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## **Obesity and type 2 diabetes : cardiovascular and cerebral aspects**

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## Stellingen behorende bij het proefschrift

### **Obesity and Type 2 Diabetes: Cardiovascular and Cerebral Aspects**

1. Fatty liver is related to subtle deterioration of heart function and central arterial elasticity. *This thesis.*
2. Right ventricular dysfunction is a component of diabetic cardiomyopathy. *This thesis.*
3. A short-term caloric restriction restores the hypothalamic response to glucose in type 2 diabetes. *This thesis.*
4. Visceral rather than subcutaneous adiposity is associated with microstructural brain tissue damage. *This thesis.*
5. Type 2 diabetes is becoming the plague of the 21<sup>st</sup> century. With the so-called diabetes epidemic the disease threatens to reduce life expectancy for future generations globally. *Pournaras DJ, le Roux CW. Lancet 2015;386:936-937.*
6. The current body of evidence argues for careful monitoring and evaluation of the risk of cardiovascular disease in all patients with nonalcoholic fatty liver disease. *Targher G et al. N Engl J Med 2010;363:1341-1350.*
7. Right ventricular failure cannot be understood simply by extrapolating data and experience from left ventricular failure. *Voelkel NF et al. Circulation 2006;114:1883-1891.*
8. Current evidence suggests that obesity and the consequences of obesity, including midlife hypertension, diabetes, and cerebrovascular disease, contribute significantly to cognitive decline and accelerate the development of dementia. *Bruce-Keller AJ et al. Biochim Biophys Acta 2009;1792:395-400.*
9. You can't connect the dots looking forward, you can only connect them looking backwards. *Steve Jobs, 2005.*
10. Het leven is minder zwaar als je niets op je lever hebt.