

**Optical coherence tomography for coronary artery disease : analysis and applications**

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CHAPTER THREE

# **TISSUE CHARACTERIZATION WITH DEPTH-RESOLVED ATTENUATION COEFFICIENT AND BACKSCATTER TERM IN INTRAVASCULAR OPTICAL COHERENCE TOMOGRAPHY IMAGES**

**Abstract** — A new and important application of intravascular optical coherence tomography (IVOCT) for atherosclerotic tissue analysis is using it to estimate attenuation and backscatter coefficients. This work aims at exploring the potential of the attenuation coefficient, a proposed backscatter term and image intensities in distinguishing different atherosclerotic tissue types with a robust implementation of depth-resolved (DR) approach. Therefore the DR model is introduced to estimate the attenuation coefficient and further extended to estimate the backscatter-related term in IVOCT images, such that values can be estimated per pixel without predefining any delineation for the estimation. In order to exclude noisy regions with weak signal, an automated algorithm is implemented to determine the cut-off border in IVOCT images. The attenuation coefficient, backscatter term and the image intensity are further analyzed in regions of interest, which has been delineated referring to their pathology counterparts. Local statistical values were reported and their distributions were further compared with 2-sample t-test to evaluate the potential for distinguishing six types of tissues. Results show that the IVOCT intensity, DR attenuation coefficient and backscatter term extracted with the reported implementation are complementary to each other on characterizing six tissue types: mixed, calcification, fibrous, lipid-rich, macrophages and necrotic core.

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# **3.1 Introduction**

Optical coherence tomography (OCT) is an imaging modality with a high resolution [55]. Since the light can be transmitted via an optical fiber, OCT has been introduced into the intravascular imaging by embedding an optical fiber into an imaging catheter [5]. The acquired intravascular OCT (IVOCT) images with a high resolution (10-20 $\mu$ m) boosted the understanding of the composition of atherosclerosis in the coronary artery, which is one of the fatal diseases that is responsible for most of the death in the world [31]. In IVOCT images, different tissue types can be recognized [8], e.g. the fibrous tissue is bright, both lipid-rich and calcified plaque appear as low intensities, while the border of the former tends to be diffused and the latter as sharper.

To achieve automated analysis of IVOCT images for diagnosis and risk assessment, much attention has been spent on the quantitative characterization of the tissue composition of the coronary vessel wall [56, 8, 57, 58, 27, 28, 59, 60, 61, 62, 30, 63]. Inspired by the literature on tissue optics in general OCT [64, 65, 66, 67, 68, 69], one of the important features that has been analyzed is the OCT-derived attenuation and backscatter coefficient. For the accurate estimation, the modeling of the transmitting light through biological tissue usually requires taking into consideration of the complex interactions [66, 67] such as multiple scatter and concentration dependency. On the other hand, estimations have been reported at an adequate accuracy for tissue quantification based on a simplified model involving a single exponential decaying term [68, 69].

Based on the simplified model, one of the commonly used approaches for the estimation of the attenuation is the least square fitting either an exponential curve to a 1D OCT signal or a linear function to the logarithm of 1D OCT signal. The curve-fitting (CF) attenuation has been widely used to quantify biological tissue such as bladder urothelial carcinoma [70], human skin [71], nasopharyngeal carcinoma cells [72], collagen content in ovarian tissue [73], breast tissue [74], and human atrial tissue [75]. Specifically for the analysis of tissue in the coronary arteries, an earlier work of Xu et al. [27], has shown that the CF approach can be used to estimate both the attenuation and backscatter coefficients, which can improve the differentiation of atherosclerotic tissue. In order to improve the reproducibility and the robustness of the CF approach, Gargesha, et al. [76] estimated the attenuation coefficient within volumes of interest (VOI). The method has been validated with different combinations of noise reduction filtering and outlier rejecting to optimize a goodness-of-fit. Furthermore, attenuation and backscatter coefficients were analyzed to characterize the neointima formation after the stent implemented from different manufacturers. [77, 78] Van Soest, et al. [28] proposed an automated optimization scheme to estimate the attenuation coefficient by expanding fitting windows within regions assumed to be homogeneous. This approach has been validated with a later study from the same group [79]. Since the automated algorithm allows for a high robustness and reproducibility, the CF-attenuation is increasingly used for region-based tissue characterization combined with

machine learning tools, such as random forest [40], Gaussian likelihood map [74] and supported vector machine [75].

Another approach for the estimation of attenuation coefficient has been recently introduced by Vermeer et al [59]. It is based on a depth-resolved (DR) model, and allows for local pixel-wise estimation with two fundamental assumptions, the light should be attenuated completely and the backscatter and attenuation are linear related to each other. Despite strict assumptions have been made, their measurements did show a good consistency in both homogeneous and layered phantom experiments. This DR attenuation has been used for the detection of the cerebral edema in OCT images [80]. Taking the confocal function and the fall-off of the system into consideration, the DR model has been reported to estimate the attenuation more accurately and potentially further improve the pixel-wise tissue characterization in combination with a noise removal approach [81]. Besides estimating the attenuation, it should be noted that the DR model has been widely used for the enhancement of OCT images [82, 83, 84, 85, 86]. Due to its recent introduction, no quantitative analysis with DR model for tissue characterization has been reported on IVOCT images.

The aim of this work is to explore the potential of DR attenuation coefficient, backscatter term and image intensities in distinguishing different atherosclerotic tissue types with a robust implementation of DR approach. In order to achieve this goal, the DR attenuation is introduced to IVOCT, the model is further extended to estimated a backscatter term, and a cut-off border is determined to remove noisy region. Six types of tissue were labeled by two pathologists referring to their histological counterparts. Combining with the image intensities, the estimated attenuation coefficient and the backscatter term are analyzed for the differentiation of these six types of tissue. To the best of our knowledge, no such study has been published so far for intravascular tissue analysis.

The structure of this paper is organized as follows. In 3.2.1, the light propagation model and the DR-attenuation are introduced, the estimation of a backscatter term is derived in 3.2.2, and the DR model is combined with CF approach to determine the cut-off depth border in 3.2.3. The experimental materials and the implementation of the experiment are described in 3.3. The results are reported in 3.4 and further discussed in 3.5, where the estimated values are extensively compared with that in the literature. The conclusion is drawn in 3.6.

