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Computed tomography coronary angiography : from quantification of coronary atherosclerosis to risk stratification of patients

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Chapter 6

Automatic detection and quantification of the Agatston coronary artery calcium score on contrast computed tomography angiography

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Abstract

Purpose: Potentially, Agatston coronary artery calcium (CAC) score could be calculated on contrast CTA. This will make a separate non-contrast CT scan superfluous. This study aims to assess the performance of a novel fully automatic algorithm to detect and quantify the Agatston CAC score in contrast CTA images.

Methods: From a clinical registry, 20 patients were randomly selected for each CAC category (i.e. 0,1-99,100-399,400-999,≥1000). The Agatston CAC score on non-contrast CT was calculated manually, while the novel algorithm was used to automatically detect and quantify Agatston CAC score in contrast CTA images. The resulting Agatston CAC scores were validated against the non-contrast images.

Results: A total of 100 patients (60 ± 11 years, 63 men) were included. The median CAC score on non-contrast CT was 145(IQR 5-760), whereas the contrast CTA CAC score was 170(IQR 23-594) ($P=0.004$). The automatically computed CAC score showed a high correlation ($R=0.949$; $P<0.001$) and intra-class correlation ($R=0.863$; $P<0.001$) with non-contrast CT CAC score. Moreover, agreement within CAC categories was good (Kappa 0.588).

Conclusion: Fully automatic detection of Agatston CAC score on contrast CTA is feasible and showed high correlation with non-contrast CT CAC score. This could imply a radiation dose reduction and time saving by omitting the non-contrast scan.

Introduction

Coronary artery disease (CAD) is one of the leading causes of death worldwide.¹ Coronary artery calcium (CAC) is a representative marker of the overall coronary atherosclerosis burden.² The amount of coronary artery calcium is routinely detected and quantified on a non-contrast computed tomography (CT) scan according to the Agatston scoring approach.^{3, 4} This Agatston CAC score has been demonstrated to have prognostic value for cardiovascular events, independent of age, ethnicity and sex.⁵⁻¹⁰ However, for the estimation of severity and extent of coronary stenosis a contrast computed tomography coronary angiography (CTA) has to be performed.^{11, 12} This technique allows evaluation of coronary stenosis with good accuracy compared to invasive coronary angiography.¹³⁻¹⁶ Moreover, contrast CTA provides accurate visualization of the coronary vessel wall and allows assessment of coronary plaque constitution.

In current clinical practice, a non-contrast CT scan is often performed to quantify the Agatston CAC score. Subsequently, depending on the clinical question, a contrast CTA scan is performed to assess coronary stenosis severity. While the non-contrast CT scan and contrast CTA are performed separately, they both contribute to radiation exposure.¹⁷ Since calcified lesions can be distinguished on contrast CTA, it is conceivable that contrast CTA images could be used to detect coronary calcium and calculate the Agatston score. If Agatston CAC score calculation on contrast CTA images is accurately achievable, it could result in making a separate non-contrast CT scan superfluous, hence resulting in a decrease in cost, time and radiation exposure. Previous studies have addressed this topic, aiming to assess the potential of software tools to quantify CAC on CTA datasets, however, these algorithms required (partial) manual interference or provided moderate results.¹⁸⁻²² Recently, using a novel software algorithm, fully automatic quantification of the Agatston CAC score on contrast CT has become feasible. However, the accuracy of this tool has yet to be determined.

Therefore, the aim of this present study was to 1) assess the feasibility of a novel tool to fully automatically detect and quantify CAC in contrast CTA images, and calculate the Agatston CAC scores and 2) to compare the derived Agatston scores with Agatston CAC scores obtained from traditional non-contrast CT scans and assess the agreement per Agatston CAC score risk category. 3) The contribution of the non-contrast CT to the overall radiation exposure was calculated.

Methods

Patients and study protocol

The population consisted of 100 patients from an ongoing clinical registry. Per Agatston CAC score risk categories (i.e. 0, 1-99, 100-399, 400-999, ≥ 1000), 20 patients, with sufficient image quality of the non-contrast CT and the contrast CTA, were randomly selected to ensure an equal distribution. These patients had known or suspected CAD and were clinically referred for the evaluation of chest pain to the Leiden University Medical Center, between 2008 and 2012. All patients underwent a non-contrast CT scan followed by a contrast CTA.

