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Responses of leaf traits to low temperature in an evergreen oak at its upper limit

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Abstract

Low temperature is a major driver of the upper distributional limits of subtropical evergreen broadleaved forests in East Asia. The eco-physiology of evergreen broadleaved trees at the upper limits could respond to both lower winter temperature and lower averaged annual temperature that covary with elevation. To analyze these responses, we assessed the variations in leaf chemical traits of *Cyclobalanopsis gracilis* with seasonality and along elevation in the ecotone from subtropical to temperate climate, and analyzed the relationships between traits of mature leaves and temperature. The study showed that the mass-based nonstructural carbohydrate (NSC) content reached the highest level across elevations during winter; however, the winter NSC content did not differ between elevations. For mature leaves, leaf dry mass per area (LMA) tended to be higher approaching the upper limit. The leaf carbon to phosphorus ratio (C/P) showed an increasing trend with decreasing temperature, as did leaf carbon to nitrogen ratio (C/N) to some extent. The mass-based P content showed a decreasing trend approaching the upper limit, whereas area-based P content showed no significant variation. Our main results indicate that leaf NSC content is highest at all elevations in winter, and individuals at high elevations have high LMA and high nutrient use efficiency. The results suggest that for *C. gracilis*, an increasing leaf NSC results in a baseline protection to cope with cold in winter, which, at higher elevations is supplemented with increasing LMA and nutrient use efficiency to cope with associated low-temperature stress.

KEYWORDS

elevation, leaf mass per area, nonstructural carbohydrates, seasonality, stoichiometry

1 | INTRODUCTION

The leading edge of biogeographic distribution (i.e., upper and northern limit) of many forests are associated with low temperature. A species approaching its leading edge can respond to low temperature by morphological and physiological changes (Körner, 2012; Midolo, De Frenne, Hölzel, & Wellstein, 2019). In contrast to the well-studied temperate forests (Körner, 2003a; Mayor et al., 2017), the leading edges of subtropical forest are understudied. The subtropical monsoon climatic conditions of East Asia have given rise to evergreen broadleaved forests (EBLF) (Song, 1988). Although the distributional limits of EBLF are associated with low temperature (Da et al., 2009; Yim & Kira, 1975), the adaptive strategies employed by trees to cope with low temperature approaching the distributional limits are yet not fully understood. The plant leaf is an organ exposed to and sensitive to the environment and it exhibits morphological and stoichiometric plasticity in adaptation to abiotic stresses (Klich, 2000; Xu, Guo, Xu, Wei, & Wang, 2009; Zhang, Zhang, Slik, & Cao, 2012). Considering the leaf eco-physiology of evergreen broadleaved species could be influenced by the interactions between seasonal variations and elevational gradients (Rathore, Thakur, & Chawla, 2018), studying both seasonal and elevational gradients is necessary to understand plant adaptive strategies. Although some studies exist on elevational or seasonal effects on leaf traits of broadleaved evergreen species (Li, Zhang, Liu, Luukkanen, & Berninger, 2006; Palacio et al., 2018; Vitousek, Field, & Matson, 1990), the seasonal variations of leaf traits coupled with an elevational gradient are understudied (Rathore et al., 2018).

While winter of subtropical regions are milder compared with temperate regions, subtropical forests still need to cope with considerable seasonal changes in temperature, especially approaching their northern limit where the subtropical climate changes to a temperate climate. In winter, evergreen broadleaved trees increase the foliar concentration of nonstructural carbohydrate (NSC) (Körner, 2003b; Zhu, Cao, Wang, Xiao, & Li, 2012). The concentration of NSC is related to the maximum cold tolerance as it prevents intracellular freezing via hydrolysis to soluble sugar (Morin et al., 2007). However, enhancing cold tolerance solely via osmotic adjustment would not be sufficient to resist temperatures colder than a few degrees below zero, since most plants would freeze at a temperature of -1.8°C if under sole protection of osmotic adjustment (Körner, 2012). Trees at their upper distributional limits suffer from lower winter temperature and a longer duration of winter compared with those at low elevation. Therefore, the individuals at high elevation may employ other adaptive strategies to cope with the colder

