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Title: Aortopathy in patients with a bicuspid aortic valve : determining susceptibility for aortic complications

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CHAPTER

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Bicuspid aortic valve: phosphorylation of c-Kit and downstream targets are prognostic for future aortopathy

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ABSTRACT

Objectives: The clinical course of many patients with a bicuspid aortic valve (BAV) is complicated by ascending aortic dilatation. Currently, the indication for aortic surgery is solely based on the aortic diameter and subsequently only a small proportion of BAV patients undergoing valve surgery require concomitant ascending aortic replacement based on these recommendations. Unfortunately, a substantial number of BAV patients still develop aortic dilatation in the future and would potentially benefit from a more aggressive approach towards ascending aortic replacement. We, therefore, designed this study to identify molecular biological markers in the aortic wall predictive of aortopathy in BAV.

Methods: Ascending aortic wall specimen of BAV ($n = 36$) and tricuspid aortic valve (TAV) ($n = 23$), both without and with (>44 mm) dilatation were investigated histologically and immunohistochemically for the expression of markers for vascular remodeling (transforming growth factor (TGF)- β , phosphorylated Smad2, matrix metalloproteinase 9 (MMP9)), cellular differentiation (c-Kit, phosphorylated-c-Kit, hypoxia-inducible factor-1 alpha (HIF1 α)) and haemodynamic influences on the aortic wall (endothelial nitric oxide (eNOS)).

Results: All BAV patients showed significantly less inflammation ($P < 0.001$) and an altered intima/media ratio when compared with TAV patients. The expression of markers of a signalling pathway characteristic for cellular dedifferentiation, as exemplified by the marked expression of c-Kit, phosphorylated c-Kit and HIF1 α ; in the dilated BAV group was however completely comparable with only a subgroup of the non-dilated BAV (*BAb*), whereas the remainder of the non-dilated BAV group (*BAA*) was significantly distinct. This difference between the dilated BAV and *BAA* was further confirmed in the expression of TGF- β , phosphorylated Smad2, MMP9 and eNOS. Besides the expression pattern, similarity in the dilated BAV and *BAb* was also noted clinically in the most common variant of commissure position and conjoined raphe of the BAV. Based on these observations, we consider the *BAb* group a likely candidate for future dilatation as opposed to the *BAA* group.

Conclusions: Using a panel of molecular tissue markers, the non-dilated BAV patients can be divided into groups susceptible and non-susceptible to aortopathy.

INTRODUCTION

Bicuspid aortic valve (BAV) is the most common congenital cardiac defect, with a prevalence in the general population in the range 0.5–2% (1). The clinical course of BAV is often complicated by aortic regurgitation and/or stenosis, infective endocarditis and aortic dilatation. In particular, the latter one forms a critical complication in individuals with BAV, as aortic dilatation carries an increased risk of dissection and rupture. Fifty-nine percent of patients with BAV, below the age of 30 have ascending aortic dilatation, which rises to 88% in people over 80 years old (2). Currently, guidelines recommend ascending aortic replacement in patients with BAV and an ascending aortic diameter ≥ 50 mm, and concomitant aortic surgery if the diameter exceeds 45 mm (3). Unfortunately, aortic diameter alone as a selection criterion is not sufficient for identifying patients with inherent aortic weakness before a life-threatening complication occurs (4, 5). On the one hand, patients with a non-dilated aortic wall at the time of aortic valve surgery may still develop aortic dilatation in the future, while, on the other hand, some patients will never experience aortic wall dilatation. A preventive ascending aortic replacement would expose this last group of patients, not prone to develop dilatation of the aorta, unnecessarily to the risk of this procedure and ensuing postoperative complications. Therefore, there is an unmet need to identify genetic and/or molecular markers to improve a patient-tailored risk stratification for BAV individuals, applicable prior to or during surgery. Although histological and biochemical differences have been shown between dilated aortic walls of BAV and tricuspid aortic valve (TAV) patients, little is known about the difference in non-dilated aortas. We have previously shown marked histological differences and maturation defects in non-dilated aortas of BAV patients (6). We were, however, not yet able to demonstrate differences within this group, as would be expected based on the fact that some patients with BAV never develop aortic dilatation. The aim of this study was therefore to identify patients with BAV and a non-dilated aorta who are susceptible for future aortopathy. To identify these patients, we compared dilated and non-dilated aortas of both BAV and TAV patients as controls with respect to biochemical markers of vascular remodeling, cellular differentiation and haemodynamic modifiers. Since developmental data (7) and recent clinical diagnostic data based on commissure position (8) suggest that the orientation of the conjoined raphe is of relevance, we also studied this aspect.

