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Chapter 1

General Introduction

Modified from:

**Bone Marrow Cell Injection for Chronic Myocardial Ischemia:
The Past and the Future.**

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INTRODUCTION

Coronary artery disease is a major cause of mortality and morbidity in the western world. Despite major advances in surgical and percutaneous revascularization techniques, a large number of patients end up with end-stage coronary artery disease, not amenable for mechanical revascularization. These patients often have stress-inducible myocardial ischemia, resulting in disabling complaints of angina, refractory to medical treatment¹. Furthermore, ischemic myocardial damage can result in chronic heart failure, due to reduced left ventricular function and subsequent remodeling of the left ventricle (LV). Cell-based therapy is currently under investigation as a new therapeutic option to restore ischemically damaged myocardium and increase neovascularization. In numerous preclinical studies, it has been reported that various cell types have the capacity to promote cardiomyogenesis and new blood vessel formation through different mechanisms, resulting in improvements in cardiac function. On the basis of these encouraging findings, a large number of clinical studies have been performed in the last decade, generally demonstrating modest but significant clinical benefits. However, a large variability exists in the observed beneficial effects of cell therapy, which is likely to be related to differences in study design, patient population and cell characteristics. Therefore, many questions remain unanswered regarding the effect of cell-based therapy on damaged myocardium, including the exact mechanism of action, the optimal delivery method, and cell type and dose in various patient populations.

As an introduction to this thesis, an overview of the current status of cardiac cell therapy will be provided. First, cell types available for cardiac cell therapy will be described, along with the mechanisms through which these cells may improve myocardial perfusion and function. Furthermore, the different routes of cell delivery will be discussed and compared. Finally, the available experience from of experimental and clinical studies investigating cell therapy in patients with ischemic heart disease will be reviewed.

CELL TYPES FOR CARDIAC REPAIR

In vitro studies have been performed on various cell types to evaluate their potential to restore damaged myocardium. Below we discuss the origin of these cells, the proposed mechanism of action and potential safety concerns of each cell type. (Figure 1)

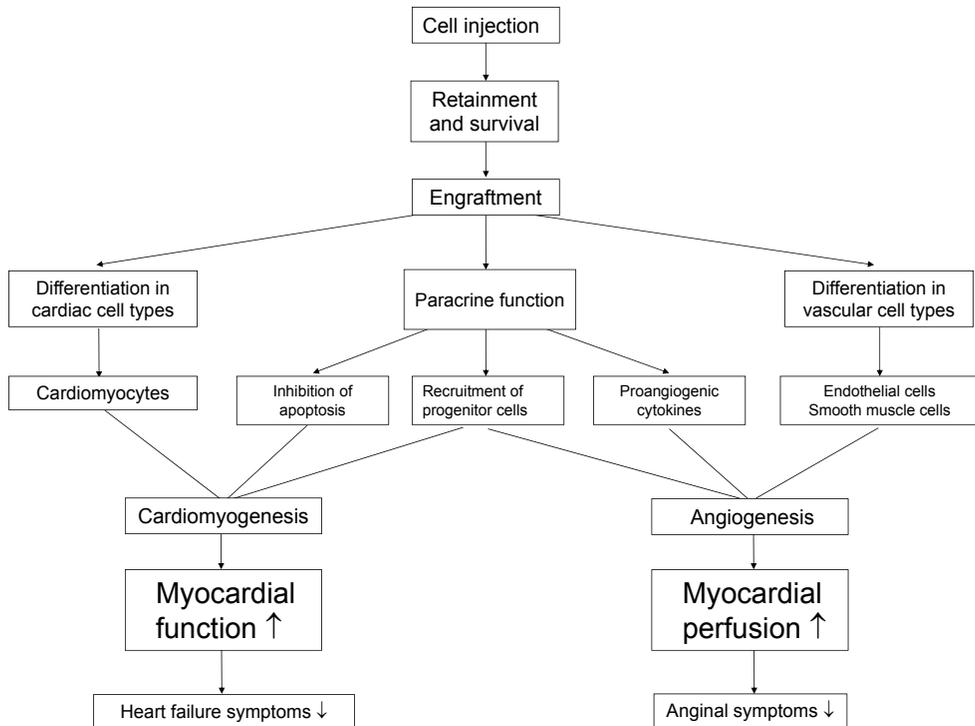


Figure 1: Mechanisms by which bone marrow cells may improve myocardial perfusion and contractile function.

HEMATOPOETIC STEM CELLS

Hematopoietic stem cells (HSCs) can be isolated from the bone marrow, and comprise 1 to 3% of the total mononuclear cell fraction. In peripheral blood, low numbers of circulating HSCs are detectable, although this may be augmented by granulocyte colony-stimulating factor (G-CSF) administration, resulting in mobilization of HSCs as well as other bone marrow stem and progenitor cells into the blood². HSCs are commonly identified by the expression of CD34⁺ and CD133⁺ cell surface antigens and have the potential to differentiate into all types of blood cells.

In a landmark study by Orlic et al.³, it was suggested that HSC were capable of replacing infarcted myocardium after differentiation into cardiomyocytes. However, since experimental studies yielded discordant results with regard to the presence of de novo myocardium formation⁴⁻⁶, the ability of HSCs to differentiate into cardiac cells remains controversial. Nonetheless, in most randomized and non-randomized studies, transplantation of hematopoietic cells in ischemic myocardium resulted in beneficial

effects on cardiac function^{4,7-11}. Paracrine effects may account for these functional benefits, given that experimental studies demonstrated that CD34+ cells can secrete cytokines that may stimulate angiogenesis, inhibit apoptosis, recruit resident cardiac progenitor cells and change extracellular matrix composition^{12, 13}. However, because the expression of CD34+ markers is overlapping with other hematopoietic cell types such as endothelial progenitor cells, the exact role of HSCs in myocardial improvement is still not fully determined.

ENDOTHELIAL PROGENITOR CELLS

Endothelial progenitor cells (EPCs) reside in the bone marrow, comprising 0.1 to 0.4% of mononuclear cells¹⁴, and are detectable in peripheral blood in very low concentrations¹⁵. Classically, these cells are described as committed progenitor cells that can only give rise to endothelial cells and other vascular cell types (e.g. pericytes, smooth muscle cells, fibroblasts)¹⁶. In addition, EPCs possess the capacity to contribute to new vessel formation by secretion of pro-angiogenic cytokines¹⁶. Conditions such as cardiac ischemia or acute myocardial infarction (MI) may initiate mobilization of EPCs from the bone marrow into the blood where they can migrate to the site of injury¹⁷.

EPCs were originally identified by their expression of the hematopoietic stem cell markers CD34, CD133 and VEGF receptor¹⁸⁻²⁰. The cells are characterized by a high proliferative capacity, and have been demonstrated to incorporate into foci of neovascularization²¹ and to differentiate into endothelial cells, and thus may be regarded as circulating angioblasts. However, the precise phenotype and nomenclature of EPC has been subject of debate¹⁶ since other EPC populations have been identified in cultured EPCs such as 'early outgrowth EPCs', which express the monocyte marker CD14 in the absence of hematopoietic markers CD34 or CD45²². These cells possess a relatively low proliferative capacity and are thought to contribute to the process of angiogenesis predominantly by paracrine mechanisms.

Numerous observational clinical studies have documented that EPC numbers and function are related to the presence of cardiovascular disease. In patients with established cardiovascular disease, lower numbers and impaired function of circulating EPCs was documented²³. Furthermore, the presence of cardiovascular risk factors was found to be related to circulating EPC numbers and endothelial function²⁴. Moreover, reduced EPC levels were found to be an independent predictor of cardiovascular events in patients with coronary artery disease^{15, 25}, suggesting a relation between reduced levels of circulating

EPCs and atherosclerotic disease progression. Furthermore, the numbers and function of EPCs have shown improvement after life style alterations^{26, 27} and pharmacological treatments such as statins²⁸⁻³¹. Although the clinical usefulness of EPCs as therapeutic cell type may be influenced by their low numbers or decreased angiogenic potential in patients with cardiovascular disease, these cells are suggested to have potential for vascular regeneration.

