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## Four-Gene Pan-African Blood Signature Predicts Progression to Tuberculosis

Suliman, S.; Thompson, E.G.; Sutherland, J.; Weiner, J.; Ota, M.O.C.; Shankar, S.; ... ; Adolescent Cohort Study Grp

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**Title:** Four-gene pan-African blood signature predicts progression to tuberculosis

**Authors list:**

Sara Suliman<sup>\*1</sup>, Ethan Thompson<sup>\*2</sup>, Jayne Sutherland<sup>3</sup>, January Weiner<sup>3rd4</sup>, Martin O.C. Ota<sup>3</sup>, Smitha Shankar<sup>2</sup>, Adam Penn-Nicholson<sup>1</sup>, Bonnie Thiel<sup>5</sup>, Mzwandile Erasmus<sup>1</sup>, Jeroen Maertzdorf<sup>4</sup>, Fergal J. Duffy<sup>2</sup>, Philip C. Hill<sup>6</sup>, E. Jane Hughes<sup>1</sup>, Kim Stanley<sup>7</sup>, Katrina Downing<sup>1</sup>, Michelle L. Fisher<sup>1</sup>, Joe Valvo<sup>2</sup>, Shreemanta K Parida<sup>4</sup>, Gian van der Spuy<sup>7</sup>, Gerard Tromp<sup>7</sup>, Ifedayo M.O. Adetifa<sup>3</sup>, Simon Donkor<sup>3</sup>, Rawleigh Howe<sup>8</sup>, Harriet Mayanja-Kizza<sup>9</sup>, W. Henry Boom<sup>5</sup>, Hazel Dockrell<sup>10</sup>, Tom H.M. Ottenhoff<sup>11</sup>, Mark Hatherill<sup>1</sup>, Alan Aderem<sup>2</sup>, Willem A. Hanekom<sup>1</sup>, Thomas J. Scriba<sup>\*\*1</sup>, Stefan H. E. Kaufmann<sup>\*\*4</sup>, Daniel E. Zak<sup>\*\*2</sup>, Gerhard Walzl<sup>\*\*#7</sup>, and the GC6-74<sup>¶</sup> and ACS<sup>§</sup> cohort study groups

\* and \*\* Contributed equally

**#Corresponding author:**

Gerhard Walzl, DST/NRF Centre of Excellence for Biomedical TB Research and MRC Centre for TB Research, Division of Molecular Biology and Human Genetics, Stellenbosch University, Tygerberg, South Africa<sup>[L]</sup><sub>[SEP]</sub>  
Tel. +27-21-938-9401  
[gwalzl@sun.ac.za](mailto:gwalzl@sun.ac.za)

**Affiliations:**

<sup>1</sup>South African Tuberculosis Vaccine Initiative, Institute of Infectious Disease and Molecular Medicine & Division of Immunology, Department of Pathology, University of Cape Town, Cape Town, South Africa

<sup>2</sup>The Center for Infectious Disease Research, Seattle, WA, USA

<sup>3</sup>Vaccines and Immunity, Medical Research Council Unit, Fajara, The Gambia

<sup>4</sup>Max Planck Institute for Infection Biology, Berlin, Germany

<sup>5</sup>Case Western Reserve University, Cleveland, OH, USA

<sup>6</sup>Centre for International Health, School of Medicine, University of Otago, Dunedin, New Zealand

<sup>7</sup>DST/NRF Centre of Excellence for Biomedical TB Research and MRC Centre for TB Research, Division of Molecular Biology and Human Genetics, Faculty of Medicine and Health Sciences, Stellenbosch University, Tygerberg, South Africa

<sup>8</sup>Immunology Unit, Armauer Hansen Research Institute, Addis Ababa, Ethiopia

<sup>9</sup>Department of Medicine and Department of Microbiology, Makerere University, Kampala, Uganda

<sup>10</sup>Department of Immunology and Infection, London School of Hygiene and Tropical Medicine, London, UK

<sup>11</sup>Department of Infectious Diseases, Leiden University Medical Center, Leiden, The Netherlands

¶The GC6-74 cohort study team:

DST/NRF Centre of Excellence for Biomedical TB Research and MRC Centre for TB Research, Division of Molecular Biology and Human Genetics, Faculty of Medicine and Health Sciences, Stellenbosch University, Tygerberg, South Africa:

Gerhard Walzl, Gillian F. Black, Gian van der Spuy, Kim Stanley, Magdalena Kriel, Nelita Du Plessis, Nonhlanhla Nene, Andre G. Loxton, Novel N. Chegou, Gerhardus Tromp, David Tabb

Department of Infectious Diseases, Leiden University Medical Centre, Leiden, The Netherlands:

Tom H.M. Ottenhoff, Michel R. Klein, Marielle C. Haks, Kees L.M.C. Franken, Annemieke Geluk, Krista E van Meijgaarden, Simone A Joosten

Tuberculosis Research Unit, Department of Medicine, Case Western Reserve University School of Medicine and University Hospitals Case Medical Center, Cleveland, Ohio, USA:

W. Henry Boom, Bonnie Thiel

Department of Medicine and Department of Microbiology, College of Health Sciences, Faculty of Medicine, Makerere University, Kampala, Uganda:

Harriet Mayanja-Kizza, Moses Joloba, Sarah Zalwango, Mary Nsereko, Brenda Okwera, Hussein Kisingo

Department of Immunology, Max Planck Institute for Infection Biology, Berlin, Germany:

Stefan H.E. Kaufmann (GC6-74 Principal Investigator), Shreemanta K. Parida, Robert Golinski, Jeroen Maertzdorf, January Weiner 3rd, Marc Jacobson

Department of Immunology and Infection, Faculty of Infectious and Tropical Diseases, London School of Hygiene & Tropical Medicine, London, United Kingdom:

