

## **Exacerbations in adults with asthma: A systematic review and external validation of prediction models**

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## **ABSTRACT**

**Background:** Several prediction models assessing future risk of exacerbations in adult patients with asthma have been published. Applicability of these models is uncertain because their predictive performance has often not been assessed beyond the population in which the ones they were derived.

**Objective:** This study aimed to identify and critically appraise prediction models for asthma exacerbations and validate them in two clinically distinct populations.

**Methods:** PubMed and EMBASE were searched to April 2017 for reports describing adult asthma populations in which multivariable models were constructed to predict exacerbations during any time frame. After critical appraisal, the models' predictive performances were assessed in a primary and a secondary care population for: author-defined exacerbations and for ATS/ERS-defined severe exacerbations.

**Results:** We found 12 reports from which 24 prediction models were evaluated. Three predictors (previous healthcare-utilisation, symptoms, and spirometry values) were retained in most models. Assessment was hampered by sub-optimal methodology and reporting, and by differences in exacerbation outcomes. Discrimination (AUROC) of models for author-defined exacerbations was better in the primary care population (mean 0.71) than in the secondary care population (mean 0.60); and similar (0.65 and 0.62 respectively) for ATS/ERS defined severe exacerbations. Model calibration was generally poor, but consistent between the two populations.

**Conclusion:** The preservation of three predictors in models derived from variable populations and the fairly consistent predictive properties of most models in two distinct validation populations suggest the feasibility of a generalizable model predicting severe exacerbations. Nevertheless, improvement of the models is warranted as predictive performances are below the desired level.

## Key words

adults, asthma, exacerbation, prediction model, primary care, secondary care, risk, validation

## Abbreviations

ACCURATE	Asthma Control Cost-Utility RAndomized Trial Evaluation
ACQ	asthma control questionnaire
ACT	asthma control test
ATS/ERS	American Thoracic Society/European Respiratory Society
AUROC	area under the Receiver Operating Characteristic Curve (c-statistic)
CHARMS	CHecklist for critical Appraisal and data extraction for systematic Reviews of prediction Modelling Studies
COPD	chronic obstructive pulmonary disease
FeNO	fractional exhaled nitric oxide
FEV1	forced expiratory volume in one second
TENOR	The Epidemiology and Natural History of Asthma: Outcomes and Treatment Regimens
U-BIOPRED	Unbiased BIOMarkers in PREdiction of respiratory disease outcomes

## Highlight Box

*What is already known about this topic?*

At least a dozen prediction models assessing future risk of exacerbations in adult patients with asthma have been reported. External validation of these models is scarce; added value for clinical practice therefore remains unclear.

*What does this article add to our knowledge?*

Identified prediction models, derived from diverse populations, demonstrated limited predictive capacities in two clinically distinct populations. Previous healthcare-utilisation, symptoms, and spirometry values proved strongly preserved predictors. Additional (bio)markers are needed to improve predictive capacities.

*How does this study impact current management guidelines?*

Performance of current prediction models for exacerbations asthma is not sufficient enough to assist practitioners in clinical practice in assessing future risk for exacerbations.

## **Introduction**

The starting point for treating patients with asthma is establishing their level of asthma control,<sup>1</sup> which is defined by "the extent to which the manifestations of asthma have been reduced or removed by treatment".<sup>2</sup> The concept of asthma control consists of two components. The first component is current control of symptoms, which can be established by several widely used and validated symptom scores, for example the Asthma Control Questionnaire (ACQ),<sup>3</sup> or the Asthma Control Test (ACT).<sup>4</sup> The second component is future risk of adverse outcomes such as exacerbations, fixed airflow limitation and medication side effects, of which exacerbations are the most important.

Generally accepted clinical instruments to assess exacerbation risk are lacking. Low lung function is commonly associated with greater risk of exacerbations<sup>5,6</sup> although there are no standardised ways to convert actual lung function values into estimated risks. Besides poor lung function, several other risk factors for exacerbations have been identified, such as a history of one or more exacerbations in the previous year, poor medication adherence, incorrect inhaler technique, smoking, and blood eosinophilia.<sup>1</sup> Assessing separate risk factors, however, does not provide a risk estimate of future adverse events for individual patients.

Prediction models that statistically integrate several risk factors enable practitioners to estimate risks for future outcomes, such as exacerbations. Previously published models predicting exacerbations of asthma include the Profile of Asthma Risk,<sup>6</sup> the Risk Score for Exacerbations,<sup>7</sup> and the TENOR Risk Score.<sup>8</sup> These models are generally easy to apply, and allow estimation of exacerbation risk at the level of the individual patient. Unfortunately, the applicability of the above-mentioned models remains preliminary: the validity of most models has only been assessed using data from the original development population.

Moreover, some models have been derived in populations with specific entry criteria, for example by high asthma severity,<sup>8</sup> or a mandatory history of a recent exacerbation.<sup>7</sup> Consequently, at present, it remains unclear whether previously developed prediction models are able to accurately assess future risk of exacerbations for individuals in populations other than the one from which the model was derived. Therefore, we aimed to systematically identify all relevant prognostic prediction models for asthma exacerbations in adults, to critically appraise their quality, and to compare their predictive properties using data from two independent patient populations.

## **Material and methods**

### **Search strategy and selection criteria**

For this systematic review and external validation study, we included studies reported on (1) an adult (mean age greater than 18 years and no patients under 12) asthma population, describing the (2) development of prognostic multivariable (i.e. combining at least two factors) models,<sup>9</sup> estimating individual probabilities for (3) asthma exacerbations by any definition during (4) any time frame aimed to (5) identify patients at increased risk for future adverse asthma outcomes in a clinical setting.

Predictor-*finding* studies that adjusted for covariates, and studies merely reporting on relative measures (odds ratios) rather than absolute risks were not included because they did not allow estimation of individual patient risk. Studies reporting on single predictors were also excluded, except when these single predictors consisted of a composite score, as these may have better predictive capacities than single predictors.<sup>10</sup> Finally, cross-sectional studies were excluded, as well as other non-longitudinal studies (e.g. predicting admission to

hospital after emergency department visit) as this review aimed to identify models that predict future exacerbations.

EMBASE and PubMed databases were searched from their inception to April 1 2017, using a search strategy for prediction models from Ingui,<sup>11,12</sup> modified to identify asthma exacerbations (appendix I). Reference lists of included studies and two review articles<sup>10,13</sup> were also screened. Two researchers (RL and MT) independently screened titles and then abstracts; all articles selected by at least one of the researchers were assessed in full text against the selection criteria. Relevant data were extracted by RL and checked by MT. Risk of bias assessment was performed according to the CHECKlist for critical Appraisal and data extraction for systematic Reviews of prediction Modelling Studies (CHARMS) recommendations<sup>14</sup> by RL and checked by MT; inconsistencies were resolved by discussion.

### **Data analysis**

Validation was performed for exacerbations as defined by the original authors of the model, as well as for severe exacerbations defined according to the American Thoracic Society/European Respiratory Society (ATS/ERS) task force (the use of systemic corticosteroids or an increase from a stable maintenance dose, for at least 3 days and/or a hospitalization or ER visit because of asthma, requiring systemic corticosteroids)<sup>15</sup> in two separate validation populations.

### *Validation cohorts*

Primary care cohort. The ACCURATE (Asthma Control Cost-Utility RAndomized Trial Evaluation) cohort consisted of 611 participants from a one-year pragmatic trial conducted in 131 general practices in the Netherlands between September 2009 and January 2012. This trial compared three treatment strategies targeted at achieving different levels of asthma control in patients with a physician's diagnosis of asthma, with at least one prescription of

inhaled corticosteroids (ICS) in the previous year.<sup>16</sup> During 1-year follow-up, 13% experienced at least one severe exacerbation.

Secondary care cohort. The U-BIOPRED (Unbiased BIOmarkers in PREDiction of respiratory disease outcomes) cohort comprised 317 adult asthma patients recruited from 16 clinical centres in 11 European countries. Participants were followed for an average of one year between 2010 and 2014.<sup>17</sup> This cohort consisted of (A) non-smoking and (B) smoking or ex-smoking ( $\geq 5$  pack years) patients with severe (uncontrolled symptoms despite high ICS doses) asthma. About 55% of this cohort experienced one or more exacerbations during 12-month follow-up. In accordance with the real life situation, both cohorts contained smokers. More details are given in a previous report<sup>18</sup> and Table E1.

#### *Statistical analysis*

Missing values in both validation sets were imputed using multiple imputation by chained equations, generating 10 datasets for each population. The amount of missing data was low in both validation cohorts: 2.3% in the ACCURATE population and 4.1% in the U-BIOPRED population. To evaluate the predictive performance of the retrieved prediction models, predictors were matched with corresponding variables in the validation datasets. Variables included in a model but missing from the validation datasets were replaced by a comparable proxy variable where available. When data for more than one predictor or a proxy were not available in both of the validation cohorts, that prediction model was excluded from further evaluation.<sup>19</sup>

For each model, the predicted risk of experiencing one or more asthma exacerbations (as defined by the model authors and as ATS/ERS-defined severe exacerbations) was calculated for each individual in the two validation datasets (table 1), using the published regression coefficients and intercept, or the risk scoring system published with the model. For

validation of each model, a prediction horizon of 6 or 12 months was used, based on whichever of these was closer to the prediction horizon used in the development of that model.

