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Neural mechanisms underlying the induction and relief of perceptual curiosity

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Curiosity is one of the most basic biological drives in both animals and humans, and has been identified as a key motive for learning and discovery. Despite the importance of curiosity and related behaviors, the topic has been largely neglected in human neuroscience; hence little is known about the neurobiological mechanisms underlying curiosity. We used functional magnetic resonance imaging (fMRI) to investigate what happens in our brain during the induction and subsequent relief of perceptual curiosity. Our core findings were that (1) the induction of perceptual curiosity, through the presentation of ambiguous visual input, activated the anterior insula and anterior cingulate cortex (ACC), brain regions sensitive to conflict and arousal; (2) the relief of perceptual curiosity, through visual disambiguation, activated regions of the striatum that have been related to reward processing; and (3) the relief of perceptual curiosity was associated with hippocampal activation and enhanced incidental memory. These findings provide the first demonstration of the neural basis of human perceptual curiosity. Our results provide neurobiological support for a classic psychological theory of curiosity, which holds that curiosity is an aversive condition of increased arousal whose termination is rewarding and facilitates memory.

Keywords: curiosity, fMRI, arousal, memory, reward processing

INTRODUCTION

Curiosity is a basic biological drive in both animals and humans, and has been identified as a key motive for learning and discovery. In the 1950s and 1960s, curiosity and related behaviors were topics of intense investigation among experimental psychologists, resulting in an extensive theoretical framework for understanding curiosity and related behaviors (e.g., Berlyne, 1954, 1960, 1966; Loewenstein, 1994). However, despite the importance of curiosity in many aspects of behavior, little is known about the neurobiological mechanisms underlying curiosity. In the present study, we used functional magnetic resonance imaging (fMRI) to test specific predictions of a classic psychological theory of curiosity, developed by Berlyne (1954). According to this theory, curiosity evoked by ambiguous, complex, or conflicting stimuli is an aversive condition associated with increased levels of arousal. The theory further holds that termination of this condition, through access to relevant information, is rewarding and promotes learning.

We focused on perceptual curiosity, the most basic type of curiosity that is found in animals as well as humans. One way to induce perceptual curiosity is to present subjects with blurred pictures. An early study using this method showed that blurred pictures evoked longer EEG desynchronization (alpha-wave blocking) than clear pictures, but only when the identity of the blurred pictures was unknown, which provides preliminary

evidence that perceptual curiosity causes an increase in arousal (Berlyne and Borsa, 1968). Another experiment showed that participants actively preferred to view the clear version of a preceding blurred picture over viewing an unrelated clear picture (Nicki, 1970). Importantly, the preference for uncertainty reduction disappeared when participants knew the identity of the blurred picture. These findings are consistent with the idea that the reduction of perceptual curiosity is rewarding.

We used a modified version of the blurred pictures paradigm to investigate the neural underpinnings of both the induction and the subsequent relief of human perceptual curiosity. More specifically, we examined whether we could find support at the neural level for the main assumptions of Berlyne's theory. First, the assumption that curiosity is an aversive condition of increased arousal predicts that the induction of curiosity will produce activation in brain areas sensitive to autonomic arousal, conflict and other aversive states. The two brain regions that are typically activated by a broad range of aversive conditions (including pain, uncertainty, errors and disgust) are the anterior cingulate cortex (ACC; Ridderinkhof et al., 2004; Shackman et al., 2011) and the anterior insular cortex (AIC; Peyron et al., 2000; Singer et al., 2009); hence we predicted that perceptual curiosity would activate these regions. Second, the assumption that the reduction of curiosity is rewarding predicts that this will produce activation in brain regions involved in reward processing, such as the striatum.

Third, the assumption that the reduction of curiosity promotes learning and memory predicts that uncertainty-reducing stimuli will be associated with enhanced memory performance and increased hippocampal activation.

MATERIALS AND METHODS

PARTICIPANTS

Nineteen healthy volunteers participated (14 women and five men; aged 19–29 years; mean age = 22.8 years; SD = 2.4), in return for €25. All participants gave written consent before participation, and the study was approved by the medical ethics committee of the Leiden University Medical Center. All participants had normal or corrected-to-normal vision and reported to be right-handed.

TASK DESIGN

Participants were scanned while they viewed sequences of two pictures of common objects, in a passive-viewing task. To manipulate the induction and reduction of perceptual uncertainty, we used the following four combinations of clear and blurred pictures (**Figure 1**):

1. A blurred picture followed by its corresponding clear picture (B–C_{corresponding})
2. A blurred picture followed by an unrelated clear picture (B–C_{unrelated})
3. A clear picture followed by its corresponding blurred picture (C–B)
4. A clear picture followed by an identical picture (C–C).

