

**Systems biology for evaluating system-based medicine** Hu, C.

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# **Chapter 5**

# **Plasma and liver lipidomics response to an intervention of rimonabant in ApoE\*3Leiden.CETP transgenic mice**

#### **Abstract**

**Background:** Lipids are known to play crucial roles in the development of life-style related risk factors such as obesity, dyslipoproteinemia, hypertension and diabetes. The first selective cannabinoid-1 receptor blocker rimonabant, an anorectic anti-obesity drug, was frequently used in conjunction with diet and exercise for patients with a body mass index greater than 30 kg/m² with associated risk factors such as type II diabetes and dyslipidaemia in the past. Less is known about the impact of this drug on the regulation of lipid metabolism in plasma and liver in the early stage of obesity.

*Methodology/Principal Findings:* We designed a four-week parallel controlled intervention on apolipoprotein E3 Leiden cholesteryl ester transfer protein (ApoE\*3Leiden.CETP) transgenic mice with mild overweight and hypercholesterolemia. A liquid chromatography-linear ion trap-Fourier transform ion cyclotron resonance-mass spectrometric approach was employed to investigate plasma and liver lipid responses to the rimonabant intervention. Rimonabant was found to induce a significant body weight-loss  $(9.4\%, p < 0.05)$  and a significant plasma total cholesterol reduction  $(24\%, p < 0.05)$ . Six plasma and three liver lipids in ApoE\*3Leiden.CETP transgenic mice were detected to most significantly respond to rimonabant treatment. Distinct lipid patterns between the mice were observed for both plasma and liver samples in rimonabant treatment *vs*. nontreated controls. This study successfully applied, for the first time, systems biology based lipidomics approaches to evaluate treatment effects of rimonabant in the early stage of obesity.

*Conclusion:* The effects of rimonabant on lipid metabolism and body weight reduction in early stage obesity were shown to be moderate in ApoE\*3Leiden.CETP mice on high-fat diet.

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#### **Introduction**

Obesity, a major risk factor for serious diet-related chronic diseases such as diabetes and cardiovascular disease, is commonly stated as critically important compositions of the metabolic syndrome.<sup>1,2</sup> In recent decades, obesity has reached epidemic proportions globally due to the rapid economic growth, modernization and urbanization. The major causes of its rising epidemic are excessive consumption of energy-dense food high in saturated fats and sugars and reduced physical activity.<sup>3,4</sup> Obesity is known to be associated with dyslipoproteinemia characterized by increased levels of plasma triacylglycerides (TG) and low density lipoprotein cholesterol (LDL-C) and decreased level of high density lipoprotein cholesterol  $(HDL-C)^5$ . Chronic liver disease associated with obesity has been identified in adults since 1970s and soon after this condition was also reported in childhood and adolescence.<sup>6,7</sup> Most commonly, non-alcoholic fatty liver is observed in obese subjects with liver disease. This disease is frequently caused by complex hepatocellular metabolic dysfunctions due to the impaired insulin action, leading to disordered metabolism of fat and free fatty acids and subsequent oxidant mediated damage to the hepatocytes.<sup>6</sup>

Traditionally, prevention and treatment of obesity focus on individual behavior interventions through increased regular exercise and a low-fat, low refined carbohydrate diet.<sup>4</sup> It has proven in probably because the sociological factors are not taken into account. Medical treatment approaches for obesity have largely been developed in modern societies and appear to be effective on the short term.<sup>8,9</sup> However, data reporting on long-term health outcome based on successful treatment strategies are very limited.<sup>10</sup>

Previously, it has been demonstrated that early obesity is associated with endothelial dysfunction in high-fat fed pigs. $11$  The observed abnormalities such as mild dyslipidemia, vascular oxidative stress and hypertension indicated that the early phases of obesity play a key role in the progression of coronary atherosclerosis and cardiovascular events and can be considered as the center point of the metabolic syndrome.<sup>6,11-13</sup> Collectively, effective strategies for prevention and recognition of overweight and obesity in an early stage are critical.

Since lipids are involved in obesity-associated pathology, novel tools that enable a large-scale study of individual lipids in biological systems are highly demanded for understanding the potential pathogenic mechanisms. Lipidomics technology can provide an integrated view of lipid metabolites present in cells, tissues and biological fluids.<sup>14-16</sup> This tool cannot only provide insights into the specific roles of lipids in monitoring health status, but will also assist in identifying potential preventive or biomarkers.<sup>17,18</sup> The availability of novel analytical and advanced instrumental as well as powerful informatics technologies has facilitated the characterization of global changes of lipids in metabolic conditions such as obesity<sup>19</sup>, insulin resistance<sup>20</sup>, atherosclerosis<sup>21</sup>, diabetes<sup>22</sup>, and hepatic steatosis<sup>23</sup> and has facilitated data integration in order to understand the biological system.

Rimonabant, as the first selective cannabinoid-1  $(CB<sub>1</sub>)$  receptor blocker, was proved to lead to reduced food intake, long-term maintained weight loss, and improved cardiovascular risk factors, manifesting as elevated plasma HDL-C, reduced plasma TG

and inhibited insulin resistance in obese subjects.<sup>24-26</sup> In 2008 the European Medicines Agency withdrew the drug from the market in countries where it was commercially approved and marketed because of the psychiatric side-effects (*e.g.* depression and even suicide attempt).<sup>27</sup> The aim of the current study was to unravel the underlying effects of rimonabant on plasma and hepatic lipid metabolism in stages of early obesity.

