



Universiteit
Leiden
The Netherlands

Never too old to learn : the effectiveness of the Coping with Depression course for elderly

Haringsma, R.

Citation

Haringsma, R. (2008, January 31). *Never too old to learn : the effectiveness of the Coping with Depression course for elderly*. Retrieved from <https://hdl.handle.net/1887/12620>

Version: Not Applicable (or Unknown)

License: [Licence agreement concerning inclusion of doctoral thesis in the Institutional Repository of the University of Leiden](#)

Downloaded from: <https://hdl.handle.net/1887/12620>

Note: To cite this publication please use the final published version (if applicable).

Never too old to learn

The effectiveness of the Coping with Depression course
for elderly

Haringsma, Rimke

Never too old to learn. Effectiveness of the Coping with Depression course for elderly

Thesis Leiden University - With summary in Dutch

ISBN 978-90-8891-0272

Cover design: Carin Althuisen: althuisen@fishtwins.nl

The study was supported by the Netherlands Organisation for Health Research and Development (Zorg Onderzoek Nederland, ZonMw), Grant 98-04-56.

No part of this book may be reproduced in any form by print, photoprint, microfilm or any other means without written permission from the author

Never too old to learn

The effectiveness of the Coping with Depression course
for elderly

Proefschrift

Ter verkrijging van
de graad van Doctor aan de Universiteit Leiden,
op gezag van Rector Magnificus prof. mr. P.F. van der Heijden,
volgens besluit van het College voor Promoties
te verdedigen op donderdag 31 januari 2008
klokke 15:00 uur
door
Rimke Haringsma
geboren te Djakarta, Indonesië
in 1951

Promotiecommissie

Promotor: Prof. dr. Ph. Spinhoven

Co-promotor: Dr. G.I. Engels

Referent: Prof. dr. R.C. van der Mast
Universiteit Leiden – LUMC

Overige leden: Prof. dr. A.T.F. Beekman,
Vrije Universiteit Amsterdam - VUMC

Prof. dr. P. Cuijpers,
Vrije Universiteit Amsterdam

Prof. dr. A. J.W. van der Does

Content

Chapter 1	General Introduction	7
	1. Depression in elderly	
	1.1 Diagnosis	
	1.2 Course of depression in elderly	
	1.3 Risk factors	
	1.4 Prevalence	
	2. Interventions	
	2.1 Treatment	
	2.2 Prevention	
	3. 'Coping With Depression' course for elderly	
	4. Outline	
Chapter 2	The criterion validity of the Center for Epidemiological Studies Depression Scale (CES-D) in a sample of self-referred elders with depressive symptomatology	25
Chapter 3	Effectiveness of the Coping With Depression Course for Older Adults provided by the community-based mental health care system in the Netherlands; a randomized controlled field trial	37
Chapter 4	Predictors of response to the Coping With Depression Course for Older Adults. A field study	57
Chapter 5	Effects of depressed mood on autobiographical memory in older adults with and without lifetime depression	81
Chapter 6	General Discussion	99
	1. Results	
	1.1 Characteristics of the participants	
	1.2 Study 1: Criterion validity of the CES-D	
	1.3 Predictors of outcome	
	1.4 Specificity of Autobiographical Memory	
	2. Discussion of the results	
	2.1 Prevention	
	2.2 Treatment	
	3. Could the course be more effective?	
	4. Limitations and Strengths	
	4.1 Limitations	
	4.2 Strengths	

5. Implications for the community mental health services	
6. Future directions	
6.1 Age	
6.2 Education and lower social economic status	
6.1 Ethnicity	

Summary	125
Samenvatting	131
Dankwoord	137
Curriculum vitae	141