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Rotator cuff degeneration in the rheumatoid shoulder : 'the issue is soft tissue'

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Stellingen behorende bij het proefschrift:

'Rotator cuff degeneration in the rheumatoid shoulder'

The issue is soft tissue

1. Rheumatoid patients are often referred too late for surgical treatment of shoulder involvement. One could say that decisions are therefore more important than incisions. *(dit proefschrift)*
2. Proximal migration of the humeral head does not result from loss of interposition of the supraspinatus tendon, but from shoulder muscle imbalance caused by fatty degeneration of the infraspinatus and teres minor muscles. *(dit proefschrift)*
3. Fatty degeneration needs not only be addressed in the shoulder joint but throughout the body as a whole. *(dit proefschrift)*
4. Co-contraction of the teres major and latissimus dorsi muscles during abduction might stabilize the glenohumeral joint, yet the antagonistic adduction moment will prevent full range of movement in a painful arc. *(dit proefschrift)*
5. Don't operate, supinate! *(dit proefschrift)*
6. The coordinative balance generated by the rotator cuff muscles during shoulder movement is primarily disturbed by infraspinatus and teres minor dysfunction. *(dit proefschrift)*
7. The teres minor should have been called the teres major. *(dit proefschrift)*
8. The 'Neer' acromioplasty is often used in the same way as the *ctrl-alt-del* function of your personal computer.
9. De orthopaedische chirurgie vindt haar arbeidsveld in het bewegingsapparaat als zodanig: in het skelet, banden en spieren voor zover die in de schoonheid van haar vorm of in bruikbaarheid voor de normale bewegingen geleden hebben. (Professor dr. Murk Jansen, Leiden 1906)
10. In imaging not everything is as it seems.
11. The art of medicine consists in amusing the patient while nature cures the disease. (Voltaire)
12. 'Sonja Bakker' can only be effective in preventing cuff degeneration through sufficient use of the accessory *Nordic Walking* canes.
13. Bij het beklimmen van een berg is het zaak niet te trappen op wat er onder ons ligt, maar ons op te trekken aan wat zich boven ons bevindt. (M.C. Escher)
14. Gravitation is not responsible for people falling in love. (A. Einstein)