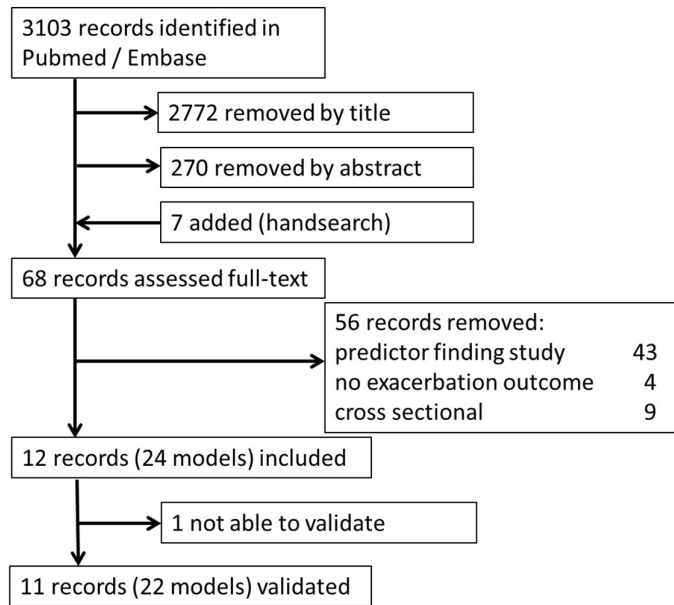
Model performance assessment was conducted by calculating the area under the ROC curve (discrimination), the calibration slope, and the 'calibration-in-the-large'.<sup>20,21</sup> The calibration slope indicates whether model predictions are too extreme (slope<1) or do not vary sufficiently across individuals (slope>1). The 'calibration-in-the-large' (citi) indicates whether, on average, the model over-predicts (citi<0) or under-predicts (citi>0) the outcome of interest. We also generated calibration plots to visually assess the extent to which predicted risks were in agreement with observed outcomes across different ranges of predicted risk. All statistical analyses were conducted using STATA version 13.1 and R version 3.3.1. This study was registered in the PROSPERO database as CRD42016032689 ([www.crd.york.ac.uk/Prospero/](http://www.crd.york.ac.uk/Prospero/)).

## **RESULTS**

The literature search yielded 3,103 records of which 68 reports were assessed in full text (figure 1). The agreement between the two reviewers was 93.9%; Cohen's kappa was moderate (0.58). The most common reason for exclusion was that the models were corrected for one or more covariates (assessing causality rather than prediction), and/or did not allow estimation of individual risk (n=43). The Severity of Asthma score was not developed as a prediction model,<sup>22</sup> however, an external validation study of the score generating five prediction models for different outcomes was included.<sup>23</sup> Ultimately, 12 reports<sup>6-8,18,23-30</sup> describing a total of 24 prediction models fulfilled the inclusion criteria (table 1; detailed summary of included models in Table E2). For external validation, one



model was excluded as it contained multiple (>10) variables that were absent in both validation sets;<sup>29</sup> in another model, exacerbations were defined as unspecified serious adverse events,<sup>23</sup> also hampering external validation. Hence, 22 models from 11 reports<sup>6-8,18,23-28,30</sup> were validated in the external datasets.



**Figure 1:** overview of systematic literature search

**Table 1:** overview of identified prediction reports (n=12) and models (n=24)\*

1 <sup>st</sup> author / year [reference]	Number of models reported	Population	Events / population size (%)	Author defined outcome	Prediction horizon (months)	Modelling technique	Number of predictors for each reported model
Loymans et al 2016 [18]	3	Primary care RCT	80/611 (13)	ATS/ERS	12	Logistic	5/6/7
Bateman et al 2014 [7]	1	3 secondary care RCTs	1197/7446 (16.1)	ATS/ERS	6	Cox	5
Eisner et al 2012 [23]	5	Mixed care cohort	N.R./2878	OCS, ED, SAE, HOS, UV	12	Logistic + CART	2/3/2/1/2
Sato et al 2009 [24]	1	Secondary care cohort	16/78 (21.3)	PEF decline/ OCS/ED/HOS	12	CART	3
Osborne et al 2007 [6]	3	Mixed care administrative database	173/554 (31.2)	ED/UV/HOS	30	Poisson	12/11/10
Miller et al 2006 [8]	3	Secondary care cohort study	239/2821 (8.5)	ED/HOS	6	Logistic	12/14/16
Peters et al 2006 [25]	2	Mixed care administrative database	480/4788 (10.0)	ED/UV/HOS	12	CART	2/4
Yurk et al 2004 [30]	1	Mixed care administrative database	NR/4888	ED/HOS/lost activity days	12	Logistic	14
Schatz et al 2003 [26]	1	Mixed care administrative database	83/6904 (1.2)	HOS	12	Logistic	3
Lieu et al 1999 [27]	2	Mixed care administrative database	493/7141 (6.9)	ED/HOS	12	CART	3/4
Ellman et al 1997 [28]	1	Mixed care RCT	38/70 (54.3)	FEV1 decline/ SCS	4.6	Repeated cross stratifications + Logistic	3
Grana et al 1997 [29]	1	Mixed care administrative database	1000/54573 (1.8)	HOS	12	Logistic	34

ATS/ERS severe exacerbations defined according to American Thoracic Society/European Respiratory Society criteria:<sup>15</sup> systemic corticosteroids for at least three days, or an emergency department visit and /or hospitalisation due to asthma requiring systemic corticosteroids; CART classification and regression tree; ED Emergency department visit; FEV1 Forced Expiratory Volume in 1 second; HOS hospitalisation; N.R. not reported; OCS oral corticosteroids; PEF peak expiratory flow; RCT: randomised controlled trial; SAE serious adverse event (this model was not validated, as exacerbations were not otherwise defined in the relevant report); SCS systemic corticosteroids (including OCS); UV, unplanned visit

\*This table shows summary details for 24 prediction models from the 12 reports identified in the systematic review. More details about the models are available in Table E2.

Large variation was observed in the derivation populations in terms of sample size (varying from 70 to >50,000 patients) and eligibility criteria for study participants. Furthermore, we found considerable differences in the definition of predicted outcomes (exacerbations), mostly consisting of one or more of the following: courses of systemic corticosteroids, emergency department (ED) visits and/or hospitalisations for asthma symptoms. The prediction time horizon varied from 4.6 to 30 months, although most reports (n=7) used 12 months. Identified models included 3 to 34 predictors. Previous healthcare utilisation was the dominant category of predictors, with a course of systemic corticosteroids (n=5), ED visits (n=6) and previous hospitalisation (n=6) the most frequently included (table 2); only

two/12 reports described models not containing any measure of healthcare utilisation. Symptoms, whether or not applied as a symptom score were the second most commonly retained category of predictor, with only three reports (derived from administrative databases) lacking symptoms in their models. Finally, spirometry values were included in more than half (n=6) of the reports. Most other identified predictors were used in a model only once or twice across the 12 reports.

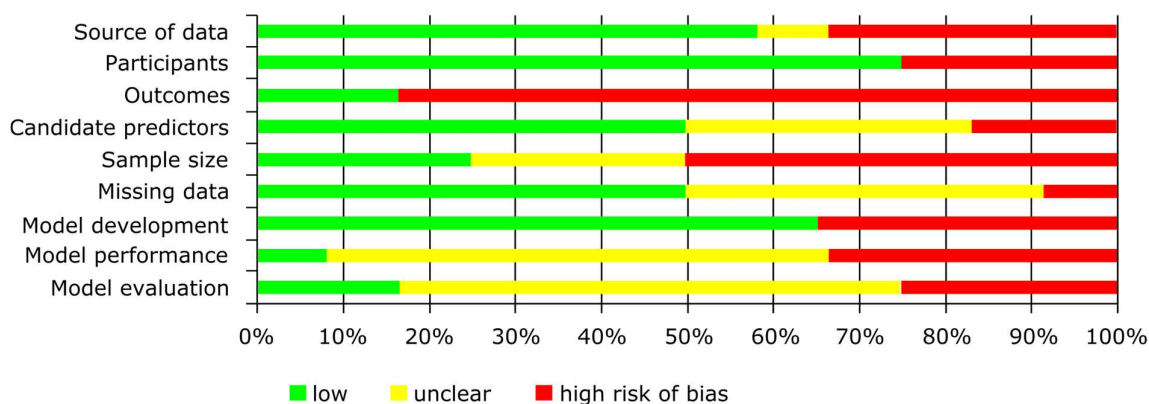
**Table 2:** overview of predictors in identified reports (n=12)\*

Predictor	Reference												Total
	Loyman set al 2016 [18]	Bateman et al 2014 [7]	Eisner et al 2012 [23]	Sato et al 2009 [24]	Osborne et al 2007 [6]	Miller et al 2006 [8]	Peters et al 2006 [25]	Yurk et al 2004 [30]	Schatz et al 2003 [26]	Lieu et al 1999 [27]	Elman et al 1997 [28]	Grana et al 1997 [29]	
<b>Demographics</b>													
age						√	√	√			√	√	5
sex						√		√				√	3
income									√				1
race						√		√					2
education					√			√					2
<b>Clinical</b>													
body mass index		√				√							2
duration of asthma												√	1
treatment step		√										√	2
reliever use		√											1
<b>Symptoms</b>													
day time			√					√					2
night time			√		√	√							3
on waking										√			1
limitation in activities					√			√					2
seasonal					√								1
<b>Symptom scores</b>													
ACQ	√	√											2
ACT			√	√									2
ATAQ							√						1
<b>Comorbidity</b>													
allergies					√								1
previous pneumonia						√							1
diabetes						√							1
cataract						√							1
sinusitis	√												1
COPD								√				√	2
coronary disease								√				√	2
Gastrointestinal bleeding								√					1
<b>Exposures</b>													
owns cat/dog					√								1
smoking	√												1
<b>Previous utilisation</b>													
SCS	√		√			√			√	√			5
ED-visits					√	√	√	√		√		√	6
hospitalisation	√		√		√				√		√	√	6
scheduled visits						√		√					2
unplanned care					√		√					√	3
ICU/intubation			√			√							2
<b>Medication</b>													
>5 asthma medications								√		√			1
ICS/LABA ratio								√		√			1
nebuliser			√			√							2
Methyl xanthine use								√					1
<b>Additional tests</b>													
skin prick test					√								1
spirometry	√	√	√	√	√	√							6
FeNO	√			√									2
<b>Other</b>													
perceived health						√		√					2
insurance status												√	1

ACQ, asthma control questionnaire; ACT, asthma control test; ATAQ, asthma therapy assessment questionnaire; ED, emergency department visit; FeNO fraction of exhaled nitric oxide; ICS, inhaled corticosteroids; ICU, intensive care unit admission; LABA, long-acting beta agonists; SCS, systemic corticosteroids (including oral corticosteroids)

\*When more than one model was reported, the one containing the most predictors is summarised in this table.

