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Pre-implantation and placental development in humans and mice

He, N.

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CHAPTER 7

General discussion and future perspectives

HUMAN (EXTRA)GONADAL GERM CELL DEVELOPMENT

From the extragonadal location in which they originate, human primordial germ cells (PGCs) migrate and arrive at the developing gonadal primordia at approximately week 7 of gestation (W7, or week 5 post conception) [1-3]. Ectopic PGCs have been described in mouse and bovine adrenals [4-6]. Mostly, these ectopic germ cells are eliminated by apoptosis [7, 8]. However, some of them may escape from entering the normal apoptosis pathway and give rise to extragonadal germ cell tumors [9, 10]. Since the gonads have a common somatic origin as adrenal cortex [11-13], the aim of **Chapter 2** is to investigate whether there are human ectopic germ cells in adrenals and to study the development of human (extra)gonad germ cells in first and second trimesters.

Human germ cells (POU5F1-positive and/or DDX4-positive) are present in all W8.4-W22 adrenal glands, but not in kidney. Between first and second trimesters, germ cells gradually downregulate the pluripotency marker POU5F1 and upregulate late germ cell marker DDX4 in both male and female gonads. Human ovarian germ cells do not enter meiosis synchronously at W22, in agreement with previous reports [3, 14, 15]. Meiotic entry of mouse adrenal and gonadal PGCs has been described to be synchronous [6]. In contrast to mice, human adrenal germ cells show no meiotic entry at least until W21.5, although the possibility that they enter meiosis afterwards cannot be excluded. This work serves as a reference presenting evidence for the existence of human ectopic germ cells in adrenals. Our findings highlight differences in gonadal and extragonadal gametogenesis between humans and mice.

Human PGCs have been suggested to migrate along class III beta-tubulin (TUBB3)-positive neural crest derivations to reach gonadal primordia [2, 10]. Interestingly, early germ cells (POU5F1-positive) in gonads and adrenals are also TUBB3-positive whereas late germ cells (DDX4-positive) are TUBB3-negative. The PGCs that migrate along common routes with neural crest cells to reach the adrenal may thus become ectopic germ cells there. Because the gonads have a common somatic origin as adrenals [11-13], rat PGCs are shown to reach adrenals before gonadal and adrenal primordia are physically separated [16]. This can also explain the colonization of human ectopic germ cells in adrenals. Furthermore, it is important to study the fate of these ectopic germ cells during further development. Whether they will enter meiosis or will lose their germ cell identities?

Ectopic PGCs that escape from entering apoptosis are thought to account for the development of extragonadal germ cell tumors [9, 10, 17, 18]. Interestingly, single-nucleotide polymorphisms (SNPs) located in gene DDX4 have been found to be associated with neuroblastoma tumors [19]. Furthermore, TUBB3-positive neural crest derivatives are thought to be related to the origin of adrenal neuroblastoma tumors [20]. Since there is expression of TUBB3 in ovarian and adrenal POU5F1-positive germ cells, further studies are needed to investigate the potential relationship between ectopic adrenal germ cells and neuroblastoma by studying the expression of additional markers.

EPIGENETIC REGULATION IN HUMAN PRE-IMPLANTATION EMBRYOS AND FIRST-TRIMESTER PLACENTAL VILLI

X chromosome inactivation (XCI) and genomic imprinting are two essential specific epigenetic regulation processes established in early development [21], controlling the dosage of X-linked genes and parent-of-origin-specific genes respectively.

Well-studied genetic substrains of mice have revealed two separate XCI waves during mouse female embryo development [22, 23]. However, the XCI dynamics in human female pre-implantation embryos remain unknown, because the parental allelic origin of human embryos is often not available. Recent advances (i.e. single cell RNA-Seq) have enabled the allele-specific expression analysis in human pre-implantation embryos to study XCI status at single-cell resolution [24]. The main aim of **Chapter 3** is to understand the status of XCI in human pre-implantation embryos at single-cell level. Do trophoctoderm (TE) cells have different XCI pattern from inner cell mass (ICM) at embryonic day (E)5-E7? If there is X inactivation, whether the XCI pattern is imprinted or random? In this study, X-linked genes are separated into X-sub (X-genes subject to X inactivation) and X-esc (escapees) categories since escapees have biallelic expression, even though some studies do not show significant differences in escapees expression level between sexes [25, 26]. As demonstrated in **Chapter 3**, equal proportion of biallelic expression in X-sub and in autosomal genes suggests that both X chromosomes are active in E3 cells. A smaller proportion of biallelic expression in X-sub than in autosomal genes indicates that one X chromosome is inactive in E4-E6 cells and E7 TE cells, whereas there is reactivation in E7 epiblast (EPI) and primitive endoderm (PE) cells. Additionally, equal DNA methylation of both maternal and paternal alleles in *AR* and *RP2* genes indicates non-imprinted X inactivation in human TE-derived cells, in contrast to the imprinted XCI in mouse TE cells [22]. Results strongly contrast with the previous hypothesis that both X chromosomes are active during human pre-implantation (E3-E7) development [24]. This is because in the allele-specific expression analysis of Petropoulos and colleagues [24], without genome sequencing data, only the SNPs with biallelic expression or random monoallelic expression could be detected as informative SNPs. Therefore, SNPs having imprinted monoallelic expression within an embryo would be missed in the analysis. In addition, those genes with biallelic expression can be X-esc genes at human pre-implantation stage. In another study using RNA FISH for X-linked genes to detect XCI, *ATRX* gene shows biallelic expression in most cells of E5 female blastocysts (without separation of ICM from TE) [27]; however, *ATRX* gene is an X-Y paired gene (thus an escapee) [28] which is supposed to have biallelic expression even on the inactive X chromosome. The first XCI wave in mouse pre-implantation embryos occurs at the two- to four-cell stage [23] while in humans it happens between E3-E4. This difference is probably due to the different timing of zygotic genome activation (ZGA) in mice (at two-cell stage [23]) and in humans (at E4 [24, 29]).