For this we used a double transgenic mouse model, *i.e.* apolipoprotein E3 Leiden cholesteryl ester transfer protein (ApoE\*3Leiden.CETP) transgenic mice, that matches with human lipid metabolism as closely as possible. The presence of ApoE\*3Leiden hampers the uptake of very low density lipoprotein (VLDL)-remnants by the liver thus leading to increased VLDL/LDL-C levels in the plasma. CETP is a plasma glycoprotein that is responsible for the transportation of cholesterol ester (ChoE) from HDL to apoBcontaining lipoproteins (*e.g.* VLDL and LDL) in exchange of TG, leading to decreased HDL-C levels.<sup>28, 29</sup> This gene is not present in wild type mice. Since in wild type mice the plasma cholesterol (Cho) is almost completely confined to the HDL fraction while VLDL and LDL are virtually absent due to the lack of CETP, wild type mice hardly develop dyslipidemia and, as a consequence, atherosclerosis.<sup>30</sup> The ApoE\*3Leiden.CETP mice, however, have a higher VLDL/LDL-C level and relatively low HDL-C level. Taken together, ApoE\*3Leiden.CETP mice have a human-like atherogenic lipoprotein profile. They not only respond in a human-like manner to pharmaceutical interventions with respect to lipid lowering efficacy<sup>31,32</sup> but also respond to HDL modulating therapy. Many studies proved that the ApoE\*3Leiden.CETP transgenic mouse is a valuable model to investigate the pathogenesis of vascular atherosclerotic lesion development and the effect of combination therapies on dyslipidemia and atherosclerosis.33-38 In this paper we reported the results of the study of large-scale lipids in plasma and liver tissues of 16 female ApoE\*3Leiden.CETP mice, 8 of which were subjected to a period of 4 weeks of rimonabant intervention and 8 untreated animals.

Based on our study, we proposed that the rimonabant treatment intervention on early obesity of ApoE\*3Leiden.CETP mice would affect plasma and hepatic lipid metabolism relative to the non-treated controls, leading to increased HDL-C concentrations and decreased VLDL/LDL-C levels.

#### **Experimental**

#### **Materials**

Synthetic lipid standards including lyso-phosphocholine (LPC-17:0, LPC-19:0), phosphatidylethanolamine (PE-30:0, PE-34:0), phosphatidylcholine (PC-34:0, PC-38:0) and triglyceride (TG-45:0, TG-51:0) were purchased from Avanti Polar Lipids, Inc. (Alabaster, AL, USA) and Sigma-Aldrich Chemie B.V. (Zwijndrecht, The Netherlands).

ULC-MS grade of acetonitrile (ACN), methanol (MeOH), isopropanol (IPA), and water as well as LC-MS grade of dichloromethane  $(CH<sub>2</sub>Cl<sub>2</sub>)$  were obtained from Biosolve (Valkenswaard, The Netherlands). Ammonium formate (AmFm, 99.995%) was of LC-MS grade and purchased from Sigma-Aldrich Chemie (St. Louis, MO, USA). Rimonabant was purchased from Sanofi-Aventis Netherlands B.V. (Gouda, The Netherlands).

#### **Lipid standards for plasma lipidomics profile and liver lipidomics profile**

In brief, stock solutions of 8 lipid standards from 4 different lipid classes were separately prepared in a  $CH_2Cl_2/MeOH$  mixture (2:1, v/v) for all standards except TG by weighing an exact amount of each lipid standard in new glass autosampler vials and stored at  $-20$  °C until further use. The TG standard was dissolved in  $CH_2Cl_2$  instead of a  $CH_2Cl_2$ /MeOH mixture due to its weak polarity.

 For LC-MS lipidomics analysis of study samples, the stock solutions were separated into two sets. Set 1 consist of LPC (19:0), PC (38:0), PE (30:0), and TG (45:0), which was used for quantification of less intermediate  $\rightarrow$  high abundant lipids in the samples; set 2 consist of LPC (17:0), PC (34:0), PE (34:0) and TG (51:0), which was used for quantification of very low  $\rightarrow$  low abundant lipids in the samples. The final working solution for each set was prepared by pipetting a certain volume of corresponding stock solutions, "thawed" to room temperature followed by thorough vortex, into a new glass autosampler vial and diluting it to appropriate concentrations with a  $CH_2Cl_2$  /MeOH mixture (2:1, v/v). Detailed information for these standards is provided in Supplementary Tables S1.

 For method validation of LC-MS liver lipidomics profile, two sets of standard mixture were also used. Set 1 was used as internal standard (I.S.) mixture, consisting of LPC (17:0) at 30  $\mu$ g/mL, PC (34:0) at 180  $\mu$ g/mL, PE (34:0) at 120  $\mu$ g/mL, and TG (51:0) at 90  $\mu$ g/mL in a  $CH_2Cl_2$  /MeOH mixture (2:1, v/v); and set 2 was used as "validation standard mixture" containing LPC (19:0), PC (38:0), PE (30:0), and TG (45:0) at the following  $C_0-C_8$ concentration levels: LPC (19:0) at 0, 0.1, 0.5, 1, 2.5, 10, 30, 90, 180  $\mu$ g/mL; PC (38:0) at 0, 0.5, 2.5, 5, 12.5, 50, 150, 450, 900  $\mu$ g/mL; PE (30:0) and TG (45:0) at 0, 0.3, 1.5, 3, 7.5, 30, 90, 270, 540  $\mu$ g/mL. From C<sub>1</sub> to C<sub>8</sub>, the concentration was gradually increased, *i.e.* working solution of  $C_8$  was prepared first and then gradually diluted towards  $C_7-C_1$ . Three different concentrations (*e.g.*  $C_4$ ,  $C_6$  and  $C_8$ , corresponding to low, medium and high concentration levels, respectively), were selected for evaluation of repeatability and calculation of recovery.

#### **Liver samples for method validation of LC-MS liver lipidomics profile**

Liver tissues from five healthy male mice at age of 8-12 weeks with C57BL/6 background were used for method validation of LC-MS liver lipidomics profile. These samples were kindly provided by Division of Toxicology, Leiden/Amsterdam Center for Drug Research, Leiden University (The Netherlands).

#### **Liver sample pre-processing**

The frozen liver samples stored at  $-80$  °C were immediately put into a lyophilizer after taken out from the freezer and lyophilized for 48 hours for the purpose of full dryness. After lyophilization, the liver was placed on clean aluminum foil followed by folding of the aluminum foil in order to cover the liver within it. A hammer was then used to triturate the crisp dry liver, wrapped inside the aluminum foil. Ten milligrams of liver powder was weighed in a clean 1.5 mL eppendorf vial for the subsequent lipid extraction. Notably, the

triturated liver tissues from 5 mice used for method validation were mixed homogeneously before use.