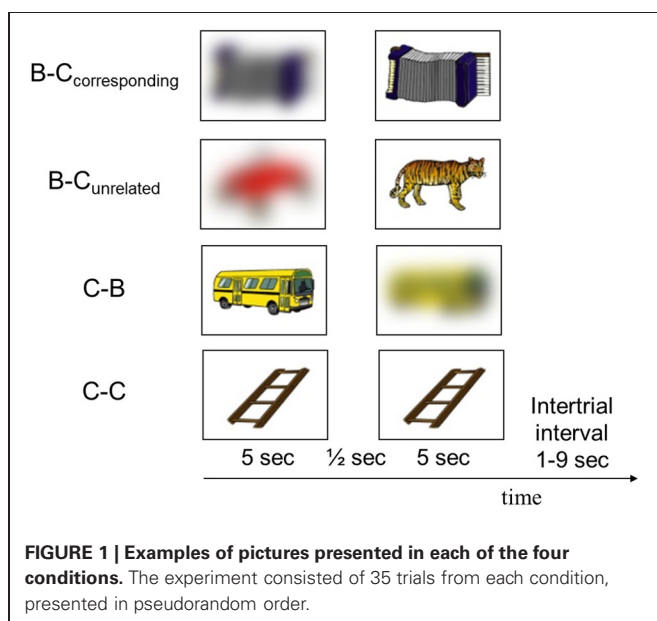
Entropy, an information-theoretic measure of uncertainty, increases with the number of possible outcomes and with the nearness in likelihood of the different possible outcomes (Shannon, 1948). Berlyne (1965, p. 246) proposed that someone's subjective uncertainty about a specific stimulus or event (e.g., the identity of an object or the solution to a problem) depends in a

similar way on the number of alternative hypotheses, and the relative confidence placed in each hypothesis. A previous behavioral study using the blurred pictures paradigm has shown that subjective uncertainty (derived from the number of guesses regarding the picture's identity and the relative confidence placed in each guess) was maximal for pictures with an intermediate degree of blur (Nicki, 1970). That study also showed that participants' preference to see the corresponding clear version of a blurred picture was larger for pictures with an intermediate degree of blur than for pictures with either a very low or a very high degree of blur. Based on these findings, we only used blurred pictures with an intermediate degree of blur (i.e., with maximal subjective uncertainty).

All pictures were selected from Rossion and Pourtois' colored picture databank (Rossion and Pourtois, 2004). This databank is a set of 260 colored line drawings of objects, provided with norms for name agreement, image agreement, familiarity, and complexity ratings. We selected 140 pictures with perfect name agreement from this databank. The pictures had a resolution of 71 dpi, and were centered on a white rectangle of 197 × 281 pixels. We created a blurred version of each picture by means of Gaussian smoothing with a radius of 20–22 pixels (Adobe Photoshop 5.0; all pictures can be found at www.sandernieuwenhuis.nl/SOM). By reducing the picture's high-frequency components, Gaussian smoothing acts as a low-pass filter. Results from a behavioral pilot experiment with 49 participants indicated that the objects displayed in the blurred pictures could not be identified by the majority of the participants.

On each trial, a sequence of two pictures was presented. The pictures were projected onto a screen and viewed through a mirror attached to the head coil of the scanner. Each picture was presented for 5 s in the middle of the screen on a white background, and was surrounded by a black frame (visual angle = 18.5 × 13.8°). The two pictures in a trial were separated by a 500 ms interval during which only the frame was presented. The intertrial interval varied between 1 and 9 s (uniform distribution). The experiment consisted of 35 trials from each of four conditions illustrated in **Figure 1**, presented in pseudorandom order. For the blurred pictures in the B–C_{unrelated} condition we used blurred versions of 35 additional pictures from Rossion and Pourtois' databank (i.e., pictures of which the clear version was not used). The 140 clear pictures were presented in the same order for all participants. To exclude the possibility that differences between the conditions were caused by picture-specific effects, we divided the 140 clear pictures into four subsets of 35 pictures with comparable familiarity, complexity and imagery ratings (all *ps* > 0.86) and alternated the coupling of the four picture subsets to the four conditions across participants according to a balanced Latin-square design.

The experiment was divided into five runs of 28 trials between which we stopped the scanner to verify that the participant was still attending to the pictures. Each run contained seven trials from each condition and lasted approximately 8 min. Participants were not aware of the aim of the study; we told participants that the experiment was designed to investigate the brain activation associated with the perceptual processing of clear and blurred pictures, and informed them of the four possible ways in which clear and blurred pictures could be combined.



After completing the experiment, participants were given an unexpected free-recall test outside the scanner; they were asked to type in the names of as many objects as they could recall from the pictures they had seen in the scanner. Subsequently, participants were asked to indicate, on a five-point scale (1 = not at all; 5 = very much), the degree to which they had (1) been curious about the blurred pictures; (2) tried to guess the identity of the objects depicted on the blurred pictures; (3) been disappointed when a blurred picture was not followed by the corresponding clear version; (4) recognized the objects depicted on the blurred pictures; and (5) tried to remember the pictures. Finally, participants completed the perceptual curiosity scale (Collins et al., 2004).

IMAGE ACQUISITION

Scanning was performed with a standard whole-head coil on a 3-T Philips Achieva MRI system (Best, The Netherlands). In each of the five functional runs, 210 T2*-weighted whole-brain EPIs were acquired (TR = 2.2 s; TE = 30 ms, flip angle = 80°, 38 axial slices, 2.75 × 2.75 × 2.75 mm + 10% interslice gap). In addition, a high-resolution EPI scan and a T1-weighted anatomical scan were obtained for registration purposes (EPI scan: TR = 2.2 ms; TE = 30 ms, flip angle = 80°, 84 axial slices, 1.96 × 1.96 × 2 mm; 3D T1-weighted scan: TR = 9.7 ms; TE = 4.6 ms, flip angle = 8°, 140 axial slices, 0.88 × 0.88 × 1.2 mm).