MATERIALS AND METHODS

Aortic tissue samples

Ascending aortic wall biopsies were collected from individuals with BAV and TAV, with or without dilatation. Dilatation was clinically defined by surpassing an ascending aortic wall diameter of 44 mm, based on the American College of Cardiology/American Heart Association guidelines (3). The institutional ethics committee at the Leiden University Medical Centre (LUMC) approved this study. The Heart Valve Bank, Thoraxcenter, Erasmus Medical Center, Rotterdam, provided six BAV samples without aortic dilatation as these were not suitable for transplantation, as approved by their Scientific Advisory Board. Furthermore, we received five BAV aortic specimens from both the convex and concave side of the aortic wall of patients with dilatation, from the Universitätsklinikum Schleswig-Holstein, Lübeck, Germany. Patients were divided into four groups: (a) TAV without dilatation, termed TA (n = 11, mean age: 64.5 ± 9.0 years), obtained post-mortem, (b) TAV with dilatation, termed TAD (n = 12, mean age: 72.3 ± 11.2 years), collected during elective repair, (c) BAV without dilatation, termed BA (n = 17, mean age: 55.8 ± 9.8 years), representing the six BAV samples provided by the Heart Valve Bank Rotterdam and a group of patients who underwent elective stentless root replacement - our preferred technique - while they had no ascending aortic pathology and (d) BAV with dilatation, termed BAD (n = 19, mean age: 60.7 ± 7.8 years). A small subgroup of BAD (n = 5, mean age: 52.6 ± 7.9 years, BAD2 group) were selectively studied for differences in the protein expression patterns of the aortic wall between the convex and concave site, obtained during elective repair. We excluded patients with a proven genetic disorder identified by genetic tests (e.g. Marfan's disease, familial thoracic aortic aneurysm and dissection). Characteristics of enrolled patients are presented in Table 1. All patients in BAV undergoing surgery had a stenotic valve with either mild or no regurgitation. The patients thus had comparable valve pathology. We also investigated the orientation of the conjoined cusps in BAVs: the raphe was noted either between the right to non-coronary (RCC/NCC), right to left coronary (RCC/LCC) and left to non-coronary (LCC/NCC) cusp or was defined as unicuspid, with fusion at two commissure sites. Following excision, all specimens were fixed in formalin for 24 h, decalcified in Kristensen's solution (a formic acid-formate buffer) for 120h and subsequently embedded in paraffin. Transverse sections (5 μ m) were mounted on precoated Starfrost

slides (Klinipath B.V., 3057-1, Duiven, The Netherlands) comparing different stainings on consecutive sections.

Immunohistochemistry

In this article, we focused on the expression of proteins known to be involved in vascular remodeling (transforming growth factor (TGF)- β , phosphorylated Smad2 (pSmad2) and matrix metalloproteinase 9 (MMP9) and cellular differentiation (alpha smooth muscle actin (α SMA) and c-Kit (3, 9)) and possible haemodynamic influences on the convex and concave area of the dilated BAV aortic wall (endothelial nitric oxide (eNOS)). For immunohistochemical staining, sections were deparaffinated and rehydrated before antigen retrieval in citrate buffer (microwave, 92-98°C, 12 min). Inhibition of endogenous peroxidase was performed with 0.03% H₂O₂ in phosphate buffered saline (PBS) (20 min). Non-specific staining was reduced by blocking with PBS-Tween-20 (PBS-T) with 1% bovine serum albumin (1% BSA, Sigma-Aldrich, USA). Subsequently, the slides were incubated overnight at room temperature (20°C) with diluted primary antibodies against: eNOS 1/100 (Thermo Scientific, PA1037), MMP9 1/100 (MCA2736), panTGF- β 1/1000 (MO-C40009E), pSmad2 1/250 (Cell Signaling, 3108), fibulin-1 1/100 (Santa Cruz, sc-20818), c-Kit 1/100 (DAKO, A4502) and phosphorylated c-Kit (pc-Kit) 1/100 (Abcam ab62154). All primary antibodies were dissolved in PBS-T with 1% BSA. Control staining was performed using PBS-T and 1% BSA as the primary step. Between subsequent incubation steps, all slides were rinsed with PBS (2 \times) and PBS-T (1 \times). The slides were incubated with secondary antibodies (45 min): for eNOS, c-Kit and pc-Kit with goat anti-rabbit biotin 1/200 (Vector Laboratories, USA, BA-1000) and goat serum 1/66 (Vector Laboratories, USA, S1000) in PBS-T; for MMP9, panTGF- β and pSmad2 with horse anti-mouse biotin 1/200 (Santa Cruz Biotechnology, Inc., CA, USA, SC-9996-FITC) in horse serum 1/66 (Brunschwig Chemie, Switzerland, S-2000) in PBS-T. Subsequently, slides were incubated with ABC reagent (Vector Laboratories, USA, PK 6100) (45 min). The slides were incubated with 400 μ g/ml 3-3'-di-aminobenzidin tetrachloride (DAB, Sigma-Aldrich Chemie, USA, D5637) dissolved in Tris-maleate buffer (pH7.6) to which 20 μ l of 30% H₂O₂ was added (10 min). Counterstaining was performed with 0.1% hematoxylin (Merck, Darmstadt, Germany) (5 s), followed by rinsing with tap water (10 min). Finally, slides were dehydrated and mounted with Entellan (Merck, Darmstadt, Germany). To differentiate

Table 1 *Clinical characteristics of all patients*

Characteristic	TA	TAD	BA	BAD	BAD2
	N=11	N=12	N=17	N=19	N=5
Age (years)	64.5 ± 9.0	72.3 ± 11.2	55.8 ± 9.8	60.7 ± 7.8	52.6 ± 7.9
Males (%)	6	4	12	16	2
Females (%)	5	8	5	3	3
Ascending aorta diameter (mean)	*	55.0 ± 10.7	36.5 ± 7.4**	52.7 ± 6.2	56.2 ± 10.5

Patient characteristics are shown in table 1. TA: tricuspid valve, without dilation; TAD: tricuspid valve, with dilation; BA: bicuspid valve, without dilation; BAD: bicuspid valve, with dilation. * data unavailable, clinically defined as non-dilated by pathologist. ** data unavailable for 5 patients, clinically defined as non-dilated by pathologist.

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c-Kit positive cells from mast cells expressing c-Kit, deparaffinated sections were stained with 0.1% toluidine blue (2 min), rinsed in distilled water, quickly dehydrated and cover-slipped. Toluidine blue staining excluded the possibility that the observed cells were mast cells, which appeared as metachromatic reaction granules containing heparin or histamine. The mast cells had a unique morphological appearance, and were rare among the c-Kit positive cells lining the adventitial–medial border.