The quality of reporting was generally limited, hampering a proper assessment of risk of bias (figure 2). A large proportion of the reports lacked essential information: the majority did not describe missing values and handling thereof. Also, variable selection procedures and the number of events per variable,<sup>9</sup> were poorly described. Documentation on measures of predictive performance was scarce: six/12 of the reports assessed discrimination, and three<sup>7,18,29</sup> assessed measures of calibration. The observed inconsistency in defining exacerbations was deemed at high risk of bias, as were some assumptions of model development: three/12 studies were based on ten or more exacerbations per variable used as a candidate variable for the final model.<sup>9</sup>



**Figure 2:** summarised risk of bias in identified reports based on CHecklist for critical Appraisal and data extraction for systematic Reviews of prediction Modelling Studies (CHARMS) criteria [13]

Overall, discriminative performance as expressed by the AUROC of the models for the author-defined outcomes was better in the ACCURATE population (mean 0.71; range 0.46-0.88) than in the U-BIOPRED population (mean 0.60; range 0.50-0.69; table 3). When assessing ATS/ERS-defined severe exacerbations, the mean AUROC in the ACCURATE population decreased to 0.65, whereas it remained similar (mean 0.62) in the U-BIOPRED

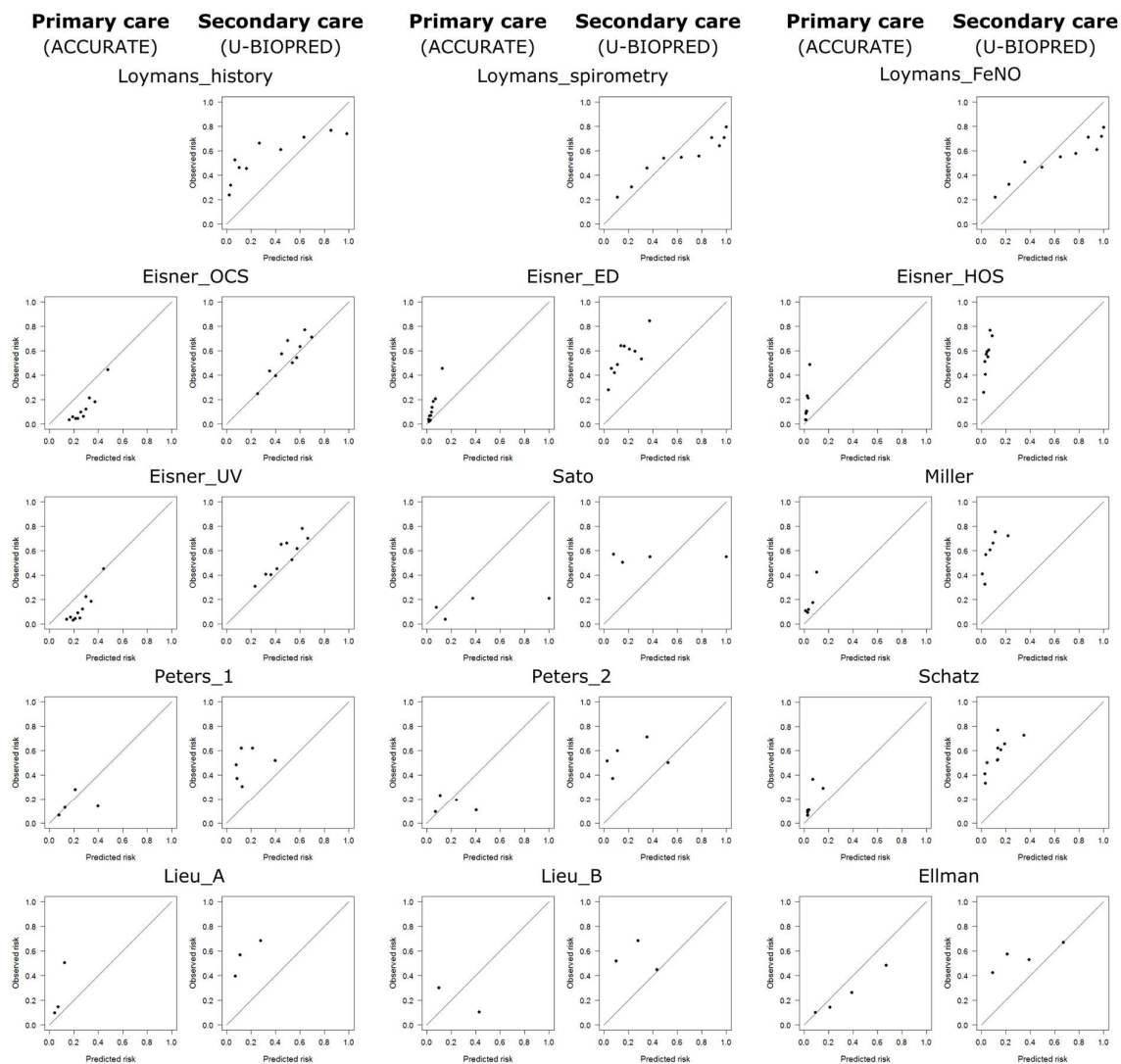
population. In the ACCURATE population however, some models had a better AUROC than documented in the original report (table 3).<sup>8,23,26</sup> In particular, models using Classification And Regression Tree (CART) methods discriminated poorly (AUROC < 0.60) in both populations. The agreement between observed and predicted risks of exacerbation (calibration) was generally very limited, with exception of Eisner oral corticosteroids & unplanned visit models,<sup>23</sup> Loymans spirometry & FeNO models<sup>18</sup> in U-BIOPRED, and Ellman model<sup>28</sup> in ACCURATE (figure 3, Table E3, Figure E1). Calibration was similar across both ACCURATE and U-BIOPRED populations for most (14/23) comparisons (Figure E2); in three comparisons calibration was clearly different.

To get a sense of how well the given predictors in the published models might perform ideally, we derived new intercepts and slopes by simply fitting new models on ACCURATE and U-BIOPRED patients using the given predictors. To reduce complexity, we used the ATS/ERS definitions only. On average, AUROCs hardly improved as compared to the external validation in which one applies published predictors with intercept and slopes copied from their respective derivation cohort (median improvement of AUROC 0.02 and 0.01 in ACCURATE and U-BIOPRED, respectively; ranges: 0.01-0.06 and 0.00-0.10), suggesting that model recalibration would seldom yield much better predictive performance.

**Table 3:** results of external validation in two clinically distinct populations: AUROC (discrimination)

1 <sup>st</sup> author / year [reference]	Model	Author defined outcome*	Original AUROC	Primary care validation population (ACCURATE)		Secondary care validation population (U-BIOPRED)	
				Author defined outcome	ATS/ERS severe exacerbations	Author defined outcome	ATS/ERS severe exacerbations
Loymans et al 2016 [18]	History	ATS/ERS severe exacerbation	0.77		†		0.69 (0.63-0.75)
	History + spirometry	ATS/ERS severe exacerbation	0.79		†		0.69 (0.63-0.75)
	History + spirometry + FeNO	ATS/ERS severe exacerbation	0.80		†		0.69 (0.63-0.75)
Bateman et al 2015 [7]	RSE	ATS/ERS severe exacerbation	n.r.		0.72 (0.65-0.78)		0.64 (0.58-0.70)
Eisner et al 2012 [23]	OCS	OCS	0.69	0.72 (0.66-0.79)	0.75 (0.69-0.81)	0.59 (0.52-0.66)	0.66 (0.60-0.72)
	ED	ED	0.75	0.87 (0.79-0.96)	0.77 (0.71-0.82)	0.69 (0.56-0.81)	0.64 (0.58-0.71)
	HOS	HOS	0.69	0.79 (0.64-0.94)	0.74 (0.68-0.80)	0.62 (0.53-0.72)	0.65 (0.59-0.71)
	UV	UV	0.68	0.75 (0.64-0.86)	0.76 (0.70-0.81)	0.52 (0.43-0.61)	0.65 (0.59-0.71)
	SAE	SAE	0.78	Not assessed: not able to be operationalised as exacerbations were defined only as serious adverse events			
Sato et al 2009 [24]		OCS/ED/HOS/FEV1 decline	0.63	‡	0.57 (0.50-0.65)	‡	0.50 (0.44-0.56)
Osborne 2007 [6]	PAR-A	ED/HOS/UV	n.r.	0.56 (0.42-0.71)	0.63 (0.57-0.70)	0.59 (0.52-0.65)	0.60 (0.54-0.66)
	PAR-B	ED/HOS/UV	n.r.	0.68 (0.57-0.79)	0.65 (0.58-0.72)	0.53 (0.46-0.59)	0.61 (0.55-0.67)
	PAR-C	ED/HOS/UV	n.r.	0.65 (0.54-0.77)	0.65 (0.58-0.71)	0.53 (0.46-0.60)	0.61 (0.55-0.67)
Miller et al 2006 [8]	TENOR	ED/HOS	0.78	0.81 (0.63-0.99)	0.61 (0.54-0.68)	0.65 (0.56-0.75)	0.64 (0.58-0.70)
	+ PRO	ED/HOS	0.80	0.88 (0.79-0.98)	0.67 (0.60-0.74)	0.66 (0.55-0.77)	0.63 (0.57-0.69)
	+ HCU	ED/HOS	0.82	0.88 (0.77-1.00)	0.68 (0.61-0.75)	0.66 (0.55-0.77)	0.62 (0.56-0.68)
Peters et al 2006 [25]	Model 1	ED/HOS/UV	n.r.	0.72 (0.64-0.80)	0.65 (0.59-0.71)	0.58 (0.51-0.65)	0.53 (0.47-0.59)
	Model 2	ED/HOS/UV	n.r.	0.72 (0.62-0.82)	0.59 (0.53-0.65)	0.57 (0.50-0.65)	0.58 (0.52-0.64)
Yurk et al 2004 [30]		ED/HOS/lost activity days	0.78	‡	0.62 (0.56-0.69)	‡	0.60 (0.54-0.66)
Schatz et al 2003 [26]		HOS	0.71	0.77 (0.64-0.90)	0.68 (0.61-0.75)	0.63 (0.54-0.72)	0.63 (0.57-0.69)
Lieu 1999 [27]	Model A	ED/HOS	n.r.	0.56 (0.43-0.69)	0.62 (0.56-0.67)	0.58 (0.51-0.65)	0.60 (0.54-0.65)
	Model B	ED/HOS	n.r.	0.46 (0.36-0.57)	0.39 (0.34-0.44)	0.52 (0.46-0.59)	0.55 (0.50-0.59)
Ellman et al 1997 [28]		OCS	n.r.	0.57 (0.47-0.66)	0.61 (0.55-0.67)	0.50 (0.41-0.60)	0.59 (0.53-0.65)
Grana et al 1997 [29]		HOS	n.r.	Not assessed: too many missing variables			

\* ED, emergency department visit; HOS, hospitalisation; OCS, systemic corticosteroids; UV, unplanned visit; SAE, serious adverse event. American Thoracic Society/European Respiratory Society defined severe exacerbation: systemic corticosteroids for at least 3 days, ED visit and/or hospitalisation requiring systemic corticosteroids [15]. Numbers in parenthesis are 95% confidence intervals.  
† Not assessed: model was derived from this population  
‡ outcome included a variable that was not available in the validation sets, therefore this model was only validated for ATS/ERS defined severe exacerbations.