temperature. Of these plant strategies to survive below the solute freezing point, extracellular ice formation is the most common (Körner, 2012). The rate of extracellular ice formation and thawing can be further reduced through an increase in leaf thickness (Ball et al., 2002; Niinemets, 2016). Thicker leaves can be achieved through an increase in the number of cell layers, an increase in the thickness of cell layers (Atkin, Botman, & Lambers, 1996; Körner, Neumayer, Menendez-Riedl, & Smeets-Scheel, 1989; Woodward, 1979), or via a thickening of the cell walls, a characteristic of leaves growing in cold climates (Kubacka-Zębalska & Kacperska, 1999; Stefanowska, Kuraś, Kubacka-Zebalska, & Kacperska, 1999). Any such changes would contribute to a greater leaf dry mass per area (LMA) (Mediavilla, Gallardo-López, González-Zurdo, & Escudero, 2012). LMA of new leaves of subtropical evergreen broadleaved trees are more stable in the second half than the first half of the year (Xue et al., 2012). Consequently, we hypothesize two important adaptive strategies to cope with winter low temperature for evergreen broadleaved trees. First, mass-based leaf NSC content of the subtropical evergreen broadleaved tree species would be higher toward winter across elevations, and accumulates more NSC in winter at their upper limits compared with low elevations. Second, the trees at the upper limits have higher LMA of mature leaves compared with low elevations.

The lower annual temperature and shorter growing season associated with higher elevation provide a more stressful environment, with which the leaves of evergreen broadleaf trees, and important processes like photosynthesis, need to cope. In addition to an increased LMA, higher foliar contents of nitrogen (N) and phosphorus (P) are generally regarded as adaptations to low temperature (Oleksyn, Modrzyński, Tjoelker, Reich, & Karolewski, 1998; Weih & Karlsson, 2001). However, recent meta-analyses showed that LMA increased with increasing elevation at the intraspecific level, mass-based leaf N and P content may not vary systematically with increasing elevation (Midolo et al., 2019; Read, Moorhead, Swenson, Bailey, & Sanders, 2014). Previous studies showed no significant differences in the area-based photosynthetic capacity along elevations for evergreen broadleaved tree species, while decreasing trends were observed with increasing elevation when considering photosynthesis on a mass basis (Chai et al., 2015; Cordell, Goldstein, Meinzer, & Handley, 1999). Since mass-based leaf N and P content shows stronger positive associations with photosynthesis capacity than consideration on area basis (Wright et al., 2004), we expected a decreasing trend in mass-based leaf N and P content in evergreen broadleaf foliage with increasing elevation, but no trend in area-based leaf N and P content.

Cyclobalanopsis gracilis (Fagaceae) is a dominant evergreen broadleaved canopy tree that reaches both the northern and upper distributional limits of EBLF in eastern China (Da et al., 2009; Fang, Wang, & Tang, 2011). Leaves of *C. gracilis* were analyzed for LMA, for chemical traits such as leaf N content, P content, carbon content (C) and their stoichiometric ratio (N/P, C/N and C/P), as well as NSC content. We investigated seasonal variations in leaf chemical traits along elevational gradients and the responses of mature leaf traits to climate initiated temperature gradients covarying with elevation to test the following three hypotheses: (a) The foliar NSC content in winter reaches the highest value across the seasons and is higher at the upper limits than at the lower elevations. (b) LMA is higher at high elevation compared with low elevation. (c) Mass-based N and P content decreases with increasing elevation while no trends are expected in area-based N and P content. We analyzed the three hypotheses to elucidate the responses of leaf traits to low temperature for *C. gracilis* at its upper limit.

