

## **General psychopathology factor and unresolved-disorganized attachment uniquely correlated to white matter integrity using diffusion tensor imaging**

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### **General psychopathology factor and unresolved-disorganized attachment uniquely**

**correlated to white matter integrity using diffusion tensor imaging**

**Running title**: DTI, general psychopathology factor, unresolved trauma

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### **HIGHLIGHTS**

- Recent research has identified a general psychopathology factor (GPF)
- GPF and Unresolved trauma may be uniquely related to white matter integrity (WMI)
- Unresolved trauma is uniquely associated with reduced WMI in the splenium
- GPF is uniquely related to reduced WMI in the genu and body of the corpus callosum

## **ABSTRACT**

**Background:** A dimensional approach of psychopathology focuses on features and risk factors that are shared across diagnoses. In support for this dimensional approach, studies point to a general psychopathology factor (GPF) associated with risk for multiple psychiatric disorders. It is, however, unknown how GPF relates to white matter integrity (WMI). In the current diffusion tensor imaging (DTI) study, we examined how GPF relates to abnormalities in a skeleton representation of white matter tracts, taking into account a trans-diagnostic risk factor: unresolved-disorganized attachment (Ud) resulting from loss or trauma. **HIGHLIGHTS**<br>
• Recent research has identified a general psychopathology factor (GPF)<br>
• GPF and Unresolved trauma in any be uniquely related to white matter integrity (WMI)<br>
• Unresolved trauma is uniquely associated wit

**Methods:** Unique associations between GPF, Ud, and WMI were examined in a combined sample of adolescents (*N*=63) with childhood sexual abuse-related posttraumatic stress disorder (*N* = 18), anxiety and depressive disorders (*N*=26) and without psychiatric disorder (*N*=19). WMI was measured using DTI. Ud was measured using the Adult Attachment Interview. We controlled for puberty stage, gender, age, and IQ.

**Results:** Controlling for GPF, Ud was associated with reduced fractional anisotropy (FA) in the splenium and inferior fronto-occipital fasciculus (IFOF). Controlling for Ud, GPF was associated with reduced FA in the genu and body of the corpus callosum.

**Conclusions:** Decreasing WMI in the genu and body with increasing psychopathology across diagnoses suggests demyelinization in these areas and may underlie comorbidity and presence of symptoms that transcend psychopathological diagnoses. In contrast, trauma-related WMI reductions in the splenium and IFOF may account for heterogeneity within diagnostic categories as a function of childhood trauma. These findings support the importance of a dimensional approach in addition to traditional diagnostic classifications in clinical research and practice.

**Key-words:** adversity, child abuse, psychopathology, attachment, brain imaging

### **1 INTRODUCTION**

Psychiatric disorders have traditionally been viewed as categorical and distinct psychopathological conditions. However, recent research on mental health shows accumulating evidence for a dimensional approach of psychopathology and points to overarching features and trans-diagnostic factors [1-3]. Given the high rates of comorbidity among mental disorders and the evidence that many disorders exist on a continuum, it has been argued that the underlying structure of psychopathology is reflected by a general psychopathology factor (GPF) that represents lesser-to-greater severity of psychopathology (2). Although there is increasing attention for this novel dimensional approach for psychopathology in mental health research, clinical neuroscience is only beginning to investigate the neural mechanisms underlying mental disorders across traditional diagnostic classifications of psychopathology [4]. Numerous neuroimaging studies in search for biomarkers for psychopathological conditions point to **Conclusions:** Decreasing WMI in the genu and body with increasing psychopathology across<br>diagnoses suggests demyelinization in these areas and may underlie comorbidity and presence of<br>symptoms that transcend psychopatholo

structural and functional brain abnormalities [5, 6] but fail to find neural features with specificity to individual disorders, possibly because of comorbidity and the existence of a GPF [4].