IMAGE ANALYSIS

MRI data analysis was carried out using FMRI Expert Analysis Tool (FEAT) version 5.98, which is part of FMRIB's Software Library (FSL; Smith et al., 2004). Image pre-processing consisted of motion correction (Jenkinson et al., 2002), non-brain removal (Smith, 2002), spatial smoothing using an 8 mm full-width at half-maximum (FWHM) Gaussian kernel, grand-mean intensity normalization of the entire 4D data set by a single multiplicative factor, and high-pass temporal filtering to remove low-frequency artifacts (Gaussian-weighted least-squares straight line fitting, with $\sigma = 100$ s). Functional scans were registered to high-resolution EPI images, which were registered to T1 images, which were registered to standard MNI space (Jenkinson and Smith, 2001; Jenkinson et al., 2002).

The fMRI time series were analyzed using an event-related approach in the context of a general linear model with local auto-correlation correction (Woolrich et al., 2001). We constructed six explanatory variables of interest: two for the first picture in a trial (Blurred or Clear), and four for the second picture in a trial (Clear-corresponding, Clear-unrelated, Clear-double, or Blurred). Each explanatory variable was time-locked to the picture onset and had a duration of 5 s (i.e., the entire duration of the picture presentation). The hemodynamic response to each event was estimated by convolving each explanatory variable with a canonical hemodynamic response function and its temporal derivative. The model was high-pass-filtered (Gaussian-weighted least-squares straight line fitting, $\sigma = 100$ s).

For each run, in each participant, we assessed several contrasts (see Results section). The contrasts were combined across the five runs on a subject-by-subject basis using fixed-effects analyses (Beckmann et al., 2003; Woolrich et al., 2004). These second-level

contrast images were submitted to third-level mixed-effects group analyses (Beckmann et al., 2003; Woolrich et al., 2004).

Region-of-interest analyses

We conducted region-of-interest (ROI) analyses to test the predicted AIC and ACC activation in response to the induction of perceptual uncertainty, and the predicted striatal and hippocampal activation in response to the relief of perceptual uncertainty. We used anatomical ROIs of the bilateral insular cortex, ACC (comprised of the anterior cingulate and paracingulate gyrus; Fornito et al., 2006), striatum (comprised of the caudate, putamen and nucleus accumbens), and hippocampus, as specified by the Harvard–Oxford subcortical structural atlas, and implemented in FSLView version 3.1.2. Only the voxels that were part of these areas with a probability of at least 50% were included in the ROIs. The statistical parametric images were thresholded using clusters determined by $Z > 2.3$ and a cluster-corrected significance threshold of $p < 0.05$ (Worsley, 2001). To further examine the hippocampal activation, we extracted the average time course of the hemodynamic response function in response to the second picture in each of the four conditions using PEATE (perl event-related average time course extraction), a companion tool to FSL (<http://www.jonaskaplan.com/peate/peate-tk.html>). Time courses were extracted from the hippocampal activation clusters of the curiosity-relief contrast (i.e., the regions with stronger activation in response to the second picture in the B–C_{corresponding} condition than in response to the second picture in the B–C_{unrelated} condition).

To examine whether individual differences in trait-perceptual curiosity and free-recall performance were predictive of individual differences in brain activation, we extracted each participant's peak z value from the activation clusters of interest. We correlated these peak z values with participants' scores on the perceptual curiosity questionnaire and with their free-recall performance. In addition, we computed the across-subject correlations between the peak z values of the different activation clusters of interest.

Disappointment median-split analysis

To examine whether participants' rated disappointment when the identity of a blurred object was not revealed predicted the strength of their ACC/AIC activation in response to perceptual uncertainty, we divided all participants into two groups based on their disappointment ratings: nine participants reported a strong disappointment (ratings of 4 or 5 on a five-point scale) and the other ten participants reported less disappointment (ratings of 2 or 3). We used a t -test to determine whether the high-disappointment group showed stronger ACC/AIC activation in response to perceptual uncertainty than the low-disappointment group.

Whole-brain analyses

In addition to the ROI analyses, we conducted exploratory whole-brain analyses to examine the activation of brain areas outside our ROIs in response to induction and/or relief of perceptual uncertainty. In these analyses, statistical parametric images for each contrast were thresholded at $p < 0.001$, with a minimum cluster size of 26 MNI voxels (208 mm³).

Table 1 | Participants' ratings of the degree to which they had been curious about the blurred pictures, recognized the blurred pictures, and had tried to remember the pictures (means \pm standard deviations).

I was curious about the blurred pictures	4.11 \pm 0.88
I tried to guess the identity of the objects depicted in the blurred pictures	4.53 \pm 0.70
I was disappointed when a blurred picture was not followed by its clear version	3.16 \pm 1.02
I recognized the objects depicted in the blurred pictures	2.79 \pm 0.92
I tried to remember the pictures	1.74 \pm 0.73

All ratings were on a scale from 1 (not at all) to 5 (very much).