#### **Lipid extraction for method validation of liver lipid profiling**

i) Spiking before sample preparation. Sixty microliters of I.S. mixture and 60  $\mu$ L of the validation standard mixture were added to 10 mg of dry liver powder followed by addition of 160  $\mu$ L of MeOH containing 0.02% antioxidant butylated hydroxytoluene (BHT), and then 320  $\mu$ L of CH<sub>2</sub>Cl<sub>2</sub> was added. The mixture was vortexed for 1 min both before and after  $CH_2Cl_2$  addition. After that, the resulted suspension was placed for 5 min in an ultrasonic bath at  $-4$  °C and then placed in a shaker followed by 45 min incessantly shaking at  $-4$  °C. Then 10 min centrifugation at a rotation speed of 6000*g* at 10 °C was needed before 500  $\mu$ . of the supernatant was transferred into a new 1.5 ml eppendorf vial. 100  $\mu$  of 0.9 % NaCl was subsequently added to the supernatant to give rise to a twophase system: the nonlipid compounds were located in the upper aqueous phase, while most of the lipids were in the lower organic phase. After being centrifuged at 2000*g* at 10 °C for 10 min, a total of 300  $\mu$ L of lipid extract was collected from the bottom organic phase followed by addition of 60  $\mu$ L of a CH<sub>2</sub>Cl<sub>2</sub>/MeOH mixture (2:1, v/v). Diluted the lipid extracts  $40 \times$  with ACN/IPA/water (65:30:5, v/v/v); 10  $\mu$ L was loaded for LC-MS lipidomics analysis.

ii) Spiking after sample preparation. The same procedures as described for spiking before sample preparation were conducted except that 60  $\mu$ L of 2:1 CH<sub>2</sub>Cl<sub>2</sub>/MeOH instead of 60  $\mu$ L of validation standard mixture was added to 10 mg dry liver powder before sample preparation, while 60  $\mu$ . of the validation standard mixture instead of 60  $\mu$ . 2:1  $CH_2Cl_2/MeOH$  was added into the collected 300  $\mu$ L of liver lipid extract.

#### **Animals**

ApoE\*3Leiden.CETP transgenic mice, expressing a human CETP gene, $34$  were bred at TNO-Biosciences (Leiden). In this study, sixteen female ApoE\*3Leiden.CETP mice were used. All mice were housed under standard conditions in conventional cages (4 mice per cage) with free access to water and food. At the age of 6-10 weeks, mice were fed a semisynthetic modified Western-type diet (Hope Farms, Woerden, Netherlands) containing 15% (w/w) saturated fat,  $0.2\%$  (w/w) Cho and  $40\%$  (w/w) sucrose as described by Nishina et al<sup>39</sup> as a 4 weeks run-in diet in order to get mildly elevated lipid levels (plasma Cho levels of about 14-18 mmol/L) and a moderate increase in body weight. Thereafter  $(t =$ week 0), mice were matched on body weight and plasma Cho and TG levels (after 4 h fasting) and separated into 2 groups. Subsequently, mice received a Western-type diet (Hope Farms, Woerden, Netherlands) without or with rimonabant (Sanofi-Aventis Netherlands B.V., Gouda, The Netherlands) at a concentration of 10 mg/kg body weight/day for a period of 4 weeks.

Table 1 presents the study design and time points at which both biochemical parameter and lipidomics profiling measurements were done.



**Table 1** Study design and time points at which both biological parameters and lipidomic profiling were done.

### **Sacrifice and Sample Collection**

Animals were sacrificed with rapid asphyxiation with  $CO<sub>2</sub>$  and opened longitudinally after 4-week intervention experiment. Blood was collected before start of the intervention  $(t =$ week 0) and just before sacrifice  $(t = week 4)$  via tail vein bleeding into CB 300 LH microvettes (Sarstedt, Nümbrecht, Germany), containing lithium heparin and were placed on ice immediately after blood collection. Plasma samples were obtained after centrifugation of the blood samples for 10 min at  $6000$  rpm at  $4^{\circ}$ C. Liver tissues were dissected on ice and immediately weighted before being snap-frozen in liquid nitrogen. Both the plasma and the tissue samples were stored at  $-80$  °C until use.

## **Plasma biochemical analyses and lipoprotein profile analysis**

Plasma samples collected at  $t =$  week 0 and  $t =$  week 4 were assayed for total cholesterol (TC), total triacylglycerides (TG), HDL-C and lipoprotein profile. Plasma TC and TG were quantified using the commercially available enzymatic kits 236691 and 11488872 (Roche Molecular Biochemicals, Indianapolic, IN, USA), respectively. Plasma HDL-C was quantified after precipitation of apoB-containing lipoproteins. Pooled lipoprotein profiles were measured by fast performance liquid chromatography (FPLC) using an AKTA apparatus (Amersham Biosciences). Cho, TG and Phospholipid (PL) levels were measured in the fractions of freshly obtained samples. PLs were determined in the FPLC fractions using kit "phospholipids B" (Instruchemie Co., The Netherlands).

#### **Measurement of cholesteryl ester transfer activity in plasma**

CETP level was measured in each animal using the commercially available enzymatic kit "RB-CETP" (Roar Biomedical, Inc.). The transfer of newly synthesized ChoE in plasma was assayed by a radioisotope method as described before.<sup>40</sup> Briefly,  $[^{3}H]$  Cho mixed with bovine serine albumin was equilibrated with plasma free Cho for 24 h at 4 °C followed by incubation for 3 h at 37 °C. Subsequently, apoB-containing lipoproteins were precipitated by addition of heparin/MnCl<sub>2</sub>. Lipids were extracted from the precipitation and the labeled cholesteryl esters were separated from labeled unesterified Cho on silica columns and assayed by liquid scintillation counting.

#### **Lipidomics analyses**

**Lipid extraction for plasma samples.** Briefly, 30  $\mu$ L of internal standard (IS) mixture containing LPC (17:0) at 1.5  $\mu$ g/mL, PE (34:0) at 5  $\mu$ g/mL, PC (34:0) at 5  $\mu$ g/mL and TG (51:0) at 5  $\mu$ g/mL in 2:1 of CH<sub>2</sub>Cl<sub>2</sub>/MeOH and 30  $\mu$ L of IS mixture containing LPC (19:0) at 30  $\mu$ g/mL, PE (30:0) at 30  $\mu$ g/mL, PC (38:0) at 150  $\mu$ g/mL and TG (45:0) at 60  $\mu$ g/mL in 2:1 of  $CH_2Cl_2/MeOH$  were added to 30  $\mu$ L of plasma which was placed in a new 2 mL eppendorf vial (Eppendorf, Hamburg, Germany). Following this, 180  $\mu$ L MeOH and 360  $\mu$ L CH<sub>2</sub>Cl<sub>2</sub> were successively added. Thorough vortex was performed both before and after CH<sub>2</sub>Cl<sub>2</sub> addition. Subsequently, 120  $\mu$ L water was added to form a two-phase system in which lipids were located in the bottom organic phase. After 10 min centrifugation at a rotation speed of 6000*g* at 10  $\degree$ C, 300  $\mu$ L of lipid extracts from the bottom layer were transferred into a new brown auto-sampler vial. The extracts were diluted 20 times with ACN/IPA/water  $(65:30:5, v/v/v)$  before LC–MS running.

