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Chapter 1

General introduction Culturing zebrafish vascular networks

Muhammad Ibrahim and Michael K. Richardson

Tissue engineering is one of the most important areas of biomedical research [1]. Strategies to develop complex tissues or organs *in vitro* will help our understanding of organ physiology and pathology [2-4]. Development of organ cultures could also have applications in organ transplantation and regenerative medicine [5]. Furthermore, these organ cultures can be used to test candidate drugs which might ultimately reduce the use of animals in research [6, 7].

One of the main issues in culturing complex organs is the lack of a vascular system [8]. In multicellular organisms, the vascular system allows the growth and function of organs by supplying nutrients and growth factors and by removing waste products [9]. The limited diffusion of nutrients and oxygen into the un-vascularized tissue mass, developed *in vitro*, hinders its growth and function into something resembling an organ [10]. To this end, several techniques have been developed to culture vascular networks, largely using mammalian cells and tissues.

The mammalian cells and tissues commonly used for this purpose are: (i) endothelial cell lines (most commonly human umbilical vein endothelial cells or HUVECs [11-22]); (ii) stem cells (embryonic stem cells [23], mesenchymal stem cells [24] or induced pluripotent stem cells [25]); and (iii) tissue explants [26]. However, there are certain limitations to these techniques. The endothelial cell lines are extensively adapted to growth and proliferation *in vitro*, and therefore vascular cultures derived from these cells does not truly represent the *in vivo* vasculature [26]. The use of embryonic stem cells from mammals, especially from humans, raises ethical issues [27]. Furthermore, adult stem cells (mesenchymal and induced pluripotent stem cells) possess technical challenges in their isolation and derivation procedures [28, 29]. Similarly, the isolation of tissue explants from mammals (in most cases, rodents) requires invasive surgical procedures and therefore raises ethical concerns [27, 30].

For these reasons, it is important to develop alternative models for studying vascular morphogenesis *in vitro*. The zebrafish is one such emerging model species in the field of vascular development and regeneration [31]. In contrast to rodents, zebrafish embryos are externally fertilized allowing easy access to large number of embryos [32]. The embryos are fast-developing and transparent in early life stages, allowing easy access to cells and tissues (for *in vitro* manipulation) at different developmental stages [33]. Furthermore, genome comparison studies have shown significant similarities in the functional domains of many protein-coding genes of zebrafish and humans, and have shown that many human disease genes are also present in the zebrafish genome [34]. For these and other reasons, there is growing interest in the zebrafish as a model for human disease [32].

Several factors have been identified which influence the formation of blood vessels. These factors include: (i) growth factors (such as vascular endothelial growth factors, fibroblast

growth factors, angiopoietins and transforming growth factors [35]); (ii) extracellular matrix components (such as collagen type I and IV, fibronectin and laminin [36]); (iii) supporting cell types (such as pericytes and smooth muscle cells [37, 38]); and (iv) haemodynamic forces caused by blood flow [39]. In order to develop a physiologically relevant and functional vascular network *in vitro*, endothelial or stem cells, or tissue explants are cultured in the presence of naturally derived vascular growth factors, supporting cell types and extracellular matrix [12, 40, 41].

Recently-developed microfluidic technology mimics the haemodynamic forces exerted by the blood flow *in vivo*, by culturing the cells in a closed system with circulating medium [42]. Using a combination of these factors, great advances have been made in recent years in developing a functional *in vitro* vascular network. In a landmark study, the vascular network developed inside a 3D scaffold connected to a microfluidic system allowed the growth and function of cardiac and hepatic tissues cultured on the outside of the scaffold [22].

Little is known about using zebrafish cells for culturing vascular network. The benefits associated with zebrafish cell culture makes it a model of choice for *in vitro* studies. The availability of large number of externally fertilized embryos allow easy access to primary embryonic cells and tissues [33]. Zebrafish cell cultures are maintained at relatively low temperatures (26-28 °C) and do not require extra CO₂ in the atmosphere for buffering the medium. In principle, this allows the zebrafish cells to be grown at room temperature, although the use of a simple incubator is recommended to maintain sterile conditions [43]. However, this can also be considered a disadvantage as these conditions are not ideal for human cells.

A further advantage is the availability of transgenic lines such as *fli:GFP* [44] and *kdrl:GFP* [45], expressing green fluorescence protein in endothelial cells. These transgenic lines allow direct observation of vascular development in living embryos and in cell cultures [46, 47]. In contrast to endothelial cell lines such as HUVECs, zebrafish primary embryonic cells are closer to the *in vivo* state. Furthermore, the development of vascular networks in zebrafish embryonic cell culture takes place in a complex environment of other cell types, which is difficult to achieve working with isolated cell lines. On the other hand, culturing a mixture of cell types allows less control over the cell culture environment compared to pure endothelial cell lines. In this thesis, I have studied the use of zebrafish embryonic cells and tissues as a complementary model to the mammalian cells and tissues used for vascular development *in vitro*.

In **Chapter 2** I have reviewed the current advances in the field of developing *in vitro* vasculature. The review includes a brief overview of vascular development and requirements of the process *in vivo*. This is followed by an extensive survey of the developed techniques using endothelial cell lines, stem cells and tissue explants for the

formation of vascular networks *in vitro*. Then I have argued the importance of zebrafish as a complementary model for such studies. Finally I have discussed the advances in the microfluidic technology making breakthroughs in developing functional vascular cultures.

In order to establish the basal requirements of zebrafish cell culture, in **Chapter 3** I have cultured primary blastocyst cells in media supplemented with different concentrations of fetal bovine serum and zebrafish embryo extract. The concentrations of these nutrients in the media showing optimal growth of the blastocyst cells were used in further experiments. Furthermore, the growth of putative endothelial cells (*fli:GFP⁺* or *kdrl:GFP⁺* cells) was analysed in the blastocyst cell culture under basal conditions (without the additional growth factors).

In **Chapter 4** I have used different media compositions, growth factors and extracellular matrix components to analyse their effect on the generation of *fli:GFP⁺* and *kdrl:GFP⁺* cells in zebrafish blastocyst cell culture. Different media compositions tested were LDF medium (commonly used medium for zebrafish cell culture) and endothelial growth medium (commonly used medium for mammalian endothelial cells). The effect of different substrates i.e. gelatin and collagen type-I was compared to the uncoated polystyrene substratum. Finally, the effect of different concentrations of recombinant zebrafish vascular endothelial growth factor in the media on the percentage of *fli:GFP⁺* and *kdrl:GFP⁺* cells in cultures was analysed.

In **Chapter 5**, I have analysed the effect of culturing blastocyst cells in suspension culture (to form embryoid body aggregates) compared to the adherent cultures on the generation of *fli:GFP⁺* and *kdrl:GFP⁺* cells. The migration of *fli:GFP⁺* cells from the EB culture on collagen type-I, gelatin and fibrin substrates was analysed. The *kdrl:GFP* embryoid bodies showed the formation of vascular network-like structures. The dimensions of these networks varied on different substrates (collagen type-I and Geltrex™).

Finally, in **Chapter 6** I have developed a zebrafish EB model for sprouting vascular networks in 3D gel matrix. The effect of microfluidic flow on the growth of vascular sprouts in the 3D embryoid body cultures was examined. The results show an effect of microfluidic flow on the length and width of vascular sprouts. In addition, I have developed a technique for the sterile isolation and culture of liver and heart tissues from 5 days post fertilization zebrafish larvae. The isolated tissue explants developed vascular sprouts when cultured in a 3D gel matrix.

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