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Exploring the relationships of gamma-hydroxybutyrate and sleep on metabolism, physiology, and behavior in humans

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Appendices

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Curriculum Vitae

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Curriculum Vitae

NAME

Daniel Pardi, MS

EDUCATION/TRAINING

INSTITUTION AND LOCATION	DEGREE	YEAR(s)	FIELD OF STUDY
University of San Francisco (USF). USA	BS	1997	Exercise Physiology
Florida State University (FSU). USA	MS	2000	Exercise Physiology

Positions and Honors

Positions and Employment

2010-present	CEO, humanOS.me – A disease-prevention tool for the public based on novel tools related to education, skill development, and self-tracking health behaviors.
2011-2019	Leiden University Medical Center. PhD Program.
2006-2009	The Investigator Initiated-Sponsored Research Associations (www.IISRA.org) – Chairman of the Board of Directors and Founder
2008-2009	Jazz Pharmaceuticals. Senior Manager, Medical and Scientific Affairs
2007-2008	Jazz Pharmaceuticals. Manager, Medical and Scientific Affairs
2004-2005	Orphan Medical. Medical Science Liaison
2002–2004	Orphan Medical. Senior Specialty Sales Consultant
2000-2002	DoubleTwist. Bioinformatics / Genomics Project Manager
Jan–Nov 2000	Preventative Medicine Research Institute. Research Assistant, Prostate Cancer Research Team
May–Aug 1999	Florida State University, School of Medicine. Gross Anatomy Assistant Instructor

Honors

1998	FSU Medical Gross Anatomy Student Elect: Nominated by Physiology department faculty (1 per year) to join medical students. Accepted by program and finished top 4 in class.
1997	USF Student Leadership Award
1997	USF Department Honor Award (outstanding academic achievement - 1 of 5)
1997	USF Student Counsel Department Nominee (Faculty elected - 1 of 2)
1997	Who's Who in American Colleges and Universities (1 of 27 at USF)
1996	USF Student Wellness Program founder

Selected peer-reviewed publications (in chronological order).

Pardi D, Buman M, Black J, Lammers GJ, Zeitzer J. Eating Decisions Based on Alertness Levels after a Single Night of Sleep Manipulation: A Randomized Clinical Trial. **SLEEP** – Accepted, 2016.

Freese, Jens, et al. "Back to the Future. Metabolic Effects of a 4-Day Outdoor Trip Under Simulated Paleolithic Conditions—New Insights from The Eifel Study." **Journal of Evolution and Health** 1.1 (2016): 16.

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Ondo WG, Perkins T, Swick T, Hull KL, Jr., Jimenez JE, Garriss TS, Pardi, D. Sodium oxybate for excessive daytime sleepiness in Parkinson disease: an open-label polysomnographic study. **Archives of Neurology.** 2008 Oct;65(10):1337-40.

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Book Chapters

Xie X, Pardi D, Black J. Molecular and Cellular Actions of g-Hydroxybutyric Acid (GHB): Possible Mechanisms Underlying the Efficacy of GHB in Narcolepsy. In: Bassetti CL, Billiard M, Mignot E, eds. **Narcolepsy and Hypersomnia**: Informa Healthcare 2007:573-610.

Conference Posters and Presentations

Donjacour, C., Pardi, D., Aziz, A., Overeem, S., Pijl, H., & Lammers, G. (2010, January). Normal 24 Hour Ghrelin Levels in Human Narcolepsy and in Response to Sodium Oxybate. In **SLEEP** (Vol. 33, pp. A269-A269).

Pardi, D., Patel, CB., Lammers, GJ. The Prevalence and Inter-Country Differences of Body Mass Index Classification in Narcolepsy with Cataplexy Patients in Five European Countries. **European Sleep Research Society**. Paris, 2010.

Pardi, D., Patel, CB., Lammers, GJ. Associations Between Body Mass Index and Sleep Parameters in Narcolepsy with Cataplexy Patients from the European Narcolepsy Network Database. **European Sleep Research Society**. Paris, 2010.

Black, J., Pardi, D., Hornfeldt, C. S., & Inhaber, N. (2010). The nightly use of sodium oxybate is associated with a reduction in nocturnal sleep disruption: a double-blind, placebo-controlled study in patients with narcolepsy. **J Clin Sleep Med**, 6(6), 596-602.

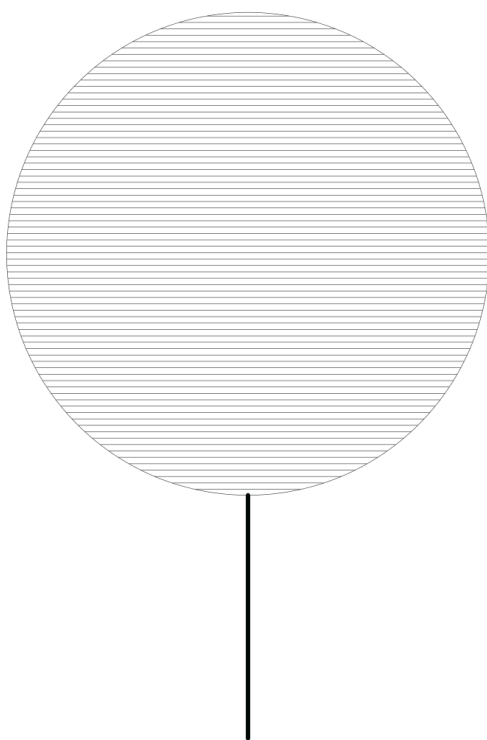
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Black J, Perera P, Pardi D, Liang H. Sodium Oxybate-Induced Changes in Nocturnal Slow-Wave Sleep and Delta Power Correlate with Improvements in Measures of Daytime Alertness and Sleep Continuity in Patients with Narcolepsy. **European Sleep Research Society**. Innsbruck 2006.



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