

Are isolated heart defects really isolated? A prenatal view on submicroscopic genetics and brain development Jansen, F.A.R.

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CHAPTER 3

Chromosomal abnormalities and copy number variations in fetal left sided congenital heart defects

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ABSTRACT

Objectives

To demonstrate the spectrum of copy number variants (CNVs) in fetuses with isolated left sided congenital heart defects (CHDs), and analyze genetic content.

Methods

Between 2003 and 2012, 200 fetuses were identified with left sided CHD. Exclusion criteria were chromosomal rearrangements, 22q11.2 microdeletion and/or extra-cardiac malformations (n=64). We included cases with additional minor anomalies (n=39), such as single umbilical artery. In 54 of 136 eligible cases, stored material was available for array analysis. CNVs were categorized as either (likely) benign, (likely) pathogenic or of unknown significance.

Results

In 18 of the 54 isolated left sided CHDs we found 28 rare CNVs (prevalence 33%, average 1.6 CNV per person size 10.6kb – 2.2Mb). Our interpretation yielded clinically significant CNVs in two of 54 cases (4%) and variants of unknown significance in three other cases (6%).

Conclusions

In left sided CHDs that appear isolated, with normal chromosome analysis and 22q11.2 FISH analysis, array analysis detects clinically significant CNVs. When counselling parents of a fetus with a left sided CHD it must be taken into consideration that aside from the cardiac characteristics, the presence of extra-cardiac malformations and chromosomal abnormalities influence the treatment plan and prognosis.

INTRODUCTION

Congenital heart defects (CHDs) are the most prevalent congenital malformations and occur in 6-8 per 1000 neonates¹. The collective term CHD is used for a combined group of different cardiac lesions that can be anatomically heterogeneous. Abnormalities of the left ventricular outflow tract constitute roughly 10% of all neonatal CHDs and 20% of all CHDs detected prior to birth². The spectrum of left sided CHDs varies from a bicuspid aortic valve, without clinical symptoms, to hypoplastic left heart syndrome (HLHS), leading to neonatal death if left untreated. Children with HLHS require a single ventricle palliation associated with considerable mortality and long-term morbidity³. Other left sided CHDs, like critical aortic valve stenosis or coarctation of the aorta, call for immediate postnatal intervention but, if treated in time, have a better prognosis.

CHDs in general present as either an isolated anomaly or as part of a malformation syndrome with chromosomal and/or extra-cardiac malformations. The rates of association with genetic syndromes vary, depending on the type of CHD. In children with HLHS it has been described that 5-12% of cases are associated with chromosomal or syndromic abnormalities^{3;4}, including Turner syndrome (monosomy X), 22q11.2 microdeletion syndrome and Jacobsen syndrome (11g deletion). Providing information about the association of CHDs with these syndromes is important when counselling future parents, given the influence of genetic conditions on surgical success and longterm outcome^{5;6}. Most syndromes are detectable after birth and/or display multiple malformations. However, prenatal ultrasound cannot identify all signs of syndromes such as dysmorphic features, nor can it predict developmental delay. Therefore, prenatal genetic assessment by amniocentesis is routinely offered in cases with a fetal CHD. Chromosome analysis (karyotyping) using fetal cells can detect aneuploidy and chromosome rearrangements. However, it has a limited resolution (5-10 Mb), requires operator dependent microscopic analysis, and has a relatively slow turn-around time. Chromosome analysis can be supplemented by FISH analysis of the 22q11.2 region.

Recent studies suggest that instead of chromosome analysis, detection of copy number variants (CNVs) by array analysis could be more informative^{7:8}. Array analysis has a much higher resolution and it is an automated molecular technique that detects chromosomal imbalances throughout the whole genome. It has proven to be clinically valuable in the pediatric population, especially in the setting of multiple malformations or developmental delay⁹. Experience gained from postnatal cohorts has encouraged the use of this diagnostic tool for prenatal diagnosis and it is increasingly performed if fetal abnormalities are diagnosed by ultrasound¹⁰. Nowadays, array analysis has become the

standard procedure for prenatal genetic analysis, and it is commonly preceded by rapid aneuploidy detection (RAD) to exclude common aneuploidies first¹¹⁻¹³.