**Figure 3:** calibration plots for validated models, on ATS/ERS severe exacerbation[15] outcomes

Calibration plots were drawn for all validated prediction models (except 7/22 merely reporting on risk scores) in the primary care (ACCURATE) and secondary care (U-BIOPRED) cohorts. Each dot represents a sample of patients in which the fraction of patients with observed events (y-axis) is plotted against the mean predicted events (x-axis). Systematic under-prediction (estimated risks too low; indicated by dots above the line is often observed (for example Eisner\_ED). Some models (Eisner\_HOS, Miller) failed to predict ATS/ERS severe exacerbation outcomes: although there were observed events (spread of dots along the y-axis), they did not calculate risks (no spread along the x-axis).

ED, emergency department-visit; HOS, hospitalisation; OCS, systemic corticosteroids; UV, unplanned visit



## Discussion

In this study, we identified 24 published models for the prediction of exacerbations of asthma in adults, and carried out external validation of 22 of these models in two distinct datasets, a primary care trial cohort (ACCURATE) and a secondary care cohort (U-BIOPRED). The models included in this review were developed in populations across the spectrum of asthma severity and used different definitions of exacerbations. Despite these differences, a history of healthcare utilisation, symptoms and spirometry were often retained in the final models. No single model outperformed the others in predictive properties. Discriminative properties were modest and similar in both populations when predicting standardised ATS/ERS-defined severe exacerbations. In general, calibration was poor, as indicated by systematic over- or under-prediction. Predictive properties of most models were comparable in the two distinct validation populations, suggesting that the construction of a generalizable model predicting severe exacerbations in adults may be feasible.

External validation of prediction models for exacerbations is scarce; only two of the 12 reports,<sup>18,23</sup> which were included in this review, describe such an effort. Two narrative reviews, focussing on factors associated with exacerbations rather than multivariable models predicting these outcomes in individual patients,<sup>10,13</sup> also identified items from healthcare-utilisation, symptoms and spirometry as important predictors for severe asthma exacerbations. A variety of other factors, for example blood eosinophils, have been identified as biomarkers associated with severe exacerbations.<sup>1</sup> With the exception of FeNO, our review did not identify any prediction models containing biomarkers; they were not assessed as candidate predictors in the studies we retrieved. Nevertheless, in COPD, blood biomarkers do not seem to have large predictive value on top of clinical markers.<sup>31</sup>

A strength of this study is that, with one exception,<sup>18</sup> the external validation was performed by investigators independent of the original study. External validation tends to be too optimistic when performed by investigators involved with the development of a model.<sup>32,33</sup> Secondly, we evaluated the validity of identified models in two separate populations with different characteristics, acknowledging the clinical heterogeneity of asthma populations and enabling the assessment of the models' transportability (i.e. preservation of predictive performance across different populations).<sup>20,34</sup> A potential concern of the observed heterogeneity among the populations in which the models were derived, may be that the derivation cohorts are not sufficiently consistent with (one of) the two validation populations. However, the more agreement between the derivation and the validation population, the less generalizable the predictive properties will be. Notably, models derived from severe asthma populations (Risk Score for Exacerbations<sup>7</sup> and TENOR risk score<sup>8</sup>) did not perform better in the severe asthma (U-BIOPRED) population. Finally, we assessed predictive capacities of author-defined outcomes as well as the current standard definition of severe exacerbations according to the ATS/ERS recommendations over 12 months.<sup>15</sup> A limitation of this study is that we rejected a significant proportion of the identified reports identified from the literature search, including some large high quality studies,<sup>35,36</sup> because they corrected for covariates or reported only on relative risks. These studies, of which some were included in previous reviews,<sup>10,13</sup> appear to have been designed to assess the independent contribution of each of several predictors, instead of determining the predictive performance of an optimal combination of predictors in individual patients, which was our goal. Models calculating absolute risks can assist practitioners directly, for example when exacerbation risk exceeds a certain cut off value, the practitioner may decide to

increase asthma therapy. This information is less clear from models reporting odds ratios: then the practitioner merely knows the in- or decreased risk of a patient with one or more characteristics as compared to patients without those characteristics. Second, one of the validation sets (the ACCURATE population) did not include  $\geq 100$  events, as recommended for use in external validations.<sup>37</sup> Even though this was a trial population, we believe it was suitable as a validation population since both randomised trials and prospective cohorts can be used for prediction modelling.<sup>14</sup> Additionally, this pragmatic trial (in which the intervention was aiming for partly or strictly controlled asthma using the Dutch asthma treatment guidelines, thus mimicking usual care) had only few restrictive eligibility criteria for inclusion and differences in exacerbation outcomes were non-significant.<sup>16</sup> Finally, we assessed exacerbations as the only marker of future risk for adverse outcomes, whereas GINA also mentions medication side effects and accelerated lung function decline as additional adverse outcomes of clinical importance. The latter outcome however, is infrequently reported in current literature but may be related with exacerbations in patients not treated with inhaled corticosteroids.<sup>38,39</sup>

Previous healthcare-utilisation, symptoms, and spirometry values were amongst the most frequently identified predictors of exacerbations in the studies we evaluated, emphasizing the importance and potential transportability of these predictors. They were retained in the majority of the models after a selection process performed in different populations, where they competed for preservation in the models with other, less often preserved items. Some models tended to discriminate better in the ACCURATE population than in the original development populations, possibly due to the large(r) variability in predictor values in the

patient mix of ACCURATE. In this primary care population, patients treated by specialists were also eligible,<sup>16</sup> resulting in a broad spectrum of asthma severity.

Nevertheless, the predictive capacities of current models leave room for improvement: discrimination was generally limited and most prediction models demonstrated substantial miscalibration. This was probably related to differences between exacerbation rates, reflecting differences in asthma severity between development- and validation populations (spectrum transportability). Other factors limiting transportability of prediction models across populations are historical, methodological, geographical and follow-up interval differences,<sup>34</sup> all present in the models we evaluated. There are several model updating techniques available aimed at improving the predictive performance of previously developed prediction models in new populations.<sup>40</sup> These include recalibration (adjusting the model's intercept and/or slope), model revision (re-estimating the strength of the predictors) and model extension. Model extension (adding predictors to an existing model), should preferably be performed with variables having a different relation to exacerbations. Variables that were retained only once or twice in the identified prediction models (table 2) seem less suitable as candidate predictors. It is likely that a marker of inflammation type, such as blood eosinophils, may be a potential new candidate, as it has demonstrated to be related to exacerbations.<sup>36,41</sup> Other conceivable biomarkers are periostin and dipeptidyl peptidase-4. These markers may have different predictive capacities in different asthma phenotypes or endotypes, possibly facilitating the development of prediction models for phenotype- or endotype specific populations.

The predictive capacities of models that were derived from a diversity of populations were comparable in the two validation populations, reflecting extremes of the asthma severity spectrum (with 13% vs 55% patients respectively experiencing exacerbations). Relevant

predictor-categories (previous healthcare-utilisation, symptoms, and spirometry values) thus appear independent of population characteristics, suggesting that the construction of a generally applicable prediction model for severe exacerbations of asthma may be feasible.

From all identified models, no single model was preferred above the others after assessing predictive performance. Although some models showed better discrimination,<sup>8</sup> or better calibration,<sup>23</sup> none of the models is suitable for immediate application in clinical practice without tailoring to the specific target population. This need for tailoring to specific populations is clearly a limitation. The present findings merit the development of more generalizable models that can be implemented without the need for further adjustments. Access to individual patient data from multiple settings may help to address this issue.<sup>42</sup> To avoid duplication of work that has already been done by others,<sup>43</sup> we suggest that the starting point should be an existing prediction model (or at least the identified core-set of predictors, with symptoms preferably as a symptom score,<sup>10</sup> spirometry as continuous FEV1%predicted<sup>14</sup> and healthcare utilization as a course of systemic corticosteroids in the previous year) that would be modified or extended with new predictors. For the latter, biomarkers for inflammation-type or asthma phenotype seem suitable potential predictors. Ultimately, a clinical impact study should demonstrate the models' added value in clinical decision making before application in practice.<sup>44</sup>

In current prediction models for exacerbations of asthma, derived from different populations, healthcare-utilisation, symptoms, and spirometry values are predictors most commonly preserved. The predictive properties of most identified models were similar in two clinically distinct validation populations, suggesting that the construction of a generalizable model predicting exacerbations of asthma is feasible. Nevertheless, the predictive capacities of current models leave room for improvement, as discrimination and

calibration were usually below the desired level: none of the models reviewed here can be implemented in clinical practice straightforwardly. Updating existing models containing at least the preserved predictors and extending them with new markers covering a different relation to exacerbation risk should be the focus of future research.