MESENCHYMAL STEM CELLS

Mesenchymal stem cells (MSCs) can be isolated from many tissues, including bone marrow, adipose tissue and umbilical cord blood. Although they are uncommon in bone marrow, making up only 0.001 to 0.01% of the total nucleated cells³², MSCs can easily be expanded in vitro due to their extensive proliferative capacity. This cell type is characterized by expression of a specific set of membrane molecules (CD73, CD90, CD105), together with lack of expression of the hematopoietic markers CD14, CD34 and CD45 and human leucocyte antigen-DR. MSCs can differentiate into cells of the mesenchymal cell type, including osteoblasts, adipocytes and chondrocytes³³. In addition, under specific in vitro conditions they can give rise to functional cardiomyocytes³⁴ and vascular cells³⁵. Some experimental in vivo studies demonstrated differentiation of MSCs into cardiomyocyte-like phenotypes after intramyocardial injection^{36, 37}. However, since other studies did not observe cardiomyogenic differentiation^{35, 38, 39}, the in vivo potential of MSCs to differentiate into cardiomyocytes remains unclear.

Still, improvements in cardiac function were observed in the majority of experimental studies^{36, 38-40}. These functional improvements may be related to stimulation of angiogenesis, by differentiation of MSCs into endothelial cells and smooth muscle cells^{35, 39} and secretion of pro-angiogenic cytokines⁴¹. Furthermore, MSCs may promote protection of ischemic tissue by production of a variety of growth factors and cytokines, which may beneficially affect post-infarct LV remodeling⁴¹. In addition, MSCs are well amenable for enhancement of their therapeutic potential through pharmacological or genetic means. Overexpression of (prosurvival) genes such as Akt⁴², GSK-3beta⁴³ and myocardin⁴⁴ augmented the ability of MSCs to restore cardiac function in acute MI models in an even higher degree as compared to non-transduced MSC treatment.

An unique characteristic of MSCs seems to be the interaction between these cells and the immune system. First, they are immunosuppressive to activated T-lymphocytes and can reduce inflammation by inhibiting T-cell proliferation without promoting

apoptosis^{45, 46}. In addition, allogeneic MSCs have been thought to be capable of evading the host immune system since they express only very low levels of histocompatibility complex type II, making MSCs an attractive candidate for allogeneic cell use. However, induction of an immune response was described after administration of allogeneic MSCs in immunocompetent hosts^{47, 48}, although the clinical significance of this response for cardiac cell therapy remains unclear. Therefore, the clinical applicability of allogeneic MSC injection remains to be investigated.

Nonetheless, some safety issues have been raised with regard to MSC administration. Due to the heterogeneity among MSC and MSC-like populations and their broad differentiation capacity, administration of these cells carries the potential risk of unwanted differentiation of administered cells. Although it is commonly assumed that the host tissue will direct the differentiation of transplanted cells, some studies observed osteogenic differentiation of implanted MSCs⁴⁹. Of note, this observation was only made in 2 small studies comprising rodent animal models, and rodent-MSC. In both studies, extensive culturing had been performed (up to 11 passages). Although only scarce data are available, it is conceived that in human MSCs cultured for a normal duration (and even reaching 25 passages), the occurrence of transformation will be very unlikely⁵⁰. Therefore, the risk of tumor formation after MSC transplantation in the clinical setting is considered to be very low⁵¹.

Another safety concern arose from the study of Vulliet et al, which demonstrated the potential of MSCs to cause coronary obstruction and micro-infarction after intracoronary injection⁵². After injection of culture expanded canine MSCs in this canine MI model (about two-fold larger compared to MSCs used in human studies), microinfarcted regions containing high concentrations of injected MSC concentration were observed. In order to avoid this risk, clinical studies investigating MSC transplantation have focused on the intramyocardial transplantation method.

ADIPOSE TISSUE-DERIVED STEM CELLS

MSCs harvested from adipose tissue are referred to as adipose tissue-derived stem cells (ADSCs). They have shown to express surface markers similar to those observed on MSCs, though slight distinctions have been observed⁵³. In contrast to bone marrow derived MSC, ADSCs can be harvested in large quantities from adipose tissue (on average 1×10^6 stem cells out of 100 ml) making extensive culturing unnecessary. ADSCs have the capacity of self-renewal and differentiation into various pluripotent endothelial

and vascular progenitor cells⁵⁴, comparable to MSCs. Although MSCs and ADSCs have a number of slight distinctions comprising surface phenotype and processes of cell homing, the consequences of these differences are not clear⁵³. In vitro studies have shown that ADSCs have the capacity to develop into ventricle-like, atrial-like, and pacemaker-like cells displaying spontaneous action potentials, after 3 weeks of culturing⁵⁵. Furthermore, ADSCs have been suggested to have the ability to engraft into injured myocardium and express specific cardiomyocyte markers⁵⁶. In addition, ADSC transplantation in acute MI models resulted in significant improvements in left ventricular ejection fraction (LVEF), although no new cardiomyocyte formation was demonstrated^{57, 58}. Since improved capillary density was observed, the beneficial effect was suggested to be attributable from vasculogenesis^{57, 58}. Currently, the first-in-men study to explore safety and feasibility of ADSC transplantation in patients with AMI (APOLLO trial) is underway⁵³.

VERY SMALL EMBRYONIC-LIKE STEM CELLS

Recently, a novel population of rare multipotent cells (approximately 0.02% of the mononuclear cell population) has been described in adult bone marrow cells⁵⁹. These cells, called very small embryonic-like stem cells (VSELs), are identified by Sca-1^{pos} / Lin^{neg} / CD45^{neg} and express the cardiac markers Nkx2.5/Csx, GATA-4, and MEF2C. In vitro, VSELs are able to differentiate into different cell types, including cell types of the cardiac and vascular lineages⁵⁹. VSELs are mobilized into the peripheral blood after tissue ischemia⁶⁰ and home to the site of injury⁶¹.

Intramyocardial injection of VSELs in mice models of MI resulted in improvement in cardiac function⁶², which effect was further augmented by cardiogenic predifferentiation⁶³. Isolated VSEL-derived cardiomyocytes and vascular cells were detected in the infarct region, although the number of VSEL-derived cells was too low to be responsible for the observed improvements. Therefore, it has been hypothesized that the secretion of paracrine factors by differentiating VSELs may play an important role in improving myocardial perfusion and function, through comparable mechanisms as has been proposed for other cell types⁶⁴.

Because of their pluripotency, including the capacity to differentiate into cardiac myocytes, in combination with the suggestion of a substantial paracrine function, VSELs are attractive candidates for future therapeutic strategies. Nonetheless, although VSEL appear to be stable in vitro⁶⁵, limited in vivo data are available, requiring additional experimental studies to further explore the safety profile of this cell type.

(UNSELECTED) BONE MARROW-DERIVED MONONUCLEAR CELLS

Bone marrow mononuclear cells (BMNCs) represent a heterogeneous cell population containing hematopoietic and non-hematopoietic cells with diverse phenotypes. These cells include HSCs, EPCs, MSCs and various cell populations such as side population cells, multipotent adult progenitor cells, and VSELs⁶⁶. Mononuclear cells can be isolated by direct marrow aspiration or can be obtained from the peripheral circulation. Because BMNCs are relatively easy to isolate in large numbers and do not require complex culture conditions, they have been used in the majority of clinical trials in cardiac patients. Apart from these practical considerations, BMNCs may have other advantages over selected cell types. Particularly, different cell populations may affect the function of each other, being more effective in combination as suggested by Suuronen et al⁶⁷. In line with this suggestion, synergistic effects on neovascularisation were observed after transplanting different types of EPCs compared to administration of a single cell type⁶⁸. Furthermore, after intramyocardial injection in a mouse MI model, BMNCs showed a more robust survival pattern as compared to MSC en skeletal myoblasts, resulting in reduced LV remodeling after MI⁶⁹. Therefore, it has been suggested that the combination of mononuclear cells, as naturally present in the bone marrow, may be one of the most suitable and effective options for myocardial cell treatment. Combined with favorable safety profile, this cell population is suggested to be a qualified candidate for clinical application, although appropriate safety monitoring is still recommended and ongoing⁷⁰.