# **3.2 Depth-resolved model analysis**

We continue to use the model of light transmission as it has been introduced in the work of Vermeer, et al. [59]

$$
I_b(d) \cong \beta \cdot L_0 \cdot \mu_b(d) \cdot e^{-2 \int_0^d \mu_t(u) du}, \tag{3.1}
$$

where  $I_b(d)$  is the digitalized signal detected at depth d,  $\beta$  accounts for both the quantum efficiency of the detector [67] and the converting factor of the digitizer,  $L_0$  is the source light power (Wm<sup>-2</sup>), the attenuation is denoted as  $\mu_t$  and the backscatter coefficient is denoted as  $\mu_b$ .

## **3.2.1 Depth-resolved attenuation**

With an assumption that the backscattered light is a fixed fraction to the attenuated light  $u_b(d) = \alpha u_t(d)$  the integration from d to infinite of Eq. 3.1 will be:

$$
\int_{d}^{\infty} I_b(u) du \cong -\frac{\alpha \beta L_0}{2} e^{-2 \int_0^u \mu(v) dv} + C \Big|_{d}^{\infty} = -\frac{I_b(u)}{2 \mu_t(u)} + C \Big|_{d}^{\infty} = \frac{I_b(d)}{2 \mu_t(d)}. \tag{3.2}
$$

The fraction of Eq. (3.1) and Eq. (3.2) is then the estimated attenuation:

$$
\mu_t(d) \cong \frac{I_b(d)}{2 \int_d^{\infty} I_b(u) du}.
$$
\n(3.3)

The attenuation can be estimated with the OCT image intensities as:

$$
\mu[i,j] \approx \frac{I[i,j]}{2 \bigtriangleup \sum_{y=j+1}^{\infty} I[i,y]},\tag{3.4}
$$

where an OCT image is denoted as I with size of  $M \times N$ , i indicates the Aline number (pixel), j indicates the depth number (pixel) and  $\triangle$  is the pixel size (mm/pixel). In order to avoid the accumulation of noise during the calculation, the image is first denoised with a median filter.

## **3.2.2 Backscatter term estimation**

Suppose an A-line from a homogeneous region starts at depth  $d_1$  and ends at depth  $d_2$ . Within this region, both the attenuation and the backscatter coefficients at each depth  $d \in (d_1, d_2)$  are the same  $\mu_t(d) = \tilde{\mu}_t$  and  $\mu_b(d) = \tilde{\mu}_b$ , thus Eq. 3.1 can be simplified as:

$$
I_b(d) \cong L' \cdot \tilde{\mu}_b \cdot e^{-2 \cdot r \cdot \tilde{\mu}_t},\tag{3.5}
$$

where  $r = d - d_1$  and  $r \in [0, d_2 - d_1]$ . The term  $L' \beta = L_0 \cdot e^{-2 \int_0^{d_1} \mu_t(u) du}$  is the diminished source intensity along the path from the catheter to the defined region. Using the same notation,  $L'$  is the diminished light power that enters at depth  $d_1$  with the same unit as  $L_0$  (Wm<sup>-2</sup>) divided by the imaging factor  $\beta$ .

Within the homogeneous region,  $\tilde{\mu}_t$  and  $\tilde{\mu}_b$  can be estimated as the slope and the offset of the linear function fitted with  $\ln \left[ I_b(d)/\beta L' \right]$ , as it has been proposed that in the work of Schmitt, et al  $[64]$ . Noting that the  $L'$  is a constant relative to d, linear fitting  $\ln [I_b(d)]$  gives the same estimation of the attenuation coefficient. However, the estimation of  $L'$  is necessary for the estimation of backscatter coefficient.

With DR model, we consider  $d_1$  and  $d_2$  are the start and the end of a pixel, then  $e^{-2\cdot r\cdot\tilde{\mu}_t}$  approximates to 1 since r is then very small. Dividing Eq. 3.5 by a factor of  $e^{-2\int_0^{d_1}\mu_t(u)du}$  and taking the logarithm we get a similar intersection to be our backscatter term as:

$$
T_b(d) = \ln \frac{L_0}{\beta} \cdot \tilde{\mu}_b \cong \ln I_b(d) + 2 \int_0^{d_1} \tilde{\mu}_t(u) du \tag{3.6}
$$

where  $\tilde{\mu}_t(u)$  is the estimated attenuation at depth u. The defined term  $T_b(d)$ is linear related to the logarithm of the backscatter coefficient with a constant offset related to the initial incident energy  $L_0$  and the imaging parameter  $\beta$ .

## **3.2.3 DR-CF cut-off algorithm**

One of the main concerns regarding the pixel-wise DR algorithm is the assumption that the integral of intensity should be taken to infinity. However, in practice infinity is substitute with a large value, the maximum depth  $D$  of the signal in case of OCT images. This causes little effect on the estimated attenuation of the superficial tissue region, where the signal is much stronger than the noise. However, as it approaches to the end of an A-line, the estimated attenuation coefficient with the noise-dominant signal will be exaggerated thus is unreliable.

In order to avoid this, we applied the DR-CF algorithm to determine a cut-off depth. Noting that:

$$
\int_{d}^{\infty} I_b(u) du = \frac{\alpha \beta L_0}{2} e^{-2 \int_{0}^{d_1} \mu(u) du} e^{-2 \int_{d_1}^{d} \tilde{\mu} du} = \frac{\alpha L'}{2} e^{-2r\tilde{\mu}},
$$
(3.7)

thus taking natural logarithm to the both sides, Eq. 3.7 becomes:

$$
\ln\left(\int_{d}^{\infty} I_b(u) du\right) \cong -2r\tilde{\mu} + \ln \frac{\alpha L'}{2}.
$$
 (3.8)

The second term is a constant, the logarithm of the integral intensities follows a linear function with respect to the depth within this region, and the attenuation can be calculated from the slope. With the DR-CF algorithm, the left term is always decreasing, thus it guarantees that the estimated values are positive and the high noise tolerance of the CF-approach is maintained. Since the deeper signals are influenced strongly by noise, it is difficult to perceive the local variations, but the general decreasing trend can still be estimated with the DR-CF algorithm.