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## Appendix search syntax

### Pubmed

1. exp Asthma/
2. asthma.ti,ab,ot.
3. (Acute adj4 asthma).ti,ab,ot.
4. exacerbat\*.ti,ab,ot.
5. 1 or 2
6. 4 and 5
7. (attack adj3 asthma).ti,ab,ot.
8. 3 or 6 or 7
9. Validat\$.tw. or Predict\$.ti. or Rule\$.tw.
10. ((Predict\$ and (Outcome\$ or Risk\$ or Model\$)) or ((History or Variable\$ or Criteria or Scor\$ or Characteristic\$ or Finding\$ or Factor\$) and (Predict\$ or Model\$ or Decision\$ or Identif\$ or Prognos\$))).tw.
11. (Decision\$.tw. and ((Model\$ or Clinical\$).tw. or exp Models, Statistical/)) or (Prognostic and (History or Variable\$ or Criteria or Scor\$ or Characteristic\$ or Finding\$ or Factor\$ or Model\$)).tw.
12. exp ROC Curve/
13. ("Stratification" or "Discrimination" or "Discriminate" or "c-statistic" or "c statistic" or "Area under the curve" or "AUC" or "Calibration" or "Indices" or "Algorithm" or "Multivariable").tw.
14. 9 or 10 or 11 or 12 or 13
15. exp Child/ or Pediatrics/ or Adolescent/ or Adult Children/ or Minors/ or adolescent, hospitalized/ or child, hospitalized/ or (child\* or p?ediat\* or boy\*1 or girl\*1 or schoolchild\* or kid\*1 or juvenil\* or youth\* or prepubescen\* or prepubert\* or schoolage\* or school age\* or teens or teen or teenage\* or youth or youths or adolescen\* or pubescen\* or underage\* or minors).tw,ot. or (child\* or pediatric\* or paediatric\* or adolescen\*).jw.
16. exp Adult/
17. adult.ti,ab,ot.
18. 16 or 17
19. 8 and 14
20. 19 not (15 not (15 and 18))
21. case reports.pt.
22. letter.pt.
23. 21 or 22
24. 20 not 23

### Embase

1. exp asthma/
2. asthma.ti,ab,ot.
3. (Acute adj4 asthma).ti,ab,ot.
4. exacerbat\*.ti,ab,ot.
5. 1 or 2
6. 4 and 5
7. (attack adj3 asthma).ti,ab,ot.
8. 3 or 6 or 7
9. (severe adj3 asthma).ti,ab,ot.
10. Validat\$.tw. or Predict\$.ti. or Rule\$.tw.
11. ((Predict\$ and (Outcome\$ or Risk\$ or Model\$)) or ((History or Variable\$ or Criteria or Scor\$ or Characteristic\$ or Finding\$ or Factor\$) and (Predict\$ or Model\$ or Decision\$ or Identif\$ or Prognos\$))).tw.
12. (Decision\$.tw. and ((Model\$ or Clinical\$).tw. or statistical model/)) or (Prognostic and (History or Variable\$ or Criteria or Scor\$ or Characteristic\$ or Finding\$ or Factor\$ or Model\$)).tw.
13. exp receiver operating characteristic/
14. ("Stratification" or "Discrimination" or "Discriminate" or "c-statistic" or "c statistic" or "Area under the curve" or "AUC" or "Calibration" or "Indices" or "Algorithm" or "Multivariable").tw.
15. 11 or 12 or 13 or 14
16. 8 and 15
17. 10 or 11 or 12
18. 8 and 17
19. child/
20. child\*.ti,ab,ot.
21. pediatrics.mp. or exp pediatrics/
22. child\*.mp.
23. 19 or 21 or 22
24. adult/
25. adult.ti,ab,ot.
26. 24 or 25
27. 18 not (23 not (23 and 26))
28. 18 and 23
29. 16 not (23 not (23 and 26))
30. CONFERENCE ABSTRACT.pt.
31. case report/
32. letter/
33. editorial/
34. 30 or 31 or 32 or 33
35. 29 not 34

**Table E1**

	<b>Accurate</b>	<b>U-BIOPRED</b>
	N=611	n=317
Age (yrs, SD; range)	39.4, 9.1; 17-55	52.6, 13.2; 19-78
Sex (% female)	68.4	60.1
Body Mass Index (kg/m <sup>2</sup> , SD; range)	26.4, 5.4; 13.0-56.8	8.9, 5.9; 17.8-49.0
Current smokers (%)	14.4	11.1
ACQ-5 (baseline mean score, SD; range)	1.0, 0.9; 0-5.4	2.2, 1.2; 0-5.8
Severe exacerbation previous year (%)	11.6	66.5
Ever hospitalized for asthma (%)	12.3	66.3
FEV1 (mean % predicted, SD; range)	91.3, 15.4; 36.8-137.0	66.3, 21.0; 18.4-119.6
FeNO (ppb, SD; range)	23.8, 23.9; 5-228	36.3, 32.1; 2-191

**Table E2 overview of identified reports on prediction models for exacerbations in adult patients with asthma**

Study	Setting	Population	Purpose, outcome	Model development	Performance	Predictors
<p>Identifying patients at risk for severe exacerbations of asthma: development and external validation of a multivariable prediction model</p> <p>Loymans et al. Thorax 2016; 47: 422–8</p>	<p>Asthma control cost-utility randomized trial evaluation (ACCURATE) pragmatic trial</p> <p>multiple general practices in the Netherlands</p> <p>primary care</p> <p>2009– 2012</p> <p>prospective</p>	<p>611 patients</p> <p><b>mean age (SD), [range] at inclusion:</b> 39.4 (9.5), [18-50] years</p> <p><b>(% female):</b> 68.7</p> <p><b>inclusion criteria:</b> doctor-diagnosed asthma according to the Dutch national guidelines, a prescription for ICSs for at least 3 months in the previous year, and asthma being managed in primary care.</p>	<p><b>purpose:</b> model development and external validation</p> <p><b>outcome:</b> patients with one or more hospitalizations or ED visits or systemic corticosteroids, according to ATS/ERS recommendations</p> <p><b>patients with events:</b> 80</p> <p><b>prediction horizon:</b> 12 months</p>	<p><b>number of candidate predictors:</b> 15</p> <p><b>statistical analysis:</b> binomial logistic regression</p> <p><b>number of final predictors:</b> 5 / 6 / 7</p> <p><b>model presentation:</b> coefficients with intercept, score system</p>	<p><b>discrimination:</b> 0.77 / 0.79 / 0.90</p> <p><b>calibration:</b> calibration plots and HL-test</p> <p><b>validation:</b> 0.72 / 0.72 / 0.72</p>	<p>History model: ACQ-5 score, current smoking, chronic sinusitis, previous hospital admission for asthma and ≥1 severe exacerbation in the previous year</p> <p>Spirometry model: + FEV1 predicted pre bronchodilation</p> <p>FeNO model: + FeNO corrected for smoking</p>
<p>Development and validation of a novel risk score for asthma exacerbations: The risk score for exacerbations</p> <p>Bateman et al. J Allergy Clin Immunol 2015; 104: 945–56</p>	<p>Three large trials comparing SMART vs ICS/LABA therapy</p> <p>708 centres worldwide</p> <p>secondary care</p> <p>2003 - 2006</p> <p>retrospective</p>	<p>7,446 patients</p> <p><b>mean age (SD), [range] at inclusion</b> 39.5(16.8), [12-89]</p> <p><b>sex (% female):</b> 59</p> <p><b>inclusion criteria:</b> uncontrolled asthma patients receiving GINA treatment steps 3 or 4 with a pre-bronchodilator FEV1 of 50% or greater of predicted normal value and 1 or more exacerbations in the previous year.</p>	<p><b>purpose:</b> model development</p> <p><b>outcome:</b> asthma worsening requiring 3 or more days of oral corticosteroids, emergency department treatment, hospitalization, or both</p> <p><b>patients with events:</b> 1197 (estimated*)</p> <p><b>prediction horizon:</b> 6 months</p>	<p><b>number of candidate predictors:</b> 16</p> <p><b>statistical analysis:</b> backward stepwise Cox regression</p> <p><b>number of final predictors:</b> 5</p> <p><b>model presentation:</b> risk score</p>	<p><b>discrimination:</b> not reported</p> <p><b>calibration:</b> calibration plots</p> <p><b>validation:</b> internal; split sample</p>	<p>Body mass index ACQ-5 FEV1%pred-postBD Reliever use GINA treatment step</p>