**Lipid extraction for liver samples.** Sixty microliters of IS mixture containing LPC (17:0) at 1.5  $\mu$ g/mL, PE (34:0) at 7.5  $\mu$ g/mL, PC (34:0) at 12.5  $\mu$ g/mL and TG (51:0) at 45  $\mu$ g/mL in 2:1 of CH<sub>2</sub>Cl<sub>2</sub>/MeOH and 60  $\mu$ L of IS mixture containing LPC (19:0) at 18  $\mu$ g/mL, PE (30:0) at 90  $\mu$ g/mL, PC (38:0) at 150  $\mu$ g/mL and TG (45:0) at 480  $\mu$ g/mL in 2:1 of  $CH_2Cl_2$ /MeOH were added to 10 mg of dry liver powder followed by addition of 160  $\mu$ L of MeOH containing 0.02% antioxidant butylated hydroxytoluene (BHT), and then 320  $\mu$ L of CH<sub>2</sub>Cl<sub>2</sub> was added. The mixture was thoroughly vortexed for 1 min both before and after  $CH_2Cl_2$  addition. After that, the resulted suspension was placed for 5 min in an ultrasonic bath at  $-4$  °C and then placed in a shaker followed by 45 min incessantly shaking at  $-4$  °C. A 10 min centrifugation at a rotation speed of 6000*g* at 10 °C was needed before 500  $\mu$ L of the supernatant was transferred into a new 2 ml eppendorf vial. Subsequently, 100  $\mu$ L of 0.9 % NaCl was added to the supernatant to give rise to a twophase system: the nonlipid compounds were located in the upper aqueous phase, while most of the lipids were in the lower organic phase. After being centrifuged at 2000*g* for 10 min at 10 °C, a total of 300  $\mu$ L of lipid extract was collected from the bottom organic phase. Diluted the lipid extracts  $40 \times$  with ACN/IPA/water (65:30:5, v/v/v); 10  $\mu$ L was loaded for LC-MS lipidomics analysis.

**LCMS lipid profiling.** Diluted lipid extracts from both plasma and liver tissue samples were measured on a liquid chromatography-linear ion trap-Fourier transform ion cyclotron resonance-mass spectrometric (LC-FTMS) system equipped with a Surveyor HPLC MS pump, an autosampler (Thermo Fischer, San Jose, CA) and an Ascentis Express C8 2.1 × 150 mm (2.7 *μ*m particle size) column (Sigma-Aldrich Chemie B.V., Zwijndrecht, The Netherlands). The binary solvent consisted of water/ACN (2:3, 10 mM ammonium formate) and ACN/IPA (1:9, 10 mM ammonium formate). The LC separation conditions were identical to those described previously.<sup>41</sup> The lipidomics profiling was carried out in the full ESI positive ion mode with a mass range of  $m/z$  430–1500. The heated capillary was set at 300 °C. The voltages of the sampling cone and capillary were 3.8 kV and 48 V, respectively. The tube lens was optimized to be 140 V. Nitrogen was used as sheath gas  $(60 \text{ units})$ , auxiliary gas  $(5 \text{ units})$  and sweep gas  $(3 \text{ units})$ . The LC-MS data were acquired by Xcalibur (Thermo Fisher) with 200 ms maximum injection time. The number of *μ*scans was 2. Both the ion trap and FT scan events were recorded during data acquisition.

Specifically, samples of interest (*i.e.* plasma or liver samples) were randomly analyzed and the quality control (QC) samples, prepared by pooling of all plasma or liver samples were regularly placed in the measurement sequence. A typical LC-MS chromatography and corresponding average mass spectra from mouse liver tissue lipid extract is shown in Supplementary Figure S1. Of note, plasma and liver samples were analyzed separately.

**Preprocessing of lipidomics data.** Lipid peaks including spiked IS such as LPC (17:0), LPC (19:0), PE (34:0), PE (30:0), PC (34:0), PC (38:0), TG (51:0) and TG (45:0) were extracted based on their expected retention time and accurate masses according to an inhouse lipid database using LCquan v2.5 (Thermo Fisher). The peak area of each extracted lipid ion was calibrated by an appropriate IS. Duplicate measurements were combined into a single measurement after IS calibration. Data quality was assessed by calculating the relative standard deviation (RSD) of all calibrated lipid peaks in the QC samples. Peaks with a RSD larger than 20% were excluded leaving 131 lipids in the plasma lipidomics data set and 133 lipids in the liver lipidomics data set for subsequent data analyses.

General information about the lipidomics protocol and lipidomics platform characteristics such as linearity, repeatability and recovery were provided in the Supplementary Text, Tables and Figures as Supporting Information.

#### **Statistical analysis**

Statistical significance of biochemical parameters was analyzed by independent student ttest. Lipidomics data were first analyzed by independent student t-test and later extended with Benjamini and Hochberg multiple testing corrections. Data were expressed as mean  $\pm$ SD unless otherwise stated. A value of  $p \le 0.05$  was considered statistically significant.

In order to visualize possible relations between the samples from treated and nontreated groups, principal component analysis (PCA) was carried out for the mean centered plus unit variance scaled plasma lipidomics data and liver lipidomics data, respectively using Matlab software (version 6.5.1, release 13, The Mathworks, 2003).

One control mouse (marked as 3733) was excluded from statistical data analyses throughout the article, because it did not respond to Western-type diet during run-in period and failed to reach hypercholesterolemia criteria essential for our experiment. We observed that the relative levels of most hepatic lipids were much lower in this mouse as compared to the other control mice. In this animal, the biochemical markers such as plasma TC, TG and liver weight were lowest among all control mice (data not shown).