SKELETAL MYOBLAST CELLS

Skeletal myoblasts are tissue-committed progenitor cells which normally reside under the basal membrane of mature muscular fibers. These precursor cells are mobilized by injury, and have the capacity to regenerate muscle fibers by proliferation and fusion⁷¹. Skeletal myoblasts can be obtained by skeletal muscle biopsy and can be efficiently expanded in vitro, making them suitable for autologous application. Being committed precursor cells, skeletal myoblasts carry a low risk on ectopic differentiation. Another advantage of skeletal myoblasts is their resistance to ischemia and oxidative stress, facilitating survival in recently infarcted or poorly vascularized cardiac tissue⁷². Because of these appealing characteristics, skeletal myoblasts have been studied extensively as a potential source for cardiac cell therapy⁷³⁻⁷⁶. In animal models of MI, generation of functional multinucleated myotubes by the transplanted cells was

observed^{77,78}, often aligned parallel to the host cardiomyocytes. Moreover, administration of skeletal myoblasts into cryoinfarcted regions of rabbit hearts revealed formation of islands containing elongated striated cells that retained characteristics of both skeletal and cardiac cells⁷⁹. However, the expression of cardiac markers is now recognized to be the result of fusion with host cardiomyocytes, and not from transdifferentiation⁸⁰. Importantly, immunohistochemical results revealed a lack of connexin-43 expression, resulting in a lack of electrical coupling between engrafted myoblasts and the neighboring cardiomyocytes. This hampers synchronized mechanical activity, possibly attenuating the beneficial effect on myocardial function^{81, 82}. Moreover, this electric ‘insulation’ of transplanted cells is likely to create an arrhythmogenic substrate, increasing the risk of malignant arrhythmias⁸³. Of note, the use of genetic modification to create myoblasts overexpressing connexin-43 may be a promising solution^{84, 85}, although the precise effects of this approach on the differentiation and electrophysiological properties of the transplanted cells should be further explored⁸⁶.

In addition to their myogenic potential, skeletal myoblasts were also found to release paracrine factors that can stimulate angiogenesis⁸⁷, enhance cardiomyocyte survival⁸⁸ and decrease expression of matrix metalloproteinases⁸⁹, leading to reduced myocardial fibrosis. Therefore, skeletal myoblasts may contribute to a reduction in LV remodeling by paracrine mechanisms, which is in line with the results of the MAGIC trial that observed a decrease in LV end-diastolic and end-systolic volume which was not accompanied by an improvement in LV function⁷³.

The combination of myogenesis and significant paracrine function makes skeletal myoblasts interesting candidates for therapeutic purposes. However, further investigation is warranted to perform a comprehensive assessment of the safety profile and the potential benefits.

RESIDENT CARDIAC STEM CELLS

Traditionally, the heart was thought to be a postmitotic organ because mature cardiomyocytes withdraw from the cell cycle and cease to proliferate. Recent discovery of resident cardiac stem cells in the heart has demonstrated that, in contrast to long-standing belief, the heart has intrinsic regenerative potential. Cardiac stem cells consist of a heterogeneous cell population including several multipotent progenitor cells and adult cardiac stem cells, which can be differentiated by surface marker expression.

In 2003, Beltrami et al.⁹⁰ reported the identification of c-kit^{pos} cells negative for blood lineage markers (Lin^{neg}) in rat hearts, with the capacity to differentiate into cardiomyocytes, smooth muscle and endothelial cells. Transplantation of these cells in rodent and canine models of MI resulted in myocardial regeneration, with injected cells showing sarcomere formation and expression of N-cadherin and connexin-43. In addition, increased capillary density was observed^{90, 91}. Recently, successful isolation and expansion of c-kit^{pos} cells from human myocardial biopsy specimens has been described, with comparable in vivo results after transplantation in a rat model. Despite these promising results, doubts have been raised with regard to the capacity of myocardial c-kit^{pos} cells from adult human hearts to undergo cardiomyogenic differentiation⁹² and the availability of c-kit^{pos} cells in diseased human hearts⁹³.

Another type of cardiac stem cells has been identified based on the expression of stem cell antigen-1 (Sca-1)⁹⁴. These cells were able to generate cardiomyocytes after treatment with oxybutine or 5-azacytidine^{94, 95}. In experimental in vivo studies, these cells were retrieved in the infarct border zone and seemed to have differentiated into cardiomyocytes⁹⁶. However, it has been suggested that these findings are mainly due to cell fusion with resident cardiac cells^{94, 97}.

An interesting population of multipotent progenitor cells which is present in the heart, but also in bone marrow, skin and muscle are side population cells. These cells are characterized by their cytoplasmatic exclusion of Hoechst dye⁹⁸ and have the capacity to generate functional cardiomyocytes in vitro⁹⁹. Although residing in the heart in small amounts, side population cells can be mobilized from the bone marrow after acute MI. The therapeutic potential of side population cells remains to be determined, since no data are available on their clonogenic potential and capacity for self-renewal. Moreover, the ability of side population cells to improve myocardial perfusion and function in vivo is not yet clear.

A heterogeneous population of progenitor cells can be derived from subcultures of postnatal human myocardial biopsy specimens, the so called cardiosphere-derived cells (CDCs). These cells form multicellular, self-adherent spherical clusters (cardiospheres) in culture¹⁰⁰ and are self-renewing and clonogenic. CDCs express antigenic characteristics of stem cells at each stage of processing (expressing KDR in human, flk-1 in mice, CD31, CD34, c-Kit, Sca-1), as well as proteins vital for cardiac contractile and electrical function¹⁰¹. These cells have the ability to undergo cardiac differentiation with spontaneous contractile activity, and can also give rise to endothelial and smooth muscle

cells¹⁰⁰. Experimental studies have demonstrated beneficial effects of CDC injection in porcine and murine models of MI¹⁰¹⁻¹⁰³. Since survival of injected cells was low, these improvements may partially be attributed to paracrine effects, such as recruitment of resident progenitor cells or inhibition of apoptosis^{101, 102, 104}.

EPICARDIUM-DERIVED CELLS

A subset of epicardial cells, referred to as epicardium-derived cells (EPDCs), undergo epithelial-to-mesenchymal transition (EMT) during cardiomorphogenesis and thereby acquire the ability to migrate into the subepicardial space and subsequently into the myocardium. Human EPDCs can be identified by receptor expression of CD44, CD90, CD105, HLA-ABC and CD46 at the plasma membrane, but are negative for CD34 and Sca-1¹⁰⁵. Furthermore, human EPDCs express cardiac marker genes (cardiac troponin T, GATA4, dHand, Mef2C and connexin 43) and smooth muscle genes (ASMA, CNN1, SM22)¹⁰⁵. These cells have the capacity to differentiate into multiple cell types, including coronary smooth muscle cells, subendocardial and atrioventricular cushion mesenchymal cells, adventitial fibroblasts and interstitial cardiac fibroblasts¹⁰⁶⁻¹¹². In addition, it is suggested that, under certain *in vitro* conditions, EPDCs can differentiate into cardiomyocytes¹¹³, although their *in vivo* potential to do so is still subject of debate^{114, 115}. Following epicardial biopsy, these cells can be cultured with specific factors, e.g. TGF- β ¹¹⁶, myocardin¹⁰⁵ or T β 4¹¹⁷ to promote epicardial EMT and subsequent differentiation. *In vivo* experiments have shown that intramyocardial injection of human EPDCs into ischemic myocardium of a MI mouse model preserved cardiac function and attenuated ventricular remodeling¹¹⁸. In addition, co-injection of EPDCs and CPCs synergistically improved cardiac function in MI mice¹¹⁹. Since no graft-derived cardiomyocytes were observed in this study, this improvement was suggested to result from complementary paracrine mechanisms. In line with these findings, EPDCs have shown to provide paracrine factors to enhance vascular recruitment^{117, 118} and demonstrated to directly interact with cardiomyocytes, thereby inducing proliferation and correct mechanical and electrical coupling of cardiomyocytes¹²⁰. Because of their regulating role in myocardial development, their ability to interact with surrounding myocardium and their potential to improve cardiac performance, this cell type might be a promising source for cell-based therapy.

Cardiac tissue-derived stem and progenitor cells show promising abilities in terms of proliferation and differentiation capacity. Due to their cardiac origin these cells may hold great potential as a source for myocardial regeneration. However, since only limited experimental data are available on most cell types, further pre-clinical investigations are necessary to assess the safety and possible therapeutic benefit of these cell types. Furthermore, cardiac stem cells for autologous purposes can only be obtained via endomyocardial biopsy or thoracic surgery (for example during coronary artery bypass grafting) which may be regarded as a disadvantage as compared to other adult stem cells.