Hazel Dockrell, Steven Smith, Patricia Gorak-Stolinska, Yun-Gyoung Hur, Maeve Lalor, Ji-Sook Lee

Karonga Prevention Study, Chilumba, Malawi:

Amelia C Crampin, Neil French, Bagrey Ngwira, Anne Ben-Smith, Kate Watkins, Lyn Ambrose, Felanji Simukonda, Hazzie Mvula, Femia Chilongo, Jacky Saul, Keith Branson

South African Tuberculosis Vaccine Initiative, Institute of Infectious Disease and Molecular Medicine & Division of Immunology, Department of Pathology, University of Cape Town, Cape Town, South Africa:

Sara Suliman, Thomas J. Scriba, Hassan Mahomed, E. Jane Hughes, Nicole Bilek, Katrina Downing, Michelle Fisher, Adam Penn-Nicholson, Humphrey Mulenga, Brian Abel, Mark Bowmaker, Benjamin Kagina, William Kwong Chung, Willem A. Hanekom

Aeras, Rockville, MD, USA:

Jerry Sadoff, Donata Sizemore, S Ramachandran, Lew Barker, Michael Brennan, Frank Weichold, Stefanie Muller, Larry Geiter

Ethiopian Health & Nutrition Research Institute, Addis Ababa, Ethiopia:  
Desta Kassa, Almaz Abebe, Tsehayenesh Mesele, Belete Tegbaru

University Medical Centre, Utrecht, The Netherlands:  
Debbie van Baarle, Frank Miedema

Armauer Hansen Research Institute, Addis Ababa, Ethiopia:  
Rawleigh Howe, Adane Mihret, Abraham Aseffa, Yonas Bekele, Rachel Iwnetu, Mesfin Tafesse, Lawrence Yamuah

Vaccines & Immunity Theme, Medical Research Council Unit, Fajara, The Gambia:

Martin Ota, Jayne Sutherland, Philip Hill, Richard Adegbola, Tumani Corrah, Martin Antonio, Toyin Togun, Ifedayo Adetifa, Simon Donkor

Department of Infectious Disease Immunology, Statens Serum Institute, Copenhagen, Denmark:

Peter Andersen, Ida Rosenkrands, Mark Doherty, Karin Weldingh

Department of Microbiology and Immunology, Stanford University, Stanford, California, USA:

Gary Schoolnik, Gregory Dolganov, Tran Van

§The ACS cohort study team:

South African Tuberculosis Vaccine Initiative, Institute of Infectious Disease and Molecular Medicine & Division of Immunology, Department of Pathology, University of Cape Town, Cape Town, South Africa:

Fazlin Kafaar, Leslie Workman, Humphrey Mulenga, Thomas J. Scriba, E. Jane Hughes, Nicole Bilek, Yolundi Cloete, Deborah Abrahams, Sizulu Moyo, Sebastian Gelderbloem, Michele Tameris, Hennie Geldenhuys, Willem Hanekom, Gregory Hussey

School of Public Health and Family Medicine, University of Cape Town, Cape Town, South Africa:

Rodney Ehrlich

KNCV Tuberculosis Foundation, The Hague, and Amsterdam Institute of Global Health and Development, Academic Medical Centre, Amsterdam, The Netherlands:  
Suzanne Verver

Aeras, Rockville, MD, USA:  
Larry Geiter

**Author's Contributions:**

SS, EGT, SHEK, PCH, WAH, GW, TJS and DEZ designed the study

SS, EGT, SHEK, GW, TJS and DEZ drafted the manuscript

SS, EGT, JS, JW, SSh, BT, APN, ME, JM, FJD, EJH, KS, KD, MLF, JV, GS, GT, IA, SD, RH, HMK and WHB contributed to sample and data management as well as data acquisition

SS, EGT, JS, JW, MOCO, SSh, BT, APN, ME, JM, FJD, HD, TO, MH, AA, WAH, TJS, SHEK, DEZ, GW and various members of the GC6-74 and ACS cohort study groups contributed to data analysis and interpretation

All authors reviewed, provided feedback and approved the manuscript and are accountable for the accuracy and integrity of the work

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Trans-African Prospective TB Biomarker

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**At a glance commentary**

Intervention against the tuberculosis (TB) epidemic requires a multi-pronged approach, including treatment and prevention. TB exists in a dynamic spectrum from latent infection to disease, and only about 5 to 10% of infected individuals develop clinical TB. Therefore, the reservoir for TB is huge since 1.7 billion people globally are estimated to be infected with the causative pathogen, *Mycobacterium tuberculosis* (*M.tb*). Consequently, identifying asymptomatic individuals who are at high risk of progressing to TB would help prioritize preventative strategies, which would provide an important step forward towards

better TB control. We developed a blood test to predict progression towards active TB in multiple Sub-Saharan African populations, following exposure to an index (active) TB patient living in the same household. The test surpassed published signatures in its ability to predict TB progression in different African cohorts. This simple 4-marker test could be translated into a simple, rapid and affordable point-of-care test for field application in resource-limited settings where TB and *M.tb* infection are endemic to identify individuals at high risk of developing TB. High-risk TB contacts could then be prioritized for prophylactic interventions.

**Online data supplement:** This article has an online data supplement, which is accessible from this issue's table of content online at [www.atsjournals.org](http://www.atsjournals.org)

## **Abstract**

*Rationale:* Contacts of tuberculosis patients constitute an important target population for preventative measures as they are at high risk of infection with *Mycobacterium tuberculosis* and progression to disease.

*Objectives:* We investigated biosignatures with predictive ability for incident tuberculosis.

*Methods:* In a case-control study nested within the Grand Challenges 6-74 longitudinal African cohort of exposed household contacts, we employed RNA sequencing, polymerase chain reaction (PCR) and the Pair Ratio algorithm in a training/test set approach. Overall, 79 progressors, who developed tuberculosis between 3 and 24 months following exposure, and 328 matched non-progressors, who remained healthy during 24 months of follow-up, were investigated.