Double immunofluorescence

To detect co-expression, we performed double immunofluorescent stainings. Sections were deparaffinated, rehydrated and subjected to antigen retrieval as described. Tissue sections were incubated with primary antibodies pc-Kit 1/100 and HIF1 α 1/50 overnight (4°C), followed by incubation with secondary antibody Cy3 donkey anti-mouse immunoglobulin G (IgG) (Jackson Immunoresearch, 715-165-150) for HIF1 α and Alexa Fluor 647 donkey anti-rabbit IgG (Invitrogen, A-31573) for pc-Kit (1 h, 20°C). Cy3 and Alexa Fluor 647 were preferred secondary antibodies, because of green autofluorescence of the elastic lamellae. Nuclei were visualized with 4',6-diamidino-2-phenylindole (DAPI, Sigma-Aldrich). Finally, slides were mounted with ProlonGold (Invitrogen, P36930).

Histological parameters, immunohistochemical analyses and morphometry

To provide a basis for histopathological characteristics, we followed the techniques as previously described in our study on the differentiation differences between the aortic wall of BAV and TAV patients (6). In addition, cytoplasmic expression levels of MMP9 and c-Kit, nuclear expression of pSmad2, pc-Kit and HIF1 α , cytoplasmic and extracellular expression of TGF- β , and cytoplasmic and nuclear expression of eNOS were analyzed using a BM500 microscope with plan achromatic objectives (Leica Microsystems, Wetzlar, Germany) on three predetermined locations (left, middle and right) of every section, which we refer to as 'microscopic fields' (MFs), and preserved in the evaluation of all stainings. In each MF, the level of expression was indexed on the three anatomical layers of the aortic wall (tunica intima, media and adventitia) as 0 (no expression in the respective layer), 2 (expression in less than one-third of the layer), 4 (expression in two-thirds of the layer) and 6 (expression in the whole layer). To determine the level of eNOS expression, the number of positively stained nuclei and cytoplasm was counted and analyzed using ImageJ in the three fields for each stained section. A threshold was applied to filter background noise. The total number of cells (positively and negatively stained nuclei and cytoplasm) was not different between specimens. Therefore, in each MF the number of eNOS-positive cells was normalized to the total number of cells per 10⁵ μ m². Finally, the number of normalized positive cells for each staining was averaged between the three MFs. All specimens were re-evaluated by an independent, experienced histopathologist who was blinded to the clinical data.

Statistical analyses

All numerical data are presented as mean \pm standard deviation of 3 fixed MFs on each stained slide. Statistical differences were evaluated with the Mann-Whitney U-test for comparison between the groups. Significance was assumed when $P < 0.05$ using the SPSS 20.0 software program (SPSS, Inc., Chicago, IL, USA). We have performed a one-, two- and three-way analysis of covariance test to correct for age and gender. The Graphpad software was used to create graphics of statistical analysis.

RESULTS

Histological observations

The normal aortic wall is made up of three layers, the tunica intima, media and adventitia (Fig. 1A, B, F and G). The internal elastic membrane forms a border separating the fine elastic fibers in the tunica intima and lamellae in the tunica media, which are more regular and thick. The sometimes ill-defined border between the media and adventitia is delineated by the last elastic lamella of the media.

The adventitia consists of loose fibrous tissue containing nerve fibers, fibroblasts, adipocytes, a few quiescent resident inflammatory cells and vasa vasorum, lined by endothelial cells and vascular smooth muscle cells (VSMCs). Characteristics of the differences in histopathology between the TAV and BAV groups which we recently reported (6) are summarized in Fig. 1A, B, F, G, K–M.

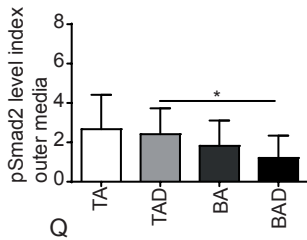
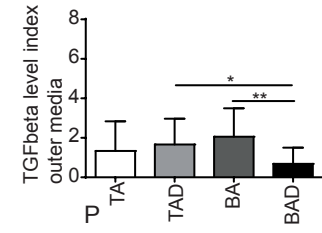
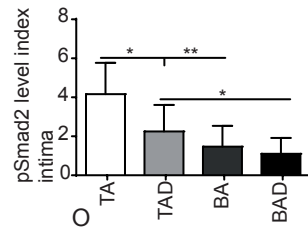
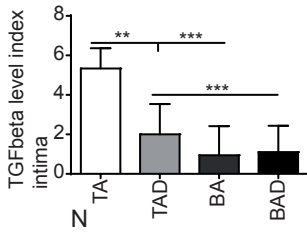
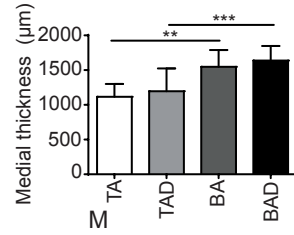
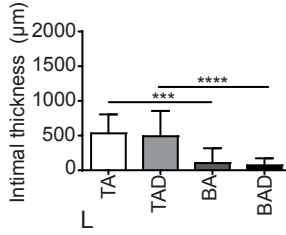
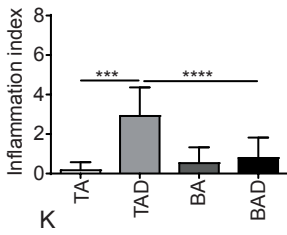
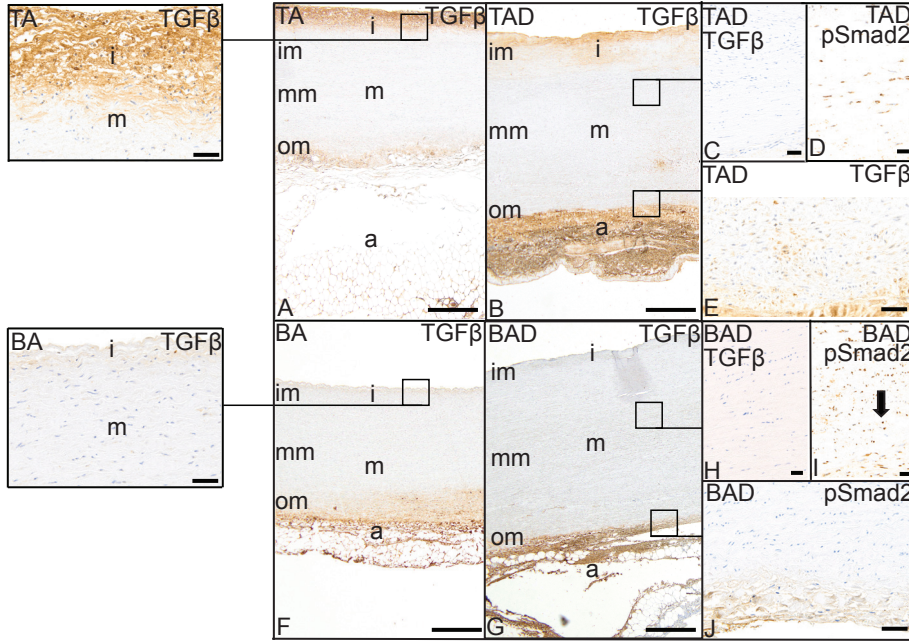
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Transforming growth factor- β , pSmad2 and endothelial nitric oxide

