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Smoking and the course of anxiety and depression

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Curriculum Vitae

Mumtaz Jamal was born on 10th February, 1978 in Pakistan. After completing the high school curriculum with pre-medical, she attended Frontier College for Women (associated with Peshawar University) for a Bachelor of Arts (BA) degree with Psychology and English Literature as major subjects. The BA degree was awarded in 2000. Subsequently, she studied at the Department of Psychology, University of Peshawar, where she obtained a MSc degree in Psychometrics in 2002. She received a Bachelor in Education (BEd) degree in 2003 from the Institute of Education and Research, University of Peshawar. In 2007 she was awarded a fellowship from the Higher Education Commission (HEC) of Pakistan for pursuing further academic training and education in the Netherlands. She obtained a MSc degree in Cognitive Psychology from the Faculty of Social and Behavioral Sciences, Leiden University in 2009. Subsequently, she started a PhD project on the association of smoking with depression and anxiety disorders under the supervision of Prof. Willem Van der Does and Prof. Brenda Penninx.

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Publications

1. **Jamal M**, Van der Does AJW, Penninx BWJH, Cuijpers P. (2011). Age at smoking onset and the onset of depression and anxiety disorders. *Nicotine and Tobacco Research*; 13 (9): 809-819
2. **Jamal M**, Van der Does AJW, Cuijpers P, Penninx BWJH. (2012). Association of smoking and nicotine dependence with the severity and course of symptoms in patients with depressive or anxiety disorder. *Drug and Alcohol Dependence*; 126 (1-2): 138-146
3. **Jamal M**, Van der Does AJW, Penninx BWJH. Effect of variation in BDNF Val⁶⁶Met polymorphism, smoking, and nicotine dependence on symptom severity of depressive and anxiety disorders (Submitted).
4. **Jamal M**, Van der Does AJW, Penninx BWJH. Effect of smoking, nicotine dependence and BDNF Val⁶⁶Met polymorphism on BDNF in serum (Submitted).
5. **Jamal M**, Putman P, Van der Does AJW. Attentional bias and attentional control across information processing phases in smokers and non-smokers: a dot-probe study (Submitted).
6. **Jamal M**, Van der Does AJW, Penninx BWJH. Effect of serotonin transporter gene polymorphism and BDNF Val⁶⁶Met polymorphism on severity and course of depressive and anxiety symptoms in smokers and non-Smokers (In preparation).