2 | MATERIALS AND METHODS

2.1 | Study area and plant sampling

The current study was conducted in Tianma National Nature Reserve, located at the junction of Anhui, Henan and Hubei provinces (115°20′–115°50′E, 30°10′–31°20′N), China (Figure 1). The region is characterized by a subtropical moist monsoon climate, with mean annual temperature of 13.8°C. Extreme temperatures of 38.1 and

−23°C have been recorded in July and January, respectively. The mean annual precipitation is 1,489 mm, with most precipitation from May to September. This region is a transition area from EBLF to deciduous broadleaved forest (Song, Kohyama, & Da, 2014) and consists of a mixture of the two types of forests (Song & Da, 2016).

We selected one transect in each of the two mountain ranges, named Tiantangzhai (TTZ) and Mazongling (MZL), respectively. The two mountain ranges make up the core area of the nature reserve. From the low limit (~740 m) to the upper limit (~1,200 m) of *C. gracilis* along each transect, we set up sample plots at three elevations (low, medium and high) in areas where adult *C. gracilis* were dominant or at high density, and which were at least 125 m and at most 275 m apart by elevation (see Table 1 for details of elevation). The sample plot area ranged from 400 to 525 m². Along the two elevational transects, we measured environmental conditions and collected *C. gracilis* leaf material in each sample plot.

The air temperature of each sample plot was recorded using a HOBO Pro data logger (U23-001 Pro v2; Onset Computer Corporation, Bourne, MA) which was mounted about 1.5 m above ground on a selected adult *C. gracilis* to avoid direct sunlight all through the year. Temperature was logged every hour for 1 year (from 11/2016 to 10/2017). Data were summarized to calculate the mean and extreme monthly temperatures, warmth and coldness indices, and days of frost in the year. In August 2018, five soil samples (20 cm beneath ground) were taken with a small spade from randomly chosen spots in each plot after the litter layer being removed. The five samples per plot were combined and soil pH and nutrient

FIGURE 1 Location of study area and sample plots. (a) The location of two transects (Mazongling transect and Tiantangzhai transect) and (b and c) the sample plots along the Tiantangzhai transect and Mazongling transect, respectively [Color figure can be viewed at wileyonlinelibrary.com]

TABLE 1 Summary of climatic and soil environmental measurements (mean values) along Tiantangzhai and Mazongling transects

Transect Elevation level	Tiantangzhai transect			Mazongling transect		
	High	Medium	Low	High	Medium	Low
Altitude (m above sea level)	1,148	1,016	740	1,120	960	837
Tree sample size	5	5	5	5	5	5
Mean annual temperature (°C)	11.00	11.98	13.21	11.80	12.13	12.22
Coldest month mean temperature (°C)	1.33	2.37	3.42	1.70	2.14	2.32
Warmest month mean temperature (°C)	22.19	23.07	24.65	23.26	23.55	23.70
Warmth index (°C·month)	81.99	89.99	101.40	89.41	92.20	93.20
Coldness index (°C·month)	−9.99	−6.22	−2.87	−7.79	−6.66	−6.56
Days with frost per year	38	26	14	33	29	26
Soil pH	4.5	4.3	4.9	4.4	4.2	4.4
Soil total N concentration (g/kg)	4.56	5.56	2.96	5.78	4.86	7.27
Soil total P concentration (g/kg)	0.81	1.11	0.96	0.78	0.87	1.34
Soil total K concentration (g/kg)	14.2	13.2	12.7	13.3	12.4	13.1
Soil hydrolysable N concentration (mg/kg)	178	220	184	179	222	234
Soil available P concentration (mg/kg)	6.1	7.9	4.9	10.4	10.0	11.2
Soil available K concentration (mg/kg)	81.3	86.4	65.2	70.9	65.8	89.2

concentrations (total N, P, K, hydrolysable N, and available P and available K; see Table 1) were determined following the protocol of Chinese Forest Soil Test Standards (LY/T 1239-1999, LY/T 1228-2015, LY/T 1232-2015 and LY/T 1234-2015).