The high comorbidity rates among mental disorders concur with the observation that risk for psychopathology is not disorder specific. For example, a recent study indicates that the GPF shows a significant Single Nucleotide Polymorphism (SNP) heritability of 38% in children [7]. Thus, genetic factors may enhance the risk for psychopathology in general rather than or in addition to heritability of specific disorders. Similarly, environmental influences contribute to a general risk for psychopathology. More specifically, childhood trauma has been shown to increase the risk for a range of psychiatric disorders, including depression, anxiety disorders and posttraumatic stress disorder (PTSD) [8], possibly because it interacts with genetic risk factors to interfere with brain development [9]. Consistent with this suggestion, studies on white matter integrity (WMI) in PTSD due to maltreatment show reduced WMI in structures subserving emotional, learning, and memory functions, such as the cingulum, corpus callosum and associated fasciculi. For example, Rinne-Albers and colleagues [10] found abnormalities of WMI in the genu, body and splenium of the corpus callosum in adolescents with PTSD related to childhood sexual abuse (CSA) compared to a control group. Abnormalities of the integrity of the corpus callosum may be the consequence of stress hormones associated with maltreatment earlier in life and may underlie deficits in emotional dysregulation that are often experienced by these individuals [9, 11]. for psychopathology is not disorder specific. For example, a recent study indicates that the GPF<br>shows a significant Single Nucleotide Polymorphism (SNP) heritability of 38% in children [7].<br>Thus, genetic factors may enhan

Structural brain abnormalities have also been found in healthy individuals with experiences of maltreatment, regardless of psychopathology [12]. This indicates that previous neuroimaging findings with clinical and non-clinical samples are possibly confounded by neurobiological consequences of childhood trauma. Indeed, research shows that the hippocampal

volume reductions that are often observed in depressed patients are only found in patients diagnosed with depression and experiences of childhood maltreatment, but not in depressed patients without experiences of maltreatment [9]. This finding has been interpreted as support for the existence of heterogeneity within psychopathological diagnoses as a function of childhood trauma [13] and is in line with clinical observations that depression with maltreatment is often more severe and predicts an unfavorable treatment outcome [14]. Thus, childhood trauma may explain heterogeneity within diagnoses and may be related to neural substrates that are nonspecifically related to multiple psychopathological conditions.

Not all maltreated individuals develop a mental disorder. A substantial number of children are resilient and develop well in the context of adversity [15]. Multiple resilience factors, such as IQ, personality, genetic factors, parenting or positive experiences in attachment relationships, may explain individual variability in the pathways from trauma to (mal)adaptation [15]. Good quality relationships with parents, peers, and romantic partners across childhood, adolescence and adulthood appear especially important predictors of a good prognosis after childhood trauma and may help in resolving issues related to childhood trauma [16]. Previous neuroimaging studies on the neurobiological effects of maltreatment have not taken into account the role of *current* state of mind with respect to childhood attachment experiences. Childhood trauma is mostly assessed retrospectively in studies examining brain structure in maltreated individuals and it is unknown whether it matters if the trauma has been resolved or not, for example through psychotherapy or resilience factors. From an attachment theory perspective, unresolved loss or trauma is characterized by a disorganized/disoriented attachment representation, that is, a disorganized/disoriented mental state with respect to childhood attachment relationships. It results from loss of or being abused by a trusted caregiver or another the existence of heterogeneity within psychopathological diagnoses as a function of childhood<br>trauma [13] and is in line with chincial observations that depression with maltreatment is often<br>more severe and predicts an un

very traumatic incident [17]. Individuals with a disorganized state of mind show signs of incoherence, that is disorientation and disorganization, in their speech when they are questioned about traumatic events and/or they may present contradictory approach-avoidance strategies towards parents and other attachment figures [17]. Previous meta-analytic results show a prevalence of unresolved-disorganized attachment of 43% in clinical samples [18] and suggest that unresolved-disorganized attachment may be a trans-diagnostic risk factor for increased vulnerability to multiple psychiatric disorders. It is, however, not known whether and how psychopathology and unresolved-disorganized attachment differentially relate to brain structure and functioning.

