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Exploring the potential of self-monitoring kidney function after transplantation : from patient acceptance to replacing outpatient care
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Citation

Lint, C. L. van. (2019, March 5). *Exploring the potential of self-monitoring kidney function after transplantation : from patient acceptance to replacing outpatient care*. Retrieved from <https://hdl.handle.net/1887/69378>

Version: Not Applicable (or Unknown)

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Issue Date: 2019-03-05

Stellingen behorende bij het proefschrift

Exploring the potential of self-monitoring kidney function after transplantation

From patient acceptance to replacing outpatient care

1. Self-monitoring kidney function after transplantation leads to a significant decrease in number of outpatient visits without compromising on quality of care. *Dit proefschrift*
2. A creatinine device with suboptimal accuracy can still be used to monitor kidney function after kidney transplantation. *Dit proefschrift*
3. Self-monitoring kidney function after transplantation is more suitable to recipients of a living donor kidney. *Dit proefschrift*
4. More variation in subsequent measurement results is related to a lower amount of trust in the accuracy of the creatinine device, but not to whether using the creatinine device is considered pleasant, reassuring or useful. *Dit proefschrift*
5. Registering more favourable creatinine values than measured and postponing the registration of new measurements are the biggest challenges to the safety of self-monitoring kidney function after transplantation. *Dit proefschrift*
6. The emotional experience of using a self-management support system must be taken into account when designing and implementing a system to be used in healthcare. *Dit proefschrift*
7. Self-monitoring provides patients with concrete evidence to contact their healthcare provider. *Brunton et al., The Contradictions of Telehealth User Experience in Chronic Obstructive Pulmonary Disease (COPD): A Qualitative Meta-Synthesis. PLOS ONE 10(10)*
8. A mismatch between context and technology is the main reason why the implementation of up to three quarters of new medical devices fails. *Medical devices: Managing the mismatch. An outcome of the Priority Medical Devices project. 2010, World Health Organization.*
9. De inzet van eHealth vraagt om verandering van organisaties en processen, maar vooral van gedrag. *Nictiz eHealth Monitor 2017*
10. Applying classical RCTs in eHealth research is a matter of hitting the target, but missing the point.
11. Om de wereld leefbaar te houden moeten we onze eetgewoontes drastisch veranderen.
12. Zelfkritiek is ook maar een mening.