

Polytrauma patient management: Processes and performance in the Netherlands and beyond

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PART I

EVALUATION OF TRAUMA CARE SYSTEMS



2

Trauma systems around the world: A systematic overview



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ABSTRACT

Background

Implementation of trauma care systems has resulted in improved patient outcomes, but international differences obviously remain. Improvement of care can only be established if we recognize and clarify these differences. The aim of the current review is to provide an overview of the recent literature on the state of trauma systems globally.

Methods

The literature review over the period 2000 to 2016 was conducted following the Preferred Reporting Items for Systematic reviews and Meta-Analyses guidelines. Prehospital care, acute hospital care and quality assurance were classified using the World Health Organization Trauma System Maturity Index in four levels from I (least mature) to IV (most mature).

Results

The search yielded 93 articles about trauma systems in 32 countries: 23 high-income (HI), 8 middle-income (MI) countries and 1 low-income (LI) country. Trauma-related mortality was highest in the MI and LI countries. Level IV prehospital care with Advanced Life Support was established in 19 HI countries, in contrast to the MI and LI countries where this was only reported in Brazil, China, and Turkey. In 18 HI countries, a Level III/IV hospital-based trauma system was implemented, whereas in nine LI- and MI countries Level I/II trauma systems were seen, mostly lacking dedicated trauma centers and teams. A national trauma registry was implemented in 10 HI countries.

Conclusion

Despite the presence of seemingly sufficient resources and the evidence-based benefits of trauma systems, only nine of the 23 HI countries in our review have a well-defined and documented national trauma system. Although 90% of all lethal traumatic injuries occur in middle and LI countries, according to literature which our study is limited to, only few of these countries a hold formal trauma system or trauma registry. Much can be gained concerning trauma systems in these countries, but unfortunately, the economic situation of many countries may render trauma systems not at their top priority list.

INTRODUCTION

Trauma is a major health problem worldwide and the leading cause of death in people younger than 45 years. Each year about 5 million people die as a result of traumatic injuries, of which 90% occur in low-income (LI) and middle-income (MI) countries. A study by Mock et al. Showed that mortality due to trauma is inversely related to the economic level of a country. According to their results, an injured patient in Ghana is almost twice as likely to die as a patient with the same injuries in the United States. These differences are even more dramatic for multiple injuries patients (Injury Severity Score \geq 16), for whom the mortality rate is six times higher in LI countries compared with high-income (HI) countries.

In HI countries, the implementation of trauma care systems has led to a significant decrease in mortality and disability. It is estimated that improvements in trauma care systems worldwide may prevent about one third of injury-related deaths. However, these improvements come at a cost, and the economic situation of many countries may render trauma systems not at their top priority list. The World Health Organization (WHO) published guidelines for essential trauma care and for trauma guality improvement programs to reduce the trauma-related mortality differences between the HI and LI countries.² Still, the management of trauma requires personnel for a preferably multidisciplinary approach, not only within the hospital, but also for prehospital care. The American College of Surgeons-Committee on Trauma (ACS-COT) identified several aspects as crucial for optimal trauma care. 5 Education, adequate resources, and an organized system need to be in place. The presence or absence of all of these individual parts of the chain of trauma care determines the potential for existence of a trauma system. The goal of this review is to give an overview of the similarities and differences of trauma systems around the world, based on the available literature. In this review, we focused on prehospital care, acute hospital care, and quality assurance.

MATERIALS AND METHODS

The review was conducted according to the preferred reporting items for systematic reviews and meta-analyses statement.⁶

Search Strategy and Article Selection

An extensive literature search in PubMed was performed with the help of an experienced medical librarian in June 2016. We used the following search terms: "Traumatology/organization and administration," "trauma management," "trauma system," "emergency medical services," "emergency medical services," "trauma care system," "trauma care," prehospital

care," "trauma registry," "national," "nationwide," "global," "worldwide." The exact search strategy is provided in the Appendix. Title and abstract of identified articles were screened for relevancy. Articles from 2000 until June 2016 were included. The full text of selected articles was retrieved. Articles providing descriptive national data on trauma epidemiology, prehospital care, acute hospital care, and quality assurance were included in the definite selection. To provide a comprehensive overview, we aimed to include at least one article from a country in every continent. Articles that primarily focused on pediatric trauma systems were excluded. Also, when an article provided information about just one parameter (prehospital care, acute hospital care, or quality assurance), this article was excluded from the review. Furthermore, only articles in English, German, and Dutch were included. The reference lists of the included articles were screened for additional relevant articles. Also, official websites mentioned in the publications (ACS, WHO, German Trauma Register, Canadian Institute for Health Information) were accessed to obtain recent and valid data.