The cut-off algorithm is described in Algorithm 1. The linear fitting is implemented in Matlab (R2016a, The MathWorks, Inc., Natick, Massachusetts, USA) with the Least Square approximation. In Algorithm 1 Step 2, the size of the sliding window size is chosen to be 21 pixels for each A-line. After fitting, an error image  $I_{err}$  is calculated, and then a threshold of the squared error  $5\times10^5$ was experimentally chosen to create a binary image  $I_{bw}$  in Step 3. In order to

determine a continuous border with the regional maximum got in Step 3, a morphological closing of  $I_{bw}$  is used in Step 4, where the octagon operator is used with a radius of 6 pixels.

# **Algorithm 1:** Determine the DR-CF cut off border

- 1: Calculate the  $cum\_I_b = \int_d^D I_b(u) du;$
- 2: From the backside of each A-line, estimate the attenuation with linear fitting according to Eq. 3.8 with a sliding window calculate the image of
- 3: the fitting error  $I_{err}$  (the total norm of fitting residuals) is found.
- 4: Threshold the fitting error and extract a binary image  $I_{bw}$  marking the regional maximum.
- 5: Morphologically close  $I_{bw}$  with a octagon of radius  $R$ , and the backborder defined binary image is the defined cut-off depth border.

# **3.3 Experiment and Implementation**

In order to analyze the potential of the IVOCT-estimated optical values for distinguishing the coronary artery tissue, six types of tissue were delineated according to their pathological counterparts harvested from two cadaver hearts, resulting in 135 of IVOCT images for the analysis. The data and the implementation for the analysis are described in more detail as follows.

## **3.3.1 Data description**

Coronary segments were dissected from the cadaver hearts and imaged ex-vivo by OFDI. The samples were pinned on a rubber sheet and immersed in a water bath with 0.9% saline solution. A 0.014-inch guidewire was introduced into the vessel followed by an OFDI catheter (LUNAWAVE, Terumo). Sequential images were acquired at a pullback rate of 20 mm/s (158 frames/s, 512 A-lines per frame). The source light has a center wavelength of 1300 nm and a bandwidth of 124 nm. The depth resolution for each A-line used in this work is 5.4  $\mu$ m per pixel, which has been calculated with the refractive index stored in the raw data as 1.447.

## **3.3.1.1 Tissue Preparation and Plaque Assessment**

After the intracoronary imaging, samples were X-rayed and then decalcified using ethylene diamine tetraacetic acid as required. Coronary segments were sectioned at 3 to 4mm intervals and embedded in paraffin to obtain 4 to 6  $\mu$ m thick sections followed by hematoxylin  $\&$  eosin (H $\&$ E) and Movat pentachrome stain.



Figure 3.1: The histological cross-sections (**A**-**D**) and the corresponding IVOCT cross-sections (**A**'-**D**'). Star (\*) marks the guide wire. The attenuation coefficients and the backscatter term are labeled as (**A**-**D**).att and (**A**-**D**).bcs, respectively. Noisy region behind the determined cut-off border is marked with dark blue overlay in attenuation and backscatter cross section. Plaques of interest are labeled in pathological cross-sections, which have been aligned with other related IVOCT images.

## **3.3.1.2 Matching and delineating IVOCT images**

In each pathological cross-section, two pathologists (CN and ST) identified the following tissue categories in histology: lipid, calcification, mixed calcified plaque, necrotic core, and macrophage. The remaining tissue was identified as fibrous plaque. The identified tissues in histology were independently delineated by the pathologists such that each regions of interest (ROIs) only included one type of tissue (Fig. 3.1 A-D).

The histological cross-section and the corresponding IVOCT cross-section

were matched using the lumen shape and tissue appearance in both images by two cardiologists [YS and YO]. IVOCT cross-sections with insufficient image quality and significant artifacts such as tangential artifact were not used for the analysis. Based on the contours delineated by the pathologists in histology, the two cardiologists delineated the same tissue in matched IVOCT images in QCU-CMS (LKEB, Leiden University Medical Center, Leiden, The Netherlands) (Fig. 3.1 A'-D'). When the border of the tissue could clearly be detected on IVOCT, the delineation followed the borderlines. When the border could not be clearly perceived, the contours in histological images were superimposed on the IVOCT images in order to yield a high reproducibility. If there were more than two layers of different ROIs in one cross-section, only the most adluminal ROI was employed for the analysis considering the light property.

The two pathologists [GN and ST] were blinded to the IVOCT delineation and IVOCT light property analysis. At the stage of IVOCT delineation, to enable accurate co-localization of the histology with IVOCT images, two cardiologists [YS and YO] were unblinded to the histological identification. However, these cardiologists were blind to the following IVOCT light property analysis. The IVOCT light property analysis was performed independently from the either histological identification or IVOCT delineation process.

## **3.3.2 Implementation**

The experimental flow of analyzing the IVOCT values was designed as it is shown in the Fig. 3.2.



Figure 3.2: The work flow for the experiment.

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#### **3.3.2.1 Data transformation**

In the Terumo Lunawave imaging system, images are saved at 8-bit depth to allow for a high system sensitivity, resulting into a lower dynamic range than those saved at 12-14 bit depth [87]. The algorithm has been proposed based on a transition model that is linearly related to the detected light signal. Once the image is compressed nonlinearly, the estimated values can be in different ranges. As optical properties, it is expected that the estimated attenuation coefficient and backscatter term are in the same range for the same type of tissue rather than depending on the imaging systems. In order to overcome this issue, we used a matching look-up table to match 8-bit images generated with Lunawave from Terumo (Tokyo, Japan) to 16-bit range of images generated with Illumien Optis from St. Jude Medical (St. Paul, MN, USA) [88].

#### **3.3.2.2 Denoising**

A median filter with small window size is applied to the pixel-wise DR estimated values to remove noise. Pixel-wise DR estimation allows statistical analysis within local regions. Although it might blur the edges between different types of tissue, the median filter will hardly affect the statistical distribution within the local region.