In the current Diffusion Tensor Imaging (DTI) study, we will examine whether unresolved loss and trauma, and GPF are differentially related to WMI abnormalities in specific tracts. The current study is the first attempt to examine the unique neural correlates of a GPF in a combined clinical sample consisting of adolescents with CSA-related PTSD, anxiety and/or depressive disorders, and healthy controls. To our knowledge, only one previous study examined the association between general psychopathology and structural abnormalities [19]. Romer and colleagues [19] showed that general liability for psychopathology correlated with structural alterations in a cortico-cerebellar circuitry in a sample of adolescents (>18 years) without psychiatric diagnoses, but it is unclear whether this finding can be generalized to individuals with more severe psychiatric symptoms since the sample consisted of nonclinical adolescents and psychiatric symptoms were not measured extensively. Moreover, trans-diagnostic risk factors for psychopathology were not examined. In the current study, we use the Adult Attachment Interview (AAI) [17] to assess trans-diagnostic risk factors. We hypothesize that 1) a GPF and unresolved-disorganized attachment (Ud) are differentially related to white matter towards parents and other attachment figures [17]. Previous meta-analytic results show a<br>prevalence of unresolved-disorganized attachment of 43% in clinical samples [18] and suggest<br>that unresolved-disorganized attachment

abnormalities, and 2) after adjusting for a GPF, Unresolved attachment is associated with a reduction in WMI in regions that have previously been associated with childhood adversity, that is, the cingulum, corpus callosum and the superior longitudinal fasciculus [20].

### **2 MATERIALS AND MATERIALS**

### *2.1 Participants*

Sixty-three participants from the EPISCA study (Emotional Pathways' Imaging Study in Clinical Adolescents; *N*=77; [21]) were recruited according to specified in- and exclusion criteria [22] (see also supplemental material). They were further selected based on availability of an AAI and a DTI scan (*N*=72). Drop-out occurred due to poor imaging data quality and artifacts on DTI scans (*N*=9). Within the final group there were 18 adolescents with childhood sexual abuse related posttraumatic stress disorder (CSA-PTSD), 26 adolescents with anxiety and/or depressive disorders (DEP) and 19 non-clinical adolescents (CNTR). 2 MATERIALS AND MATERIALS<br>
2.1 Participants<br>
Sixty-three participants from the EPISCA study (Emotional Pathways' Imaging Study in Clinical<br>
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Our study sample consisted of 53 females and 10 males. Mean age was 15.49 years (SD 1.72, range 12-20) and total mean IQ was 103.25 (SD 8.77, range 81-119). As to cultural background, 1.6% was Asian, 92.1% was Caucasian, 4.8% was Surinamese, 1.6% was Latin-American. Four adolescents (CSA-PTSD *N*=2, DEP *N*=2) were on stable SSRI use (three fluoxetine, one sertraline). Puberty stage was assessed according to the following categories using the Pubertal Development Scale (PDS; [23], see supplemental material). Attachment and clinical characteristics of the originally larger total EPISCA sample (*N*=77) without neuroimaging data were reported separately [21].

Written informed assent and consent was obtained from all adolescents and their parents. Participants received a financial compensation including travel expenses. The medical ethics

committee of the Leiden University Medical Centre approved the study (nr. P 08.175).

### *2.2 Adult Attachment Interview*

The Adult Attachment Interview (AAI [17]; see also supplemental material) is a one hour long administered semi-structured interview, validated for adolescents [24]. The AAI asks how the interviewee thinks about the relationship with parents or other primary caregivers in his or her childhood, how these experiences have influenced him or her, how the actual relationship with parents or other primary caregivers is currently and whether there were any childhood experiences of illness, separation, fear, trauma or loss. The interviewee is asked to give specific examples supporting each evaluation. The coherence of the narrative determines the score, not its autobiographical content [17]. The Adult Attachment Interview (AAI [17]; see also supplemental material) is a one hour<br>
long administered semi-structured interview, validated for adolescents [24]. The AAI asks how<br>
the interviewee thinks about the rela

