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Age of onset of disruptive behavior of residentially treated adolescents

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Cover Page



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**Age of onset of disruptive behavior of residentially
treated adolescents**

Sjoukje Berdina Beike de Boer

The study of this thesis is part of a comprehensive, unique, and ongoing program-evaluation study conducted at De Fjord, center of Orthopsychiatry and Forensic Youth Psychiatry, that started as early as the founding of the institution in 1995.

Colofon

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Age of onset of disruptive behavior of residentially treated adolescents

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The artwork on the cover was made at De Fjord during art therapy, by a girl for whom fear is a big theme. Her basic strategy is to avoid as much as possible. When she is overcome by fear, she flees. When it comes to fear, it quickly becomes the mind that speaks. She fires all explanatory models to the listener. Therefore we agreed with her to thoroughly examine that fear, without explaining it. How does it look? How does it feel? She has made a number of artworks, large and with material outside her comfort zone to come to her feeling as much as possible. This artwork obviously speaks for itself. The engulfing, the having no control over...

The goal is to get to know the fear a bit more, to embrace it perhaps, so she can become less afraid of the fear. To know that it comes and goes again ...

Her name is Denise

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An artwork about perfection, how ugly and obstructive the craving for perfection can be. To break everything that has been made, or to not even start in the knowledge that it will never be perfect. Knowing that it does not have to be perfect, but that the feeling and the thought are so strong. That it is not allowed to fail. Within schema therapy this is an internalized critical side.