RESULTS

We scanned 19 healthy participants while they viewed sequences of two pictures, in a passive-viewing task (**Figure 1**). Our task design resulted in the induction of perceptual uncertainty by the first picture on half of the trials (the B–C_{corresponding} and B–C_{unrelated} conditions), which was resolved by the second picture on half of these trials (the B–C_{corresponding} condition). Participants' ratings after the scanning session indicated that they had indeed been curious about the blurred pictures (**Table 1**).

FREE-RECALL PERFORMANCE

The number of pictures that participants recalled in an unexpected free-recall test after the scan session was significantly affected by the condition in which the pictures had been presented [$F(3,54) = 11.5$, $p < 0.001$]. Participants recalled more pictures

from the B–C_{corresponding} condition (mean = 10.4, SD = 4.8) than pictures from the B–C_{unrelated} (mean = 6.1, SD = 3.7), C–C (mean = 7.3, SD = 3.8) and C–B (mean = 8.0, SD = 4.4) conditions (all $ps < 0.03$). Thus, incidental memory for uncertainty-reducing stimuli was enhanced. In addition, participants recalled fewer pictures from the B–C_{unrelated} condition than from the C–C and C–B conditions ($ps < 0.04$). The number of pictures recalled from the C–C and C–B conditions did not differ ($p = 0.28$).

BRAIN ACTIVATION ASSOCIATED WITH PERCEPTUAL UNCERTAINTY

To examine the brain activation associated with perceptual uncertainty, we focused on the neural response to the first picture in each trial, and identified brain regions where activation was larger when the picture was blurred compared to clear. Our ROI analyses of the ACC and insular cortex revealed significant activation in the ACC (one cluster extending into both hemispheres) and the right AIC (**Figure 2**, upper panel; **Table 2**, upper part). Functional-connectivity studies have suggested that the AIC and AAC are part of a putative “salience network” (Seeley et al., 2007), which has been associated with autonomic arousal (Critchley, 2005) and various aversive emotional experiences (e.g., Craig et al., 1996; Ploghaus et al., 1999; Eisenberger et al., 2003).

The whole-brain analysis for this contrast also revealed activation in the bilateral AIC and ACC, as well as activation in regions of the inferior frontal gyrus, frontal pole, lingual gyrus, occipital pole and posterior cingulate gyrus (**Table 3**).

A whole-brain analysis (cluster-corrected, $p < 0.05$) of the opposite contrast, which identified brain regions that were more