Patients with previous, myocardial infarction, percutaneous coronary intervention (PCI) or coronary artery bypass graft surgery (CABG) were excluded. The clinical data were prospectively entered into the departmental Cardiology Information System (EPD-Vision©, Leiden University Medical Center, the Netherlands) and retrospectively analyzed. The Institutional Review Board of the Leiden University Medical Center approved this retrospective evaluation of clinically collected data, and waived the need for written informed consent.

Cardiac CT and CTA acquisition

Patients were scanned with either a 64-slice CT scanner (Aquilion 64, Toshiba Medical System, Otowara, Japan) or a 320-row volumetric scanner (Aquilion ONE, Toshiba Medical System, Otowara, Japan). Contra-indications for CTA were, 1) impaired renal function (glomerular filtration rate < 60), 2) pregnancy, 3) (supra-) ventricular arrhythmias, 4) known allergy to contrast agent, 5) severe claustrophobia. Prior to CT examination, beta-blocking medication was administered if the heart rate was ≥ 65 beats per minutes, unless contra-indicated. Patients received 0.4 mg of nitrates sublingual prior to the scan. Non-contrast CT and contrast CTA were performed according to standard clinical practice.^{23, 24} For assessment of the CAC-score on non-contrast CT, images with a 3mm slice-thickness were reconstructed. Scan parameters for 64-slice CTA were 400ms gantry rotation time, collimation of 64x0.5mm, tube voltage of 100-135 kV and tube current of 250-350mA, depending on body mass index. Scan parameters for 320-row CTA were 350ms gantry rotation time, collimation of 320 x0.5mm, tube voltage of 100-135 kV and tube current of 400-580mA, depending on body mass index. Images were acquired prospectively and reconstructed at 75% and at the best phase of the R-R interval.²⁵ Radiation dose was calculated with a dose-length product conversion factor of 0.014 mSv/(mGy x cm).²⁶

Quantification of Agatston CAC score on non-contrast CT scan

The standard non-contrast CT scan was made to manually assess the total amount of CAC in the coronary arteries, defined according to the Agatston CAC-scoring method. To analyze the CAC score, the collected images were transferred to a workstation for evaluation using dedicated post-processing software (CalcSore v1.1.1 by Medis specials bv). Coronary calcified lesions were manually selected and quantified in non-contrast CT scans with a threshold of 130 Hounsfield Unit (HU).

Quantification of Agatston CAC score on contrast CTA

Prior to coronary artery calcium quantification, image quality of both non-contrast CT and contrast CTA was assessed using the following ordinal scale: good image quality, moderate image quality or poor image quality. Image data sets without motion artefacts or increased image noise were evaluated as good quality datasets with motion artefacts or increased image noise were classified as moderate. Clinically non-diagnostic scans were classified as poor image quality and were excluded.

A novel algorithm for fully automatic detection and quantification of the calcium volume and Agatston CAC score on the contrast CTA datasets was developed. The Agatston CAC score was automatically derived in the following steps:

1. The coronary tree was automatically extracted from the CTA dataset using a 3D vessel-tracking algorithm.²⁷
2. Using an automatic tree labeling algorithm, the segments of the coronary tree were automatically labeled according the AHA 17-segment model.²⁷⁻²⁹ Subsequently, the four main coronaries, i.e., right coronary artery (RCA), left main (LM) artery, left anterior descending (LAD) artery and left circumflex (LCx) artery and corresponding side-branches were identified based on this labeling result. Multi-planar reformations (MPRs) were created based on the centerlines of the detected coronaries. An experienced observer verified the extracted and labeled coronary tree.
3. To automatically detect and quantify CAC, a novel algorithm was used to identify the presence of calcium in the coronary arteries. A reference trend line on the lumen intensity values along the centerline was fitted for each individual vessel, ranging from the proximal to the distal part of the vessel. After this, only the pixels near the centerline with intensity values higher than the reference trend line are considered to be calcified and selected for further processing using an advanced region growing scheme (Figure 1.)
4. All detected calcified pixels in the MPRs are projected back into the original volume. Any emerging gaps within projected spots are filled if needed. Next, the volume is resampled to have a slice thickness of 3 mm.