After verbatim transcription of the AAI a certified coder rates the interview and assigns an attachment representation classification described by Hesse [17]. In organized attachment representations there is one coherent mental strategy with regard to attachment figures, either secure-autonomous or insecure. In unresolved-disorganized attachment representations different mental strategies with regard to attachment figures are used simultaneously or sequentially, often contradictory [17]*.* Individuals receive a scale score for Unresolved loss or trauma and a score of 5.5 or above leads to a classification of unresolved-disorganized [17] (see Supplemental Material)

### *2.3 General Psychopathology Factor*

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The general psychopathology factor represents lesser-to-greater severity of psychopathology that is associated with higher negative affectivity, life impairment and compromised brain integrity [2]. The use of the general psychopathology factor was also shown to be valid in previous studies with adolescents [e.g. 3]. A GPF was estimated using parent and self-report measurements for behavioral and emotional problems in children and adolescents: Trauma Symptom Checklist for Children (TSCC [25]), Children's Depression Inventory (CDI [26]), Revised Child Anxiety and Depression Scale (RCADS [27, 28]), Adolescent Dissociative Experiences Scale (A-DES [29]),Youth Self Report (YSR [30, 31]), and Child Behavior CheckList (CBCL [32, 33])*.* A Principal Component Analysis was performed using these (sub)scales. The Kaiser-Meyer-Olkin statistic showed sampling adequacy ( $KMO = .92$ ). There were two components with eigenvalues larger than 1 (eigenvalue component  $1 = 9.24$ , eigenvalue component  $2 = 1.40$ ). The scree plot showed an inflection justifying the extraction of one component explaining 61.63% (see Table 1 for an overview of the loadings). Individual factor scores were calculated in order to estimate the general psychopathology factor [2, 3, 34, 35]. Factor score coefficients were calculated using the regression method (see Table 1). These coefficients were multiplied with the (sub)scale scores to obtain factor scores, which represent individual standardized scores on the GPF, based on their scores on the constituent questionnaires. All calculations were performed in SPSS with Principal Component Analysis. See Table S1 and Figure S1 in the supplemental material for the mean psychopathology scores across the psychopathology groups. with adolescents [e.g. 3]. A GPF was estimated using parent and self-report measurements for<br>behavioral and emotional problems in children and adolescents: Trauma Symptom Checklist for<br>Children (TSCC [25]). Children's Dep

### *2.4 Data acquisition and analysis*

DTI data were collected using a Philips 3.0T Achieva MRI scanner (Philips Medical Systems, Best, The Netherlands) with an eight-channel SENSE (Sensitivity Encoding) head coil. A single-

shot echo-planar imaging sequence was used with the following scan parameters: repetition time=11,000 ms, echo time=56 ms, flip angle=90 $^{\circ}$ , b-factor=1000 s/mm2, voxel dimensions = 2.3 mm isotropic, number of slices=73, and no slice gap. DTI data were acquired along 32 directions, together with a baseline image having no diffusion weighting (b=0). The total scanning time was ~7.5 min. DTI data is not publicly available.

The Oxford Centre for Functional MRI of the Brain (FMRIB) software library was used to preprocess (see supplemental material) and analyze DTI data. Voxel-wise statistical analysis of the FA data was carried out using TBSS (Tract-Based Spatial Statistics[36], part of FSL[37]) First, FA images were created by fitting a tensor model to the diffusion data using FMRIB's Diffusion Toolbox. All subjects' FA images were then registered to a common space using nonlinear registration (see supplemental material). Next, the mean FA image was created and a mean FA skeleton was created which represents the centers of all tracts common to the group. Each subject's registered FA image was then projected onto this skeleton and the resulting data fed into voxel-wise group analysis. directions, together with a baseline image having no diffusion weighting (b=0). The total<br>scanning time was ~7.5 min. DTI data is not publicly available.<br>The Oxford Centre for Functional MRI of the Brain (FMRIB) software l

We performed an ROI analysis in order to examine whether Ud was related to white matter integrity of regions that have previously been associated with childhood adversity, that is, the cingulum, corpus callosum (splenium, body, and genu) and the superior longitudinal fasciculus [20]. A mask containing these three regions was created using the Johns Hopkins University (JHU) white matter atlas provided by FSL[38]*.* This mask was applied to the mean FA skeleton so that only voxels in the mean FA skeleton were included.