Classification of Trauma Systems

The level of prehospital care, acute hospital care, and quality assurance in each country was scored according to the Trauma System Maturity Index. This index was developed by the WHO to assess and determine the maturity of trauma systems within countries, according to a classification in four levels ranging from Level I maturity (least mature) to Level IV maturity (most mature) (Table 1).⁷ It is of interest to note that this classification is the opposite of the classification of trauma centers by the ACS-COT, in which the Level I trauma centers provide the highest level of trauma care. If there were differences noted in trauma system implementation within countries, such as in the United States, we generalized the information based on the available literature to be able to classify the country within one level.

Prehospital Care

The level of prehospital trauma care and the level of education and training of emergency medical services (EMS) personnel are both important factors for the outcome of patients.⁸ Level of prehospital care was scored according to the Trauma System Maturity Index (Table 1). Levels I and II of the prehospital care maturity index reflect "unorganized prehospital care." In these levels, no formal Emergency Medical Service (EMS) system is implemented, and patients are transported to the hospitals mostly by private or public vehicles. Levels III and IV of the prehospital care maturity index reflect well- established and organized prehospital care systems with the difference that in Level IV systems, a formal lead agency and legislative system is established.

Two types of EMS systems and prehospital care training were distinguished, based on an article by Roudsari et al.⁹ In Basic Life Support (BLS) EMS systems, noninvasive care is given by emergency medical technicians, whereas in Advanced Life Support (ALS) EMS

systems, more sophisticated and invasive therapy is given by either medical technicians or physicians (Doc-ALS). For countries where prehospital care is not provided by personnel with a training, the type of EMS system was scored as "no formal training."

Acute Hospital Care

The level of facility-based trauma care was scored according to the WHO Trauma System Maturity Index (Table 1). In contrast to the ACS-COT criteria, the Level I and II maturity categories of the WHO Trauma System Maturity Index concerns acute hospital care for which no formal hospital-based trauma system is implemented. Also, resources are not always available, and the methods of referring patients are not always clear. Level III hospital-based care provides comprehensive trauma care but without a formal network, with a lead agency but no formal accreditation and verification by the (federal) government in place. In Level IV hospital-based trauma care verification and accreditation by the government is in place, and a lead agency is established with mandate to supervise trauma care. Also, the presence of dedicated Level I trauma centers according to the ACS-COT guidelines and of dedicated trauma teams were scored.

Education and Training

Besides the level of the facility-based trauma care, the level of education and training of hospital personnel according to the WHO Trauma System Maturity Index (Table 1) and the implementation of Advanced Trauma Life Support (ATLS) or equivalent courses were scored for each country.

Quality Assurance

The level of quality assurance was scored according to the WHO Maturity Index (Table 1). Also, the presence or absence of a trauma registry was recorded, since this is considered to be a key element of a mature trauma care system and to form the basis of quality assurance programs.¹⁰

Data Extraction

Two independent readers (S.D. and C.N.) classified the trauma systems according to the parameters described above. They classified data from the included papers and other mentioned sources using a predesigned data extraction form. Disagreement on scores was resolved by consensus discussion, if needed with involvement of the senior authors.

The trauma-related mortality rate in each country was derived from data of the WHO.¹¹

The development of trauma systems comes at a cost, and the economic welfare is possibly related to the development of trauma systems. Therefore, the economic income level of the countries described in the selected articles was classified according to data of the World Bank.¹²

