

Perseverative cognition : the impact of worry on health Verkuil, B.

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PERSEVERATIVE COGNITION

THE IMPACT OF WORRY ON HEALTH

BART VERKUIL

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The impact of worry on health

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And when the worrying starts to hurt and the world feels like graves of dirt Just close your eyes until you can imagine this place, yeah, our secret space at will 'Shut your eyes' (Snow Patrol)

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