The median filter window size was chosen as [3, 11] for calculation of  $cum_{b}$ and the same window size was applied for noise removal. With a pixel size of 5.4  $\mu$ m, this length accordingly covers a range about 60  $\mu$ m. The window size eleven is chosen to be the maximum odd number that covers approximately the thickness of small identifiable structures e.g. a thin cap defined in the literature  $[89]$  (< 65  $\mu$ m).

# **3.3.3 Statistical analysis**

The data was processed and analyzed with MATLAB. For each delineated region, the distribution of intensities, attenuation and the backscatter term is analyzed. The mean, standard deviation (std), median, maximum (max), 95th percentile (95th Per.), minimum (min), skewness and kurtosis values were calculated within each delineated region. Values between different tissue types were compared with the two-sample  $t - test$ . Both 3D scatter plots of the intensity, attenuation coefficient and backscatter term and their principle component analysis (PCA) projected 2D scatter plot are generated.

# **3.4 Results**

In MATLAB, the current code has been implemented with 3-D matrices calculation. Median filtering with a window size of 11 pixels on a PC with a 2.83-GHz dual-core processor currently takes 7 s for every 100 IVOCT polar images of 512 A-lines with 900 depth points. The total time of calculating the attenuation coefficient and the backscatter term with cut-off border

		Intensity	Attenuation	Backscatter
		(no unit)	$(mm^{-1})$	(no unit)
		average $\pm$ std	average $\pm$ std	average $\pm$ std
Mixed	mean	$156.84 \pm 2.08$	$1.68 + 0.14$	$5.81 \pm 0.09$
	median	$157.14 \pm 2.24$	$1.44 \pm 0.17$	$5.85 \pm 0.13$
	$_{\rm std}$	$26.00 \pm 0.59$	$1.14 \pm 0.07$	$0.71 \pm 0.03$
	max	$236.64 \pm 3.04$	$7.34 \pm 1.01$	$7.56 \!\pm\! 0.19$
	95th Per.	$198.93 \pm 2.09$	$3.89 + 0.25$	$6.91 \pm 0.07$
	min	$43.27 \pm 13.31$	$0.11 + 0.06$	$3.43 \pm 0.61$
	skewness	$-0.15 \!\pm\! 0.07$	$1.11 \pm 0.23$	$-0.17 \pm 0.26$
	kurtosis	$3.01 \pm 0.08$	$4.38 + 0.94$	$2.51 \pm 0.40$
Cal	mean	$142.49 \pm 15.05$	$0.87 + 0.24$	$5.24 \pm 0.42$
	median	$143.06 \pm 15.11$	$0.68 \pm 0.16$	$5.21 \pm 0.41$
	$_{\rm std}$	$26.43 \pm 2.19$	$0.63 \pm 0.21$	$0.65 \pm 0.07$
	max	$232.68 \pm 16.39$	$5.35 {\pm} 1.10$	$7.37 \pm 0.29$
	95th Per.	$185.07 \pm 17.10$	$2.17 + 0.73$	$6.37 \pm 0.49$
	min	$31.21 \pm 20.63$	$0.13 + 0.03$	$3.54 {\pm} 0.36$
	skewness	$-0.11 + 0.12$	$2.22 \pm 0.49$	$0.24 + 0.21$
	kurtosis	$3.03 + 0.16$	$10.72 + 4.87$	$2.78 + 0.29$
Fib	mean	$172.17 \pm 10.39$	$1.75 + 0.48$	$6.22 \pm 0.32$
	median	$173.93 \pm 10.42$	$1.67 \pm 0.47$	$6.24 \!\pm\! 0.34$
	std	$21.31 \pm 1.33$	$0.61 \pm 0.17$	$0.36 \pm 0.04$
	max	$228.53 \pm 8.80$	$4.55 \pm 1.20$	$7.19{\pm}0.24$
	95th Per.	$204.07 \pm 9.49$	$2.86 \pm 0.75$	$6.78 \pm 0.30$
	min	$73.77 \pm 19.97$	$0.50 + 0.20$	$5.06 + 0.35$
	skewness	$-0.47 + 0.10$	$0.79 + 0.36$	$-0.24 \pm 0.35$
	kurtosis	$3.29 \pm 0.26$	$4.05 \pm 1.35$	$3.01 \pm 0.60$
Lip	mean	$160.40 \pm 3.27$	$2.60 \pm 0.13$	$6.23 \pm 0.11$
	median	$161.60 \pm 3.78$	$2.45 + 0.12$	$6.27 \pm 0.10$
	$_{\rm std}$	$24.97 \pm 1.69$	$1.16 \pm 0.08$	$0.58 + 0.08$
	max	$221.80 \pm 3.27$	$6.47 + 0.58$	$7.40 \pm 0.11$
	95th Per.	199.80±1.92	$4.73 \pm 0.28$	$7.06 + 0.08$
	min	$64.00 \pm 15.43$	$0.64 + 0.10$	$4.60 \pm 0.28$
	skewness	$-0.27 \pm 0.07$	$0.56 + 0.10$	$-0.35 \pm 0.15$
	kurtosis	$2.82{\pm}0.15$	$2.71 \pm 0.36$	$2.41 \pm 0.43$
Mac	mean	173.02±4.76	$3.41 \pm 0.38$	$6.50 + 0.13$
	median	173.97±4.89	$3.22 \pm 0.45$	$6.59 + 0.13$
	$_{\rm std}$	$24.63 \pm 3.91$	$1.49 + 0.36$	$0.57 + 0.15$
	max	232.05±6.70	$7.78 + 1.11$	$7.57 + 0.18$
	95th Per.	$211.47\pm 6.09$	$6.05 \pm 0.85$	$7.27 \pm 0.16$
	min	$76.58 \pm 25.30$	$0.62 \pm 0.35$	$4.67 \pm 0.87$
	skewness	$-0.28 \pm 0.14$	$0.38 + 0.31$	$-0.56 \pm 0.37$
	kurtosis	$2.92 \pm 0.39$	$2.53 {\pm} 0.42$	$2.91 + 1.30$
Nec	mean	159.98±4.79	$1.89 + 0.54$	$6.10 + 0.17$
	median	160.06±4.83	$1.72 \pm 0.44$	$6.11 \pm 0.19$
	$_{\rm std}$	$22.43 \pm 2.06$	$0.84 \pm 0.37$	$0.51 \pm 0.10$
	max	$228.28 \pm 10.94$	$5.54 + 1.86$	$7.44 \pm 0.25$
	95th Per.	$196.51 \pm 7.55$	$3.51 \pm 1.26$	$6.93 \pm 0.26$
	min	$68.25 \pm 11.44$	$0.42{\pm}0.12$	$4.54 \pm 0.31$
	skewness	$-0.10 + 0.20$	$0.96 + 0.31$	$-0.07 + 0.29$
	kurtosis	$^{3.04\pm0.21}$	$4.09{\pm}1.22$	$2.64 {\pm} 0.35$