The prevalence of clinically significant CNVs in prenatal CHDs is described in a few cohorts ¹⁴⁻²⁰. As mentioned, CHD are a very heterogeneous group of lesions. The prenatal cohorts that have been published in recent years, focus on CHDs in general, but not at the level of the specific defect. These cohorts are not large enough, have significant selection bias, had no postnatal confirmation of the CHDs, or are otherwise unsuitable to extract the prevalence on the level of specific heart defects²¹. Thus, from a clinical point-of-view, our aim was to assess the presence and spectrum of clinically significant CNVs or variants of unknown significance (VOUS) by performing array analysis in a group of isolated fetal left sided CHDs.

MATERIALS AND METHODS

Cases with a prenatal diagnosis of a left sided CHD were selected from the CAHAL database. This is a regional cohort of fetuses with severe CHD born between 2002 and 2012 in the northwest region of the Netherlands. Methods of data collection are previously reported². We extracted left sided CHD from this cohort, and subsequently excluded cases with additional CHD such as abnormal positioning of the great vessels. Ultrasound data were reviewed and cases were grouped as either 'isolated' or 'non-isolated' (defined as the presence of significant extra-cardiac malformations, hydrops or hygroma colli). Soft markers, minor additional findings, growth restriction, amniotic fluid pathology and/or single umbilical artery were not considered as significant extracardiac abnormalities. These cases are included in the 'isolated' group (see table S3). The presence and outcome of genetic analysis was assessed.

Cases with a prenatal diagnosis of an isolated left sided CHD, with a normal karyotype or rapid aneuploidy detection (RAD) result and absence of 22q11.2 microdeletion were eligible for array analysis Array was performed if frozen amniocytes, chorionic mesoderm, or isolated DNA was available in storage. Samples were anonymously processed. Affymetrix Cytoscan HD array or Agilent CGH 180K oligo array (Amadid 023363) was used as array platform and performed according to manufacturer's instructions. Data analysis was performed using Chromosome Analysis Suite (ChAS) 2011 version CytoB-N1 2.0.232 (r4280), Nexus Copy Number versions 5.0, 6.1 and 7.0 or Genomic Workbench 6.5, and interpreted using Cartagenia BENCH 4.0 Feb-2012 (genome build hg19). Standard settings for SNPs in ChAS were adjusted: gain- size of 20 kb, marker count of 10, and a confidence of >85 and

for loss-size of 10 kb, marker count of 10 and a confidence of >85. Standard settings for CNVs in Nexus were adjusted: threshold for probe median: gain 0.3 and loss -0.3. Minimal probes for a call: 20 per segment. Only samples meeting the quality criteria, i.e. QC >15, MapD < 0.25 and a WavinessSD < 0.12, were analyzed. For the oligo arrays analyzed with genomic workbench an aberration was defined as at least 3 consecutive probes with log2 ratio ≤ -0.4 or ≥0.4. The interpretation of CNVs has been done according the criteria as described by Gijsbers et al²². If parental material was available, we analyzed trios to assess whether rare CNVs were de novo or inherited. Various available online platforms were used, including the UCSC Genome Browser, Ensembl Genome Browser, the Toronto DB of Genomic Variants (DGV) and Decipher. Common polymorphic CNVs were considered as benign, with the exception of CNVs that are known as (possible) susceptibility factors, such as 15q11.2 BP1-BP2 microdeletions^{23:24} and Xp22.31 microduplications^{25:26}, and maternally inherited CNVs on the X chromosome in male fetuses. The remaining variants were included for consideration for clinical significance. Inherited CNVs from parents were also considered as rare CNVs to account for CNVs with a possible reduced penetrance. To assess the function of the genes involved, we consulted PubMed and the OMIM database, as well as genecards.org (consulted between July and November 2015). Statistical analysis was performed using SPSS version 20.0.0.

