exist yet. It may also well be that vocal activity shifts in time or effort are not having any adaptive or maladaptive consequences.

CONCLUSION

We have shown conclusively that great tits in urban and rural areas differ in the timing of their singing activity: the dawn chorus starts earlier in the city and after that there is less singing activity in urban streets than in rural woodland. This concerns a confirmation of the early rise in cities as reported for many bird species and attributed sometimes to traffic noise during daytime, to artificial light at night, or both. However, this is the first well-replicated study at habitat level and the first that also scored activity for full 24-h cycles. The latter revealed that an earlier singing start does not mean that urban birds sing more or less, or shorter or longer, during the dawn chorus, but that there is significantly less singing activity afterward during the rest of the day in cities compared to woodland. We currently have no insight into whether this can be related to any mechanistic or functional link between morning and afternoon activities, but this can be an interesting avenue for further study. The pattern

shifts also appear to be moderate and may just be a case of non-relevant plasticity, but evidence for or against positive or negative fitness consequences are largely lacking. Nevertheless, we have confirmed here that avian vocal activity shifts are a clear case of how anthropogenic effects on the natural environment influence fundamental aspects of daily life in the animal communities with which we share the urban habitat.

DATA AVAILABILITY STATEMENT

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation, to any qualified researcher.

ETHICS STATEMENT

Ethical review and approval was not required for this animal study in accordance with the local legislation and institutional requirements.

AUTHOR CONTRIBUTIONS

EB-C and HS designed the project as a part of EB-C's post-doctoral research stay at Leiden University. The fieldwork was

carried out by EB-C, ZD, and LV. ZD and LV conducted part of the data processing. CK helped EB-C with the rest of the data processing and data analysis. EB-C contributed to the writing of the manuscript together with HS. All authors contributed to the article and approved the submitted version.

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Conflict of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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