We examined two components of the TGF- β pathway, TGF- β and pSmad2, involved in vascular remodeling. TGF- β expression spread out from the intima to the inner media (Fig. 1A and B). Intimal expression was significantly lower in all specimens of the BAV (BA and BAD) when compared with all TAV groups (TA and TAD) ($P = 0.0058$ and $P = 0.0076$, respectively) (Fig. 1A, B, F, G and N). The middle media was completely devoid of TGF- β expression in both groups, but in the outer media, on the adjacent adventitial side, expression was visible as a gradient (Fig. 1A, B, E–G). In the outer media

Figure 1 *Transverse histological sections of the aortic wall (A–J), consisting of an intima (i), media (m), further subdivided in an inner (im), middle (mm) and outer media (om), and adventitia (a).*

The significantly thinner intima in BA and BAD (L) is devoid of TGF- β (F (with a detailed view of the intima),G) and pSmad2 expression compared to TA and TAD (A,B) (N,O). In the outer media TGF- β and pSmad2 level of expression is significantly higher in TAD compared to BAD (P,Q), TGF- β expression shown in B and G with a detailed view of TGF- β in E and of pSmad2 in J. No TGF- β expression is seen in the middle media of either group (A–C, F–H), whereas pSmad2 expression is present (D,I see arrow). In the significantly thicker media in TAD (M) significantly more severe inflammatory reaction is seen than BAD (K). TGF- β : Transforming Growth Factor- β , pSmad2: phosphorylated Smad2, TA: tricuspid valve without dilation, TAD: tricuspid valve with dilation, BA: bicuspid valve without dilatation, BAD: bicuspid valve with dilation. Scale bars: A,B,F,G 500 μm ; E,J 100 μm ; C,D,H,I 50 μm



TGF- β expression was significantly lower in the BAD when compared with TAD and BA groups ($P = 0.026$ and $P = 0.0035$, respectively) (Fig. 1B, E–G, J and P).

The expression of the downstream mediator of the TGF- β signaling pathway, pSmad2, was in general comparable with its ligand TGF- β . pSmad2 expression was seen in the intima, and significantly lower expressed in all BAV when compared with all TAV groups ($P = 0.0020$ and $P = 0.0179$) (Fig. 1O). Expression of pSmad2 in the outer media was lower in the BAD compared with the TAD group ($P = 0.012$) (Fig. 1J and Q). Unlike TGF- β , which was only seen in a gradient in the inner and outer media, pSmad2 was observed in the complete media, including the middle media (Fig. 1C, D, H and I).

Pathological changes in the aortic wall during dilatation might be linked to haemodynamic changes, probably mainly acting on the endothelial cell layer, although no difference in endothelial eNOS localization was noted between the groups. A subset of VSMCs in the media, however, stained positive for eNOS (Fig. 2A and B). This media expression of eNOS was significantly less in all BAV (BA, BAD) when compared with TAV (TA, TAD) specimens ($P = 0.023$ and $P = 0.035$, respectively) (Fig. 2C). As shear stress plays an important role in the regulation of TGF- β and eNOS expression (10), we investigated whether TGF- β and eNOS levels were different between concave, with an increased turbulence of blood flow, and convex bicuspid aortic wall biopsies of the BAD group. No difference in expression was found between these two locations.

Vascular smooth muscle cells expression of c-Kit

To further elucidate the pathological changes in the aortic wall, we stained the sections for c-Kit (Fig. 2D and E), while c-Kit is well known as a stem cell marker. We observed staining solely in the cytoplasm of a subset of VSMCs in the media and no expression in the intima. The level of expression was significantly higher in the BA group when compared with the TA ($P = 0.0024$, (Fig. 2F), which was inverted in the dilated aortic walls where there was a significantly lower expression in the BAD compared with the BA group ($P = 0.028$); whereas in the TAD compared with the TA group ($P = 0.021$) (Fig. 2F), a significant higher level was noted. Toluidine blue staining of consecutive sections excluded the possibility that the observed cells were mast cells. As we recently described that the aortic wall in all patients with BAV is less well

