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Bonobos (*Pan paniscus*) show an attentional bias toward conspecifics' emotions

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In social animals, the fast detection of group members' emotional expressions promotes swift and adequate responses, which is crucial for the maintenance of social bonds and ultimately for group survival. The dot-probe task is a well-established paradigm in psychology, measuring emotional attention through reaction times. Humans tend to be biased toward emotional images, especially when the emotion is of a threatening nature. Bonobos have rich, social emotional lives and are known for their soft and friendly character. In the present study, we investigated (i) whether bonobos, similar to humans, have an attentional bias toward emotional scenes compared with conspecifics showing a neutral expression, and (ii) which emotional behaviors attract their attention the most. As predicted, results consistently showed that bonobos' attention was biased toward the location of the emotional versus neutral scene. Interestingly, their attention was grabbed most by images showing conspecifics such as sexual behavior, yawning, or grooming, and not as much—as is often observed in humans—by signs of distress or aggression. The results suggest that protective and affiliative behaviors are pivotal in bonobo society and therefore attract immediate attention in this species.

bonobo | ape | affect | empathy | attention

Efficiently responding to others' emotions has great survival value, especially for social species, such as primates, who establish close, long-term bonds with group members (1–3). Previous research in humans has shown that one component of this strong sensitivity to others' emotions is heightened attention to their affective states (4–6). Together with the chimpanzee, the bonobo is the closest living relative of humans. Studying components of their emotional behavior, such as emotional attention, may help us not only to understand this rarely studied species better, but also provide insight into (human) emotions and their evolutionary past (7–9). In the present study, we investigated whether bonobos, like humans, show increased attention to scenes depicting conspecifics showing an emotion or are involved in emotion regulatory behaviors, compared with scenes where conspecifics are in a neutral state.

In natural environments, attention is preferentially sustained by stimuli that have affective significance, in contrast to routine, emotionally neutral events (6, 10). This attentional bias reflects a functional mechanism where fast and automatic attention allocation to emotional information can aid humans in threatening situations by fostering fast actions (11, 12). Experimentally, this has, for example, been demonstrated with the dot-probe task. Previous dot-probe studies have shown that emotional signals induce a bias in spatial attention, in that participants respond faster to a presented dot (the target, henceforth, “probe”) when it appears at the location of a previously presented emotion compared with neutral stimulus (13–17). Although in humans a bias toward threatening compared with neutral stimuli is most commonly observed, some studies also report increased attention toward positive versus neutral stimuli (18–21). Other research has shown that there are marked individual differences in biases and that these are, for example, modulated by mood (22, 23). From an evolutionary

perspective, it is most adaptive to be able to quickly attend to relevant stimuli, whether those are threats in the environment or an affiliative signal from an individual who could provide support and care (24, 25).

Most primates spend their lives in social groups. To prevent conflicts, they keep close track of others' behaviors, emotions, and social debts. For example, chimpanzees remember who groomed whom for long periods of time (26). In the chimpanzee, but also in the rarely studied bonobo, grooming is a major social activity and a means by which animals living in proximity may bond and reinforce social structures. It is also used as a form of reconciliation and a means of conflict resolution. Despite their general similarities and close phylogenetic relationship, bonobos, chimpanzees, and humans show clear differences in their social behavior. Although chimpanzee and human societies are dominated by males and encounters between different groups frequently result in violence and sometimes the killing of conspecifics (27–29), bonobo society is controlled by females and aggression is usually prevented through nonconceptive sexual behavior, grooming, and play (30–33). Compared with chimpanzees, bonobos live in more predictable environments with low seasonality and stable food availability, which is why they have a lower degree of fission-fusion and which, next to the peace-keeping role of the females, may also explain the lower rates of competition (31).