Table 1. WHO Maturity Index Trauma System⁷

	Level I	LevelII	Level III	Level IV
Prehospital Trauma Care	No mapping of prehospital resources No formal EMS, unavailability or duplication of prehospital services No defined communication system	Prehospital resources are identifiable No coordination between public and private providers of prehospital care No universal access number, weak links of communication	Formal EMS present Universal Access Number available Coordination seen between various agencies for prehospital care delivery Well defined communication	Formal EMS controlled by a lead agency National universal access number Legislative mechanism in place to govern EMS and allow universal coverage
Education and Training	No identified health personnel to offer primary trauma care in community	Identified health personnel in the community for emergency trauma care No definite training requirement for health workers or ambulance personnel	Health professionals and paramedics are trained in provision of emergency trauma care Training courses are available for trauma education	Educational standards and training for emergency trauma care providers laid down Licensing and renewal norms for different levels of paramedics are in place
Facility based Trauma care	Role of secondary and tertiary facilities unclear Health facilities lack human and physical resources No clear referral linkages	 Roles of various health care facilities are clear Referral linkages are present No documentation or needs assessment of facilities in line with ESTC guidelines No lead agency in the system 	Health facilities in the systems are assessed in line with ESTC guidelines Guidelines Muman and physical resources are available and ensured round the clock Lead agency present	Mechanism of hospital verification and accreditation is in place through Ministry of Health or professional bodies Lead agency established with mandate to supervise trauma care
Quality Assurance	 No injury surveillance or registry mechanism in place to get comprehensive data 	Injury data available but no formal attempts to document and analyze the data No initiative for Quality Assurance program	 Basic Quality Assurance programs in line with EsTC guidelines Guidelines are in place 	 Formal Quality Assurance programs are in place and are mandated in prehospital and facility based services

EsTC, Essential Trauma Care Project.

RESULTS

Selection of Articles

The search identified 2,728 articles. After removal of duplicates and screening the titles and abstracts for relevance, 231 full-text articles were screened for eligibility. After application of the exclusion criteria, 63 articles on trauma systems in 32 countries were included (Fig. 1). Additionally, 30 references were identified through the other sources. Articles with data from countries in all continents were included. All 14 included European countries as well as two North-American countries and two countries in Oceania were classified as HI. Of the included countries in Africa, one was classified as HI, one as LI, and two as MI countries. Four countries in Asia were classified as HI, and five as MI (Table 2). The trauma-related mortality rates are summarized also by sex in Table 2.

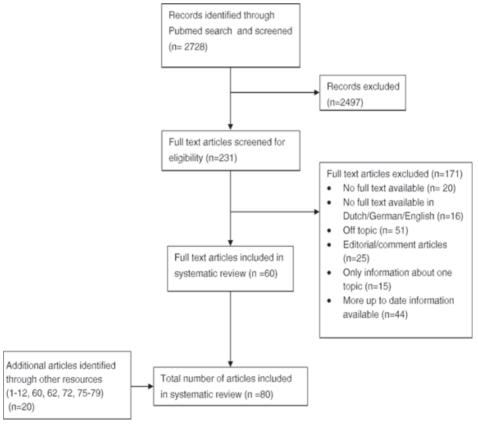


Figure 1. Flowchart search strategy

Prehospital Care

In all low and middle economic income level countries described in this review, a wellorganized prehospital care system is absent or still in its early stages, and a substantial part of the injured patients is not transported to hospital by specialized EMS vehicles (Table 2). 13,16,36 In most of these countries, the persons involved in the transport of injured patients had not followed any form of certified training. 19,25,36 Differences in access to prehospital care between the cities and rural areas were reported for some countries. 19,27 The Seychelles Islands formed an exception in this group being an HI country lacking a prehospital system.¹⁵

Levels III and IV of the prehospital care were typically found in HI countries and upcoming upper MI countries, such as Brazil, China, and Turkey (Table 2). In China and Turkey, an educational system for paramedics was implemented, and in Brazil, the government was prioritizing education programs on emergency medicine. 20,37,68 In these EMS systems, certified EMS personnel provided BLS or ALS. In many countries with formally trained EMS personnel, such as New Zealand, Croatia, and Saudi Arabia, the organization of prehospital care, and type and skills of EMS personnel was dependent on the national geography, with a lower level of life support available in the more rural areas. 33,40,72 Although the prehospital care trauma systems in HI countries were well established and organized, they were not entirely similar. Differences existed not only with regard to EMS personnel training skills but also in the organization of prehospital care. In many European countries, ambulances were staffed with both highly trained paramedics and physicians, depending on the severity of the injuries^{29,38,41,45,50,54,57,59,60,63,} whereas in, for example, the United States, Hong Kong, and Japan, the EMS system was entirely run by paramedics. ^{23,31,65} In most countries, ground ambulances formed the core of the EMS system. Differences were noticed in the number of helicopters and dispatch criteria for helicopter EMS. Mostly, helicopters were used to enable rapid transportation of severely injured patients to the trauma center. 63,65 The use of helicopters was not only dependent on the earlier mentioned criteria but also on the geographical differences between countries. Helicopters were used less frequently in the smaller and more densely populated countries, whereas countries, such as Canada, Australia, and the Scandinavian countries with less densely populated areas relied more on air transport. 8,41,45,46,51,60,63,70