Voxel-wise statistical group analysis was performed using the General Linear Model and inference was performed with Randomise, (see supplemental material)*.* Our model included the GPF as a continuous variable, Unresolved status (Ud versus non-Ud), and covariates of no

interest were sex, IQ, and a composite score combining age and pubertal status. Unresolved status and GPF were included in the same model as the aim of the current study was to examine unique correlates of Ud and GPF. We assessed the contrasts 1)  $Ud > n$  on Ud; 2)  $Ud < n$  on Ud; 3) positive association with GPF; 4) negative association with GPF. Significant voxels were determined using Threshold-Free Cluster Enhancement (TFCE) [39] with family wise error correction for multiple comparisons  $(p<0.05)$ . In order to visualize the associations between GPF, Ud, and white matter integrity in graphs, FA values were extracted using fslmeants for voxels of regions that were significantly related to GPF or unresolved status. In addition to ROI analysis, we also performed whole brain analyses with the same contrasts. positive association with GPF; 4) negative association with GPF. Significant voxels were<br>determined using Threshold-Free Cluster Enhancement (TFCE) [39] with fumily wise error<br>correction for multiple comparisons  $(p<.05)$ .

FA is a non-specific marker for WMI, meaning that it gives no information about underlying tissue structure. Therefore, post-hoc analyses were performed to examine mean diffusivity (MD), radial diffusivity (RD), and axial diffusivity (AD) in the voxels that were significantly related to GPF or unresolved-disorganized attachment in the ROI analysis. Increases in MD and RD reflect demyelination [40, 41], whereas decreased AD values reflect axonal loss [42].

### **3. RESULTS**

### *3.1 Clinical characteristics*

Clinical assessment (as detailed in supplemental material) revealed that the mean score found for post-traumatic symptoms was 34.49 (TSCC, SD 23.36; range 0-98), for depression 13.00 (CDI, SD 9.42; range 0-4), for anxiety 25.97 (RCADS, SD 14.93; range 0-70), for dissociation 1.39 (A-

DES, SD 1.38; range 0-6.4), for self-report problems by youth 19.10 (YSR, SD 11.03; range 0-44) and for parent reported internalizing problems 13.99 (CBCL; SD 9.08; range 0-37)

Based on the AAI, 34.9% of the adolescents in this sample was classified as secure (*N*=22), 46.0% as dismissive (*N*=29), 19.0% as Unresolved-disorganized (Ud) (*N*=12; CNTR *N*=1, DEP *N*=5, CSA-PTSD *N*= 6). Correlational analysis showed that there was no significant relation between Unresolved-Disorganized status and GPF (*r* = .21, *p* = .11). Adolescents with Unresolved-Disorganized status did not have higher GPF scores than adolescents without Unresolved-Disorganized status  $(t(61) = -.84, p = .40)$ . Neither was there a significant difference in puberty phase, age, or IQ between the Ud and non-Ud group (*p*'s > .49, see Table 2) or in the number of male and female participants in the Ud and non-Ud group (Ud: women  $N = 11$ , men N  $= 1$ , non-Ud: women  $N = 42$ , men  $N = 9$ ,  $\chi^2(1) = .63$ ,  $p = .38$ ). (N-22), 46.0% as dismissive (N-29), 19.0% as Urresolved-disorganized (Ud) (N-12: CNTR<br>
N-1, DEP N-5, CSA-PTSD N- 6). Correlational analysis showed that there was no significant<br>
relation between Unresolved-Disorganized st

### *3.2 DTI results*

*ROI analysis.* ROI analysis showed reduced FA values in the splenium in individuals with Unresolved loss and trauma ( $p < .05$ , FWE corrected for multiple comparisons, controlling for GPF, age, puberty status, IQ, and sex, see Figure 1), but no association between Unresolved status and FA values was found in the cingulum or superior longitudinal fasciculus. Furthermore, ROI analysis revealed a negative association between GPF scores and FA values in the genu and body of the corpus callosum (*p* < .05, FWE corrected for multiple comparisons, controlling for Ud, age, puberty status, IQ, and sex), but not in the splenium (see Figure 2). Neither was there an association between GPF scores and FA values in the cingulum or superior longitudinal fasciculus.