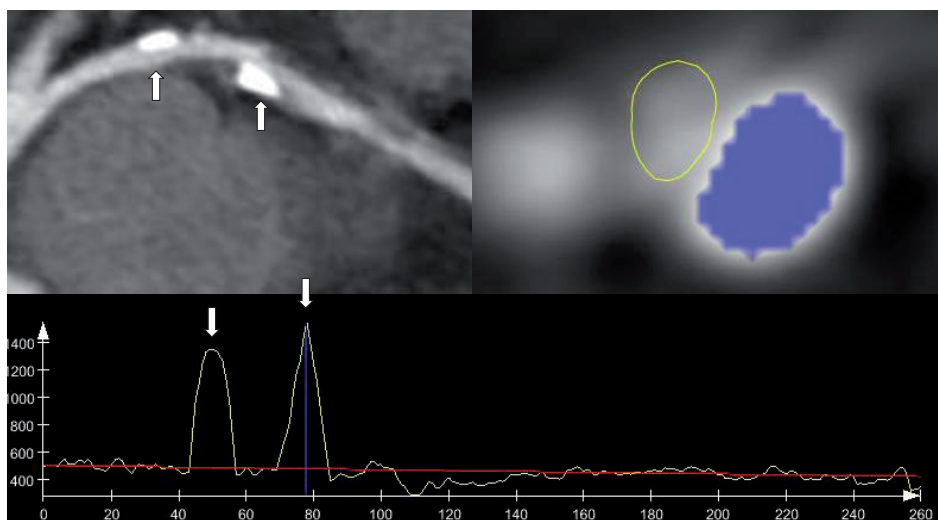


Figure 1. Method for automatic coronary calcium detection.

Example of the method for automatic coronary calcium detection. Panel A shows an MPR with two calcified coronary lesions (white arrows). Panel C demonstrates the luminal intensities plot. The x-axis represents the distance from the coronary ostium, the y-axis represents the peak intensity along the centerline (HU). The red line is the trendline of this plot. Large deviations from this trendline are considered coronary calcium (white arrows). Panel B demonstrates a cross-sectional view of the coronary artery with the detected coronary calcium marked in blue. The yellow line indicates the coronary lumen border.

- Based on the detected CAC volumes for each of the four main coronaries and side-branches, the Agatston CAC score was automatically calculated using a predefined conversion factor of 2.74.¹⁹

An example of the automatic CAC assessment on contrast CTA with corresponding non-contrast CT reference is depicted in Figure 2.

First, the Agatston CAC scores derived from contrast CTA using the novel software tool were compared to the Agatston CAC score from non-contrast CT as a reference. Second, differences in performance of the software per coronary vessel were assessed. Third, the agreement between the two methods per Agatston CAC score risk category was assessed. Last, the contribution of the non-contrast CT to the overall radiation exposure was calculated.

Statistical analysis

Continuous data are presented as mean $\pm$ SD if normally distributed or as median (interquartile range, IQR) if non-normally distributed. Categorical data are presented as absolute numbers and percentages. A comparison was made between the non-contrast CT Agatston CAC score and the contrast CTA Agatston CAC score. Non-

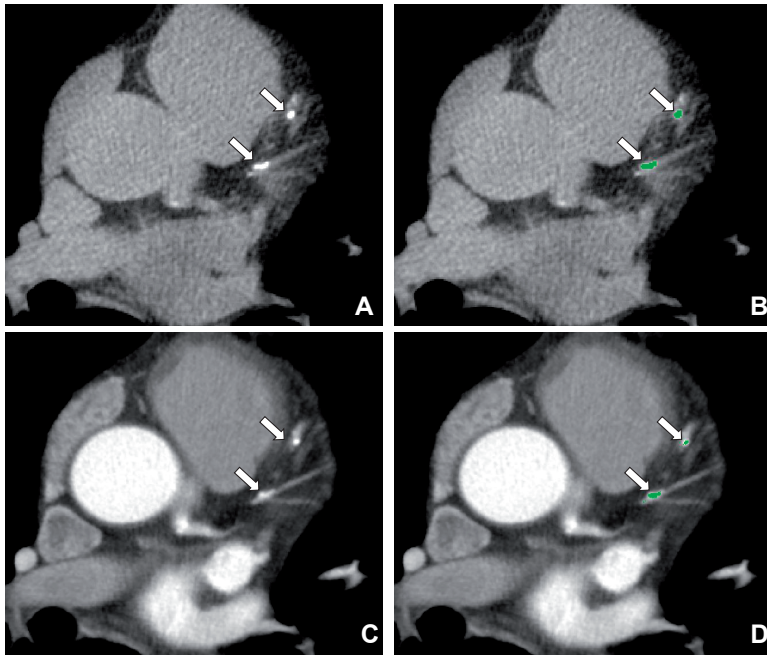


Figure 2. Patient example of coronary calcium detection with both methods.