*Measurements and Main Results:* A four-transcript signature (RISK4), derived from samples in a South African and Gambian training set, predicted progression up to two years before onset of disease in blinded test set samples from South Africa, The Gambia and Ethiopia with little population-associated variability and also validated on an external cohort of South African adolescents with latent *Mycobacterium tuberculosis* infection. By contrast, published diagnostic or prognostic tuberculosis signatures predicted on samples from some but not all 3 countries, indicating site-specific variability.

Post-hoc meta-analysis identified a single gene pair, C1QC/TRAV27, that would consistently predict TB progression in household contacts from multiple

African sites but not in infected adolescents without known recent exposure events.

*Conclusions:* Collectively, we developed a simple whole blood-based PCR test to predict tuberculosis in household contacts from diverse African populations, with potential for implementation in national TB contact investigation programs.

**Abstract word count:** 244

**MeSH key words:** tuberculosis, gene expression, biomarkers

## 1 **Introduction**

2 Tuberculosis (TB), caused by infection with *Mycobacterium tuberculosis*  
3 (*M.tb*)<sup>1,2</sup>, is the leading cause of death caused by a single pathogen globally<sup>3</sup>.  
4 Prior to development of symptomatic disease, latent *M.tb* infection can be  
5 detected by measuring immunological sensitization, using the tuberculin skin test  
6 (TST) and/or interferon gamma release assays (IGRA)<sup>4</sup>. Most infected individuals  
7 have effective defense mechanisms to control *M.tb*<sup>5</sup> as only 5-10% will progress  
8 to TB during their lifetime. Despite this, over 10 million new cases of TB are  
9 diagnosed each year and almost 2 million people die from the disease<sup>3</sup>. Although  
10 recent *M.tb* exposure and TST or IGRA conversion are associated with higher  
11 risk of TB progression<sup>6</sup>, the positive predictive values of these tests are low, i.e.  
12 1.5% and 2.7%<sup>7</sup>, falling short of current WHO supported guidelines. Thus, the  
13 number of TST or IGRA-positive individuals requiring treatment to prevent  
14 progression to a single incident case of TB is prohibitively high<sup>8</sup>.

15 Factors associated with elevated risk of progression to TB include age,  
16 sex, comorbidities<sup>9,10</sup>, and especially being in recent contact with a patient with  
17 active pulmonary TB<sup>11,12</sup>. A biomarker that identifies HHC who will progress to TB  
18 would provide an opportunity to arrest disease progression through targeted  
19 prophylactic intervention<sup>13,14</sup>. Such prognostic biomarkers would be most  
20 impactful as point-of-care tests for resource-limited settings, such as those in  
21 Sub-Saharan Africa. Test performance should not be adversely affected by  
22 geographical diversity, as seen in Africa, which has a diversity of ethnic  
23 backgrounds<sup>15</sup> and circulating *M.tb* lineages<sup>16</sup>. A 'TB-risk' test must be practical

24 for field application and therefore based on accessible biological samples  
25 routinely used in clinical settings, such as peripheral blood<sup>17</sup>.

26         Transcriptional profiling of blood cells has emerged as a powerful platform  
27 to discover potential TB biomarkers discriminating TB patients from healthy  
28 uninfected and/or latently *M.tb*-infected individuals<sup>18-23</sup>. We previously defined a  
29 16-gene blood transcriptional correlate of risk (COR) signature that predicts risk  
30 of progression to TB in *M.tb*-infected HIV-negative South African adolescents  
31 and HHC from South Africa and The Gambia<sup>24</sup>. However, given that this COR  
32 signature was developed using a single cohort of latently *M.tb*-infected South  
33 African adolescents, the predictive accuracy for HHC in diverse African  
34 populations may be sub-optimal<sup>24</sup>. It would also be desirable to reduce the  
35 number of transcripts in the signature, to facilitate implementation of a low-cost  
36 point-of-care test.

37         In this study, we developed a simple blood RNA-based, four host-  
38 transcript signature (RISK4) for predicting risk of TB progression in HHC from  
39 diverse African cohorts. RISK4 was validated independently in distinct African  
40 populations from The Gambia, Ethiopia and two cohorts from South Africa.  
41 Furthermore, our study uniquely highlights signatures, as small as single  
42 transcript pairs, which were regulated in opposite directions in progressors and  
43 controls following HHC. These simple tests pave the way for cost-effective  
44 identification of individuals at highest risk for progression.

45

46

## 47 **Methods**

### 48 *Study design and participants*

49 All clinical sites adhered to the Declaration of Helsinki and Good Clinical  
50 Practice guidelines. Ethical approvals were obtained from institutional review  
51 boards (**Supplementary Table 1, and online supplement**). The HHC study  
52 included participants from four African sites: South Africa, The Gambia, Ethiopia  
53 and Uganda, under the Bill and Melinda Gates Grand Challenges 6-74 (GC6-74)  
54 program (**Figure 1 and Supplementary Table 2**). The Adolescent Cohort Study  
55 was described previously<sup>24,25</sup> and included IGRA+ and/or TST+ South African  
56 adolescents aged 12-18 years old with *M.tb* infection, occurring at unspecified  
57 times. Adult participants, or legal guardians of participants aged 10-17 years old,  
58 provided written or thumb-printed informed consent to participate after careful  
59 explanation of the study and potential risks.

60

### 61 *Sample processing and RNA-sequencing*

62 PAXgene (PreAnalytiX, Hombrechtikon, Switzerland) blood RNA samples  
63 were collected from all participants. Progressors were defined as individuals who  
64 developed TB 3-24 months post-HHC. Non-progressor samples were matched to  
65 the pre-diagnosis time points of each progressor by site, gender, age and  
66 recruitment year (**online supplement**). RNA-sequencing was performed by  
67 Beijing Genomics Institute (Shenzhen, China); additional details for processing  
68 and quality control are provided in the online supplement. FASTQ files have been  
69 deposited into the Gene Expression Omnibus<sup>26</sup> under accession GSE94438.