The imprinted *IGF2/H19* cluster domain, controlled by the *IGF2/H19* imprinting control region (ICR1), plays an essential role in placental and embryo growth and development in mammals [30, 31]. According to the parent-offspring conflict theory [32], paternally expressed

IGF2 gene enhances cell proliferation while maternally expressed *H19* gene inhibits embryo growth and somehow negatively affects size of the offspring [33]. Gain or loss of methylation at ICR1 and consequent dysregulation of *IGF2/H19* account for perinatal complications including small for gestational age embryos, intrauterine growth restriction, Beckwith–Wiedemann syndrome (BWS) [34] and Russell–Silver syndrome (RSS) [35]. Chorionic villus sampling (CVS) is a procedure used in prenatal diagnosis of fetal abnormalities. However, it remains unknown whether spatial variation in methylation exists in placental villi and whether the imprinting pattern in placental villi is representative for the fetus. Therefore, the focus of **Chapter 5** is to investigate whether the multiple sites of first-trimester placental villi show the same imprinting pattern of *IGF2/H19* and whether it is the same as in the embryo. In the multiple sites of collection in human first-trimester placental villi (and embryos) analyzed in two pregnancies, demethylated maternal alleles and methylated paternal alleles indicate that multi-site placental villi collections have the same imprinting pattern of the *IGF2/H19* ICR1, also being the same as in embryos. This contrasts with the variability reported between different placental villi at term [36]. The difference may be resulted from the fact that Turan et al analyzed a larger number of placentas, but only one CpG point was analyzed, whereas in our study the methylation status of all CpGs in two placentas are investigated by bisulfite sequencing. In humans, *H19*, but not *IGF2*, has been reported to be biallelically expressed at least in cytotrophoblasts before W10, but to become monoallelically expressed in placentas at term [37-40]. Since there is a mixture of two cell types within placental villi (TE-derived trophoblast cells and ICM-derived mesenchymal cells), it remains to be investigated whether the imprinting patterns of *IGF2/H19* ICR1 in these two cell types are the same as in the embryo.

The epigenome is known to be sensitive to environmental changes [41]. Studies have suggested that treatments and procedures (i.e. ovarian stimulation, intracytoplasmic sperm injection, pre-implantation embryo culture) in assisted reproductive technology (ART) may change epigenetic marks (including *IGF2/H19*) of gametes and embryos [42-46]. Moreover, children conceived by ART are reported to have a higher incidence of imprinted disorders (i.e. Angelman syndrome and BWS) [47-49]. Therefore, the epigenetic dynamics during pre-implantation development is expected to be better understood within the next decades, which shall provide evidence for embryo selection [via pre-implantation genetic diagnosis/screening (PGD/PGS)] and successful pregnancy in assisted reproduction. Although obtaining maternal and/or paternal materials has of course both ethical and practical issues, future work investigating (epi)genetics in human pre-implantation embryos may require embryonic genome sequencing, embryonic RNA-Seq as well as parental genome sequencing data. Furthermore, future investigations could extend to XCI dynamics and imprinting pattern in TE-derived trophoblast cells and ICM-derived mesenchymal cells in placental villi.