A 66 year old male patient with calcified coronary plaque in the LAD. Panel A illustrates the coronary artery calcium (CAC) on the non-contrast CT scan (arrows). Panel B depicts the manual detection of the calcified lesions on the same non-contrast CT scan. Panel C shows CAC in the same patient on the contrast CTA scan. Panel D depicts the automatic detection and quantification of the calcium on the contrast CTA scan with a novel fully automatic algorithm. The Agatston CAC score was 63 on the non-contrast CT scan and 58 on the contrast CTA scan as assessed with the fully automatic algorithm.

parametric tests were used to compare the absolute difference between the CAC score derived from non-contrast CT scan and contrast CTA. A non-parametric correlation (Spearman) and intra-class correlation (ICC) were used to calculate the correlation between the two methods. An ICC less than 0.4 indicated poor correlation, an ICC between 0.4 and 0.75 indicated fair to good correlation, and an ICC greater than 0.75 indicated excellent correlation.³⁰ Thereafter, the Bland-Altman method was used to assess the limits of agreement for the Agatston CAC score between the two methods.³¹ The Bland-Altman was calculated for both absolute and percentage differences. For clarity, a magnified view of the Bland-Altman plot with an X-axis range up to 1000 was provided. The agreement within the Agatston CAC score risk categories, was evaluated using the weighted kappa (k) statistics. Poor, fair-to-good and excellent were defined by a k-value of <0.4, between 0.4 and 0.75, and > 0.75, respectively.³² All statistical tests were two-sided and a P-value <0.05 was considered statistically

significant. All statistical analyses were performed with SPSS software (Version 20.0, SPSS Inc., Chicago, Illinois).

Results

Patient population

The total patient population consisted of 100 patients with a mean age of 60 ± 11 years and 63 patients (63%) were male. The clinical baseline characteristics of the patients are listed in Table 1. Hypercholesterolemia was observed in 33% of patients, and 21% of patients presented with obesity. Of the 100 scans, 54 were classified as good; the remaining 46 were classified as moderate quality.

Table 1. Patient characteristics.

Baseline characteristics	Total (N = 100)
Age (yrs)	60 ± 11
Gender (% male)	63 (63%)
Cardiovascular risk factors	
Hypertension†	38 (38%)
Hypercholesterolemia‡	33 (33%)
Diabetes mellitus	31 (31%)
Family history of CAD*	33 (33%)
Current Smoker	15 (15%)
Obesity (BMI ≥ 30 kg/ m ²)	21 (21%)
Agatston CAC score (non-contrast CT) images)	606 ± 997
	=-
	145 (IQR 5 – 760)

Data are represented as mean ± SD, median (interquartile range) or as number and percentages of patients.

†Defined as systolic blood pressure ≥140 mmHg or diastolic blood pressure ≥90 mmHg or the use of antihypertensive medication.

‡Serum total cholesterol ≥230 mg/dL or serum triglycerides ≥200 mg/dL or treatment with lipid lowering drugs.

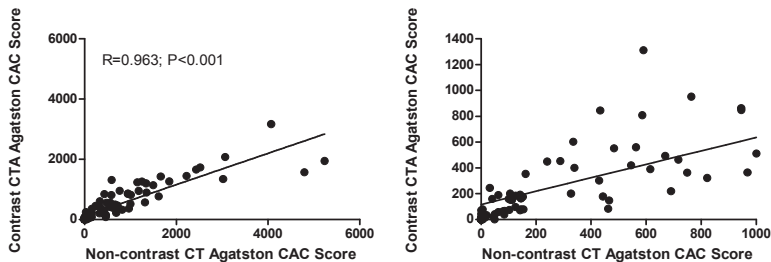
*Defined as the presence of coronary artery disease in first-degree family members at <55 years in men and <65 years in women.

Abbreviations: BMI: body mass index, CAD: coronary artery disease, CAC: coronary artery calcium, CT: computed tomography, IQR: interquartile range.

Table 2. Agreement between the Agatston CAC score derived from non-contrast CT and contrast CTA per coronary vessel.

