

Maternal reflective functioning: influence on parenting practices and the early development of externalizing behavior Smaling, H.J.A.

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Maternal reflective functioning: Influence on parenting practices and the early development of externalizing behavior

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- 1. Maternal reflective functioning is a multi-dimensional construct (*this thesis*).
- 2. Links between parental reflective functioning and children's sociobehavioral development should be studied in the context of parenting practices (*this thesis*).
- 3. Maternal reflective functioning is an interesting target for prevention and intervention programs aimed at reducing early aggression *(this thesis)*.
- 4. Prevention of externalizing behavior is to be preferred above intervention. The challenge is to determine who qualifies for preventive intervention (*this thesis*).
- 5. Parents often want quick answers and solutions to their children's problems from "experts"—but the best expert advice may be aimed at the development of the parents' own capacities.
- 6. All parents want to be the best possible parents, but things can go wrong even for the most dedicated among them.
- 7. In science, cooperation should prevail over competition.
- 8. The absence of evidence is not the evidence for absence (*Carl Sagan*).
- 9. People are more inclined to improve their circumstances than to improve themselves (*based on James Allen*).
- 10. A mind that is stretched by a new experience can never go back to its old dimensions (*Olivier Wendell Holmes*).