RESULTS

The database contained 200 cases of prenatally diagnosed left sided CHDs. In table 1 the anatomic subgroups of the CHD, the rates of invasive testing, and rates of residual material available are summarized. A significant extra-cardiac malformation, detected by prenatal ultrasound, was present in 55 fetuses (27.5%), such as multiple soft markers, cerebral malformations, abdominal wall defects, or severe hydrops/hygroma colli. In 145 fetuses (72.5%) no significant extra-cardiac defects were present; 11 of these (7.6%) had a single umbilical artery and 28 (19%) had a single soft marker, minor malformation, growth abnormality and/or amniotic fluid pathology. In 67 of 145 cases (46%) with an 'isolated' left sided CHD the child was live born; in 67 cases (46%) a termination of pregnancy was performed (table S1). The CHD was confirmed by either postnatal ultrasound or postmortem analysis in 100 of 145 'isolated' cases (69%). In 45 cases (31%), the diagnosis was only ascertained by prenatal ultrasound. Further details on survival in both groups are summarized in the supplemental table S1. Rates of chromosome abnormalities and 22q11.2 microdeletions, of the isolated and non-isolated groups, are summarized in table \$2. Large chromosomal abnormalities or 22q11 microdeletion were present in 8% (95% CI 3-14%) of 'isolated' left sided CHDs.

Table 1: Rates of invasive testing, genetic analysis in total and number of arrays performed in fetuses with isolated and non-isolated left sided CHDs

tune of left sided CUD	_	PND (%)		genetic analysis	·	netic	cases with left over material (arra		
type of left sided CHD Isolated left sided CHD	n	PI	ND (%)	postnatal	anaiy	sis total	performed)		
HLHS	104	73	(70%)	8	Ω1	(78%)	43		
Coarctation of the aorta	22	11	(50%)	4	15	(68%)	7		
Aortic stenosis	10	5	(50%)	-	5	(50%)	2		
other left sided CHD*)	9	5	(56%)	-	5	(56%)	2		
TOTAL isolated	145	94	(65%)	12	106	(73%)	54		
Non-isolated left sided CHD									
HLHS	40	34	(85%)	1	35	(88%)			
Coarctation of the aorta	5	5	(100%)	-	5	(100%)			
Aortic stenosis	4	3	(75%)	-	3	(75%)			
other left sided CHD*)	6	5	(83%)	1	6	(100%)			
TOTAL non-isolated	55	47	(85%)	2	49	(89%)			
TOTAL overall	200	14	1 (71%)	14	155	5 (78%)			

^{*)} includes cases with Shone syndrome, aortic arch hypoplasia and small left ventricle not otherwise specifiedAbbreviations: CHD congenital heart defect; PND prenatal invasive procedure; HLHS hypoplastic left heart syndrome;

The inclusion process for array analysis is displayed in figure 1, resulting in 54 inclusions of 136 eligible cases (40%) for array analysis. Details of these 54 cases are available in table S3. Of the 54 cases, 36 (67%) were performed on the Affymetrix Cytoscan and 18 (33%) were performed on the Agilent CGH.

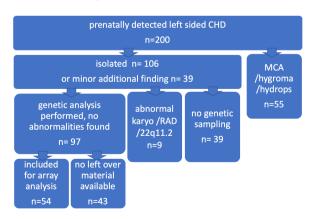


FIGURE 1: Inclusion for array analysis

Abbreviations: CHD congenital heart defect; MCA multiple congenital anomalies; karyo karyogram; RAD rapid aneuploidy detection; 22q11.2 microdeletion

Table 2 lists the encountered rare CNVs, the clinical implications, the locus on the chromosome, and the corresponding genes pertaining to that locus. We found 28 rare CNVs in 18 cases accounting for a prevalence of 33% with an average of 1.6 rare CNVs per person. The size of the CNVs ranged between 10.6 kb and 2.2 Mb. Our analysis and interpretation yielded clinically significant CNVs in 2 of 54 cases (4%; 95%CI 0 -9%). In case 7 we found a ~10% mosaicism for trisomy 2, which remained undetected by previous chromosome analysis because at that time not enough cells (n=16) were analysed to detect the very low mosaicism. Because amniocytes were the cells used for the initial diagnosis, this result was not caused by a confined placental mosaicism. This aberration is known to be associated with cardiac defects and multiple congenital malformations^{27;28}. Follow-up is unavailable because the pregnancy was terminated without post-mortem analysis. In case 48 we identified a 2.2Mb de novo 10q25 deletion, associated with multiple congenital malformations 29:30. Genes include: DUSP5, associated with susceptibility to vascular anomalies, SMC3, associated with mild Cornelia de Lange syndrome 3, RBM20, associated with dilated cardiomyopathy, SHOC2, associated with Noonan-like disease, and ADRA2A, associated with cardiac hypertrophy and diminished contractility. Currently three years old, the child has dysmorphic features, a horseshoe kidney (missed antenatally), and appears to be developing normally compared to peers.