Bonobos have rich personalities and share most of their traits with humans and chimpanzees, suggesting these were also present in their common ancestor (34). From early age on, bonobos

Significance

Applying well-established psychological paradigms to our closest relatives represents a promising approach for providing insight into similarities and differences between humans and apes. Numerous articles have been published on the dot-probe task, showing that humans have an attentional bias toward emotions, especially when threatening. For social species like primates, efficiently responding to others' emotions has great survival value. Observational research has shown that, compared with humans and chimpanzees, bonobos excel in regulating their own and others' emotions, thereby preventing conflicts from escalating. The present study is an initial effort to apply a psychological test to the bonobo, and demonstrates that they, like humans, have heightened attention to emotional—compared with neutral—conspecifics, but are mostly drawn toward protective and affiliative emotions.

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The present study investigates emotional attention in the bonobo. [Although the usage of the adjective “emotion” is debated when it concerns animals, this term is used in dot-probe studies in humans. To be able to portray commonalities and differences with the human literature, we feel that using the same adjective is appropriate. We are also aware that at this point we cannot tell what bonobo-emotions are, and we therefore have to rely on observational work and on research into human and chimpanzee expressions. The term “emotional attention” is therefore used when attention is directed toward an emotional expression, but also when directed toward scenes showing emotion regulatory behaviors (*Methods*).] For this purpose, four bonobos completed a dot-probe task during which emotional and neutral pictures of unfamiliar bonobos and control animals were being presented on a touch-screen (Fig. 1). Per individual, the task was spread out over 13 sessions with 25 trials each (*Methods* and [Table S1](#)). Given their highly social nature, we predicted that bonobos would show heightened attention toward the pictures showing emotional compared with neutral bonobos. In addition, as bonobos are known to be less aggressive than chimpanzees and humans, and spend a lot of time on positive social behaviors—such as play, sex, and grooming—we predicted seeing this reflected in a specific attentional bias toward these more affiliative or protective behaviors than to signals of distress.

Results

Reaction Times. Data were analyzed in a generalized mixed multilevel model with picture category [emotional bonobo, neutral bonobo, or control animal (coded as 1, 0, and -1)] as fixed factor and random intercepts for each individual and individual-by-session. The multilevel structure was defined by the different trials, nested within sessions, nested within individuals. As the reaction time data were skewed, a γ -probability distribution was selected with a log-link function (*Methods*).

As predicted, a main effect of picture category [$F(2, 1.171) = 5.135, P = 0.006$] showed that bonobos were faster in tapping on the probe that replaced a picture of an emotional bonobo (mean reaction time = 611.240, SE = 78.819) compared with a neutral bonobo [mean reaction time = 645.927, SE = 83.176, $t(1.171) = 2.669, P = 0.008$] (Fig. 2A and Table S2) (details on all the statistical tests described in the main text are provided in tables in the *SI Results*). This pattern was visible in all subjects (Fig. 2B).

Although luminance or contrast could not explain the differences in reaction times following the emotional versus neutral category (*SI Results*), it is possible that other unforeseen differences between the emotional and neutral category influenced reaction times. To rule this out, we tested whether subjects' attention was grabbed more, the more emotionally intense a stimulus was rated by human experts. To that extent, we replaced the factor "picture category" by the "picture emotional intensity score" (the average of the four expert ratings) and left out the control animals. As predicted, a significant effect was observed [$F(1, 581) = 3.885, P = 0.049$], indicating that the more emotionally intense a picture was rated, the faster bonobos' responses were when the probe replaced these pictures (*Table S3*; but see also *Table S4*).

To test our second hypothesis, that the attentional bias toward emotions would be stronger for pictures showing affiliative or protective behaviors than for pictures showing distress, we repeated the analysis with the positive-negative ratings of the experts included as a fixed factor. Results show that valence was no significant predictor of reaction times: $F(1, 581) = 3.885, P = 0.855$. However, although valence as a dimension did not predict attention, it is still possible that certain picture categories grabbed more attention than others. A similar analysis was therefore conducted, but this time with the eight different emotion categories included as a fixed factor. Results showed that some emotion categories indeed attracted attention more than other emotion categories: $F(7, 581) = 2.249, P = 0.029$ (Table S5). In line with our prediction, the categories sex and grooming but also yawning yielded faster reaction times than