70

71 *Identification of predictive signatures*

72 Candidate site-specific signatures of risk for TB disease progression and final,  
73 simplified qRT-PCR-based candidate signatures were developed using the *Pair*  
74 *Ratios algorithm* (**online supplement**), which was previously described<sup>27</sup> and is  
75 a variation on the pairwise approach used to discover the ACS COR signature<sup>24</sup>.  
76 To summarize, the step-by-step procedure for computing the RISK4 signature  
77 scores using sample qRT-PCR measurements was:

- 78 1. Measure the cycle thresholds (Cts) for the four primer-probes (Applied  
79 Biosystems TaqMan Assays) listed in **Supplementary Table 3**.
- 80 2. For each of the four pairs of primer-probes, compute the difference in raw  
81 Ct, which produces the log-transformed ratio of expression.
- 82 3. Compare the measured ratio to ratios in the look-up table for the given  
83 pair of transcripts in **Supplementary Tables 4-7**. Find the minimal ratio in  
84 column 1 of the table that is greater than or equal to the measured ratio.
- 85 4. Assign the corresponding score in the second column of the look-up table  
86 to the ratio. If the measured ratio is larger than all ratios in column 1 of the look-  
87 up table, then assign a score of 1 to the ratio.
- 88 5. Compute the average over the scores generated from the set of pairs. If  
89 any assays failed on the sample, compute the average score over all ratios not  
90 including the failed assays. The resulting average is the final score for that  
91 sample.

92

93 *Adaptation of published diagnostic signatures to qRT-PCR*

94 The previously published signatures from Maertzdorf et al<sup>28</sup> and Sweeney et al<sup>29</sup>  
95 were adapted to the qRT-PCR platform, where we refer to them as DIAG4 and  
96 DIAG3, respectively. Primer-probe sets were selected for each gene in the  
97 respective signatures, and overall scores were computed for each sample as the  
98 difference in the mean of the up-regulated and the down-regulated transcripts  
99 **(Supplementary Tables 8-9).**

100

101 **Results**

102 We enrolled 4,466 HIV-negative healthy HHC of 1,098 index TB cases  
103 between 2006 and 2010 into the GC6-74 cohorts across 4 African sites (**Figure 1**  
104 **and Supplementary Table 2**). Samples were collected at enrolment/baseline, 6  
105 and 18 months, with the exception of South Africa, where PAXgene blood RNA  
106 samples were collected at baseline and 18 months of follow-up, due to logistical  
107 limitations. Samples from Uganda were not available in sufficient quantities for  
108 this analysis (**Figure 1**). TB incidence in HIV-negative healthy HHC was highest  
109 in South Africa, and lowest in Ethiopia (**Table 1**), as defined by TB case  
110 classifications A-K in **Supplementary Table 10**. Incident cases (progressors)  
111 were defined as those who developed TB between 3 and 24 months following  
112 exposure. “Co-incident” cases, i.e. diagnosed with TB within 3 months of contact  
113 with the index case (**Methods**), were not included in analysis. Prior TB was an  
114 exclusion criterion (**online supplement**), thus progressors likely had their first TB  
115 episode during follow-up. Median age of progressors was comparable across the  
116 4 African sites (Kruskal-Wallis  $p=0.92$ , **Table 1**). Median times to progression  
117 were 7 months in South Africa and Uganda, and 10.5 and 10 months in The  
118 Gambia and Ethiopia, respectively (**Table 1, and Supplementary Table 11A**).  
119 Progressors, as defined by clinical symptoms, chest and other radiographs  
120 (CXR) consistent with TB and response to chemotherapy, without microbiological  
121 confirmation comprised 25% (4/12) of progressors in Ethiopia, 2% (1/43) in South  
122 Africa and 6% (3/34) in The Gambia (TB classification K, **supplementary Tables**  
123 **10 and 11A**).

124

125 **A four-gene correlate of risk signature predicts TB progression in**  
126 **household contacts**

127 We divided South African and Gambian HHC cohorts into training and test  
128 sets, while the entire Ethiopian cohort was assigned to the test set due to its  
129 small sample size (**Figure 1, and Supplementary tables 11A and 11B**). We  
130 utilized the South African and Gambian training sets to construct site-specific  
131 signatures of TB risk, using RNA-seq transcriptomes and the Pair Ratio  
132 approach, which uses ratios of transcripts that were regulated in opposite  
133 directions during TB progression, as a means to magnify TB-associated signals  
134 and simultaneously standardize for RNA concentration by focusing on regulation  
135 in opposite directions (**online supplement and Supplementary Tables 12 and**  
136 **13**). Leave-one-out cross-validation analysis (LOOCV; applied to all samples  
137 from specific individuals) indicated strong potential for predicting TB progression  
138 in both cohorts (South Africa: **Figure 2A**; area under the receiver operating  
139 characteristic curve (AUC)=0.86 [95% CI: 0.79-0.94],  $p=8.4 \times 10^{-10}$ ; The Gambia:  
140 **Figure 2B**; AUC=0.77 [0.66-0.88];  $p=2.5 \times 10^{-10}$ ). Applying the algorithm to the  
141 South African and Gambian cohorts generated two distinct risk signatures  
142 (**Figure 2C and D**). When measured by qRT-PCR using primer/probe sets that  
143 corresponded to the exons, predictive accuracy was maintained  
144 (**Supplementary Figure 1**). Surprisingly, the two signatures were not strongly  
145 cross-predictive when applied to samples from the other country (**Figures 2A**  
146 **and B**). The South Africa signature weakly validated on Gambian samples

147 **(Figure 2B; AUC=0.66 [0.54-0.76],  $p=8.8 \times 10^{-3}$ )**, while The Gambia signature  
148 failed to validate on samples from South Africa **(Figure 2A; AUC=0.59 [0.46-**  
149 **0.73],  $p=0.061$ )**, suggesting site-specific progression signatures in South Africa  
150 and The Gambia.