<p>Severity of Asthma Score Predicts Clinical Outcomes in Patients With Moderate to Severe Persistent Asthma</p> <p>Eisner et al.</p> <p>Chest 2012; 141: 58–65</p>	<p>EXCELS; observational study (non-Xolair cohort)</p> <p>multiple locations in USA</p> <p>mixed care</p> <p>2004 – 2006</p> <p>prospective</p>	<p>2,878 patients</p> <p><b>mean age (SD) at inclusion</b> 47 (17)</p> <p><b>sex (% female):</b> 66</p> <p><b>inclusion criteria:</b> ≥12 years old, physician diagnosis of moderate to severe persistent asthma, and a history of a positive response to allergy skin testing or in vitro serum-specific IgE reactivity to aeroallergens Patients were excluded when they had experienced an asthma exacerbation 2 weeks before screening, or an acute flare-up of symptoms, or a hospitalization within 2 months of screening.</p>	<p><b>purpose:</b> model external validation</p> <p><b>outcome:</b> 1) systemic corticosteroid bursts 2) ED visits 3) SAEs reported as exacerbations 4) SAEs leading to hospitalizations 5) unscheduled office visits</p> <p><b>events:</b> not reported</p> <p><b>prediction horizon:</b> 12 months</p>	<p><b>number of candidate predictors:</b> 4</p> <p><b>statistical analysis:</b> logistic regression and CART modelling</p> <p><b>number of final predictors:</b> 13-item SOA score; added with ACT and/or FEV1% pending the outcome predicted</p> <p><b>model presentation:</b> coefficients with intercept</p>	<p><b>discrimination:</b> AUROC 1) 0.690 2) 0.751 3) 0.783 4) 0.689 5) 0.684</p> <p><b>calibration:</b> not reported</p> <p><b>validation:</b> external validation study</p>	<p>SOA: Symptoms past 2 wks Systemic corticosteroids -ever used -past year -3 mo past 2 yr Other asthma medications -Beta-agonists -ICS -Cromolyn/nedocromil -Anticholinergics -Theophyllin/LTRA -antihistaminics/nasal -nebulizer Ever hospitalized Ever intubated Asthma Control Test FEV1%predicted</p>
<p>The Strategy for Predicting Future Exacerbation of Asthma Using a Combination of the Asthma Control Test and Lung Function Test</p> <p>Sato et al.</p> <p>J. Asthma 2009; 46: 677–82</p>	<p>observational retrospective cohort</p> <p>single centre Japan</p> <p>secondary care</p> <p>time not reported</p> <p>retrospective</p>	<p>78 patients</p> <p><b>mean age at inclusion</b> 62.3</p> <p><b>(% female):</b> 57.7</p> <p><b>inclusion criteria:</b> clinically stable on ICS for at least 3 months without exacerbations (including hospitalization, ED visits, or treatment with systemic corticosteroids), receiving mainly ICS without any change in their treatment regimen.</p>	<p><b>purpose:</b> model development</p> <p><b>outcome:</b> 2 or more consecutive days of a PEF<sub>R</sub> ≤ 70% of baseline morning PEF<sub>R</sub>, a filled prescription for oral corticosteroids, an ED visit, or hospitalization due to asthma</p> <p><b>patients with events:</b> 16 (21%)</p> <p><b>prediction horizon:</b> 12 months</p>	<p><b>number of candidate predictors:</b> unclear, at least 4</p> <p><b>statistical analysis:</b> CART modelling</p> <p><b>number of final predictors:</b> 3</p> <p><b>model presentation:</b> classification tree</p>	<p><b>discrimination:</b> AUROC 0.613 / 0.678 / 0.625</p> <p><b>calibration:</b> not reported</p> <p><b>validation:</b> not reported</p>	<p>ACT FEV1 %predicted FeNO</p>
<p>Assessing Future Need for Acute Care in Adult Asthmatics The Profile of Asthma Risk Study: A Prospective Health Maintenance Organization-Based Study</p> <p>Osborne et al.</p> <p>Chest 2007; 132: 1151–61</p>	<p>administrative database (Kaiser Permanente managed care organization)</p> <p>multiple locations in USA</p> <p>mixed care</p> <p>time not reported</p> <p>prospective</p>	<p>554 patients</p> <p><b>mean age (SD), [range] at inclusion</b> 36.9 (9.3), [18-55]</p> <p><b>(% female):</b> 61</p> <p><b>inclusion criteria:</b> hospitalized for asthma the 2 years before recruitment or have at least 2 dispensings of asthma medication in the year before recruitment. On inclusion a physician diagnosis of asthma and reporting asthma symptoms. Individuals taking daily oral steroids were excluded.</p>	<p><b>purpose:</b> model development</p> <p><b>outcome:</b> emergency department visits, hospital-based “urgency care clinic” visits, or hospitalizations for asthma</p> <p><b>events:</b> 173</p> <p><b>prediction horizon:</b> 30 months</p>	<p><b>number of candidate predictors:</b> not reported</p> <p><b>statistical analysis:</b> Poisson regression backward stepwise</p> <p><b>number of final predictors:</b> 12 / 11 / 10</p> <p><b>model presentation:</b> score system; 3 models, model based on questionnaire, extended with spirometry and subsequently with skin prick test data</p>	<p><b>discrimination:</b> not reported</p> <p><b>calibration:</b> not reported</p> <p><b>validation:</b> split sample</p>	<p>A: age, education, double pane windows, caffeine consumption, sensitive to indoor allergens, owns cat/dog, night time symptoms, perennial asthma, impact on school/work, health care utilization prior year, ER visit ever, hospitalization, B: + FEV1 C: + skin prick test positive for cat/dog</p>

<p>TENOR risk score predicts healthcare in adults with severe or difficult-to-treat asthma</p> <p>Miller et al.</p> <p>Eur Respir J 2006; 28: 1145–55</p>	<p>The Epidemiology and Natural History of Asthma: Outcomes and Treatment Regimens (TENOR) study</p> <p>multiple locations in USA</p> <p>secondary care</p> <p>2001-2004</p> <p>prospective</p>	<p>2,821 patients</p> <p><b>mean age (SD) at inclusion</b> 49.7 (14.7)</p> <p><b>sex (% female):</b> 71.6</p> <p><b>inclusion criteria:</b> clinician-assessed severe or difficult-to-treat asthma: e.g. received care for at least 1 yr, had high healthcare use (<math>\geq 2</math> unscheduled care visits or oral corticosteroid bursts) and/or high medication use (required <math>\geq 3</math> controller medications, need for high doses of inhaled corticosteroids or oral prednisone) in the previous 12 months</p>	<p><b>purpose:</b> model development and validation</p> <p><b>outcome:</b> ED visit or overnight hospitalisation</p> <p><b>patients with events:</b> 239 (8.5%)</p> <p><b>prediction horizon:</b> 6 months</p>	<p><b>number of candidate predictors:</b> 140</p> <p><b>statistical analysis:</b> forward stepwise logistic regression</p> <p><b>number of final predictors:</b> 12 / 14 / 16</p> <p><b>model presentation:</b> score system; 3 models, original model extended with patient reported outcomes and subsequently with healthcare use</p>	<p><b>discrimination:</b> c-statistic: 0.783 / 0.798 / 0.816; internal validation: 0.769 / 0.790 / 0.810</p> <p><b>calibration:</b> not reported</p> <p><b>validation:</b> internal; split sample (time)</p>	<p>1) age, sex, race, BMI, lung function, Previous pneumonia, current diabetes, current cataract, ever intubated, steroid burst 3 mo, nebuliser, syst corticosteroids 2) +health compared to others and night time awakening 3) +previous ED visits and scheduled office visits</p>
<p>Using an Asthma Control Questionnaire and Administrative Data To Predict Health-Care Utilization</p> <p>Peters et al.</p> <p>Chest 2006; 129: 918–24</p>	<p>administrative database (Kaiser Permanente managed care organization)</p> <p>multiple locations in USA</p> <p>mixed care</p> <p>1997 – 1998</p> <p>retrospective</p>	<p>4,788 patients</p> <p><b>mean age [range] at inclusion</b> 52 [17-93]</p> <p><b>(% female):</b> 68</p> <p><b>inclusion criteria:</b> Surveyed had received <math>\geq 2</math> doses of asthma medications in the previous year and/or had a hospital or ED visit for asthma in 1994, 1995, or 1996. Eligible patients reported having a doctor diagnosis of asthma and were currently on asthma medications.</p>	<p><b>purpose:</b> model development</p> <p><b>outcome:</b> acute asthma care events: hospitalizations or ED visits or other acute care contacts.</p> <p><b>events:</b> 10.4%</p> <p><b>prediction horizon:</b> 12 months</p>	<p><b>number of candidate predictors:</b> not reported</p> <p><b>statistical analysis:</b> CART modelling</p> <p><b>number of final predictors:</b> 2 / 4</p> <p><b>model presentation:</b> classification tree</p>	<p><b>discrimination:</b> not reported</p> <p><b>calibration:</b> not reported</p> <p><b>validation:</b> not reported</p>	<p>1) ATAQ age</p> <p>2) Prior ED Prior Urgent Care ATAQ age</p>
<p>Predicting patient-reported asthma outcomes for adults in managed care.</p> <p>Yurk et al.</p> <p>Am J Manag Care 2004; 10: 321-8</p>	<p>administrative database</p> <p>16 Managed Care Organizations in USA</p> <p>mixed care</p> <p>1993</p> <p>prospective</p>	<p>4,888 patients</p> <p><b>mean age at inclusion</b> 45</p> <p><b>(% female):</b> 69</p> <p><b>inclusion criteria:</b> 2 or more asthma encounters (visits or hospitalizations ICD code 493.X) during the previous 2 years; age 18 years or older and enrollment in the managed care organization at the time of sampling</p>	<p><b>purpose:</b> model development and validation</p> <p><b>outcome:</b> A composite measure combining hospitalization, ED use, and lost activity days (other reported models predicting hospitalizations, ED-visits, lost activity days and severe symptoms reported merely odds ratios and therefore did not fulfil inclusion criteria)</p> <p><b>events:</b> not reported</p> <p><b>prediction horizon:</b> 12 months</p>	<p><b>number of candidate predictors:</b> not reported</p> <p><b>statistical analysis:</b> logistic regression</p> <p><b>number of final predictors:</b> 14</p> <p><b>model presentation:</b> score system</p>	<p><b>discrimination:</b> c-statistic: 0.783</p> <p><b>calibration:</b> not reported</p> <p><b>validation:</b> not reported</p>	<p>Age, gender, race, education, history of myocardial infarction, history of emphysema/chronic bronchitis, history of gastro-intestinal bleeding, ED visit for asthma past 12 months, physician outpatient visit past 6 months, limited activities, asthma attacks, symptoms, self-rated health, methylxanthine use.</p>