In the above mentioned two cases, as well as the 16 other cases, we also found 26 smaller CNVs. Most of these are unlikely to be clinically relevant or possibly causative, because the genetic involvement appears to be unrelated to critical developmental processes. Parental samples were not available for comparison in 14 of the 18 cases, therefore it is uncertain if 20 of the 26 found rare CNVs were inherited or *de novo*. Analysis of the involved genes demonstrated genes possibly related to abnormal cardiac development in only 1 case: In case 5 array analysis demonstrated a duplication including the 3'part of the *AAK1* gene; this gene interacts with the activated form of *NOTCH1a*³¹. The clinical implications of this duplication are uncertain (VOUS). The parents were not tested, and the pregnancy was terminated without post-mortem analysis.

In case 38 we found a maternally inherited 4q21.23 deletion in a region including the WDFY3 gene. This deletion has previously been reported as a possible risk factor for autism spectrum pathology³². This child died 3 weeks after birth due to cardiovascular complications.

In case 43 we found a maternally inherited Xp22.31 duplication in a region including the STS gene in a male fetus. This gain has been reported as a possible risk factor for neurodevelopmental delay^{25;26}. This child died after surgery due to cardiovascular complications.

Table 2: Copy number variants encountered in the isolated left sided CHDs group

Table 2: (Сору	num	ber	var	iants encou	ıntered i	n the i	sola	ated	llef	t sic	ded	CHI	Ds و	grou	р					
Parental material available	NO			no		OU		no	no	no	no	no		no	no		no	no	OU		
Clinical significance	Likely benign	Likely benign	Likely benign	Likely benign	AAKI: uncertain, probably benign. Binds to and stabilizes the activated form of NOTCH1, increases its localization in endosomes and regulates its transcriptional activity.	Likely benign	Clinically significant, associated with cardiac defects and multiple anomalies	Likely benign	Likely benign	Likely benign	Likely benign	Likely benign	Likely benign	Likely benign	Likely benign	Likely benign	Likely benign	Likely benign	Likely benign	Likely benign	
Genes included	FAM72B FCGR1B	PRDM5	NELL1	AGBL4	GFPT1 NFU1 AAK1	ZFP69 EXO5 ZNF684	>20genes	BRCC3	GLRA1	CLCA4	RASGRF2 CKMT2	LSAMP	COX18 ANKRD17	SLCO4A1 NTSR1	PAM GIN1	RBM39 PHF20	OR6C76	GRID2	SGCZ	KRBOX4	
Size	300kb	208kb	396kb	261kb	247kb	40.7kb		134kb	102kb	10.6kb	44.5kb	174.4kb	235.5kb	183kb	282.1kb	65.1 kb	16.5kb	98.3kb	143.8kb	31.1kb	
Туре	loss	gain	gain	loss	gain	loss		gain	gain	loss	loss	loss	gain	gain	loss	gain	loss	loss	gain	gain	
Array abnormality *)	1p11.2(120,825,175-121,125,362)	4q27(121,589,739-121,797,841)	11p15.1(21,068,742-21,464,425)	1p33(49,477,344-49,738,282)	2p13.3(69,490,034-69,737,401)	1p34.2 (40,961,609-41,002,340)	mosaic trisomy 2	Xq28 (154,310,086-154,444,066)	5q33.1 (151,264,063-151,366,169)	1p22.3(87,029,391-87,039,945)	5q14.1(80,494,619-80,539,078)	3q13.31(116,789,790-116,964,183)	4q13.3(73,813,058-74,048,508)	20q13.33 (61,209,209 -61,392,119)	5q21.1(102,167,747-102,434,937)	20q11.22(34,312,988-34,378,069)	12q13.2(55,815,028-55,831,512)	4q22.1 (93, 681, 949-93, 780, 269)	8p22(13,974,602-14,118,431)	Xp11.3(46,311,914-46,342,995)	
Array results (rare CNVs)	3 CNVs			2 CNVs		mosaic trisomy 2, 1 small CNV		1 small CNV	1 small CNV	1 small CNV	1 small CNV	2 CNVs		1 CNV	2 CNVs		1 small CNV	1 small CNV	2 small CNVs		
Platform	⋖			O		O		A	O	O	O	O		×	O		O	O	O		
Case	2			Ŋ		7		E	12	21	22	24		26	32		33	34	37		