151 The poor cross-prediction of the South Africa and The Gambia signatures  
152 motivated explicit development of a multi-cohort signature using a training set  
153 that combined samples from both sites. We pooled the PCR-based transcript  
154 pairs that comprised all the South Africa (38 transcripts), and The Gambia (35  
155 transcripts) signatures **(Figure 2C and D, and Supplementary Tables 12 and**  
156 **13)** and sought to identify transcript pairs that were significantly predictive of TB  
157 progression in both cohorts. This analysis on RT-PCR data was also carried out  
158 using the “Pair Ratios” framework **(online supplement)**. We started by  
159 identifying a single pair of transcripts that best fitted the entire training set, and  
160 then successively added the next best pair to the ensemble and re-assessed the  
161 predictive power at each stage **(Supplementary Table 14)**. This procedure was  
162 carried out until addition of pairs led to no further increase in predictive power.  
163 This resulted in the RISK4 signature comprising two transcript pairs constructed  
164 from four unique genes: GAS6 and SEPT4 were up-regulated, whereas CD1C  
165 and BLK were down-regulated in progressors vs. matched controls **(Figure 3A)**.

166 Having developed a multi-site PCR-based signature of risk, we validated it  
167 by blind prediction of TB progression on the multi-cohort test sets from South  
168 Africa, The Gambia and Ethiopia **(Figure 1)**. The RISK4 signature successfully  
169 predicted progression in the entire combined test set (AUC=0.67 [0.57-0.77],

170  $p=2.6 \times 10^{-4}$ , **Figure 3B**), and on each individual site (South Africa, The Gambia,  
171 and Ethiopia with AUCs: 0.66-0.72,  $p < 0.03$ , **Figure 3B**). Surprisingly,  
172 performance of the signature on combined test set samples within a year of TB  
173 diagnosis (AUC=0.66 [0.55-0.78],  $p=1.9 \times 10^{-3}$ , **Figure 3C**) was comparable to  
174 samples collected more than a year before diagnosis (AUCs=0.69 [0.51-0.86],  
175  $p=0.015$ ). Deployment of such a risk signature in a screen-and-treat strategy in  
176 TB HHC would most likely entail testing early after exposure. Therefore, we  
177 assessed the predictive performance of RISK4 on samples from HHC collected  
178 within two months of diagnosis of the index case, and indeed it also validated in  
179 this setting (**Figure 3D**; AUC=0.69 [0.52-0.86],  $p=4.8 \times 10^{-3}$ ). Finally, to further  
180 corroborate the robustness of RISK4, we performed blinded predictions on  
181 samples from an external cohort of IGRA+/TST+ South African adolescents (the  
182 “ACS” cohort), where the time of TB exposure was unknown<sup>24</sup>. RISK4 also  
183 significantly predicted risk of TB progression in this cohort (**Figure 3E**; AUC=0.69  
184 [0.62-0.76],  $p=3.4 \times 10^{-7}$ ).

185

### 186 **Comparison of RISK4 with published diagnostic TB signatures**

187 To benchmark the predictive performance of the RISK4 signature, we  
188 compared it to qRT-PCR-based versions of three published transcriptional  
189 signatures for TB diagnosis: “DIAG3”; the 3-gene diagnostic signature by  
190 Sweeney et al<sup>29</sup>, and “DIAG4”; the 4-gene diagnostic signature by Maertzdorf et  
191 al<sup>28</sup>, and our own previously-reported 16-gene COR signature for TB progression  
192 (“ACS COR”, Zak et al<sup>24</sup>). The three signatures predicted TB progression in the

193 combined test set with comparable accuracy to RISK4 (**Figure 4A**, AUCs of  
194 0.64-0.68,  $p < 3 \times 10^{-3}$ ). However, unlike RISK4 (**Figure 3B**), the three other  
195 signatures did not validate on all sites when evaluated individually (**Figures 4B-**  
196 **D**), suggesting that RISK4 represents a more generally applicable prognostic  
197 signature.

198 After unblinding the South African, Gambian, and Ethiopian test sets, we  
199 interrogated whether the RISK4 signature could be reduced to a single pair of  
200 transcripts without a loss of predictive accuracy. We applied each of the four  
201 ratios in the RISK4 signature to each of the test set cohorts individually, and  
202 compared the performance to the entire RISK4 signature (**Supplementary Table**  
203 **15**). The ratio between the SEPT4 and BLK primers reproduced the performance  
204 of the RISK4 signature on all three test set cohorts, demonstrating feasibility of a  
205 highly simplified, 2-gene host RNA-based signature for identifying HHC at  
206 greatest risk of progressing to active TB.

207

## 208 **Meta-analysis identifies gene pairs that predict TB progression across** 209 **Africa**

210 Overall, predictions for TB progression were the least accurate for the  
211 Ethiopian cohort, which was not used to develop the initial RISK4 signature  
212 (**Figures 1, 3 and 4**). To determine whether further improved accuracy could be  
213 achieved for a signature performing well at all sites, we performed a meta-  
214 analysis of RNA-seq profiles for the combined training and test datasets from all  
215 our three cohorts. This analysis was focused on identifying better predictive gene

216 pairs, given that the single transcript pair SEPT4/BLK performed equivalently to  
217 the RISK4 signature (**Supplementary Table 15**).

