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Author: Heijden, Lizz van der

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Giant cell tumor of bone and tenosynovial tissue—Surgical outcome

1. Curettage with local adjuvants is an excellent primary treatment option for giant cell tumor of bone, also in the more complex cases. (*This thesis*)
2. Soft tissue extension in giant cell tumor of bone appears to be the only predictor for local recurrence. (*This thesis*)
3. The effect of cryosurgery is comparable with the use of phenol and PMMA; however, the first is associated with a higher complication rate. (*This thesis*)
4. Extended curettage with use of phenol and PMMA in large bone defects in proximity to the articular cartilage (<3mm) results in a moderately increased risk of secondary osteoarthritis. (*This thesis*)
5. Primary open synovectomy for diffuse-type tenosynovial giant cell tumor results in favorable functional outcome and quality of life. (*This thesis*)
6. Giant cell tumors of bone are not entirely “benign” as they have an unpredictable behavior; proper management is essential, improper management can be disastrous. (*McCarthy. Clin Orthop Relat Res 1980;153:14-25*)
7. A higher quality in non-randomized studies will be obtained by predefined data collection in (inter)national prospective registries with technical, clinical and patient-reported outcome measures. (*Ergina et al. Lancet 2009;374:1097-104*)
8. Alternatives to randomized trials, including expertise-based trials and case-matching studies, should be better utilized in case of orphan diseases. (*McCulloch et al. Lancet 2009;374:1105-12*)
9. Musculoskeletal tumors should be treated by a specialized multidisciplinary team; centralization results in improved patient outcomes. (*Ogura et al. J Bone Joint Surg Am 2013;95:1684-91*)
10. “A physician is obligated to consider more than a diseased organ, more even than the whole man; he must view the man in his world.” (*Harvey W. Cushing, 1869–1939*)
11. « Le véritable voyage de découverte ne consiste pas à chercher de nouveaux paysages, mais à avoir de nouveaux yeux. » (*Marcel Proust, 1871–1922*)
12. Although during language acquisition, the modal verb *savoir* precedes the modal verb *croire*, this is usually not the case in evidence based medicine.
13. Writing a thesis is like climbing Mont Ventoux: for both you need focus, excellence and endurance.