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*Post-hoc analyses.* Post-hoc analyses were performed to examine MD, RD, and AD in the voxels that were significantly related to GPF scores or unresolved loss and trauma in the ROI analysis. Unresolved status was not significantly related to MD, RD, and AD. However, we found a positive association between GPF scores and MD, RD, and AD in the body of the corpus callosum ( $p < .05$ , FWE corrected for multiple comparisons, controlling for Ud, age, puberty status, IQ, and sex). Additional analyses were performed to examine the relation between FA, MD, RD, AD and GPF and unresolved status in girls only because of sex differences in white matter integrity [43]. In the sample with only girls, the association between FA, MD, RD and GPF scores remained significant (controlling for Ud, age, puberty status, and IQ), but AD was not significantly related to psychopathology (see supplemental material). In addition, girls with an unresolved status showed significantly lower FA values than girls without Unresolved status, controlling for GPF, age/puberty, and IQ  $(F(1,48) = 16.57, p < .001)$ . found a positive association between GPF scores and MD, RD, and AD in the body of the corpus<br>callosum ( $p < .05$ , FWE corrected for multiple comparisons, controlling for Ud, age, puberty<br>status, IQ, and sex). Additional ana

*Whole brain analysis.* The whole brain voxel-wise analysis showed that adolescents who were classified as Unresolved had reduced FA values in the splenium and the inferior frontooccipital fasciculus (IFOF) (whole brain analysis,  $p < .05$ , FWE corrected for multiple comparisons, controlling for GPF, age, puberty status, IQ, and sex) (see Figure 1). Whole brain analysis did not reveal an association between GPF scores and FA values, controlling for Ud, age, puberty status, IQ, and sex.

< insert Figure 1 about here > < insert Figure 2 about here >

### **4. DISCUSSION**

The current study is the first to examine white matter correlates of unresolved-disorganized attachment and a measure of general psychopathology (GPF). With DTI, we showed that unresolved-disorganized attachment representation (Ud), i.e. unresolved loss or trauma as assessed with the AAI, and GPF are differentially related to abnormalities in a skeleton representation of white matter tracts. We studied a mixed group of adolescents with CSA-related PTSD, anxiety and depressive disorders and without psychiatric symptoms. We found that unresolved loss and trauma was associated with reduced FA values in the inferior frontooccipital longitudinal fasciculus and the splenium of the corpus callosum, whereas our ROI analysis showed that GPF was associated with reduced white matter integrity in the genu and body of the corpus callosum. This is consistent with our hypothesis that a GPF and Ud are differentially related to white matter abnormalities. Our findings provide evidence for a WMI correlate of Ud within the splenium of the corpus callosum ROI, and indicate that reduced white matter integrity in the genu and body is a trans-diagnostic biomarker of multiple psychopathological symptoms. assessed with the AAI, and GPF are differentially related to abnormalities in a skelton<br>representation of white matter tracts. We studied a mixed group of adolescents with CSA-related<br>PTSD, anxiety and depressive disorders

As white matter develops over at least three decades following birth, it is thought to be a brain structure prone to be influenced by psychopathology as well as childhood maltreatment [44, 45]. Previous neuroimaging studies found white matter reductions in the corpus callosum in patients with several mental disorders, including PTSD, major depression, anxiety disorders, borderline personality disorder and bipolar disorder, for a review see [46] . However, corpus callosum reductions have been found in healthy individuals with a history of maltreatment, regardless of psychopathology [47]. It has therefore been suggested that brain abnormalities in each diagnostic group may be restricted to a maltreatment ecophenotype [47]. Indeed, a study by Bucker and colleagues [48] showed that corpus callosum reductions were associated with bipolar

disorder, but were limited to patients with experiences of maltreatment. Thus, in the past few decades, neuroimaging studies may have confounded childhood trauma and psychopathological symptoms [49]. Our findings are consistent with and extend this suggestion and indicate that white matter integrity of the splenium of the corpus callosum is specifically related to unresolved-disorganized attachment, which is a result of childhood loss or trauma, while psychopathology is linked to the genu and body of the corpus callosum.