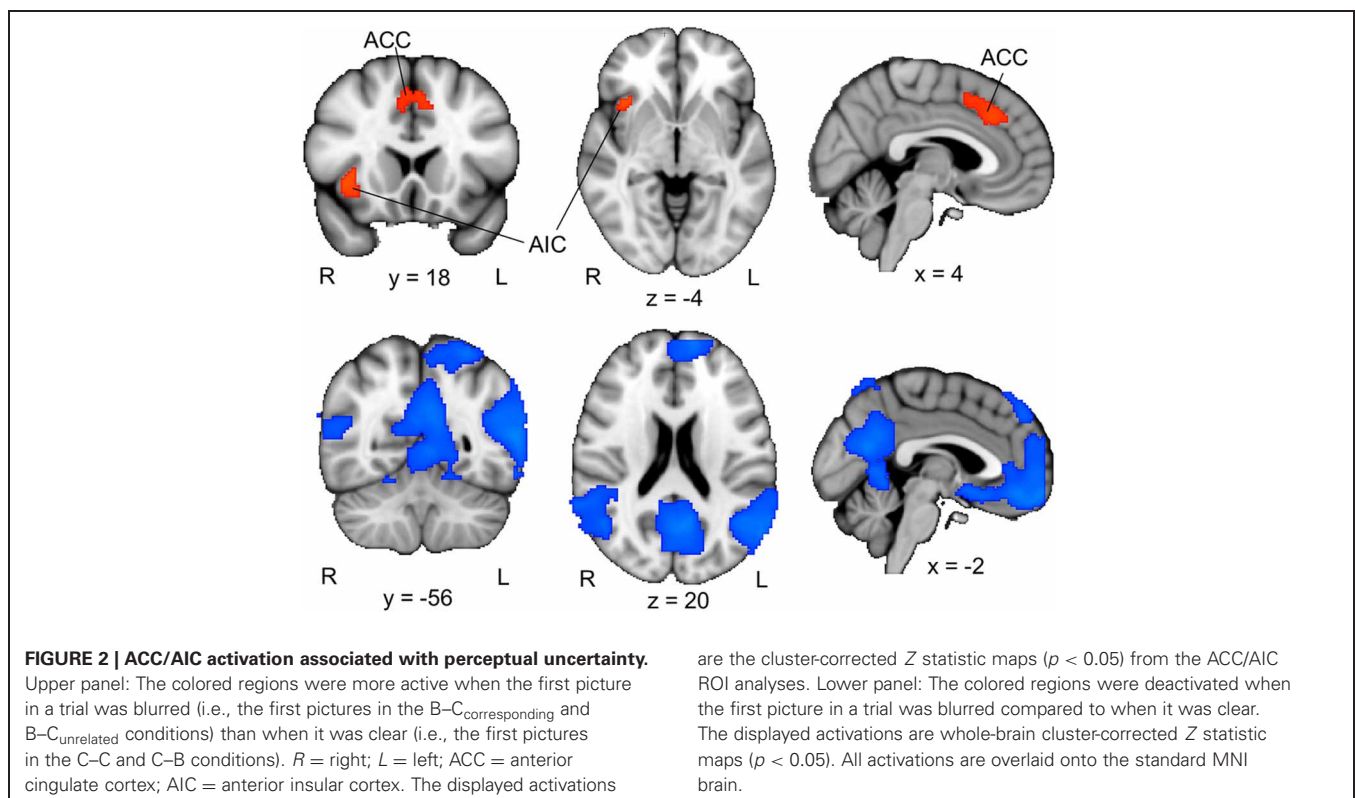


Table 2 | Activation clusters from the ROI analyses.

Region	Left/Right	Cluster size (mm ³)	Z _{MAX}	MNI peak coordinates (mm)		
				x	y	z
PERCEPTUAL UNCERTAINTY: FIRST PICTURE BLURRED > FIRST PICTURE CLEAR						
Anterior insular cortex	R	800	4.27	34	22	-4
Anterior cingulate cortex	R/L	3152	3.95	8	28	38
RELIEF OF PERCEPTUAL UNCERTAINTY: SECOND PICTURE IN B-C_{CORRESPONDING} CONDITION > SECOND PICTURE IN B-C_{UNRELATED} CONDITION						
Striatum	L	2672	3.26	-12	6	10
Hippocampus	R	664	2.93	28	-12	-22
Hippocampus	L	1008	3.08	-26	-16	-14

Table 3 | All brain regions that were activated in response to perceptual uncertainty (upper part) and in response to the relief of uncertainty (lower part).

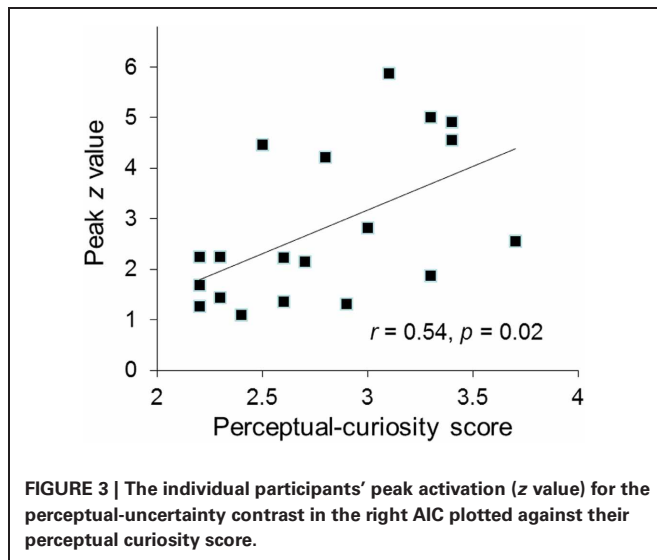
Region	Left/Right	Cluster size (mm ³)	Z _{MAX}	MNI peak coordinates (mm)		
				x	y	z
PERCEPTUAL UNCERTAINTY: FIRST PICTURE BLURRED > FIRST PICTURE CLEAR						
Anterior insular cortex	R	3192	4.32	36	24	-4
Anterior insular cortex	L	1152	4.11	-28	22	-4
Anterior cingulate cortex	R	1464	4.13	10	24	48
Anterior cingulate cortex	L	488	3.45	-6	12	44
Inferior frontal gyrus	R	3240	4.00	50	16	26
Frontal pole	R	424	3.51	32	48	8
Lingual gyrus	R/L	5520	4.09	8	-80	-8
Occipital pole	L	912	4.21	-12	-94	10
Posterior cingulate gyrus	R/L	616	3.91	2	-30	24
RELIEF OF PERCEPTUAL UNCERTAINTY: SECOND PICTURE IN B-C_{CORRESPONDING} CONDITION > SECOND PICTURE IN B-C_{UNRELATED} CONDITION						
Caudate (dorsal striatum)	L	224	3.26	-12	6	10
Putamen (dorsal striatum)	R	600	3.55	30	-20	10
Orbitofrontal cortex (extending into ventral putamen and insular cortex)	L	624	3.54	-28	6	-12
Lateral occipital cortex	R/L	1808	3.46	40	-74	0
Posterior insula	R	456	3.57	42	-4	6

Data are thresholded at $p < 0.001$ (uncorrected) with a minimum cluster size of 26 contiguous MNI voxels.

activated by clear pictures than by blurred pictures, revealed activation in a set of brain regions that have been associated with the “default-mode network” (Figure 2, lower panel). The default-mode network, which includes regions of the precuneus, posterior lateral parieto-occipital cortex and medial prefrontal cortex, is typically stronger activated during rest than during cognitive effort (e.g., Raichle et al., 2001). The relative deactivation of this network in response to blurred compared to clear pictures suggests that participants actively processed the blurred pictures. Consistent with this interpretation, participants indicated that they had been curious about the blurred pictures, had tried to guess the identities of the objects depicted in them, and had been

rather disappointed when a blurred picture was not followed by its corresponding clear version (Table 1).