EMBRYONIC STEM CELLS

Human embryonic stem cells (hESCs) are conventionally derived from pluripotent cells from the inner mass of a 5 day old human embryo at the blastocyst stage and have the potency of unlimited proliferation *in vitro*^{121, 122}. hESCs can give rise to cells of all three primary germ layers and will spontaneously differentiate to form multicellular aggregates when maintained in an undifferentiated state¹²³. By culturing in specific growth media, differentiation into specified cell types can be established. Studies have shown that hESCs can differentiate into cardiomyocytes possessing functional and electrophysiological characteristics similar to genuine cardiomyocytes. For example, immunohistological studies demonstrated that hESC-derived cardiomyocytes express early cardiac-specific transcription factors, sarcomeric proteins and gap junction proteins, whereas electrophysiological assessment revealed these cells to resemble human fetal ventricular myocytes that can propagate action potentials^{124, 125}. Of note, recently, a method was demonstrated for obtaining >99% pure cardiomyocytes from hESCs¹²⁶. In addition to cardiomyocyte differentiation, hESCs have the capacity to differentiate into endothelial and smooth muscle cells¹²⁷.

Because of their pluripotency, ESCs can form any cell type of the heart, providing an extensive regeneration potential. The ability to form cells from all three germ layers, however, is accompanied by the risk of ectopic differentiation at the implantation site, as observed after ESC transplantation in healthy animals and animal models of acute MI^{128, 129}. Subsequently, increased interest has risen in methods to guide differentiation preceding implantation¹³⁰ to reduce the risk of ectopic differentiation. Several strategies have been used to guide differentiation of ESCs into cardiomyocytes, including co-culturing with endoderm-like cells or their conditioned medium, addition of growth

factors and hormones, and pre-treatment of cells with reagents aimed at blocking cell death¹³¹. To preclude unwanted differentiation of administrated ESCs, it is essential to produce homogenous populations of each of the cardiovascular cell types and exclude residual undifferentiated cells¹²².

Besides the risk of teratoma formation, other disadvantages may hamper the use of ESCs for cardiac regeneration. Since ESCs have demonstrated to express specific human leukocyte antigen (HLA) subclasses, the potential risk of graft rejection might necessitate immunosuppression. Because steroid use is known to be harmful to ischemic myocardium, research to diminish the immunogenicity of the cells for allogeneic transplantation is ongoing¹³². Finally, considerable ethical concerns surrounding ESC procurement from viable human embryos is an important limitation for the development of hESCs into a clinically applicable treatment for cardiac regeneration.

INDUCED PLURIPOTENT STEM CELLS

A promising method for obtaining multipotent stem cells is direct reprogramming of adult fibroblasts by overexpression of a limited set of defined transcription factors. By virus-mediated overexpression of these transcription factors, human somatic cells can be reprogrammed into induced pluripotent stem (iPS) cells¹³³, which are practically similar to ESCs. During reprogramming, the expression of introduced exogenous transcription factors declines whereas the endogenous pluripotency network is upregulated, therefore it is proposed that the exogenous transcription factors only initiate the reprogramming¹²². In vitro, iPS cells have shown to differentiate into cell types of all three embryonic germinal layers exhibiting the morphology, proliferation, gene expression, epigenetic status and differentiation potential similar to ESCs^{134, 135}. Functional cardiomyocytes with nodal-, atrial-, or ventricular-like electrophysiological phenotype have been derived from human iPS cells, using methods based on those effective for hESCs¹³⁶. In addition, iPS cells have shown to be capable of differentiation into vascular progenitor cells and vascular cells¹³⁷. Of note, the efficiency of cell reprogramming as well as the differentiation capacity of the cell is suggested to be influenced by the choice of cell origin used for reprogramming¹²². In addition to the strong differentiation potential of iPS cells, which is possibly approaching the capacity of ESC-derived cells, iPS cells are suitable candidates for autologous application¹³⁸. Moreover, it has been proposed that iPS cells may be employed to generate unlimited numbers of identical, well-defined and genetically characterized, transplantable functional cells for therapeutic repair of cardiac tissue.

Few studies have investigated the effect of iPS transplantation into the heart. Nelson et al.¹³⁹ reported that the intramyocardial delivery of mouse iPS cells achieved regeneration of cardiac tissue and improvement of post-ischemic cardiac function. However, data concerning cell survival and engraftment rate are not yet available and these issues remain to be investigated.

Transplantation of iPS cells has several limitations in terms of their clinical applicability in cardiac regeneration. Genome-integrating viral vectors used for inducing iPS cells contain known oncogenes, thereby causing a risk for tumor formation. This problem can be overcome by reprogramming without viral integration using plasmids or direct reprogramming protein delivery¹⁴⁰⁻¹⁴². Furthermore, human iPS cells are derived only at a low efficiency of about 0.01%, making the generation of a therapeutic amount of cells time-consuming. In addition, it is not clear whether human iPS cells have complete nuclear reprogramming and could therefore result in impaired differentiation of iPS cells into the required cell type¹⁴³, potentially contributing to reduced treatment efficacy.

In addition to cardiac repair, iPS cells can be used as models of cardiac disease, as these cells are more representative of disease phenotype compared to mouse models, and may theoretically even be used as a model representing a single patient. Thereby, iPS cells can be used to study mechanisms of disease and aid in the development of new therapeutic strategies¹²².

CELL DELIVERY

In addition to finding the ideal cell type for cardiac repair, determining the optimal cell delivery method is crucial to maximize efficacy and minimize risks associated with cell treatment. Optimizing cell delivery methods requires targeted delivery of cells to minimize risk of extraneous diffusing and maximize survival and engraftment of transplanted cells. Also, the etiology of the cardiac disease influences the choice of delivery method. For example, chronic ischemic myocardial disease may be less attractive to approach via the intracoronary route because chronic occlusions or stenoses may hamper access to the target vessel, making the intramyocardial injection method a more feasible option. Currently available routes of administration include intramyocardial (epicardial or endocardial injection), intracoronary and intravenous infusion of cells (figure 2).

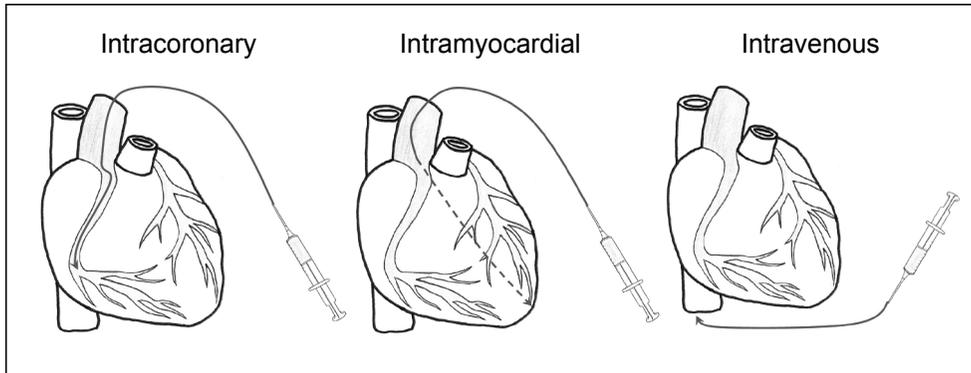


Figure 2: Possible routes of administration of therapeutic cells.

INTRAMYOCARDIAL INJECTION

Using the intramyocardial route, cells are directly injected into the myocardium. At present, direct intramyocardial injection has been described using a trans-endocardial, trans-epicardial and trans-venous approach.

Trans-endocardial delivery involves catheter-based targeted injection of cells into the myocardium guided by fluoroscopy or an electrophysiological cardiac mapping system. The most established 3D mapping system relies on electro-anatomical mapping to navigate the injection catheter inside the heart, accurately distinguishing viable, hibernating and infarcted myocardium¹⁴⁴. The derived three-dimensional map is used to assess the viability of the myocardial target site followed by injection of the cells through a small extendable needle. This technique has the advantage of assessing viability of potential injection sites, allowing accurate targeting of cell injections into the infarct border zone¹⁴⁵ or ischemic myocardium¹⁴⁶⁻¹⁴⁸. Endocardial damage and ventricular perforation have been suggested as potential procedural risks. However, this method has successfully been used in several trials, with only 1 patient reported to have had pericardial effusion^{146, 147, 149-151}.