218 We combined RNA-seq data from all training and test cohorts, thus  
219 merging the three independent cohorts from South Africa, The Gambia and  
220 Ethiopia. Pairs of up-regulated and down-regulated transcripts were formed from  
221 all transcripts that individually discriminated progressors from controls in at least  
222 one cohort (**Supplementary Tables 16 and 17**; Wilcoxon FDR<0.05 in at least  
223 one of the three cohorts). Each pair was then analyzed on each of the three  
224 sites. We identified nine transcript pairs that discriminated progressors from  
225 controls with AUC>0.75 on all three sites (**Supplementary Table 18**). The  
226 optimal pair consisted of C1QC (up-regulated) and TRAV27 (down-regulated)  
227 and achieved AUC>0.76 on all three sites. We performed logistic regression  
228 analysis to determine whether the remaining eight pairs (**Supplementary Table**  
229 **19, Supplemental Methods**) captured information about TB progression that  
230 was redundant or complementary to the signals detected by C1QC/TRAV27. The  
231 ratio between ANKRD22 (up-regulated with TB progression) and OSBPL10  
232 (down-regulated with progression) led to significantly increased discrimination  
233 between progressors and controls when it was combined with the  
234 C1QC/TRAV27 ratio in HHC cohorts (**Figures 5A-C**), increasing the ROC AUC  
235 on all three HHC cohorts individually to AUC>0.79 (**Supplementary Table 20**).  
236 Thus, the ratios C1QC/TRAV27 and ANRKD22/OSBPL10 capture distinct  
237 aspects of TB progression signals in HHC that are shared across three distinct  
238 African sites.

239 To determine whether the C1QC/TRAV27 and ANKRD22/OSBPL10  
240 signatures captured universal aspects of TB progression rather than HHC-  
241 associated biology, we evaluated them using data from the cohort of IGRA+TST+  
242 South African adolescents<sup>24</sup>. The ANKRD22/OBSPL10 ratio strongly predicted  
243 TB progression among the *M.tb*-infected adolescents (**Figure 5D**; AUC=0.75  
244 [0.68-0.81],  $p=2.86 \times 10^{-11}$ ), but the C1QC/TRAV27 ratio was poorly predictive in  
245 the adolescent cohort (**Figure 5D**; AUC=0.57 [0.49-0.64],  $p=0.042$ ). In contrast to  
246 the HHC, combining the two ratios did not lead to improved discrimination of  
247 progressors and controls in the adolescent cohort (AUC=0.69 [0.61-0.76]; **Figure**  
248 **5D and Supplementary Figure 2A**). To further understand the disparity in the  
249 predictive performance for the HHC cohorts and the *M.tb*-infected adolescents,  
250 we evaluated the longitudinal behavior of the transcript ratios for progressor  
251 samples in the HHC and adolescent cohorts (**Figures 5F and 5G**). The  
252 ANKRD22/OSBPL10 pair exhibited similar behavior in the HHC and ACS, with a  
253 steady up-regulation during progression and no significant difference between  
254 GC6-74 and adolescent participants in any 6-month time window preceding TB  
255 diagnosis (**Figure 5F**). In contrast, the C1QC/TRAV27 ratio was significantly  
256 higher in HHC progressors than in *M.tb*-infected adolescents 19-24 months  
257 before TB diagnosis ( $p=3 \times 10^{-3}$ , **Figure 5G**). Importantly, samples from HHC  
258 progressors were collected mostly at enrolment, immediately following exposure  
259 to the respective TB index cases, thus possibly representing a signature of *M.tb*  
260 exposure.  
261

262 **Discussion**

263 We identified and validated a simple, easily implementable, PCR-based  
264 transcriptomic signature, “RISK4”, to predict risk of progression to active TB  
265 disease in diverse African cohorts of recently exposed HHC of index TB cases.  
266 This four-gene signature predicted risk of progression with similar accuracy in 4  
267 cohorts from 3 Sub-Saharan African populations with heterogeneous genetic  
268 backgrounds, TB epidemiology and circulating *M.tb* strains<sup>30</sup>. Importantly, RISK4  
269 exhibited consistent predictive performance in all test set cohorts, while  
270 previously reported signatures<sup>24,28,29</sup> exhibited cohort-specific variability in  
271 performance. We previously reported that the ACS COR signature validated on  
272 the entire South African and Gambian HHC cohorts, which were not separated  
273 into training and test sets<sup>24</sup>. Failure of the ACS COR to predict TB progression on  
274 The Gambian test set, as reported here, is likely a function of the sample  
275 distribution in the small test set compared with the full Gambian HHC cohort<sup>24</sup>.

276 The signatures reported herein represent significant and translational  
277 improvements over currently used biomarkers for predicting risk of TB, such as  
278 IGRAs or TST<sup>13,14</sup>. Recent estimates suggest the TB incidence of South Africa  
279 and The Gambia to be 0.8%<sup>3</sup> and 0.3%<sup>31</sup>, respectively. However, IGRA and TST-  
280 positive prevalence can reach up to 50% in The Gambia and 80% in South  
281 Africa<sup>3</sup> and although IGRA and TST have a high (approximately 80%) sensitivity  
282 for *M.tb* infection, they have poor positive predictive values (PPV) of 2.7% and  
283 1.5%, respectively for TB progression. Therefore, dozens of individuals would  
284 require prophylactic treatment to prevent progression to TB in a single

285 individual<sup>32</sup>. The target product profile for a non-sputum based TB risk test states  
286 that it should be a rule-out test with high sensitivity, such that individuals at high  
287 risk of TB progression are unlikely to be falsely excluded<sup>7,17</sup> and are referred for  
288 additional investigation for TB or offered prophylactic treatment<sup>33</sup>. At sensitivities  
289 of 81, 71, 62 and 50% the RISK4 signature achieves specificities of 34, 52, 63  
290 and 77% in healthy asymptomatic individuals, respectively, by selection of  
291 different thresholds (**Supplementary Table 21**). Although RISK4 has a similar  
292 poor PPV of 3% as IGRA tests or the TST, it importantly has lower positivity rates  
293 in the target population. To achieve a test performance similar to IGRAs  
294 (between 70 to 80% sensitivity and the number to harm (NTH) to prevent one  
295 case of approximately 85), the RISK4 threshold would identify between 38 and  
296 54% of household contacts for preventative measures, compared to 78% for  
297 IGRA (**Supplementary Table 21**). The performance of RISK4 will, however,  
298 have to be confirmed in larger studies. Importantly, RISK4 fulfills the need for a  
299 test based on accessible samples, such as blood and could yield rapid results as  
300 it does not require antigen stimulation. Computing the score requires basic  
301 arithmetic and the pair-ratio structure eliminates the need for housekeepers or  
302 other standardization methods. Measurement of the transcript levels can  
303 therefore be easily translated to field-friendly PCR devices for simple qRT-PCR-  
304 based point-of-care tests.