Several findings suggest that the AIC/ACC activation reflected a neural substrate of a negative arousal state associated with perceptual curiosity. First, the activated regions of the AIC and ACC closely overlap with areas that are typically activated in response to errors, negative feedback and other aversive events (Ullsperger et al., 2010). Second, the strength of participants’ AIC activation was positively correlated with their trait curiosity as indexed by the perceptual curiosity questionnaire ($r = 0.54$, $p = 0.02$; Figure 3). Third, the participants who reported more disappointment when the identity of a blurred picture was not



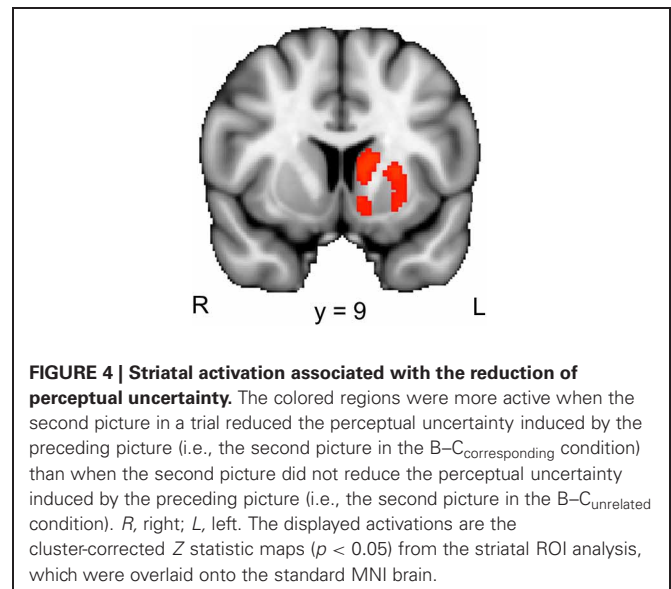
revealed showed stronger ACC activation than the participants who reported less disappointment [$t(17) = 2.4$, $p = 0.04$; see Section “Disappointment median-split analysis”].

Interestingly, the strength of participants' ACC activation associated with perceptual uncertainty was predictive of the number of pictures they later recalled from the B-C_{corresponding} condition ($r = 0.51$, $p = 0.03$; there was also a trend for a positive correlation between the numbers of pictures recalled from the B-C_{corresponding} condition and the AIC activation, $p = 0.075$), but not of the number of pictures they recalled from the other conditions (all p s > 0.28). This suggests that the uncertainty-related activation of the ACC contributed to the enhanced memory for stimuli that reduced this uncertainty.

BRAIN ACTIVATION ASSOCIATED WITH THE RELIEF OF PERCEPTUAL UNCERTAINTY

To examine the brain activation associated with the relief of perceptual uncertainty, we created a contrast that identified brain regions where activation was larger in response to the second picture in the B-C_{corresponding} condition than in response to the second picture in the B-C_{unrelated} condition. Our ROI analysis of the striatum revealed a significant cluster of activation that encompassed regions of the left caudate, putamen and nucleus accumbens (Figure 4; Table 2, lower part). These activated areas have been associated with reward processing, the coding of “reward-prediction errors” (i.e., the difference between actual and expected reward) and reinforcement learning (O’Doherty, 2004; Daw and Doya, 2006; Haruno and Kawato, 2006). Since the uncertainty induced by a blurred picture was relieved by the following picture on only half of the trials, the reduction of perceptual uncertainty by the second picture possibly caused a (partial) reward-prediction error. Accordingly, the striatal activation could reflect the reward value and/or the reward-prediction error associated with the relief of perceptual uncertainty.

Confirming predictions, the ROI analysis of the hippocampus revealed that regions of the bilateral hippocampus showed stronger activation in response to the second picture in the