Trans-epicardial cell injection has been most commonly performed following sternotomy for concurrent coronary artery bypass grafting and has the advantage that it allows direct visualization of the myocardium. Due to the invasive nature of this approach, it's primarily used in pre-clinical trials. Since in patients trans-epicardial cell transplantation is conducted as an adjunct to coronary bypass surgery, the efficacy of cell injection by itself may be difficult to assess.

Trans-venous intramyocardial cell delivery is a catheter-based method which approaches the myocardium through the epicardial surface from the cardiac venous system. To achieve this, a catheter containing an intravascular ultrasound probe to localize the adjacent coronary artery and pericardium, is positioned in specific branches of the cardiac venous system. Using a small-caliber needle, the coronary vein is punctured and the needle is introduced into the ventricular wall followed by cell administration¹⁵². Procedural associated risks include damaging or perforating the venous wall facing the epicardium, resulting in pericardial hemorrhage. A disadvantage over the other intramyocardial routes is the inability to reach all myocardial territories due to the anatomy of coronary veins.

INTRACORONARY INJECTION

Intracoronary infusion of cells is the most commonly used cell delivery method in clinical trials. Cells are infused through the central lumen of an over-the-wire balloon into the distal end of the infarct-related coronary artery. Transient low-pressure inflation of the balloon catheter prevents backflow of the cells, thereby enhancing myocardial delivery of cells. This technique is particularly suited for the infusion of cells into a specific coronary territory and is therefore mainly used in the setting of acute or chronic MI^{8, 153-156}. Although isolated reports have observed potential risks of intracoronary cell infusion¹⁵⁷⁻¹⁵⁹, meta-analyses have shown that this delivery technique is safe and is not associated with a higher incidence of overall clinical events^{160, 161}.

INTRAVENOUS INJECTION

Intravenous cell infusion is performed through a central or peripheral venous catheter and is technically the easiest method of cell delivery. Despite the advantage of the least invasive route and lowest risks, the effect of intravenous cell delivery heavily depends on stem cell homing signals and vascularisation at the target area. Animal studies indicated very low cell retention within the infarcted heart after intravenous infusion and indicated that most of the infused cells become trapped in the lungs, liver and spleen¹⁶². Furthermore, this technique may theoretically introduce clusters of larger cells (e.g. MSCs) in the circulation, causing microemboli in the vasculature of multiple organ systems.

COMPARING DELIVERY ROUTES

Amongst the various cell delivery techniques that have been tested in preclinical and clinical studies, intracoronary and intramyocardial catheter-based cell injection are considered most promising. However, until now, no delivery strategy has emerged as the most optimal cell delivery route for cell transplantation and variable retention rates are reported for all delivery routes⁷⁰.

At present, a comparison of different delivery routes has not been performed in humans. Using animal models, comparative studies have been performed to assess the engraftment of transplanted cells in the myocardium using different delivery routes. Freyman et al.¹⁵⁹ transplanted MSCs using a porcine infarction model and evaluated the engraftment rate after 14 days. The percentage of MSCs retained in the infarct zone was 6% after intracoronary infusion, 3% after intramyocardial injection and 0% after intravenous infusion. In contrast, Hou et al.¹⁶³ reported myocardial cell retention of 3% after intracoronary delivery, 11% after intramyocardial delivery and 3% after intravenous delivery in a swine model of MI, 6 days after BMNC transplantation. In a recent study, van der Spoel et al. found no difference between transendocardial and intracoronary injection in a pig model of ischemic cardiomyopathy, with both methods resulting in 11% cell retention¹⁶⁴.

Since cell engraftment and retention are also dependent of other variables, such as cell type and myocardial substrate, comparison of different studies is difficult. Therefore, more comparative studies will be necessary to determine the optimal delivery method for each situation. In deciding on which technique to use, factors such as cell type, presence of homing signals and anatomic location of target site could be taken into consideration.

EXPERIMENTAL STUDIES

ACUTE MYOCARDIAL INFARCTION

After the landmark study of Orlic et al in 2001, which demonstrated that locally delivered hematopoietic stem cells were capable of de novo myocardium formation after acute myocardial infarction³, numerous experimental studies have been performed in animal models of myocardial infarction. Because of contradicting results of these studies^{5, 165-167}, the ability of bone marrow-derived cells to form de novo myocardium has been subject of discussion. However, in other experimental studies, other mechanisms were elucidated by which bone marrow cells may improve myocardial performance. Importantly,

stimulation of neoangiogenesis was observed by differentiation in vascular cells and excretion of pro-angiogenic substances^{13, 35, 165, 168-170}. Thus, the subsequent improvement in myocardial perfusion may result in improved survival of host cardiomyocytes and attenuation of the post-infarction remodeling process. Furthermore, it has been suggested that bone marrow-derived cells such as HSC and MSC can secrete cytokines that may inhibit apoptosis, recruit resident progenitor cells and influence extracellular matrix composition^{12, 13 41}.

Skeletal myoblasts have been observed to form functional myotubes^{77, 78}, and islands of cardiomyocyte-like cells⁷⁹, but complete cardiomyogenic differentiation has not been observed. Of note, due to a lack of connexin-43 expression, electromechanical coupling between transplanted myoblasts and the host cardiomyocytes is absent. This may create an arrhythmogenic substrate⁸³ and may reduce the beneficial effect on myocardial function^{81, 82}.

Cardiomyogenic regeneration has been observed after injection of embryonic stem cells¹⁷¹ and iPS¹⁷². Because of the risk of ectopic differentiation using these cells, transplantation of pre-differentiated, cardiac-committed embryonic stem cell- or iPS-cells has been investigated in a number of studies, resulting in cardiomyogenesis in vivo¹⁷³⁻¹⁷⁵ and improvements in myocardial function¹⁷⁶.

Resident cardiac stem cells, especially the c-kit^{pos}Lin^{neg} cells and cardiosphere-derived cells, have also been demonstrated to be able to regenerate injured myocardium in vivo. For the other subtypes of resident cardiac stem cells, as well as mesenchymal stem cells and EPDC, the capacity for in vivo cardiomyogenesis remains subject of controversy. Nonetheless, transplantation of these cell types is associated with improvements in cardiac function, probably by other mechanisms, as described in the paragraphs about these cell types. Thus, for these cell types, it remains to be investigated to what extent cardiomyogenesis may contribute to clinically significant improvements of cardiac performance.

CHRONIC HEART FAILURE

For application of cell therapy in the clinical setting, assessment of the in vivo potential of stem and progenitor cells to restore ischemically damaged myocardium is of pivotal importance. Skeletal myoblasts were the first cells to be investigated in a rabbit model of MI, resulting in formation of elongated, striated cells with characteristics of both skeletal muscle and cardiac cells⁷⁹. Numerous studies in small and large animal models

confirmed that myoblast injection was associated with improvements in myocardial function¹⁷⁷, but the exact mechanism of improvement remains unclear. Myotube formation by injected myoblasts was observed in several studies, however, since the number of surviving myocytes is relatively low^{76, 78} and electrical integration is absent^{81, 82}, it has been questioned whether myogenesis in itself may account for the observed improvements. Accordingly, it has been hypothesized that the beneficial effects of myoblast injection are related to paracrine function of the injected cells⁸⁷⁻⁸⁹ or a “packing effect” of engrafted cells, supporting the infarcted wall and increasing elasticity, thus attenuating remodeling⁷².

Bone marrow-derived MSCs have mainly been investigated using models of acute MI. Most studies reported improvements of myocardial function after MSC transplantation, with discrepant results regarding cardiogenic differentiation^{36, 38-40}. Of interest, in a porcine model of chronic MI, Tomita et al.¹⁷⁸ demonstrated that transplanted MSCs engrafted in infarcted myocardium, differentiating in cells expressing troponin I and containing organized sarcomeres and Z-bands. In addition, capillary density was increased at the injection sites. In this study, MSC transplantation resulted in enhanced left ventricular function and attenuation of left ventricular dilatation and pathologic thinning of the infarcted myocardium¹⁷⁸.

