

Gut permeability and myocardial damage in paediatric cardiac surgery Malagon, Ignacio

Citation

Malagon, I. (2005, December 1). *Gut permeability and myocardial damage in paediatric cardiac surgery*. Retrieved from https://hdl.handle.net/1887/3741

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- 1. Paediatric patients undergoing surgery with cardiopulmonary bypass have increased gut permeability in the postoperative period (this thesis).
- 2. Dexamethasone given before cardiopulmonary bypass starts reduces gut permeability in the postoperative period (this thesis).
- 3. Patients undergoing stage I Norwood operation have increased gut permeability in the preoperative and postoperative period (this thesis).
- 4. The choice of anaesthetic agent does not influence the postoperative production of cardiac troponin T in paediatric cardiac surgery (this thesis).
- 5. Dexamethasone does reduce the postoperative production of cardiac troponin T in paediatric cardiac surgery, although the effect is short-lived (this thesis).
- 6. Children are not small adults. Extrapolating drug dosages derived from adult research is a mistake. *Burns JP. Critical Care Medicine* 2003;31:S131-S136
- 7. Children should be anaesthetised by consultants who have regular and relevant paediatric practice sufficient to maintain core competencies. The Royal College of Anaesthetists of UK, Guidance on the provision of paediatric anaesthetic services, January 2005. www.rcoa.ac.uk/docs/Paeds.
- 8. The volume of patients in paediatric intensive care units is inversely related to risk-adjusted mortality and patient length of stay. *Tilford JM et al. Pediatrics.* 2000;106:289-94.
- 9. Research in critically ill patients may become impossible unless present European legislation is modified. European Society of Intensive Care Medicine Task Force, Intensive Care Medicine 2005;31:476-9.

- 10. It needs a patient man to beat a Dutchman at waiting. Lieutenant Winston Churchill, after his escape from Pretoria, 1900.
- 11. Rules are for the obedience of fools and the guidance of wise men. *Sir Douglas Bader*.
- 12. A smooth sea never made a skilful mariner (English proverb).
- 13. In Holland everything is under control, in Spain everything is out of control (*Elias Malagon, five years old*).