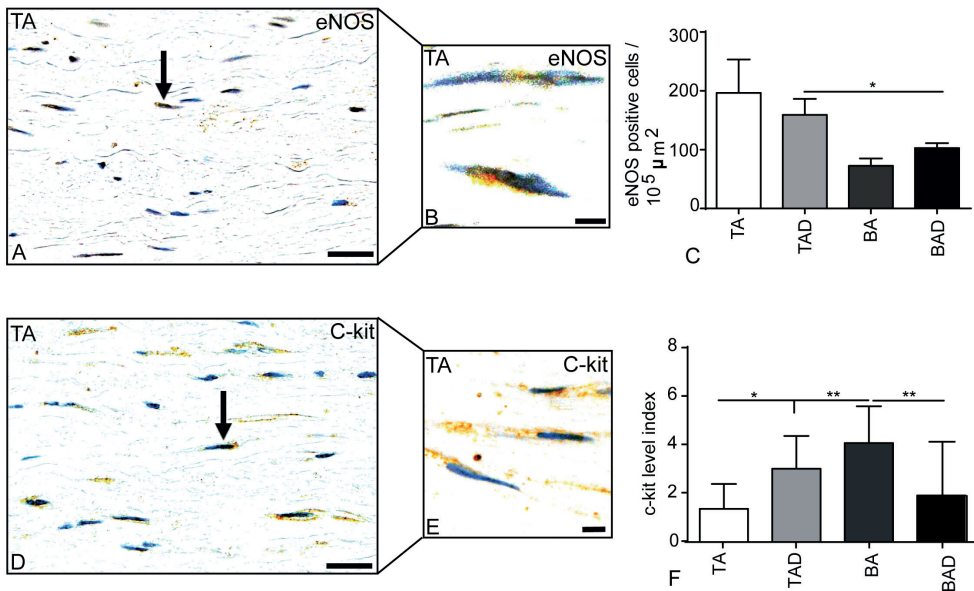


Figure 2 Transverse histological section of the aortic wall (A,D) with details (B,E). eNOS positivity, defined as brown colored DAB staining, in a subset of vascular smooth muscle cells in the media is shown in A (arrow) and B. Level of expression of eNOS was significantly lower in the dilated aortic wall of patients with a bicuspid valve (BAD) compared to the tricuspid valve (TAD) (C). C-Kit level expression (2D see arrow, E) is significantly lower in the non-dilated aortic wall of patients with a tricuspid aortic valve, TA, compared to bicuspid aortic valve, BA (F). Lowering of c-Kit level of expression is seen after dilation in bicuspid aortic valve (BAD) compared to BA, whereas an increase in the dilated aortic wall of patients with a tricuspid aortic valve (TAD) is seen as compared to TA (F). Scale bar A,D: 50 μm B,E 10 μm

differentiated compared with the TAV (6) and c-Kit was highly present in the less differentiated vascular wall when compared with the mature walls, we conclude that the c-Kit expressing cells are not stem cells but dedifferentiated VSMCs (9).

Bicuspid valve without dilatation variability and vascular wall remodeling

While analysing the expression of TGF- β and pSmad2 in the outer media of the BAD group (Fig. 3C and G), we found a striking segregation of the expression level pattern within the BA group. Eight (coded as the BAa group) of the total 17 specimens consistently showed significantly different expression patterns when compared with the BAD group (Fig. 3A and E), whereas the remaining 9 (BAb) completely resembled the BAD group (Fig.

3B and F) with a lower expression of both markers (Fig. 3D and H). This was not only obvious for TGF- β and pSmad2 expression but was noted for other markers expressed in the media. c-Kit expression in the media was also significantly higher in the BAa when compared with the BAD and BAb groups (Fig. 3I–L), whereas eNOS expression was almost absent in the media of the BAa when compared with the BAD and BAb groups (Fig. 3M–P). This variance in the BA group was not seen in the intima.

To further analyse whether the differences found between the BAa and BAb groups could be associated with differences in vascular wall remodeling, we analysed the expression of α SMA and MMP9. While α SMA expression was significantly lower in both dilated and non-dilated BAVs when compared with all TAVs ($P = 0.015$ and $P = 0.044$, respectively) (6), its expression pattern was not variable within the BA group. This is in contrast to the expression of MMP9, for which the two BA subgroups could be distinguished. The BAa group showed almost absent expression of MMP9, whereas significant expression was seen in the BAD, comparable with the BAb group (Fig. 3Q–T). Hollenbeck et al. (9) have shown that MMP9 regulates the phosphorylation of c-Kit, by releasing its ligand stem cell factor from the cell membrane, and therefore can also be considered as a marker for differentiation. Pc-Kit in turn controls expression of HIF1 α . As the MMP9 level was significantly lower and c-Kit expression significantly higher in BAa (Fig. 3L and T), we eliminated a potential difference in pathobiology between the BAa and BAb groups by studying the expression of pc-Kit and HIF1 α in specimens from the BA and BAD groups. Expression of pc-Kit was seen in the nucleus (Fig. 4A, D and G) of a subset of VSMCs, while HIF1 α was expressed at the cell membrane (Fig. 4B, E and H). Pc-Kit and HIF1 α expression was abundantly present in the aortic media of patients with BAb and BAD (Fig. 4D–I). The BAa group, with the almost absent MMP9 expression, was nearly devoid of pc-Kit and HIF1 α expression (Fig. 4A–C). Interestingly, HIF1 α was only found coexpressed with pc-Kit in the BAb and BAD groups (Fig. 4A–I). In this cascade, however, the link of TGF- β with MMP9 could not be confirmed. The expression patterns of the discussed markers in the BAa, Bab and BAD groups are summarized in Fig. 4J.