Table 3.1: Statistical Values

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determination is 2.7 minutes. Meanwhile as implemented in QCU-CMS, median filtering with a window size of 11 pixel points currently takes 24 s on a PC with a 2.66-GHz quad-core processor with hyperthreading for every 553 IVOCT polar images of 512 A-lines with 1024 depth points. The total time of calculating the attenuation coefficient and the backscatter term without cut-off border determination is 23 s and 22 s, respectively. Currently, the processing time is reasonable fast and it is not a major concern. For the future clinical orientated on-the-fly application, the code and the implementation can be further optimized.

The statistical results are presented in Table 3.1. The average and the standard deviation values were reported for all the regions from each tissue type, and the number of analyzed regions is given under the name of the tissue. The reported IVOCT intensity is the Terumo image intensity. Using the known calibration factor of the IVOCT images, the unit of the estimated attenuation coefficient is mm<sup>−</sup><sup>1</sup> .

The comparison results of median values, mean values, standard deviation, maximum values, 95th percentile, minimum values, skewness and kurtosis are shown in Fig. 3.3-3.10, respectively. The whisker box plot is given with 6 tissue groups. When the result of 2-sample t-test indicates the numbers are not significantly different, the two groups are marked with an **X**-mark.

In the graph in the second row of each figure, the comparison of six tissues is shown as a relationship grid graph. For each paired tissue types, the square is colored as green if they are significantly different, red otherwise. Three graphs are combined into one graph shown on the right hand side of the bottom row in a way that as the square is colored green as long as there is a green in this square in the other three graphs, red otherwise. The 3-D scatter plots can been seen in Fig. 3.11 and 3.12. The PCA projected 2-D scatter plots are shown on the right hand side of the top row for each figure.

In general, we found that the values within the delineated regions had a strong correlation with tissue types at the 5% significance level by comparing the median, mean, std, 95th percentile and minimum values of IVOCT intensity, estimated attenuation coefficient and the backscatter term. This can be observed from the combined comparative graphs in Fig. 3.3 and 3.4 where the red color is not presented. Also from the PCA projected 2-D plot, the other values did not show clusters as distinguishable as they are in the mean and median values. The PCA projected 2-D plot of std values shows clear clusters of fibrous and the calcified plaques. Furthermore, it is worth noting that clear cluster patterns of the calcification, fibrous and macrophages can be observed from the 2-D plot of the skewness values.

Most of the time, the three IVOCT numbers are complementary to each other for the differentiation of the six tissue types. For example, the median values (Fig. 3.3) of the attenuation are not significantly different between tissue types of mixed calcified (Mixed) and the fibrous but the median values of intensities and backscatter values are significant different, and the vice versa when comparing necrotic core to lipid-rich regions. This complementary can be observed in all the all the comparing figures (Fig. 3.3-3.9), but most notable in median, mean, std



Figure 3.3: Comparison of the median values of intensities (no unit), attenuation coefficient (mm<sup>−</sup><sup>1</sup> ) and backscatter term (no unit) within each delineated region. The median values of the six types of tissue were compared to each other with two-sample t-test with significance  $\alpha = 0.05$ . The whisker box plots can be seen on the top row, where paired tissue types that are not significantly different were connected with an 'X' mark. This statistical results are furthermore shown as a binary matrix, where the square is filled with green and gets a value 'TRUE' if the relative tissue pair is statistically different, red and 'FALSE' otherwise. Since it does not make sense to compare each tissue type to itself, the diagonal is filled with white. On the right hand side at the bottom row, the three matrices are integrated with an 'OR' operation. On the right hand side of the top row, the PCA projected 2-D scatter plot is displayed.



Figure 3.4: Comparison of the mean values of intensities (no unit), attenuation coefficient (mm<sup>−</sup><sup>1</sup> ) and backscatter term (no unit) within each delineated region. The layout information of the figure is the same as it is in Fig. 3.3.

and maximum values (Fig. 3.3-3.6)

In order to give an overview of the estimated values for the entire pullback, a 'carpet view' image is generated. For a given stack of polar images, the maximum value for each A-line is determined in the first 1 mm depth below the lumen surface. In order to maintain the relative size of the plaques, the images are displayed with the lumen contour circumference normalized by the largest circumference over the entire pullback. The maximum projected attenuation and backscatter carpet views are shown in Fig. 3.13 and 3.14, where the largest circumference is 7.71 mm. In order to show the values in a proper window level, key points of generating the color map are appointed both experimentally and referring to the work by Gnanadesigan et al [79]. As it can be seen in Fig. 3.15, multiple pathological images shown macrophage infiltration. The corresponding locations are marked as 'M' in blue, and they are much brighter than other tissue in both carpet-views. This is consistent with the our quantification analysis showing that both attenuation coefficient and the backscatter term are high. In order to show the estimated values for all six types of tissue, the attenuation coefficient and the backscatter term of IVOCT images in Fig. 3.1 are generated as well.