HUMAN EXTRAVILLOUS TROPHOBLAST CELLS (EVTs) INVASION IN DECIDUAL VASCULATURE DURING EARLY PREGNANCY

Fetal EVT_s have been described to block the entrance of uterine spiral arteries at W8-W12, thus preventing maternal blood flow into the intervillous space [50-52]. However, exosomes, placental particles [53, 54] and fetal cells [55] have been detected in the maternal blood from W6 onwards, without the presence of robust materno-placental vascular connection. For this reason, the aim of **Chapter 4** is to investigate whether there are alternative routes for EVT_s to enter maternal circulation in early pregnancy (W5.5-W12) other than via spiral arteries. As shown in **Chapter 4**, fetal mononuclear EVT_s enter veins and lymphatic vessels in decidua basalis directly from W5.5 onwards, much earlier than their remodelling decidual spiral arteries at W8. Same observation in a pregnancy with Klinefelter syndrome in the conceptus (W8.4, mosaic 46,XY and 47,XXY) indicates that efficient entry of maternal (blood and lymph) circulation by interstitial mononuclear EVT_s occurs much earlier than previously reported W8 (via entering spiral arteries) [53]. These findings are supported by two very recent studies showing EVT_s invasion in decidual veins in the first trimester, based on immunofluorescence for the EVT marker HLA-G [56, 57]. While attention should be paid to the different HLA-G isoforms when using HLA-G to determine EVT_s [58], we are the first to combine chrX/chrY fluorescence in situ hybridization (FISH) and immunofluorescence to address the problem for unambiguous (male) EVT_s identification. It could be important to investigate the EVT_s invasion in decidua in pregnancies with other sex chromosomal disorders (i.e. Turner syndrome).

The entry of maternal circulation by EVT_s via decidual veins and lymphatics since W5.5, occurring much earlier than the establishment of maternal-placental vascular connection at W8-W12 [53], enlarges the maternal-fetal interface during early pregnancy. Therefore, while maternal immune response in the uterus include crosstalk between immune cells (natural killer cells, lymphocytes) and EVT_s [59, 60], EVT_s invading maternal circulation contribute to the response that takes place outside the uterus.

Insufficient invasion of human fetal EVT_s into maternal decidua may cause inadequate placental perfusion and consequent pregnancy complications including preeclampsia and intrauterine growth restriction [61-64]. Using the approach provided in **Chapter 4** to identify the (male) EVT_s unambiguously in maternal decidua, defective EVT_s invasion in pregnancy complications can be further defined and this may lead to identification of underlying mechanism and promising therapy strategies.

Question remaining to be answered is the underlying cellular/molecular mechanism of EVT_s invasion in vein and lymphatics in first trimester. Other investigations could focus on the shared invasive characteristics (epithelial–mesenchymal transition) between EVT_s and metastasizing malignant cells [65]. This may offer more knowledge on causes of tumor metastasis and provide valuable tumor therapies.

ABNORMALITIES IN MOUSE TURNER SYNDROME PLACENTAS

Mice with a genetic form of Turner syndrome (39,XO) harboring either a single paternally inherited (Xp) or maternally inherited (Xm) chromosome show quite different survival rates to term [66-68]. Nevertheless, no detailed comparison of XpO and XmO placentas has been made to explain this difference. The aim of **Chapter 6** is to study whether the transcriptional level of Xp is equal to Xm, by comparing the consequences of Turner syndrome harboring either a single Xp or Xm in mouse E18.5 placenta. The larger area occupied by glycogen cells (GCs) and significantly increased expression level of *Ldha* in the outer zone (junctional zone, trophoblast giant cells and decidua) of XpO placenta indicate that the XpO genotype leads to a more severe placental phenotype than XmO at E18.5, and thus the transcriptional level of Xp is not equal to Xm.

During placental development, TE-derived cells in XX placentas have obligatory active Xm and inactive Xp [69]. The significantly larger amount of GCs in the XpO outer zone might be an adaptive response to defects in the epigenetic regulation of imprinted genes [70-72]. Moreover, abnormal amount of GCs, serving as a potential source of energy in mouse placenta [73], may indicate defects in glycogen metabolism and glucose transport [74, 75]. The higher *Ldha* expression, which encodes the enzyme converting lactate to pyruvate in anaerobic glycolysis, suggests increased anaerobic glycolysis and possible insufficient available oxygen in XpO placentas. This is in accordance with the reported increase in *Ldha* expression in human primary placental trophoblast cells cultured under hypoxic conditions [76].

Although it remains to be clarified how harboring either a single Xp or Xm affects mouse placental development and function, findings in **Chapter 6** contribute to the understanding of different effects of inheriting a single paternal or maternal X chromosome on mouse placental phenotypes and hints to a defect in glucose metabolism. The investigation of glucose metabolism in human Turner syndrome patients and their placentas is needed and may provide new therapeutic strategies for individuals.

Together, the results in this thesis provide new insights into normal development of human (extra)gonadal germ cells, human pre-implantation development as well as placental development in humans and mice. Furthermore, results offer more knowledge on how defects in these processes might cause abnormal pregnancy outcomes and placental functions.

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