Coronary artery	Non-contrast Agatston CAC score Median (IQR)	Contrast CTA Agatston CAC score Median (IQR)	P-value	Correlation (R), (P-value)	ICC, (P-value)
LM	0 (0-37)	0 (0-13)	0.160	0.513, (P<0.001)	0.757, (P<0.001)
LAD	83 (1-369)	86 (0-281)	0.371	0.894, (P<0.001)	0.854, (P<0.001)
RCA	16 (0-251)	33 (0-150)	0.001	0.827, (P<0.001)	0.793, (P<0.001)
LCX	4 (0-53)	11 (0-65)	0.703	0.754, (P<0.001)	0.851, (P<0.001)
Total	145 (5-760)	170 (23-594)	0.004	0.949, (P<0.001)	0.863, (P<0.001)

Abbreviations: CT: computed tomography, CTA: computed tomography coronary angiography, ICC: Intra-class correlation, IQR: Interquartile Range, CX: circumflex artery, LAD: Left anterior descending artery, LM: Left main, RCA: Right coronary artery.

**Figure 3. Correlation between non-contrast CT Agatston CAC score and contrast CTA Agatston CAC score.**

The left figure shows the full range scatter plot. The right figure shows a magnified view of the non-contrast CT Agatston CAC score up to 1000.

Agreement between non-contrast CT and contrast CTA Agatston CAC score

The median Agatston CAC score on non-contrast CT was lower compared to the Agatston CAC score on contrast CTA (145(IQR 5-760) and 170(IQR 23-594), $P=0.004$, respectively) (Table 2). Overall, the median difference was 0 (-217-35).

The correlation between the non-contrast CT- and contrast CTA Agatston CAC score is displayed in Figure 3. The Agatston CAC score on non-contrast CT was highly correlated with the contrast CTA Agatston CAC score ($R=0.949$, $P<0.001$ and $ICC=0.863$, $P<0.001$). The correlation was similar between scans of good image quality ($R=0.934$) and moderate image quality ($R=0.949$). The correlation was similar for patients scanned with 100kV ($n=13$), $R=0.994$, $P<0.001$, 120 kV ($n=72$), $R=0.935$,

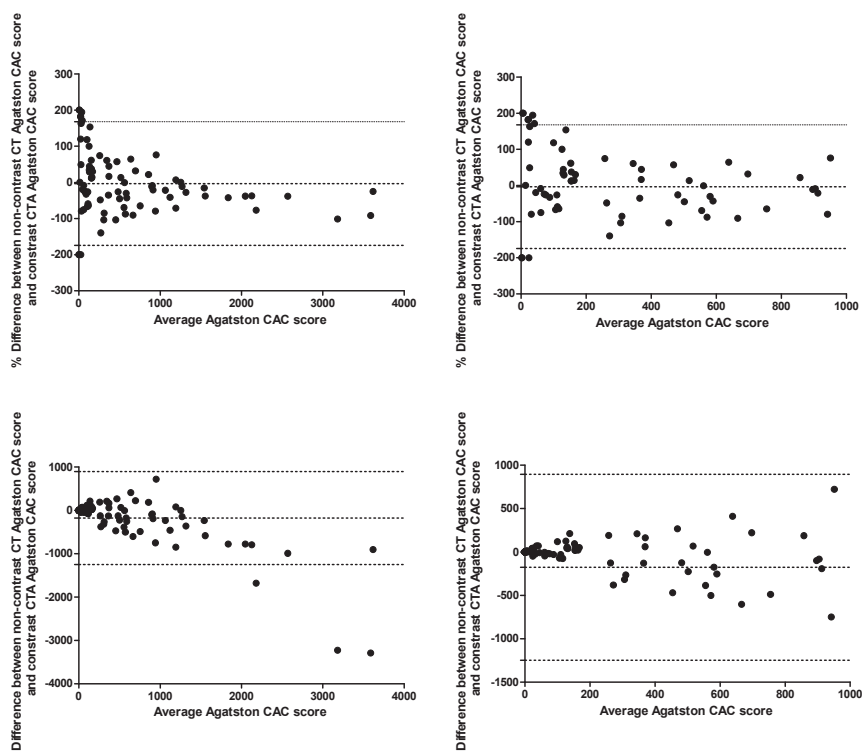


Figure 4. Bland-Altman of non-contrast CT Agatston CAC score and contrast CTA Agatston CAC score.

The left panel shows the Bland-Altman plot. The dotted vertical lines represent the bias with corresponding 95% limits of agreement. The right panel shows a magnified view of the same Bland-Altman plot with an X-axis range of 1000. In the two upper panels the Y-axis represents the percentage difference of the Agatston CAC score between the two methods. In the lower two panels the Y-axis represents the absolute difference.

