



Universiteit  
Leiden  
The Netherlands

## **Bias or reality? : negative perceptions of ambiguous social cues, social performance and physical arousal in socially anxious youth**

Miers, A.C.

### **Citation**

Miers, A. C. (2010, March 3). *Bias or reality? : negative perceptions of ambiguous social cues, social performance and physical arousal in socially anxious youth*. Retrieved from <https://hdl.handle.net/1887/15032>

Version: Not Applicable (or Unknown)

License: [Licence agreement concerning inclusion of doctoral thesis in the Institutional Repository of the University of Leiden](#)

Downloaded from: <https://hdl.handle.net/1887/15032>

**Note:** To cite this publication please use the final published version (if applicable).

## **Bias or Reality?**

Negative perceptions of ambiguous social cues,  
social performance and physical arousal in  
socially anxious youth.

Cover image by John Miers ([www.johnmiers.com](http://www.johnmiers.com))

ISBN 978-90-9025144-8

© Anne C. Miers

Printed by Ipskamp Drukkers B. V., Enschede

# **Bias or Reality?**

Negative perceptions of ambiguous social cues,  
social performance and physical arousal in  
socially anxious youth.

## **Proefschrift**

ter verkrijging van  
de graad van Doctor aan de Universiteit Leiden,  
op gezag van Rector Magnificus prof. mr. P. F. van der Heijden,  
volgens besluit van het College voor Promoties  
te verdedigen op woensdag 3 maart 2010  
klokke 13:45 uur  
door

**Anne Claire Miers**

Geboren te Cardiff, U. K.  
in 1980

## **Promotiecommissie**

### **Promotor:**

Prof. dr. P. M. Westenberg

### **Copromotor:**

Dr. A. W. Blöte

### **Overige leden:**

Prof. dr. F. G. Zitman (Leids Universitair Medisch Centrum)

Dr. K. Roelofs (Universiteit Leiden)

Prof. dr. S. M. Bögels (Universiteit van Amsterdam)

Prof. dr. R. Rapee (Macquarie University, Australia)

## Contents

|           |                                                                                                                                            |     |
|-----------|--------------------------------------------------------------------------------------------------------------------------------------------|-----|
| Chapter 1 | General Introduction                                                                                                                       | 7   |
| Chapter 2 | Interpretation bias and social anxiety in adolescents                                                                                      | 19  |
| Chapter 3 | Negative self-evaluations and the relation to performance level in socially anxious children and adolescents                               | 41  |
| Chapter 4 | Peer perceptions of social skills in socially anxious and nonanxious adolescents                                                           | 61  |
| Chapter 5 | Subjective and objective arousal correspondence in high and low socially anxious youth: The role of task stressfulness and self-monitoring | 81  |
| Chapter 6 | General Discussion                                                                                                                         | 109 |
|           | References                                                                                                                                 | 125 |
|           | Samenvatting (Summary in Dutch)                                                                                                            | 143 |
|           | Curriculum Vitae                                                                                                                           | 152 |