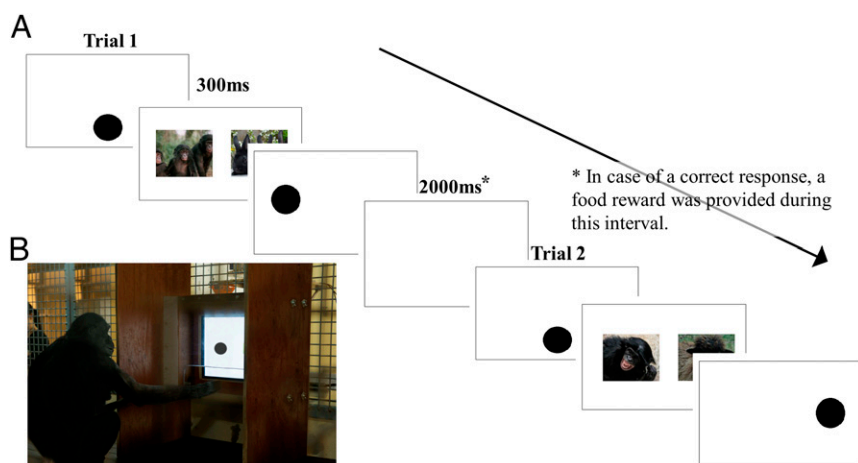


Fig. 1. (A) Trial outline. A trial started with the presentation of a dot that was shown until touched. Next, two images emerged for 300 ms, followed by the probe. (B) Experimental setting. Kumbuka conducts the dot-probe task.

supports the premise of a connection between this system and higher cognitive empathic functions, including mentalizing. Hence, it has been suggested that contagious yawning is based on a functional substrate of empathy (52).

It is possible that as a sign of threat, bonobos' attention was caught by the display of canines (which are less impressive compared with the chimpanzee). However, after close inspection of the different pictures and their associated reaction times, we can conclude that this is unlikely. First, the pictures where the canines were most visible did not attract more attention than the pictures where they were less visible. Second, the canines were also visible during fear grimaces, which did not attract attention more than did neutral images.

Touch is a powerful tool for communicating positive emotions. Human and nonhuman primates use social touch for maintenance and reinforcement of social structures (53). Most primate species communicate affection and reduce group tension by means of so-called grooming, the act of tidying or cleaning one another's body or appearance. Grooming is regarded as a service given by one individual that confers benefits to the recipient in terms of hygiene and has possible calming effects (54). Grooming is a recipe for social support and releases oxytocin in both the groomer and groomed (55). Bonobos keep close track of who groomed whom, reciprocate grooming, and distribute their grooming according to the rank of the receivers (56). Given that grooming plays such a prominent role in bonobo society, it is not surprising that their attention was drawn toward scenes showing this behavior.

The third category that attracted bonobos' attention were pictures showing scenes with bonobos involved in sexual behavior. In humans, sexual frequency has been found to be a strong positive predictor of general wellbeing and of the quality of the social relationship (57). Sexual activity plays an even bigger role in bonobo society. In bonobos, sex is being used as a form of greeting, a means of forming social bonds, conflict resolution, and postconflict reconciliation. Bonobos are the only nonhuman animal to have been observed engaging in face-to-face genital sex, tongue kissing, and oral sex (58). Bonobos do not form permanent monogamous sexual relationships with individual partners and do not discriminate in their sexual behavior by sex or age (with the possible exception of abstaining from sexual activity between mothers and their adult sons). When bonobos find a new food source or feeding ground, the increased excitement will usually lead to communal sexual activity, presumably decreasing tension and encouraging peaceful feeding (58). The attentional bias for sexual images as observed in our study reflects the high frequency and importance of this behavior in their daily lives.