Parental material available	on-affected mother, possi- n spectrum pathology			on-affected mother, possi-yes opmental delay				
Clinical significance	Uncertain, seen in non-affected mother, possible risk factor autism spectrum pathology	Likely benign	Uncertain, seen in non-affected mother, possi-	ble risk factor developmental delay	ble risk factor developmental dela Likely benign	ble risk factor developmental dela Likely benign Likely benign	ble risk factor developmental delay Likely benign Likely benign Clinical significant; associated with cardiac defects and multiple anomalies, (DUSP5 associated with susceptibility to vascular anomalies SMC3 is associated with mild Cornelia de Lange syndrome, RBM20 is associated with dilated cardiomyopathy, SHOC2 is associated with noonan like disease, ADRA2A is associated with cardiac hypertrophia and diminished contractility)	ble risk factor developmental delay Likely benign Likely benign Clinical significant: associated with cardia fects and multiple anomalies. (DUSP5 asso with susceptibility to vascular anomalies is associated with mild Cornelia de Lange drome. RBM20 is associated with nidiated diomyopathy, SHOC2 is associated with ni like disease, ADRA2A is associated with chypertrophia and diminished contractility) Likely benign, seen in non-affected father
Genes included Cli	Univ WDFY3 ble	FAM198B TMEM144	Und STS ble		HSD17B12 ALKBH3 Lik	HSD17B12 ALKBH3 Lik		
Size	40.7kb	217kb	1.7Mb		174.2kb	_	•	
Туре	loss	loss	gain		gain	gain gain	gain gain loss	gain loss gain
Array abnormality *)	4q21.23(85,784,554-85,825,218) x1 mat	4q32.1(158,941,501-159,158,531) x1 pat	Xp22.31(6,457,403-8,131,810)mat		11p11.2 (43,858,992-44,033,281) mat	11p.1.2 (43,858,992-44,033,281) mat 21q21.3 (29,922,501-30,308,957)	11p11.2 (43,858,992-44,033,281) mat 21q21.3 (29,922,501-30,308,957) 10q25(111,473,160-113,665,727)dn	11p11.2 (43,858,992-44,033,281) mat 21q21.3 (29,922,501-30,308,957) 10q25(111,473,160-113,665,727)dn 12q24.33(131,536,220- 131,893,995)pat
Array Platform results (rare CNVs)	2 CNVs		2 CNVs					
Platform	O		⋖			⋖		
Case	38		43			44	4 8	4 4 8

Abbreviations: CNV copy number variation; platforms: A Agilent CGH 180K, C Cytoscan HD array, CHD congenital heart defect; pat inherited from father; mat inherited from *) Genome build hg19. A small CNV is defined as <150kb. mother; kb $\times 10^3$ basepair; Mb $\times 10^6$ basepair

As deduced from table S3, minor additional findings were present in 17 of 54 'isolated' cases (35%), including enlarged nuchal translucency/neck cysts (n=4), ascites/pericardial effusion (n=6), single umbilical artery (n=4), and other minor findings (n=3). Additionally, two fetuses were postnatally identified with extra-cardiac malformations (horseshoe kidney in cases 23 and 48), where one had a clinically significant CNV (case 48). These 19 fetuses with prenatally detectable (although missed in 2 cases) additional malformations did not differ in the frequency of rare CNVs from fetuses that are 'truly' isolated, without additional findings (both 31%). Furthermore, one child with normal array results currently displays neurodevelopmental delay (case 3). Another child with a normal array result developed hydrocephalus of an unknown cause (case 52). Both fetuses with a clinically significant CNV had an additional finding (cases 7 and 48), however in case 48 the extracardiac anomaly was only detected after birth. This results in 1/17 (6%) clinically significant array findings in fetuses with additional findings and 1/37 (3%) clinically significant array findings in prenatal isolated appearing cases (independent samples T test p=0.6).