305 We identified several transcript pairs that recapitulated the predictive  
306 performance of the RISK4 signature and reflected complementary signals in  
307 predicting risk of TB progression. The most universal pair defined in this meta-

308 analysis showed up-regulation of the complement C1q C-chain (C1QC), and  
309 down-regulation of T-cell receptor alpha variable gene 27 (TRAV27).  
310 Interestingly, complement pathway genes are markedly up-regulated following  
311 *M.tb* infection of non-human primates<sup>34</sup>, consistent with the up-regulation of  
312 C1QC/TRAV27 at baseline in the HHC. Complement activation is also observed  
313 early during human progression to TB<sup>35</sup> while C1q is down-regulated early after  
314 starting TB treatment<sup>21</sup>, suggesting that C1q may be a proxy of early TB  
315 pathology. Conversely, down-regulation of TRAV27, and several other T-cell  
316 genes (**Supplementary Table 17**), is likely associated with the overall decrease  
317 in peripheral T-cell frequencies and their associated gene expression modules  
318 during TB progression, potentially due to migration of T-cells to the disease  
319 site<sup>18,20,35</sup>. The simple C1QC/TRAV27 signal may thus be a read-out of TB risk  
320 following initial exposure to a pulmonary TB case, which is more synchronized in  
321 a HHC study design, even though prior exposure to *M.tb* cannot be ruled out in  
322 our GC6-74 study, and progression to TB disease within the first three months of  
323 the observation period were excluded from the analysis. This may explain why  
324 C1QC/TRAV27 signal was less predictive in the natural history cohort of *M.tb*-  
325 infected adolescents, where the time of *M.tb* exposure was unspecified. Early  
326 clinical studies suggest that recent exposure to *M.tb*, indicated by TST  
327 conversion, can correlate with symptoms consistent with febrile disease, such as  
328 fever and erythema nodosum<sup>36,37</sup>, markers of systemic inflammation.  
329 C1QC/TRAV27 may reflect this inflammatory response induced by failed  
330 containment of *M.tb* following recent exposure.

331 Overall, our study identifies and validates a simple cost-effective PCR-  
332 based test from accessible blood samples that predicts TB in heterogeneous  
333 African populations with intermediate to high TB burdens<sup>13,14</sup>. The test can be  
334 used to screen for risk of progression during TB contact investigation,  
335 implemented by national public health structures<sup>12,32</sup>. The next steps include  
336 assessment of the performance of RISK4 and the 2-transcript C1QC/TRAV27  
337 signature in other settings, including non-African populations and to determine  
338 the feasibility of developing a point-of-care test for targeted intervention.  
339

340 **Table 1:** Baseline demographic characteristics of progressors enrolled and  
 341 matched non-progressor controls in the 4 African household contact cohorts. n:  
 342 number of individuals, IQR: interquartile range.

<b>Site</b>	<b>South Africa</b>	<b>The Gambia</b>	<b>Ethiopia</b>	<b>Uganda</b>
<b>HIV- HHC, n</b>	1,197	1,948	818	499
Progressors, n Incidence, %	43 3.6	34 1.7	12 1.5	11 2.2
<b>Median age, years (IQR)</b>				
Progressors	25 (18-41)	22.5 (20-30.75)	23 (19.75-27)	23 (18-36)
Non-progressors	24 (18-38)	24 (18-30.25)	25 (20-35)	27 (19-38.75)
<b>Male, %</b>				
Progressors	41.9	44.1	33.3	54.5
Non-progressors	40.7	44.1	35.4	54.5
<b>Median time to TB, months (IQR)</b>				
Progressors	7 (5-17)	10.5 (7-18.75)	10 (6.5-15)	7 (5-11)

343

344

345 **Figure Legends**

346 **Figure 1: Consort diagram describing the inclusion and exclusion of**  
347 **participants from the different African cohorts in the Grand Challenges 6-74**  
348 **household contact study:** Stellenbosch University in South Africa (SUN),  
349 Armauer Hansen Research Institute in Ethiopia (AHRI), Makerere University in  
350 Uganda (MAK), Medical Research Council in The Gambia (MRC), and the  
351 external validation natural history study of South African Adolescents (ACS) in  
352 training predictive transcriptomic biomarker for TB progression.

353

354 **Figure 2: Site-specific Feature Selection and Translation to RT-PCR. (A)**  
355 Receiver Operating Characteristic (ROC) Curve for Leave-One-Out Cross-  
356 Validation (LOOCV) of South Africa (blue; AUC=0.86 [0.79-0.94],  $p=8.4 \times 10^{-10}$ ) vs.  
357 The Gambia-trained prospective signature (red; AUC=0.59 [95% CI: 0.46-0.73],  
358  $p=0.06$ ) in South African training set; samples listed in Supplementary Tables  
359 11A and 11B. **(B)** ROC curves for LOOCV of The Gambia (blue; AUC=0.77  
360 [0.66-0.88],  $p=2.5 \times 10^{-5}$ ) vs. South Africa prospective signature (red; AUC=0.66  
361 [0.54-0.77],  $p=8.8 \times 10^{-3}$ ) in The Gambia training set containing 26 progressor and  
362 76 non-progressor samples. **(C and D)** Heatmaps showing the expression of  
363 each splice junction in the South Africa **(C)** and The Gambia **(D)** signatures in  
364 non-progressors (left columns), progressors 1-2 years before diagnosis (middle  
365 columns), and progressors 0–1 years before diagnosis (right columns). For each  
366 group of samples, the central column is the mean fold expression change vs non-  
367 progressors, while left/right columns in each group correspond to mean -/+

368 standard error of the mean. Each row corresponds to a splice junction, and  
369 genes with multiple rows are represented by multiple splice junctions in the  
370 signature.