Despite their great genetic similarity, bonobos' behavior is strikingly different from that of chimpanzees. Whereas males are the dominant sex in the chimpanzee, bonobo society is female-dominant. Remarkably, like humans, chimpanzees make war with rivaling groups and do not take kindly to strangers. In stark contrast, bonobos live in friendly and tolerant societies and, although they sometimes hunt smaller animals for consumption, never kill one of their own (9, 31, 32). Intriguingly, bonobos prefer to share food and mate with strangers than with acquaintances (33). The social and emotional differences between the two species of *Pan* are reflected in the anatomy of the brain. A neuroimaging study comparing both species showed that bonobos not only have more gray matter in the amygdala and insula, regions involved in perceiving emotions in self and others, they also have a larger pathway linking the amygdala with the anterior cingulate cortex, which is implicated in top-down control of aggressive impulses (59). The results are in line with earlier work showing that bonobos have more Von Economo neurons, which are involved in social cognition, in the anterior cingulate cortex than chimpanzees, and showed a pattern that closely resembled that seen in humans (59–61).

The present study showed that bonobos have heightened attention toward conspecifics' yawns, grooming, and sexual behaviors. Based on the results of the present study, can these behaviors be

interpreted as emotional behaviors? Heightened attention as measured via shorter reaction times in the dot-probe task has in the human literature been widely interpreted as an emotional bias. Can we then draw the same conclusion for bonobos? For the following reasons, we indeed think we can. First, reaction times of all four subjects reflected an attentional bias toward conspecifics' emotional behaviors. Second, the scenes that were rated by four experts as being emotionally intense for bonobos, especially grabbed bonobo's attention most. Third, one subject showed more nose wipes following trials where she had to approach emotional compared with neutral scenes. A nose wipe is considered a sign of edginess, motivational ambivalence, or frustration (48, 49).

To conclude, bonobos' attention is quickly captured by the emotional expressions of others. Interestingly, this attentional bias was strongest for affiliative behaviors (grooming and mating) and behaviors that are highly contagious (yawning) and not significant for scenes depicting distress. The results suggest that protective and affiliative behaviors are pivotal in bonobo society and therefore prioritized.

Methods

Subjects. Four female bonobos participated in this study: Besede (10 y old), Monyama (5 y old), Kumbuka (16 y old and mother of Yahimba), and Yahimba (6 y old). The bonobos live within a social group of 12 individuals in an enriched environment with a 2,812-m² outdoor compound and an attached indoor residence of 158 m² that is illuminated during daytime at Apenheul Primate Park, Apeldoorn, The Netherlands. The outdoor compound is equipped with climbing frames, ropes, small streams, and various species of trees. Access to the outdoor compound is available to the bonobos when the temperature outside exceeds 15 °C. The group composition varies per day but is always divided into two subgroups because of frequent conflicts between the alpha-female and a lower ranking male, two individuals that did not take part in this study.

Daily meals include a wide variety of fruits, vegetables, branches and leaves, and occasionally chicken, fed four to five times a day, supplemented with nutritionally balanced biscuits (fed twice daily) and water available ad libitum. The bonobos that took part in the current study have been familiar with humans since birth and interact with them on a daily basis. The three-weekly experimental sessions took part in the indoor enclosure. The bonobos were called one by one to the computer screen and were not separated from the rest of the group. One testing session took ~10 min per individual (*SI Methods*).

Ethics. The care and use of the bonobos adhered to the guidelines of the European Endangered Species Program, formulated by the European Association of Zoos and Aquaria. Bonobos were never forced to take part in the experiment, were never separated from their group, were only positively reinforced, never negatively, and were on average rewarded equally as the bonobos that were also present in the testing room but involved in another training task with the keeper. All testing was conducted as part of the bonobo's enrichment program of Apenheul. The research activities were fully integrated into the daily routine and required no manipulation of individuals. Consequently, the bonobos were never deprived of water and food at any stage. Therefore, this study was conducted in compliance with all relevant Dutch laws and in agreement with international and scientific standards and guidelines. Furthermore, because of the noninvasive character of the study and absence of any potential discomfort, our study did not meet the definition of an animal experiment as mentioned in Article 1 of the Dutch "Experiments on Animals Act." Consequently, the Ethics Committee of Apenheul waived the need for approval.