DISCUSSION

Congenital heart defects (CHDs) are known to be associated with chromosomal abnormalities and 22q11.2 microdeletion⁴. This is confirmed by our study (table S2). Furthermore, our study shows that array analysis can yield clinically significant abnormalities in 4% of euploid fetuses without a 22q11.2 microdeletion. Thus, in the absence of ultrasonographically detected significant extra-cardiac malformations, and with a normal karyotype/FISH 22q11.2 result, array can in some cases predict if fetuses with a left sided CHD are at risk for a more severe phenotype. In our study, the risk of array abnormalities appears to be unrelated to the presence of minor additional malformations such as enlarged nuchal translucency. In two cases additional malformations (horseshoe kidney) remained undetected prior to birth.

Previous reports on the incidence of submicroscopic chromosomal abnormalities in fetal CHDs focus on CHDs in general, or analyze postnatal cohorts^{21;33-35}, which is impractical in prenatal counselling. As the diagnostic accuracy of prenatal ultrasound increases, targeted information concerning the specific diagnosis will also need to emerge. The current study determines the specific incidence of genetic abnormalities in the subgroups of isolated and non-isolated left sided CHDs. Left sided CHD are generally considered not to be associated with genetic syndromes, if they appear isolated on prenatal ultrasound. Compared to other CHD, tetralogy of Fallot for example, which is highly associated with syndromic and chromosomal anomalies, physicians may be

more reluctant to stress the need for fetal genetic sampling in absence of other fetal abnormalities. Thus, with our data, physicians are able to counsel parents more tailored to this specific condition. A great strength in our study is the large rate of postnatal confirmation (69% in isolated cases), thus analyzing a sharply defined phenotype of left sided CHD only.

Our array data confirms a previously reported additional yield of 6% with clinically significant submicroscopic chromosomal abnormalities in two large cohorts of euploid fetuses with isolated malformations in general^{36,37}. When focusing on left sided CHD only, our findings are in concordance with Shaffer, who reported a subgroup with isolated HLHS in a large cohort of fetuses with various ultrasound abnormalities¹⁴. Shaffer found 4 (9.5%) significant findings (all < 10Mb) in 42 isolated HLHS fetuses. This study, however, does not provide follow-up data to validate the prenatal findings with regard to postnatal outcome, nor does it elaborate on the details of the array abnormalities and inheritance. Hitz et al. stated that in 10% of left sided CHDs, CNVs play a causative or contributing role³⁸. Though this study included a well-focused phenotype, Hitz studied families with postnatally proven isolated left sided CHDs, excluding known syndromes and dysmorphic features. As this information is not available in the prenatal setting, the data of Hitz are not applicable for parental counselling in a fetal diagnosis.

Our study is the first to report the detection of rare CNVs, in a prenatal cohort. Our data demonstrate an average of 1.6 rare CNVs per person in 33% of fetuses with left sided CHDs. Our data coincide with findings in postnatal similar patient groups with similar array resolution: Hitz found 1.35 rare CNVs per person in 31% of children with left sided CHD (n= 54/174) with a resolution of 10kb, and lascone found 1.32 rare CNVs per person, in 47% of postnatal HLHS cases (n= 25/53), with an average resolution of 20kb^{38;39}. Payne reported on the frequency of small CNVs (<60kb), not likely to be disease-causing in 43 postnatal isolated and non-isolated cases of HLHS. Their found average (1.49 CNVs per person) was significantly higher when compared to 16 healthy controls³⁹. In comparison to Hitz³⁸ and lascone³⁹, the availability of parental material is somewhat lower in our dataset. Considering the fact that we found a similar number, or fewer, patients with rare CNVs, we do not expect this to have resulted in a high number of false CNVs calls.

The interpretation of CNVs remains controversial and prone to differences between centers. The identification of clinically significant CNVs is subject to variations in the used platform and the consulted genomic databases. The clinical (in)significance of variants of unknown significance (VOUS) are increasingly unveiled. Our interpretation of the CNVs yielded two array anomalies with clinical significance. Both anomalies are

known to be associated with cardiac defects and multiple congenital malformations²⁷⁻³⁰. However, these findings include some ambiguity. The degree of mosaicism trisomy 2 and affected tissues cannot be predicted (case 7). However, it would trigger suspicion of additional fetal congenital abnormalities. Interestingly, the 10q25 deletion case (case 48) did present with an additional structural abnormality, but neurodevelopment is normal.