<p>Risk Factors for Asthma Hospitalizations in a Managed Care Organization: Development of a Clinical Prediction Rule</p> <p>Schatz et al.</p> <p>Am J Manag Care 2003; 9:538–47</p>	<p>administrative database (Kaiser Permanente managed care organization)</p> <p>multiple locations in USA</p> <p>mixed care</p> <p>1998 - 1999</p> <p>retrospective</p>	<p>6,904 patients (adults)</p> <p><b>mean age (SD) at inclusion</b> mean 43.7 (12.3)</p> <p><b>sex (% female):</b> 63.5</p> <p><b>inclusion criteria:</b> one or more of the following: 1) discharge diagnosis of asthma in the hospitalization database (ICD-9 code: 493.xx), 2) <math>\geq 2</math> asthma-related medication dispensings in a 1-year period in the prescription database, 3) ED or regular clinic asthma-related visit in the diagnosis and procedures database.</p>	<p><b>purpose:</b> model development and validation</p> <p><b>outcome:</b> hospitalization</p> <p><b>patients with events:</b> 83 (1.2%)</p> <p><b>prediction horizon:</b> 12 months</p>	<p><b>number of candidate predictors:</b> 12</p> <p><b>statistical analysis:</b> backward stepwise logistic regression</p> <p><b>number of final predictors:</b> 3</p> <p><b>model presentation:</b> coefficients with intercept</p>	<p><b>discrimination:</b> c-statistic: 0.712</p> <p><b>calibration:</b> Not reported</p> <p><b>validation:</b> internal; bootstrap &amp; jackknifed estimates</p>	<p>prior hospitalizations, oral steroids, income</p>
<p>Computer-Based Models to Identify High-Risk Adults with Asthma: Is the Glass Half Empty or Half Full?</p> <p>Lieu et al.</p> <p>J. Asthma 1999; 36: 359–70</p>	<p>administrative database (Kaiser Permanente managed care organization)</p> <p>32 clinics in USA</p> <p>mixed care</p> <p>1995 – 1996</p> <p>retrospective</p>	<p>7,141 patients</p> <p><b>mean age (SD), [range] at inclusion</b> 43.8 (16 [18-101])</p> <p><b>sex (% female):</b> 63</p> <p><b>inclusion criteria:</b> hospitalization, ED visit, or outpatient clinic visit with an ICD-9-code of 493.XX during the 2 years prior to the start of follow-up. In addition, any adult aged 18-44 years who used asthma medications during that time period was included. Adults aged 45 and older using asthma medications were only included when they had an ICD-9-coded diagnosis of asthma.</p>	<p><b>purpose:</b> model development and validation</p> <p><b>outcome:</b> asthma-related hospitalization or ED visit during the follow-up year</p> <p><b>events:</b> 493 (6.9%)</p> <p><b>prediction horizon:</b> 12 months</p>	<p><b>number of candidate predictors:</b> 8</p> <p><b>statistical analysis:</b> CART modelling</p> <p><b>number of final predictors:</b> 4 / 3</p> <p><b>model presentation:</b> classification tree</p>	<p><b>discrimination:</b> Not applicable</p> <p><b>calibration:</b> Not applicable</p> <p><b>validation:</b> internal; split sample and mixed test</p>	<p>Tree A: 5 asthma medications previous 6 months, <math>\geq 2</math> oral steroid courses previous 12 months, ICS/LABA ratio <math>&lt;1.4</math>, ED visit prior 12 mo</p> <p>Tree B: 5 asthma medications previous 6 months <math>\geq 2</math> oral steroid courses previous 12 months, ED visit prior 12 months</p>
<p>A New Index of Prognostic Severity for Chronic Asthma</p> <p>Ellman et al</p> <p>Chest 1997; 112: 582–90</p>	<p>crossover trial of regular vs as-needed inhaled B-agonist therapy</p> <p>Dunedin (New Zealand)</p> <p>Mixed care</p> <p>1988 – 1989</p> <p>retrospective</p>	<p>70 patients (138 periods of follow-up)</p> <p><b>mean age (SD), [range] at inclusion</b> median 38 [15-64]</p> <p><b>(% female):</b> 57%</p> <p><b>inclusion criteria:</b> the presence of asthma for <math>&gt;1</math> year with a <math>&gt;20\%</math> rise in FEV1 after inhaled bronchodilator on two or more occasions and airway hyper-responsiveness to methacholine</p>	<p><b>purpose:</b> model development</p> <p><b>outcome:</b> asthma deterioration within 20 weeks, defined as either a marked decline in FEV1 (<math>\geq 1L</math> or <math>\geq 30\%</math> from baseline) or initiation of systemic corticosteroid therapy for asthma exacerbation.</p> <p><b>patients with events:</b> 38</p> <p><b>prediction horizon:</b> 20 weeks</p>	<p><b>number of candidate predictors:</b> 13</p> <p><b>statistical analysis:</b> repeated cross-stratification; forward stepwise logistic regression</p> <p><b>number of final predictors:</b> 3</p> <p><b>model presentation:</b> Prognostic index (cross stratification table)</p>	<p><b>discrimination:</b> not reported</p> <p><b>calibration:</b> not reported</p> <p><b>validation:</b> internal; split sample</p>	<p>age hospitalisation awakening</p>



<p>The Use of Administrative Data to Risk-Stratify Asthmatic Patients</p> <p>Grana et al.</p> <p>Am J Med Qual 1997; 12: 113-9</p>	<p>administrative database (U.S. Healthcare)</p> <p>Eastern USA</p> <p>1993 – 1995</p> <p>retrospective</p>	<p>54,573 patients</p> <p><b>mean age (SD), [range] at inclusion</b> not reported</p> <p><b>sex (% female):</b> not reported</p> <p><b>inclusion criteria:</b> diagnosis, pharmacy NDC or procedure code that was asthma specific. Pharmacy NDC codes had to occur at least twice.</p>	<p><b>purpose:</b> model development and validation</p> <p><b>outcome:</b> hospitalisation</p> <p><b>events:</b> 1000</p> <p><b>prediction horizon:</b> 1 year</p>	<p><b>number of candidate predictors:</b> 49</p> <p><b>statistical analysis:</b> logistic regression</p> <p><b>number of final predictors:</b> 34</p> <p><b>model presentation:</b> coefficients with intercept</p>	<p><b>discrimination:</b> not reported</p> <p><b>calibration:</b> Table with agreement of deciles with expected and observed events</p> <p><b>validation:</b> Internal; cross validation (time)</p>	<p>Sex, age, medicaid subscriber, NewYork, COPD, ischemic heart disease, pharmacy plan, medication level 1-5, hospitalisations, ED visits, primary care visits, enrolment duration (several time spans).</p>
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\* patients with events summed from the three original reports (Rabe *et al* 2006, Kuna *et al* 2007, Bousquet *et al* 2007).  
ATAQ, asthma therapy assessment questionnaire; ATS/ERS, American Thoracic Society/European Respiratory Society; ACQ, asthma control questionnaire; ACT, asthma control test; AUROC, area under the receiver operating characteristic curve; CART, classification and reclassification tree; CI, confidence interval ED, emergency department; FeNO, fractional exhaled nitric oxide; FEV1, forced expiratory volume in one second; HR, hazard ratio; ICS, inhaled corticosteroids; ICD, International Classification of Diseases; LABA, long-acting beta agonist; NDC = National Drug Code; OR, odds ratio; PEF, peak expiratory flow rate; SAE, severe adverse event; SD, standard deviation