Along the two elevational transects, we sampled leaf material four times, according to the seasonal variation and phenological stage of *C. gracilis*: (a) October 2016 (the end of growing season); (b) February 2017 (during winter dormancy); (c) May 2017 (the early time of growing season); (d) August 2017 (the fast-growing stage). Preliminary observations on mature individuals of *C. gracilis* in summer showed that leaves on the leading twigs (i.e., shoot between the apex of branch and the first bud scale scar, considered current-year leaves) account for more than 75% of the leaves in crowns (Figure S1). Thus, except for spring collection at the high elevation in TTZ, five leading twigs with leaves were collected from each of five healthy undamaged adult trees at each elevation to avoid comparing biases due to mixed leaves cohorts. To reduce the confounding effect of sunlight on leaf traits, twigs were selected in peripheral parts of the crown. At the high elevation in TTZ (upper limit of *C. gracilis*) budburst was delayed in spring, so during collection most twigs were just at the start of budburst and the others were at the start of leaf-expansion with small and young current-year leaves. At this time of year, 1-year-old leaf cohorts therefore presumably provide a major contribution to net primary production in spring. At high

elevation in TTZ in spring we therefore collected both current-year and 1-year-old leaf cohorts and these were analyzed separately. Leaves were scanned and then killed in a microwave oven within 12 hr after sampling (Shi, Körner, & Hoch, 2010). Then, the samples were dried to constant mass at 65°C for leaf dry weight measurements.

2.2 | Measurements of leaf traits

Leaf trait measurements included one morphological trait (LMA) and several chemical composition traits (mass-based nitrogen, phosphorus, carbon and NSCs content). Leaf morphological traits were only measured for leaves collected in August, when leaves had fully expanded to a consistent leaf area (Nitta & Ohsawa, 1997). Leaf area was measured using “Image J” software (Schneider, Rasband, & Eliceiri, 2012) on scanned images. LMA was calculated as total dry mass divided by the total area of the leaf.

Dried leaves were crushed into a fine powder after being weighed and then processed for analysis of the total nitrogen and total carbon (mass-based) using an elemental analyzer (vario MICRO cube; Elementar, Hanau, Germany). Leaf phosphorous concentration (mass-based) was estimated colorimetrically using a discrete analyzer (SmartChem 200, Westco Scientific Instruments, Brookfield, CT).

NSC was estimated following an improved colorimetric method (Buysse & Merckx, 1993). The soluble sugars were extracted by weighing about 40 mg of leaf powder into a centrifuge tube and recording the weight, adding 10 ml of 80% ethanol into tubes and incubating the closed tubes in a water bath for 60 min at 80°C followed by centrifuging at 4000 rpm for 15 min. The supernatant was transferred to 100 ml volumetric flasks. Five milliliters of 80% ethanol was then added to the tubes. The processes of water bath, centrifuging and supernatant collection were then repeated. The total volume of the combined supernatant was adjusted to 100 ml for later measurement.

Starch remaining in the undissolved pellet after drying the residuals in the tubes were hydrolyzed in a boiling 3% HCl solution for 3 hr. And then after filtering the solution into a new batch of 100 ml volumetric flasks, the total volume of the solution was adjusted to 100 ml to be measured later.

In a glass tube, 1 ml of the extracting solution and 1 ml 28% phenol solution (84 g phenol adding 80% ethanol to 300 g) were added. Immediately afterwards, 5 ml concentrated sulfuric acid was added. The tube was shaken for 1 min and rested for at least 15 min before absorbance was measured at 490 nm (UV-9600). The standard solution was sucrose. The sum of soluble sugar and starch concentration was referred to as total NSCs.

The area basis of summer leaf chemical traits were calculated as mass basis of the traits multiplied by LMA.