# **3.5 Discussion**

The work aims at exploring the potential of DR attenuation coefficient, backscatter term and image intensity in distinguishing different atherosclerotic tissue types with a robust implementation of DR approach. We describe the implementation of DR approach for the estimation of the attenuation coefficient in IVOCT images, and extend it to estimate a backscatter term. To exclude the noisy regions, we describe an algorithm to automatic determine the cut-off



Figure 3.5: Comparison of the standard deviations of intensities (no unit), attenuation coefficient (mm<sup>−</sup><sup>1</sup> ) and backscatter term (no unit) within each delineated region. The layout information of the figure is the same as it is in Fig. 3.3.



Figure 3.6: Comparison of the maximum values of intensities (no unit), attenuation coefficient (mm<sup>−</sup><sup>1</sup> ) and backscatter term (no unit) within each delineated region. The layout information of the figure is the same as it is in Fig. 3.3.



Figure 3.7: Comparison of the 95th percentiles of intensities (no unit), attenuation coefficient (mm<sup>−</sup><sup>1</sup> ) and backscatter term (no unit) within each delineated region. The layout information of the figure is the same as it is in Fig. 3.3.



Figure 3.8: Comparison of the minimum values of intensities (no unit), attenuation coefficient (mm<sup>−</sup><sup>1</sup> ) and backscatter term (no unit) within each delineated region. The layout information of the figure is the same as it is in Fig. 3.3.



Figure 3.9: Comparison of the skewness values of intensities (no unit), attenuation coefficient (mm<sup>−</sup><sup>1</sup> ) and backscatter term (no unit) within each delineated region. The layout information of the figure is the same as it is in Fig. 3.3.



Figure 3.10: Comparison of the kurtosis values of intensities (no unit), attenuation coefficient (mm<sup>−</sup><sup>1</sup> ) and backscatter term (no unit) within each delineated region. The layout information of the figure is the same as it is in Fig. 3.3.



Figure 3.11: 3-D scatter plots of median, mean, std and maximum values, which were normalized into [0, 1]



Figure 3.12: 3-D scatter plots of 95th percentile, minimum, skewness and kurtosis values, which were normalized into  $\left[0,1\right]$ 



Figure 3.13: The carpet view of the maximum attenuation coefficient within 1 mm depth. Four locations are marked with green squares and labeled as A, B, C and D. 'M' in blue marks the corresponding locations shown in the pathological images in Fig. 3.15 where macrophages are labeled. The crosssections of estimated attenuation coefficients can be seen in Fig. 3.15, labeled as '\*.att'.

border. Combining the estimated attenuation coefficient and the backscatter term with the image intensity, we report that it is possible to differentiate six types of clinically important tissue [8, 5, 56] including the mixed calcified plaque, calcified plaque, fibrous plaque, lipid-rich plaque, plaque with macrophage and plaque with necrotic core.

## **3.5.1 Attenuation coefficient**

The light transmission model of OCT signals was used as it has been introduced in the work of Vermeer, et al. The attenuating term is modeled as  $e^{-2\mu_t r}$ , while it has been modeled as  $e^{-m_t r}$  in some CF approaches in the work of, e.g. van Soest et al. The direct result of using this factor 2 in the exponential term is that the estimated attenuation coefficients are expected to be smaller than that have been previously reported in some of the studies. This difference only affects the absolute values rather than the comparative trend, therefore we focus more on the comparative trend of the estimated values when comparing to the literature.

The attenuation coefficients of neointima has been reported as  $0.35 \pm 1.38$ mm<sup>−</sup><sup>1</sup> without lipid-laden and 2.00±1.16 mm<sup>−</sup><sup>1</sup> with lipid-laden in the work of Yonetsu et al [77]. For the in-stent restenosis lesions of drug-eluting stents (DES) and bare-metal stents (BMS), the attenuation coefficients have been estimated as 1.69 $\pm$ 0.84 mm<sup>-1</sup> and 1.74 $\pm$ 0.81 mm<sup>-1</sup>, respectively in the study of Nagoshi, et al [78]. These values have been estimated with the LightLab software. Despite the estimation algorithm is unknown, these reported values are within the similar range of estimated attenuation coefficients of the fibrous



Figure 3.14: The carpet view of the maximum backscatter term within 1 mm depth. Four locations are marked with red squares and labeled as A, B, C and D. 'M' in blue marks the corresponding locations shown in the pathological images in Fig. 3.15 where macrophages are labeled. The cross-sections of estimated backscatter term can be seen in Fig. 3.15, labeled as '\*.bcs'.

tissue (mean: 1.75 $\pm$ 0.48 mm<sup>-1</sup>, median: 1.67 $\pm$ 0.47 mm<sup>-1</sup>). Taking the factor 2 into consideration, the estimated attenuation coefficient of the fibrous tissue (mean:  $3.52 \pm 1.92$  mm<sup>-1</sup>, median:  $3.36 \pm 1.88$  mm<sup>-1</sup>) is comparable to that reported as 2-5  $\text{mm}^{-1}$  in the work of van Soest et al [28] and relatively lower than that reported as  $6.4{\pm}1.2$  mm $^{-1}$  in the work of Xu et al [27].

For regions with macrophages infiltration, the range reported by van Soest et al. is 12 mm<sup>-1</sup>, and even can be as high as 15 mm<sup>-1</sup> in a given example, which tends to be much higher than the other tissue types. Although we found attenuation coefficients of regions with calcification and macrophages much lower than what has been reported in these two studies, the comparative relationship of the values is the same, where the value of macrophages (mean:  $3.41\pm0.38$  mm<sup>-1</sup>, median:  $3.22\pm0.45$  mm<sup>-1</sup>) is the highest, and the value of the calcification (mean:  $0.87 \pm 0.24$  mm<sup>-1</sup>, median:  $0.68 \pm 0.16$  mm<sup>-1</sup>) is lower than that of fibrous tissue (mean:  $1.75 \pm 0.48$ , median:  $1.67 \pm 0.47$ ).