# **Results**

#### **Food intake and body weight**

The variation in food intake and body weight during the 4 weeks of intervention is shown in Figure 1A and B, respectively. The body weight was significantly reduced in mice on rimonabant compared to control throughout the whole intervention period. In total, the weight loss was  $9.4\%$  ( $p = 0.03$ ) at the end of the experiment. This decline in body weight might be explained by reduced food intake in the initial states of the experiment, although statistical significance was not reached.



**Figure 1. Food intake and body weight.** The 4-week intervention effect of rimonabant on food intake and body weight was evaluated by measuring body weight per mouse and food intake per cage of the rimonbant and nontreated control mice at day 0, 2, 3, 4, 9, 11, 14, 21 and 28 respectively. (A) Food intake. (B) Body weight. Values are expressed as means  $\pm$  SD,\**p* < 0.05 *vs*. the control.

#### **Plasma cholesterol, triacylglycerides, HDL-C and plasma lipoprotein profiles**

After a period of 4 weeks of intervention, plasma TC was significantly reduced by 24% (*p*  $= 0.04$ ) (Figure 2A) and plasma TG reached a reduction trend (*e.g.* 1.34  $\pm$  0.96 *vs.* 2.35  $\pm$ 1.34 mM,  $p = 0.11$ ) in the rimonabant group as compared to the control mice (Figure 2B). As compared to the control, we could not see a significant increase in plasma HDL-C upon rimonabant intervention (Figure 2C).

The 4**-**week rimonabant intervention led to decreased levels of Cho, TG and PLs in the VLDL for 1.5, 2.5 and 2 fold respectively (Figure 2D-F) and to a slightly increased level of Cho in HDL particles (magnified part in Figure 2D). Concentrations for Cho and TG as well as PLs were unaffected in LDL particles, whereas TG and PL concentrations were unaffected in HDL particles.



**Figure 2. Plasma cholesterol, triacylglycerides, HDL-C and plasma lipoprotein profiles.**  Plasma concentrations are shown for TC (A), TG (B) and HDL-C (C) of the rimonabant and nontreated mice at week 0 and 4. Values are shown as means  $\pm$  SD; \**p* < 0.05 *vs*. the control. Alterations of Cho (D) and TG (E) as well as PLs (F) in the pooled lipoprotein profiles of the rimonabant treatment group and the controls  $(t = \text{week } 4)$ . Fractions  $4-7$  represent VLDL; fractions 8–9 represent intermediate-density lipoprotein (IDL); fractions 10–15 represent LDL; fractions 16–23 represent HDL.

#### **Rimonabant does not significantly affect plasma CETP activity**

The CETP level was constant during the intervention (Figure 3A). The four-week rimonabant intervention resulted in a non-significant change of plasma CETP activity (*e.g.* 90.8  $\pm$  27.0 *vs*. 70.6  $\pm$  33.3 nmol/mL/h,  $p = 0.22$ ) as compared to the control (Figure 3B).



**Figure 3. Rimonabant does not significantly affect plasma CETP activity.** Effect of rimonabant on plasma CETP was evaluated by CETP protein level (A) and CETP activity (B) in ApoE\*3Leiden.CETP mice at  $t =$  week 0 and 4 (white bars: the control group; black bars: the rimonabant group). Values are means  $\pm$  SD. There were no statistically significant changes found in either CETP or CETP activity during the intervention treatment.

# **Lipidomics reveals differences between nontreatment and rimonabant treatment mice for both plasma and liver samples**

To get an overview of existing patterns in the lipidomics data such as clusters of mice of nontreated controls and mice undergoing rimonabant treatment and which lipids contributed most to these clusters, we performed PCA for the plasma and liver lipidomics datasets, respectively. Figure 4 displays the PCA biplots (A, plasma samples; B, liver samples). In both plasma and liver the rimonabant treated group was separated well from the control group. Two rimonabant treated mice (marked as 3736 and 3758) deviated from the others within the group causing some overlap with the mice from the control liver group. The deviations of these two mice from other group members were further checked with data from biological parameters and lipidomics. The biological parameters revealed that among all rimonabant treated mice the liver weights of these two mice were the heaviest and the total plasma TG levels were the lowest (data not shown). The liver lipidomics data showed that the TG levels were more abundant in these two mice than other rimonabant treated mice. In addition, the loadings in the biplot (lipid species represented by colored symbols in Figure 4A and B) indicated that TG lipid species dominated the differentiation between non-treated controls and the rimonabant-treated mice for both plasma and liver lipidomics data sets.



**Figure. 4** Principle component analyses (PCA) of plasma and liver lipidomics data were applied to differentiate the nontreated controls  $(n = 7)$  and the animals treated with rimonabant  $(n = 8)$  in plasma and liver samples, respectively. PCA biplots for the first two principal components of lipid profiling of plasma samples (A) and liver samples (B). Both PCA models used mean centred plus unit variance scaled data.

# **Rimonabant significantly affects individual lipids in both plasma and liver of treated mice**

In order to investigate quantitative changes of lipids in the rimonabant intervention group as compared to the control, statistical significance for the mean difference of all identified lipids between the rimonabant group and the control group was tested using independent student t-test. It was found that 33 plasma and 25 liver lipid species out of 131 and 133 lipids respectively were significantly changed after the 4-week rimonabant intervention as compared to the controls. Four lipids changed significantly upon rimonabant treatment in both plasma and liver, *i.e.* PE (36:3), TG (50:1), TG (52:2) and TG (56:7). Within these perturbed lipids, one interesting observation was that 31 out of 33 lipid species were significantly *decreased* in plasma samples whereas 22 out of 25 lipid species were significantly *increased* in liver samples in the rimonabant group versus the controls (Table 2 and 3). Remarkably, after multiple testing correction only 6 plasma lipids (LPC-18:1, LPC-18:2, LPE-20:4, PC-38:2, PE-38:2 and SPM-16:0) and 3 liver lipids (PC-40:4, ChoE-16:1 and TG-56:6) remained significant out of 33 and 25 plasma and liver lipids respectively (lipids with *p* values marked in bold in Table 2 and 3).

**Table 2** Significantly influenced lipid molecular species in plasma upon rimonabant treatment as compared to non-treated controls.





 $*P < 0.05$ ,  $**p < 0.01$ ,  $**p < 0.001$  *vs.* the contrl. P values correspond to the mean difference between the rimonabant group and the control group.

*Note*: lipids with *p* values marked in bold mean those remain significant after multiple testing correction.