Three VOUS were identified that were of interest. In the duplication of chromosome 2 in case 5, *AAK1* appears to be an interesting gene due to its interaction with the activated form of *NOTCH1*⁵¹. However only the 3′ part of the gene is duplicated; further investigation is needed to determine whether this duplication will disrupt this gene and subsequently has an effect on the gene function . The second and third VOUS are maternally inherited variants. The Xp22.31 duplication in case 43, including the *STS* gene is a variant that is present at a low frequency in the population, but is still considered clinically significant because it is found at higher frequency in affected individuals. Although this variant will not explain the HLHS, it could be a risk factor for neurodevelopmental delay²⁵. The 4q21.23 deletion in case 38, including the *WDFY3* gene, has been correlated to cerebral changes in mice that could be characteristic for autism spectrum disorders and epilepsy. The implications of both variants are unclear, and both children died at very young age due to cardiac complications. As our study was done on banked samples, it is unclear how these findings would have influenced the prenatal counselling.

Previous studies have implicated several loci and genes in left sided CHDs (mainly HLHS), including NOTCH1, NKX2.5, NKX2.6, HAND1, HAND2, SNAI2, GATA6, GJA1, FGF8, FOXC1, FOXC2, FOXH1 and FOXL1⁴⁰⁻⁴⁵. Identifying a new candidate gene or combination of genes responsible, however, remains difficult, mainly due to variable penetrance⁴¹. In isolated left sided CHDs, there appears to be no single genetic cause. Familial recurrence does occur, but left sided CHDs are considered to be genetically heterogeneous. Embryological blood flow alterations also seem to play an important role in the etiology^{46;47}. The reported genes were not found in any of the CNV regions we identified. However, the platforms we used either lacked or had few probes specific for the following genes: HAND1, HAND2, SNAI2, NKX2.5 FOXC1 NKX2.6 FOXH1 and FGF8; intragenic insertions or deletions could have been missed.

Our study has some limitations. Due to the retrospective nature of our study, segmental analysis of the development of the CHDs was not available in all cases. It is complicated to provide a link between a CNV or a candidate gene and the observed phenotype^{39;48}. In left sided CHDs it is even more difficult because the anomaly itself displays high rates of anatomic variation⁴⁹. Clinical classifications of left sided CHDs are focused on

a functional outcome. In HLHS, as an end stage development product, it is not always possible to identify the developmental cause of the observed anomaly. In our cohort, segmental developmental analysis was only possible in a small group, mainly in those that underwent postmortem dissection after termination of pregnancy. In the live born cases specific developmental details, regarding the presence of mitral or aortic valve hypo- or aplasia, as cause of HLHS were not always identifiable.

Furthermore, only 22% of our samples were analysed as trios, so information regarding the presence or absence of identified CNVs in parents is lacking in the remaining 42 cases. The importance of information regarding inheritance is evidenced by the findings of Warburton, where *de novo* rare CNVs occurred in 12.7% of their 71 postnatal HLHS cases versus 2% in their cohort of healthy controls⁵⁰. The history of familial occurrence of cardiac defects was not always available in our cohort, and parents were generally not tested for the presence of mild left sided CHDs such as a bicuspid aortic valve. Familial segregation analysis (linkage studies) and subsequent speculation on other potentially contributing CNVs, labelled in our study as clinically not significant, is therefore not possible. Thus, we are unable to rule out a possible influence of a yet unknown, common CNV as a susceptibility factor. Known susceptibility factors, such as 15q11.2 BP1-BP2 microdeletions, were not found in our study. Furthermore, the resolution of the used array method is restricted to 10kb in deletions and 20 kb in duplications; smaller intragenic deletions or duplications could not have been detected by this test.

Also, genetic material was not available in all eligible cases. As we have demonstrated in table 1, parents typically opted for an invasive procedure when additional malformations were present. Also, in 53 cases, genetic material was unavailable due to logistic challenges, absence of stored material and failure of cell culture. Therefore a selection bias cannot be ruled out.