Acute Hospital Care

Facility-Based Trauma Care

Levels I and II hospital-based trauma care based on the WHO Trauma System Maturity Index was mostly found in LI and MI countries with maturing trauma systems, such as India, Iran, Saudi Arabia, Brazil, Thailand, Ghana, and China (Table 2). In many countries, a formal hospital trauma care pathway was lacking and surgical residents or general

surgeons were responsible for the initial care of the injured patients. Their availability, however, was far less than 24/7 in many hospitals. ^{14,19,21,36} Differences between hospitals in the urban and rural areas were seen within countries, well-trained personnel and advanced facilities were available in large hospitals located in more urban areas, resembling level III facility based care, but were not available in rural regions of, for example, Saudi-Arabia, India, and Iran. ^{26,28,34}

In most HI countries, some form of hospital trauma care pathway was documented. In WHO Trauma System Maturity Index Level III hospital-based care, severely injured patients were often attended to by a physician trained in emergency medicine or by a general surgeon. Several differences between countries were found. For example, a trauma team was implemented in 88% of the hospitals that receive trauma patients in Norway, but only in 20% of those hospitals in Finland. A1,42,53 The care in the majority of trauma receiving hospitals is organized ad hoc, mostly without having legislation and protocols for transfer, triage and management in place. A1,38,40,44,50,51,58,72,73 A different situation is found in South Africa, which had seven specialized trauma centers spread over the country with an experienced general surgeon and immediately available surgical facilities, however, without a formal network.

Level IV hospital-based care according to the WHO Trauma System Maturity Index was primarily seen in the HI countries with dedicated trauma centers and trauma teams. Many countries based their trauma system and the distribution of trauma centers on the criteria set by the American College of Surgeons-Committee on Trauma (ACS-COT) published in 1999.⁵ As a consequence of the implementation of these guide-lines, trauma care became increasingly regionalized first in the United States, and subsequently in many other countries, such as Canada, Hong Kong, Australia, The United Kingdom, Israel, the Netherlands, and Germany. ^{24,45,46,54,61,63,66,70} However, other organizational models are seen, for instance, in Japan, where a three-tiered trauma care system has been implemented.³² Despite the well-implemented trauma systems in these countries, there are still differences in organization of trauma care and the distribution of trauma centers due to local policies, population density, and geographical differences.^{46,63} At a facility base level, it was seen that what all these countries have in common is that they implemented a system with dedicated trauma centers and dedicated trauma teams (Table 2). Various studies in numerous countries have shown that inclusive trauma systems result in an overall lower mortality risk for severely injured patients. 55,56,74

Education and Training

ATLS courses are given in 28 of the 32 countries included in this review⁷⁵, although this training has not been implemented nationwide in many LI and MI countries. However, efforts for improvement are undertaken, for instance, in India which participated in the Essential Trauma Care Project since 2003 and in Saudi Arabia where a trauma system

Table 2. Trauma System Characteristics

Continent/	Economic	Trauma-	Prehospital care		Acute Hospital Care	
Country	income level ¹²	related mortality per 100,000 Population ¹¹	WHO level of Prehospital Trauma Care ⁷	Education and training of EMS Personnel ⁹	WHO level of Facility Based Trauma Care ⁷	Dedicated level-1 trauma centers
Africa						
Ghana ^{13,14}	Lower Middle	♂ 100.1 ♀ 41.1	1	No formal training	I/II	No
Seychelles ¹⁵	High	♂ 81.7 ♀ 17.2	1/11	No formal training	1/11	No
South Africa ^{16–18}	Upper Middle	♂ 93.9 ♀ 34.7	II/III	No formal training	11/111	Yes
Zimbabwe ¹⁹	Low	♂ 86.8 ♀ 26.9	II	No formal training	1	No
Asia						
China ^{20–22}	Upper Middle	♂ 86.3 ♀ 53.1	III	ALS/BLS	1/11	No
Hongkong ^{23,24}	High	♂ n/a ♀ n/a	IV	ALS	IV	Yes
India ^{25,26}	Lower Middle	♂ 103.0 ♀ 26.6	I/II	No formal training	I/II	No
Iran ^{27,28}	Lower Middle	♂ 108.4 ♀ 43.2	I/II	No formal training	I/II	No
Israel ^{29,30}	High	♂ 37.8 ♀ 17.4	IV	ALS/BLS	IV	Yes
Japan ^{31,32}	High	♂ 76.1 ♀ 46.4	IV	ALS	IV	Yes
Saudi Arabia ^{33–35}	High	♂ 89.9 ♀ 26.9	II	BLS	I/II	No
Thailand ³⁶	Upper Middle	♂ 169.9 ♀ 46.3	1/11	No formal training	II	No
Turkey ³⁷	Upper Middle	♂ 42.8 ♀ 13.6	IV	ALS	II/III	No
Europe						
Belgium ^{38,39}	High	♂ 72.7 ♀ 44.6	IV	ALS	III	No
Croatia ^{39,40}	High	♂ 92.1 ♀ 45.1	III	ALS/BLS	III	Yes
Finland ^{41–43}	High	♂ 114.7 ♀ 45.6	IV	ALS	III	No
France ⁴⁴	High	♂ 74.1 ♀44.5	IV	ALS	III	No
Germany ^{45–47}	High	♂ 48.6 ♀ 29.3	IV	ALS		Yes