$P < 0.001$, or 135 kV ($n=15$), $R=0.960$, $P < 0.001$. For all three kV settings the ICC between the non-contrast CT and contrast CTA CAC score was 0.784.

The Bland-Altman analysis of the Agatston CAC score as assessed with both methods is shown in Figure 4. The non-contrast CT Agatston CAC score was lower compared to the contrast CTA Agatston CAC score as demonstrated by a bias of -176 with 95%-limits of agreement ranging from -1248 to 896. The bias on a percentage basis was 3% with 95%-limits of agreement ranging from -174% to -168%. As demonstrated in the Bland-Altman analysis the absolute error increases with increasing CAC-scores (lower panels). However, on a percentage basis this trend is not observed (upper panels).

The per-vessel analysis, as described in Table 2, demonstrated similar results. Correlations for LAD, RCA and LCX were 0.894, 0.827 and 0.754, respectively ($P < 0.001$).

However, the correlation for LM CAC score was lower ($R=0.513$, $P<0.001$) compared to the correlation for the overall CAC score. Except for RCA, there were no significant absolute differences between non-contrast CT Agatston CAC score and contrast CTA Agatston CAC score per vessel.

Agreement within Agatston CAC score risk categories

The agreement between the two methods within the traditional Agatston CAC score risk categories was assessed and depicted in Table 3. The fully automatic algorithm used on contrast CTA classified 67/100 patients (67%) in the same cardiovascular risk category compared with the non-contrast CT Agatston CAC score. Of the remaining 33 (33%) patients, 10 (10%) shifted to a higher category and 23 (23%) to a lower category. Importantly, of the 20 patients with a non-contrast CT Agatston CAC score of 0, 18 (90%) patients were accurately classified as CAC score of 0 on the contrast scan. Only two patients shifted to a higher category, these patient had a contrast CTA Agatston CAC score of 11 and 14. Furthermore, in the CAC score category of 1-99, 14 (70%) patients remained in the same category while 3 (15%) patients shifted to a lower category and 3 (15%) patients to a higher category. In the category 100-399, 11 (55%) patients remained in the same category, while 5 (25%) patients shifted to a lower category of 1-99 and 4 (20%) patients shifted to a higher category of 400-999. Of the 20 patients in the category 400-999, 10 (50%) patients remained in the same category after calcium scoring on CTA images, while 9 (45%) patients shifted to a

Table 3. Agreement within CAC score risk categories between the contrast CTA Agatston CAC score and the non-contrast CT Agatston score.

		Non-contrast CT Agatston CAC score					Total
		Category	0	1-99	100-399	400-999	
Contrast CTA Agatston CAC score	0		<u>18</u>	3	0	0	21
	1-99		2	<u>14</u>	5	1	22
	100-399		0	3	<u>11</u>	8	22
	400-999		0	0	4	<u>10</u>	20
	≥1000		0	0	0	1	<u>14</u>
	Total		20	20	20	20	100
		Same	<u>18</u>	<u>14</u>	<u>11</u>	<u>10</u>	<u>14</u>
		Shift up	2	3	4	1	10
		Shift down	0	3	5	9	23

The underlined numbers indicate agreement between both methods.

Abbreviations: CAC: coronary artery calcium, CT: computed tomography, CTA: computed tomography coronary angiography.

lower category and 1 (5%) patient to a higher category of ≥ 1000 . Lastly, 6 (30%) patient in the risk category of ≥ 1000 , shifted to a lower category. Overall, the agreement within the Agatston CAC score risk categories was good ($k = 0.588$). This was the same for scans with good ($k = 0.578$) and fair ($k = 0.586$) image quality.

Radiation dose

In total, the mean radiation dose was 9.10 ± 5.78 mSv. For non-contrast CT the radiation dose was 1.39 ± 0.39 mSv and for the contrast CTA 7.60 ± 5.78 mSv. On average, the radiation dose of the non-contrast CT was 20% of the total radiation exposure.

Discussion

The present study assessed the feasibility and accuracy of a novel software tool for fully automatic detection of CAC and subsequent quantification of the Agatston CAC score on contrast CTA images. The automatic algorithm was evaluated by using the non-contrast CT Agatston CAC score as a reference standard. The Agatston CAC score derived from contrast CTA was well-correlated with non-contrast CT Agatston CAC score. Moreover, even though a third of the patients were reclassified in a different CAC-risk category, the overall agreement within the traditional Agatston CAC score risk categories was good, thus providing accurate assessment of cardiovascular risk in correspondence with the Agatston CAC score derived from non-contrast CT. Based on these results, the novel software tool allows for accurate quantification of CAC on contrast CTA and could thus provide an important prognostic and well validated marker of risk. Omitting the non-contrast CT from the scan protocol could have potentially reduced the radiation exposure in this study cohort by 20%.