The corpus callosum is crucial for interhemispheric communication and is the largest white matter tract in the human brain. Thickness of the corpus callosum has been associated with measures of IQ and problem solving [50]. Although the number of fibers in the corpus callosum is already determined at birth, structural changes continue to occur during childhood and adolescence due to axonal myelination, pruning, and redirection [51-53]. The same degree of growth is, however, not the same for each subregion. Luders and colleagues [51] show a more pronounced growth of the splenium compared to other regions of the corpus callosum in children between 5 and 18 years of age. This is consistent with studies showing greater age-related changes in posterior regions than in anterior regions of the corpus callosum in other age groups [54, 55]. Accelerated development of the splenium during childhood and adolescence may lead to greater vulnerability to childhood stressors, which may explain the association with unresolved-disorganized attachment related to loss and trauma in the current study. Rodent studies show that these callosal abnormalities are related to imbalance in oligodendrocyte proliferation in reaction to high cortisol stress levels due to chronic exposure to stress [56, 57]. white matter integrity of the splenium of the corpus callosum is specifically related to<br>unresolved-disorganized attachment, which is a result of childhood loss or trauma, while<br>psychopathology is linked to the genu and bo

Our finding that reduced white matter integrity in the splenium of the corpus callosum and IFOF was specific for individuals with Ud (after controlling for the GPF) could be explained in alternate ways. One possibility is that reduced white matter integrity in the splenium of the

corpus callosum and IFOF may reflect a pre-existing vulnerability factor that increases sensitivity to deleterious effects of childhood abuse, resulting in unresolved loss and trauma. In fact, reduced callosal size has been negatively associated with IQ and cognitive functioning [50], which may in turn hinder recovery from trauma [15, 58]. Another explanation is that a secure parent-child relationship may help in resolving a traumatic experience and may stimulate recovery or compensatory changes. There is some evidence showing that resilience after childhood trauma is associated with compensatory neurobiological mechanisms [59]. Future studies should therefore examine WMI in individuals with traumatic childhood experiences with longitudinal intervention designs in order to shed light on trauma- and attachment-related neurobiological changes and which interventions help best to recover in patients with versus without Ud. which may in turn hinder recovery from trauma [15, 58]. Another explanation is that a secure<br>parent-child relationship may help in resolving a traumatic experience and may stimulate<br>recovery or compensatory changes. There

When traumatic childhood attachment experiences remain unresolved it may account for reduced white matter integrity of the splenium, but abnormalities of the genu and body of the corpus callosum may be the consequence of a general vulnerability for psychopathology that might be a result of genetic influences [60] or prenatal stress [61]. Our findings indicated that the smaller FA values in the genu and body were due to increases in AD, RD, and MD. RD and MD are known to reflect demyelinization [40], whereas the positive association between GPF and AD values may reflect altered axonal integrity [42]. However, caution with interpretation of these WMI indicators is warranted because causality still has to be established.

Some limitations should be mentioned. The generalizability of results may be limited due to the relatively small sample size and the restricted ranges of age, IQ, and gender. Future studies should examine neural correlates of unresolved loss and trauma and a GPF in a more diverse sample with a broader range of psychopathological symptoms, for example including more