Continued

 $*P < 0.05$ ,  $* p < 0.01$ ,  $* * p < 0.001$  *vs.* the contrl. P values correspond to the mean difference between the rimonabant group and the control group.

*Note*: lipids with *p* values marked in bold mean those remain significant after multiple testing correction.

#### **Rimonabant significantly decreases the overall responses of plasma lipid classes**

The summation of the individually measured lipids into different lipid classes showed for plasma concentrationsa significant reduction of PE with 20% ( $p = 0.02$ ), ChoE with 22%  $(p = 0.02)$  and TG with 46%  $(p = 0.04)$  in rimonabant treated mice *vs*. the control (white bar graph in Figure 5); the summation of individually measured lipids into lipid classes of LPC, PC and SPM in plasma of mice receiving rimonabant treatment were comparable to those in untreated controls under the current LC–MS conditions. In total, the level of phospholipids in plasma samples was comparable in rimonabant treated mice *vs*. the control (data not shown). In liver tissues, none of the summation of the individually measured lipids within each of lipid classes was significantly changed after the rimonabant intervention in relation to the control (black bar graph in Figure 5).



**Figure 5. Rimonabant significantly decreases the overall responses of plasma lipid classes.**  Relative change of the summation of the individually measured lipids in different lipid classes was determined based on plasma and liver lipidomics data of the rimonabant group *vs*. the controls (white bars: plasma samples; black bars: liver samples). The summation of the individually measured lipids in each lipid class in the control is set to be  $1, *p < 0.05$  *vs*, the control.

#### **Discussion**

Rimonabant, a selective  $CB_1$  receptor antagonist, is known for reducing body weight and improving cardiovascular risk factors in obese subjects.<sup>24, 25, 42-44</sup> However, studies of the obesity regulation effects of rimonabant mainly focus on the plasma/serum biochemical and lipid profile.<sup>45-47</sup> Less is known about the regulation of individual plasma and hepatic lipid species upon rimonabant treatment in obese subjects.

The present study describes the rearrangement and relocalisation of lipids in an early obese ApoE\*3Leiden.CETP mouse model with humanized lipoprotein metabolism exposed to a 4-week rimonabant intervention. Lipoprotein profiling and lipidomics approaches were used for this purpose.

Throughout the experiment, food intake upon rimonabant dropped sharply during the first two days but quickly recovered to some extent during the first 3 weeks; since day 21, food intake has returned to nearly the levels in identical high-fat fed mice without rimonabant treatment. Although the rapid return to high energy intake within 3 weeks, the rimonabant group exhibited a significant and maintained weight reduction throughout the intervention period as compared with the non-treated controls. Collectively, this body weight reduction may be attributed to 1) the transient reduction in energy intake; 2) a reduction in energy efficiency (*i.e.* wastage of energy) caused by interruption of cannabinoid signalling upon rimonabant treatment].<sup>48</sup> Notably, the  $9.4\%$  body weight reduction induced by rimonabant treatment in our study seems not to be comparable with the at least 20% body weight-loss induced by rimonabant reported in literature for obese mice and humans.<sup>42, 43</sup> However, it should not be neglected that the mouse model used was in the early stage of obesity with only mildly increased body weight and plasma Cho.

Rimonabant intervention studies both in rodents and humans<sup>24, 25, 46, 47, 49</sup> have shown significant reduction of plasma TC and TG and a significant increase in HDL-C concentrations. Our 4-week rimonabant treatment of ApoE\*3Leiden.CETP transgenic mice in early stage of obesity showed similar reduction of plasma TC and a reduction trend of plasma TG (Figure 2A and B). However, the treatment did not significantly increase levels of HDL-C (Figure 2C), which was probably due to our short intervention period combined with an early stage of obesity in our animal model. In line with these observations, plasma Cho and TG in VLDL were reduced, whereas Cho in HDL was slightly increased after the rimonabant intervention (Figure 2D and E). These effects may be mediated via adiponectin, a major adipocyte cytokine involved in the regulation of hyperglycaemia, hyperinsulinaemia, and fatty acid oxidation at the peripheral adipocyte level.<sup>44,50,51</sup> Adiponectin release from adipocytes is known to be regulated by inhibition of  $CB<sub>1</sub>$ .<sup>43, 52</sup> Furthermore, no significant reduction effect of rimonabant on CETP activity and levels was found in the ApoE\*3Leiden mouse model.

The LC-MS-based plasma lipidomics analysis revealed a significant decrease of a large number of plasma lipids (Table 2) and a significant reduction in plasma PE, ChoE and TG lipid classes (Figure 5) after rimonabant intervention, indicating the beneficial effect of rimonabant on plasma lipid metabolism in early stage of obesity. Specifically, as ChoE, TG and phospholipids (*e.g.* PE) are the main components of VLDL particles, their reduction in plasma indicated a lower circulated VLDL induced by rimonabant, which is in line with the result of plasma lipoprotein profiles, *i.e.* the VLDL fractions of Cho, TG and PLs were all reduced in rimonabant group (Figure 2D-F). Evidence from animal studies and clinical trials indicated that the beneficial metabolic effects of rimonabant on plasma/serum lipid profiles are caused by the absence of basal endocannabinoid signaling, leading to reduced energy efficiency of food.<sup>24,48,53</sup> In addition, after multiple testing corrections six plasma lipid species showed a *most* significant reduction in response to rimonabant except for SPM (16:0) which increased. Although it is unknown if these lipid compounds would be useful for understanding the pharmacological manipulation of rimonabant on improving obesity-related metabolic abnormalities under current experimental conditions, it may point to an important role of individual lipid molecular species in rimonabant's influence on the management of obesity.