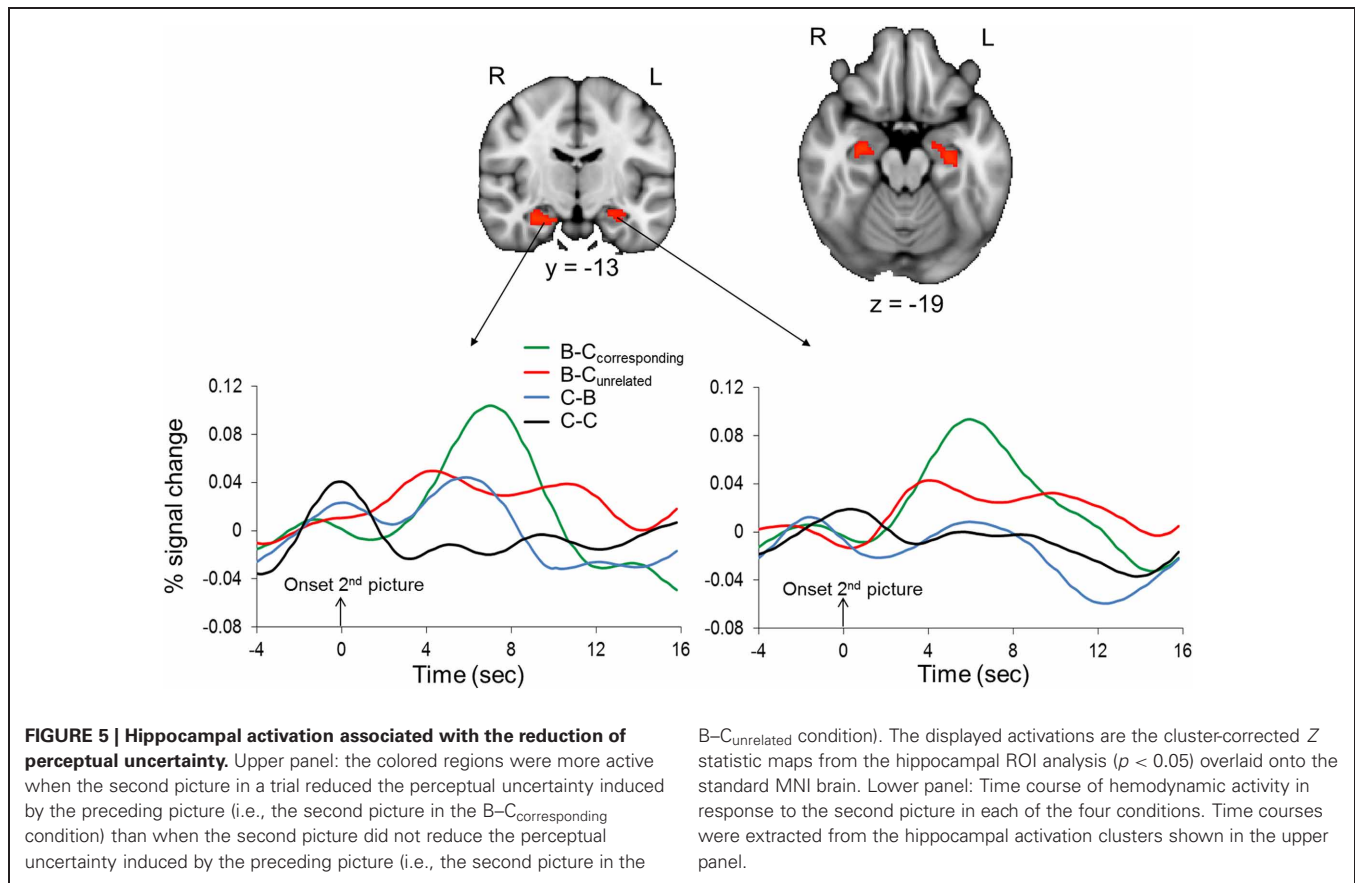


B-C_{corresponding} than in the B-C_{unrelated} condition (Figure 5). A contrast that identified brain regions where activation was larger in response to the second picture in the B-C_{corresponding} condition than in the C-C condition also revealed significant activation in the bilateral hippocampus (512 and 88 mm³ in the left and right hippocampus, respectively). The event-related time courses of the BOLD signal in response to the second picture in each of the four conditions illustrate the specific increase in hippocampal activation for the B-C_{corresponding} condition (Figure 5). The increased hippocampal activation in response to uncertainty-reducing stimuli likely underlied the enhanced later recall of these stimuli. Interestingly, the strength of participants' hippocampal activation in response to the reduction of uncertainty was positively correlated with the strength of their AIC activation in response to the induction of uncertainty ($r = 0.57$, $p = 0.01$ and $r = 0.53$, $p = 0.02$ for the left and the right hippocampus, respectively).

The whole-brain analysis for this contrast also revealed striatal activation, as well as activation of the lateral occipital cortex, orbitofrontal cortex and posterior insula (Table 3).

DISCUSSION

The present results provide the first demonstration of the neurobiological basis of human perceptual curiosity. By elucidating the neural underpinnings of the induction and relief of perceptual curiosity, our study extends existing behavioral accounts of curiosity. In particular, our results are consistent with Berlyne's classic psychological theory of curiosity (Berlyne, 1954, 1960, 1966). First, our finding that perceptual uncertainty activated brain regions sensitive to arousal and conflict supports the assumption that curiosity evoked by ambiguous stimuli is an aversive condition, and induces an increase in arousal. Second, our finding that the reduction of perceptual uncertainty activated striatal regions involved in reward processing supports the assumption that the termination of this condition, through access to relevant information, is rewarding. Third, our findings



that the reduction of perceptual uncertainty was associated with increased hippocampal activation and enhanced incidental memory support the assumption that uncertainty reduction facilitates memory and learning.

Our findings are also consistent with Loewenstein's information-gap account of curiosity which proposes that curiosity is a negative feeling of deprivation that is caused by an inconsistency, or gap, between one's actual and aspired level of knowledge (Loewenstein, 1994; see Litman et al., 2005, for empirical tests and a more detailed investigation of this theory). Since people differ in their aspired level of knowledge, the same actual level of knowledge will evoke curiosity in some people but not in others. In line with this idea, we found that inter-individual variation in trait perceptual curiosity correlated with the strength of AIC activation in response to perceptual uncertainty, suggesting that people with a higher level of aspired perceptual knowledge experience stronger negative feelings when confronted with ambiguous perceptual input.