For the lipid rich regions we found a mean attenuation value of  $2.60\pm0.13$  $\text{mm}^{-1}$  and median 2.45 $\pm$ 0.12  $\text{mm}^{-1}$ . This is lower than what has been reported in the literature;  $13.7\pm4.5$  [27] and  $> 8.5$  [79]), but higher than fibrotic tissue which fits in the reported trends. A reason for this is that the cardiologists did draw the similar shape in IVOCT as was seen in the pathological slides (Fig. 3.1). Due to the high attenuation, the back border of the lipidic region is not seen in IVOCT and the deeper regions are dominated by noise. To avoid the inclusion of noise in the statistical parameters, we introduced the cut-off algorithm to remove the noisy regions. In order to compare relatively high values within the superficial limited regions of the lipid plaque, a higher percentile (95th) was considered for comparison as well. It should be noted that



Figure 3.15: The pathological cross-sections, the IVOCT images (\*.im), the attenuation coefficients (\*.att) and the backscatter term (\*.bcs) at four locations A, B, C and D given in Fig. 3.13 and 3.14. Deeper region behind the determined cut-off border is marked with dark blue overlay in attenuation and backscatter cross section. Plaques of interest are labeled in pathological cross-sections, which have been aligned with other IVOCT related images.

the 95th percentile of the estimated values within the lipid rich region can be as high as  $4.73\pm0.28$  mm<sup>-1</sup> and that of macrophages can be  $6.05\pm0.85$  mm<sup>-1</sup>, which is much higher than that for other tissue types. The comparative relationship in the mean, median and 95th percentile values of the estimated attenuation coefficient is Cal<Fib<Lip<Mac.

With respect to the necrotic tissue cores, since the plaques with macrophages and lipid were labeled separately, the necrotic cores chosen in this work are expected to be with less macrophages infiltrations. This is shown in the estimated attenuation that the necrotic core (mean  $1.89\pm0.54$ , median 1.72 $\pm$ 0.44) is lower than lipid (mean 2.60 $\pm$ 0.13, median 2.45 $\pm$ 0.12) and macrophages (mean  $3.41\pm0.38$ , median  $3.22\pm0.45$ ), and is just above the fibrotic tissue (mean  $1.75\pm0.48$ , median  $1.67\pm0.47$ ). In van Soest's work [28], the necrotic core ( $\geq 10$  mm<sup>-1</sup>) has been 'read' as lipid plaque when comparing to the study of Xu et al. We carefully inspected the regions in the IVOCT images which were annotated as necrotic core by pathologists, but could not identify bright regions or spots like was shown in the van Soest's work thus resulting in a lower mean and median attenuation and backscatter. Therefore, the discrepancy comparing to van Soest's work is caused by a difference in the data.

It should be noted that two clusters of values are observed in the median and mean values of the calcified plaque in the PCA projected 2-D plot (Fig. 3.3 and 3.4). This can be caused by the large variation in the median/mean values of the intensities (mean:  $142.49 \pm 15.05$ , median:  $143.06 \pm 15.11$ ) and the backscatter term (mean:  $5.24 \pm 0.42$ , median:  $5.21 \pm 0.41$ ). However, it is worth noting that the distribution of the median/mean values in the attenuation is relatively condensed (mean:  $0.87 \pm 0.24$ , median:  $0.68 \pm 0.16$ ), and the range of values are significantly different from any other tissue type.

## **3.5.2 Backscatter term**

As it has been stated, the DR attenuation was estimated with the precondition that the attenuation and the backscatter coefficients are linear related to each other. Rather than estimating the backscatter coefficient, the proposed calculation of the backscatter term in our work is based on the principle that the 'offset' of the linear fitting is the backscatter-related term, the exponential of which has been shown to be linear related to the actual backscatter coefficient in the work of Schmitt, et al. [64]. Applying this principle, the DR model was extended to estimate this term pixel wise. Our analysis of the optical model shows that this term is related to both the backscatter coefficient and the initial power of the incident light. Results show that this term provides different comparative graph and additional information for tissue differentiation. For example, fibrotic tissue was not significantly different from macrophages for the mean intensities, but they are statistical different in mean values of the estimated backscatter term (Fig. 3.4).

To the best of our knowledge, only three studies have reported the backscatter coefficient in the literature of tissue analysis within vessel walls [77, 78, 27]. The estimated values with the LightLab software have been

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reported for neointima as  $6.19 \pm 0.81$  without lipid-laden and  $6.56 \pm 0.60$  with lipid-laden [77], and have been reported as  $6.92\pm0.42$  and  $7.14\pm0.41$  for the in-stent restenosis lesions of drug-eluting stents (DES) and bare-metal stents (BMS), respectively [78]. This range is comparable to that of our estimated values of fibrous region (mean:  $6.22{\pm}0.32$  mm $^{-1}$ , median:  $6.24{\pm}0.34$  mm $^{-1}$ ).

The backscatter coefficient has been measured by Xu et al  $[27]$  as  $18.6 \pm 6.4$  $\rm mm^{-1}$  for fibrous tissue, 28.1 $\pm$ 8.9  $\rm mm^{-1}$  for lipid rich tissue and 4.9 $\pm1.5$   $\rm mm^{-1}$ for the calcified plaque. Although the absolute values are not comparable to our values due to different experimental settings and a fundamentally different approach for the estimation as mentioned before, we still observe similar patterns. The fibrous plaque has been reported to have 'high backscatter and low attenuation', while our results do show that backscatter for fibrotic tissue is relative high with relatively low attenuation. When comparing fibrous regions to macrophage regions, it is worth noting that the mean, median and the 95th percentile values for the former are lower, suggesting a more compact distribution. This may relate to the speckle pattern caused by the inhomogeneous distribution of the foam cells. The estimated value in calcified regions (mean:  $5.24 \pm 0.42$ , median:  $5.21 \pm 0.41$ ) is significantly lower than that in fibrous regions (mean:  $6.22 \pm 0.32$ , median:  $6.24 \pm 0.34$ ). The Lipid is not significantly different from fibrous in the mean and median of the estimated backscatter term, but the prior is higher that the latter in the 95th percentile values (95th percentile: 7.06±0.08 Vs 6.78±0.30).

## **3.5.3 IVOCT intensity**

Most studies in literature focused on the comparisons of only the attenuation coefficient [70, 68, 69, 71, 72, 28, 40, 76], or the IVOCT intensities [58, 57], while a few studies combined the attenuation and the backscatter coefficients [78, 77, 27]. The 2-sample t-test results suggest that the IVOCT image intensity does additionally contribute to the differentiation of the tissue types. For example for the fibrotic versus necrotic tissue, the mean values of neither the attenuation nor the backscatter term are significantly different (Fig. 3.7), while the mean values of the intensities are significantly different.