2.3 | Data analysis

For each transect, two-way ANOVA was employed to assess the effects of seasonality and elevation, as well as their interaction, on leaf chemical traits. Elevational effects on leaf chemical traits within each season were tested by one-way ANOVA. A *t*-test was used to test for differences between the current-year leaves and 1-year-old leaves at high elevation in the TTZ transect in spring. Log transformation was applied to some of the data to comply to the normal distribution assumption. To avoid possible differences in leaf traits among the elevations due to the different development state of the leaves, only leaf traits measured in summer were used to further investigate the response of leaf traits to environments that covaried with elevations. Since only temperature-related variables showed significant correlations with the elevational gradient among the three types of environmental variables (i.e., air temperature-related, air humidity-related and soil nutrients-related variables) (Table S1), the dominant environmental factor along the elevational gradient in the study region was temperature. Because

the upper distributional limits of EBLF in East Asia corresponded to a mean temperature during the coldest month that were reported in many studies (Da et al., 2009; Ohsawa, 1990), the coldest month mean temperature (CMT) gradient was employed as the environmental gradient in this study. We use ordinary linear regression to assess the relationship between CMT and leaf traits. Because the lowest sites had much higher CMT than the other sites, which may result in a nonrobust regression, the effects of temperature gradient on leaf traits were also tested by one-way ANOVA. The differences between any two of temperature gradients were tested with HSD test because the variances among elevations were equal. All analyses were performed with R software (R version 3.6.0). Ordinary linear regression and *t*-test were performed with the *lm* and *t.test* functions, respectively, in the base package. One-way and two-way ANOVAs were performed using the *ANOVA* function in *car* package 3.0-3 (Fox & Weisberg, 2019) and HSD test was made using the *HSD.test* function in *agricolae* package 1.3-1 (Mendiburu, 2019).

3 | RESULTS

3.1 | Seasonal variations in leaf chemical traits

Seasonality had a significant effect on all leaf chemical traits in both transects. At the TTZ transect, there was a significant interaction effect of elevation and seasonality for four of the seven leaf chemical traits. For the TTZ transect, mass-based leaf N and P content reached the highest level in spring (May) (Figure 2a,c). Mass-based leaf C content reached the highest levels in summer (August) (Figure 2e). The stoichiometric nutrient ratios (N/P, C/N and C/P) generally reached minimum levels during spring (Figure 3a,c,e). The mass-based leaf NSC content increased from autumn to winter, and was at higher level during winter than over the growing season. The differences of mass-based leaf NSC content among elevations were only significant in spring for current-year leaves (Figure 2g). In spring, the differences in each leaf chemical trait between the current-year leaves and 1-year-old leaves were significant at the high elevation in TTZ transect. For MZL transect, the general trends of seasonal variation of leaf chemical traits were similar to those in TTZ transect (Figures 2 and 3, right panel). However, few leaf chemical traits showed significant differences along elevational gradient in the same season (Figures 2 and 3), and no significant interactions between elevation and seasonality were found (Table 2).

FIGURE 2 Seasonal variation of leaf C, N, P and NSC concentration (mass-based) in Tiantangzhai transect (left panel, i.e., a, c, e, g) and Mazongling transect (right panel, i.e., b, d, f, h). Points are means of five individuals ($\pm$ SD). The x axis shows the sampling month (October 2016 to August 2017). Stars indicate significant elevational effects on current-year leaves in the corresponding seasons. The differences in each chemical trait between current-year leaves and 1-year-old leaves are significant at the high elevation in TTZ transect in May. C, mass-based leaf carbon content; MZL, Mazongling transect; N, mass-based leaf nitrogen content; NSC, mass-based leaf nonstructural carbohydrate content; P, mass-based leaf phosphorous content; TTZ, Tiantangzhai transect

3.2 | Variations in mature leaf traits along temperature that covaried with elevations

Neither mass-based nor area-based leaf N content had linear associations with temperature. While mass-based leaf N content was the highest at the plot with highest CMT (Figure 4a), the area-based leaf N content showed the opposite with the highest value was the plot with lowest CMT (Figure 5a). There was a positive linear relationship between mass-based leaf P content and CMT, and the mass-based leaf P content of the plot with the highest CMT of 3.4°C was significantly higher than the plots with lower CMT of 2.3 and 1.7°C (Figure 4b), while

the area-based leaf P content showed no variations along the temperature gradient (Figure 5b). The mass-based leaf C content showed no variations along the temperature gradient (Figure 4c), while the area-based leaf C content was negatively related with temperature and the area-based leaf C content of the plot with the lowest CMT of 1.3°C was higher than the plots with CMT more than 2.3°C (Figure 5c). No significantly linear relationships were found for leaf NSC content expressed on a mass basis or area basis. No differences of mass-based leaf NSC content were found between any two plots (Figure 4d), while area-based leaf NSC content of the plot with lowest CMT was higher than the plot with highest CMT (Figure 5d). LMA showed a significantly negative