Commissure position in bicuspid aortic valve

It has been reported that the commissure position is a predictor for future aortopathy (7). Provided that the presented similarities between the BAb

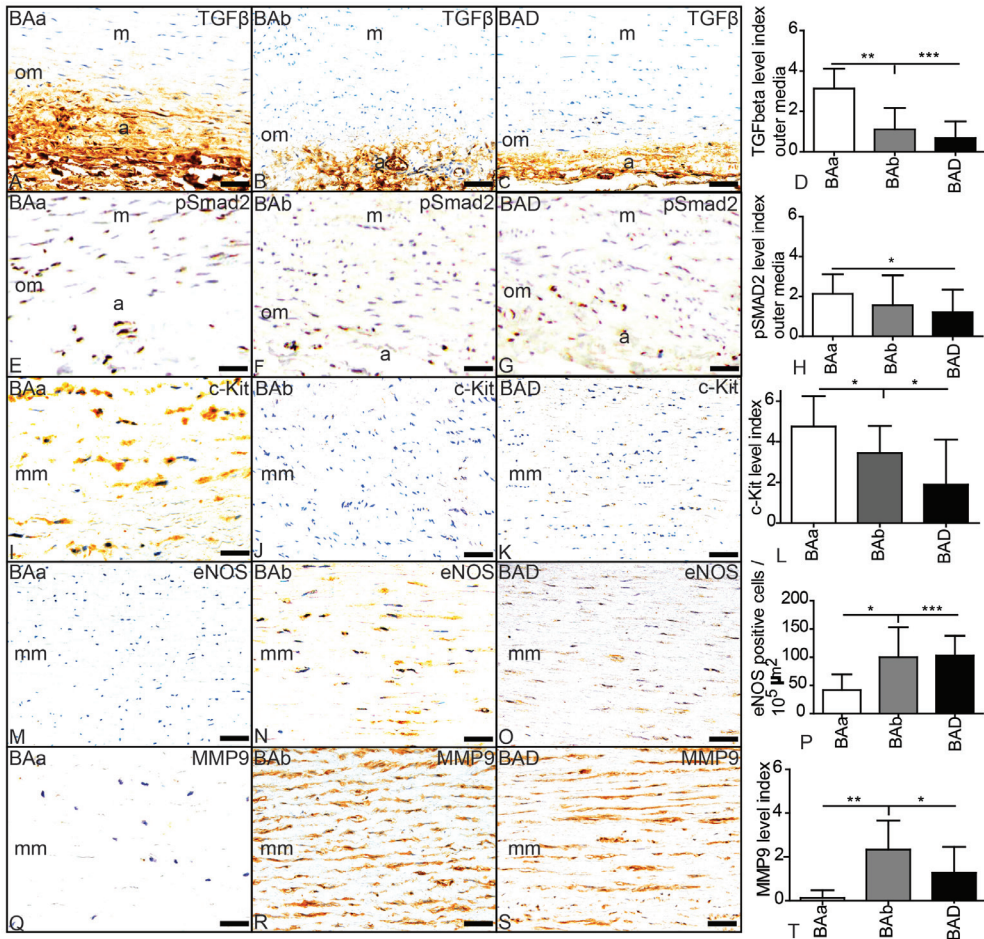


Figure 3 Subdivision of the group patients with a bicuspid aortic valve, without dilation (BA) in a BAa and BAb group.

Between the BAa, BAb and patients with a bicuspid aortic valve and dilated aorta (BAD) groups the stainings and level of expression of Transforming Growth Factor-β (TGF-β) (A-D) and phosphorylated Smad2 (pSmad2) (E-H) in the outer media (om), further c-Kit (I-L), endothelial nitric oxide (eNOS) (M-P) and matrix metalloproteinase-9 (MMP9) (Q-T) in the middle media (mm) were compared. TGF-β, pSmad2, c-Kit expression was significantly higher in the BAa group as compared the BAD group. eNOS and MMP9 expression was significantly lower in the BAa than the BAD group. The Bab group showed marked similarity with the BAD for all markers. Whereas he BAb group was significantly different from BAa for all, except for pSMAD2 (E). a: adventitia m: media Scale bar: 50 μm

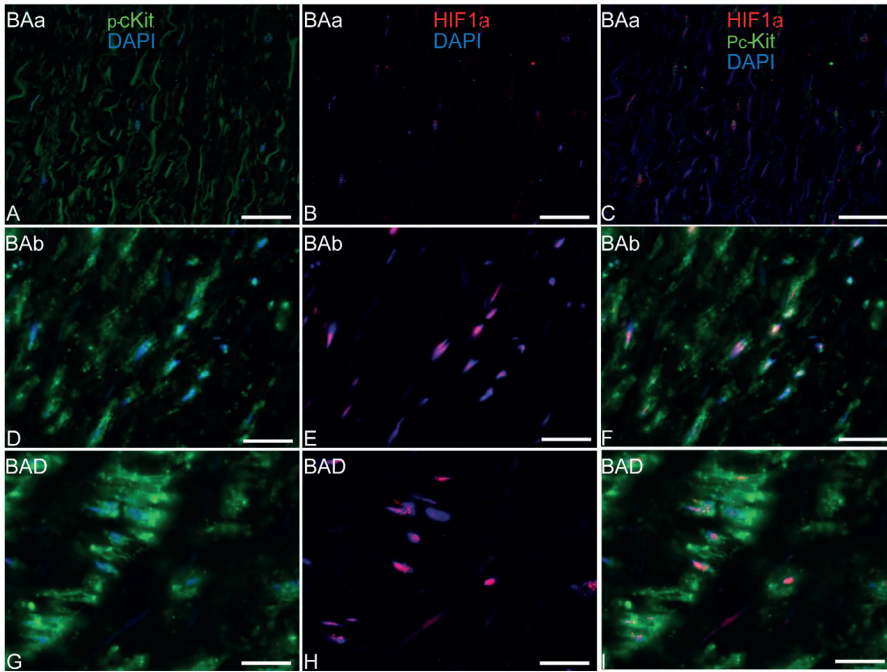
and the BAD group are valid, we expect that the commissure position would match between the two groups. Therefore, we assessed the commissure position in the BAa, BAb and the BAD groups. In the BAD group, of 4 patients the orientation was unknown and the remainder (n = 15) had an RCC/LCC-type BAV. Although the groups are too small to obtain significant data, the RCC/NCC was most apparent in the BAa, while the RCC/LCC was most present in the BAb group, similar to the BAD group (Table 2 and Fig. 5).

