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Evaluating the effectiveness of innovative psychological intervention tools in optimizing health outcomes: A multimethod approach

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Schakel L., Veldhuijzen D.S., Manai M., van Beugen S., van der Vaart R., van Middendorp H., & Evers A.W.M. (in review). Optimizing healthy food preferences by serious gaming. Manuscript in review for publication.

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Curriculum Vitae

Lemmy Schakel was born on January 31, 1992 in Gorinchem, the Netherlands. In 2010, she completed secondary school education at Lyceum de Oude Hoven in Gorinchem. After graduation, Lemmy started the Bachelor program Psychology at Leiden University and earned her bachelor's degree in 2013. Next, she started the Master program Medical Psychology at Tilburg University and earned her master's degree cum laude in 2015. From September 2015, Lemmy worked as a Ph.D. candidate in the department of Health, Medical and Neuropsychology at Leiden University. During her Ph.D., she supervised a multitude of students working on their bachelor project and master thesis. From December 2018 to February 2019, she also worked as a postdoc researcher in the department of Health, Medical and Neuropsychology at Leiden University in the Health and Well-being track of the Digital Society. From April 2018 to current, Lemmy works as a psychologist in a local care institution (Rivas Zorggroep).

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