			Quality assurance	
Trauma team	WHO level of Education and Training ⁷	ATLS or equivalent course ⁶⁰	WHO level of Quality Assurance ⁷	Trauma registry
			I/II	No national trauma registry
No	II	Yes (Mass Casualty Incident Responder Course)		
No	II/III	Yes	II	Hospital-based registries
	II			
			II	Initiatives for, Chinese National Injury Surveillance System
Yes	IV	Yes	III	Trauma registries in trauma centres, no central system
No	II	Yes	II	Hospital based registries
No	II	Yes	1	No trauma registry established.
Yes	IV	Yes	IV	Israel National Trauma Registry
No	IV	Yes (and JATEC)	IV	Japan Trauma Data Bank
	1/11	Yes	II	Currently building a nationwide surveillance system for injury
No	II	Yes		, , , , , , , , , , , , , , , , , , ,
No	III	No (Turkish Association for Trauma and Emergency)		
No	IV	Yes (European trauma course)		
No	II/III	No	III	Joining EuroTARN
Yes (20% trauma team)	III	Yes	III	Hospital based registries, some hospitals join TARN
No	III	Yes	III	Regional and hospital based Registries
Yes	IV	Yes	IV	TraumaRegister DGU

Table 2. Trauma System Characteristics (continued)

Continent/	Economic	Trauma-	Prehospital care		Acute Hospital Care		
Country	income level ¹²	related mortality per 100,000 Population ¹¹	WHO level of Prehospital Trauma Care ⁷	Education and training of EMS Personnel ⁹	WHO level of Facility Based Trauma Care ⁷	Dedicated level-1 trauma centers	
Greece ^{48,49}	High	♂ 54.0 ♀ 14.3	III	ALS		No	
Italy ^{39,50}	High	♂ 49.7 ♀ 32.6	IV	ALS		No	
Ireland ^{51,52}	High	♂ 52.6 ♀ 21.7	III	ALS/BLS		No	
Norway ^{41,43,53}	High	♂ 62.3 ♀ 39.3	IV	ALS/BLS		No	
the Netherlands ^{54–56}	High	♂ 36.8 ♀ 28.2	IV	ALS		Yes	
Scotland ^{57,58}	High	♂ 43.2 (= UK numbers) ♀ 26.8	III	ALS		No	
Spain ⁵⁹	High	♂ 45.6 ♀ 26.4	IV	ALS		No	
Sweden ^{41,43}	High	♂ 64.1 ♀ 37.6	IV	ALS		No	
United Kingdom ^{60–62}	High	♂ 43.2 ♀ 26.8	IV	ALS		Yes	
North America							
Canada ^{63,64}	High	♂ 52.7 ♀ 29.9	IV	ALS		Yes	
USA ^{65–67}	High	♂ 83.3 ♀ 38.0	IV	ALS		Yes	
South America							
Brazil ^{68,69}	Upper Middle	♂ 125.7 ♀ 27.5	II/III	BLS		No	
Oceania							
Australia ^{24,67,70,71}	High	♂ 50.0 ♀ 24.8	IV	ALS		Yes.	
New Zealand 71-73	High	♂ 56.8 ♀ 28.2	III	ALS/BLS		Yes	

JATEC, Japan advanced trauma evaluation and care course; NTRC, National Trauma Registry Consortium; STAG, Scotland Trauma Audit Group; TARN, Trauma Audit & Research Network.