externalizing symptoms. In addition, the study was cross-sectional which makes conclusions regarding causality speculative. Furthermore, we did not make use of fieldmap corrections for susceptibility artifacts. Lastly, although studies with different age categories (children, adolescents, adults) and countries using different report sources (self-report, parent or teacher report) all confirm the existence of a GPF (see [62] for a review), it is still unclear what causes the correlation among disorders and symptoms. The GPF has been compared with the general factor in intelligence (the "g" factor) [62], which accounts for correlated scores on different cognitive tests, whereas more domain-specific factors explain shared variance among smaller subsets of tests. A similar bifactor model specifying both a general factor and specific internalizing and externalizing factors has been proposed for the structure of psychopathology, although alternative models for the correlation among symptoms should also be tested [62]. The findings of the current study may suggest that GPF has a neurobiological basis, similar to the "g" factor [63]. However, it is still unclear what GPF exactly means and whether it is a g like *causal* factor. Caspi and Moffit [62] therefore call for a neuroimaging approach in the investigation of GPF. Exploring brain correlates of GPF could potentially be a step forward in the discovery of biological psychiatry as it may be a new route to identify the causes shared by psychiatric disorders [62]. adolescents, adults) and countries using different report sources (self-report, parent or teacher<br>report) all confirm the existence of a GPF (see [62] for a review), it is still unclear what causes<br>the correlation among d

## **5. CONLUSIONS**

In conclusion, we showed that a GPF and unresolved loss or trauma have unique associations with white matter integrity. Our findings indicate that reduced white matter integrity in the genu and body is a trans-diagnostic biomarker of multiple psychopathological symptoms, which may be related to comorbidity and presence of symptoms that transcend specific

psychopathological diagnoses. In contrast, reduced white matter integrity of the splenium and IFOF seem to reflect consequences of unresolved childhood loss or other trauma and may account for heterogeneity within diagnostic categories. Together, these findings suggests that a dimensional approach may complement the traditional classificatory approach in clinical research and practice.

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### **7. DISCLOSURES**

The authors declared no potential conflicts of interests with respect to the authorship and/or publication of this article.

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Figure 1. Reduced FA values in individuals with Ud. Upper panel A: whole brain analysis; lower panel B: ROI analysis. Depicted in green is the white matter skeleton superimposed on the FMRIB58\_FA\_1 mm standard brain (gray). Depicted in yellow are the regions in which FA values were significantly lower in individuals with Ud  $(N = 12)$ , compared to individuals without Ud ( $N = 51$ ),  $p < 0.05$ , TFCE corrected. The results are thickened (in red) using the "tbss-fill" command. The right side of the image corresponds to the left hemisphere of the brain and vice versa. Panel C shows mean (SE) FA values of the subregion of the splenium that was significantly related to unresolved status (extracted for illustrative purposes) for individuals with and without Ud, controlled for TIQ, composite score age and puberty, sex, and GPF (\*\* *p* Figure 1. Reduced FA values in individuals with Ud. Upper panel A: whole brain analysis; lower<br>panel B: ROI analysis. Depicted in green is the white matter skeleton superingrosed on the<br>FMRIB58\_FA\_I mm standard brain (gra



Figure 2. Panel A: Negative association between general psychopathology factor (GPF) and FA values in the genu and body of the corpus callosum (ROI analysis). Depicted in green is the white matter skeleton superimposed on the FMRIB58\_FA\_1 mm standard brain (gray). Depicted in light blue are the regions in which FA values were significantly related to GPF,  $p < 0.05$ , TFCE corrected. Panel B: A scatterplot of extracted voxel values, for illustrative purposes only, showing the negative association between GPF and FA values in the genu and body. Figure 2. Panel A: Negative association between general psychopathology factor (GPF) and FA<br>values in the genu and body of the corpus callosum (ROI analysis). Depicted in green is the<br>white matter skeleton superimposed on

# **ACCEPTED MANUSCRIPT**

Table 1. Factor loadings and factor score coefficients for the Trauma Symptom Checklist for Children (TSCC), Children's Depression Inventory (CDI), Revised Child Anxiety and Depression Scale (RCADS), Adolescent Dissociative Experiences Scale (A-DES),Youth Self Report (YSR), and Child Behavior Check List (CBCL)*,* resulting from the Principal Component Analysis.



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Table 2. Mean (SD) general psychopathology scores, age, PDS, and total IQ scores for the Ud versus non-Ud group.



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