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Well-being and headache in adolescence : A self-regulation perspective

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Curriculum Vitae

Emma Massey was born on 18th January 1980 in West Yorkshire, England. After completing A levels at Salt Grammar School in 1998 she began studying psychology at the University of Birmingham, UK. During her studies she participated in a foreign exchange program and spent one year (2000-2001) studying social psychology and Japanese language at Hitotsubashi University, Tokyo. After returning to the UK, she graduated with a Bachelor of Science in Psychology. In September 2002 she moved to the Netherlands to pursue a Master's degree in Health Psychology at Leiden University. Under the supervision of Dr. W.A. Gebhardt, she wrote her masters thesis entitled 'Application of the health behaviour goal model to smoking cessation in pregnancy'. She graduated from this program with cum laude in 2004. Remaining in the department of Clinical, Health and Neuropsychology at Leiden University, she commenced a research project into self-regulation, well-being and headache among adolescents which forms the basis of this thesis. In October 2008 she began working as a research psychologist in the Kidney Transplant Unit of the Erasmus Medical Centre, Rotterdam, investigating the psychosocial aspects of living kidney donation.