It is recognized that high-fat diet-induced obesity is highly associated with a fatty liver due to the expression of the hepatic  $CB_1$  receptor.<sup>49,54</sup> Liver-specific deletion of  $CB_1$  or blockage of the  $CB_1$  receptor was frequently used to protect against obesity-associated hepatic steatosis.<sup>47,49,53</sup> The results from available studies suggest that rimonabant, as a  $CB<sub>1</sub>$ receptor antagonist, potentially has clinical applications in the treatment of high-fat dietinduced liver diseases. $47,53$  In the present study, down-regulation of lipids was not observed in liver tissues as it is in plasma after rimonabant treatment. This could be due to the early stage of obesity in our animal model, which displays a mild increase in body weight and moderately elevated plasma Cho levels (14–18 mmol/L). It also needs to be noted that our animal model is very different from those used in literature to investigate rimonabant's management in high-fat diet-induced liver disease. Our ApoE\*3Leiden.CETP mice express

a natural mutation of the human APOE3 gene in addition to the human APOC1 gene. Introduction of these genes induces an attenuated clearance of apoB-containing lipoproteins via the LDL receptor pathway.<sup>34,55</sup> Mice with such a genetic background show mildly increased Cho and TG levels on a chow diet and a human-like lipoprotein profiles on high fat diet.<sup>56</sup> In summary, we proposed that 4-week rimonabant treatment has a moderate effect on liver lipid metabolism in the early stage of obesity of ApoE\*3Leiden.CETP mice under current experimental conditions.

This study shows that LC–MS lipidomics approaches is promising for discovery of lipid biomarkers in relation to disease prevention and health promotion. Moreover, it was demonstrated that a 4-week rimonabant intervention improves body weight and cardiovascular risk factors during the early stage of obesity in ApoE\*3Leiden.CETP mice. Finding of only limited amount of significant lipid changes may be attributed to the early stage of obesity in the animal model used. Taken together, it indicates that the effects of rimonabant on body weight and cardiovascular risk factors are moderate in the case of early stage obesity.

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#### **Abbreviations**

**ACN**, acetonitrile; **ApoE\*3Leiden**, Apolipoprotein E3 Leiden; **BHT**, butylated hydroxytoluene; **CETP**, cholesteryl ester transfer protein; **CH2Cl2**, dichloromethane; **Cho**, cholesterol; **ChoE**, cholesterol ester; **DG**, diacyglyceride; **FTMS**, Fourier transform ion cyclotron resonance mass spectrometry; **HDL**, high density lipoprotein; **IPA**, isopropanol; IS, internal standard; **LC**, liquid chromatography; **LDL**, low density lipoprotein; **LPC**, lysophosphatidylcholine; **MeOH**, methanol; **PC**, phosphatidylcholine; **PE**, phosphatidylethanolamine; **PG**, phosphatidylglycerol; **PLs**, phospholipids; **QC**, quality control; **RSD**, relative standard deviation; **SD**, standard deviation; **SPM**, sphingomyelin; **TG**, triacylglyceride; **UFLC**, ultra-fast liquid chromatography, **VLDL**, very low density lipoprotein.

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# **SUPPLEMENTAL**



**Figure S1** An example of a typical LC–MS chromatogram from a mouse liver lipid extract in ESI<sup>+</sup> mode.



**Figure S2** PCA of plasma and liver lipidomics data was applied to differentiate the nontreated controls  $(n = 8)$  and the animals treated with rimonabant  $(n = 8)$  of plasma and liver, respectively. PCA scores plot for all plasma samples (A) and all liver samples (B) from mean centred plus unit variance scaled data. Mouse marked with 3733 is an outlier of the PCA model for both the plasma lipidomics data and the liver lipidomics data.



**Figure S3** Calibration curves for validation standard mixture (added to samples before lipid extraction). The calibration curves for each validation standard were determined from mouse liver total lipid extracts. Calibration curves of LPC (19:0) at  $0.5 \sim 180 \text{ µg/ml}$  (A) and  $30 \sim 180 \text{ µg/ml}$  (B); of PC (38:0) at 2.5 ~ 450 µg/ml (C) and 150~ 900 µg/ml (D); of PE (30:0) at 1.5 ~ 270 µg/ml (E) and 90 ~ 540  $\mu$ g/ml (F); and of TG (45:0) at 1.5 ~ 270  $\mu$ g/ml (G) and 90 ~ 540  $\mu$ g/ml (H).

Lipid	Monoisotopic		Plasma lipidomics		Liver lipidomics	
standard	mass	Ion adduct	stock	working	stock	working
	(m/z)		(mg/ml)	$(\mu g/ml)$	(mg/ml)	$(\mu g/ml)$
LPC(17:0)	510.3557	$[M + H]^{+}$	0.75	6	0.75	6
PE(34:0)	720.5583	$[M + H]^{+}$	1.05	20	1.80	30
PC(34:0)	762.6025	$[M + H]^{+}$	1.20	20	1.50	50
TG(51:0)	866.8209	$[M + NH_4]^+$	1.25	20	2.25	180
LPC(19:0)	538.3880	$[M + H]^{+}$	0.90	120	0.75	72
PE(30:0)	664.4927	$[M + H]^{+}$	2.50	120	2.45	360
PC(38:0)	818.6658	$[M + H]^{+}$	3.50	600	3.75	600
TG(45:0)	782.7264	$[M + NH_4]^+$	2.50	240	4.20	1920

**Table S1.** General information of 8 exogenous lipid standards used in lipidomics analyses.

**Table S2.** The spiked concentrations of 8 exogenous lipid standards used in lipidomics analyses and normalization strategies used for LC-MS lipidomics data analyses.

Lipid		Spiked conc. $(\mu g/mL)$	Quantified	Quantified lipids'	$%$ RSD	
standards	plasma	liver	lipids	abundance	plasma	liver
LPC(17:0)	1.5	1.5	LPC, LPE	very low $\rightarrow$ low	13.6	14.7
PE(34:0)	5	7.5	<b>PE</b>		23.9	26.3
PC(34:0)	5	12.5	PC, SM		9.0	14.8
TG(51:0)	5	45	ChoE, TG		12.2	13.0
LPC(19:0)	30	18	<b>LPC</b>	less intermediate	8.3	14.4
PE(30:0)	30	90	<b>PE</b>	$\rightarrow$ high	9.3	16.0
PC(38:0)	150	150	PC, SM		10.8	13.6
TG(45:0)	60	480	<b>TG</b>		11.0	11.4

**Table S3.** The RSD of the peak area ratios of lipids in study samples to corresponding lipid standards calculated in all QC samples.





**Table S4.** Experimental design for method validation of liver lipidomics profiling.

<sup>a</sup> Three samples were virtually analyzed so that the data were shared for calibration line, intermediate precision and recovery determination.

<sup>b</sup> Calculated from RSD of lowest concentration point of calibration line.

<sup>c</sup> One sample matrix at three concentration (low, medium, and high) levels was investigated within one day.

<sup>d</sup> One sample matrix at medium concentration was investigated on three consecutive days.