Apparatus. Stimuli were presented via Presentation software (NeuroBehavioral Systems) on a touch-screen of the model Iiyama T19315R-B1 (19 inch, 1,280 × 1,024 pixels, ISO 5 ms). A correct response (a tap on the probe) resulted in the activation of the feeder and the distribution of a small piece of apple or a raisin that fell into a funnel. The funnel was attached to the back of the apparatus and to a connecting acryl tube that ended right below the touch-screen where the bonobo could easily catch the reward with her right hand. Wooden side panels were attached on each side of the touch-screen apparatus so that the bonobo in front of the screen could complete the task without too much distraction (Fig. 1).

Stimulus Material. Stimulus material consisted of a set of pictures (sized 330 × 400 or 400 × 330 pixels) of bonobos ($n = 298$) and control animals ($n = 330$; rabbits and hare $n = 167$; sheep and goat $n = 159$). The pictures of bonobos

showed neutral ($n = 159$) and emotional scenes ($n = 138$). The emotional pictures included scenes where bonobos showed clear signs of distress or were playing, but also scenes that can be associated with stress, such as when there is food at play, or sex, which can be used as a means of (re)establishing social bonds, as is grooming. Furthermore, we included pictures where bonobos were calling each other (pant hoot) or were yawning. Yawning is a highly contagious behavior and its mimicry has been linked to empathy and increases in social affinity (36, 37). The pant hoot is used to express excitement but mostly to maintain spatial contact with other individuals during traveling. Chimpanzees can easily match pictures showing this expression with the correct vocal sound (40).

The number of individuals shown in a picture was matched across the emotional versus neutral category, and an ANOVA confirmed that indeed there were no differences: $F(1, 295) = 0.488$, $P = 0.485$. The number of depicted individuals was also similar for the pictures showing bonobos compared with control animals: $F(1, 624) = 0.270$, $P = 0.603$. The pictures were selected from the Internet by M.E.K. and divided into different categories: distress, sex, play, food, groom, yawn, pant hoot (Table S1).

Four different experts from de Apenheul rated the pictures on emotionality. Two of them were caregivers of the bonobos with 6 and 19 y of almost daily exposure to them (Keetie de Koeijer and Jacqueline Ruys). T.B. has worked in de Apenheul for 3 y and also sees them on almost a daily basis. L.J. has conducted an observational study with this group of bonobos and has observed them for 4 m for 5 to 6 full days a week. The experts were shown the pictures of bonobos and subsequently asked how negative or positive they thought a bonobo would experience each picture (1 = very negative; 7 = very positive) and how emotionally intense each picture would be for a bonobo (1 = not intense; 7 = very intense). All correlations between the negative-positive ratings of the experts were significant: mean $R = 0.390$, $P < 0.001$. The lowest correlation was $R = 0.138$, $P = 0.016$. The mean correlation for the intensity ratings was $R = 0.3178$, $P < 0.001$. Except for one nonsignificant correlation between two experts ($P = 0.445$), all other correlations on this rating scale were significant $P \leq 0.036$.

A linear mixed-model analysis with the bonobo pictures nested within experts, and "emotion" as a fixed factor (emotion coded as 1; neutral coded as -1), showed that the experts predicted that the pictures showing emotional bonobos would indeed be perceived as more emotionally intense by bonobo subjects than the neutral pictures: $F(1, 1.222) = 6.373$, $P = 0.012$. A second analysis with "category" as a fixed predictor showed that they believed this to be the case for the conditions distress: $t(1.216) = 4.069$, $P < 0.001$; sex $t(1.216) = 3.197$, $P = 0.001$; play $t(1.216) = 2.380$, $P = 0.017$; and yawn $t(1.216) = 2.246$, $P = 0.025$; but not for the conditions pant hoot $t(1.216) = 1.594$, $P = 0.111$; grooming $t(1.216) = 1.475$, $P = 0.141$; and food $t(1.216) = 0.485$, $P = 0.628$.