Despite the limitations, our data serves as guide in focused prenatal counselling when genetic analysis is offered in left sided CHDs. Considering the fact that the long-term outcome may also be dominated by non-iatrogenic neurological impairment, even in apparently isolated CHDs, attempting to identify beforehand which cases are at highest risk for a more severe phenotype is important^{51,52}. As mentioned, our data also confirm reports that left sided CHDs are associated with chromosome abnormalities and 22q11.2 microdeletion syndrome⁴, detecting these aberrations in as many as 57% of fetuses with left sided CHDs in the presence of significant extra-cardiac malformations in this study. Left sided CHDs which seem to be isolated on prenatal ultrasound also carry a 7% risk of clinical significant chromosome abnormalities and 22q11.2 microdeletions in our cohort.

Together with clinically significant CNVs found in 4%, the yield of genetic analysis could be as high as 11% when using karyotyping and array analysis combined. However, all of the significant chromosome abnormalities found in our study with karyotyping (table S2) are also identifiable by array. It is advisable therefore to perform array analysis as a first tier test. Depending on local policies and costs deliberations, array analysis can be preceded by RAD to exclude common aneuploidies first. However, our study also shows that array analysis cannot predict all cases that display adverse (neurodevelopmental) outcome. Furthermore, as discussed, the significant array findings include some ambiguity. Therefore, while array analysis would have identified individual cases where the search for additional phenotypic abnormalities would be warranted, counselling may still involve some uncertainty. In the future, if whole exome or genome sequencing becomes widely available in the prenatal setting, this effect might even be stronger. To attach consequences to subtle array abnormalities, such as refusal of certain palliative interventions, has to be avoided until evidence of adverse outcome can be ascertained.

In conclusion, our data show that performing array analysis in a high resolution in cases of prenatal left sided CHD could aid parental counselling. It could identify some fetuses that are at high risk for a more severe phenotype, because of its capability to demonstrate unbalanced submicroscopic chromosome abnormalities and low mosaic aneuploidies. As the first to explore this in a prenatal setting, our research supports the use of array analysis as a first tier diagnostic test in isolated left sided CHD⁵³. Left sided CHD are usually considered to have a low risk for genetic anomalies, if not accompanied by additional congenital anomalies, leading to lower rates of invasive procedure performed. This study however confirms that fetal ultrasound misses certain additional lesions, thus emphasizing the importance of fetal genetic analysis. Because array analysis is also able to detect 22q11.2 microdeletion, it can be performed instead of FISH analysis, preceded by RAD (or karyotyping). The relative small size of our cohort, however, attenuates our findings.

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SUPPLEMENTARY FILES

Table S1: Details of survival and postnatal confirmation of the CHD in fetuses with isolated and non-isolated left sided CHD

Type of left sided CHD	number	CHD confirmed [‡]		ТОР	IUFD	loss to follow up	Live born		Currently alive [†]	
Isolated left sided CHD§										
HLHS	104	64	62%	61	4	2	37	36%	17	47%
Coarctation of the aorta	22	21	95%	2	-	1	19	90%	17	89%
Aortic stenosis	10	7	70%	3	1	1	5	56%	5	100%
other left sided CHD*	9	8	89%	1	2	-	6	67%	3	50%
TOTAL isolated	145	100	69%	67	7	4	67	46%	42	63%
Non-isolated left sided CH	<u>ID</u> §									
HLHS	40	10	25%	27	8	1	4	10%	0	
Coarctation of the aorta	5	2	40%	3	1	-	1	20%	1	
Aortic stenosis	4	3	75%	1	-	-	3	75%	0	
other left sided CHD*	6	5	83%	5	-	-	1	17%	0	
TOTAL non-isolated	55	20	36%	36	9	1	9	16%	1	•••••
TOTAL overall	200	120	60%	103	16	4	76	39%	43	57%

^{*} includes cases with Shone syndrome, aortic arch hypoplasia, absent left AV-connection, and small left ventricle not otherwise specified

Abbreviations: CHD congenital heart defect; HLHS hypoplastic left heart syndrome; TOP termination of pregnancy; IUFD intra uterine fetal demise

Data available online:

Table S2: prevalence of large chromosomal abnormalities and 22q11 microdeletion in fetuses with isolated and non-isolated left sided CHD.

Table S3: details of all 54 cases undergoing array analysis.

⁺ by either post-mortem analysis or postnatal ultrasound

[†]percentage of live born cases

[§]please note that non-isolated is defined as no extracardiac anomalies present on fetal ultrasound; some of the aneuploidies are therefore included in the isolated group, if presented by only a CHD before birth.