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Effects of a self-regulation lifestyle program for post-cardiac rehabilitation patients

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'De interessantste vragen blijven vragen.
Ze dragen een geheim in zich.
Bij elk antwoord hoort een "misschien".
Alleen onbelangrijke vragen hebben een duidelijk antwoord.'
'Bedoelt u dat er geen oplossing is voor het begrip "Leven"?'
'Ik bedoel dat er voor het begrip "Leven" verschillende
oplossingen zijn, dus geen oplossing.'
'Zo denk ik er ook over, oma Rozerood.
Er is geen oplossing voor het leven,
behalve dan maar gewoon te leven.'

'Oscar en oma Rozerood' (2004)
Eric-Emmanuel Schmitt

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door
Veronica Regina Janssen
geboren te Amsterdam in 1979

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Contents

- Chapter 1. General Introduction - 7
- Chapter 2. Changes in Illness Perceptions and Quality of Life During Participation in Cardiac Rehabilitation - 19
- Chapter 3. Lifestyle Modification Programs for Patients with Coronary Heart Disease: A Systematic Review and Meta-Analysis of Randomized Controlled Trials - 39
- Chapter 4. Beyond Resolutions? A Randomized Controlled Trial of a Self-Regulation Lifestyle Program for Post-Cardiac Rehabilitation Patients - 95
- Chapter 5. Long-Term Follow-Up of a Self-Regulation Lifestyle Program for Post-Cardiac Rehabilitation Patients: Are Effects Maintained? - 121
- Chapter 6. Changing for Good: The Role of Self-Regulation in Exercise Adherence Following Cardiac Rehabilitation - 147
- Chapter 7. Summary & General Discussion - 159
- Nederlandse Samenvatting - 183
- Curriculum Vitae - 197
- Acknowledgements - 198