Procedure. For the bonobos, it was the first time to take part in a touch-screen experiment. Therefore, after the screen was installed, a week of habituation was implemented to make sure the bonobos were accustomed to the apparatus before training started. The first phase of training consisted of calling the bonobos by their name, while standing next to the screen. Vocal appraisal was used as soon as they approached the screen. The next step was to train them on using the screen and to sit and remain seated right in front of it. Because individuals were not separated from the group during testing, we also had to train the other individuals not to disturb the individual that was tested (see *SI Methods* for more details and Figs. S1–S3).

We managed to train four individuals on the experimental task (subjects). They were called to the screen by L.J. If the bonobo would not come to the screen after three calls, the next individual would be called and the previous bonobo would be called again later. At the same time, the other bonobos, who were also present in the indoor enclosure, took part in a body-part target-training by one of the caregivers. During this common-practice training, a body part was called (e.g., "hand") and if the bonobo put her hand against the meshwork toward the caregiver, she would receive a food reward. Similar

amounts of food rewards were distributed during the experiment as during the body-part training.

During the experiment, the bonobos sat at a distance of ~60 cm from the screen. A trial started with the presentation of a black dot that was presented in the lower, middle part of the screen. After tapping on the dot, two pictures appeared, one on the left and one on the right side of the screen for 300 ms. Next, the probe (a similar dot) appeared either on the left or on the right side that stayed on the screen until touched, after which a food reward was provided through a funnel that ended just below the screen. The next trial started after a delay of 2,000 ms (Fig. 1). By the end of each individual session, the bonobo was given a bonus food reward (a pellet with three raisins). For each individual we made a pseudorandomized trial list with 25 or 26 trials divided over 13 sessions. In half of the trials, an animal picture was paired with an emotional bonobo, and in the other half with a neutral bonobo. The location of the probe was counterbalanced. The average number of trials per emotion category (distress, groom, sex, yawn, play, food, pant hoot) ranged from 10 to 22 trials per individual.

Already during testing, L.J. noted that some individuals frequently wiped their nose, sometimes halfway through a trial. All sessions were videotaped without interruption; therefore, this behavior was coded afterward by M.E.K. and L.J. Trials with nose wipes were not included in the analysis of reaction times. In addition, some trials had to be excluded because of the interference of another individual. All trials were thus watched back on video to identify those that based on these criteria should be excluded from the reaction-time analysis. The correlation between M.E.K. and L.J. on the trials that should be excluded based on these criteria was $R = 0.704$, $P < 0.001$. Trials with reaction times faster than 200 ms and reaction times that were three SDs above the individual mean were also excluded from the statistical analysis. These restrictions resulted in the exclusion of 9.31% of the trials; 40.67% of the excluded trials were excluded because of nose wipes. Because this behavior is a sign of edginess, motivational ambivalence, or frustration and is in itself potentially interesting (48, 49), nose wipes—along with other behaviors, including scratching, yawning, making a grin face, vocalizing, bending backward, and wiping over the head—were coded by M.E.K. and L.J. (Table S6).

Statistical Analyses. Except when explicitly stated otherwise, all statistical analyses were generalized mixed multilevel models, implemented in SPSS, v20. In studies with small sample sizes, it is especially recommended to avoid averaging data (as is common in a simple ANOVA) and to include all valid datapoints into the analysis. Because datapoints within individuals or sessions are likely to be correlated, our data had a nested structure where covariance was taken into account. The multilevel structure was defined by the different trials (25 or 26 trials), nested within sessions (13 sessions), nested within subjects (4 subjects). By default, all statistical models included a random intercept for each individual and for each individual by session. All variables were centered (for a similar procedure, see ref. 39). Reaction-times analyses only included the correct trials and as these data were skewed, a γ -probability distribution was selected with a log-link function. For the analysis of nose wipes, the distribution was binomial with a logit log-link function (there was a nose wipe, "1," or there was not, "0"). The *SI Methods* and *SI Results* provide tables with all of the statistical models described in the main text; see Table S7 for luminance and contrast results.

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