On the other hand, it has been found in our previous work that the IVOCT intensities can be affected by the eccentric position of the catheter when light travels a long distance through the flush medium or enters the arterial wall with a large incident angle [90]. In this analysis, this bias on intensities has been minimized by using only the lesions with front edges that are almost perpendicular to the incident light from the catheter. However, it is usually difficult to avoid this bias in clinical data. It has been shown that the intensities can be normalized with the summation of the total amount of incident light, yet additional statistical analysis on healthy tissues is required. From the principle equations for estimating attenuation coefficient and backscatter term, one may note that these two optical parameters are normalized with the summation of the total amount of intensities, thus are expected to be less affected by this particular bias. Therefore, practical analysis with *in-vivo* data are suggested to

be focused more on these two estimated optical properties.

## **3.5.4 Limitations**

The catheter related terms were not considered in this work. As far as we know, even in the most recently published studies in the literature of the experimental optical measurements, the catheter related term was reported to be calibrated either with OCT measurements in a weakly scattering media [67], or a particular phantom [91]. Since we only had access to the image data and not the used catheter, the catheter specific calibration could not be done. However, as it has been discussed in the work of Vermeer, et al. the maximum bias caused by the confocal function to the estimated DR attenuation is  $\pm 1/(4z_R)$  at depth  $z = z_0 \pm 1$  $2z_R$  where  $z_0$  is the focus position and the  $z_R$  is the Rayleigh length. Calculating with  $z_R = 2$ mm used in the work of Ughi et al. [40], the maximum bias is expected to be around  $\pm 0.125$ mm<sup>-1</sup>, which is relatively small comparing to the scale for the estimated DR attenuation coefficient with IVOCT images.

Another potential issue could be that different tissue types have a different refractive index. This is not taken into account during the reconstruction process. This could lead to a difference in image resolution in different tissue types, while a fixed resolution is used. Ideally, different refractive indices should be applied for different types of tissue during the reconstruction. However, it requires prior knowledge of tissue compositions, which is almost impossible in practice.

When the resolution term is modeled as a function related to depth and tissue type, the impact on the accuracy of estimated optical coefficients can vary. Equation 3.4 will become:

$$
\mu[i,j] \approx \frac{I[i,j]}{2\sum_{y=j+1}^{\infty} \Delta[i,y|X] \cdot I[i,y]},\tag{3.9}
$$

X is a certain tissue type,  $\Delta[i, y|X]$  is the pixel size at location  $[i, y]$ . The pixel size is inversely proportional to the refractive index. As it has been reported in the literature [27], the refractive indices of fibrous tissue, lipid pool and calcification tend to be around 1.35, 1.43 and 1.50 with a center wavelength of 1320 nm, thus the pixel size in the previous two types of tissue should be larger than 5.4  $\mu$ m, while calcified lesions yield a smaller pixel size. Then it is expected that estimated values can be maximum overestimated by a factor of 1.447/1.35 in normal/fibrotic tissue or underestimated by a factor of 1.447/1.50 when a large calcified lesion is present. Taking macrophages in this study as an example, the median value of estimated attenuation is  $3.22 \mu m$ . When the pixel size is considered to be the only factor that affects the estimation, the real value is expected to be within an interval of [3.00, 3.34]. Given the large difference in attenuation to the other types of tissue, the impact caused by the imaging resolution in detecting the presence of macrophages is expected to be small.

For the sake of real-time computing, a median filter is applied rather than a more complex speckle noise removal filter such as the iwhTV denoising published recently [81] or the Entropy filter used by Jmenez et al [92]. A fixed window size

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has been selected as around 60  $\mu$ m. As it was discussed, the median filter only blurs the attenuation at the border of different tissues, and it affects the local statistical numbers minimally.

The statistical numbers for different tissue types have been calculated within the manual delineated regions. Other tissue types such as loose connective tissue, proteoglycans, calcified nodules and smooth muscle cell-rich fibrous tissue were not assessed in the present study because of the limited study sample size and the absence of specific staining [89]. Artifacts would inevitably affect the light property analysis. These points can be limitations in the future for tissue classification, and subjects for a further investigation.

## **3.5.5 Future directions**

Generating a distribution map indicating the probability of each type of plaque is one of the interesting directions in future work. Towards this goal as it has been proposed in literature [74], the following works need to be done. Enough features should be extracted, including the first and second order statistical features [75] of intensities, attenuation coefficient and backscatter term, the power spectrum parameters, etc. Feature selection should be used to remove strongly linear related features, which can result in a non-invertible covariance matrix. Then a likelihood density map can be generated for each type of tissue. For a fair comparison between tissue types to determine the most likely tissue type for each pixel, the prior probabilities are necessary to be obtained in advance. Usually, manually reviewing a pullback series is time-consuming and points of interest easily cannot be overlooked due to the huge amount of data (up to over 1000 images). Integrated with the automated lumen detection in QCU-CMS [47], carpet views as shown in Fig 3.13 and 3.14 can be generated robust and fast without the need of predefining the segmentation of the lumen tissue. This overview of the examined coronary vessel wall can potentially improve the abnormality determination and further help with the treatment decision [93, 94] for coronary diseases, e.g. for stent placement and risk assessment of the patient in an automated way which is lacking in the current clinical practice.

# **3.6 Conclusion**

In order to differentiate atherosclerotic tissue with IVOCT images, the depth-resolved approach has been implemented in the intravascular OCT images to robust estimate the attenuation coefficient and the backscatter term. A cut-off algorithm has been proposed to efficiently exclude noisy regions. The reported values for each type of tissue are consistent with the findings in the literature. Despite assumptions are made in the DR approach, statistical analysis shows that the estimated attenuation coefficient and the backscatter term can differentiate six tissue types in the lumen vessel; mixed calcified plaque, fibrous, calcification, lipid, macrophages and necrotic core in combination with the image intensity.