		Quality assurance			
Trauma team	WHO level of Education and Training ⁷	ATLS or equivalent course ⁶⁰	WHO level of Quality Assurance ⁷	Trauma registry	
No	II/III	Yes	II	Hospital and multiregional registries	
	IV	Yes	III	Hospital based registries, initiatives to implement national trauma registry, EuroTARN	
		Yes	IV	Collaborating with the TARN, implementing Major Trauma Audit	
Yes	IV	Yes	III	Individual or hospital based registries, working toward national registry (Kvalitetsregister i traumasjukvården (Kvittra)	
Yes	IV	Yes	IV	National Trauma Registry	
No	III	Yes	IV	STAG	
No	III	Yes	II	No nationwide trauma registry, initiatives in autonomous regions	
	IV	Yes	III	Individual or hospital based registries, initiatives for national registry	
Yes	IV CNIII	Yes	IV	TARN	
Yes	III	Yes	III	Canadian National Trauma Registry (1997–2014), currently regional trauma registries	
Yes	IV	Yes	IV	National Trauma Data Bank	
		Yes	I/II	No National Trauma Data Bank	
Yes	IV	Yes (and Emergency Management of Severe Trauma course)	IV	NTRC	
No	III	Yes (and Emergency Management of Severe Trauma course	IV	NTRC	

with internationally accepted trauma courses was being implemented since 2010.^{26,34} Although, in South Africa, a similar situation is seen, where not every surgeon is being trained according to ATLS course, this seems to be compensated for by the high exposure and experience with trauma.¹⁷

In the HI countries, differences regarding the implementation of trauma courses were noticed as well. Some countries, such as Turkey, have implemented their own course or combined the ATLS course with another course. Examples of such courses included the Emergency Management of Severe Trauma in Australia and New Zealand, the Japan Advanced Trauma Evaluation and Care course in Japan and the European Trauma Course in Belgium. ^{37,38,72,73} The availability of a training program in a country did not necessarily mean that all trauma care doctors in a hospital were trained accordingly. 40,41,45,48,54

Quality Assurance

Despite the major trauma burden, in LI and MI countries, trauma registries are generally not part of the trauma care system (Table 2). 76 Apart from local and private initiatives in some of these countries, there was no nationwide trauma registry in India, South Africa, Iran, Brazil, Saudi Arabia, Spain, Ghana, and China at the dates of publication of these articles. 14,18,20,22,26,28,69 In many countries, the need for a trauma registry is acknowledged, for example, in 2015, Saudi Arabia initiated plans for a nationwide trauma registry.³⁵

Mainly, the HI countries had nationally implemented trauma registries based on strict criteria, which subsequently would be classified as a Level IV trauma registry. 24,30,45,58,67 Several international collaborations in the field of trauma registries were seen. Some contribute to the German Trauma Register-DGU, United Kingdom and Ireland are collaborating within the Trauma Audit & Research Network, Australia and New Zealand established the binational National Trauma Registry Consortium, and the Scandinavian countries are collaborating in the Scandinavian Trauma Registry. 43,47,51,62,67,71 Some European countries that were classified as having Level III quality assurance, such as Croatia and Italy, did not have a national trauma registry but worked together since 2007 in creating a European database, the EuroTARN.³⁹ In other countries without a nationwide trauma registry, local initiatives were present, for example, in Greece, only 40% of the health care facilities contributed to the trauma registry, and in 2009, some autonomous regions in Spain had shown initiatives to implement a registry. 49,59 In contrast, the Canadian National Trauma Registry, which was established in 1997, was closed in 2014 for diverse reasons, such as availability of data elsewhere and changing priorities.⁶⁴