Bone marrow-derived mononuclear cells have extensively been investigated in models of acute MI, showing beneficial effects on myocardial perfusion and function, often in the absence of substantial cardiac regeneration^{13, 165, 179}. Only a limited number of studies using BMNCs have been performed in models of chronic MI. In one of these studies, Mathieu et al.¹⁸⁰ injected BMNCs or MSCs into the infarct and border zone of a canine model of chronic MI to compare the efficacy of both cell types. They concluded that BMNC injection was superior to MSCs in improving cardiac function and reducing infarct size, and suggested that these improvements were mediated by a favorable angiogenic paracrine effect¹⁸⁰. Similarly, after injecting chronic infarcted rat myocardium with BMNCs, Fukushima et al.¹⁸¹ concluded that the small number of surviving donor-derived cells was unlikely to be responsible for the observed improvements in cardiac function, suggesting that the effect was mainly due to paracrine mechanisms. Overall, the majority of studies on BMC transplantation in chronic MI models demonstrated an improved myocardial function without the formation of new cardiomyocytes¹⁸⁰⁻¹⁸³, suggesting that excretion of paracrine substances plays an important role in the mechanism by which bone marrow cells improve cardiac function.

Cardiac progenitor cells have shown promising results in models of acute MI, with transplanted cells differentiating toward cardiac lineages and enhancing cardiac performance after injection^{90, 91, 184, 185}. In line with these findings, animal models of chronic MI demonstrated cardiac progenitor cells to differentiate into cells expressing markers specific for cardiac myocytes, endothelial cells, and vascular smooth muscle cells¹⁸⁶. Furthermore, cell delivery was associated with beneficial effects on cardiac function, however, whether this was due to the effect of direct myocardial differentiation of the transplanted cells or caused by paracrine mechanisms is not clear¹⁸⁶. Comparable results have been found after cardiosphere-derived cell administration into chronic MI models^{13, 103, 165, 179, 187}, although long-term engraftment was low, again suggesting a paracrine-mediated effect¹⁰².

Theoretically, ESCs and iPCs are thought to possess great potential for cardiac repair. Delivery of hESCs in acute MI models has indeed shown to induce formation of new myocardium and improvement of myocardial function^{128, 129, 188, 189}. In a study of Fernandes et al.¹⁹⁰, injection of these cells in chronic MI models also demonstrated formation of new cardiomyocytes, although no beneficial effects on cardiac function were observed. In this study, it was suggested that the effect of cell transplantation might be more pronounced in the acute or sub acute phase of MI¹⁹⁰. Despite the beneficial effects following transplantation into animal myocardium, several studies also demonstrated the development of tumours^{140, 191}. Currently, research is focusing on refining techniques for differentiation and purification to guide differentiation of these pluripotent cells into cardiomyocytes.

CHRONIC MYOCARDIAL ISCHEMIA

The majority of experimental studies investigating the effects of cell therapy have been performed in animal models of acute myocardial infarction. Only a minority of studies has been conducted using animal models of chronic myocardial ischemia, such as ameroid constrictor placement in the left anterior descending or circumflex coronary artery. Similar to studies in animal models of acute myocardial infarction models, comparison of different studies is difficult, since differences exist in cell isolation methods, cell dose, timing of delivery, and the characteristics of the animal model. Nonetheless, the results of these studies lead to the concept that bone marrow cell injection in ischemic myocardium may improve myocardial perfusion and function by stimulating angiogenesis, through differentiation into endothelial cells and smooth muscle cells, and secretion of pro-angiogenic cytokines (figure 1).

For example, the study of Kawamoto et al. reported macroscopic collateral formation and increased capillary density after intramyocardial cell injection in a swine model of myocardial ischemia¹⁹². In this study, adhesive CD 31+ cells isolated from peripheral blood were injected in ischemic myocardium using a 3D electromechanical mapping system, resulting in enhanced neovascularization which was accompanied by improvements in LV function. In line with these results, Silva et al. described increased capillary density and improved LV function after MSC injection using a canine ischemia model³⁵. In addition, injected MSC were found to colocalize with endothelial cells and smooth muscle cells but not with cardiomyocytes, suggesting differentiation of MSC into these vascular cell types.

In contrast, Fuchs et al observed improved myocardial perfusion and enhanced contractility in the absence of microscopic or macroscopic collateral formation¹⁹³. In this study, freshly aspirated, unselected bone marrow cells were injected into ischemic myocardium of pigs using a 3D electromechanical mapping system. Of note, this study demonstrated that the injected bone marrow cells secreted angiogenic factors which induced in vitro endothelial cell proliferation, suggesting that the observed improvements were mainly the result of paracrine function of the injected cells, possibly leading to changes in vascular diameters or decreased resistance to collateral flow. Importantly, since freshly aspirated, non-enriched bone marrow was injected in this study, the absence of collateral formation may be attributable to lower dose of progenitor cells as compared to studies using bone marrow mononuclear cells or enriched cell populations. Moreover, red blood cell contamination may have reduced progenitor cell function¹⁹⁴.

In a study focusing on the functional results of bone marrow cell injection, Schneider et al. compared intramyocardial injection of BMMC and MSC in a porcine model of chronic myocardial ischemia¹⁹⁵. In all cell-treated animals, improved LV function, reduced fibrosis and increased vascular density were observed, with none of both cell types being superior. In addition, using strain rate imaging, a favorable effect on diastolic function was observed, as evidenced by improved parameters of filling pressure and myocardial relaxation.

Importantly, none of the animal studies did pose any concerns with regard to the safety of intramyocardial bone marrow cell injection for chronic myocardial ischemia. Of note, no excessive necrosis was observed at the sites of intramyocardial injection^{192,193}. Furthermore, in a porcine model of chronic myocardial ischemia, Krause et al. demonstrated that 3D electromechanical mapping-guided injection of both bone marrow-derived mononuclear

cells and MSC into ischemic myocardium did not increase fragmentation and duration of endocardial electrograms¹⁹⁶. These findings suggest that injection of either bone marrow cells or MSC is not likely to create a substrate for arrhythmias, and confirms observations from early clinical studies¹⁹⁷.

CLINICAL STUDIES

ACUTE MYOCARDIAL INFARCTION

The effect of intracoronary bone marrow cell transplantation in patients with acute myocardial infarction has been investigated in multiple clinical trials. Whereas the first landmark studies showed contradicting results^{14, 198, 199}, later studies have pointed out that bone marrow cell infusion is associated with moderate but significant effects on LV function^{160, 161, 200}. Moreover, some studies presumed a beneficial effect on prognosis^{201, 202}, although a recent meta-analysis did not confirm this²⁰³.

Of note, a large variability exists in the reported effects of bone marrow cell transplantation on myocardial function and infarct size. Several differences in the design of these studies may account for these variable findings. First, cell processing techniques have been suggested to account for the different results of these studies. Factors that have particularly been related to cell recovery and/or function are the separation protocol (lymphoprep versus ficoll separation), and the use of serum during incubation²⁰⁴. Furthermore, red blood cell¹⁹⁴ and platelet contamination²⁰⁵ have been associated with impaired cell functionality after transplantation. Second, cell dose has been highly variable between studies, ranging from 12 million to over 240 million cells. Since a dose-response relationship has been suggested in a meta-analysis²⁰⁰, this variability in cell dose may have contributed to the different outcomes. Third, several time intervals between myocardial infarction and cell transplantation have been studied. Of note, a recent meta-analysis suggests that the optimal time interval for bone marrow cell transplantation is within 7 days after acute myocardial infarction²⁰⁰, whereas the REPAIR-AMI trial suggested that the beneficial effects of cell transplantation is limited to patients who receive bone marrow cells 4 or more days after acute myocardial infarction¹⁴. Thus, based on these findings, it may be supposed that 4-7 days after myocardial infarction is the optimal timing for bone marrow cell transplantation. Finally, different imaging techniques have been used for the evaluation of LV function and infarct size. Of note, LV ventriculography is often used, whereas only a part of the studies used magnetic resonance imaging or single-positron emission computed tomography.

Clinical studies using other cell types in patients with acute myocardial infarction are scarce. Recently, a phase I clinical trial demonstrated the safety of intracoronary infusion of cardiosphere-derived cells 2-4 weeks after acute myocardial infarction. In addition, a decrease in infarct size and improved regional systolic function were observed in CDC-treated patients.

In summary, the optimal conditions for bone marrow cell transplantation after acute myocardial infarction remain to be determined. Further studies are necessary to establish the optimal cell type, isolation protocol, cell dose and timing of cell transplantation in patients with acute myocardial infarction.

CHRONIC HEART FAILURE

Bone marrow cell therapy

Cell therapy for patients with ischemic heart failure has mainly been investigated using transcatheter intracoronary or intramyocardial injection of therapeutic cells, although some investigators used direct myocardial injection during surgical revascularization. A summary of currently available studies is provided in table 1.