The relief of perceptual curiosity was associated with activation in regions of the striatum (left caudate, putamen and nucleus accumbens) involved in reward processing, which is consistent with the idea that curiosity reduction is rewarding. This idea is consistent with previous behavioral findings that people actively prefer to view the clear version of a preceding blurred picture over viewing an unrelated clear picture (Nicki, 1970). Other work has shown that people have a similar preference for exploring perceptually novel over familiar stimuli, a tendency that is also

associated with striatal activation (Wittmann et al., 2008). In the reinforcement-learning literature, this bias towards the exploration of uncertain or novel options is captured by the concept of an "exploration bonus" that is assigned to uncertain or novel stimuli to promote their exploration (Kakade and Dayan, 2002).

The relief of perceptual curiosity was also associated with enhanced incidental memory, and with increased hippocampal activation, a plausible neural substrate underlying the behavioral memory effect. The finding that curiosity reduction leads to enhanced memory suggests that inducing people's curiosity before presenting them with teaching material (e.g., by asking people to guess the meaning of foreign words before showing them the translations) can facilitate learning.

Because the AIC and ACC are the two brain regions that are typically activated by aversive conditions, and the striatum plays a key role in reward processing, our fMRI results are consistent with our predictions that curiosity is an aversive state whose termination is rewarding. However, it is important to note that the AIC/ACC and the striatum are also involved in cognitive processes that are unrelated to aversive states and rewards, respectively. Due to the non-specificity of the function of these brain areas, it is possible that the activations we found reflected processes other than those predicted by Berlyne's theory; hence our findings do not provide persuasive evidence for that theory. Indeed, our method of inferring the presence of particular cognitive/affective processes from the activation of particular brain regions is an example of "reverse inference" (Poldrack, 2006). Although

this method is not deductively valid, it can provide interesting hypotheses about the underlying mechanisms of relatively unexplored conditions, such as curiosity, which can then be tested in subsequent studies. Thus, our study should be seen as a first demonstration of the neural correlates of perceptual curiosity, of which the results are consistent with but do not provide unequivocal evidence for Berlyne's theory. Future studies testing more specific predictions are necessary to either confirm or reject our interpretation of the curiosity-related brain activation.

Curiosity is a multifaceted construct, and several different types of curiosity can be distinguished. One important distinction is the difference between *perceptual* and *epistemic* curiosity. Perceptual curiosity is aroused by novel, strange or ambiguous stimuli, whereas epistemic curiosity refers to the desire for knowledge or intellectual information which applies mainly to humans (Berlyne, 1954). Another, orthogonal, distinction can be made between *specific* and *diversive* curiosity, referring to the desire for a particular piece of information versus the more general stimulation-seeking motive that is closely related to boredom (Berlyne, 1960; see Litman, 2008, for a related distinction). The type of curiosity that we investigated in the present study can be referred to as specific perceptual curiosity, one of the most basic types of curiosity that applies to both animals and humans. The neural substrates of specific epistemic curiosity evoked by trivia questions was investigated recently (Kang et al., 2009). Kang et al. found that questions that were rated as more puzzling were associated with stronger activation in regions of the caudate. However, since the questions were always followed by their correct answers, it was unclear whether this activation reflected uncertainty about the correct answer, feedback anticipation, or a combination of the two. In our study, the uncertainty induced by blurred pictures was often not relieved, which allowed examination of the neural correlates of pure curiosity unconfounded by the anticipation of uncertainty-reducing feedback. In addition, by comparing conditions in which the second picture did vs. did not reduce perceptual uncertainty, we could separately isolate the neural correlates of the relief of curiosity.

We did not ask participants to rate their curiosity on each trial since we were concerned that this would confound the brain activation reflecting their natural curiosity. Therefore, a limitation of our study is that we could not take into account trial-to-trial

variation in experienced curiosity. In addition, it must be noted that the blurred pictures in our study were associated with both perceptual uncertainty and outcome uncertainty, since the identity of the blurred image was revealed in only half of the trials. Thus, participants may have experienced uncertainty not only about the identity of the image, but also about whether or not the identity of the image would be resolved. Both forms of uncertainty are likely to increase overall curiosity, but future studies in which these two forms of uncertainty are manipulated independently are needed to assess their respective contributions to brain activation. Finally, it is likely that curiosity reduction through passive exposure to uncertainty-reducing stimuli, as examined in the present study, differs from curiosity reduction that is achieved through active exploration. A recent study showed that hippocampus activation was stronger when people had volitional control over the visual exploration of pictures in a visual-learning task than when they received exactly the same visual information in a passive condition (Voss et al., 2011). This suggests that the hippocampus activation associated with uncertainty reduction that we found in the present study would have been even stronger if participants would have had the opportunity to actively control the exploration of uncertainty-inducing stimuli.

To conclude, our results provide the first demonstration of the neural correlates of human perceptual curiosity, and are consistent with the assumptions of Berlyne's theory that perceptual curiosity evokes an aversive state of increased arousal, whose termination is rewarding and promotes incidental memory. Because curiosity plays a key role in many aspects of human behavior, a better understanding of the psychological and neurobiological basis of curiosity may have considerable practical implications for various societal objectives. Together with previous behavioral findings (Berlyne and Normore, 1972), our results suggest that inventing ways to arouse people's curiosity could contribute to the optimization of educational systems and advertising strategies, and may promote scientific discovery.

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