Contrast CTA conversion factor

Different voxel size, contrast attenuation and applied threshold for calcium scoring influences the Agatston CAC score between the non-contrast CT images and contrast CTA.^{20, 21, 25, 33, 34} To adapt for this difference, a conversion factor is required. This factor was previously established by Mylonas *et al.*¹⁹ For this purpose, 92 patients underwent both a non-contrast CT scan and contrast CTA scan to measure CAC. Using linear regression analysis, a conversion factor of 2.74 for the CAC score on contrast CTA was established. A subsequent validation study in 47 patients, revealed an excellent correlation between Agatston CAC score derived from non-contrast CT and contrast CTA after applying the predefined conversion factor. The same conversion factor was used in the present study to calculate the Agatston CAC score on contrast CTA.

Different methods for quantification of CAC score on contrast CTA

Several previous studies have focused on the feasibility of assessing and computing the CAC scores from contrast CTA images.^{18-22, 35} The main challenge in all these studies was to establish an accurate method to differentiate between CAC and coronary artery luminal contrast.

Manual delineation of CAC.

Manually segmentation of CAC from the contrast filled lumen by delineating the calcified spots was performed by Bijl *et al.* in 100 patients, of which 50 presented without CAC³⁶. To derive the Agatston CAC score from contrast CTA images, calcifications were manually delineated and thereafter quantified with a HU threshold of 130 for each voxel within the marked area. The CAC score, derived from the contrast CTA, was well correlated with non-contrast CT CAC score. Similar to the present study, in only a small number of patients with a non-contrast CAC score of zero, CAC was detected on contrast CTA. Even though manual input was needed, the inter-observer agreement was as excellent for the CTA-derived Agatston scores.

Fixed HU thresholds.

Another method to differentiate between CAC and contrast was sought in increasing the HU threshold for CAC detection hence avoiding the need for manually drawn contours. Glodny *et al.* used a detection threshold of 600 HU to compute the Agatston CAC on CTA images.²⁰ Although the increased attenuation threshold revealed an excellent correlation for the Agatston CAC score between non-contrast CT and contrast CTA, an overall underestimation of the calcium scoring in CTA images was observed. The authors provide no detail on the CAC-risk categories. In contrast, Hong *et al.* selected 50 patients to derive a Agatston CAC score on contrast CTA images, with a detection threshold of 350 HU.²¹ In this study, the CAC score on contrast CTA was significantly overestimated. The under- and overestimation of the Agatston CAC score in the previous studies can be the result of inadequate threshold definitions in some patients. Luminal contrast could have exceeded the HU threshold level, thereby being detected as coronary artery calcium, or vice-versa, CAC being mistakenly characterized as luminal contrast.

Patient specific HU thresholds.

Previous publications have indicated that HU threshold for coronary plaque quantification are dependent on luminal contrast intensity and CT scan protocol.^{33, 37} To account for this, a scan (or patient) specific threshold could be preferable. Mylonas *et al.* determined the HU threshold for CAC scoring based on contrast attenuation.¹⁹ For this purpose, the calcium detection threshold was set at aortic attenuation (HU)

+ 2 standard deviations (SD). In this study, an excellent correlation was observed between CAC score on contrast CTA and non-contrast CT. Moreover, 83% of patients were classified in the same CAC risk category. However, this method needed manual threshold determination and manual CAC selection.

Similarly, Bischoff *et al.* used 150% of the mean attenuation (HU) in the ascending aorta as a threshold.²² An excellent correlation was observed between CAC score based on contrast CTA compared to non-contrast CT and >90% of patients were classified in the same CAC risk category. However, manual interference forms part of the method; the study used a manual threshold determination and semi-automated system for CAC scoring.

Advanced algorithms.