Early studies demonstrated that intracoronary administration of bone marrow-derived cells is safe and feasible in patients with ischemic heart failure^{155, 206}. These initial studies reported no signs of cardiac or systemic inflammation, cardiac arrhythmias, or other short term complications after cell transplantation^{155, 206}. In addition, preliminary efficacy analysis suggested that intracoronary cell infusion may improve myocardial function and perfusion, which was confirmed by the results of the TOPCARE-CHD trial²⁰⁷. In this trial, patients were randomly assigned to receive either BMCs, circulating progenitor cells or no cell infusion into the patent coronary artery supplying the most dyskinetic myocardial area. Transplantation of BMCs was associated with a 2.9% increase in LVEF as assessed by LV angiography, which was paralleled by an improvement in New York Heart Association (NYHA) class²⁰⁷. In line with these findings, Erbs et al.²⁰⁸ documented that LVEF increased with 7.2% after intracoronary infusion of G-CSF mobilized cells as compared to placebo treatment. On the other hand, in a randomized controlled study by Yoa et al.²⁰⁹, no improvements in LV systolic function were detected using magnetic resonance imaging. Nonetheless, echocardiographic tissue doppler analysis revealed modest improvements in diastolic function. In addition to these favorable effects on clinical and functional parameters, the STAR-heart study²¹⁰ reported an improvement in survival in patients receiving intracoronary BMC administration as compared to control

patients. However, this study comprised a non-randomized, open label study and the possible contribution of a placebo-effect could not be excluded.

Intramyocardial catheter-based injection of BMCs into ischemic myocardium²¹¹ or the infarct border zone¹⁴⁵ with the use of a 3D-electromechanical mapping system is considered to be safe and feasible in patients with ischemic heart failure, although it must be noted that two studies reported one death in which an effect of the cell therapy could not be ruled out^{145, 211}. In these non-randomized safety and feasibility studies, favorable effects on LVEF and perfusion were reported. A randomized trial conducted in 109 patients with ischemic heart failure confirmed these findings by demonstrating improvements in myocardial perfusion, LV function and anginal complaints after bone marrow cell injection into the infarct borderzone as compared to placebo-treatment. Moreover, bone marrow cell injection was associated with a significantly improved survival²¹².

In contrast, a recently published multicenter trial investigating intramyocardial bone marrow cell injection in patients with ischemic heart failure did not detect improvements in their pre-specified endpoints end-systolic volume, maximal oxygen consumption, and reversibility on SPECT²¹³. However, it must be noted that a significant improvement in LV ejection fraction was observed in the bone marrow cell group as compared to the placebo group, which was mainly driven by improvements in patients of 62 years old or younger. Additional subgroup analysis suggested that the amount of CD34 and CD 131 positive cells were associated with larger improvements in LV ejection fraction.

Clinical studies investigating surgical injection of bone marrow-derived cells in conjunction with bypass surgery have yielded mixed results. Initial safety and feasibility studies^{214, 215} reported improvements in cardiac function after cell treatment, however interpretation of these results was hindered by the concomitant revascularization. Subsequently performed randomized controlled trials yielded discordant results: whereas CD34+ cell administration by Patel et al.²¹⁶ resulted in an improvement in LVEF of 8.9%, two other trials did not find^{217/218} a beneficial effect on left ventricular function following BMC transplantation. A number of reasons may account for this disparity of which the biasing effect of bypass surgery may be the most abundant.

Table 1: Chronic heart failure

Reference	Number of patients	Delivery route	Cell type and number	Safety	LVEF	Perfusion	Clinical symptoms
TOPCARE-CHD	28 BMC vs 24 CPC vs 23 controls	Intracoronary	2 x 10 ⁸ BMC 2 x 10 ⁷ CPC	+	+	NA	↓NYHA
Erbs et al	13 vs 13 controls	Intracoronary	7 x 10 ⁷ G-CSF mobilized cells	+	+	+	NA
Yao et al	24 vs 23 controls	Intracoronary	4 x 10 ⁸ BMC	+	-	-	NA
Pokushalov et al	55 vs 54 controls	Intramyocardial	4 x 10 ⁷ BMC	+	+	+	↓NYHA, ↓CCS
Patel et al	10 vs 10 controls	Intramyocardial during CABG	BMC (of which 22 x 10 ⁶ CD34 ⁺ cells)	+	+	NA	↓NYHA
Hendrikx et al	10 vs 10 controls	Intramyocardial during CABG	6 x 10 ⁷ BMC	+	-	-	NA
Ang et al	21 IM vs 21 IC vs 20 controls	Intramyocardial or intracoronary during CABG	BMC (number NA)	+	-	NA	-
MAGIC phase II	30 HD vs 33 LD vs 34 controls	Intracoronary	8 x 10 ⁸ or 4 x 10 ⁸ skeletal myoblasts	+	-	NA	-
SEISMIC study	31 vs 16 controls	Intramyocardial	6 x 10 ⁸ skeletal myoblasts	+	-	NA	-
CAuSMIC Study	12 vs 11 controls	Intramyocardial	Up to 600 X10 ⁶ skeletal myoblasts	+	-	NA	↓NYHA, ↑QoL

LVEF: left ventricular ejection fraction; BMC: bone marrow cells; CPC: circulating progenitor cells; NA: not available; NYHA: New York Heart Association class; G-CSF: granulocyte-colony stimulating factor; CCS: Canadian Cardiovascular Society class; CABG: coronary artery bypass grafting; IM: intramyocardial; IC: intracoronary; HD: high dose; LD: low dose; QoL: quality of life score.

Skeletal Myoblast therapy

Since preclinical studies demonstrated the ability of skeletal myoblasts to generate functional myotubes in infarcted myocardium, clinical studies were initiated to estimate safety and efficacy of myoblast administration in patients with chronic heart failure. In most studies, skeletal myoblast transplantation has been carried out as an adjunct to routine surgical revascularization procedures, whereas a couple of studies performed direct catheter-based intramyocardial injection as a stand alone procedure.

Initial clinical studies evaluated safety and feasibility of intramyocardial skeletal myoblast transplantation in patients undergoing bypass surgery. Functional and clinical improvements were observed in these non-randomized studies^{74, 219-222}, however safety issues arose from these studies since ventricular arrhythmias including sustained monomorphic ventricular tachycardia and ventricular fibrillation were reported after cell transplantation^{74, 219, 221, 222}. Although a direct relation between the observed arrhythmias and skeletal myoblasts transplantation is not proven, later studies performed concomitant internal cardioverter-defibrillator (ICD) implantation as a precaution.

Since the aforementioned studies lacked a control group, the attributed beneficial effect of cell transplantation over bypass surgery alone could not be determined. Therefore, the MAGIC clinical trial²²³ was initiated to investigate efficacy of skeletal myoblast transplantation in heart failure patients undergoing bypass surgery. This multicenter, randomized, placebo-controlled trial administrated low dose (400×10^6), high dose (800×10^6), or placebo suspension in akinetic myocardium, accompanied by ICD implantation. Injection of high dose skeletal myoblasts resulted in reduced LV remodeling, as evidenced by decreased LV end-diastolic and -systolic volumes as assessed by echocardiography. However, no significant differences in regional or global LV function were observed²²³.

Transplantation of skeletal myoblasts has also been performed using direct catheter-based delivery methods. In line with the findings of trans-epicardial myoblast administration, an increased occurrence of cardiac arrhythmias was observed following transendocardial delivery, emphasizing the need for prophylactic ICD implantation^{74, 75, 221, 224-226}. Nonetheless, these small-sized clinical studies suggested that trans-coronary-venous²²¹ and transendocardial^{74, 75, 224-227} cell delivery of skeletal myoblasts was associated with improvements in cardiac performance and clinical symptoms. The SEISMIC study²²⁸ is a relatively small open-label randomized study in which patients were randomized to receive either skeletal myoblasts by trans-endocardial injection or optimal medical treatment. Cell therapy was associated with an increase in exercise

capacity, and an improvement in NYHA class. However, despite these beneficial effects, no significant improvement in global or regional LV function was detected in this study²²⁸. Unfortunately, the larger phase II/III randomized MARVEL trial was stopped because of financial reasons after inclusion of 23 patients²²⁹. In these patients, ventricular tachycardias were more frequent in cell-treated patients and no functional benefit could be demonstrated. Thus, larger randomized studies are necessary to assess the safety as well as the functional benefits of skeletal myoblast administration in patients with heart failure.