DISCUSSION

5 In this study, we found two distinct expression patterns in patients with BAV without apparent dilatation. One pattern is completely comparable with the expression pattern seen in BAV patients with aortic dilatation, suggestive of a different state of vulnerability. To date, decision-making for preventive aortic root replacement in patients with BAV is solely based at the population level on the aortic diameter. However, although thoracic aortic dilatation forms the most critical complication, not all BAV patients are at risk for dissection and rupture. Additional criteria are needed to identify patients at risk as early as possible. Earlier, clinical parameters, such as the morphological appearance of the commissure position of BAV, have been considered (8, 11); however, these tools are not conclusive. Therefore we searched for additional morphological features of the aortic wall, suggestive of vulnerability for future complications, which could either alone or in combination with the commissure position be applied as a patient-tailored risk stratification.

When analysing the aortic wall histologically, we could not substantiate the observation made by many thoracic surgeons of a thinner aortic wall in BAV. Although this is a striking discrepancy with the clinical findings, other studies also reported that the total wall thickness, excluding the adventitia, is not different between BAV and TAV groups (12). The difference in the ratio between the intimal and medial thickness might therefore have been interpreted as difference in the wall thickness.

We previously confirmed that inflammation was much more pronounced in the dilated TAV groups than in any other group (6). We also showed that the aortic wall in BAV patients is intrinsically different from those in TAV patients, as in TAV inflammation and accelerated ageing led to aortic pathology (6). In all cases with BAV, in both the dilated and non-dilated groups, there is a



	BAa	BAb	BAD
TGβ	+++	+/-	+/-
pSmad2	++	+	+
c-Kit	+++	+	+
eNOS	-	++	++
MMP9	-	+	+
pc-Kit	-	++	++
Hif1α	-	++	++

Figure 4 Transverse histologic sections of the aortic wall (A-I).

Immunofluorescent staining of pc-Kit (green), HIF1α (red) and DAPI (blue) is shown in the BAa (A-C), BAb (D-F) and BAD (G-I) groups. Expression of pc-Kit was seen in the nucleus (A,D,G) of a subset of VSMCs and HIF1α was expressed in the cellular membrane (B,E,H). Pc-Kit and HIF1α is richly expressed in the BAb and BAD group as compared to the BAa group which was nearly devoid of pc-Kit and HIF1α expression (C,F,I). VSMCs of only stained positive for HIF1α co-expressed with pc-Kit (A-I). The expression patterns of the discussed markers in the BAa, BAb and BAD group are shown in J. Expression patterns of TGFβ, pSmad2, c-Kit, eNOS, MMP9, pc-Kit and HIF1α in BAb and BAD resembled each other whereas BAa was significantly different. Scalebar: 25 μm

maturation defect of the aortic wall, showing less well-differentiated VSMCs and a low lamin A/C and progerin expression (6). As the inflammatory status and the intima/medial thickness ratio are similar in all BAVs, these factors could not serve as a marker to identify the subset of BAV patients susceptible to future aortopathy. We, therefore, then focused on differences in the expression of markers/proteins involved in vascular remodeling (TGF- β , phosphorylated Smad2, MMP9), cellular differentiation (c-Kit (9), phosphorylated-c-Kit, MMP9, HIF1 α) and eNOS as a marker of possible haemodynamic influences. We could distinguish a marked variability in the expression pattern of the above-indicated set of differentiation markers within the non-dilated BAV group. We see a comparable expression pattern in the BAD and BAb subgroups, different from that in the BAa group. We, therefore, postulate that the BAb is susceptible to dilatation, while the BAa group is non-susceptible to aortopathy. We hypothesize that the enhanced expression of the dedifferentiation markers and eNOS induces a cascade that will lead to a less stable aortic wall which is accompanied by a decrease in the expression of TGF β and pSmad2 correlating with (future) aortic wall dilatation. The precise mechanism causing the decrease in expression of the vascular remodeling markers in the BAb and BAD groups is not yet

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Table 2 Commissure position in BA

Commissure position	BA susceptible N=9	BA non-susceptible N=8
Unicuspid (n) (%)		1 (13%)
RCC/LCC (n) (%)	6 (67%)	2 (25%)
RCC/NCC (n) (%)		4 (50%)
LCC/NCC (n) (%)	1 (11%)	
Unknown (n) (%)	2 (22%)	1 (13%)

Commissure position in subdivided groups with bicuspid aortic valve, without dilation: BA-susceptible and BA-non-susceptible. RCC/LCC right to left coronary cusp fusion. RCC/NCC right to non-coronary cusp fusion. LCC/NCC left to non-coronary cusp fusion.

identified, and is a focus for future research. Further study also is necessary to determine the developmental and environmental factors that initiate the cascade and thus the distinction in a susceptible and non-susceptible group. The findings and hypothesis are summarized in Fig. 5.