<sup>e</sup> Number of injections

			LPC (19:0)/LPC (17:0) PE (30:0)/PE (34:0)			PC (38:0)/PC (34:0)			TG (45:0)/TG (51:0)				
Conc. $levelb$	$\mathbf n$	cone <sup>c</sup>	mean	<b>RSD</b>	conc.	mean	<b>RSD</b>	conc.	mean	<b>RSD</b>	conc.	mean	<b>RSD</b>
		$(\mu g/ml)$	peak area	$(\%)$	$(\mu g/ml)$	peak area	$(\%)$	$(\mu g/ml)$	peak area	$(\%)$	$(\mu g/ml)$	peak area	$(\%)$
			ratio $d$			ratio			ratio			ratio	
$C_0$	4	$\boldsymbol{0}$	$\boldsymbol{0}$		$\boldsymbol{0}$	$\boldsymbol{0}$		$\boldsymbol{0}$	$\overline{0}$		$\boldsymbol{0}$	$\boldsymbol{0}$	
$C_1$	4	0.1	0.014	1.3	0.3	$\boldsymbol{0}$	$\mathbf{0}$	0.5	0.004		0.3	0.006	2.4
C <sub>2</sub>	4	0.5	0.028	4.8	1.5	0.01	18.4	2.5	0.011	3.8	1.5	0.023	5.6
$C_3$	4		0.048	2.2	3	0.02	8.9	5	0.023	1.9	3	0.045	4.5
$C_4$	6	2.5	0.098	$\overline{2}$	7.5	0.067	8.1	12.5	0.057	1.2	7.5	0.105	1.5
$C_5$	4	10	0.336	2.3	30	0.222	15.6	50	0.219	2.1	30	0.33	10.4
$C_6$	6	30	0.987	2.3	90	0.814	14	150	0.62	3.9	90	1.025	13
$C_7$	4	90	2.913	1.3	270	2.23	4.6	450	1.654	2.5	270	2.689	4
$C_8$	6	180	5.565	3.1	540	2.459	21.7	900	1.945		540	2.623	2.4
$R^2$		0.9993			0.9986			0.9983			0.998		
Linear range		$0.5 - 180 \,\mu g / \,\text{mL}$			$1.5 - 270 \mu g/mL$			$2.5 - 450 \,\mu g$ mL			$1.5 - 270 \mu g/mL$		

**Table S5.** Linearity  $(R^2)^a$  for the four lipids from the validation mixture spiked to mouse liver samples prior to sample preparation.

<sup>*a*</sup>Calculated from the equation  $y = ax + b$ ; the calibration line was constructed using the mean ratios of the peak area of each lipid of the validation mixture to the peak area of the corresponding IS (both were spiked before sample extraction); *b* duplicate sample preparations at  $C_0$ ,  $C_1$ ,  $C_2$ ,  $C_3$ ,  $C_5$  and  $C_7$  while triplicate sample preparations at  $C_4$ ,  $C_6$  and  $C_8$  were performed and duplicate analyses of each extract were performed;  $\degree$  concentration of each lipid of the validation mixture spiked to liver sample; <sup>*d*</sup> the mean peak area ratios of the replicates.

Selected	Low spiking		Medium spiking		High spiking	
Lipids	Intra-day	Inter-day	Intra-day	Inter-day	Intra-day	Inter-day
	$(*RSD)$	$(*RSD)$	$(*RSD)$	$(*RSD)$	$(*RSD)$	$(*RSD)$
LPC(16:0)	2.99	3.56	3.13	3.32	2.39	2.7
LPC(18:2)	4.19	4.39	2.52	6.46	2.49	6.0
LPC(22:6)	4.21	4.21	2.64	6.53	2.84	5.45
SPM (16:0)	5.0	5.0	6.4	10.38	3.19	8.43
SPM (20:0)	4.22	9.95	7.42	11.0	5.33	5.39
SPM (22:0)	3.04	3.71	3.48	3.68	2.64	3.89
PC(32:0)	3.29	3.49	1.77	4.71	3.01	5.0
PC(38:6)	3.91	3.91	6.26	11.99	1.55	8.74
PC(40:8)	6.45	9.38	7.9	9.27	9.13	11.71
PE (34:2)	6.08	7.34	4.87	9.48	3.88	6.07
PE (38:6)	4.99	5.24	9.68	12.61	3.28	9.08
PE(40:6)	4.56	4.57	8.85	11.47	2.63	10.26
TG(50:4)	4.68	13.58	5.47	12.68	10.53	11.47
TG(54:5)	5.29	10.89	4.64	13.87	6.51	6.51
TG(58:10)	7.14	12.22	3.1	6.5	6.83	8.96

**Table S6.** Intra-day and inter-day RSDs of the selected lipids in the sample (peak areas were normalized to those of corresponding IS).

Table S7. Variation in the retention time (denoted as mean  $\pm$  S.D. min) of 8 lipid standards spiked with matrix at  $C_4$ ,  $C_6$  and  $C_8$  levels for repeatability during 3-day experiments.

Lipid	Observed	Day1 $(n = 18)$	Day2 $(n = 18)$	Day3 $(n = 18)$			
standards	mass $(m/z)$	Retention time (mean $\pm$ S.D., min)					
LPC(17:0)	510.34	$2.56 \pm 0.02$	$2.58 \pm 0.003$	$2.59 \pm 0.002$			
LPC(19:0)	538.35	$3.46 \pm 0.02$	$3.48 \pm 0.004$	$3.50 \pm 0.01$			
PE(30:0)	664.49	$8.16 \pm 0.03$	$8.19 \pm 0.01$	$8.19 \pm 0.01$			
PE(34:0)	720.55	$10.02 \pm 0.03$	$10.05 \pm 0.01$	$10.05 \pm 0.01$			
PC(34:0)	762.60	$9.79 \pm 0.03$	$9.85 \pm 0.01$	$9.87 \pm 0.01$			
PC(38:0)	818.66	$11.65 \pm 0.03$	$11.73 \pm 0.02$	$11.77 \pm 0.02$			
TG(45:0)	782.55	$16.62 \pm 0.03$	$16.63 \pm 0.02$	$16.63 \pm 0.02$			
TG(51:0)	866.66	$19.23 \pm 0.03$	$19.26 \pm 0.02$	$19.24 \pm 0.02$			



