



Universiteit  
Leiden  
The Netherlands

## **Criminal substance abusing adolescents and systemic treatment**

Pol, T.M. van der

### **Citation**

Pol, T. M. van der. (2018, November 28). *Criminal substance abusing adolescents and systemic treatment*. Retrieved from <https://hdl.handle.net/1887/67102>

Version: Not Applicable (or Unknown)

License: [Licence agreement concerning inclusion of doctoral thesis in the Institutional Repository of the University of Leiden](#)

Downloaded from: <https://hdl.handle.net/1887/67102>

**Note:** To cite this publication please use the final published version (if applicable).

Cover Page



Universiteit Leiden



The handle <http://hdl.handle.net/1887/67102> holds various files of this Leiden University dissertation.

**Author:** Pol, T.M. van der

**Title:** Criminal substance abusing adolescents and systemic treatment

**Issue Date:** 2018-11-28

# **Criminal substance abusing adolescents and systemic treatment**

**Thimo van der Pol**

Criminal substance abusing adolescents and systemic treatment

Thimo van der Pol

ISBN: 978-94-028-1176-6

Copyright © 2018 Thimo van der Pol

All rights reserved. No part of this thesis may be reproduced, stored or transmitted in any way or by any means without the prior permission of the author, or when applicable, of the publishers of the scientific papers.

Cover design and layout by Tara Kinneging, [persoonlijkproefschrift.nl](http://persoonlijkproefschrift.nl)

Printed by Ipskamp Printing, [proefschriften.net](http://proefschriften.net)

# **Criminal substance abusing adolescents and systemic treatment**

Proefschrift

ter verkrijging van  
de graad van Doctor aan de Universiteit Leiden,  
op gezag van Rector Magnificus prof.mr. C.J.J.M. Stolker, volgens besluit  
van het College voor Promoties  
te verdedigen op woensdag 28 november 2018  
klokke 12.30 uur

door

**Thimo Martijn van der Pol**

geboren te Gent, België  
in 1975

Promotores:

Prof. dr. R.R.J.M. Vermeiren

Prof. dr. V.M. Hendriks

Co-promotor:

Dr. L. van Domburgh

Leden promotiecommissie:

Prof. dr. E.F. van Furth

Prof. dr. A. Popma

Prof. dr. H. van de Mheen (Tilburg University)

“Wohl bin ich ein Wald und eine Nacht dunkler Bäume: doch wer sich vor meinem Dunkel nicht scheut, der findet auch Rosenhänge unter meinen Zypressen.”

Friedrich Nietzsche, *Also Sprach Zarathustra*

## **CONTENTS**

- CHAPTER 1    **General introduction**  
PAGE 9
- CHAPTER 2    **The effectiveness of Multidimensional Family Therapy (MDFT) in treating adolescents with multiple behaviour problems: a meta-analysis**  
PAGE 23
- CHAPTER 3    **Common elements of evidence-based family treatments for adolescents with disruptive behaviour problems**  
PAGE 55
- CHAPTER 4    **Multidimensional family therapy reduces self-reported criminality among adolescents with a cannabis use disorder**  
PAGE 73
- CHAPTER 5    **Multidimensional family therapy in adolescents with a cannabis use disorder: long-term effects on delinquency in a randomised controlled trial**  
PAGE 93
- CHAPTER 6    **Assessing the effect of multidimensional family therapy in adolescents on police arrests against a background of falling crime rates: a randomised controlled trial with 7 years follow-up**  
PAGE 113



|            |  |
|------------|--|
| CHAPTER 7  | <b>Summary and general discussion</b><br>PAGE 127  |
| CHAPTER 8  | <b>References</b><br>PAGE 143  |
| CHAPTER 9  | <b>Samenvatting</b><br>PAGE 169  |
| CHAPTER 10 | <b>Dankwoord</b><br>PAGE 178<br><b>Curriculum vitae</b><br>PAGE 182<br><b>Publications</b><br>PAGE 184 |