**Table E3 results of external validation: calibration-in-the-large and slope**

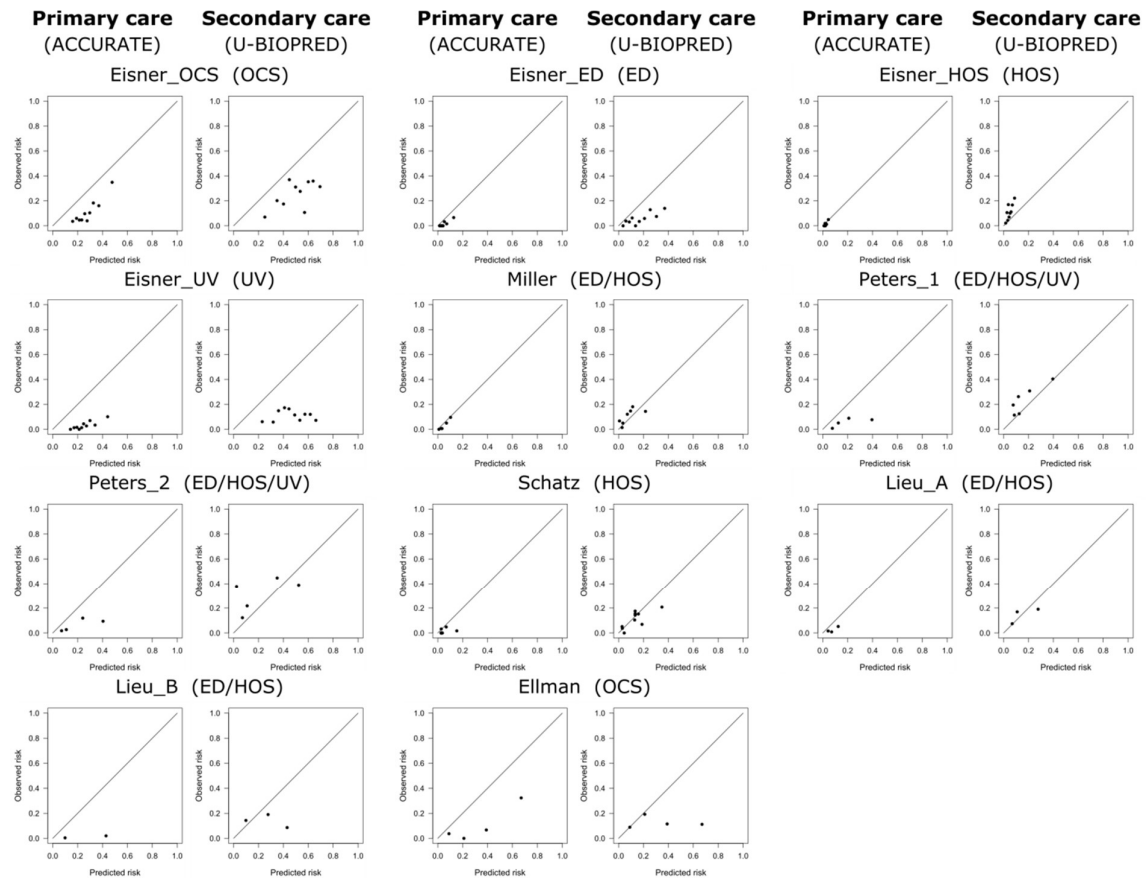
1 <sup>st</sup> author / year	Model		ACCURATE				U-BIOPRED			
			Author defined outcome*		Standard (ATS/ERS) outcome		Author defined outcome*		Standard (ATS/ERS) outcome	
			CIL <sup>†</sup> (SE)	slope (SE)	CIL <sup>†</sup> (SE)	slope (SE)	CIL <sup>†</sup> (SE)	slope (SE)	CIL <sup>†</sup> (SE)	slope (SE)
Loymans 2016	History	ATS/ERS severe exacerbations	-	-	-	-	-	-	1.51 (0.15)	0.27 (0.05)
	+ Spiro	ATS/ERS severe exacerbations	-	-	-	-	-	-	-0.66 (0.16)	0.27 (0.05)
	+ FeNO	ATS/ERS severe exacerbations	-	-	-	-	-	-	-0.68 (0.16)	0.26 (0.05)
Bateman 2015		ATS/ERS severe exacerbations	-	-	-	-	-	-	-	-
Eisner 2012	OCS	OCS	-1.14 (0.25)	1.83 (0.54)	-0.97 (0.12)	2.19 (0.29)	-1.10 (0.13)	0.65 (0.24)	0.23 (0.12)	1.06 (0.22)
	ED	ED	-1.42 (0.38)	1.83 (0.53)	1.23 (0.12)	1.54 (0.20)	-1.31 (0.25)	0.87 (0.35)	2.00 (0.12)	0.64 (0.14)
	HOS	HOS	-0.70 (0.41)	2.10 (0.81)	2.05 (0.12)	2.23 (0.30)	0.94 (0.18)	0.93 (0.39)	3.33 (0.12)	1.14 (0.24)
	UV	UV	-2.41 (0.23)	2.15 (0.48)	-0.84 (0.12)	2.25 (0.29)	-2.03 (0.18)	0.23 (0.32)	0.38 (0.12)	1.04 (0.22)
Sato 2009			-	-	-1.09 (0.16)	0.10 (0.05)	-	-	0.47 (0.14)	0.00 (0.03)
Osborne 2007	PAR-A	ED/HOS/UV	-	-	-	-	-	-	-	-
	PAR-B	ED/HOS/UV	-	-	-	-	-	-	-	-
	PAR-C	ED/HOS/UV	-	-	-	-	-	-	-	-
Miller 2006	TENOR	ED/HOS	-1.21 (0.37)	0.77 (0.26)	1.52 (0.13)	0.31 (0.12)	0.20 (0.21)	0.15 (0.16)	3.30 (0.13)	0.32 (0.10)
	+ PRO	ED/HOS	-	-	-	-	-	-	-	-
	+ HCU	ED/HOS	-	-	-	-	-	-	-	-
Peters 2006	1	ED/HOS/UV	-1.37 (0.05)	0.99 (0.29)	-0.05 (0.12)	0.73 (0.18)	0.63 (0.13)	0.57 (0.22)	2.00 (0.12)	0.20 (0.20)
	2	ED/HOS/UV	-1.26 (0.21)	1.02 (0.25)	0.07 (0.13)	0.31 (0.16)	0.82 (0.14)	0.25 (0.13)	2.33 (0.12)	0.20 (0.12)
Schatz 2003		HOS	-1.57 (0.41)	0.75 (0.47)	1.27 (0.13)	0.89 (0.16)	-0.24 (0.19)	0.62 (0.22)	2.38 (0.13)	0.51 (0.13)
Lieu 1999	A	ED/HOS	-1.05 (0.31)	1.41 (0.55)	1.05 (0.23)	1.96 (0.32)	0.15 (0.16)	0.39 (0.27)	2.22 (0.12)	0.64 (0.21)
	B	ED/HOS	-3.61 (0.30)	0.02 (0.52)	-1.52 (0.12)	-0.74 (0.15)	0.09 (0.16)	0.15 (0.28)	2.16 (0.12)	0.40 (0.21)
Ellman 1997		OCS	-1.48 (0.21)	0.48 (0.22)	-0.15 (0.13)	0.63 (0.14)	-1.79 (0.19)	0.04 (0.17)	0.83 (0.13)	0.30 (0.11)

\* ED, emergency department-visit; HOS, hospitalisation; OCS, systemic corticosteroids; UV, unplanned visit. Standard outcome is defined as American Thoracic Society/European Respiratory Society defined severe exacerbation: systemic corticosteroids for at least 3 days, ED visit and/or hospitalisation requiring systemic corticosteroids. [15]

† CIL, calibration-in-the-large (difference between the mean predicted and mean observed risk). This measure indicates whether predictions are systematically too high or low; the closer to 0, the better the calibration. The calibration slope (or regression coefficient: the increase in risk when any predictor increases by one unit) reflects the strength of the predictors; the closer to 1, the better the calibration. SE, standard error

Models merely reporting scores could not be assessed for calibration.

**Figure E1 Calibration plots for author-defined outcomes**

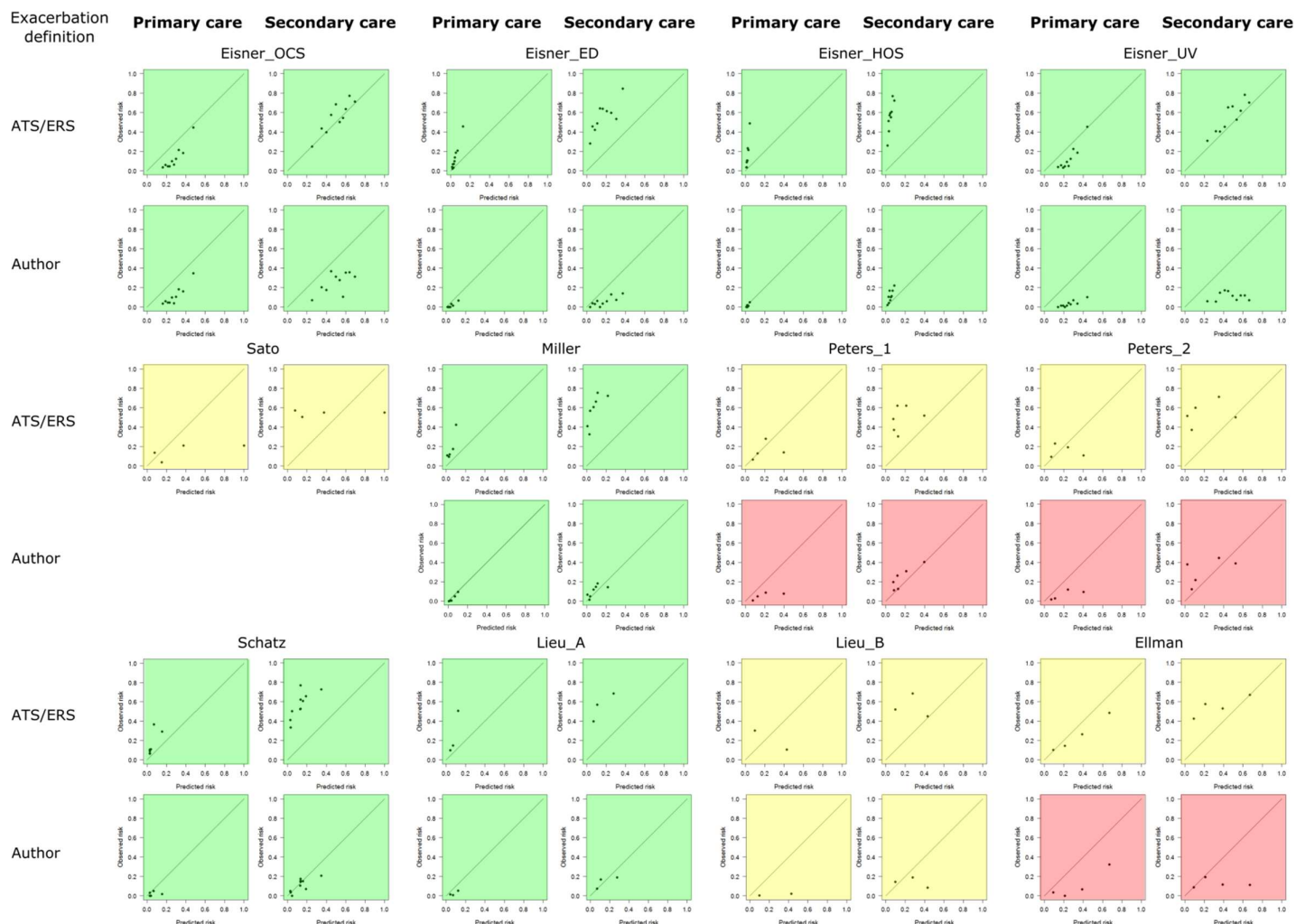


**Figure E1: calibration plots for validated models, author defined outcomes**

Calibration plots were drawn for all validated prediction models (except 7/22 merely reporting on risk scores and 4/22 merely reporting on ATS/ERS defined outcomes) in the primary care (ACCURATE) and secondary care (U-BIOPRED) cohorts. Each dot (usually deciles, or less in case of CART models) represents a sample of patients in which the fraction of patients with observed events (y-axis) is plotted against the mean predicted events (x-axis). Over-prediction (risks estimated too high (dots below the 45 degree line) for example Eisner\_OCS. Infrequent outcomes, such as hospitalisations (Eisner\_HOS and Schatz) seemed hard to predict because of a lack of observed events: all dots appeared at left bottom; as expected more explicit in the primary care population. The same type of miscalibration often occurs in both cohorts.

Between brackets: author defined outcome; ED, emergency department-visit; HOS, hospitalisation; OCS, systemic corticosteroids; UV, unplanned visit

## Figure E2 Comparisons of calibration plots



**Figure E2: comparisons of calibration plots in the primary (Accurate) and secondary (U-BIOPRED) care cohorts**

Graphs show calibration plots for each model in which data on calibration was available for both cohorts. Plots with a green background color (13/24) indicate models that calibrate similarly in both cohorts: the dots in the primary care cohort are extended approximately in the same direction as in the corresponding secondary care cohort. Plots with a red background color (3/23) indicate a clearly different calibration in the two cohorts. In plots with a yellow background color (6/23), comparison of the model's behavior across the two cohorts is challenging: although most of the differences in calibration between the two populations seem due to variation in exacerbation rates (most variation along the Y-axis), CART models' typically produce a limited number of distinct risk estimates.

## APPENDIX U-BIOPRED study group

The members of the U-BIOPRED Study Group are as follows:

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