REFRACTORY ANGINA PECTORIS

Supported by encouraging preclinical data and an unmet clinical need, several clinical studies were initiated to investigate intramyocardial bone marrow cell injection as a novel therapeutic option for the treatment of chronic myocardial ischemia. In these studies, patients with refractory angina ineligible for conventional revascularization were treated with transendocardial bone marrow cell injection, performed during cardiac catheterization with the use of electromechanical mapping. In table 2, a summary of these studies is provided. Four studies included patients with angina²³⁰⁻²³³, whereas one study included patients with heart failure²¹¹. The combined experience of these studies indicated that bone marrow cell injection is a safe and feasible treatment in patients with chronic myocardial ischemia. However, 1 patient in the study of Perin et al. died suddenly at 14 weeks follow-up. Although sudden cardiac death is a relatively common complication of ischemic heart failure, a cell-related cause of this event could not be ruled out. Of note, 2 studies demonstrated that intramyocardial bone marrow cell injection was not associated with progression of atherosclerosis²³⁴ and did not alter the electrophysiological properties of the injected myocardium¹⁹⁷.

Importantly, most of these initial clinical studies reported improvements in myocardial perfusion, LV function and anginal complaints after bone marrow cell injection. Since only preliminary conclusions could be drawn from these nonrandomized studies, several randomized trials were initiated to assess the efficacy of intramyocardial bone marrow cell injection.

In a small-sized randomized trial, Losordo et al. documented the feasibility and safety of intramyocardial injection of granulocyte colony-stimulating factor-mobilized (G-CSF) CD34+ stem cells¹⁴⁹. No significant effect on angina frequency, exercise time, or Canadian Cardiovascular Society (CCS) score was observed, which may have been due to underpowering for these outcomes.

Table 2. Clinical studies of intramyocardial bone marrow cell injection for chronic myocardial ischaemia

Study design	Number of patients	Patient population	Cell type	Cell dose	Follow up (months)	Safety	CCS/NYHA/QoL	Myocardial perfusion	LVEF
Perin et al, 2003	Observational, 14 vs. 7 control +	Heart failure	BMC	3 x 10 ⁷	12	+	CCS -1.36, NYHA -1.07,	↓ Extent of ischemia = perfusion at rest	+ 9.0% at 3 months = at 12 months
Fuchs et al, 2006	Observational, 27 control -	Angina pectoris	BMC	8 x 10 ⁷	12	+	CCS -1.0	↑ Stress perfusion in injected segments = stress perfusion in noninjected segments	=
Beeres et al, 2006	Observational, 25 control -	Angina pectoris	BMC	8 x 10 ⁷	12	+	CCS -0.7 and QoL + 15% at 12 months	↓ Extent of ischemia	+ 6.0% at 3 months + 4.0% at 12 months
Briguori et al, 2006	Observational, 10 control -	Angina pectoris	BMC	2 x 10 ⁸	12	+	CCS ↓ QoL ↑	↓ Extent of ischemia	=
Tse et al, 2006	Observational, 12 control -	Angina pectoris	BMC	Up to 16 x 10 ⁷	44	+	NA	NA	=
Losordo et al, 2007	Randomised, 18 vs. 6 sham +	Angina pectoris	CD34+ G-CSF mobilized cells/kg	Up to 5 x 10 ⁵ cells/kg	6	+	CCS -1.4	= Extent of ischemia	NA
PROTECT-CAD, 2007	Randomised, 19 vs. 9 sham +	Angina pectoris	BMC	Up to 4.2 x 10 ⁷	6	+	CCS =, NYHA ↓	↓ Extent of ischemia in injected segments	+ 3.7%
Losordo et al, 2011	Randomised, 106 vs. 50 control +	Angina pectoris	CD34+ G-CSF mobilized cells/kg	Up to 5 x 10 ⁵ cells/kg	12	+	Angina frequency ↓ Exercise time =	Transient effect on stress myocardial perfusion	NA

BMC=bone marrow cells; G-CSF= granulocyte-colony stimulating factor; CCS= Canadian Cardiovascular Society angina class; NYHA= New York Heart Association functional class; QoL= quality of life score; NA= not available; LVEF= left ventricular ejection fraction.

This study was extended to a randomized, double-blind multicenter trial, which investigated the effect of intramyocardial injection of low dose (1×10^5 cells/kg) and high dose (5×10^5 cells/kg) G-CSF mobilized CD34+ cells in 167 patients with chronic myocardial ischemia²³⁵. In this study, intramyocardial CD34+ cell injection was associated with improvements in exercise tolerance and anginal symptoms, which were preserved after 12 months follow-up. However, SPECT imaging only demonstrated a transient increase in stress myocardial perfusion after 6 months which was not detectable at 12 months follow-up. Of note, the improvements were larger in the low dose group than in the high dose group, possibly suggesting a biphasic dose-response relationship, as suggested by the authors.

In the smaller PROTECT-CAD trial, Tse et al. evaluated the effect of intramyocardial bone marrow cell injection on myocardial perfusion, LV function and clinical parameters in 28 patients with chronic myocardial ischemia¹⁵⁰. Patients were randomized in a 1:1:1 ratio to receive low dose bone marrow cells (n=9), high dose bone marrow cells (n=10), or placebo solution (n=9). Diabetes and previous percutaneous coronary intervention were more frequent in the placebo group than in the bone marrow cell groups, suggesting that baseline risks were not completely balanced between the groups. Although bone marrow cell injection was associated with a modest increase in exercise capacity and LV ejection fraction, no significant treatment effect on CCS class was observed, indicating no effect of bone marrow cell injection on anginal complaints. Moreover, the changes in myocardial perfusion did not differ significantly between the (pooled) cell group and the placebo group. Only when post hoc analysis was performed, a significant improvement in myocardial perfusion was observed in bone marrow cell-injected myocardial regions. Obviously, differences in cell type, dose and method of preparation may often account for variable treatment effects, but this would not explain the apparent discrepancy between clinical observations and SPECT parameters in the study of Losordo et al. Therefore, as suggested by the authors, it may be argued that the effect of CD34+ cell injection may be diffusely spread throughout the ischemic myocardium, resulting in subtle changes in myocardial blood flow which may not be detectable on SPECT imaging. It is theoretically conceivable that the improvement in myocardial perfusion after cell injection may tend to be more focal²³⁶ or diffuse³⁵, depending on factors such as cell type, cell dose and injection technique. Possibly, new techniques such as positron-emission tomography imaging may provide more information about this mechanism²³⁷.

Intracoronary infusion of BMC has been described in patient with chronic myocardial ischemia. However, adverse events possibly related to cell injection have been reported by Boyle et al.²³⁸ in a small safety study. In contrast, a cohort consisting of 112 patients with severe coronary artery disease was described which underwent intracoronary cell transfusion without any complications²³⁹. Nevertheless, the safety of this administration route in patients with severe coronary artery disease remains to be further investigated.

AIM AND OUTLINE OF THE THESIS

The aim of this thesis was to investigate the effect of intramyocardial bone marrow cell injection in patients with chronic ischemic heart disease. The effect of bone marrow cell injection was assessed using conventional clinical measures such as CCS angina class, quality of life evaluation and exercise testing. Furthermore, various imaging techniques were used to evaluate the functional benefits of bone marrow cell injection in terms of myocardial perfusion, global and regional LV function, diastolic function, and cardiac sympathetic nerve function.

In **chapter 2**, the results are described of a randomized, placebo controlled, double-blinded trial investigating intramyocardial bone marrow cell injection in patients with chronic myocardial ischemia. The results of the cross-over phase of this study are reported in **chapter 3**. In **chapter 4**, a substudy of this trial is presented in which the effect of bone marrow cell injection on diastolic function is evaluated. **Chapter 5** discusses the findings of myocardial innervation imaging using MIBG in patients which underwent bone marrow cell injection. In **chapter 6**, the results are described of a study which evaluated the effects of bone marrow cell injection in patients with ischemic heart failure. In particular, the effect on LV dyssynchrony was assessed. Finally, the long term results of bone marrow cell injection in patients with chronic myocardial ischemia are evaluated in **chapter 7**.

The last chapter concerns the summary and conclusions of the thesis.

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