FIGURE 3 Seasonal variation of leaf C, N, P stoichiometric characteristics in Tiantangzhai transect (left panel, i.e., a, c, e) and Mazongling transect (right panel, i.e., b, d, f). Points are means of five individuals ($\pm$ SD). The x axis shows the sampling month (October 2016 to August 2017). Stars indicate significant elevational effects on current-year leaves in the corresponding seasons. The differences in each chemical trait between current-year leaves and 1-year-old leaves are significant at the high elevation in TTZ transect in May. C/N, leaf carbon to nitrogen ratio; C/P, leaf carbon to phosphorus ratio; MZL, Mazongling transect; N/P, leaf nitrogen to phosphorus ratio; TTZ, Tiantangzhai transect

linearity with CMT and LMA of the plot with lowest CMT was significantly higher than the plots with two highest CMT (Figure 4h).

Although N/P showed an increasing trend with decreasing temperature, there were no significant differences observed among plots (Figure 4g). C/P also showed a similar linear trend and C/P of the plot with lower CMT of 1.7°C was significantly higher than the plot with CMT of 3.4°C (Figure 4f). C/N showed no clearly linear trend with temperature, whereas C/N of the plot with highest CMT of 3.4°C was lower than the plots with CMT of 1.7–2.3°C (Figure 4e).

4 | DISCUSSION

This study showed mass-based leaf NSC content of *C. gracilis* varied with seasonality and generally reached the highest levels in the coldest period (winter) in subtropical EBLF. The seasonal variations of NSC in leaves could be partly attributed to leaf ontogeny, that is, older leaves having high NSC (Figure 2). However, a study in the Tibetan Plateau Climate Zone recorded that NSC content

of both current-year leaves and previous year leaves showed significant seasonal variations and an increasing trend toward winter in another evergreen oak (*Quercus aquifolioides*) (Zhu et al., 2012), suggesting increasing leaf NSC toward winter could also relate with seasonal winter climate. In contrast, in tropical climate zones, with high temperatures year-round, the NSC content of evergreen broadleaved trees were mainly driven by the seasonality of precipitation (Würth, Peláez-Riedl, Wright, & Körner, 2005). Some mediterranean sclerophyllous EBLF species (*Pistacia lentiscus*, *Olea europaea*, *Arbutus andrachne* and *Quercus coccifera*) showed similar seasonal trends, with a seasonal maximum mass-based NSC in leaves and branches at the end of winter, which was still in the cold period (Körner, 2003b), even though they undergo one more adverse period for growth (drought) than subtropical EBLF. Therefore, leaf NSC content of EBLF trees in the regions where there were considerable seasonal changes in temperature, reached the highest levels during winter in general. In other words, the seasonal variations in leaf NSC content were linked to seasonal variations in climate.

Leaf traits	Factors	df	Tiantangzhai transect		Mazongling transect	
			F	p	F	p
N	Elevations(E)	2	0.8	.435	2.8	.072
	Seasons(S)	3	40.1	<.001	10.8	<.001
	E × S	6	1.5	.202	1.3	.277
P	Elevations(E)	2	0.7	.494	0.1	.900
	Seasons(S)	3	155.6	<.001	16.8	<.001
	E × S	6	6.2	<.001	0.3	.954
C	Elevations(E)	2	4.1	.022	5.2	.009
	Seasons(S)	3	22.5	<.001	8.7	<.001
	E × S	6	2.5	.035	1.5	.189
NSC	Elevations(E)	2	1.7	.185	0.0	.961
	Seasons(S)	3	83.5	<.001	33.3	<.001
	E × S	6	1.7	.137	1.4	.222
N/P	Elevations(E)	2	0.1	.938	1.0	.388
	Seasons(S)	3	43.6	<.001	10.7	<.001
	E × S	6	2.5	.038	0.6	.758
C/N	Elevations(E)	2	3.5	.039	1.4	.246
	Seasons(S)	3	43.4	<.001	13.2	<.001
	E × S	6	2.2	.057	0.6	.736
C/P	Elevations(E)	2	2.5	.097	0.0	.992
	Seasons(S)	3	89.0	<.001	10.9	<.001
	E × S	6	5.7	<.001	0.3	.923

