



Universiteit
Leiden
The Netherlands

Evaluating the effectiveness of innovative psychological intervention tools in optimizing health outcomes: A multimethod approach

Schakel, L.

Citation

Schakel, L. (2019, September 10). *Evaluating the effectiveness of innovative psychological intervention tools in optimizing health outcomes: A multimethod approach*. Retrieved from <https://hdl.handle.net/1887/77746>

Version: Not Applicable (or Unknown)

License: [Licence agreement concerning inclusion of doctoral thesis in the Institutional Repository of the University of Leiden](#)

Downloaded from: <https://hdl.handle.net/1887/77746>

Note: To cite this publication please use the final published version (if applicable).

Cover Page



Universiteit Leiden



The handle <http://hdl.handle.net/1887/77746> holds various files of this Leiden University dissertation.

Author: Schakel, L.

Title: Evaluating the effectiveness of innovative psychological intervention tools in optimizing health outcomes: A multimethod approach

Issue Date: 2019-09-10

EVALUATING
THE EFFECTIVENESS OF
INNOVATIVE PSYCHOLOGICAL
INTERVENTION TOOLS
IN OPTIMIZING HEALTH OUTCOMES:
A MULTIMETHOD APPROACH



LEMMY SCHAKEL