Finally, we considered the morphological appearance of the commissure position as a determinant of susceptibility, since commissure position, which can clinically be analysed echocardiographically, is reported to be important in predicting future aortopathy (8, 11). Previously, several studies reported that BAVs with an RCC/LCC BAV, which is the most common variant, are

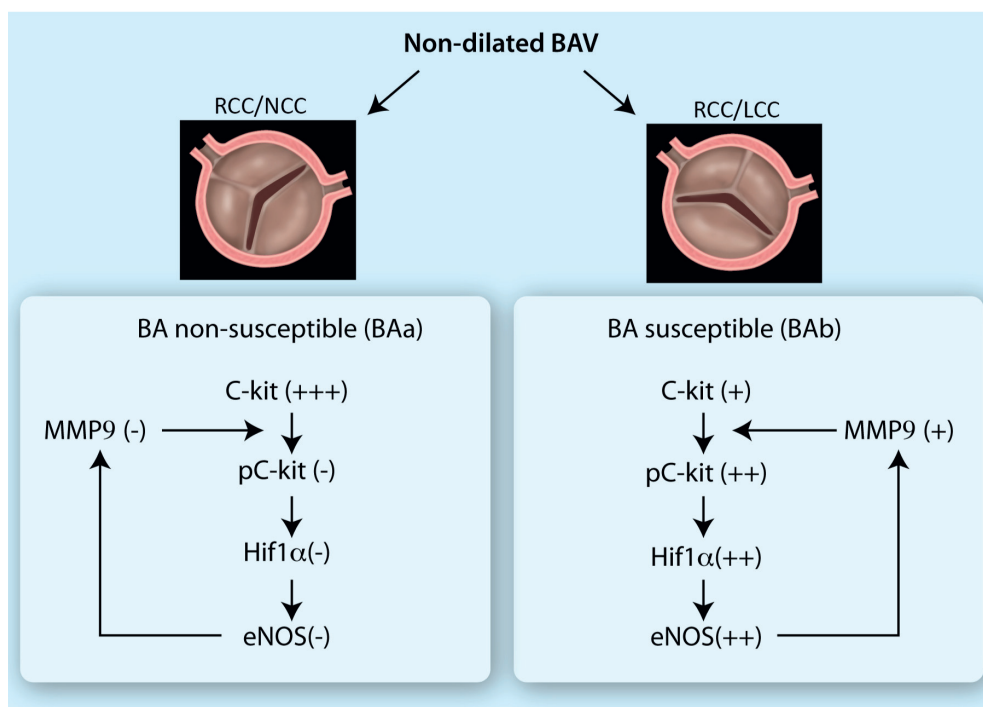


Figure 5 The observed differences in expression of molecular biological markers are presented in a cascade.

The non-susceptible group (BAa) showed significant higher expression of c-Kit as compared to the susceptible group (BAb). MMP9, scarcely expressed in the non-susceptible group and abundantly in the susceptible, is involved in the phosphorylation of c-Kit. Lower expression of c-Kit in the susceptible group as shown in the cascade, could therefore be the result of its conversion to pc-Kit. Besides pc-Kit, HIF1 α was richly expressed in the susceptible group, in contrast to the non-susceptible. HIF1 α was only found co-expressed with pc-Kit. eNOS, regulated by HIF1 α , showed a similar expression pattern of low expression in the non-susceptible and significantly higher expression in the susceptible group.

associated with more aortic dilatation in adults, whereas BAVs with fusion of the RCC/NCC are responsible for valve dysfunction at a younger age (13–18). Although the groups were small in our study, the orientation of the commissure and position of the raphe was in line with previous findings: RCC/NCC was most apparent in the BAa (the considered non-susceptible group), while the RCC/LCC was seen more often in the BAb group (the considered susceptible group) and in BAD patients (Table 2). Recent preclinical studies showed that RCC/NCC and RCC/LCC likely have a different pathogenesis (19, 20). RCC/NCC BAVs are observed in eNOS $-/-$ mouse embryos (19, 21, 22), which is comparable with our BAa-non-susceptible group, as this group also shows almost absent expression of eNOS and has the RCC/NCC BAV type as the most common variant. Although more research is needed, we suggest that identifying patients with an RCC/LCC commissure type could be the first step in selecting patients for a preventive aortic root replacement; however, as some variation in commissure position is apparent, patient selection could not solely be based on valve morphology. The proposed activation cascade should also be taken into account and the combination is a possible protocol for decisionmaking. To choose the best markers for clinical applications, we first need to question whether decision-making for aortic replacement surgery will be possible before or only during surgery, as this influences the choice of markers. The clearest difference in expression level between the susceptible and non-susceptible BA group was seen for MMP9, phosphorylated c-Kit and Hif1 α , and these would be most appropriate to serve as clinical biomarkers. Analysis of these markers would be relatively easy to perform using a quick histological frozen section during surgery. A disadvantage is that a biopsy from the aortic wall is only possible after the patient is on extracorporeal circulation and the aorta is clamped. Immunohistochemical analyses are time consuming and increases the time the patient is on bypass. Preoperative decision making would be preferable, and we will therefore be concentrating in future studies on factors detectable in blood. Not only will the decision be formed preoperatively, a blood test is also less invasive. Therefore, we will explore if any of the markers identified in this study can be measured, is sensitive enough to distinguish the susceptible patients and specific enough to recognize patients without expression and thus being non-susceptible.

STUDY LIMITATIONS

We designed our study by comparing the expression of a panel of markers distinguishing cases of non-dilated aorta of BAV with BAV that will progress to dilatation over time. A limitation of our study is that we did not have frozen tissue samples of all the aortic wall specimens we received fixed in formalin from the various groups. Therefore, we could not perform a western blot to correlate this to our findings of immunohistochemistry. To secure greater confidence in the obtained results, an animal model that recapitulates the c-Kit phosphorylation and downstream HIF1 α biology, using knock-down or c-Kit inhibition strategies is needed.

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