Note: Significant results ($p < .05$) are in bold. N, mass-based leaf nitrogen content; P, mass-based leaf phosphorous content; C, mass-based leaf carbon content; NSC, mass-based leaf non-structural carbohydrate content; N/P, leaf nitrogen to phosphorus ratio; C/N, leaf carbon to nitrogen ratio; C/P, leaf carbon to phosphorus ratio.

TABLE 2 Summary of two-way ANOVA show the effects of season, elevation and their interaction on current-year leaf chemical traits along the Tiantangzhai and Mazongling transects

Previous studies have emphasized the important role of NSC in cold tolerance mechanisms (Dietze et al., 2014). However, achieving cold tolerance by accumulating solutes is not effective if substantial frosts occur. Although NSC concentrations show a characteristic seasonal variation associated with seasonal changes in temperature, due to the limit of normal osmotic potential most plants would freeze at a temperature of -1.8°C if they were under the sole protection of osmotic adjustment (Körner, 2012). Compared with trees at low elevation in this study, the trees at high elevation did not show higher concentrations of NSC and greater increases in NSC in winter, suggesting that the freezing point depression for *C. gracilis* by accumulating sugars is not a main way of achieving low temperature resistance and the individuals at upper limit must employ other strategies to adapt to colder winter temperature and longer duration of winter (Körner, 2012). Elsewhere, leaves of species at higher elevation tend to have higher LMA to enhance the adaptability with low temperature (Ball

et al., 2002; Wang et al., 2017). Indeed, LMA of *C. gracilis* also significantly increased with decreasing temperature in the current study—as has been found in previous studies at intraspecific scales (González-Zurdo, Escudero, Babiano, García-Ciudad, & Mediavilla, 2016; Read et al., 2014; Vitousek et al., 1990).

There was a strong input of nitrogen and phosphorus in the emerging leaves in spring and a decreasing trend toward summer, which is consistent with other previously studied evergreen species, that is, *Arbutus unedo*, *O. europaea*, *P. lentiscus*, *Q. coccifera* (Meletiou-Christou, Rhizopoulou, & Diamantoglou, 1994), *Quercus suber* (Oliveira, Martins-Loução, Correia, & Catarino, 1996; Passarinho, Lamosa, Baeta, Santos, & Ricardo, 2006) and *Quercus ilex* (Palacio et al., 2018). This pattern would be mainly conditioned by the ontogeny of the leaves, due to the effect of the dilution caused by the inversion of C in the current year's leaves as their development progresses (Escudero, Del Arco, & Garrido, 1992). Although the generally seasonal dynamics of leaf chemical traits were

FIGURE 4 Variations of leaf traits (mass-based) of mature leaves along the coldest month mean temperature (CMT) gradient (mean $\pm$ SD). The data are pooled from Tiantangzhai and Mazongling transects. Dotted line indicates a significant linear relationship. Significant differences are denoted with different lowercase letters. Hollow circles represent the plots in MZL transect, while filled circles represent the plots in TTZ transect. C, mass-based leaf carbon content; LMA, leaf dry mass per area; MZL, Mazongling transect; N, mass-based leaf nitrogen content; NSC, mass-based leaf nonstructural carbohydrate content; P, mass-based leaf phosphorous content; TTZ, Tiantangzhai transect