In the present study, a novel HU adaptive algorithm was used. This trend-line based algorithm facilitates patient specific calcium detection that adapts itself to the contrast attenuation. Similar to the present study, Ebersbergen *et al.* described a tool to fully automatically derive coronary artery calcium scores from contrast CTA studies in a cohort of 127 patients.³⁵ This study used an automated model-based image processing algorithm, whereas the present study used an algorithm based on HU intensities. Ebersbergen *et al.* demonstrated no significant difference in Agatston CAC scores between non-contrast CT calcium scoring and contrast coronary CTA. Moreover, a significant relation was noted between both methods as well as good agreement within the CAC score risk categories. Similar to our study, the approach of Ebersbergen *et al.* underlined the superiority of advanced algorithms for CAC scoring on CTA. These algorithms are accurate, reproducible and provide a patient specific approach, adaptive to luminal contrast attenuation.

Clinical implications

Risk classifications.

The prognostic value of CAC score has been extensively studied.^{10, 23, 38, 39} For this purpose the CAC score is usually stratified into risk categories.^{23, 39} An increase in mortality was observed per increment in CAC score risk category.^{10, 38, 39} For clinical purpose, accurate determination of the CAC score risk category is sufficient for risk classification of patients (i.e. the exact CAC score is less important). In this study, a good agreement within the Agatston CAC risk categories was observed. This indicates that quantifying the Agatston CAC score on contrast CTA is sufficiently accurate for clinical decision making. In addition to the clinical value of the CAC score, the prognostic value of CAC progression has been established.^{40, 41} However, in the present

study, no serial CAC-score or CTA were available. Therefore, the accuracy of the assessment of CAC progression could not be established.

Radiation exposure reduction.

The risk of cancer per 10.000 CAC scans in female patients of 50 years old is 3/10,000.⁴² Even though this number seems relatively small, it is estimated that the incidence of cancer induced by non-contrast CT for CAC score in the United States is around 80-400 per year. In the present patient cohort there is potential for 20% radiation dose reduction, if the non-contrast CT scans are excluded from the protocol. Recently, modifications to contrast CTA scan protocol have resulted in decreased radiation dose, thus reducing CTA radiation exposure.⁴³ These radiation dose reduction advances could not contribute to less radiation exposure by the non-contrast CT scan because the Agatston CAC score requires a fixed scan protocol. Therefore, with the current low-dose scan protocols the radiation dose of the non-contrast CT is relatively high and the gain of omitting the non-contrast CT from the scan protocol even greater.

Limitations

Some limitations of the present study need to be considered. For this analysis, patients with poor quality images were excluded for the detection and quantification of Agatston CAC score on contrast CTA. It is unclear how the software tool would perform in datasets with high noise levels or severe motion artifacts. In this study the algorithm performed suboptimal in the RCA. This coronary artery is most affected by motion during the cardiac cycle and therefore more prone for motion artefacts.⁴⁴ Moreover, the relative lower correlation for LM calcifications could be due to low number of patients (n=38) with a positive CAC score in the LM. The observer variability for the assessment of the CAC-score on non-contrast CT was not assessed in this study. However, this method is widely used and accepted as a robust measurement. The observer variability for the contrast CTA CAC-score could not be assessed since this was a fully automatic method. All cardiac CTA datasets were performed with either a 64-slice CT scanner or a 320-row volumetric scanner from one vendor. Therefore, the applicability of this algorithm to datasets acquired on other vendor machines needs to be further studied. Differences in the detection of the Agatston CAC score between non-contrast CT and contrast CTA could have been caused by the difference in image slice thickness.⁴⁵ CAC in non-contrast CT is visually detected in the axial plane in 3.0 mm reconstructed images, whereas CAC in the contrast CTA scan was detected on MPRs based on images with a 0.5 mm slice thickness. Due to this difference, calcified spots located in-between slices of the non-contrast CT are detected on the contrast CTA, resulting in an overestimation of CAC score on contrast CTA. In clinical prac-

tice, observers could perform an additionally manual verification of the contrast CTA Agatston CAC scores, thereby reducing the number of false positive/negative results. For the present study a predefined conversion factor was applied based on a previous study.¹⁹ It is expected that a conversion factor specific for the present algorithm would have provided even higher correlations and better agreement.

Conclusion

A fully automatic detection and quantification of Agatston CAC score on contrast CTA is feasible and shows an excellent correlation with the Agatston CAC score derived from non-contrast CT. Furthermore, a good agreement was obtained between the non-contrast CT and the contrast CTA within the Agatston CAC score risk categories. Importantly, the accuracy to rule-out CAC on contrast CTA compared to non-contrast CT was excellent. By virtue of the excellent correlation between both methods, this fully automatic system could be applied in future clinical practice, thereby saving time on manual interpretation and potentially reduce radiation exposure, by obviating the need for a separate non-contrast CT scan.

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