

## This is [not] who I am: understanding identity in continued smoking and smoking cessation

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cessation

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# **CHAPTER**

**CURRICULUM VITAE** 

Eline Meijer was born on the 30th of June, 1990 in Leeuwarden. After completing secondary school at the Jan Arentsz Scholengemeenschap in Alkmaar in 2008, she moved to Leiden to study Psychology. During her bachelors, she participated in several honors classes, including the Honors Research Bachelor Project where she wrote her thesis on "Freezing reactions in PTSD-patients and patients with conversion disorder". She worked as a coach for adolescents with autism at Dok20, Leiden from 2011 to 2013. After obtaining her bachelor degree in 2011, she started with the Research Master Clinical and Health Psychology, from which she graduated Cum Laude in December 2013. During her masters, Eline worked as a KNAW-funded research assistant for Winnie Gebhardt and Colette van Laar. She also wrote her master thesis under their supervision, entitled "Quitting smoking: the importance of self identity and group identity for smoker subtypes". In addition to the Research Master courses, Eline participated in the courses of the Clinical Psychology master and did a clinical internship at the VALK foundation in Leiden, thereby fulfilling the requirements of the Clinical Psychology master. Eline commenced her PhD trajectory on smoking and identity at the Department of Health, Neuro and Medical Psychology of Leiden University in January 2014. She was also appointed as a junior researcher at a research project on academic achievement, and worked as a staff member and statistical advisor at the Faculty of Social Science Master Thesis Lab. She completed her PhD dissertation in three years, corresponding to one and a half year full time given the additional activities. In August 2016, Eline joined the Department of Public Health and Primary Care, Leiden University Medical Center where she works as a postdoctoral researcher. She develops an identity-based e-health intervention that builds upon the findings in her dissertation and she works on several other projects, including two projects that aim to investigate and improve the implementation of the Dutch tobacco dependence guideline. Aside from her research work, Eline takes part in the initial phase of the cognitive behavioral therapist training and works as a psychologist at the VALK foundation.