DISCUSSION

The goal of this article is to give an international overview of the trauma systems worldwide, based on the available literature over the past 16 years. Despite internationally accepted standards and several initiatives by the WHO, it is apparent that there are still important differences between the organization and maturity of trauma care systems worldwide. Mature trauma systems are implemented in all included HI countries, whereas these are absent in most of the LI and MI countries, despite their high trauma burden. It seems that improvements in trauma care are, at least in part, related to a country's level of economic welfare. Mock et al.³ suggested that increased economic welfare most likely first led to a reduction of prehospital trauma deaths due to improvements in prehospital care. This assumption is supported by historic data from the United States, where a decrease in prehospital deaths was seen over time.⁷⁷ On the other hand, a global rise in motor vehicle ownership in countries with increasing welfare is expected to lead to an increase in deaths due to road traffic crashes from 1.3 million deaths currently to 1.9 million deaths worldwide in 2020.⁷⁸ Although this is not a part of the trauma system, also preventive measures including legislation and improvement of infrastructure are needed to decrease trauma-related mortality in upcoming economies.⁷⁸ Research has shown that measures aimed at prevention, prehospital care, and in-hospital care are cost-effective in decreasing mortality of injured patients.³

Several initiatives, such as the Essential Trauma Care Project, have been initiated by the WHO to improve trauma care worldwide with affordable and reasonable minimum standards of care. Basic innovations have had a major effect on trauma care which offers leads for further development of trauma systems in several countries. For example, the collaboration between the government of Ghana and the Essential Trauma Care Project has led to initiatives to implement a National Ambulance.⁷⁹ A systematic review by La-Grone et al.⁸⁰ concerning the implementation of the guidelines of the Essential Trauma Care project showed that 40% of all LI countries and 30% MI countries documented some form of implementation of the Essential Trauma Care Project Guidelines. However, in only 14% of the countries, this implementation led to the formulation of policy. This trend is also seen in the implementation of trauma registries. It has been acknowledged worldwide that trauma registries are important for assessing and evaluating the development and improvement of global trauma care and quality assurance programs.¹⁰ However, this review showed that a nationwide trauma registry is absent in most countries, especially in MI and LI countries (Table 2). The implementation of a trauma registry not only requires a central organization but also a digital infrastructure and trained staff. Subsequently maintaining an implemented trauma registry is costly. 10 However, the lack of any form of trauma registry has a negative impact on the development of a mature trauma system and the implementation of rules and regulations concerning trauma care.²⁶ The development and worldwide implementation of an internationally accepted minimum set of data on trauma patients could facilitate and improve future trauma care improvement projects.

Limitations

This review has some limitations. First, we used the most commonly used instrument for classifying trauma systems, the WHO trauma system maturity index. We had difficulty, however, to apply the level criteria of the index for some countries information. Especially if specific criteria were not mentioned and some of the criteria within one level were not met. If we hesitated between two levels, we chose to assign the higher level. A classification system with less composite levels and clearer criteria would help to classify trauma systems in a less ambiguous manner. For countries in which trauma care is organized on a federal or regional level, such as the United States, possible differences in the levels of care between the federal or regional trauma systems could not be identified due to a lack of data. Second, the literature on which we based the review was published over a period of 16 years. Although we did our best to retrieve the most up-to-date information available and did not include articles published before to the year 2000, some countries will have improved their trauma systems since the publication of the selected articles in this review. Improvements that had not been published and of which we were not aware could thus not be addressed in this review. Similarly, some countries may not have published about their trauma system at all. Finally, the methodological quality of the selected articles could not be assessed, because we are not aware of an instrument that can be used to evaluate the quality of this type of descriptive literature.

CONCLUSION

Despite the presence of seemingly sufficient resources and the evidence-based benefits of trauma systems, only nine of the 23 HI countries in our review have a well-defined and documented national trauma system. In most MI and LI countries, a formal trauma system is absent despite the high trauma burden in these countries. Much can be gained by improving trauma systems in these countries, but unfortunately, it also is apparent that trauma system development depends, at least in part, on the economic welfare.

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APPENDIX I: SEARCH STRATEGY

Years: 2000-2016

("trauma management"[ti] OR "Traumatology/organization and administration"[Mesh] OR "trauma system"[ti] OR "trauma systems"[ti] OR "polytrauma"[ti] OR "polytraumas"[ti] OR "polytraumas"[ti] OR "trauma care systems"[ti] OR "trauma care systems"[ti] OR "trauma care systems"[ti] OR "trauma care systems"[ti] OR "trauma care" [ti] OR "emergency medical services" [ti] OR "emergency medical services" [ti] OR "prehospital care" [ti] OR "pre-hospital care" [ti] OR "trauma registry" [ti] OR "trauma registries" [ti]) AND ("Geographic Locations" [Mesh] OR "national" [tw] OR "nationwide" [tw] OR "global" [tw] OR "worldwide" [tw])