similar among elevations, there were still obvious differences between the upper limits (high elevations) and lower elevations on the TTZ transect (Figures 2 and 3). This was in line with the more pronounced interaction effects on the TTZ transect and coincided with strong climate gradients along the TTZ transect, that is, lapse rate of 0.54°C per 100 m and 24 more frost days at high than low elevation (Table 1). In contrary, climate gradients were weak on the MZL transect, that is, lapse rate of 0.15°C per 100 m and only six more frost days at high than low elevation. The phenology was more synchronized among elevations in the MZL transect, presumably because of smaller temperature differences, leading to negligible differences in leaf traits among elevations. Therefore, to minimize the effects of phenology in our study, only traits data collected in summer, when leaves were fully expanded and tree growth rate was fastest,

were used to analyze the responses of leaf traits to temperature (which covaried with elevation) for the two transects.

In the current study, N content per area was the highest at the upper limit (Figure 5). The increase in leaf N content can generally be considered as an adaptation to enhance metabolic activities and growth rates under low temperature (Oleksyn et al., 1998; Weih & Karlsson, 2001). For instance, leaf N content can increase photosynthetic capacity (Wright et al., 2004). While mass-based leaf N and P showed contrasting trends along temperature gradients compared with the traits expressed on an area basis. This coincided with the increases in leaf C content per area and LMA with decreasing temperature, indicating that dilution of dry mass allocation in leaves contributed much to decrease in mass-based N and P content at higher elevations.

FIGURE 5 Variations of leaf chemical traits (area-based) of mature leaves along the coldest month mean temperature (CMT) gradient (mean $\pm$ SD). The data are pooled from Tiantangzhai and Mazongling transects. Dotted line indicates a significant linear relationship. Significant differences are denoted with different lowercase letters. Hollow circles represent the plots in MZL transect, while filled circles represent the plots in TTZ transect. C, area-based leaf carbon content; MZL, Mazongling transect; N, area-based leaf nitrogen content; NSC, area-based leaf nonstructural carbohydrate content; P, area-based leaf phosphorous content; TTZ, Tiantangzhai transect

Although the correlations showed that there was a significantly negative correlation between soil available P concentration and leaf N concentration, and a positive correlation between soil available P concentration and leaf C/N in the present study (Table S2), the soil nutritional conditions played an unimportant role in elevational variations of leaf chemical traits, since soil nutrient contents did not significantly covary with elevation (Table S1).

Although leaf N/P ratio at the plots with the two lowest CMT exceeded 16 (where N/P ratio >16 and <14 indicates a P and N limitation, respectively, Koerselman & Meuleman, 1996), the differences were not significant among the plots. These results suggested that the growth and development of *C. gracilis* at its upper limits was not severely affected by P limitation compared with trees at lower elevations.

Leaf C/P ratio showed increasing trend approaching the upper limit, as did leaf C/N to some extent. Leaf C/N and C/P represent the amount of carbon assimilated per unit N and P, indicating N and P use efficiency of plants (Chapin, 1980; Li et al., 2017). Hence, *C. gracilis* enhanced the N and P use efficiency at high elevation. These strategies may be associated with longer leaf longevity for evergreen leaves at colder sites (Wright et al., 2005). Leaf longevity was outside the scope of the current study, but also positively correlates with LMA (Wright et al., 2004) and enhanced nutrients use efficiency (Small, 1972). These relationships between traits and strategies for evergreen trees in (sub)tropical regions warrant further investigation.

5 | CONCLUSIONS

Overall, our study indicated that the individuals of *C. gracilis* at the upper limits possessed greater LMA and higher nutrient use efficiency. Although the foliar NSC contents across elevations showed no significant differences in winter, the NSC content reached the highest value in winter across the seasons. Together these responses could help *C. gracilis* to cope with low-temperature stresses at its upper distributional limits. For unifying theories on the strategies of trees to deal with such stresses, and how they may be affected by global climatic changes, more similar data on broadleaved evergreen species in tropical and subtropical areas is required.

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SUPPORTING INFORMATION

Additional supporting information may be found online in the Supporting Information section at the end of this article.

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