371

372 **Figure 3: Validation of a multi-cohort 4-gene (RISK4) signature derived from**  
373 **the South African and Gambia training sets. (A)** Expression ratio of gene  
374 pairs in the RISK4 signature, in South Africa (top) and The Gambia (bottom)  
375 training set: non-progressors (left columns), progressors 1–2 years before  
376 diagnosis (middle columns), and progressors 0–1 (right columns) years before  
377 diagnosis. In each group, the central column is the mean fold expression over  
378 non-progressors, while left/right columns in each group correspond to mean  $\pm$   
379 standard error of the mean. **(B)** ROC curves for blind predictions of RISK4 on  
380 test set samples of all sites (black: AUC=0.67 [0.57-0.77],  $p=2.6 \times 10^{-4}$ ), South  
381 Africa (red: AUC=0.72 [0.53-0.92],  $p=6.3 \times 10^{-3}$ ), The Gambia (blue: AUC=0.72  
382 [0.55-0.88],  $p=5.4 \times 10^{-3}$ ), and Ethiopia (green: AUC=0.67 [0.5-0.83],  $p=0.02$ ). **(C)**  
383 Performance of RISK4 signature in test set samples taken within one year of  
384 diagnosis (red; AUC=0.66 [0.55-0.78],  $p=1.9 \times 10^{-3}$ ; 30 progressor samples, 201  
385 non-progressor samples) or 1-2 years before diagnosis (blue; AUC=0.69 [0.51-  
386 0.86],  $p=0.015$ ; 12 progressor samples, 201 non-progressor samples). **(D)** ROC  
387 curve of RISK4 on all baseline test set samples (AUC=0.69 [0.52-0.86],  
388  $p=4.8 \times 10^{-3}$ ). **(E)** ROC curve blind prediction of RISK4 in latently *M.tb*-infected  
389 South African adolescents (AUC=0.69 [0.62-0.76],  $p=3.4 \times 10^{-7}$ ).

390

391 **Figure 4: Comparison of RISK4 and published small TB diagnostic**  
392 **signatures. (A)** ROC curves for blind predictions of RISK4 (Black: AUC=0.67  
393 [0.57-0.77],  $p=2.6 \times 10^{-4}$ ), DIAG3 (red: AUC=0.68 [0.59-0.78],  $p=8.4 \times 10^{-5}$ ), DIAG4  
394 (blue: AUC=0.64 [0.53-0.74],  $p=2.6 \times 10^{-3}$ ) and ACS COR (green: AUC=0.66  
395 [0.55-0.76],  $p=5.8 \times 10^{-4}$ ) in all test set samples. **(B-D)** Blind prediction of  
396 published small signatures: DIAG3 (B: South Africa AUC=0.66 [0.47-0.84], The  
397 Gambia AUC=0.6 [0.45-0.77] and Ethiopia AUC=0.78 [0.64-0.92]), DIAG4 (C:  
398 South Africa AUC=0.77 [0.62-0.91], The Gambia AUC=0.52 [0.33-0.71] and  
399 Ethiopia AUC=0.64 [0.46-0.83]) and RISK16 (D: South Africa AUC=0.82 [0.71-  
400 0.92], The Gambia AUC=0.56 [0.37-0.75] and Ethiopia AUC=0.6 [0.41-0.79]).  
401 South Africa, The Gambia and Ethiopia AUCs are depicted in red, blue and  
402 green, respectively.

403

404 **Figure 5: Gene pairs to predict TB progression in African cohorts.** Ratios of  
405 C1QC/TRAV27 and ANKRD22/OBSPL10 plotted on samples from South Africa  
406 **(A)**, The Gambia **(B)**, and Ethiopia **(C)** along with an optimal discriminant  
407 (dashed line; optimizes sum of sensitivity and specificity) separating progressors  
408 (orange) from non-progressors (blue). On each cohort, the two pairs provide  
409 complementary information; p-values correspond to Chi-square complementation  
410 analysis in Supplementary Table 15. **(D)** ROC curves showing the ability of the  
411 GC6-trained C1QC/TRAV27 (solid; AUC=0.57 [0.49-0.64],  $p=0.042$ ),  
412 ANKRD22/OBSPL10 (dashed; AUC=0.75 [0.68-0.81],  $p=2.86 \times 10^{-11}$ ), and a linear  
413 combination of C1QC/TRAV27 and ANKRD22/OBSPL10 (dotted; AUC=0.69

414 [0.61-0.76],  $p=4.3 \times 10^{-07}$ ) models to predict TB disease progression on in the  
415 ACS cohort. **(F and G)** Log-ratios of expression (mean +/- 95% confidence  
416 interval) for ANKRD22/OBSPL10 **(F)** and C1QC/TRAV27 **(G)** are plotted as a  
417 function of time to diagnosis, for both GC6 (blue) and ACS (red) progressor  
418 samples. Comparison of C1QC/TRAV27 expression at 19-24 months before  
419 diagnosis, between the GC6-74 HHC and ACS cohorts was statistically  
420 significantly different ( $p=3 \times 10^{-3}$ ) using the Mann-Whitney *U* test.

421

422

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