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Managing a sustainable career in the contemporary world of work: personal choices and contextual challenges

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The average person spends more than one-third of their life working. Considering that work plays a central role in our lives, many of us are concerned about making career decisions and choosing career paths that bring us happiness and success, and thus are sustainable. However, as much as we want to, we cannot craft sustainable careers by simply making the right career decisions. Our careers are continuously affected by less controllable aspects in our lives, such as societal changes and the organization we work for. To fully understand what makes careers sustainable, we need to acknowledge the role that both the person and other contextual stakeholders play in influencing sustainable careers.

This book contains four empirical chapters that study the consequences of a number of contemporary career choices made by the individual, such as working from home and becoming self-employed, and the influence of supervisors and society on sustainable careers. In addition, this dissertation sheds light on the challenges that certain minority group members face in building a sustainable career. The findings are of value to individuals who are concerned with managing a sustainable career and to organizations and policy makers facing the challenge of promoting career sustainability.

This is a volume in the series of the Meijers Research Institute and Graduate School of the Leiden Law School of Leiden University. It is part of the Law School's research programme 'Coherent Private Law'.

Managing a Sustainable Career in the Contemporary World of Work: Personal Choices and Contextual Challenges

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